



April 2023

A Whole New World



# EXECUTIVE COMMITTEE 2022-2023

## MANAGING COMMITTEE

### PRESIDENTS

JEYASREE RAVI  
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mangai96@hotmail.com

### VICE -PRESIDENTS

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### TREASURERS

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## EXECUTIVE COMMITTEE

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### COOKING SWAPSHOP

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### MUSIC & PERFORMING ARTS

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# APRIL <sup>2023</sup> AT A GLANCE

11<sup>th</sup>  
TUE

10.15 am - Cooking Swapshop  
@The Folly, Amethyst

13<sup>th</sup>  
THU

10.30 am - Current Events  
@ Zoom

18<sup>th</sup>  
TUE

3.30 pm - Music & Performing Arts  
@Luz House, Mylapore

27<sup>th</sup>  
THU

10.15 am - Annual General Meeting  
@ Shamiana, Madras Club

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# FROM THE *PRESIDENTS*

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*Hello Ladies!*

**"Every end is a new beginning"**. As we approach the end of the year, we would like to share our gratitude and appreciation for all the wonderful experiences we have had together. It has been a year full of excitement, joy and activity; we couldn't have asked for a better year.

Despite a bit of uncertainty at the beginning of the year, we are happy to say that the meetings were well received and appreciated. **The Grand Finale** on **March 14<sup>th</sup>** was truly a huge success, with great music and fantastic feedback from all of you.

We extend a big thank you to **Deepali Goyal** and **Chandra Seoni** for their generous hosting of the event.

We are especially grateful for your participation in the traditional **IWA tours**, as well as the **IWA mini tours** that we experimented with this year. Your support and involvement have been the key to our success.



# FROM THE *PRESIDENTS*

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We would like to thank the **Managing Committee**, including **Ritu Sahi**, **Sanyukta Gill**, **Sadiya Khaleel**, **Raylsi Ballhatchet**, **Deepali Goyal** and **Swati Reddy** for their dedication and involvement throughout the year. Our warmest gratitude also goes to the **Executive Committee** including **Tulsi Reddy** and **Masako Maruyama** (Arts & Handicrafts), **Nandi Shah & Stefanie Andruchowitz** (Book Discussion), **Sheliali Dadabhoy & Amulya Rao** (Cooking Swapshop), **Somna Sachdev** (Current Events), **Nusrret Cassam & Irina Kudina** (Health & Ecology ), **Vidya Singh & Sukhee Lee** (tHistory Culture & Tours), **Padmavathy Gunashekar** (Music & Performing Arts), **Deepika Goyal & Gowri Visvanathan** (Philosophy & Reigion) for their unwavering support and for driving IWA forward. **A special thanks to all those who helped with the IWA mini tours.**

We would also like to acknowledge the **advisory committee**, **membership committee**, **music committee**, and **election committee** for their invaluable contributions behind the scenes. A heartfelt thanks to **Vanitha Mudaliar** for generously allowing us to use her premises as the IWA registered office. We look forward to seeing you all at the upcoming **AGM** on **Thursday, April 27th**. If you are unable to attend, please send your leave of absence to the membership secretary.



# FROM THE *PRESIDENTS*

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Finally, we extend our congratulations and warmest welcome to the incoming managing committee and executive committee.

As this is our last newsletter for the year, we would like to thank you all for making IWA such a fantastic organization. It has truly been an honor to serve as your presidents. In the words of William Arthur Ward, "Gratitude can transform common days into thanksgivings, turn routine jobs into joy, and change ordinary opportunities into blessings." Let us all continue to embrace the spirit of gratitude and make every day a celebration.

*IWA rocks, as always!*

*Jeyasree*  
Ravi

*Mangai*  
Kamal



# FROM THE *VICE PRESIDENTS*

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It has been **A Whole New World!**

A transitional IWA year- from a complete digital platform to a year full of physical meetings interspersed with some online ones too. This has been successfully achieved with the support of the entire **Managing Committee & the Executive Committee** along with the encouragement and participation from all the members. Thank you!

The website has been updated regularly. The Newsletter has been bursting with information for which we have to thank the Activity Chairpersons. Every month they saw to it that we heard amazing speakers, and ensured flawless physical and online meetings, the year has been indeed a memorable one.

Presidents **Jeyasree and Mangai** thank you for patiently guiding us and helping us realise our full potential. The year was one of new learnings for us. For this we are very grateful.

*Ritu*  
Sahi

*Sanyukta*  
Gill



# FROM THE *SECRETARIES*

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## *Dear IWA Members*

It has been a beautiful journey into the whole new world that paved the way for the most awaited physical meetings. We had many of them over hugs and laughter, along with some online meetings and exciting IWA mini trips.

We are especially grateful to Presidents **Jeyasree Ravi and Mangai Kamal** for supporting us throughout and being our guiding factors. Their gentle demeanour helped us to perform our responsibilities with ease. They turned what looked like a challenging year, transitioning to physical meetings, into a graceful one that managed to deepen our friendships further.

We would like to thank the **Membership Committee** for their contribution in the selection of new candidates and for their expert guidance and advice at every step.

We thank our enthusiastic **Executive Committee** for planning excellent meetings with competent speakers. It was because of their effort and passion that we had another joyful and successful year.

Last but not the least, a big thank you to our beloved members for attending meetings and encouraging us to bring out the best in us.

*Sadiya*  
Khaleel

*Raylsi R*  
Ballhatchet





# FROM THE *MEMBERSHIP SECRETARY*

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This eventful year is coming to a close and soon a new IWA year will be starting. Details of the **membership renewal** process will be shared **after the Annual General Body Meeting**.

To ensure our records are upto date , please fill all sections of the renewal form accurately and forward by email or Whatsapp as directed .

We look forward to seeing all of you next year , but **if any member is not planning to renew her membership , please do let us know**. Also , if a member is likely to be absent from IWA for a month or more , a **Leave of Absence** request should be submitted prior to or begining of the period.

All members are reminded that they should request **a Leave of Absence in advance by email if they are unable attend the Annual General Body meeting**. This is a statutory requirement.

*Sadiya*  
Khaleel



# FROM THE *TREASURERS*

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This year has been a year of renewal of spirit. The IWA family have returned to in-person meetings and participated whole-heartedly in all events, reconnecting with friends and enjoying their company once more. Under the **able guidance of Jeyasree and Mangai**, we have had a compendium of activities ranging from Sabha-hopping to discourse by Nithya Shanti. The many interesting, well curated trips were truly a highlight this year. We feel that our Presidents this year were dedicated to involve all and to create a uniquely fantastic year. **We thank the membership for adapting seamlessly to our digital process** for fee renewal, making us a more responsible organisation following **sustainable practices**. We thank the Management and Executive Committees for diligently helping us in fee renewal follow-up and in **keeping the accounts clear and precise**. Jeyasree, with her meticulous planning made it effortless to keep a handle on expenses this year and Mangai with her calm and collected nature made execution of events a breeze. It has truly been a rewarding experience being a part of the committee this year.

We look forward to being Treasurers again for the upcoming year.

*Deepali*  
Goyal

*Swati*  
Reddy





# *HEARTFELT CONDOLENCES*

To **Fazeela Nurdeen** on the sad demise of her  
*mother-in-law.*

**WE OFFER ONLY OUR DEEPEST  
CONDOLENCES, PRAYERS, & FRIENDSHIP.**

# *IWA HELPLINE*



## **DIGITAL NEWSLETTER**

*Sanyukta Gill* [sanyukta\\_g@yahoo.com](mailto:sanyukta_g@yahoo.com)

## **CHANGE IN MEMBERSHIP CATEGORY**

*Sadiya Khaleel* [sadiya2yk@yahoo.co.in](mailto:sadiya2yk@yahoo.co.in)

## **ATTENDANCE, NAME BADGE, COPY OF BYE-LAWS BOOK**

*Swati Reddy* [swati\\_reddy@yahoo.com](mailto:swati_reddy@yahoo.com)

## **CHANGE IN DIRECTORY DETAILS**

ADDRESS | EMAIL | PHONE | MOBILE

*Swati Reddy* [swati\\_reddy@yahoo.com](mailto:swati_reddy@yahoo.com)

## **NEWSLETTER ANNOUNCEMENTS**

*Ritu Sahi* [ritusahi@hotmail.com](mailto:ritusahi@hotmail.com)

## **SPONSORS MEETINGS, HOME MEETINGS, SUGGESTIONS WITH REGARD TO MEETINGS & SPEAKERS**

*ACPs or Presidents*

## **ASSISTANCE WITH JOINING A VIRTUAL MEETING**

*ACPs, day facilitators or Managing Committee*

**PLEASE CALL BETWEEN 10AM - 6PM | MON - SAT**



# *HEARTIEST CONGRATULATIONS*

To **Nina Kothari** on the birth of her granddaughter

To **Nanditha Krishna** on being presented the lifetime achievement “For the sake of Honour Award” for vocational service by the Rotary Club of Chennai Towers.

To **Vijaya B Rangarajan** on being honoured by the World Telugu Federation on the occasion of Women’s Day.

**SHARING THE GOOD NEWS & JOY**





# *COOKING SWAPSHOP*

ART OF FOOD STORIES



FOOD PHOTOGRAPHY & STYLING  
BY NANDI SHAH





# COOKING SWAPSHOP

11<sup>TH</sup> APR, TUE | 10.15 AM

FOLLY, THE AMETHYST

28, WHITES ROAD, ROYAPETTAH, CHENNAI - 600 014

## ART OF FOOD STORIES: FOOD PHOTOGRAPHY & STYLING BY NANDI SHAH

**Nandi Shah** is a self-taught artist who uses food and photography as her mediums of communication. She had initially picked up the camera in order to create photographs for her Chennai-based **culinary entrepreneurship, re:store**. A love of food styling quickly led to a fully-fledged passion for photography, and **Nandi Shah Photography** was established.

Having trained in Fine Arts from Stella Maris College (Chennai) as an undergraduate, she rediscovered her creative skills and interest in all things aesthetic. **Nandi's Artistry** evokes nostalgic trajectories, long forgotten. Her **oeuvre especially features the patina of old brassware** in our kitchens, which form the main subject in her work, as well as other elements of food, fashion and decor. The work of the Dutch masters has served as an inspiration over the years, and the self-taught photographer creates Indian still-life images with a dark and moody feel.

*Shefalii*  
Dadabhoy



*Amulya*  
Rao



# *CURRENT EVENTS*

JUSTICE DELIVERY AS AN  
ESSENTIAL LOCAL SERVICE



MAJA DARUWALA







# *CURRENT EVENTS*

13<sup>TH</sup> APR, THU | 10.30 AM  
MEETING BEGINS AT 10.45AM  
ZOOM

## JUSTICE DELIVERY AS AN ESSENTIAL LOCAL SERVICE

**Maja Daruwala**, a barrister from Lincolns Inn has been working to advocate for rights and social justice for over 40 years. Her special interests lie in civil liberties, gender equality, systems reform, rule of law, accountability, promoting access to information and access to justice.

Today she will talk to us about the **Indian justice system**.

We thank **Tehnaz Bahadurji** for being the day facilitator.

*Somna*  
Sachdev





# *MUSIC & PERFORMING ARTS*

## RHYTHM IN MUSIC & MOVEMENT



VISHWA BHARATH





# *MUSIC & PERFORMING ARTS*

18<sup>TH</sup> APR, TUE | 3.00 PM

THE LUZ HOUSE

176, LUZ CHURCH RD, LUZ, MYLAPORE, CHENNAI 600004.

## **RHYTHM IN MUSIC & MOVEMENT**

A student of National Award recipient Shri Nellai Manikandan and Shri Kannan Kumar since the age of 11, **Vishwa Bharath**, completed a PG Diploma in Folk Arts. Performing for over 12 years now as a musician, dancer, and choreographer **Vishwa** has participated in over 30 international, national, and regional theatre festivals.

An educator for over 10 years he teaches music and movement at several schools and colleges in Chennai. He has been an adjunct faculty with **Attakallari Centre for Movement Arts** and has conducted several workshops for Indian and International artists.

**Vishwa** will be conducting a power packed Rythmn workshop. Join us for a foot tapping, hand clapping evening of music & movement.



*Padmavathy*  
**Gunashekar**

# FROM THE *ELECTION COMMITTEE*

The office bearers of the  
*Managing Committee 2023-2024*  
are as follows:

	INDIAN	NON-INDIAN
<b>Presidents</b>	Ritu Sahi	Sanyukta Gill
<b>Vice- Presidents</b>	Sadiya Khaleel	Raylsi Ballhatchet
<b>Secretaries</b>	Somna Sachdev	Stefanie Andruchowitz
<b>Treasurers</b>	Deepali Goyal	Swati Reddy

*Our congratulations and best wishes to them for  
a successful term.*

<b>Chairperson</b>	Badrunnisa Mahadevan
<b>Members</b> (in alphabetical order)	Jyothi Ganesh Hemu Ramaiah Vijaya B Rangarajan Seems Sait



# ANNUAL GENERAL MEETING

Notice is hereby given that the IWA Annual General Meeting will be held on Thursday, 27th April 2023 at 11.00 am, at the Shamiana, Madras Club, 8, Adyar Club Gate Road, Raja Annamalai Puram, Chennai -600028.

**Attendance Sign-up :** 10:15 a.m. - 11 a.m.

**AGM commences :** 11 a.m.

## The Agenda for the meeting is as follows:

- Welcome Address Mangai Kamal
- Passing of 2022 AGM Minutes (sent out by email) Raylsi Ballhatchet
- Secretary's Report Raylsi Ballhatchet
- Membership Secretary's Report Sadiya Khaleel
- Treasurer's Report Deepali Goyal
- Adoption of the Audited Accounts for the year 2022-2023
- Appointment of Auditors for 2023-2024
- Any Other Business
- Remarks by the outgoing President Jayasree Ravi
- Introduction of the Election Committee Badrunnisa Mahadevan
- Presentation of the New Managing Committee 2023-2024
- Address by the incoming President Ritu Sahi  
Sanyukta Gill
- Introduction of the New Executive Committee
- Vote of Thanks Princess Naik

Registered Office: Talking Technology Pvt. Ltd.  
857, Poonamallee High Road, Kilpauk,  
Chennai – 600010.





# GRAND FINALE

GALLERY











*MEETINGS  
GALLERY!!*



## *WHY MONTESSORI?*

"To accept the fact that a child wants to be independent early on in life."

-MADHURA VISWESWARAN



## *FIND YOUR VOICE*

Find Your Voice - P.C. RAMAKRISHNA



## PAUSE AND RESET

"The Next Gen .. How do we deal with them ... We need to 'adjust or suffer' ..  
the only choice we have !!"

-ANITA



## PERFORMED POEMS BY ABHAY K

"Man truly achieves his full human condition when he produces without being  
compelled by the physical necessity of selling himself as a commodity."

-CHE GUEVARA



## FOUNDER MEMBERS

Nirmal Seshadri • Lakshmi Padmanabhan • Nancy Dean  
Saroja Ramamrutham • Anneliese Hazari • Sunita Shahaney • Rewa Singh

## FORMER PRESIDENTS

1986 - 1988	Nirmal Seshadri	Nancy Dean
1988 - 1990	Vaniitha Mudaliar	Barbara Clarkson
1990 - 1991	Sunita Shahaney	Janet Picken
1991 - 1992	Nirmal Mirza	Stina Vasu
1992 - 1993	Malini Vijayaraghavan	Maureen Hudson Murari
1993 - 1994	Nandiitha Krishna	Aruna Vijaykumar
1994 - 1995	Lily Madhok	Margaret Sekharan
1995 - 1996	Zubeida Asgarali	Khin Thi Da Lwin
1996 - 1997	Alagu Muthu	Poonam Lalchand
1997 - 1998	Rupa Kadhiresan	Anneliese Hazari
1998 - 1999	Shyla K. Rau	Megan Utley
1999 - 2000	Gayatri Bewoor	Chandrika Chidambaram
2000 - 2001	Javanthi Singaram	Eira Doshi
2001 - 2002	Rani Chada	Seema Sait
2002 - 2003	Kusum Chadda	Meyyammai Murugappan
2003 - 2004	Sushila Natraj	Elaine Wood
2004 - 2005	Vidya Singh	Padma Ashok
2005 - 2006	Princess Naik	Rathi Nilakantan
2006 - 2007	Seema Bhargava	Amulya Rao
2007 - 2008	Kamala Prasad	Raziyeh Sheerazie
2008 - 2009	Rani Ananth	Lynne Connor
2009 - 2010	Shobha Hebbar	Elizabeth Aston
2010 - 2011	Mridula Srinivasan	Uma Ganesan
2011 - 2012	Nina Kothari	Cherry Venkatesan
2012 - 2013	Ramani Reddy	Vijaya Rangarajan
2013 - 2014	Nita Reddy	Priya Asokan
2014 - 2015	Asha Rammohan	Jo Frogbrook
2015 - 2016	Achu Kurian	Malini Krishna
2016 - 2017	Nabila Avais	Jansi Kishore
2017 - 2018	Badrunnisa Mahadevan	Farah Bangera
2018 - 2019	Usha Jawahar	Mahvash Sait
2019 - 2020	Nidhi Kapoor Thadani	Anjali Sacheti
2020 - 2021	Jeyasree Ravi	Manisha Singhee
2021 - 2022	Tehnaz Bahadurji	Shobha Jesudasen

### IWA REGISTERED OFFICE

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