



December 2022
A Whole New World



EXECUTIVE COMMITTEE 2022-2023

MANAGING COMMITTEE

PRESIDENTS	JEYASREE RAVI	MANGAI KAMAL
VICE -PRESIDENTS	RITU SAHI	SANYUKTA GILL
SECRETARIES	SADIYA KHALEEL	RAYLSI BALLHATCHET
TREASURERS	DEEPALI GOYAL	SWATI REDDY

EXECUTIVE COMMITTEE

ARTS & HANDICRAFTS	TULSI REDDY	MASAKO MARUYAMA
BOOK DISCUSSION	NANDI SHAH	STEFANIE ANDRUCHOWITZ
COOKING SWAPSHOP	SHEFALII DADABHOY	AMULYA RAO
CURRENT EVENTS	SOMNA SACHDEV	
HEALTH & ECOLOGY	NUSRRET CASSAM	IRINA KUDINA
HISTORY, CULTURE & TOURS	VIDYA SINGH	SUKHEE LEE
MUSIC & PERFORMING ARTS	PADMAVATHY GUNASHEKAR	
PHILOSOPHY & RELIGION	DEEPIKA GOYAL	GOWRI VISVANATHAN

DECEMBER 2022 AT A GLANCE

1st
THU

12 noon - Executive Committee Meeting
1.00 pm - Managing Committee Meeting

1st
THU

10.15 am - Book Discussion
@ **Madras Club**

2nd
FRI

7.00 am - Health & Ecology Mini Tour
@ **Crowne Plaza**

9th
FRI

3.30 pm - Music & Performing Arts
@ **E Hotel**

13th
TUE

10.15 am - History Culture & Tours
@ **Madras Club**

16th
FRI

10.30 am - IWA Christmas - Holly Jolly Christmas
@ **The Raintree, Anna Salai**

20th
TUE

10.15 am - Health & Ecology - Mini Trip
@ **Adyar Estuary Park**

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FROM THE *PRESIDENTS*

Hello Ladies!

December, without doubt is an exciting month. It is enveloped with joy, merriment, giggles and laughter. With Christmas around the corner, it is a month of cheer and festivity.

IWA Christmas celebrations will be on the 16th of December. You can look forward to loads of fun and a delightful feast. We thank **Rajini Reddy** for generously sponsoring the Christmas celebrations year after year. Your kindness has not gone unnoticed.

As for the IWA **South India trip to Tanjore**, the Chola trail, beautiful temples, authentic South Indian food, museums, bronzes, shopping, spa, swimming. The whole of it was a hit! It was a trip loaded with fun.

Jobs may fill your pocket but it is adventure that fills your soul. We are excited to let you know about **a mini trip** that is planned for the **2nd of December**. Do join in for an informative tour of the waterbodies in and around Chennai.



FROM THE *PRESIDENTS*

We will be taking a break towards the end of December and look forward to welcoming you all back towards the middle of January.

May your troubles lighten and your mood brighten. **Merry Christmas and a Happy New Year!**

Jeyasree
Ravi

Mangai
Kamal



FROM THE *MEMBERSHIP SECRETARY*

Dear Members,

The record of attendance will be tabled at all the meetings during the month of **December 2022** and once again in **February 2023**. Please take note of your individual tally and make up any shortfall during the following months.

Please remember that **attendance of 10 meetings during the IWA year must be completed before 31st March 2023**. Meetings in April count towards attendance for the IWA year 2023-2024.

Members are also reminded that **guest may attend only four meetings** during the IWA year irrespective of which member signs them in.

Daughters and Daughters-in-law may attend as many meetings as they like with the member.

Letters regarding **leave of absence** should be addressed to the undersigned.

Thank you for your co-operation.

Sadiya Khaleel,

Amir Mahal, 257, Bharathi Salai,
Royapettah, Chennai – 600 014.

Sadiya
Khaleel



FROM THE *MEMBERSHIP SECRETARY*

The Membership Committee convened on November 16th 2022 to meet prospective candidates for IWA membership. Two applicants, **Anupama Shivaraman** and **Arti Bagdy** have been accepted as **Special Guests**, and can enjoy the relevant privileges till April 2024.

We are happy to welcome our new Non-Indian member:

Rohini G Tummala (British)

2nd Floor, Old 16, New 29, Arundale Beach Road,
Kalakshetra Colony, Besant Nagar.

Many thanks to **the Membership Committee** for their time and diligent service through this crucial process.

We are pleased to welcome our new Temporary non-Indian Member.

Dr Patricia THERY-HART, (France) Code No T-7

Canopy Appartments, 97, Binny Road,
Poes Garden, Chennai-600 006.



Sadiya
Khaleel



HEARTIEST CONGRATULATIONS

*To Vidya Singh on winning 3 gold medals at the
Masters National Swim Meet held in Ambala.*

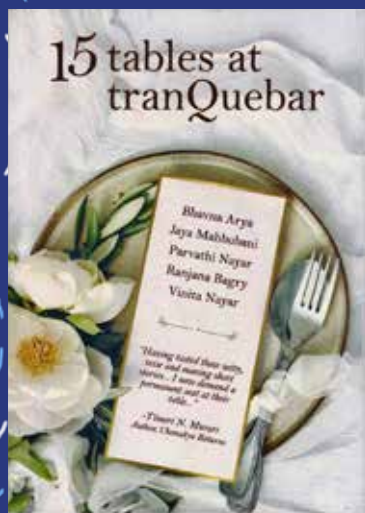
SHARING THE GOOD NEWS & JOY





BOOK DISCUSSION

DRAMATIZED READINGS OF
'15 TABLES AT TRANQUEBAR'



PARVATHI NAYAR, JAYA MAHBUBANI,
RANJANA BAGRY, BHAVNA ARYA & VINITA NAYAR





BOOK DISCUSSION

1ST DEC, THU | 10.15 AM

MADRAS CLUB

ADYAR CLUB GATE ROAD - CHENNAI 600028.

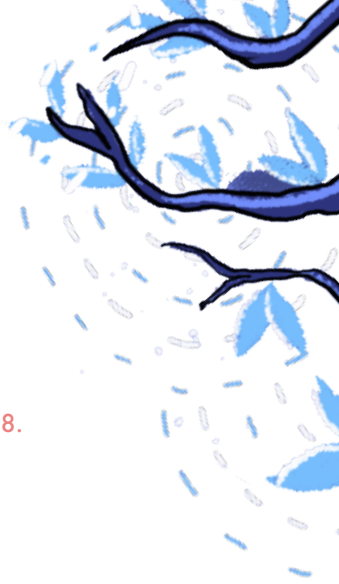
DRAMATIZED READINGS OF '15 TABLES AT TRANQUEBAR'

IWA is delighted to present dramatized readings by the authors of **15 Tables At TranQuebar'**, newly launched-book of linked stories. The five Chennai-based women authors are **IWA members Parvathi Nayar and Jaya Mahbubani, along with Ranjana Bagry, Bhavna Arya and Vinita Nayar.**

One is drawn to the book's strong women characters, and resonate with their flaws and strengths.

The lives of the book's various protagonists intersect lightly at the opening of a chic restaurant in Chennai from where their individual stories branch out. Chennai as a place features in many ways, and is almost a character in the book.

Not only do the authors have varied writing backgrounds, they also wear multiple hats - **Parvathi** is a celebrated contemporary visual artist who works in multimedia, **Ranjana** works with different healing modules, **Jaya** teaches German and is involved with the Madras Literary Society, **Vinita** is an editor and dog activist and **Bhavna** is a successful home chef.



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Nandi
Shah

Stefanie
Andruchowitz





IWA MINI TRIP

HEALTH & ECOLOGY

EXPERIENCE THE WATERBODIES OF CHENNAI
WITH ARUN KRISHNAMURTHY



ARUN KRISHNAMURTHY





IWA MINI TRIP

HEALTH & ECOLOGY

2ND DEC, FRI | 7.30 AM - 12.30 PM

CROWN PLAZA

132, TT KRISHNAMACHARI RD, AUSTIN NAGAR, ALWARPET

EXPERIENCE THE WATERBODIES OF CHENNAI
WITH ARUN KRISHNAMURTHY

ITINERARY

7.00 am - Meet at Crowne Plaza for breakfast

7.30 am - Start from Crowne Plaza

8:30 am - Manimangalam Lake + ASI Site visit

9:30 am - Visit the Adyar river near Aadhanur

10:00 am - Visit the Mannivakkam Lake + ASI Site

11:00 am - Start the trip back to Chennai

12:30 pm - Reach Crowne Plaza

This is a warm in meeting.

Nusrret
Cassam

Irina
Kudina





MUSIC & PERFORMING ARTS

THE CHENNAI HARMONICA CLUB





MUSIC & PERFORMING ARTS

9TH DEC, FRI | 3.30 PM

E HOTEL

GATE NO 1, EXPRESS AVENUE MALL, PATULLOS ROAD

THE CHENNAI HARMONICA CLUB

Two years ago **Tuhin Bhaumik** founded **The Chennai Harmonica Club (CHC)**. The Club has over 30 members spread across India & abroad.

The group plays popular Bollywood, Kollywood and English songs well both supported by backtrack orchestra and in a short span it has made its presence felt by taking part and performing on various platforms particularly in Chennai.

The Chennai group members comprise of IT professionals, Corporate Managers, Doctors, Lawyers and are a mix of young and active senior citizens !!

The CHC members who will be performing on 9th Dec event are:

Tuhin Bhaumik, Mahesh Veeraman, Ram Suryanarayan, Naresh Vassudhev, Tharunkumar Prasanna, Ambarish Kumar Dubey and Dr.K.Ramachandran.

I thank **Priya Asokan** for being the Day Facilitator and **Aruna Vijaykumar** for being the Programme coordinator.



Padmavathy
Gunashekar



HISTORY, CULTURE & TOURS

MADRAS & ITS SHARE OF ROYALTY



VENKATESH RAMAKRISHNA





HISTORY, CULTURE & TOURS

13TH DEC, TUE | 10.15 AM

MADRAS CLUB - BALLROOM

ADYAR CLUB GATE ROAD CHENNAI 600028

MADRAS & ITS SHARE OF ROYALTY

Madras was a creation of the **British East India Company**, the scales of political balance started shifting the growth of Madras. Madras had its share of royalty and was once nearly named **Ranga Rayan Pattinam**. Royalty of India were here as friends or prisoners who had made Madras their home, and added colour to its history. The tale of Madras can never be complete without describing the activities of its blue blooded citizens!

Historian **Venkatesh Ramakrishna** will give us glimpses into the event packed roller coaster lives of the Kings and Queens. They were Governors, Chief Ministers, actresses and above all Philanthropists.

Schools, Colleges, Temples and Gurudwaras, Sports and Arts in Madras owe their existence to the munificence of the Royalty.

He is a scholar on Madras, and says that the Tale of Madras can never be complete without describing the activities of its **Blue Blooded Citizens**.

We thank **Veena Swamy** for being our Day Facilitator.

Vidya
Singh



Sukhee
Lee

IWA BOARD EVENT

Holly Jolly Christmas

16TH DEC, FRI | 10.30 AM | RAINTREE, ANNA SALAI



IWA BOARD EVENT

16TH DEC, FRI | 10.30 AM

RAINTREE, ANNA SALAI

636, ANNA SALAI, TEYNAMPET, CHENNAI 600035.

LUNCH AT 12 NOON

HOLLY JOLLY CHRISTMAS

It's time to roll out our Christmas vibes and join our very merry tribe! December is always filled with cheer, joy, giggles and laughter. This year isn't going to be any different!

Come join the fun, our members have planned a little something to entertain all of you. **Carols**, of course will be a part of it but **there is much more**.

Don't forget to come **dressed in red and green**. A sumptuous **Christmas feast** awaits you all at 12noon.

After all the covid restrictions and rules, this year Santa seems to be a little bit out of touch with his game. Not to worry, the elves are all there to his aid! Come join us in our celebration to see how they resolve their problems and troubles, as we take a peek into how Christmas is celebrated all around the world!

We are truly grateful to **Rajini Reddy** for generously hosting the Christmas meeting year after year. We also extend our thanks to all the participating members for their enthusiasm and time.

This is a members only meeting

Jeyasree
Ravi

Mangai
Kamal





HEALTH & ECOLOGY

'.. BREATHE IN .. BREATHE OUT ..'
BAREFOOT IN THE PARK !



SHALINI RAVIKUMAR





HEALTH & ECOLOGY

MINI TRIP

20TH DEC, TUE | 10.15 AM

ADYAR ESTUARY PARK

THOLKAPPIA POONGA PARK, KARPAGAM AVENUE, R.A. PURAM

'.. BREATHE IN .. BREATHE OUT ..'
BAREFOOT IN THE PARK !

Adyar Estuary Park was developed to create 'breathable spaces' ..in over developed fragile *eco-urban*cities

The need for parks to create a balance and harmonise our **mind and body** has become vital in our fast paced life .

Shalini Ravikumar, a **Conservation Architect** and **Heritage Manager** by profession driven by her passion to conserve and preserve the Ecology of Chennai, will help us further understand this need.

Nusrret
Cassam

Irina
Kudina



*MEETINGS
GALLERY!!*



*DIVINITY, DEVOTION, DESIGN
SHRINGARA OF SHRINATHJI*

Various symbolism is directed to stir the Bhava or the emotional response of devotees. The u shaped tilak mark on his forehead symbolises the impression of Radha's foot, when Krishna bows down to her in appreciation of her total love.

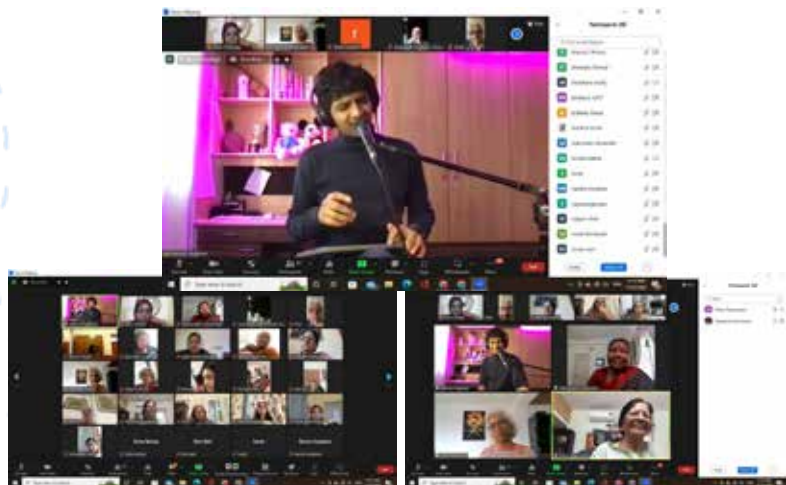
- SHRI AMIT AMBALAL



*INDIAN CLASSICAL MUSIC- A TWIST WITH POP
CULTURE & ELECTRONIC MUSIC IN YOUR HANDS*

My passion is Indian Classical Music, its vastness. Geosperd eases a fusion version, which the next -gen are able to relate to

- MAHESH RAGHVAN



*HEALTH IN YOUR HANDS
FOLD TO UNFOLD THE ART TO BETTER HEALTH..*

"The simplicity and ease of access of paper, the variations and learning while doing origami makes it a very unique and fun way to stimulate both the mind and the body.

-SHIVARAM NARAYAN



THANJAVUR

A quote shared by one of our fellow travellers : the Panda asks “what is more important, the journey or the destination”, to which the Tiny Dragon replies, “the company of course”. This is our new normal, everything is better with good friends and good company. One fellow traveller observed that this holiday allowed her to discover where the fountain of youth and laughter was hiding all along, in plain sight. Throw in good dry weather and golden light for all the days which allowed us to enjoy these divine treasures to the fullest.

This tour of our heritage temples and monuments came alive in the voice of **Madhusudan**, our eminent historian who brought history to life with his insights into the visions of the rulers and patrons who built them for permanent posterity. Each monument unfolded like a pageant in his capable narration and rendering of history.

Srirangam is the oldest and largest temple complex. In order to protect the beautiful idol of Vishnu from invaders, the townsfolk installed a duplicate for raiders to raid and hid the original behind a wall. The Vishnu Moorthy in his regal supine avatar is exquisitely life like. His large eyes speak to you.

The **Thanjavur Big Temple** has a plaque prominently displayed that declares that the king has abolished untouchability and everyone is welcome to enter the temple premises.



THANJAVUR

The ceiling murals in blue indigo in the **Brihadiswara Temple** are exquisite and there are rare images of **Markandeya** clinging on to the Shivaling as well as a beautiful Subramanya on a peacock.

Sitting on the lawns and listening to Madhusudanan sharing his knowledge on **Gangaikondacholapuram** in the soft evening light, will be forever etched in our memories. The movie PS1 made more sense to me after learning about this great king **Rajendra Chola** who annexed kingdoms as far as **Cambodia** and **Sumatra**. He travelled up to the banks of the Ganges in the north and brought water from the holy river.

Darasuram. The carvings on rock have been perfectly preserved here and the symmetrical pillars, facades, gopurams and steps leading up are a treat to the eye. The chariot wheel here is older than the one in the **Sun Temple in Konark**, Orissa.

It was heartening to see that the ASI has protected these monuments and ensured clean surroundings at these archaeological sites.

Manjakkudi is a gem in this area. The dream project of **Swami Dayanandaji**, has the motto, **AIM** for **SEVA**. There are colleges for women up to the post graduate level so they need not travel long distances to attend college. They also have a very successful organic farming unit where 100 year old traditional rice varieties are grown under strict organic farming methods. We savoured a delicious '**yelai saapad**' served on banana leaves.



THANJAVUR

Svatma resort was our home for four nights. Extremely comfortable and well staffed.

The visits to the bronze and stone museum in Thanjavur and the **Panchaloha Bronze** idol making place were enjoyed by all. This process of making panchaloha idols is called the lost wax method.

Part of our group also visited the traditional Tanjore painting artists and learnt about the method of creating Tanjore paintings.

Of course the multiple visits to the excellently appointed spa were a bonus.

Mata Annapurneswari **Tehnaz Bahadurji** made sure that every one of the edible items carried by the members were consumed.

Thank you **Vidya Singh, Mangai Kamal** and **Jeyasree Ravi** making this possible. Thank you **Sharan Apparao** for Madhusudan who also has a wonderful singing voice,

To more of curated trips like this !
Waiting for Maheshwar!

Ramani
Reddy











FOUNDER MEMBERS

Nirmal Seshadri • Lakshmi Padmanabhan • Nancy Dean
Saroja Ramamrutham • Anneliese Hazari • Sunita Shahaney • Rewa Singh

FORMER PRESIDENTS

1986 - 1988	Nirmal Seshadri	Nancy Dean
1988 - 1990	Vaniitha Mudaliar	Barbara Clarkson
1990 - 1991	Sunita Shahaney	Janet Picken
1991 - 1992	Nirmal Mirza	Stina Vasu
1992 - 1993	Malini Vijayaraghavan	Maureen Hudson Murari
1993 - 1994	Nandiitha Krishna	Aruna Vijaykumar
1994 - 1995	Lily Madhok	Margaret Sekharan
1995 - 1996	Zubeida Asgarali	Khin Thi Da Lwin
1996 - 1997	Alagu Muthu	Poonam Lalchand
1997 - 1998	Rupa Kadhiresan	Anneliese Hazari
1998 - 1999	Shyla K. Rau	Megan Utley
1999 - 2000	Gayatri Bewoor	Chandrika Chidambaram
2000 - 2001	Javanthi Singaram	Eira Doshi
2001 - 2002	Rani Chada	Seema Sait
2002 - 2003	Kusum Chadda	Meyyammai Murugappan
2003 - 2004	Sushila Natraj	Elaine Wood
2004 - 2005	Vidya Singh	Padma Ashok
2005 - 2006	Princess Naik	Rathi Nilakantan
2006 - 2007	Seema Bhargava	Amulya Rao
2007 - 2008	Kamala Prasad	Raziyeh Sheerazie
2008 - 2009	Rani Ananth	Lynne Connor
2009 - 2010	Shobha Hebbar	Elizabeth Aston
2010 - 2011	Mridula Srinivasan	Uma Ganesan
2011 - 2012	Nina Kothari	Cherry Venkatesan
2012 - 2013	Ramani Reddy	Vijaya Rangarajan
2013 - 2014	Nita Reddy	Priya Asokan
2014 - 2015	Asha Rammohan	Jo Frogbrook
2015 - 2016	Achu Kurian	Malini Krishna
2016 - 2017	Nabila Avais	Jansi Kishore
2017 - 2018	Badrunnisa Mahadevan	Farah Bangera
2018 - 2019	Usha Jawahar	Mahvash Sait
2019 - 2020	Nidhi Kapoor Thadani	Anjali Sacheti
2020 - 2021	Jeyasree Ravi	Manisha Singhee
2021 - 2022	Tehnaz Bahadurji	Shobha Jesudasen

IWA REGISTERED OFFICE

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