



March 2023

A Whole New World



# EXECUTIVE COMMITTEE 2022-2023

## MANAGING COMMITTEE

### PRESIDENTS

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# MARCH<sup>2023</sup> AT A GLANCE

1<sup>st</sup>  
WED

10.00 am - Managing Committee Meeting  
10.45 am - Executive Committee Meeting

2<sup>nd</sup>  
THU

10.15 am - Current Events  
@ **Hanu Reddy Residences**

6<sup>th</sup>  
MON

10.15 am - Music & Performing Arts  
@ **EHotel**

8<sup>th</sup>  
WED

10.15 am - History Culture & Tours  
@ **Boat Club**

14<sup>th</sup>  
TUE

10.15 am - Grand Finale  
@ **Crowne Plaza**

21<sup>st</sup>  
TUE

10.15 am - Health & Ecology  
@ **Hanu Reddy Residences**

23<sup>rd</sup>  
THU

10.15 am - Book Discussion  
@ **Amdavadi, T. Nagar**

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# FROM THE *PRESIDENTS*

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## *Hello Ladies!*

We, the managing and executive committees had great fun putting together the various meetings and board events. As we come close to the end of the year, we wish to shout out a big thank you to all our dear friends for the warmth and support that you have extended to us all throughout the year.

Although the year started off a bit rocky, we quickly got back to our routines and sailed into what was a 'normal' and fun filled year! We went on three fascinating IWA trips after a break of two years. Our most recent trip to **Maheshwar** has left us feeling all sorts of emotions, the stay at Ahilya Fort on the banks of River Narmada was definitely one among the many highlights.

A huge thank you to the **Election Sub-Committee** for preparing a list of worthy candidates for creating our new Managing Committee for the year 2023-2024. Please fill in the nomination form and send it to Badrunissa Mahadevan. Refer the election committee blurb on page 20 for further details on the same.



# FROM THE *PRESIDENTS*

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We have the **Grand Finale** on March 14th at Crowne Plaza . We thank **Deepali Goyal** and **Chandra Seon** for generously opening the venue for us and hosting lunch. Looking forward to your presence.

Once again, a big thank you. We are sure you enjoyed the IWA year just as much as we enjoyed putting it together for you!

*Jeyasree*  
Ravi

*Mangai*  
Kamal





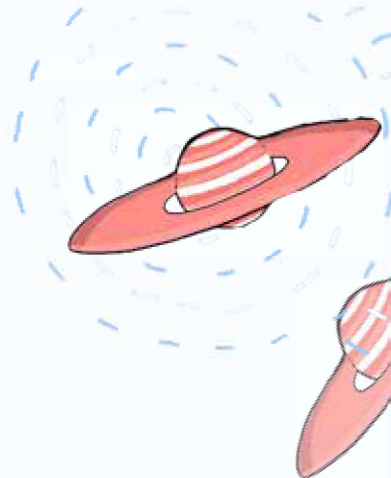
# *HEARTFELT CONDOLENCES*

To **Rani Chandani** on the sad demise of her husband.

To **Sadiya Khaleel** on the sad demise of her father.

**WE OFFER ONLY OUR DEEPEST  
CONDOLENCES, PRAYERS, & FRIENDSHIP.**

# *IWA HELPLINE*



## **DIGITAL NEWSLETTER**

*Sanyukta Gill* [sanyukta\\_g@yahoo.com](mailto:sanyukta_g@yahoo.com)

## **CHANGE IN MEMBERSHIP CATEGORY**

*Sadiya Khaleel* [sadiya2yk@yahoo.co.in](mailto:sadiya2yk@yahoo.co.in)

## **ATTENDANCE, NAME BADGE, COPY OF BYE-LAWS BOOK**

*Swati Reddy* [swati\\_reddy@yahoo.com](mailto:swati_reddy@yahoo.com)

## **CHANGE IN DIRECTORY DETAILS**

ADDRESS | EMAIL | PHONE | MOBILE

*Swati Reddy* [swati\\_reddy@yahoo.com](mailto:swati_reddy@yahoo.com)

## **NEWSLETTER ANNOUNCEMENTS**

*Ritu Sahi* [ritusahi@hotmail.com](mailto:ritusahi@hotmail.com)

## **SPONSORS MEETINGS, HOME MEETINGS, SUGGESTIONS WITH REGARD TO MEETINGS & SPEAKERS**

*ACPs or Presidents*

## **ASSISTANCE WITH JOINING A VIRTUAL MEETING**

*ACPs, day facilitators or Managing Committee*

**PLEASE CALL BETWEEN 10AM - 6PM | MON - SAT**



# *HEARTIEST CONGRATULATIONS*

*To **Nanditha Krishna** for being awarded the Devi Award which celebrates unique achievements of working women who display innovation and dynamism, organised by The New Indian Express.*

**SHARING THE GOOD NEWS & JOY**







# *CURRENT EVENTS*

WHY MONTESSORI?



MADHURA VISWESWARAN





# *CURRENT EVENTS*

2<sup>ND</sup> MAR, THU | 10.15 AM

HANU REDDY RESIDENCES

39/18, BINNY ROAD, POES GARDEN, CHENNAI-600086

## WHY MONTESSORI?

**Madhura Visweswaran** is the Co-founder of **The Redwood Montessori School LLP & The Redwood Montessori foundation.**

She has been a verified Montessori teacher for over 20 years and is a leader in her field.

She will tell us how Montessori translates in everyday life, how it is the answer to all the growing pains of parents, grandparents and the child from birth to the age of 12.

Today she will have an interactive session with us. Please keep your questions ready.

She can answer questions about behaviour, educational and emotional growth as well as functional questions on making a child independent with regard to taking care of him/herself eating and toilet training.

We thank **Shobha Jesudasan** for being the day facilitator.

*Somna*  
Sachdev





*MUSIC &  
PERFORMING ARTS*

FIND YOUR VOICE



P.C. RAMAKRISHNA





# MUSIC & PERFORMING ARTS

6<sup>TH</sup> MAR, MON | 10.15 AM

EHOTEL

GATE NO 1 EXPRESS AVENUE MALL, PATTULLOS ROAD

## FIND YOUR VOICE

**P.C. Ramakrishna** is a veteran theatre actor and voice artist based in Chennai. He has been member of English theatre group **The Madras Players** since 1969. He has acted in several plays like Dance Like A Man, Anna Weiss and The Good Doctor and is a much sought after voice over artist for commercials, documentaries and corporate films.

A friend of IWA over the years, he has addressed members and performed for us graciously many times but this time he dons a new avatar - an author !

His book **Find Your Voice** released last year is a guide on how to navigate a career as a voice professional. The first of its kind, it is a go - to handbook for voice professionals and will remain so for future ones.

In a casual chat with **Seema Bhargava** we hope to delve deep into his own experiences which inspired him to write this book.



*Padmavathy*  
Gunashekar



# *HISTORY, CULTURE & TOURS*

THE MANY MAPS OF MADRAS



VIKRAM RAGHAVAN





# *HISTORY, CULTURE & TOURS*

8<sup>TH</sup> MAR, WED | 10.15 AM  
THE MADRAS BOAT CLUB  
BOAT CLUB ROAD, CHENNAI.

## THE MANY MAPS OF MADRAS

A map is a vivid, graphic, and iconic representation of the world, or a country, or a city. It is a goldmine of information about places, people, history, and culture. This presentation will survey the iconic, the rare, and the lesser-known maps of Madras that is Chennai. These maps track the city's evolution from its founding in 1640 to its emergence as a modern industrial hub and cultural capital for Asia.

**Vikram Raghavan** is a lead counsel at the **World Bank** in Washington DC. He advises on conflict, fragility, refugees and Macro economics. He provides legal advice about military coups: United Nations sanctions, debt relief and loan conditionality. He is an enthusiast of International Law, Indian History, Colonial Art, Stamps, Antique books and Maps

We thank **Naina Shah** for being our Day Facilitator.

*Vidya*  
Singh

*Sukhee*  
Lee





# GRAND FINALE

14TH MAR, TUE | 10.15 AM  
CROWNE PLAZA



# GRAND FINALE

14<sup>TH</sup> MAR, TUE | 10.15 AM

CROWNE PLAZA

132, TT KRISHNAMACHARI RD, AUSTIN NAGAR, ALWARPET

## OUT WITH A BANG

As the year draws to a close, we would like to culminate in a **morning filled with warmth, friendship, camaraderie and loads of fun!**

Get ready to groove to the rhythm of our talented **violinist** and **drummer**, who will set the tone for an unforgettable morning and may even get you up on your feet! Expect an hour of **non-stop music and dance**, filled with laughter and joy as we celebrate the year that was.

Don't forget to take our breath away by dressing in **shades of blue** as we celebrate all our victories, big and small that was sent our way.

Our sincere gratitude to **Deepali Goyal** and **Chandra Seoni** for graciously hosting us at Crowne Plaza along with the scrumptious brunch.

Looking forward to a morning of joy and gratitude.

*Jeyasree*  
Ravi

*Mangai*  
Kamal







# *HEALTH & ECOLOGY*

PAUSE AND RESET ...!



ANITA





# HEALTH & ECOLOGY

21<sup>ST</sup> MAR, TUE | 10.15 AM

HANU REDDY RESIDENCES

39/18, BINNY ROAD, POES GARDEN, CHENNAI-600086.

## PAUSE AND RESET ...!

A Leadership coach with significant achievements in Neurosciences, Anita Founder of **Artifex HR** will journey us through facing life's challenges and believes that the need to clear our chaotic mind is to PAUSE and RESET ...recentre and streamline our energy ...! And how do we achieve and organize and reach this next level ???... Lets hear Anita ..

We thank **Latha Rajan** for being our Day Facilitator.

*Nusrret*  
Cassam

*Irina*  
Kudina





# *BOOK DISCUSSION*

PERFORMED POEMS  
BY ABHAY K





# BOOK DISCUSSION

23<sup>RD</sup> MAR, THU | 10.15AM

AMDAVADI,

N BOAG RD, BESIDE KOVAI PAZHAMUDIR NILAYAM, T. NAGAR

PERFORMED POEMS BY ABHAY K

This very special IWA event will bring the works of Indian poet Abhay K. to life. The poems will be presented by a group of talented artists under the leadership of **Theatre Nisha**:

The artistic director of Theatre Nisha **Balakrishnan V.** Actor and director **Shakthi Ramani** and actor and puppeteer **Meera Sitaraman** - both associates of Theatre Nisha. Chennai based contemporary violinist **Kiran Kashyap**. Music composer, teacher and flutist **Shakthivikram R.**

Abhay K. is the author of nine poetry collections including *The Magic of Madagascar*, *The Alphabets of Latin America*, and the editor of *The Book of Bihari Literature* among others. His 'Earth Anthem' has been translated into over 140 languages. In 2013 he received the SAARC Literary Award. His recent book-length poem is titled *Monsoon*.

Theatre Nisha was established in 2000 with a variety of performances. Since its inception, they have been known to choose scripts that reflect society in its truest forms and have performed over 95 plays.

*Nandi*  
Shah

*Stefanie*  
Andruchowitz



# FROM THE *ELECTION COMMITTEE*

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We invite you to nominate eligible members for positions of office in the IWA Managing Committee 2023-2024

## *Guidelines:*

Nominees for President, Indian, should have served on the Managing Committee for at least 2 years. They should have been members of IWA for at least 7 years. This may be relaxed in the case of non-Indians.

Nominees for the other 3 office bearers of the Managing Committee (i.e. Vice President, Secretary or Treasurer) should have served as Activity Chairpersons for at least 2 years. This may be relaxed in the case of Non-Indians who have been members of IWA for 3 years or less.

As per Section M(vi) of the IWA Bye-laws, "The Election Committee shall scrutinize the nominations received ..... If there are insufficient names for any office, to make up such shortfall, the Election Committee shall call for nominations from the floor of the house at the Annual General Meeting, and conduct the election by secret ballot....."

The members of the Election Committee will therefore NOT be making calls to members who have not been nominated for any post. A candidate is permitted to nominate herself.



# FROM THE *ELECTION COMMITTEE*

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If no nominations are received for a post/posts, the nomination and election for the post/posts will be conducted at the AGM, as mentioned above. The nominee/s **MUST** be present at the AGM at the time of the elections.

The Election Committee shall present to the members the names of Indian and Non-Indian nominees who are eligible and willing to stand for election on the Managing Committee. They shall inform the members of the date, time and venue of the election.

**The Nominations Form will be emailed to you as a Word Document and PDF, and also will be sent in IDN (IWA Digital Network WhatsApp). You may enter nominations for some or all of the positions mentioned.**

**Please fill the form in word document OR take a printout, fill in and take a picture.**

**Email it to [buddymahadevan@gmail.com](mailto:buddymahadevan@gmail.com) OR Whatsapp to Badrunnisa Mahadevan.**

**Please ensure that your Nomination Form is sent before 3 pm on Friday, 10th March 2023.**



# FROM THE *ELECTION COMMITTEE*

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## CHAIRPERSON

Badrunnisa Mahadevan

## MEMBERS

Jyothi Ganesh

Hemu Ramaiah

Vijaya B. Rangarajan

Seema Sait

## EX-OFFICIO

Jeyasree Ravi

Mangai Kamal



# FROM THE *ELECTION COMMITTEE*

The Election Committee has contacted all who are eligible to be nominated for Managing Committee of 2023-2024.

## INDIANS

The following Candidate is eligible and willing to be nominated as President 2023-2024.



### *Ritu Sahi*

EC Philosophy & Religion	2017-2018
EC Current Events	2018-2019
MC Treasurer	2020-2021
MC Secretary	2021-2022
MC Vice President	2022-2023

The following candidates are eligible and willing to be Nominated for Managing Committee (Vice President, Secretary, Treasurer) 2023-2024. (In alphabetical order)



### *Prithika Chary*

EC Health & Ecology	2001-2002
EC Philosophy & Religion	2002-2003
EC Arts & Handicrafts	2007-2008
MC Vice President	2010-2011



### *Deepali Goyal*

EC Arts & Handicrafts	2009-2010
EC Health & Ecology	2010-2011
EC Arts & Handicrafts	2011-2012
EC Music & Performing Arts	2014-2015
EC Music & Performing Arts	2018-2019
MC Treasurer	2021-2022
MC Treasurer	2022-2023



# FROM THE *ELECTION COMMITTEE*

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## *Sadiya Khaleel*

EC Philosophy & Religion	2007-2008
EC Music & Performing Arts	2017-2018
EC Philosophy & Religion	2020-2021
EC Music & Performing Arts	2021-2022
MC Secretary	2022-2023



## *Somna Sachdev*

EC Cooking Swapshop	2010-2011
EC History, Culture & Tours	2011-2012
MC Treasurer	2014-2015
EC History, Culture & Tours	2018-2019
EC History, Culture & Tours	2019-2020
EC Current Events	2022-2023

## NON-INDIANS

The following candidates are eligible and willing to be nominated for Managing Committee (President, Vice President, Secretary, Treasurer) 2023-2024. (In alphabetical order)



## *Stefanie Andruchowitz*

EC Book Discussion	2022-2023
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# FROM THE *ELECTION COMMITTEE*

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## *Raylsi R Ballhatchet*

EC History, Culture & Tours 2021-2022  
MC Secretary 2022-2023



## *Sanyukta Gill*

EC Arts & Handicrafts 2015-2016  
EC Current Events 2017-2018  
MC Secretary 2018-2019  
MC Treasurer 2019-2020  
MC Secretary 2021-2022  
MC Vice President 2022-2023



## *Swati Reddy*

EC Music & Performing Arts 2018-2019  
EC Health & Ecology 2019-2020  
MC Treasurer 2020-2021  
MC Treasurer 2021-2022  
MC Treasurer 2022-2023



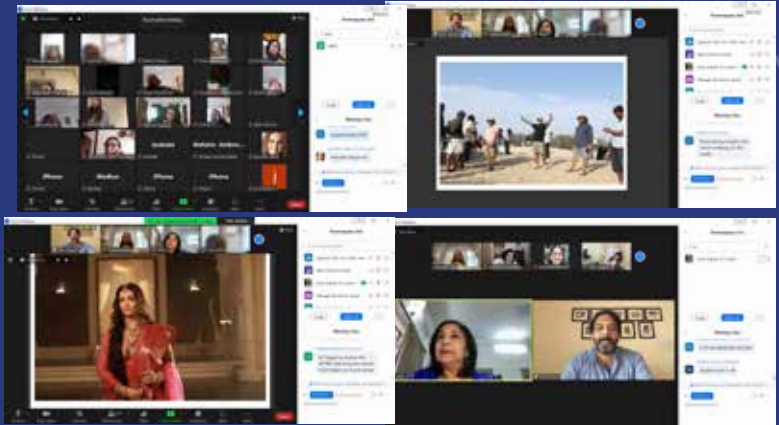
*MEETINGS  
GALLERY!!*



## *PONNIYIN SELVAN - FROM SCRIPT TO CELLULOID*

"PS was special in more ways than one. Something happened before the film came out. It felt like everyone in Tamil Nadu, and all the Tamils living abroad, had pre-decided to see the film en masse. And that made the film's release a huge celebration for the whole community."

- SIVA ANANTH



## *BETWEEN PROVOCATION & PRESERVATION*

"In my opinion, the sari is the most evolved garment. At a glance it tells you where it has come from, it is suited for practicality and all types of weather, it can be worn always as there is no sizing, and it can come in so many different colours and forms." -SANJAY GARG



## *HERITAGE OF JEWELLERY & JEWELLED OBJECTS OF INDIA*

"It's a specialty of Indian handicrafts and arts that you can switch between textiles, jewels and natural objects and never really realise it."

- DEEPTI SASIDHARAN



## *A HERITAGE TRAIL: THE MADRAS LITERARY SOCIETY*

We owe much of our understanding of South India's natural and cultural heritage to the Madras Literary Society. As a knowledge-based Society it encouraged its members to conduct primary research as they travelled to different parts of the region and submit and publish their findings. The MLS is today India's oldest subscription library with a collection of more than 50,000 books.



## *CHEESE 101*

"Cheesemaking, is an ancient art of milk preservation, in fact it's milk's leap towards immortality like someone famously said!"

- NAMRATA SUNDARESAN



## *GANDHI, WOMEN AND HIS RELEVANCE TODAY*

"You can have never imagined a more transparent leader in the world He used to talk about the Importance of economy being with the women"

- ANANTHOO



## MAHESHWAR

We arrived in Indore after a longish flight from Chennai via Mumbai to be met by 6 Innova vehicles to take us on a two hour drive to Maheshwar. For most of us, except for knowing that there was a Maheshwari sari, this was a new and undiscovered destination.

Maheshwar, on the north banks of the Narmada river was the capital of the Maratha Holkar dynasty until 1818. The Ahilya Fort Heritage hotel, where we were housed, was the home of Ahilyabai Holkar, but dates back much earlier. Once the capital moved back to Indore, the fort lay unused until Yashwant Rao Holkar decided in the early 1900s to renovate it. When the privy purses were removed, in early the 1970s, the present Prince Richard Holkar decided to make the fort his home. Over the years, he and his wife, renovated the various rooms and now it is a professionally run hotel.

Our first evening was spent exploring the rooms – no two rooms are alike. We sat on the terrace and listened to the singing on the ghats below us and then to dinner in the central courtyard and bed. The following morning we were up early, lovely breakfast on the terrace (with a couple of langur waiting to be fed) and away for an hour and a half ride to Mandu. The Mandu ruins date back to the 10th and 11th century and the Jahaz Mahal was where Gias-U-Din Khilji kept his harem (supposedly 15000 women!) for three decades. After a walk through and detailed explanation from our guide Pervez, we went on to a picnic lunch in the fields.





## MAHESHWAR

In the afternoon we visited the palace where Baaz Bahadur kept Rani Roopmati in the 1500s. She was not a wife, but was kept for her beauty and her spectacular singing voice. The palace, although in ruins, still has wonderful acoustics. Then a visit to the Jama Masjid built in the Mughal style in about 1450. Back to the hotel for a drink on the terrace and dinner around the swimming pool.

After that the next two days were spent in and around the hotel. We had

- A visit to the Puja room to view the one lac clay lingams being made, prayed to and then floated in the Narmada. This happens every day.
- A lecture from Prince Richard Holkar on the Holkar family and its antecedents.
- A talk on textiles of the Deccan by Mayank Mansingh Kaul.
- A talk on the role of Yashwant Rao Holkar and his use of design whilst renovating the fort.
- A talk on Rani Ahilyabai Holkar (60% fact and 40 % fiction). Rani Ahilyabai is the essence of Maheshwar, still revered for starting up the weaving industry, empowering women to earn their own way by becoming spinners and weavers and for her staunch belief in Lord Shiva.
- A workshop on tie dyeing, in which we could participate – real fun
- A workshop on weaving, where again we worked on small looms, learning how a Maheshwari sari was woven.
- A boat ride to the temple of Baneshwar at sundown, to float 'wish' diyas as the sun went down.





## MAHESHWAR

- An exhibition and sale of saris and scarves by REHWA, the local initiative. This was a most popular venue, many, many purchases being made.

All of this was interspersed with meals and more meals – a regular breakfast with a new Indian dish added every day, a cold, but sumptuous lunch, drinks and snacks on the terrace and an Indian thali dinner in the Madhya Pradesh style.

We left Maheshwar on the 18th morning early – the town closed down for vehicles by nine, as it was Maha Shivratri and people from all over India were flocking to the banks of this holiest of rivers to pray..

The day was spent in Indore doing drive by sightseeing of the Rang Mahal and the Chattries and a visit to the Jain Temple or Kaanch Mandir built by a local cotton merchant, 110 years ago, entirely of Belgian glass and Italian ceramic tiles – still maintained by his family and it remains a fully functional temple.

Lunch brought us back to the 21st Century – pizza and pasta and after that, a little bit of modern shopping.

And so ended a visit to a lovely place – the calm, cleanliness and sense of reverence of the river and its surroundings will leave most of us with beautiful memories.



*Sherry*  
Batliwala







## FOUNDER MEMBERS

Nirmal Seshadri • Lakshmi Padmanabhan • Nancy Dean  
Saroja Ramamrutham • Anneliese Hazari • Sunita Shahaney • Rewa Singh

## FORMER PRESIDENTS

1986 - 1988	Nirmal Seshadri	Nancy Dean
1988 - 1990	Vaniitha Mudaliar	Barbara Clarkson
1990 - 1991	Sunita Shahaney	Janet Picken
1991 - 1992	Nirmal Mirza	Stina Vasu
1992 - 1993	Malini Vijayaraghavan	Maureen Hudson Murari
1993 - 1994	Nandiitha Krishna	Aruna Vijaykumar
1994 - 1995	Lily Madhok	Margaret Sekharan
1995 - 1996	Zubeida Asgarali	Khin Thi Da Lwin
1996 - 1997	Alagu Muthu	Poonam Lalchand
1997 - 1998	Rupa Kadhiresan	Anneliese Hazari
1998 - 1999	Shyla K. Rau	Megan Utley
1999 - 2000	Gayatri Bewoor	Chandrika Chidambaram
2000 - 2001	Javanthi Singaram	Eira Doshi
2001 - 2002	Rani Chada	Seema Sait
2002 - 2003	Kusum Chadda	Meyyammai Murugappan
2003 - 2004	Sushila Natraj	Elaine Wood
2004 - 2005	Vidya Singh	Padma Ashok
2005 - 2006	Princess Naik	Rathi Nilakantan
2006 - 2007	Seema Bhargava	Amulya Rao
2007 - 2008	Kamala Prasad	Raziyeh Sheerazie
2008 - 2009	Rani Ananth	Lynne Connor
2009 - 2010	Shobha Hebbar	Elizabeth Aston
2010 - 2011	Mridula Srinivasan	Uma Ganesan
2011 - 2012	Nina Kothari	Cherry Venkatesan
2012 - 2013	Ramani Reddy	Vijaya Rangarajan
2013 - 2014	Nita Reddy	Priya Asokan
2014 - 2015	Asha Rammohan	Jo Frogbrook
2015 - 2016	Achu Kurian	Malini Krishna
2016 - 2017	Nabila Avais	Jansi Kishore
2017 - 2018	Badrunnisa Mahadevan	Farah Bangera
2018 - 2019	Usha Jawahar	Mahvash Sait
2019 - 2020	Nidhi Kapoor Thadani	Anjali Sacheti
2020 - 2021	Jeyasree Ravi	Manisha Singhee
2021 - 2022	Tehnaz Bahadurji	Shobha Jesudasen

### IWA REGISTERED OFFICE

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