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|---------------|---|
| 1 Wed | 10.00 ^{AM} Managing Committee 11.00 ^{AM} Executive Committee |
| 2 Thu | 10.15 ^{AM} Cooking Swapshop |
| 3 Fri | 10.15 ^{AM} Philosophy & Religion |
| 10 Fri | 10.15 ^{AM} Arts & Handicrafts |
| 14 Tue | 10.15 ^{AM} Health & Ecology |
| 16 Thu | 10.15 ^{AM} Philosophy & Religion |
| 21 Tue | 10.15 ^{AM} Health & Ecology |
| 23 Thu | 10.15 ^{AM} Music & Performing Arts |
| 28 Tue | 11.00 ^{AM} EGM |

To learn more, visit the IWA web site: www.iwachennai.com

From the Presidents

Time does have wings!

Completely absorbed in steering the wheel, exploring the wonderful wealth of treasures in the vast ocean of IWA, sailing steadily towards a promising horizon, little did we realize, the action packed last quarter of our tenure as presidents has dawned!!!

Hope you enjoyed the aura of bygone English elegance at **Vintage Soirée** on the lawns of the beautiful Cottingley, Professor Ramsubramanian's interesting **Endowment lecture** and for the first time in IWA, 30th year special field Polo event "**Horse Power**" on January 30th celebrating the splendor and glory of IWA soaring to great new heights.

Bon voyage to all the ardent IWA travellers embarking on the flight to **Khajuraho, Orcha** and **Gwalior** on February 4th; do pack in our good wishes for a safe enjoyable and memorable journey.

Valentine's Day will be celebrated as a half-day fun-filled workshop with 40 members on "**Live Life with Love**".

Our efficient **Election Committee** under the able chairmanship of **Shobha Hebbar** will be initiating the election procedure. We wish them good luck in appointing new office bearers for 2017-18.

An Extraordinary General Meeting is scheduled for Tuesday, 28th of February. Requesting all members to please attend as your valuable support will be much needed for the future progress of IWA.

You are reminded to kindly make up any shortfall in your attendance, by March end, if you have been notified by our Membership Secretary.

Our **Activity Chairpersons** continue to explore the possibilities of interesting resources to enthral you with exciting meetings as they gallop along with much zest and zeal.

Cheers!! Here's to many more pearly IWA smiles ahead.

NABILA AVAIS

JANSI KISHORE

From the Treasurer

RECEIPTS & PAYMENTS ACCOUNT FOR THE PERIOD
1st April 2016 to 31st December 2016

| RECEIPTS | Amount | Amount |
|--|------------|-------------------|
| To Opening Balance -Cash | 25192.00 | |
| To Opening Balance-Canara Bank SB A/c | 502409.11 | |
| To Opening Balance-Fixed Deposits | 1229869.00 | |
| Sub Total | | 1757470.11 |
| To Membership Subscription | | 604000.00 |
| To New Membership Fees | | 50000.00 |
| To Guest charges | | 25900.00 |
| To Interest on Fixed Deposits | | 66374.00 |
| To Interest on Savings Bank | | 23536.00 |
| To Telephone Directories | | 81600.00 |
| To Diwali Mela | | 27300.00 |
| To Bank Charges | | 172.00 |
| TOTAL | | 2636352.11 |
| PAYMENTS | | |
| By AGM Expenses 2015-2016 | | 57564.00 |
| By Fellowship Morning | | 52000.00 |
| By Meetings | | 78680.00 |
| By Founder's week | | 53000.00 |
| By International Music Day | | 29000.00 |
| By Gift Items | | 24000.00 |
| By Printing and Stationery | | 102261.00 |
| By Postage and Courier | | 21691.00 |
| By Salary to Accountant | | 54000.00 |
| By Bank Charges | | 241.00 |
| By Closing Balance-Cash on Hand | 11175.00 | |
| By Closing Balance-Canara bank SB A/c. | 901232.11 | |
| By Closing Balance-Fixed Deposits | 100000.00 | |
| By Closing Balance-Fixed Deposits | 424354.00 | |
| By Closing Balance-Fixed Deposits | 200000.00 | |
| By Closing Balance-Fixed Deposits | 500000.00 | |
| By Closing Balance-Fixed Deposits | 5515.00 | |
| By Advance paid to Chairperson | 15000.00 | |
| By Tax Deducted at Source | 6639.00 | |
| Sub Total | | 2163915.11 |
| TOTAL | | 2636352.11 |

ASHA MURTHI

Election Sub-Committee

The Managing Committee at their meeting held on Monday, 2nd January 2017, has appointed the following members to serve on the **Election Sub Committee** for election of IWA office bearers for the year 2017-2018

- Chairperson : **Shobha Hebbar** (Indian)
 Members : **Fazeela Nurdeen** (Indian)
 Suchitra Prasad (Indian)
 Sheela Sarath (Non Indian)
 Gowri Visvanathan (Non Indian)

Save the Date - not to miss

**Wednesday, March 8th - Celebrating 30 years of IWA.
 Picnic to C K Ranganathan's Bird Farm on ECR.**
 (Warn in with **Thejomaye Menon, Jayasree Ravi** and **Manisha Singhee**)

**Thursday March 23rd
 IWA Masquerade Ball – ITC Grand Chola**
 (IWA husbands, family, friends are all welcome – guest charges apply.
 Tickets will be on sale shortly)
 Warn in with **Anita Koshy, Asha Murthi**

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| 1 Wed | 10.00 ^{AM} Managing Committee 11.00 ^{AM} Executive Committee Writers Café 98, Peters Road Gopalapuram Chennai 600 086 |
|--------------|---|

Meetings are hosted by **Hemu Ramaiah** and **Evelyn Mueller**

| | | |
|--------------|---|--|
| 2 Thu | <p>10.15 ^{AM} Kapiladasa 3rd Floor (Next to Escape Theatre & Food Court), Express Avenue Mall Patullos Road, Chennai 600 002</p> |  |
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Mangaluru Masala

Mangaluru is a bustling port city, taking its name from its patron deity, Goddess Mangala Devi. It is also known as Tulunadu since Tulu is the main language. This picturesque land with its beautiful beaches, ancient temples and tile-roofed houses is dominated by coconut palms, rolling hills and streams flowing into the Arabian Sea. Mangalorean cuisine has been inspired largely by the mixed culture that constitutes the population of Mangalore. The Shivalli, Bunt, Gowd Saraswat, Catholic and the Muslim or Beari communities have all contributed to give the food a distinctive flavour. Coconut is an integral part of most dishes. Rice is the staple food and is cooked in various forms such as dosas, wafer thin rice rottis and sannas which are like fluffy idlis made with toddy.

Vegetarian Tuluva cuisine has been made popular all over the world by the numerous Udupi restaurants. The Bunts have contributed delicious meat dishes like kori rottis and seafood delicacies. The Konkani speaking Gowd Saraswats have made their own contribution to the food of the region. The Catholic cuisine shows Goanese and Saraswat influences and the Beari biriyani is to die for.

Come prepared to go on a gastronomic journey with our IWA members from this region who are very generously hosting a Mangalore morning for you. **Nalini Acharya, Shobha Hebbar, Asha Murthy and Sheela Shetty** are our generous sponsors and will demonstrate several delicious Mangalorean dishes.

This will be followed by a brunch at **11.30 am** very generously sponsored by our member **Tulsi Reddy** at her restaurant **Kapiladasa**.

P.S. The best way to reach the venue is to drive to the basement car park and take the elevator from there to the 3rd floor and follow the details given with the address above. If you want to park your car or get off at the premium parking, in case the gate there is not open, someone from the restaurant posted there will guide you to a side entrance.

USHA MOORTHY

RIGMOR EKSTRAND

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|--------------|--|---|
| 3 Fri | <p>10.15 ^{AM} The Folly, Amethyst Whites Road Next to Corporation Bank Royapettah, Chennai 600 014</p> |  |
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The Buddha Image - Art and Narrative in Ancient India

Most, if not all, of us would agree that it was not through textual treatises or esoteric philosophies that we first glimpsed the divine but through images and symbols placed on altars that evoked a sense of the profound and mysterious. Building upon this notion, our speaker **Sripriya Chithamoor** will use images of the exquisite art and architecture of ancient Buddhist sites such as Gandhara, Mathura, Sanchi, Bharhut, and Amaravati to tell the story of Siddhartha Gautama, the historical Buddha and the message of liberation from desire and sorrow that he carried to his followers. Complementing the narrative will be an elementary discussion of where and when the first images of the Buddha were fashioned as well as an examination of the different styles that evolved in the early centuries. Although Buddhism vanished from India around the 12th century and was subsequently written out of the Indian consciousness, the stunning art and architecture of Buddhist India remains an awe-inspiring and invaluable part of the Indian artistic heritage that needs to be revisited and treasured.

Born and raised in Chennai, Sripriya has spent most of her adult life in Singapore and USA. She holds a Post Graduate Diploma in Asian Art at SOAS in London and studied Indian, Islamic and Buddhist art under renowned and respected scholars in the field.

We thank **Banu Singh** for hosting this meeting.

BHARATHI SURESH

AMULYA RAO

Our heartfelt condolences to **Aseel Mathur** on the loss of her father & mother-in-law.

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| 10^{Fri} | 10.15 ^{A.M} Hanu Reddy Residences 41/19 Poes Garden Chennai 600 086 |  |
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Dressing the Cinderellas and Princes in our movies and all the rest of their team!

What does it take to convince a famous actress, well known for her beauty and well aware of it too, to dress like an unglamorous commoner because her movie character demands it? Diplomacy, gentle convincing, straight talk or confrontation? And what does it take to organise costumes for 200 people in a recreated slum set, and make it look as good as the original?

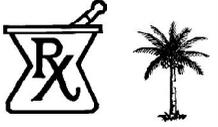
Ask **Anu Parthasarathy**, a name synonymous with cinema, fashion and styling. In her career spanning more than two decades, Anu has styled many celebrities such as Jyothika, Ramya Krishnan, Simran, Shilpa Shetty, Vidya Balan and Siva Karthikeyan and worked for several films such as DUM,DUM,DUM, Panchathanthiram, Vettaiyadu Vilayadu, Mozhi, Abiyum Naanum, Ethir Neechal, Bheema, Adukalam, London Dreams, Phir Milenge, Bhool Bhulaiya and Guru. Apart from feature films, Anu has done numerous celebrity commercials with big names such as RMKV, Nescafé, Aircel, Fanta, Mirinda, Dabur Amala, Parachute oil, Oreo and Saravana stores.

In 2016, Anu was selected as one of the top ten women achievers of the year by the reputed Tamil magazine 'AVAL Vikatan'. She also received the 'best costume' award for 'Remo', instituted by a well known online cinema portal, named as star views film awards 2016.

We thank **Mridula Srinivasan** for sponsoring this meeting.

THEJOMAYE MENON

FARAH BANGERA

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|--------------------------------|--|
| <p>14^{Tue}</p> | <p>10.15 ^{AM} Hanu Reddy Residences 41/19 Poes Garden Chennai 600 086</p>  |
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Live Life with Love

Life is a voyage of self - discovery, Love is a desired destination.

To love another may seem far easier than it is to love ourselves. A general misconception is that to love oneself above another is Selfish.

However Love is the space of deep appreciation for who we are and of accepting all different parts of self. To love ourselves works miracles in our lives.

Each day is an opportunity to choose to love ourselves totally with no expectations. Love is the most powerful healing force there is.

Sara Kachwala facilitates life skills workshops and is a certified professional coach and a licensed Workshop Leader by Heart Inspired USA. Sara is driven by her life purpose of exploring and facilitating the creation of possibilities to discover our inner radiance and live life to the fullest.

Join us for this workshop led by Sara Kachwala. Please note this meeting will conclude with lunch.

We have to limit this experience to **40** members only. **Please warn-in** with **Geeta Rajagopalan** at **9840052899** from **6th – 10th February between 10 am and 6pm only.**

Today's meeting has been made possible by our generous hostesses **Mansha Bhatia, Minnie Mathan, Kamala Muthiah, Sushila Natraj, Meena Rao** and **Sharada Reddy.**

GEETARAJAGOPALAN

MARIE THERESE TRENT

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|-------------------------|---|--|
| 16^{Thu} | <p>10.15 ^{AM} Indira Dutt's Residence The KCP Limited, Ramakrishna Buildings 2 Dr. P.V. Cherian Crescent Road Egmore, Chennai 600 008</p> |  |
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The Philosophy of Love

The whole of February is tinged pink for Valentine's Day, and IWA members should not be laggard in celebrating love in its myriad hues. We encourage members to share with us their own experiences of **Love in My Life**.

This need not necessarily be a romantic love, though, of course, it could be. It could equally be a love for one's pet dog or songbird, or a love of food, or a love of travel or books or the theatre, or a love of music, or first-day-first-show Rajini movies. It could be a love of fitness and exercise, or photography, or baking, or of helping the needy, or of our multifaceted city Chennai. Within the safe walls of IWA, share with us your secret passions, both naughty and nice!

If that has you all zinged up, **please warn in to be a speaker with Amulya Rao by Whatsapp or SMS on 9840925434.**

3-4 minutes per speaker and a limit of 8-10 speakers only, so don't wait too long to sign up!

Please come dressed in **pink**.

Our generous hostess for this event is **Indira Dutt**.

BHARATHI SURESH

AMULYA RAO

IWA Telephone directories are strictly for the use of our members only. We request you to kindly keep them safe to avoid misuse – those of you who wish to collect your personalized telephone directories, please contact **Asha Harish Murthi**. Thank you.

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| 21^{Tue} | <p>10.15 ^{AM} E 160 Tiger Varadachari Road Besant Nagar Chennai 600 090</p> |   |
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Conservation of the Environment for the Future

Soumini Srinivas is a multifaceted conservationist, who is also an educationalist, a competitive billiards player, Company Director and doting Grandmother.

Her terrace garden won 2nd place in the vegetable garden category at the recent Organic Garden Festival. Her plants range from tiny bonsai pomegranate trees to fully-grown fruit trees.

Her garden reflects her interest in conservation and recycling and she describes her garden as food for her soul.

Join us with this fascinating lady to get an insight into working towards turning your locality into a green space so that city living becomes a pleasure and we regain our green spaces.

We have to limit this experience to 40 members only. Please warn-in with Geeta Rajagopalan at 9840052899 from 13th – 17th February between 10 am and 6pm only.

We thank **Soumini Srinivas** for her kindness in hosting this meeting.

GEETA RAJAGOPALAN

MARIE THERESE TRENT

Horse Power

Our heart felt gratitude and sincere thanks to **Jayashree Manradiator, Rashmi Mohindra, Shyla K Rau, Rani Dasgupta, Jo Frogbrook, Rama Rajagopalan** and **Rukku Seshasayee** for kindly sponsoring this event.
 A big thank you to **Badrunnisa Mahadevan** for kindly hosting the TEA in the Marquees.

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|--|---|--|
| <h1 style="margin: 0;">23</h1> <p style="margin: 0;">Thu</p> | <p>10.15 ^{A.M}</p> <p>Vani Mahal, Mini Hall G.N. Chetty Road T.Nagar, Chennai 600 017</p> |  |
|--|---|--|

A Diksha of Ramayana

Diksha Kishore, a young millennium bred modern woman, has Bharathnatyam blessed in her blood. Mentored by Mrs Urmila Sathyanarayanan under the banner of Natya Sankalpa Dance School, this star's Arangeetram was witnessed by geniuses in the industry like Mrs Srinidhi Chidambaram, a Bharathnatyam exponent and Mrs Sheela Lawrence, Principal of Ewarts Higher Secondary School.

An early riser in the world of traditional Indian dance, Diksha is a familiar name in the Chennai famed Margazhi season known for the celebration of music and dance by India's finest artists.

Her feet have graced almost every stage that hosted legends much before her time. Diksha had left her audience mesmerised with her nritta and abhinaya when she was awarded "The Best Performer" by Sri Parthasarathy Swamy Sabha in 2013. Diksha was no stranger to dance lovers in the corporate and sports cult as well. She has performed in FIDE World Chess Championship, Global Investors' Meet and National Petroleum Meet Inauguration Ceremony conducted by the Indian Government.

Watch her perform the legendary story of Ram, Ravan and Sita, as a musical recital called The Glimpse of Ramayana and experience Diksha's demo on fitness and endurance that is hidden by a dancer's captivating grace.

Valli Murugappan and **Beena Rammohan** are our generous hostesses for this meeting.

JEYASREE RAVI

JENNIFER ELDRED

Our heartfelt condolences to **Nandi Shah** on the loss of her brother.

Our heartfelt condolences to **Vijaya Bharathi Rangarajan** on the loss of her father.

NOTICE IS HEREBY GIVEN THAT AN EXTRAORDINARY GENERAL MEETING OF IWA SHALL BE HELD ON TUESDAY, 28th FEBRUARY, 2017, AT 11.00 A.M AT THE MADRAS CLUB.

AGENDA

1. To consider and if deemed fit, to pass the following resolution with or without amendment:

RESOLVED to raise the annual subscription of IWA from Rs. 2000/- per annum to Rs. 5,000/- per annum, with an increase of 10% every year, plus service tax as applicable.

Explanation: It is now 8 years since the annual subscription to IWA has been increased and in view of the escalating costs in recent years, the cost of our monthly meetings has risen exponentially. The current subscription of Rs.2000/- is insufficient to meet our needs.

Our Auditors have advised that the emerging tax trends also make it difficult for us to accept the generosity of our members in sponsoring the meetings without this sponsorship becoming a part of our recorded income, and this in turn bringing us into the necessary compliance of Service Tax/Income Tax.

This increase in our annual subscription will still not meet the expenses incurred in bringing the high standard of meetings to our members. It will however, offset some of the demands on our members for the monthly meetings. IWA WILL STILL NEED SPONSORSHIP.

2. To consider and if deemed fit, to pass the following resolution with or without amendment

RESOLVED to amend No 8 of the Guidelines to the Membership Committee in Annexure 1 of the Bye Laws as follows:

8. The selected applicant shall have the status of a Special Guest for the *current and the next IWA financial year, at the end of which, the Membership Committee shall consider and confirm her membership into IWA based on her involvement in IWA activities. Being a Special Guest does not mean admission into IWA is automatic.*

3. To consider and pass the following Special Resolution

RESOLVED to amend No.2 of the Byelaws as follows. The Registered Office of the Society shall be situated at No.857, Poonamallee High Road, Kilpauk, Chennai – 600 010.

Explanation: Past President Mrs. Vanitha Mudaliar has kindly offered her premises and made available a spacious room on the ground floor to be used as Registered Office of IWA.

We wish to place on record our appreciation and gratitude to our member Mrs. Srikanta Jhaver for graciously making available the use of her premises for IWA Registered Office for the past 4 years.

Nabila Avais and Jansi Kishore
IWA PRESIDENTS 2016-2017

Vintage Soiree - Welcome back fellowship



Every little smile can touch somebody's "Heart"

No one is born happy, but all of us are born with the ability to create Happiness.

BE HAPPY ALWAYS

Change of Address

Shanta Narayan N-14

Sreshta 'Leela'
4th floor, 27 & 29,
4th Main Road (Ramachandra Adityanar Road)
Gandhi Nagar, Adyar
Chennai 600 020

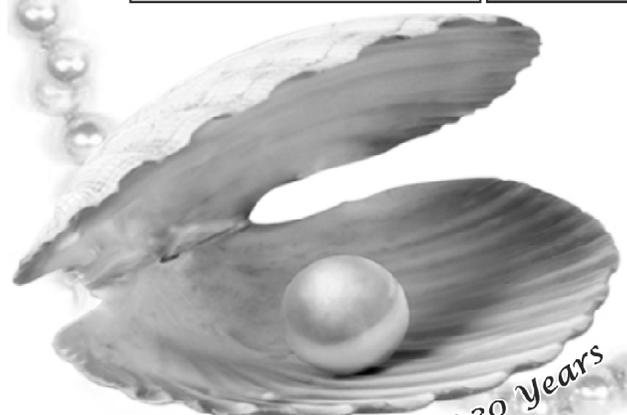
Tried and Tested Recipe for Happiness

1 large Smile
2 cups of Sweetness
A large helping of Positivity
A good sense of Humour
1 cup of Self Esteem
2 spoonfulls of True Faith
A dash of Goodwill and Gratitude
Season with Easy Going Attitude
and a Heart Full of Love and Cheer
Mix everything together with Plenty of Laughter
Bake in our own moderate Sunshine
Sprinkle with Inner Peace
Top it with the Radiance of your Soul
Serve yourself First
For happiness starts with you.

Come with me, where dreams are born, and time is never planned, where fresh new beginnings make you smile, where you can be your own sunshine, where you can do what makes you happy, be with who makes you smile, laugh as much as you breathe, love as long as you live.
Happiness starts with you.

Our String of 2007-2017

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|--------------------------------------|------------------------------------|
| <i>Badrunissa Mahadevan 2007</i> | <i>Rinku Mecheri 2016</i> |
| <i>Jaya Mahbubani 2015</i> | <i>Natsuko Minemura 2016</i> |
| <i>Cathy Maljournal 2015</i> | <i>Sindhura Mommaneni 2014</i> |
| <i>Masaka Maruyama 2013</i> | <i>Usha Moorthy 2009</i> |



Celebrating 30 Years

Precious Pearls FEBRUARY - 2017

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|----------------------------------|---|
| <i>Evelyn Mueller 2015</i> | <i>Hemu Ramaiah 2014</i> |
| <i>Asha Murthy 2007</i> | <i>Meena Rao 2009</i> |
| <i>Shanta Narayanan 2011</i> | <i>Meera N Raghavendra Rao 2009</i> |
| <i>Parvathi Nayar 2016</i> | <i>Deepam Ravindran 2016</i> |
| <i>Sheetal Parakh 2014</i> | <i>Catherine Reddy 2014</i> |
| <i>Sha Patel 2016</i> | <i>Julsi Reddy 2015</i> |