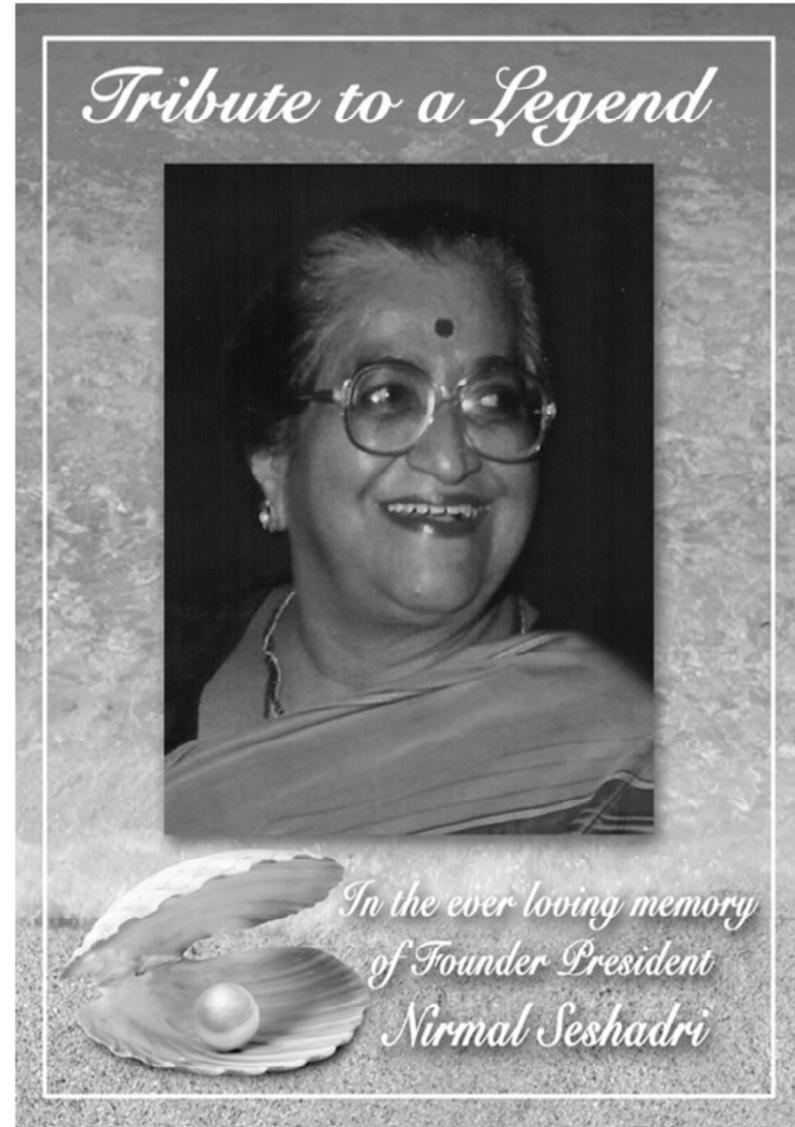


1 Sat	10.15 AM International Music Day 12.00 PM Managing Committee 01.00 PM Executive Committee
4 Tue	10.15 AM Arts and Handicrafts
6 Thu	11.00 AM Philosophy & Religion/Cooking Swapshop
7 Fri	10.15 AM Health & Ecology
14 Fri	04.00 PM Music & Performing Arts
17 Mon	10.15 AM Book Discussion
20 Thu	10.15 AM Current Events
22 Sat	03.00 PM Diwali Mela - Khana Khazana
25 Tue	10.15 AM Cooking Swapshop

To learn more, visit the IWA web site: www.iwachennai.com



From the Presidents

Home is where the heart belongs.

It feels really good to descend on Chennai soil. South America was exhilarating, not a dull moment was incurred as we manoeuvred through capital cities, rainforest, ancient historic ruins, snowy mountains, sacred valleys, scenic lakes, rivers, breathtaking waterfalls..throughly enjoyed but nevertheless happy to be back with all of you.

Festive and eventful month of October unfurls, as IWA continues its 30th year celebrations. **1st of October** is the birthday of our founder and first president **Nirmal Seshadri**.. imprinted as memorable in the IWA calendar, **International Music Day** is celebrated on this day in remembrance of her innate love for music.

We dedicate this month's newsletter to her ever loving memory. Appropriately, a few interesting extracts from her message and some personal nostalgic memories shared by a few of her close IWA friends have been included in this newsletter.

Celebrating her enriching and fulfilling life, **"Tribute to a Legend "** is intended to show our love, gratitude, respect and admiration for dear Nirmal for everything we have received and will continue to receive as long as IWA- Chennai lives on forever more.

Preparations for celebrating **IWA Diwali Mela** are scaling to great heights. **Khana Khazana** tickets are available with all our committee members and also being sold at regular meetings @ Rs 500/- each.

We welcome you to attend and enjoy the festivities of the evening by gracing this special occasion together with your family/friends. Scrumptious high tea to follow **"Chungroo"**- a sensational dance performance by **Roshini Raju** who is trained in both Bharatha Natyam and Kuchipudi.

Personalised telephone directories are printed and ready for dispatch on payment of Rs 300/-. Kindly ensure your copy reaches you.

Special meeting, not to be missed, with **Dr.V. Shanta**, Chairman & Executive Chairman of the Cancer Institute (WIA) Chennai...legendary icon of cancer cure and also the many other fabulous meetings planned by our most dedicated activity chairpersons.

Look forward to your presence, for of course, our Happiness Starts with YOU.

NABILA AVAIS

JANSI KISHORE

1 Sat	12.00 PM Managing Committee
	01.00 PM Executive Committee
	The Raintree Hotel 636, Anna Salai, Teynampet Chennai 600 035

"Melodious Moments ... The Legend lives on ..."



1 Sat	<p>10.15 ^{AM} The Raintree Hotel 636, Anna Salai, Teynampet Chennai 600 035</p>
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International Music Day

International Music Day coincides with IWA founder member, **Nirmal Seshadri's** birthday and as she was an ardent lover of music and in her memory an award has been instituted by her family to be given every year to a promising young musician.

This year IWA is proud to honour **Lydian Nadhaswaram**, a child prodigy. Lydian began to play the drums at the age of two, and at eight, he set his sights on the piano! Now, within two years, he is a wizard. Although his first love is Western classical music, he is equally proficient in jazz or film medleys. Lydian has won several awards, and has been greatly appreciated by musicians all over through the social media and has also appeared in international magazines. Apart from the piano and the drums, he plays the harmonica, mridangam, tabla and kanjeera too with joyful and effortless ease.

We appreciate the efforts of the Music Committee of this year, comprising **Ramani Reddy** (Chairperson), **Sulochana Alexander**, **Gita Chandrasekaran** and **Kiran Rao** who have worked tirelessly in trying to identify a suitable candidate.

Do come to celebrate International Music Day, and encourage Lydian, the pint-size powerhouse of talent, who will be giving a short performance on the piano and the drums.

We express our heartfelt thanks to **Rajini Reddy** for kindly hosting this meeting.

This is a members only meeting.

Note: The recipient is a young child and is sure to get unsettled if members start to leave midway. May we request all of you to please stay until the end of his performance, till the vote of thanks is delivered (about 55 mins).

Appreciate... Thank you.

NABILA AVAIS

JANSI KISHORE

THE MANAGING & EXECUTIVE COMMITTEE

4 Tue	<p>10.15 ^{AM} Hanu Reddy Residences 41/19 Poes Garden Chennai 600 086</p>	
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Escapism in Inner Spaces – Design and Styling Innovations for home and interiors

Design influences behavior, lifestyle and well being. Design influences your subconscious. Join us for a talk by Sruthi C Reddy and Varsha Menon about how design influences everyday living, and how we can interact with it to style our homes and spaces.

Sruthi C Reddy, an architect and graduate of Rhode Island School of Design, is the Executive Director of Ceebros Property Development and plays a key role in the design aspects at Ceebros and The Raintree Hotels. She is also the founder of Ceebros Design works, a firm with a focus on architecture & interior design services. CDW'S work goes beyond interior design services and focuses on a holistic vision which starts from a bare shell to completing the home with not only furniture and fittings, but also extends to co-coordinating linen and even lining up bookshelves.

Varsha Menon is also from Rhode Island School of Design, where she has done her Master of Arts in Interior Architecture. She worked with the international firm Moody Nolan Inc for four years in the US, where she worked on projects contributing and providing input to the architectural design process from conception through to completion. Varsha has recently returned to India to explore new possibilities.

We thank **Achu Kurian** for sponsoring this meeting.

THEJOMAYE MENON

FARAH BANGERA

Our heartfelt condolences to **Usha Jawahar** on the loss of her father.

Treasured Memories – Reminiscences from Friends ...

“Our common interest was music and dance. We were members of the National Centre for Performing Arts where everyday there would be programmes of different kinds of dance and music. Every evening Nirmal and I would attend these performances. We also went to many programmes in the many Sabhas in Bombay. Nirmal was also a Committee member in one of them.

Nirmal was a charismatic person. She had world-wide contacts with eminent musicians and dancers. With just a phone call she would be able to get top artistes to perform.

Those halcyon days are forever etched in my memory, never to be forgotten.”
- Lakshmi Padmanabhan

“Sometime in early '86 Nirmal told me about her idea of starting an organization like Bombay's 'IndUS' in Chennai. She also said that we could start with 6 or 8 members, each putting in Rs.100/- for our Corpus – in those days it was a lot of money! I thought it was a brilliant idea and immediately gave her my contribution of Rs.100/- - hence making me the first one to contribute!!

Nirmal was the force behind the newly formed IWA and a true pillar of strength for me. She would call me every morning and chat – as she did with a lot of others as IWA grew. She had her finger on the pulse of IWA – having been President of Indus in Bombay, she was experienced and had “very long arms”!!

We had a wonderful personal relationship which neither of us took for granted – which is what was so special about our friendship. We found time to meet up in each other's homes for a quick cup of tea and catch up on events and how to steer IWA forward.”

- Sunita Shahaney

“IWA was in its infancy & I remember when Nirmal took over Presidentship she brought in professionalism & dynamism in the organisation. She inspired a lot of us to use our talent to help expand & strengthen the organisation. Finally, it was she who initiated & sponsored the Women of the Year Award which was awarded to women who had done outstanding work in their respective fields.”

- Lily Madhok

“I returned to Madras in early 1985 after 29 happy years in Bombay, a city where my close association with IndUS International gave me some endearing and perhaps enduring memories..

I thought it would be easy to begin a similar organization in Madras. Reality struck me when all I received were evasive smiles and even more evasive remarks about the whole idea. The one person who was very supportive then and who is still very supportive is Kanamma Ranga Rao.”

- Nirmal

6^{Thu}

11.00^{AM}
Mena Hall, Next to AVM
 Rajeshwari Kalyana Mandapam
 101, Dr. Radhakrishnan Salai
 Mylapore, Chennai 600 004



Parsi Wedding Rituals and Celebrations

Parsis are members of a group of followers in India of the Iranian prophet Zoroaster. The Parsis, whose name means “From Persia”, are descended from Persian Zoroastrians who emigrated to India to avoid religious persecution.

Religion is not usually learnt by intense theological study. Rather it is tied into identity and daily practices in the home. The Parsi community follows its own unique systems of ritual initiation of youth, daily prayers, marriages, funerals, and general worship in the temple or at home.

Marriage is very important to the community, believing that, in order to continue the expansion of God's kingdom, they must procreate. Rituals of the matrimonial process include **Rupiahperhavvanoo** (contract), **Adravvanoo** (engagement), **Madavsaro** (mango tree planting), **Adarni** (welcoming of the couple and their trousseaux), and finally, the Lagan (wedding ceremony). Traditional food, clothes and jewellery add colour and excitement. Join us as our own members enact these scenes that most of us have never witnessed.

No Parsi occasion is complete without their traditional food. Our meeting will be followed by a **Parsi sit-down wedding lunch**.

This meeting is limited to 85 members. Please warn in with Bharathi Suresh at 9840048090 or Amulya Rao 9840925343 from October 1st-4th between 9am-12pm and give your preference for vegetarian/non-vegetarian. Please note this meeting starts later than usual.

This is a **members only** meeting.

This meeting would not be possible without the generous contributions of **Tehnaz Bahadurji, Sherry Batliwala, Dhun Dalal, Kaety Dalal, Kashmira Daruwala, Jasmine Kabrajee, Bela Mistry Khaleeli and Sheetal Parakh.**

BHARATHI SURESH
 USHA B. MOORTHY

AMULYA RAO
 RIGMOR EKSTRAND

	<p>10.15 ^{AM}</p> <p>Mahesh Memorial Trust Cancer Institute (Opp. St. Michaels School) Canal Bank Road Adyar, Chennai 600 020</p> <div style="display: flex; align-items: center; justify-content: center;">   </div>
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Dr. V. Shanta ...a legend -devoted to Cancer Care and Research

We are very honoured to have **Dr.V. Shanta** address us about her life long work in cancer care and research.

Her awards, both National and International of which she has more than 70, as well as 13 lifetime achievement awards for her contribution to the advances in management and control of cancer are too numerous to list individually, but certainly attest to the acclaim and respect that she is so deserving of.

Dr.V.Shanta was born in a distinguished scientific family of India in Chennai. Her immediate grand uncle and uncle were both Noble Laureates. She graduated (M.B.B.S.) in 1949, D.G.O. in 1952 and M.D, in Obstetrics & Gynecology in 1955.

In April 1955, she joined the fledgling Cancer Institute, established in 1954 by the Womens' Indian Association Cancer Relief Fund, as its Resident Medical Officer in preference to the Asst. Surgeon's Post in the Women & Children's Hospital, Madras, to which she had been selected by the Madras Public Service Commission.

Her entire medical life over 50 years has been dedicated to the mission of organizing care of Cancer patients, the study of the disease, its prevention and control, the generation of specialists and scientists in different aspects of Oncologic Sciences. She has played an important role along with **Dr. Krishnamurthi** in the development of the Cancer Institute (WIA) from a cottage hospital of 12 beds to a major comprehensive Cancer Centre of national and international stature. She has played a pioneering role in all the achievements of the Institute.

Dr.V.Shanta is at present Chairman & Executive Chairman of the Cancer Institute (WIA) Chennai.

We would like to thank **Adyar Cancer Hospital** for kindly hosting this meeting at their auditorium.

GEETA RAJAGOPALAN

MARIE THERESE TRENT

Treasured Memories – Nirmal as known to us ...

"I met Nirmal in the early 1980's when both of us moved back to Madras. She from Bombay and I from Calcutta.

Nirmal was an excellent organizer. I worked very closely with her in the early years in every committee. I still treasure the handwritten documents from the first ever Committee Meeting in 1986. She would not hesitate to call even as early as 6 a.m. if an idea had come to her. Truly a wonderful lady and a good friend.

We in IWA must thank Nirmal for her foresight, hard work and determination to keep things in the same ideological way."

- Vanitha Mudaliar

"Nimmu Chithi saw me at the hospital where I was born, attended my naming ceremony and was present at every stage of my life. Her husband was my mother Shakunthala's classmate, and she was my mother's best friend. She met her (future) husband P.S. Seshadri at my parents' wedding.

The Seshadris and the Jagannathans spent every weekend together in Bombay and her sons grew up like my younger brothers. Nimmu Chithi met my (future) husband Chinny first, interviewed him, arranged our marriage and sang at our wedding. She had a zest for life and enjoyed whatever she did. And that is how IWA was born, where she looked into every little detail to make sure every programme was perfect. She died soon after IWA's tenth anniversary celebrations. The day before she died she sang the prelude for the film "Indian". She was active till the end."

- Nanditha Krishna

"When Nancy Stempel (the US Consul General's wife) called me, for the first time I got a positive reaction. This friendly American voice was very enthusiastic and she invited me to tea at "River House" that very day. I introduced her and Anneliese Hazari to my old friend Lakshmi Padmanabhan.

Nancy and Anneliese invited me to an Overseas Women's Club meeting. The only person who evinced interest in this plan of ours was the then OWC President, Aruna Vijaykumar (who incidentally is one of IWA's stalwarts now)."

- Nirmal

14^{Fri}	<p>04.00^{PM} E-Hotel Express Avenue Mall Gate 1 Patullos Road, Chennai 600 002</p>	
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The Undercover Agents of Indian Music

This is not just another band. **Aarohi** is the home for musically gifted professionals who wear their suits and sarees by day and metamorphose to rockstars in the night. They sing for pleasure, they sing for a purpose too.

They have raised over 40 lakhs from well wishers for many social institutions like Children with Cancer, Karuna Illam, Rotary International, Little Hearts....

They have been tormented with praise from all over India for notoriously flaunting their talent breaking the barriers of age, career and fatigue. Their vocalists range from lawyers, chartered accountants, business and marketing consultants and ambitious entrepreneurs. Aren't you startled yet? These dreamers are surely Superheroes in Suits, who can also sing!

Expect no less from this rebellion, as you close your eyes and ears to their timeless Tamizh tunes, Bollywood classics, experience this adventurous journey from their cabins to the courtyards. The start, the fall and the glory! Meet and shake hands with India's Pride, Aarohi!

We thank **Seema Bhargava, Asha Murthi** and **Chandra Sankar** for sponsoring this meeting.

Please note this is an evening meeting and will conclude at 5.45 pm.

JEYASREE RAVI

JENNIFER ELDRED

We thank **Sulochana Alexander, Usha Chandrakumar, Archana Meiyappan** and **Shanthi Verghese** for sponsoring our 19th September meeting at Social.

17^{Mon}	<p>10.15^{AM} E-Hotel Express Avenue Mall Gate 1 Patullos Road, Chennai 600 002</p>	
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In Conversation with Christopher Doyle

In his novel, "**The Mahabarata Quest**" the author transports the reader into a fascinating world where ancient secrets buried in legends blend with science and history to create a gripping story.

334 B.C. - Alexander the Great begins his conquest of the Persian Empire that leads him to an ancient secret concealed in the myths of the Mahabharata; a secret that is powerful enough to transform him into a god...

PRESENT DAY - In Greece, an ancient tomb of a queen that has been an enigma for over 2000 years is discovered. In New Delhi, the Intelligence Bureau discovers unexplained corpses in a hidden lab. Vijay Singh and members of an elite task force will need to solve a riddle from antiquity that will lead them to encounter shocking secrets from the past; secrets that will reveal mystifying links between ancient history, the Mahabharata and the ancient enemy with diabolical plans for a future that will hold the world to ransom. But time is running out.....

Let's indulge in a conversation with the author himself to explore the science behind the Mahabharata in this explosive thriller packed with action, puzzles and mysteries from the past. **Doyle** will also give us an insight into his new book - The Secret of the Druids!

We thank **Usha Jawahar** for hosting this event.

HEMU RAMAIAH

EVEYLN MUELLER

Change of Address

Geeta Vasudevan - V14

3A, Abirami Krishna Tulsi
 34/29, 2nd Main Road
 Kasturbai Nagar
 Chennai 600 020

Treasured Memories – Live on in our hearts for evermore ...

"Dynamic, determined and dependable, that's the Nirmal Seshadri I knew for a decade. She nurtured IWA like her own child and created this grand lady we are all proud of.

My personal relationship with her was more like a mother-daughter or shall I say, her confidant. Most mornings, the telephone would ring (no mobiles those times) and needless to say that was dear Nirmal with a bright new idea she had conceived or otherwise to share some incident she was unhappy about. Whatever the subject, it was exhilarating to be able to discuss and agree or disagree with her!

Nirmal had this great vision to bring out the best in any individual.

I still miss dear Nirmal and will always remember her as a very positive and creative enigma!"

- **Aruna Vijaykumar**

"Nirmal Seshadri, Saroja Ramamrutham and I moved from Bombay to Chennai in 1983 and we were all missing the activities of Bombay. I still remember Nirmal asking me and Saroja about starting an all-women's association similar to Indus of Bombay. We were all open to it and it was her vision and good will and determination that resulted in IWA in 1986. My friendship with Nirmal was long standing. She was very fond of my husband Balu since both of them were great lovers of classical music and dance so we used to meet at every concert at the Sabhas in Bombay and Chennai. Nirmal enjoyed good food. She used to enjoy the lunches and dinners at my place.

In the beginning she made me chair Book Discussion, Cooking, Health and Ecology activities. I never refused any position. IWA was an extended family in those days."

- **Vijaya Balasubramaniam**

"I also met Sunita Shahaney. She was absolutely supportive of my idea. My old Mylapore friend Saroja Ramamrutham was visiting Madras and she also promised to help. We had already thought of a name- the International Women's Association.

The 25th of July dawned with all of us in a dizzy spell. Lakshmi Viswanathan danced to a very appreciative audience. Seven of us were the Founders but on the inaugural day, about 32 people signed up. And so began the International Women's Association and the rest is now history".

- **Nirmal**

<p>20Thu</p>	<p>10.15 ^{AM} The Folly, Amethyst Whites Road Next to Corporation Bank Royapettah, Chennai 600 014</p>	
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Women's Safety and the Role of the Family

Everyday we are assaulted with terrible stories of indignities perpetrated on women and children. Our senses recoil at the horrid things we read in the papers and see on our television screens. Stalking has become the new instrument of terror for young girls and women. We worry for our daughters and watch over our sons. This is such a sad, sorry, sordid subject, but we are compelled to face it in today's violent society. We wonder what we can do, and often feel helpless.

But help is at hand. **Anita Mohan** is a Counseling Psychologist, who has much experience of the subject. She has worked extensively in the arena of family and relationship matters, and has witnessed at first hand the anxiety and distress caused in whole families by such situations. She sees the problem from both sides of the gender divide, the victims and the perpetrators, and offers some thoughts on looking out for danger signs, how to address the problem at its root - why some people need violence and how they can be addressed. Most importantly, how each one of us can, actually, make a difference and that family relationships do matter and can exert a vital influence in both prevention and protection. She shines a small ray of light and hope into this dark corner of modern life.

Our thanks to **Malini Krishna** for generously hosting this meeting.

TEHNAZ BAHADURJI

SHOBHA JESUDASEN



Warm welcome to **Rigmor Ekstrand** as the Cooking Swapshop Co-Chairperson

22 Sat	03.00 P.M. Mayor Ramanathan Chettiar Centre 75/2, Santhome High Road M.R.C. Nagar, R.A. Puram Chennai 600 028
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Diwali – Khana Khazana

Fun -Frolic-Festive-Food-Family-Friends

Khana - Delectable food stalls, displaying an array of festive delicacies; choicest variety of current food trends; each one a hand picked speciality.

Khazana - The ever popular “home grown” lucky dip stall (still awaiting your generous gift contributions in cash/ kind) for all the wrapped and packaged surprises and excitement.

Ringling in the festive bells- **“Ghungroo”** a unique combination of Bharatanatyam and Kuchipudi - a dance performance by the mesmerizing budding artist **Roshini Raju** and finally enjoy the scrumptious **High Tea - Flavours of Rajasthan.**

All this and much more....
 ONLY at our glittering Diwali Extravaganza 2016- **“Khana Khazana”**.

We are extremely thankful to **Visalakshi Ramaswamy** for providing us this beautiful venue year after year.

NABILA AVAIS

JANSI KISHORE

THE MANAGING & EXECUTIVE COMMITTEES

Treasured Memories – Inspire, encourage and enlighten

“Nirmal Seshadri and I shared the same birthday and name 20 years plus apart! We met each other in the very early days of IWA's formation through a common Bombay friend! We connected emotionally straightaway! A lot of people will call her their soulmate including me! Such was her ability to connect to people. A brilliant singer (her Bhavani Dayamay would bring anyone to tears!) Having her as a friend and well wisher was one of the nicer phases of my life!”

- **Nirmal Mirza**

“The musical moments that I have shared with Nirmal have been very precious to me, something that I cherish. I first heard Nirmal sing when I was about seven. She visited home with my cousin who was a classmate of hers. I was captivated by her voice, its unique timbre, the depth of feeling it was capable of expressing. Years later we connected, after I got married and moved to Bombay. Our husbands were colleagues and the family connections too went back a long way.

Nirmal took me under her wing and encouraged me to sing in public. We sang together on many occasions, sang for dance performances, travelled abroad - those were memorable days. I learnt a lot by just observing Nirmal sing- the restful, unhurried pace of her music, the subtle nuances she brought to her song were all a learning experience for me. Thank you, Nirmal. I miss you.”

- **Padmini Subramaniam**

“Nirmal was very special to me. She was a rare individual with great warmth and compassion. I shall always cherish her friendship. She has left an indelible impression on me.”

- **Zubeida Asgarali**

Little did I dream that my visit to 'River House' ten years ago would result in such a superbly successful organization. Nancy and I would like to think that the people who came for the inaugural function on the 25th of July could have perhaps said, “We came, we saw, but IWA conquered us.”

- **Nirmal**

<h1>25 Tue</h1>	<p>10.15 AM The Folly, Amethyst Whites Road Next to Corporation Bank Royapettah, Chennai 600 014</p>	
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A Sweet Treat

Not many countries can compare with India when it comes to the variety of sweets we make. More importantly how we have region specific and festival specific treats for the palate!

In this month of festivals, we have put together a meeting for you involving **our IWA ladies** who have come forth with recipes and a two minute talk on the significance of and the region renowned for them. They may also regale you with anecdotes/folklore or personal stories in this connection.

Our member **Rekha Rangaraj** will lead this morning's meeting and also conduct a Sweet Treat Quiz at the end of the meeting.

So come join us ladies; let's spread the sweetness!

We thank **Anita Bhatia, Uma Ganesan** and **Raheela Kareem** for sponsoring the meeting.

USHA B MOORTHY

RIGMORE EKSTRAND

Happiness is a direction, not a destination..it cannot be travelled to, owned, earned, worn or consumed. Happiness is the spiritual experience of living every minute with love, grace and gratitude.

Life is full of choices. Focus on your blessings. Make peace with your past, look forward to the future. You are completely in-charge of how you feel today. You have the power within you to make this present moment HAPPY...Happiness Starts with YOU.

"Nirmal ... you will live in our hearts ... forever more."



We are happy to welcome our new Non Indian members

Caroline Vang Kristensen - V1 Denmark
 'Sumangali House'
 3, Casuarina Drive 23-D
 Neelankarai, Chennai 600 041
 Mobile: +91 80398 08462
 Email: carolinevangk@gmail.com

Caroline Smith - S 7 U K
 F- 190, 9th Street
 Anna Nagar East
 Chennai 600 102
 Mobile: +91 80567 77781
 Email: carolinegouvieux@aol.com

Change of Address

Jaya N Mahbubani - M-5
 7C, Block 2, Rani Meyammai Towers
 MRC Nagar, Satyadev Avenue
 Chennai 600 028

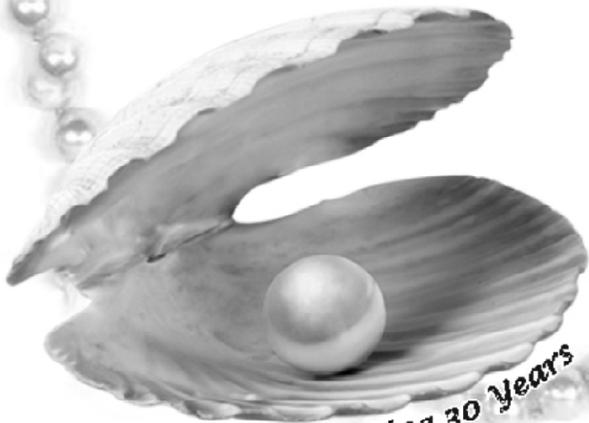
Mahin Rabi Khaleeli - K-11
 C/o Shanti Sadan, Room No.18
 7, Harrington Road, Chetpet
 Chennai 600 031

Our String of Precious Pearls

1986 - 1996 OCTOBER - 2016

<i>Neena Sanghavi</i> 1989	<i>Sheela Sharath</i> 1992
<i>Rukhu Seshasayee</i> 1986	<i>Daksha Sheth</i> 1989
<i>Naina Shah</i> 1989	<i>Sheela Shetty</i> 1992
<i>Sheetal Shah</i> 1989	<i>Vimal Shivdasani</i> 1986
<i>Sunita Shahaney</i> 1986	<i>Kalpana Sonthalia</i> 1993

<i>Nandini Srikanth</i> 1986	<i>Shobana Thomas</i> 1989
<i>Mrudula Srinivasan</i> 1990	<i>Stina Vasu</i> 1986
<i>Vidya Srinivasan</i> 1990	<i>Reena Verghese</i> 1989
<i>Bharathi Suresh</i> 1992	<i>Shanthy Verghese</i> 1988
<i>Lily Swamy</i> 1986	<i>Shirley Verghese</i> 1986
<i>Anuradha Sachdev</i> 1995	<i>Aruna Vijaykumar</i> 1986
<i>Javanthi Singaram</i> 1986	<i>Lakshmi Viswanathan</i> 1990
<i>Mauveen Thadani</i> 1986	<i>Lalitha Zachariah</i> 1986



Celebrating 30 Years