

August at a glance

1 Mon	10.00 ^{AM} Managing Committee 11.00 ^{AM} Executive Committee
2 Tue	10.15 ^{AM} Health & Ecology
4 Thu	10.15 ^{AM} Arts & Handicrafts
10 Wed	04.15 PM Music & Performing Arts
16 Tue	04.00 PM Health & Ecology
18 Thu	10.15 ^{AM} History, Culture & Tours
22 Mon	04.00 PM Philosophy & Religion

To learn more, visit the IWA web site: www.iwachennai.com

24 Wed	04.00 PM Arts & Handicrafts
26 Fri	10.15 ^{AM} Current Events
1 Mon	10.00 ^{AM} Managing Committee 11.00 ^{AM} Executive Committee Cupcake Amore 16, 1st Cross Street Alwarpet, Chennai 600 018

Meetings hosted by **Jeyasree Ravi** and **Jennifer Eldred**

From the Presidents

A million feelings, a thousand thoughts, a hundred memories... but most importantly- Hearts filled with Gratitude.

A befitting tribute to the three glorious decades gone by... as the sunset to a celebration of timeless treasure of memories, a beautiful sunrise dawned to herald a bright new promising future ahead.

We are extremely grateful to all those who contributed their time, effort, assistance and generosity in making our vision of 30th year Founder’s week celebration a much enjoyed unique possibility.

Special words of gratitude and appreciation to **Vijay Goyal, Chandra Seoni** and **Deepali Goyal** for graciously hosting Sunset Jubilations. **Founders and Past Presidents**, who were the real stars of the evening, their whole hearted involvement, support and participation in the entertainment was truly applaudable. **Sherry Batliwala** for her committed guidance and brilliant directorial skills, **Vidya Singh** and **Rekha Rangaraj** for dressing the tables in splendid red/gold grandeur and **members** for your august presence despite the unusual timings.

The **Presidential Parade** was the highlight of the evening. Past Presidents walking down the aisle with their respective newsletter covers on the flags, evoked nostalgic memories.

Soothing, rhythmic multi faith chants by our members followed by a spectacular programme by Kalakshetra Foundation will be imprinted in our memory for time to come.

Thank you dear members for participating and making it spectacular.

Leaping into August, in addition to the regular meetings, our **activity chairpersons** have planned some interesting additional evening meetings. **Krishnashtami** will be celebrated and we would like all of you to join in the festivities.

Reminder to wear your name badges to all the meetings, enabling easy acquaintance.

Your presence until after the “vote of thanks” is delivered will be much appreciated at meetings.

Signing off with a collection of **Happy Moments**.

NABILA AVAIS

JANSI KISHORE

From the Treasurer

**RECEIPTS & PAYMENTS ACCOUNT FOR THE PERIOD
1st April 2016 To 30th June 2016**

RECEIPTS	Amount	Amount
To Opening Balance -Cash	25192.00	
To Opening Balance -Canara Bank	502409.11	
To Opening Balance-Fixed Deposits	1229869.00	
Sub Total		1757470.11
To Membership Subscription		572000.00
To New Membership Fees		35000.00
To Guest charges		4250.00
To Interest on Fixed Deposits		23020.00
To Interest on Savings Bank		6614.00
To Bank Charges		172.00
Total		2398526.11
 PAYMENTS		
By AGM Expenses 2015-2016		57564.00
By Fellowship Morning		52000.00
By Gift and Mementos		24000.00
By Meetings		19180.00
By Printing and Stationery		27629.00
By Bank Charges		241.00
By Salary to Accountant		12000.00
By Closing Balance-Cash on Hand	27825.00	
By Closing Balance -Canara Bank SB	905915.11	
By Closing Balance -Fixed Deposits	100000.00	
By Closing Balance -Fixed Deposits	424354.00	
By Closing Balance -Fixed Deposits	200000.00	
By Closing Balance -Fixed Deposits	500000.00	
By Closing Balance -Fixed Deposits	5515.00	
By Advance paid to Chairpersons	40000.00	
By Tax Deducted at Source	2303.00	
Sub Total		2205912.11
Total		2398526.11

ASHA HARISH MURTHI

2 Tue	10.15 ^{AM} The Folly, Amethyst Whites Road Next to Corporation Bank Royapettah, Chennai 600 014	
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Womb of the Universe - Unleashing the potential of stem cells

Stem cells are some of the body's master cells which have the ability to grow into any one of the body's more than 200 cell types. Such cells contribute to the body's ability to renew and repair its tissues.

There are numerous classifications of stem cells but for this discussion, we will focus on adult stem cells. These cells are your own cells and are found in a number of tissues in your body. Stem cells create specialized cells to repair damaged cells at the site of an injury or replenish destroyed cells as a result of degenerative processes such as arthritis or simply aging.

Our speaker **Dr. Salahudeen** is a Medical scientist hailing from Madurai and while pursuing his doctoral studies at Center for Organ Transplantation at Taipei Medical University he worked on actively finding prostate cancer drug using stem cells.

Dr. Salahudeen has always been an active stem cell researcher and is currently in charge of the Stem Cell Society of India.

We thank **Lalitha Krishnan** for sponsoring this meeting.

GEETA RAJAGOPALAN

MARIE THERESE TRENT

4 Thu	10.15 ^{AM} The Folly, Amethyst Whites Road Next to Corporation Bank Royapettah, Chennai 600 014	
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Threads of Thought – Organic Weaves

The beauty and richness of traditional silk masks the cruel story of its creation. Thousands of silk worms are sacrificed to give us this luxurious fabric. So can we be less cruel, more organic and compassionate, yet have our silk fabric? Thankfully, the answer is 'yes'.

Neesha Amrish is a designer who felt strongly about the environment and about following a non-violent, eco-friendly textile tradition. She uses what she calls guilt free fabrics to create clothes and jewelry. Starting her journey with a one-table workshop, she has worked to revive handlooms and to promote organic silk. This journey has taken her from Chennai to international destinations such as Paris, Tokyo and London, where she was given an opportunity to showcase her creations at the Victoria and Albert Museum, London.

Neesha will be talking to us about some of the rewards and challenges of working with organic material and also showcasing some of her creations.

We thank **Amita Bhatia** and **Padmavathy Gunashekar** for sponsoring this meeting.

We thank **Pushpa Chari** for sponsoring the audiovisual equipment.

THEJOMAYE MENON

FARAH BANGERA

<p>10 Wed</p>	<p>04.15 PM Amir Mahal Bharathi Salai, Royapettah Chennai 600 014</p>	
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Listen to Sufi music like a Queen

This an evening to remember as you can peak into your own soul and realize the sleeping potential that has never been awakened. Welcome **Nikitha Gandhi** as she will take you through this magnificent journey towards your real self with sufi music. Living up with the origin of Bengal and Punjab, Nikitha Gandhi was no alien to Indian rhythms.

As a pearl that shines even among precious stones, the Oscar champ AR Rahman recognised her talent when she sang with the German choir in an Indo-German musical night. He once again rose a new star and introduced her as the voice of Ladio in Shankar's I.

Sufi music deserves to be sung in a ground that suits its mystical nature. **Amir Mahal**, the ethereal palace of Chennai, the residence of the Prince of Arcot Nawab Abdul Ali, is where your musical transformation will take place. The magnificence of this architectural masterpiece, the subtle nuances one can experience when the lights dim and the music flows, then the ambience of His Majesty's durbar simply gets to you. If you can leave the world behind and nourish your soul with the Islamic tunes in a Mughal palace with the *Shahanshah himself*, **this is an evening to remember.**

Come dressed in your Nawabi Splendor - like a Queen.

We thank **Asha Ram Mohan** and **Sadiya Khaleel** for sponsoring this event.

JEYASREE RAVI

JENNIFER ELDRED

<p>16^{Tue}</p>	<p>04.00^{PM} Hanu Reddy Residences 39/28, Binny Road Poes Garden Chennai 600 086</p> 
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Balancing Relationships – Personal and Professional

We are very privileged to have a celebrity mother/daughter duo speak and share their insights into the balancing of their relationships – both personal and professional.

It will be very difficult to put their non-stop achievements in a nutshell as they are one of the pioneers in the field of fertility.

Dr. Kamala Selvaraj was instrumental in pioneering South India’s first test tube baby in the year 1990. She introduced surrogacy to India in the year 1994 when such endeavors were revolutionary. She also pioneered Asia’s first twins born to a woman without a womb. She has received numerous awards including the Rajiv Gandhi Unity, Mahila Shironmani and the Seva Ratna award in recognition of her pioneering work.

Dr. Priya Selvaraj, MD MNAMS MCE a fertility specialist, clinician and embryologist, has more than 15 years experience in the field of assisted reproduction. She commissioned India’s first births of a singleton and twins born from frozen eggs in 2008 and 2009. She has also commissioned South India’s first twin births following pre-implantation genetic screening in November 2014.

We thank **Bina Mathew** for sponsoring this meeting.

Please note this is an evening meeting.

GEETA RAJAGOPALAN

MARIE THERESE TRENT

18^{Thu}	<p>10.15^{AM} The Folly, Amethyst Whites Road, Next to Corporation Bank Royapettah, Chennai 600 014</p>	
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The Street and Area names of Chennai

Barbers Bridge, Beerkaran Street, Bondage and other stories.

Over its 377 years of modern existence, Madras that is Chennai has not only changed its name but also the name of its areas, roads and streets, with some surprising results.

Sriram V, a well-known Chennai historian who doubles up as an entrepreneur and writer, will look at the history of some of these places.

We thank **Dhun Dalal, Jayanti Rajaram** and **Nidhi Thadani** for sponsoring this meeting.

NIDHI THADANI

ANJALI SACHETI

Happiness is not a distant bird somewhere in the bush, it is often perched upon our own shoulder, we fail to recognise it before it flies away.

Happiness cannot be travelled to, owned, earned or consumed..Happiness is the spiritual experience of living every minute with love, grace and gratitude. So enjoy the present, without anxious dependence upon the future.

22^{Mon}	<p>04.00^{PM} 14E Boat Club Road R A Puram Boat Club, Chennai 600 028 Landmark behind Chamiers Petrol Bunk</p>	
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‘Hari Om’

Janmashtami, also known as Sri Krishna Jayanti, is an annual celebration of the birth of the Hindu Deity –Sri Krishna, the eighth avatar of Lord Vishnu. Lord Krishna was born on Bhadra-pada Ashtmi in Rohini-Nakshatra.

Hindus celebrate Janmashtami by fasting, worshipping Sri Krishna and staying up till midnight to offer prayers. Janmashtami is celebrated all over India in different ways from his childhood pranks of Bala- Krishna to Rasa-Lila the highest attainment of communion with the Almighty, and as the Jagat Guru for all his Bhaktas - Lord Krishna is worshipped by humanity at large.

Our member, **Srikanta Jhaver** will talk about the different aspects of Janmashtami.

Please come dressed in shades of Peacock Feathers.

Thanks to **Bharathi Suresh** for hosting this meeting.

Please note this is an evening meeting.

BHARATHI SURESH

AMULYA RAO

True Happiness is not about a big laugh or tears of joy, it's about a simple smile whenever you remember someone who made your life completely happy.

Happiness is your Nature, it is not wrong to desire it, Why seek it from outside, when it is embedded inside you?

<h1>24</h1> <p>Wed</p>	<p>04.00 PM Hotel Park Hyatt 39 Velachery Road Near Raj Bhavan Chennai 600 032</p>	
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Hiranya Garbha – The Goldenwomb

‘Hiranyagarbha’ or the Golden Womb is the first eternal womb from which we emerged. It is self-pervading and engulfs every single element.

Artist **Seema Kohli** ‘s ‘Golden Womb’ series originated from a mantra of the Yajur Veda and expresses the constant creativity that functions throughout the universe. The artist will talk to us about the relationship of her work with this concept and the process of crossover to different mediums for drawing, painting, sculpture, installation and experiential performances.

Seema says, ‘I believe that all creation has emerged out of the feminine aspect of the sun. Prakriti is concentrated in the ultimate being, which is an amalgamation of man and woman, but creation is the celebration of the feminine aspect of that Being. In my work, I have tried to portray the various experiences that one goes through in the creation and evolution of that Being. My works are therefore a contemplation of that state of Being.’

We thank **Park Hyatt** for sponsoring this event.

Please note this is an evening meeting.

THEJOMAYE MENON

FARAH BANGERA

<h1>26</h1> <p>Fri</p>	<p>10.15 AM The Folly, Amethyst Whites Road, Next to Corporation Bank Royapettah, Chennai 600 014</p>	
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The U.S. Elections, 2016 – The Good, The Bad & The Ugly

Any idea what a Caucusus is; or how an Electoral College works, or who a superdelegate could possibly be, or why you have to openly register with a political party for your secret ballot? Well, me neither! The U.S. Election takes over our airwaves and newsprint every four years, though the cliché that the U.S. sneezes and we get a cold is debatable. However now would be as good a time as any to figure out this system that is so different from our own.

The formidable **Jayanthi Natarajan** will guide us through this tangle, and give us her own views of the more colourful than usual characters involved and what the different outcomes could mean for India. Her first-hand knowledge of the inner workings of politics and her personal interest in the U.S. Elections will make this a lively session.

Our thanks to **Ambika Mammen** for generously hosting this event.

TEHNAZ BAHADURJI

SHOBHA JESUDASAN

Hearty congratulations to **Rani Chada** on the wedding of her son **Samir** to **Nina**.

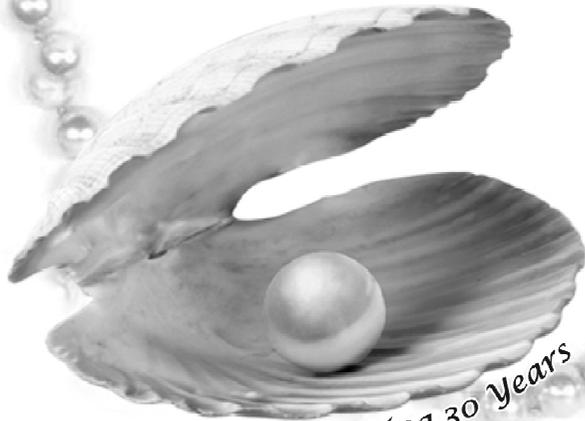
Congratulations to **Nalini Panday** on the birth of her grand-daughter **Kira**.

Our String of
1986 - 1996

<i>Lily Madhok</i> 1986	<i>Shobha Majumdar</i> 1990
<i>Shobha G. Mahitani</i> 1986	<i>Aseel Mathur</i> 1987
<i>Farida Majid</i> 1991	<i>Bina Mathur</i> 1991
<i>Bina Mathew</i> 1987	<i>Jaya Menon</i> 1993
<i>Darley Mathew</i> 1993	<i>Sujaya Menon</i> 1986
<i>Marina Mathias</i> 1986	<i>Meenakshi Meyyappan</i> 1986

Precious Pearls
AUGUST-2016

<i>Nimral Mirza</i> 1987	<i>Meena Muthiah</i> 1992
<i>Asha Mohan</i> 1995	<i>Seetha Muthiah</i>
<i>Shweta Mohapatra</i> 1993	<i>Alagu Muthu</i> 1988
<i>Bilkis Moosa</i> 1990	<i>Princess Naik</i> 1993
<i>Vanitha Mudaliar</i> 1986	<i>Mridulu Narasimhan</i> 1988
<i>Mauveen Murari</i> 1988	<i>Meena Naru</i> 1995
<i>Meyyammai Murugappan</i> 1992	<i>Sushila Natraaj</i> 1992
<i>Valli Murugappan</i> 1991	<i>Rathi Nilakantan</i> 1988
<i>Kamala Muthiah</i> 1989	<i>Fazeela Nurdeen</i> 1993



Celebrating 30 Years