

February 2023 A Whole New World

EXECUTIVE *COMMITTEE* 2022-2023

MANAGING COMMITTEE

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VICE - PRESIDENTS

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TREASURERS

SECRETARIES

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SANYUKTA GILL sanyukta_g@yahoo.com

RAYLSI BALLHATCHET rayballhatchet@gmail.com

SWATI REDDY swati reddy@yahoo.com

EXECUTIVE COMMITTEE

ARTS & HANDICRAFTS **TULSI REDDY** tulsireddy21@gmail.com

воок DISCUSSION NANDI SHAH simplyfour@gmail.com

SHEFALII DADABHOY

shefnochef@gmail.com

SOMNA SACHDEV sachdev.somna@gmail.com

COOKING **SWAPSHOP**

CURRENT EVENTS

NUSRRET CASSAM

HEALTH & ECOLOGY

HISTORY, CULTURE & TOURS

MUSIC & PERFORMING ARTS

PHILOSOPHY & RELIGION

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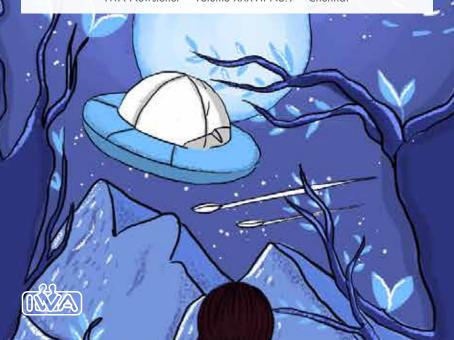
FEBRUARY ²⁰²³ glance			
1 st _{WED}	10.00 am - Managing Committee Meeting 10.45 am - Executive Committee Meeting		
$2^{\it nd}_{\rm THU}$	3.30 pm - Arts & Handicrafts @ Raw Mango, Teynampet		
7^{th}_{TUE}	10.45am - 12.00 pm - Book Discussion Mini Tour @DPI Compound, College Road		
g_{THU}^{th}	10.15 am - Current Events @ Hanu Reddy Residences		

14th **Bare 10.30 am - Cooking Swapshop @ Kirke Cheese, Kalakshetra Colony**

22nd 10.30am - Philosophy & Religion on Zoom

28th 10.15 am - Music & Performing Arts @ Boat Club

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FROM THE PRESIDENTS

Hello Ladies!

January, the shortest month in IWA calender and yet, we had all of our six meetings. The activity chairpersons organised five meetings; four physical and one on zoom.

We kick-started the year with a wonderful welcome back gathering, to which the attendance was well over 100! It was truly encouraging and we sincerely thank **Raylsi Ballhatchet** for opening her home and for partly sponsoring the meeting.

It is almost unbelievable that we are already in the last quarter of the year. How time flies! The **election committee** has been constituted. They are at work, listing out the eligible candidates for the managing committee for the year 2023-24. Tough times do not last, tough people do.

We are confident that the job has been entrusted to a very dedicated team. Wishing them all the very best to put together an outstanding batch.

FROM THE PRESIDENTS

You can find your **attendance tally** which will be made available at the meetings. The membership secretary has sent an e-mail to the members with low attendance. Please make up your minimum required attendance by March 31st.

Our Activity chairpersons have a range of interesting meetings organised for February.

We look forward to your continued support as we near the end of the year.

Jeyasree Ravi

Mangai Kamal



FROM THE MANAGING COMMITTEE

The Managing Committee has appointed the following members to the **Election Sub - Committee** for the election of the IWA Office bearers for 2023-24 Chairperson : **Badrunnisa Mahadevan** Members : **Jyothi Ganesh, Hemu Ramaiah, Vijaya B Rangarajan** and **Seema Sait**

FROM THE ELECTION COMMITTEE

All members who are eligible to be nominated to a post on the Managing Committee 2023-2024 will receive an email and / or message by SMS or WhatsApp, to verify whether they are willing to be nominated for such a post. Please respond at the earliest, according to the instructions given in the message.

If you are eligible, but do not receive a message by 14th February, 2023, please call any member of the Election Committee.

CHAIRPERSON Badrunnisa Mahadevan

MEMBERS

Jyothi Ganesh Hemu Ramaiah Vijaya B Rangarajan Seema Sait



IN FOND REMEMBRANCE



LAKSHMI VISWANATHAN

MEMBER SINCE 1988

Those we hold closest to our hearts never truly leave us They live on in the kindness they have shared and the love they brought into our lives

> We express our deepest condolences to the family of **Lakshmi Viswanathan**

> > MAY HER SOUL FIND PEACE & COMFORT

IWA HELPLINE

DIGITAL NEWSLETTER Sanyukta Gill sanyukta_g@yahoo.com

CHANGE IN MEMBERSHIP CATEGORY Sadiya Khaleel sadiya2yk@yahoo.co.in

ATTENDANCE, NAME BADGE, COPY OF BYE-LAWS BOOK Swati Reddy swati_reddy@yahoo.com

CHANGE IN DIRECTORY DETAILS ADDRESS | EMAIL | PHONE | MOBILE Swati Reddy swati_reddy@yahoo.com

NEWSLETTER ANNOUNCEMENTS

Ritu Sahi ritusahi@hotmail.com

SPONSORS MEETINGS, HOME MEETINGS, SUGGESTIONS WITH REGARD TO MEETINGS & SPEAKERS ACPs or Presidents

ASSISTANCE WITH JOINING A VIRTUAL MEETING ACPs, day facilitators or Managing Committee

PLEASE CALL BETWEEN 10AM - 6PM | MON - SAT

HEARTIEST CONGRATULATIONS

To Reena Verghese on the birth of her granddaughter

To Asha Murthi on the birth of her grandson

To Naina Shah on being appointed as the Green Business Ambassador for the year 2023-2024 at the Empowering Grassroot Startups for Sustainable Development Conference in New Delhi.

SHARING THE GOOD NEWS & JOY





ARTS & HANDICRAFTS

BETWEEN PROVOCATION & PRESERVATION

Sanjay Garg in conversation with Lata Madhu





LATA MADHU







ARTS & HANDICRAFTS

2ND FEB, THU | 3.30 PM RAW MANGO CHENNAI

NO. 2/15, CENOTAPH 1ST LANE, GANAPATHY COLONY MAIN ROAD, TEYNAMPET

BETWEEN PROVOCATION & PRESERVATION Sanjay Garg in conversation with Lata Madhu

Textile Designer & Founder of Raw Mango **Sanjay Garg** is a unique voice in the space of design, who continues to create new conversations in textile through a range of saris, garments and objects.

Raw Mango draws from the colours, philosophies and cultures of India to create it's signature style, questioning place and perspective through design. Created with karigars across Rajasthan, Madhya Pradesh, West Bengal and Varanasi, Raw Mango's designs innovate upon century old skills, in pursuit of defining a new aesthetic vocabulary.

Lata Madhu, founder of Collage is a leading voice of fashion, art and culture in Chennai.

Sanjay will be in conversation with Lata, discussing the journey of Raw Mango and it's association with Malligai, with a visual of the peacock country collection.

We thank Lalita Naidu for being our day facilitator.

Please note that this is an evening meeting.

Tulsi

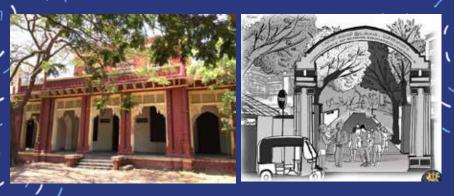
Reddy

Masako Maruyama



IWA MINI TOUR BOOK DISCUSSION

A HERITAGE TRAIL: THE MADRAS LITERARY SOCIETY









IWA MINI TOUR

BOOK DISCUSSION 7TH FEB, TUE | 10.45AM - 12.00 NOON DPI COMPOUND COLLEGE RD, NUNGAMBAKKAM, (OPP SANKARA NETHRALAYA HOSPITAL)

A HERITAGE TRAIL: THE MADRAS LITERARY SOCIETY

... to understand one of the oldest heritage educational precinct in the city.

In the early 19th century, the East India Company trained its 'Madras' employees in administration, languages, law, religion and customs at the College of Fort St. George. **The Madras Literary Society** was part of the College, today, the Madras Literary Society is proud of being the oldest extant lending library in India. The collection consists of about 55,000 books on History, Geography, Religion, Philosophy, Art, Fiction and Literature.

Join us for this exclusive guided tour through the restored heritage building, see the numerous rare books in English and Indian languages, and wander on the trails of many readers and scholars before you.

This is a warn in meeting. To warn in WhatsApp Nandi or Stefanie.

Nandi Shah









GANDHI, WOMEN AND HIS RELEVANCE TODAY



ANANTHOO







CURRENT EVENTS

9TH FEB, THU | 10.15 AM HANU REDDY RESIDENCES 39/18, BINNY ROAD, POES GARDEN, CHENNAI-600086

GANDHI, WOMEN AND HIS RELEVANCE TODAY

Ananthoo, our speaker, is a Telecom Engineer by profession. After his return to India from Switzerland since 2006, he started his work purely on social causes. He works closely with Gandhians and Gandhian institutions. He is associated with many initiatives namely www.kisanswaraj.in, www.tula.org.in where they work with cotton farmers. He is also one of the organisers of **'Conversing Gandhi'** a monthly series talk where special experts/Gandhians talk on Gandhian thoughts.

Ananthoo will talk about Mahatma Gandhi and his special association with women. He will tell us about Swadeshi Swaraj, Satyagraha and demonstrate hand spinning to us. You could try your hand too!

We thank Surekha Kothari for being the day facilitator.

Somna Sachdev







CHEESE 101





NAMRATA & ANURADHA







COOKING SWAPSHOP

14TH FEB, TUE | 10.30 AM KIRKE CHEESE PVT. LTD 6, TIGER VARADACHARI 1ST CROSS ST, KALAKSHETRA COLON BESANT NAGAR.

CHEESE 101

Introduction into **cheese making fundamentals**, cheese tasting and basics of pairing at **Käse**, one of the leading artisanal brand in the country.

Please join us as **Namrata and Anuradha** the 2 stalwarts of the artisanal cheesemaking industry and the force behind their brand Kase walk us through the craft of cheese making and tasting in their cheese factory.

Please note :

It's a **warn in** meeting for only **25 members**. Please WhatsApp **Shefalii Dadabhoy** to reserve your seat.







PRACTICES FOR SELF REALIZATION AND SELF ACTUALISATION



NITHYA SHANTI





PHILOSOPHY & RELIGION

22ND FEB, WED | 10.30 AM ZOOM.

PRACTICES FOR SELF REALIZATION AND SELF ACTUALISATION

Nithya Shanti is an internationally acclaimed teacher of joyful and conscious living. Despite having a promising corporate career, he was drawn into pursuing his spiritual quest. In 2002, he ordained as a Buddhist Monk. After six years of living in forest meditation monasteries he was guided to live, learn and serve in broader ways than the traditional role of a monk permitted. He stepped out of the robes in early 2008 and now shares inspiring teachings in Happiness Joyshops, youth programs, corporate trainings and meditation retreats around the world.

Join Nithya Shanti for a discourse and practice session where we explore applied wisdom teachings for **humanising our Divinity and Divinising our humanity**.

We thank Anjali Sacheti for being our Day Facilitator.

Deepika Goyal







MUSIC & PERFORMING ARTS

THANK YOU FOR THE MUSIC!



SUSHILA NATRAJ







MUSIC & PERFORMING ARTS

28TH FEB TUE | 10.15 AM BOAT CLUB, #2, 3RD AVENUE, BOAT CLUB ROAD, RA PURAM

THANK YOU FOR THE MUSIC!

Films, stage productions and countless singers have given us memorable melodies and foot tapping music that put a smile on every face. **IWA ladies** have never missed an opportunity to celebrate the entire spectrum from **folk music to classical....** and everything in between.

We bring you a morning to recall some unforgettable songs in the three languages that we are so fortunate to enjoy – Tamil, Hindi and English.

Do join us.

The format will be a team game, conducted by IWA member **Sushila Natraj**, but ... really everyone wins at the end of the morning – most of all - MUSIC!







HISTORY, CULTURE & TOURS

14TH - 18TH FEB

MAHESHWAR DIARIES

We travel to **Indore** on our way, to a magical four days **`m Maheshwar**.

Staying at the Ahilya Bai Fort Hotel, with our host **Richard Holkar**, who will be talking to us about the history of his ancestor **Maharani Ahilya Bai** and the **Holkar Dynasty**.

We will experience the temples, the rituals and the fort, a wonderful visit to **Mandu**, immerse ourselves in the textiles of **Maheshwar**.

Drinks on the Terrace of the Fort in the evenings, with a wonderful view of the **Narmada River**.



Sukhee Lee



















ARUN ICE CREAM MINI TOUR













"HAVE FEET WILL DANCE" - ROHINI MOHAN



SACRED TEXTILES

"Vaishnavite temples in Tamil Nadu are steeped in traditional rituals. The agamas demand that one takes care of the deity like they do their own child," -MADHUSUDHANAN KALAICHELVAN



FOUNDER MEMBERS

Nirmal Seshadri • Lakshmi Padmanabhan • Nancy Dean Saroja Ramamrutham • Anneliese Hazari • Sunita Shahaney • Rewa Singh

FORMER PRESIDENTS

1986 - 1988	Nirmal Seshadri	Nancy Dean
1988 - 1990	Vanitha Mudaliar	Barbara Clarkson
1990 - 1991	Sunita Shahaney	Janet Picken
1991 - 1992	Nirmal Mirza	Stina Vasu
1992 - 1993	Malini Vijayaraghavan	Maureen Hudson Murari
1993 - 1994	Nanditha Krishna	Aruna Vijaykumar
1994 - 1995	Lily Madhok	Margaret Sekharan
1995 - 1996	Zubeida Asgarali	Khin Thi Da Lwin
1996 - 1997	Alagu Muthu	Poonam Lalchand
1997 - 1998	Rupa Kadhiresan	Anneliese Hazari
1998 - 1999	Shyla K. Rau	Megan Utley
1999 - 2000	Gayatri Bewoor	Chandrika Chidambaram
2000 - 2001	Javanthi Singaram	Eira Doshi
2001 - 2002	Rani Chada	Seema Sait
2002 - 2003	Kusum Chadda	Meyyammai Murugappan
2003 - 2004	Sushila Natraj	Elaine Wood
2004 - 2005	Vidya Singh	Padma Ashok 🥖
2005 - 2006	Princess Naik	Rathi Nilakantan
2006 - 2007	Seema Bhargava	Amulya Rao
2007 - 2008	Kamala Prasad	Raziyeh Sheerazie
2008 - 2009	Rani Ananth	Lynne Connor
2009 - 2010	Shobha Hebbar	Elizabeth Aston
2010 - 2011	Mridula Srinivasan	Uma Ganesan
2011 - 2012	Nina Kothari	Cherry Venkatesan 🔰 🐧
2012 - 2013	Ramani Reddy	Vijaya Rangarajan
2013 - 2014	Nita Reddy	Priya Asokan
2014 - 2015	Asha Rammohan	Jo Frogbrook
2015 - 2016	Achu Kurian	Malini Krishna 👘 🕖
2016 - 2017	Nabila Avais	Jansi Kishore
2017 - 2018	Badrunnisa Mahadevan	Farah Bangera
2018 - 2019	Usha Jawahar	Mahvash Sait
2019 - 2020	Nidhi Kapoor Thadani	Anjali Sacheti
2020 - 2021	Jeyasree Ravi	Manisha Singhee
2021 - 2022	Tehnaz Bahadurji	Shobha Jesudasen

IWA REGISTERED OFFICE

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