



November 2022  
A Whole New World



# *EXECUTIVE COMMITTEE* 2022-2023

## MANAGING COMMITTEE

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<b>PRESIDENTS</b>	JEYASREE RAVI	MANGAI KAMAL
<b>VICE -PRESIDENTS</b>	RITU SAHI	SANYUKTA GILL
<b>SECRETARIES</b>	SADIYA KHALEEL	RAYLSI BALLHATCHET
<b>TREASURERS</b>	DEEPALI GOYAL	SWATI REDDY

## EXECUTIVE COMMITTEE

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<b>ARTS &amp; HANDICRAFTS</b>	TULSI REDDY	MASAKO MARUYAMA
<b>BOOK DISCUSSION</b>	NANDI SHAH	STEFANIE ANDRUCHOWITZ
<b>COOKING SWAPSHOP</b>	SHEFALII DADABHOY	AMULYA RAO
<b>CURRENT EVENTS</b>	SOMNA SACHDEV	
<b>HEALTH &amp; ECOLOGY</b>	NUSRRET CASSAM	IRINA KUDINA
<b>HISTORY, CULTURE &amp; TOURS</b>	VIDYA SINGH	SUKHEE LEE
<b>MUSIC &amp; PERFORMING ARTS</b>	PADMAVATHY GUNASHEKAR	
<b>PHILOSOPHY &amp; RELIGION</b>	DEEPIKA GOYAL	GOWRI VISVANATHAN

# NOVEMBER 2022 AT A GLANCE

1st  
TUE

12.30 pm - Managing Committee Meeting  
2.00 pm - Executive Committee Meeting

1st  
TUE

3.30 pm - Arts & Handicrafts and Book Discussion  
@ **Madras Club - Shamiana**

3rd  
THU

10.15 am - Current Events  
@ **Hanu Reddy Residences**

8th  
TUE

11 am - Cooking Swapshop  
@ **Barracuda Brew**

15th  
TUE

10.15 am - Health & Ecology  
@ **The Folly**

22nd  
TUE

10.30 am - Music & Performing Arts  
**on Zoom**

29th  
TUE

10.15 am - Philosophy & Religion  
@ **Madras Club**

SAVE THE DATE

## DECEMBER 2022

2nd  
FRI 7.30 am - 2 pm

IWA Mini Trip Health & Ecology  
Experience the waterbodies of Chennai by  
Arun Krishnamurthy. Warn in by Nov 19th  
to Nusrret Cassam

IWA Newsletter • Volume XXXVII No.6 • Chennai



# FROM THE *PRESIDENTS*

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*Dear Friends,*

October was truly eventful and filled with vigour. **International Music Day** and **Diwali** celebrations were our two big events of the month. It was a pleasure to see so many of our members attend and enjoy the meetings.

**Nanditha Kannan**, a young girl of 17 was awarded for her musical abilities. Her performance was enjoyed and well appreciated by all.

**Diwali** celebrations were a huge success. The highlight was the **Garba dance** put forward by our own members! The **home made delicacies** did not go unnoticed. Our 'chefs' of IWA portrayed their talent, the flavourful treats filled our hearts and tummies. Many thanks for their time and effort.

We thank our members for contributing to the Diwali spread. We thank our members who participated in the Garba dance and made it so colourful and lively.

Applications for prospective **new candidates** were received and the membership committee is processing the same.



# FROM THE *PRESIDENTS*

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As we are getting closer to the end of the calendar year, we request you to check on your attendance. The **record of attendance** will be tabled at all meetings in December. You can also whatsapp **Swati Reddy** for your attendance details.

We wish all the members who are going on the **IWA trip to Tanjore** a fun filled holiday!

*Jeyasree*  
Ravi

*Mangai*  
Kamal





**FROM THE**  
*MEMBERSHIP SECRETARY*

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*Dear Members,*

We are almost at the halfway mark of the IWA year, and it's a good time to check attendance records. **Members are obliged to attend 10 meetings by March 2023. Please note that attendance for April meetings goes towards the new year.**

If you have a shortfall, do join in for the excellent meetings planned by the Activity Chairs and the Board in the months ahead. **Members may check their attendance records with Swati Reddy.**

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**CHANGE IN ADDRESS**

**Padma Ashok A -11**

9/3, Rutland Gate, 4th Street, Chennai -600 006.



*Sadiya*  
**Khaleel**

## FROM THE *MEMBERSHIP SECRETARY*

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The Membership Committee met on Thursday, October 6th, 2022, to receive applications of new members from their sponsors and co-sponsors.

Photographs and names of the applicants are being published in this Newsletter.

This includes applicants under Permanent non-Indian Member category.

As per IWA bye law 10G states , “Any written and duly signed objections regarding these applicants shall be intimated to the Membership Committee.” **Such written objections are a serious matter, and should be given due weight and consideration, both by the sender and the Membership Committee.** They may be sent by email or by physical mail, to the undersigned latest by **Sunday, November 6th 2022.**

**Sadiya Khaleel,**

Amir Mahal, 257, Bharathi Salai,  
Royapettah, Chennai – 600 014.

sadiya2yk@yahoo.co.in

The Membership Committee will reconvene to meet all accepted candidates on **Wednesday, November 16th, 2022.**



# FROM THE *MEMBERSHIP SECRETARY*

**CATEGORY-** Permanent Non-Indian Member



Mala Sarat Chandra



Rohini G Tummala

**CATEGORY-** Active Indian Members



Arti Bagdy



Renuka David



Sadiya Junaid



Anupama Shivaraman

*Sadiya*  
Khaleel



# FROM THE TREASURER

## RECEIPTS & PAYMENTS ACCOUNT

for the period 1<sup>st</sup> April 2022 to 30<sup>th</sup> September 2022

RECEIPTS	AMT	AMT
To Opening Balance - Cash on Hand	3465.00	
To Opening Balance - Canara Bank SB1287101014396	419839.61	
To Opening Balance - Fixed Deposits	1479869.00	
	<b>SUB-TOTAL</b>	<b>1903173.61</b>
To Membership Annual Subscription fee		1703180.00
To New Membership fee		3000.00
To Interest on Fixed Deposits		32564.00
To Interest on Savings Bank Interest		15603.00
To Guest Charges		11900.00
To Telephone Directory		600.00
To Refund from Income Tax for AY 2021-22		7620.00
	<b>TOTAL</b>	<b>3677640.61</b>

PAYMENT	AMT	AMT
By AGM Expenses 2021-2022		58001.00
By Fellowship Morning		130881.00
By Founder's Day Celebration		125394.00
By Meetings		228452.00
By Gift Items		21249.00
By Bank Charges		1541.00
By Badges		4550.00
By Salary to Accountant		66000.00
By Printing and Stationary		2350.00
By Closing Balance-Cash on Hand	13686.00	
By Closing Balance-Canara bank Savings Bank A/c 1287101014396	1543491.61	
By Closing Balance-Fixed Deposit-1287303000572/13 (MD.24.01.2023)	500000.00	
By Closing Balance-Fixed Deposit-1287306000014/5 (MD.28.06.2024)	100000.00	
By Closing Balance-Fixed Deposit-1287303000572/14 (MD.14.07.2024)	424354.00	
By Closing Balance-Fixed Deposit-1287303000571/9 (MD.29.03.2024)	200000.00	
By Closing Balance-Fixed Deposit-1287401006192/7 (MD.28.03.2024)	250000.00	
By Closing Balance-Fixed Deposits-1287303000637/6 (MD.26.12.2022)	5515.00	
By Tax Deducted at Source 2022-2023	2176.00	
	<b>SUB TOTAL</b>	<b>3039222.61</b>
	<b>TOTAL</b>	<b>3677640.61</b>

Deepali  
Goyal



# *HEARTIEST CONGRATULATIONS*

*To **Naina Shah** on winning the Mentor of the year  
Award for South Asia and Pacific, at The Hague*

**SHARING THE GOOD NEWS & JOY**



IWA *Diwali* was a big success and a big thank you to **Visalakshi Ramaswamy** for sponsoring the venue.

IWA Thanks-

The members who participated in the **Dance** -

**Surekha Kothari** (The choreographer), **Stefanie Andruchowitz**, **Jennifer Ann**, **Suguna Anumolu**, **Tehnaz Bahadurji**, **Mansha Bhatia**, **Asha Hemdev**, **Usha Jawahar**, **Mangai Kamal**, **Raksha Mehta**, **Jeyasree Ravi**, **Anjali Sacheti**, **Nandi Shah**, and **Sheela Shetty**.

The members who sponsored the 1st 6 prizes **Raffle prizes** :

**Jeyasree Ravi**, **Nidhi Thadani**, **Sheetal Parakh** and **Badrunnisa Mahadevan**.

We also thank **Badrunnisa Mahadevan**, **Deepam Ravindran**, **Swati Reddy** and **Nidhi Thadani**, for sponsoring the other Raffle prizes.

The members who sponsored the gifts for the **Lucky Dip**: **Stefanie Andruchowitz**, **Nusrret Cassam**, **Deepali Goyal**, **Mangai Kamal**, **Sadiya Khaleel**, **Surekha Kothari**, **Jeyasree Ravi**, **Ritu Sahi** and **Nandi Shah**.



The members who sponsored delicious **Home-cooked Cuisines**:  
Suguna Anumolu, Kausalya Apparao, Nusrret Cassam,  
Shefalii Dadabhoy, Deepali Goyal, Padmavathy Gunashekar,  
Asha Hemdev, Anita Koshy, Nina Kothari, Achu  
Kurian, Raksha Mehta, Meiyammai Murugappen, Alagu  
Muthu, Nita Reddy, Tulsi Reddy, Somna Sachev, Naina Shah,  
Nandi Shah, Manisha Singhee and Rajshri Sundrani.

A heartfelt thank you to all.

*Jeyasree*  
Ravi

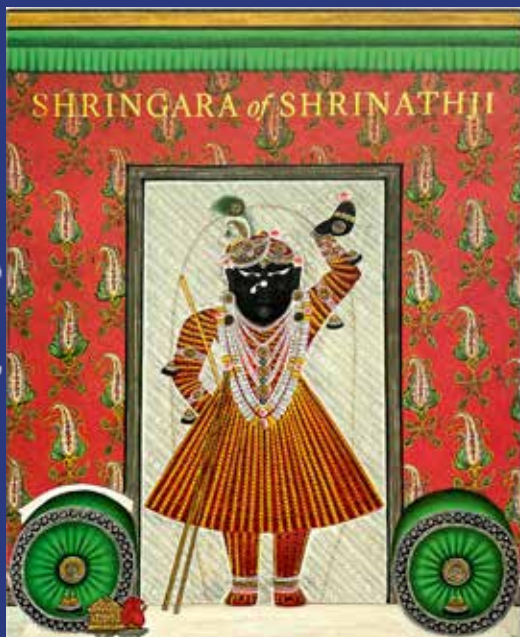
*Mangai*  
Kamal





*ARTS &  
HANDICRAFTS  
& BOOK DISCUSSION*

**DIVINITY, DEVOTION, DESIGN  
SHRINGARA OF SHRINATHJI**



Shri Amit Ambalal



Vikram Goyal



Ranvir Shah





# *ARTS & HANDICRAFTS & BOOK DISCUSSION*

1<sup>ST</sup> NOV, TUE | 3.30 PM

MADRAS CLUB - SHAMIANA

ADYAR CLUB GATE ROAD - CHENNAI 600028.

**DIVINITY, DEVOTION, DESIGN  
SHRINGARA OF SHRINATHJI**

The coffee table book **Shringara of Shrinathji** is a treasure trove of exquisite Pichwais belonging to the late Gokul Lal Mehta's family. The book is authored by **Shri Amit Ambalal**, who is a self taught artist, art collector and art historian with a particular interest in the Nathdwara school of painting.

The book was conceptualised by **Vikram Goyal**, founder of design studio Viya Home and co-founder of Kama Ayurveda. He is also Gokul Lal Mehta's eldest grandson, and therefore has a deep connection with the works.

They will be in conversation with **Ranvir Shah**, founder of the Prakriti Foundation, who has always had an avid interest in books, art, music and design.





Join us for this captivating meeting with these connoisseurs of art and culture, as they enlighten us about the traditional Nathdwara art as seen in the book.

We thank **Raheela Kareem** for being our day facilitator.

We are grateful to **Nina Kothari** for graciously sponsoring this meeting at Shamiana.

*Tulsi*  
Reddy

*Masako*  
Maruyama

*Nandi*  
Shah

*Stefanie*  
Andruchowitz





# *CURRENT EVENTS*

REVIVAL OF INDIAN CRAFTS IN  
MODERN INDIAN AESTHETICS



ROOPA SHETTY







# CURRENT EVENTS

3<sup>RD</sup> NOV, THU | 10.15 AM

HANU REDDY RESIDENCES

39/18, BINNY ROAD, POES GARDEN, CHENNAI-600086

## REVIVAL OF INDIAN CRAFTS IN MODERN INDIAN AESTHETICS

**Roopa Shetty** is the founder and principal designer at Asharaa Design Studio. She has over 30 years of experience in the design industry.

Her unique skill set, developed from her vast experience in curating textiles, exporting made ups and designing homes, has helped her navigate the unprecedented shifts in the Indian markets.

Today she will talk to us about the **revival and pride of Indian craftsmanship in modern homes**. At one time modern homes meant it was white and steel. Today homes are extensions of a the owner's personality and exposure. There is a renewed interest in exquisite Indian craftsmanship used in modern ways whether it is as simple as motifs to carving to textiles. She will explore all these different ideas with us.

We thank **Anita Koshy** for being the day facilitator.

**Somna  
Sachdev**





# *COOKING SWAPSHOP*

WHEN LIFE GIVES YOU LEMONS  
CATCH THEM AND MAKE A COCKTAIL





# COOKING SWAPSHOP

8<sup>TH</sup> NOV, TUE | 11 AM

**BARRACUDA BREW**

24 COLLEGE RD, NUGAMBAKKAM 600006

WHEN LIFE GIVES YOU LEMONS CATCH  
THEM AND MAKE A COCKTAIL

For three years **Barracuda Brew** has set the standard for restobars in the city. Featuring South Indian food with a twist, they specialise in exotic cocktails and craft beers. Join their mixologists to learn some new drinks with which to wow your guests this upcoming holiday season

We thank **Anjali Sacheti** for being our Day facilitator.

*Shefalii*  
Dadabhoy

*Amulya*  
Rao





# *HEALTH & ECOLOGY*

HEALTH IN YOUR HANDS  
FOLD TO UNFOLD THE ART TO BETTER HEALTH..



SHIVARAM NARAYAN





# HEALTH & ECOLOGY

15<sup>TH</sup> NOV, TUE | 10.15 AM

THE FOLLY, AMETHYST

28, WHITES ROAD, ROYAPETTAH, CHENNAI - 600 014

HEALTH IN YOUR HANDS  
FOLD TO UNFOLD THE ART TO BETTER HEALTH..

**Origami**, invented by the Japanese thousands of years ago is the traditional art of **Paper Folding!**

Origami is known to strengthen your brain, establish eye-hand contact and also creates an outlet to reduce stress and anxiety.

**Shivaram Narayan** is an Origamic Artist !

A National Child Award Winner and on the visiting Faculty at NIFT and Engineering Colleges has conducted several Workshops.

His Book **Fold IN and Fold OUT** explores Indian Heritage structures using ORIGAMIC architecture.

Enjoy the workshop ..

We thank **Indira Srinagesh** for being our Day Facilitator.

*Nusrret*  
Cassam

*Irina*  
Kudina





# *MUSIC & PERFORMING ARTS*

INDIAN CLASSICAL MUSIC- A TWIST WITH  
POP CULTURE & ELECTRONIC MUSIC



MAHESH RAGHVAN





# *MUSIC & PERFORMING ARTS*

22<sup>ND</sup> NOV, TUE | 10.15 AM  
ZOOM MEETING

## INDIAN CLASSICAL MUSIC – A TWIST WITH POP CULTURE & ELECTRONIC MUSIC

**Mahesh Raghvan** is a Carnatic Fusion artist known for his experiments with Indian Classical Music.

His unique experiments with Carnatic Music on the iPad have gathered millions of views on the social media. Mahesh portrays Indian Classical Music through innovative ways and means by incorporating elements from pop culture and electronic music.

Mahesh Raghvan is a Musician, Composer and Producer. He is known for being able to play Carnatic music on the iPad. Mahesh Raghvan is also the Creative Director of Indian Raga - an organisation that promotes classical arts digitally.

Mahesh will enthral us with **innovative techniques taking us on a musical journey of the Indian Classical Music pushing limits, blurring boundaries!**

*Padmavathy*  
Gunashekar





# *PHILOSOPHY & RELIGION*

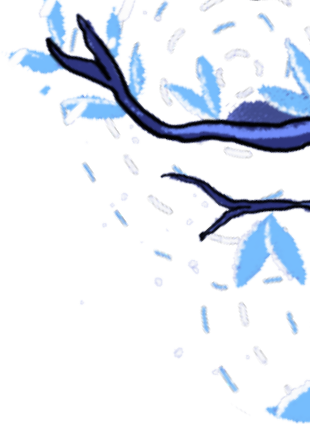
WAKING UP TO A PURPOSE !



PRADEEP CHAKRAVARTHY







# *PHILOSOPHY & RELIGION*

29<sup>TH</sup> NOV, TUE | 10.15 AM

MADRAS CLUB

ADYAR CLUB GATE ROAD - CHENNAI 600028.

## WAKING UP TO A PURPOSE!

**Pradeep Chakravarthy**, a well known Historian and an expert on Temples, a TedX Speaker who has written more than 300 Articles will take us through a short **workshop** on basic models of **Hinduism**, which can influence behaviour, shape goals, offer clarity and hence create meaning in our lives . An ardent speaker of ancient temples ,he continues to share his wisdom on why **Hinduism and History** are relevant to human nature and daily life and how we can apply it in our daily life.

The workshop will include a discussion on the key concepts Pancha Rina, Purushartha, Arishad Varga, Deha dehi and jiva-para, Gnana bhakti and karma, Kshetra and kala& Yagna.

**Please note this meeting is for 1:15 minutes.**

We thank **Nalini Panday** for being the Day Facilitator.

*Deepika*  
Goyal



*Gowri*  
Vishwanathan



# *HISTORY, CULTURE & TOURS*

14<sup>TH</sup> - 18<sup>TH</sup> FEB

## MAHESHWAR DIARIES

Block your dates from **February 14th to 18th, 2023.**

**Four nights and five days** of exploration, learning, shopping and much more!

We travel not to escape life but for life not to escape us. This trip is to rekindle your spirits and love for travel.

**Day one** we plan to visit the Indore old palace, immerse ourselves in it's rich history and dine with Richard Holkar.

**Day two** will be temple visits and rituals and we get to hear all about the history of the Holkar family from Richard himself. We will also be visiting Rhewa Society, their weaving units and an exhibition they've organised.

**Day three** we learn about the maheshwar textiles and their revival. You'll also be given a hands on weaving experience! We end the day with shopping, laughter and a joyous boat ride on the Narmada river.



**Day four** we have a very exciting dying workshop ready and prepped especially for you with all natural dyes!

**Day five** entails an early morning drive to **Mandu** to devour the beautiful architecture.

What are you waiting for? Spend relaxing mornings at the **Ahalya Fort** and settle down every evening for drinks at the terrace with a beautiful, beautiful view over the Narmada river.

**Total cost: Rs 89,500/- ( \*Excluding airfare)**

Call or whatsapp **Vidya Singh** to book your slot by **November 20th** and for the flight details.

**Advance to be paid : Rs10,000/- (non refundable)**

**Book your slots now!**

*Vidya*  
**Singh**

*Sukhee*  
**Lee**



*A GLIMPSE  
OF THE  
INTERNATIONAL  
MUSIC DAY*











*A lit Diwali*  
**CELEBRATION**











*MEETINGS  
GALLERY!!*



*DARE TO CHOOSE THE ROAD LESS TRAVELLED*

"Honesty is what brought me so far... artwork is a small space and I've always tried to be fair to buy the artist and my client"

DR PREMILA BAID



*WOMEN AND WATER INDIA'S TALES OF WATER !  
WATER EVERYWHERE BUT NOT A DROP TO DRINK !*

Women and the power of WATER  
- ARUN KRISHNAMURTHY



## NFT: FAD OR FUTURE?

The idea to own an NFT is to make money from it

-YASH RATHOD



## FOUNDER MEMBERS

Nirmal Seshadri • Lakshmi Padmanabhan • Nancy Dean  
Saroja Ramamrutham • Anneliese Hazari • Sunita Shahaney • Rewa Singh

## FORMER PRESIDENTS

1986 - 1988	Nirmal Seshadri	Nancy Dean
1988 - 1990	Vaniitha Mudaliar	Barbara Clarkson
1990 - 1991	Sunita Shahaney	Janet Picken
1991 - 1992	Nirmal Mirza	Stina Vasu
1992 - 1993	Malini Vijayaraghavan	Maureen Hudson Murari
1993 - 1994	Nandiitha Krishna	Aruna Vijaykumar
1994 - 1995	Lily Madhok	Margaret Sekharan
1995 - 1996	Zubeida Asgarali	Khin Thi Da Lwin
1996 - 1997	Alagu Muthu	Poonam Lalchand
1997 - 1998	Rupa Kadhiresan	Anneliese Hazari
1998 - 1999	Shyla K. Rau	Megan Utley
1999 - 2000	Gayatri Bewoor	Chandrika Chidambaram
2000 - 2001	Javanthi Singaram	Eira Doshi
2001 - 2002	Rani Chada	Seema Sait
2002 - 2003	Kusum Chadda	Meyyammai Murugappan
2003 - 2004	Sushila Natraj	Elaine Wood
2004 - 2005	Vidya Singh	Padma Ashok
2005 - 2006	Princess Naik	Rathi Nilakantan
2006 - 2007	Seema Bhargava	Amulya Rao
2007 - 2008	Kamala Prasad	Raziyeh Sheerazie
2008 - 2009	Rani Ananth	Lynne Connor
2009 - 2010	Shobha Hebbar	Elizabeth Aston
2010 - 2011	Mridula Srinivasan	Uma Ganesan
2011 - 2012	Nina Kothari	Cherry Venkatesan
2012 - 2013	Ramani Reddy	Vijaya Rangarajan
2013 - 2014	Nita Reddy	Priya Asokan
2014 - 2015	Asha Rammohan	Jo Frogbrook
2015 - 2016	Achu Kurian	Malini Krishna
2016 - 2017	Nabila Avais	Jansi Kishore
2017 - 2018	Badrunnisa Mahadevan	Farah Bangera
2018 - 2019	Usha Jawahar	Mahvash Sait
2019 - 2020	Nidhi Kapoor Thadani	Anjali Sacheti
2020 - 2021	Jeyasree Ravi	Manisha Singhee
2021 - 2022	Tehnaz Bahadurji	Shobha Jesudasen

### IWA REGISTERED OFFICE

Talking Technology Pvt. Ltd. 857, Poonamallee High Road, Kilpauk, Chennai - 10 [www.iwachennai.com](http://www.iwachennai.com)

