

6 Mon	10.00 ^{AM} Managing Committee 11.00 ^{AM} Executive Committee @ The Summer House Eatery
20 Mon	03.45 ^{PM} Welcome Back Get-Together @ Seetha Muthiah's Residence Evening Meeting
21 Tue	08.45 ^{AM} Health & Ecology @ The Theosophical Society Walk the Tree Talk IWA Journey  Warn-in
28 Tue	10.15 ^{AM} Philosophy & Religion @ The Armenian Church Armenian Church - Footsteps in time Warn-in
30 Thu	10.15 ^{AM} Current Events @ Folly A SPARK on Women's empowerment
31 Fri	04.00 ^{PM} Arts & Handicrafts @ Hanu Reddy Residences Crafts of the Harappan Civilisation Evening meeting

To learn more, visit the IWA web site: www.iwachennai.com

From the Presidents

Dear friends,

Happy New Year and Happy Pongal from all of us on the committee!

We had so much fun at our "Merry Little Christmas Party," and we would like to thank all the members for participating in the festivities. Christmas songs will now pale in comparison to our variations and renditions!

A familiar New Year's tradition is creating intentions to improve ourselves, also known as the New Year's Resolution. The most common resolution relates to health. Did you know that many studies are expounding on the benefits of friendship upon health? Perhaps that means attending IWA meetings are beneficial to our health. We start 2020 with our "Welcome Back Get-Together," a chance to catch up after the holidays and become healthier.

This month, we aim to release the updated version of the IWA telephone directory. It will be available for purchase during IWA meetings.

We hope you enjoyed the meetings in 2019. Many more fascinating events are coming up in 2020. Embrace the Journey!

NIDHI KAPOOR THADANI

ANJALI SACHETI

6 Mon	10.00 ^{AM} Managing Committee 11.00 ^{AM} Executive Committee The Summer House Eatery 5B, Ramachandra Avenue Seethammal Colony Chennai 600 018
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Meeting hosted by **Kausalya Santhanam** and **Mangai Kamal**

From the Membership Secretary

We are happy to welcome another new member into IWA, in the Temporary Non-Indian category.

Khushi Arora (Harpreet Kaur Arora) - (A-12) - Singapore
10-A, Ranganathan Avenue
Uthandi, Chennai – 600119
Mobile : 8291142535
Email : khushiarora.k@gmail.com

We look forward to seeing her often at our IWA get-togethers.

TEHNAZ BAHADURJI

Advisory Committee

It's time for the Advisory Committee to bid farewell to **Aruna Vijaykumar**, and to express our heartfelt thanks for her service. Being a longstanding IWA member, her experience has been a real asset to the committee. We are grateful for her guidance, help and advice on all matters - big or small. Thank you, dear Aruna.

In the place Aruna has vacated on the Advisory Committee, we are happy to welcome **Cherry Venkatesan**. Her strong and clear views will certainly be of immense value to the committee. We look forward to receiving her support and guidance in the months ahead.

The Advisory Committee members are :

Alagu Muthu, Achu Kurian and Cherry Venkatesan.

NIDHI THADANI

ANJALI SACHETI

20 Mon

03.45 PM
Seetha Muthiah's Residence
Coromandel House
14, Boat club Road, R.A. Puram
Chennai 600 028

There will be mystery
There will be misunderstanding
There will be yelling
But there will be laughter !

Come join us as we indulge in a laughter-inducing afternoon with our IWA family after our holiday hiatus!

We would like to thank **Seetha Muthiah** for hosting the meeting.

THE BOARD

Congratulations to **Princess Naik** on the birth of her grandson
Vyom Jonathan Naik !

21 Tue	<p>08.45^{AM} The Theosophical Society Adyar Chennai 600 020</p> 
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Walk the Tree Talk

Join us for an outdoor meeting in the beautiful gardens of The Theosophical Society, Adyar. We will walk up to the Great Banyan tree and around. **Prof D Narasimhan**, a well-known tree enthusiast and botanist in the city, will guide us in our walk. He will talk to us about different trees as we come across them, their features and other interesting facts about them.

The Great Banyan Tree or Adyar Ala Maram as it is known locally, is the second largest banyan tree in the world and is believed to be about 450 years old. Although the main trunk suffered storm damage a few decades ago, the rest of the tree survives and thrives.

For entrance, please use the gates on Besant Avenue. (NOT the gate opposite Fortis Malar Hospital)

Please assemble at The Library (which is the first building on your right when you enter the campus through the gate on Besant Avenue) at **8.45 a.m.**

Please note: This meeting starts earlier and will last longer than the usual meeting. The meeting is scheduled to conclude around 10.30 a.m. The actual walk will last for about an hour. You may not have close access to rest rooms.

We have place for **35 members**. **Please warn-in by messaging Nirupa – 9840234623 or Swati – 9884177777 between 9 a.m. and 6 p.m.**

NIRUPA SUNDARAVADANAN

SWATI REDDY

Our heartfelt condolences to **Rajni Sabherwal** on the loss of her husband.

28 Tue	<p>10.15^{AM} The Armenian Church Armenian Street, Opp. High Court Parry's Corner, George Town Chennai 600 001</p> 
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Armenian Church - Footsteps in time...

Explore the forces that shaped Christianity in India, and learn unexpected facts about its early days in Chennai.

Storytrails was born with the idea of discovering India through her stories. This morning we will savor local sights and sounds through the eyes of a storyteller, go beyond the sights themselves, and uncover the characters and customs that made these places come alive.

Join us for a story-filled session, with Storytrails, about Chennai's Christian history, from the humble arrival of St. Thomas, to the British, who created a cathedral of neo-gothic splendor at the Armenian Church.

Please **warn-in** on **25th & 26th** of January **between 10 am and 6 pm** by calling or messaging (or whatsapp) on **9840027222** as we have to limit the participation to 30 people.

We request you to carry your own water bottle and encourage you to carpool.

SHEETAL PARAKH

GOWRI VISVANATHAN

30^{Thu}	<p>10.15^{AM} The Folly, Amethyst Whites Road Next to Corporation Bank Royapettah, Chennai 600 014</p>	
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“A SPARK on women’s empowerment”

SPARK! (Stories for Progress, Advocacy, Rights and Knowledge) is a platform for thought-provoking discussions that has taken Chennai by storm. Started by two enterprising young women, they SPARK illuminating conversations on social impact, public policy, development, the environment, arts, health and feminism in India. Spark is founded by **Niru** and **Vishala**, both of who are corporates in their own right, in Chennai.

Join us as they share insights on Women’s Empowerment in the Indian cultural context and how they have impacted our community by hosting these conversations in our city. During this session, they will trace four ideas for Indian women’s empowerment - financial independence, women in family business, modern motherhood and the changing role of fathers and husbands.

We thank **Badrunnisa Mahadevan** for being our day facilitator.

We thank **Vidya Gajapathi Raju Singh** for graciously sponsoring this meeting.

RINKU MECHERI

31^{Fri}	<p>04.00^{PM} Hanu Reddy Residences 39/18, Binny Road Poes Garden Chennai 600 086</p>	
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Crafts of the Harappan Civilisation

The ancient Harappan civilisation, also known as the Indus Valley civilisation, was highly advanced. The Harappan people had a finely honed sense of aesthetics and they produced an astounding range of crafts.

Examples of Harappan craft specialisation can be seen in the lapidary work, shell industries, stoneware bangles, ceramics, terracotta figurines, stone and metal figures. The Harappans traded extensively with the Oman Peninsula, Mesopotamia, modern Iran and Central Asia. This fascinating presentation will introduce us to the Harappan craft specialisation and highlight its evolution and important characteristics.

Dr.K.N. Prabhakaran is Director (Exploration & Excavation and Institute of Archaeology) at the Archaeological Survey of India and Guest Professor, Indian Institute of Technology, Gandhinagar . He has carried out intensive analysis and research of Bead making Technology at the Harappan sites.

He has participated in excavations of Harappan culture sites such as Dholavira (Gujarat), Sanauli (Uttar Pradesh) and directed excavations at Rupnagar (Punjab) and Karanpura (Rajasthan). He has contributed numerous papers to various prestigious journals.

We thank **Deepam Ravindran** for graciously sponsoring this meeting.

We thank **Shilpam Kapur** for being our day facilitator.

Please note this is an **evening meeting**.

KAUSALYA SANTHANAM

MANGAI KAMAL

Merry Little Christmas Party



