

1 Mon	05.00 ^{PM} Managing Committee 06.00 ^{PM} Executive Committee	
3 Wed	10.00^{am} to 2.00^{pm} Election	
4 Thu	10.15 ^{AM} Music & Performing Arts	
9 Tue	10.15 ^{AM} Philosophy & Religion	
11 Thu	10.15 ^{AM} Book Discussion	
16 Tue	10.15 ^{AM} Health & Ecology	
26 Fri	10.00^{AM} Annual General Meeting	

To learn more, visit the IWA web site: www.iwachennai.com

1 Fri	05.00 ^{PM} Managing Committee 06.00 ^{PM} Executive Committee The Velveteen Rabbit 52, 2nd Main Road, R.A. Puram Chennai 600 028
--------------	---

Meetings hosted by **Usha Jawahar** and **Mahvash Sait**

**Respectful Homage To
Kamala Prasad**



Past President Kamala Prasad passed away on March 4th, 2019. We are deeply saddened by her demise and pray for strength for her family. May her soul rest in peace.

From the Presidents

Dear Friends,

The IWA year has come to an end and as presidents we have been extremely busy yet have had an enjoyable time building friendships and creating memories.

The Grand Finale was the last event in the 2018-2019 IWA year and it was an evening filled with merriment, laughter and camaraderie. A great big thank you too all of you to all of you present in making this an unforgettable evening.

Coming together is a beginning. Keeping together is progress. Working together is success. Henry Ford.

The theme for this year has truly encapsulated the IWA team. Our Managing and Executive Committees have come together to make this IWA year a resounding success. They have been the driving force to plan and execute our activities during the year and our deepest thanks to them for their participation and dedication throughout the year.

The members of the Managing Committee: Nidhi Kapoor Thadani, Anjali Sacheti, Jeyasree Ravi, Sanyukta Gill, Tehnaz Bahadurji and Manisha Singhee have led from the front and have been integral in allowing us to complete a successful IWA year.

The backbone of IWA, our Activity Chairpersons: **Banu Singh & Rigmor Ekstrand** (Arts & Handicrafts), **Jaya N Mahbubani & Gowri Visvanathan** (Book Discussion), **Nandi Shah & Nalini Pandey** (Cooking Swapshop), **Ritu Sahi & Catherine Reddy** (Current Events), **Deepam Ravindran & Virginie Bompoil** (Health & Ecology), **Somna Sachdev & Sheela K. Sarath** (History, Culture & Tours), **Deepali Goyal & Swati Reddy** (Music & Performing Arts) and **Kausalya Santhanam & Mangai Kamal** (Philosophy & Religion) have worked tirelessly to bring us informative and interesting meetings. We extend our heartfelt gratitude to each one of them, as this IWA year would not have been possible without their dedication and efforts.

Our heartfelt gratitude to the Advisory Committee, Music Committee, Membership Committee and Election Committee for their invaluable guidance and encouragement. Our year went smoothly thanks to your unwavering support.

A special thanks to **Vanitha Mudaliar** for offering her premises to IWA for its registered office and for receiving our mail. A big thank you to **Rani Ananth** for maintaining the IWA blog every month.

We look forward to seeing all of you at the **AGM on Friday, April 26th**. We request those of you who are unable to attend the AGM to write in advance to the Membership Secretary if you wish to seek leave of absence.

Our hearty congratulations and the very best wishes to the Incoming Managing and Executive Committees.

USHA JAWAHAR

MAHVASH SAIT

From the Vice-Presidents

The irony of life is, when you're having a good time, time decides to move in fast forward. This year went in supersonic mode!

Thank you Usha and Mahvash for being amazing leaders who really made us feel like a team by keeping us in the loop every step of the way!

Thank you members of the Managing Committee! It was such an honor to work with everyone. We were like clockwork!

Thank you to all the activity chair people who not only organized interesting meetings for us but also got the blurbs in on time so that we were able to get it to membership in a timely manner.

And thank you dear members for your support and participation in another wonderful year of fellowship and learning!

NIDHI THADANI

ANJALI SACHETI

From the Secretaries

It was a great year of fun that camouflaged as work. Exploring IWA's rich culture in connecting people together has been a memorable experience. The working module where the wheels roll with no friction has made IWA a unique group.

We sincerely thank our Presidents for helping us understand and perform our role better. The responsibilities were simplified leaving no gaps in execution.

We thank the membership committee for all the help extended in recruiting new members.

We thank Ms Usha and Ms Mahvash for including all the committee members from the seed of an idea to the fulfilment of the same. All our opinions were given due attention and consideration.

We wish the future committee a great year ahead.

JEYASREE RAVI

SANYUKTA GILL

From the Membership Secretary

Please return your renewal forms together with your cheque for the annual membership fee of Rs.6050/-, made out to IWA Chennai. Non Indians can pay cash. This can be done at the AGM, by post or hand delivered to the Secretaries. The closing date for returning completed renewal forms is 30th June 2018.

To ensure our records are upto date, please complete all sections of the renewal form accurately.

Please tick the appropriate box for sponsorship in the renewal form.

In the case of Non-Indians who are leaving Chennai, please send a letter or email informing us that you will not be renewing your membership. This will enable us to fill your slot with another interested candidate.

All members are reminded that they should inform us in writing or by email if:

- a) They will be absent for the AGM, prior to the AGM.
- b) If they are likely to be absent for a month or more from IWA. This should be done prior to or at the beginning of each long absence.

JAYASREE RAVI

From the Treasurers

This has been another wonderful IWA year, filled with many splendid experiences. We've enjoyed standing beside the Activity Chairpersons and along with the Managing Committee, and keeping them tight on the financial and attendance records. Thank you all for your unstinting support.

As always, we've learned so much in this role. One never ceases to be amazed at the high standard of events IWA can pull off on a shoestring budget. Presidents Usha and Mahvash have led the way with their low-budget high-energy Board meetings.

The increased incomings in terms of annual fees have made funding the Activity meetings more efficient. And computerization has streamlined the attendance records.

As the year closes, we look forward to passing the mantle to the new Treasurers, and offering them our best wishes and any support they may want, as they do their bit to drive IWA onwards and upwards.

TEHNAZ BAHADURJI

MANISHA SINGHEE

From the Election Committee

Based on the nominations received for candidates for office bearers on the Managing Committee 2019-2020, we are happy to declare that the following members have been elected unopposed to the posts mentioned against each:

	INDIAN	NON-INDIAN
President	Nidhi Thadani	Anjali Sacheti
Vice President	Jayasree Ravi	Manisha Singhee
Secretary	Tehnaz Bahadurji	Shobha Jesudasen
Treasurer		Sanyukta Gill

Our Congratulations and best wishes to them for a successful term.

Election will be held for the following post:

Post	Candidates (in alphabetical order)
Treasurer –Indian	Sadiya Khaleel Usha Moorthy

Voting shall take place on **Wednesday, 3rd April 2019 from 10 am to 2 pm.**

at
Talking Technologies Pvt.Limited
857, Poonamallee High Road
Kilpauk, Chennai 600010

Votes will be counted thereafter and successful candidates for the above post will be announced.

Chair person	Princess Naik
Members	Thayabae Kakar Poonam Lalchand Maureen Hudson Murari Nita Reddy
Ex-Officio	Usha Jawahar Mahvash Sait

Note: Attendance will be added to your account for 2019-2020.

4th Thu	10.15 A.M Curio Play 3, Ananda Road Alwarpet Chennai 600018	
---------------------------	--	---

A Soulful Morning

Come and enjoy a calm relaxed morning with songs about everyday life, untold secrets of our lives and the truth - through the time bending lyrics of the mystic saint poets from the Bhakti and Sufi traditions.

The vocalist and composer, **Vedanth Bhardwaj** is well-known for singing songs from the Bhakti tradition- songs of Mirabai, Guru Nanak and Kabir adding his own twists to the tunes. He has a unique style that blends Indian classical and folk music.

Vedanth Bharadwaj has been pursuing music as a full time career for the last eight years. He has formally learnt Carnatic classical music for over fifteen years from Sri Neyveli Santhanagopalan and currently under the tutelage of Sri Ramamoorthy Rao for advanced Carnatic and Hindustani vocal training for the last eight years. He is a qualified guitarist from the Trinity College of Music, London.

We thank **Gowri Viswanathan** for her help in facilitating this event.

DEEPALI GOYAL

SWATI REDDY

Our heartfelt congratulations to **Naina Shah**, for being awarded by The Government of India- First prize "National Water Award", for a project designed by her company for the cleaning of the Kundalhalli Lake in Bangalore.

<p>9 Tue</p>	<p>10.15 AM Madras Club 8, Adyar Gate Club Road R.A. Puram Chennai 600 028</p>	
---------------------	---	--

Temple Tanks of India

The temple-tanks of India are water bodies associated primarily with religion, but they serve as important water-harvesting units too. The architects of ancient and medieval India had designed and built these tanks in such a way that they are not only beautiful architectural structures but also serve a utilitarian purpose. This talk will focus on temple-tanks in various parts of India and also on irrigation tanks created by kings.

With summer upon us benefit from a fine shower of knowledge blending history, tradition, religion and art!

Chithra Madhavan has a Ph.D. in Ancient History and Archaeology. Recipient of two post-doctoral fellowships, she has authored eight books and several research papers. She is guest-faculty at Kalakshetra Foundation, the Asian College of Journalism and DakshinaChitra.

We thank **Jayashree Manradiar** for graciously hosting this meeting at Madras Club.

We thank **Usha Moorthy** for sponsoring the audio visual equipment.

We thank **Sadiya Khaleel** for being our day facilitator.

KAUSALYA SANTHANAM

MANGAI KAMAL

<p>11 THU</p>	<p>10.15 AM Focus Art Gallery Raja Annamalai Building (Air India Building) 19, Rukmani Lakshmi pathi Road Egmore, Chennai 600 008</p>	
----------------------	--	---

The Autobiography of a Thousand Languages

Is it true that you speak one, two or more Indian languages fluently, but do most of your reading in English? This is largely due to our education during the modernization of India, over three generations. Are we not then, in some sense, home-grown exiles, i.e. living like refugees in our own homes? Yet the paradox of history is that it is for this group of Indians that English-language publishers have created a phantom literature that is neither English nor an indigenous Indian language: it is a third literature that is both beautiful and problematic — **India Translated**.

Come, open yourself up to different perspectives and varied tongues in a new venue. Our speaker, Ms **Mini Krishnan** will share treasures waiting to be uncovered - and to delight. Her talk will also include literature by writers, marginalized by society. She edits translations for Oxford University Press (India), sourcing fiction, plays, travelogues, autobiographies and biographies from 16 Indian languages. To date she has edited 106 full-length translations. She writes two columns for The Hindu: (1) **This Word for That** in the Literary Review and (2) **Ethics & You** in Education Plus. She also selects short fiction in translation for the Frontline.

We thank **Shobana Reddy** for being our day facilitator.

JAYA NARAIN MAHBUBANI

GOWRI VISVANATHAN

<h1>16^{Tue}</h1>	<p>10.15^{AM} The Folly Amethys Whites Road Next to Corporation Bank Royapettah, Chennai 600 014</p> 
---------------------------	--

Heart of the Matter

Understanding heart disease ...

There are many types of heart diseases and each one has its own symptoms and treatment. For some, lifestyle changes and medicine can make a huge difference in improving health, while others may need surgery to make their ticker work well again.

Our speaker, **Dr. G. Sengottuvelu** is the Senior Consultant & Interventional Cardiologist at Apollo Hospitals. A graduate from Madras Medical College, Internal Medicine, DM and DNB in Cardiology, Dr Sengottuvelu did his fellowship in interventional cardiology in a prestigious institute in France with world renowned Dr Marie Claude Morice. He is recognized for his pioneering work in complex coronary and structural interventions and has performed over 15,000 procedures in the cath lab. A highly accomplished interventional cardiologist and a key opinion leader in India on complex stenting and valve interventions. He initiated and performed the first transcatheter valve replacement at Apollo Hospital in 2015.

He has over 100 publications and his work has been accepted and published in world renowned journals. He has authored chapters in several text books and over 300 abstracts and case studies in several conferences around the world. His scientific reputation is rated high among his peers in the Asia pacific region.

We thank **Vanitha Rajkumar** for being our day facilitator

DEEPAM RAVINDRAN

VIRGINIE BOMPOIL

“QUINTESSENTIAL VARANASI AND LUCKNOW UNCOVERED”

Despite security concerns in the Northern airports, 16 irrepressible women (and two brave men) headed to **Lucknow** and **Varanasi** to find our salvation in the holy waters of the **Ganges** and also embarked on a weavers and food trail that kept us asking for more! Our guide **Pankaj** at **Lucknow** spoke a distinct ‘Hinglish’, and we found ourselves mulling and chuckling over certain words to make sure we got it right!

The first stop was the **La Martinière** School set up by **Maj. Gen. Claude Martin**, the richest Frenchman in India, a bachelor who used his wealth setting up three premier educational institutions in his memory. The school had beautiful spaces and timeless architecture. While there **“Kaargil Girl”** was being shot on the premises that had the perfect backdrop for a Bollywood dance number.

We ran into our friends from Chennai at the magnificent **Bara Imambara** and it was wonderful to see happy smiles all around.

Pankaj led us effortlessly through the Maze **Bhulbulaiya** to the terrace without a single misstep. As always, and I am a guilty party here, we had to discipline the photographers amongst us so they stuck with the group and did not get swallowed up by the darkness of the maze.

It was a pleasure to witness the banter between our two couples.

Sheela prodding Sarath to stay with the group and not wander off to see the architectural detail, and Nalini keeping an eagle eye on Doc so he did not over-exert himself.

A visit to the **Kotwara House**, the heritage home of **Raja Muzaffar Ali** and designer **Meera** transported us back in time. We were treated to excerpts of his classic film **Umrao Jaan** with heroine **Rekha** once again mesmerizing us with her beautiful eyes. The sumptuous banquet with a curated menu comprising of traditional Awadh food by cooks who have served in the family for generations. The pristine white table linen, rose petals surrounding candle lights, immaculately uniformed waiters, took us back to another era of **‘tehzeeb’** and **‘adaab’**.

No trip is complete without an authentic shopping experience! At **“Ada”** and **“Sewa”** we went berserk. We had a **Sone pe Suhaga** photo op with designer **Tarun Tahiliani** who sources his **chikankari fabric** from here. In typical Nawabi style, Abid at Lucknow and Nona

Zeenat at Varanasi gave us a private display of their collections of **Chikankari** and **Benaras Silk**, which was received well by our fellow travellers.

We hit the food trails with separate culinary bliss points for the **"veggies"** and the **"meaties"**. The **veggie** trail, which I embraced, was at lunch time through the old lanes and crumbling facades of labyrinthine Lucknow. Food was excellent and the **kulfis** rolling and rocking in a huge iron pot filled with crushed ice was a memorable vignette. The "meaties" were on a high after a visit to the **"Asli Tunday Kabab"**, the melt in the mouth **Galoutis** were yummy as were the **Nihari Kulchas!**

Being the last day of **Kumbh**, we could not enter **Allahabad** because of lakhs of pilgrims who were already in the city for the **shahi snaan**. Thanks to **Sunita Shahaney** who had the final say - we didn't dare risk it.

We proceeded to **Varanasi**. The **ghats** welcomed the huge tourist population that landed up in Varanasi after the Kumbh. Of course the traffic and honking were merciless and made us tone-deaf. One is grateful that **Lord Shiva** was watching over his city and kept our trip free of mishaps.

The drive to the **Buddhist city of Sarnath** was well worth our time. The museum had the original **Ashoka Chakra** that appears on our tiranga and the monolithic lion emblem which is a part of our currency. The collection of exhibits in the Sarnath museum were exquisite, in particular the majestic standing Buddha. The ancient ruins of the Buddhist era together with the huge iconic stupa were a sight to behold.

Varanasi can move you and make one misty-eyed... the boat rides on the Ganges at sunrise and sunset, the clean water, the 84 ghats which shone with their divinity, and the undimmed fervor and faith of the devotees was truly mesmerising. Later that night, where did half of the ladies disappear before entering the **Brijrama Palace?** (Hint – to see these holy men who are the iconic and unique mudra of Kumbh). Legend has it that they come to **Benares** at the end of **Kumbh Mela**. What a sight to behold !!

Bollywood was present everywhere we went. Actors and reputed singers were staying at our hotel in Lucknow as well as at the **Brijrama**

Palace. Our star-struck ladies happily posed with the celebrities for photos which they charmingly obliged.

The promise of shopping turned us into animated and energetic creatures. Of course **Benares** and shopping go hand in hand. On the day of our departure we organized ourselves into hit squads and dispersed with military precision in various directions to maximize shopping time before heading to the airport.

We are grateful

- * to the Lord and Lady Almighty for enabling a fun eventful dream trip
- * to Sunita for advising us wisely
- * for a wonderful darshan in Varanasi despite 60 lakh pilgrims in town.
- * to our brave men, Sarath and Doc, for bearing with us
- * to the entire IWA Committee, Vish and Pritom of Footprints for the meticulous planning and detailing
- * the food- induced coma : Jalebis, kullar chai, harabhara, shami and galouti kebabs, puri/kachori aloo, dal, Kadakh rotis, kaasta, tandoori and missi, topped with Banarasi pan!

We returned satiated and happy. Thanks to all fellow-travellers for a super-duper time.

RAMANI REDDY



Annual General Meeting

Notice is hereby given that the IWA Annual General Meeting will be held on **Friday, April 26th, 2019** at the following address:

**AVM Rajeswari Kalyana Mandapam
No.97, Dr. Radhakrishnan Salai
Mylapore, Chennai 600 004.**

REGISTRATION AND REFRESHMENTS: **10.00 a.m.**

AGM commences: 10.45 a.m.

The Agenda for the meeting is as follows:

Welcome Address	Mahvash Sait
Passing of 2018 AGM Minutes (sent out by E-mail)	Sanyukta Gill
Secretary's Report	Sanyukta Gill
Membership Secretary's Report	Jeyasree Ravi
Treasurer's Report	Tehnez Bahadurji

Adoption of the Audited Accounts
for the year 2018-2019

Appointment of Auditors for 2019- 2020

Special Resolution to amend Clause 10 D
of the existing Bye-law

Special Resolution to reduce the Admission
Fee for Non-Indian members

Any Other Business

Remarks by the outgoing President	Usha Jawahar
-----------------------------------	---------------------

Introduction of the Election Committee	Princess Naik
--	----------------------

Presentation of the New
Managing Committee 2019-2020

Address by the incoming Presidents	Nidhi Kapoor Thadani & Anjali Sacheti
------------------------------------	--

Introduction of the New Executive Committee	Shobha Hebbar
Vote of Thanks	

Note: Copies of the accounts will be available for members.