

<b>3<sup>Mon</sup></b>	10.00 <sup>AM</sup> Managing Committee 11.00 <sup>PM</sup> Executive Committee
<b>6<sup>Thu</sup></b>	10.15 <sup>AM</sup> Cooking SwapShop
<b>8<sup>Sat</sup></b>	<b>10.00 <sup>AM</sup> - 02.00 <sup>PM</sup></b> <b>IWA ELECTIONS</b>
<b>12<sup>Wed</sup></b>	<b>04.00 <sup>PM</sup></b> <b>Special Event</b>
<b>17<sup>Mon</sup></b>	10.15 <sup>AM</sup> Book Discussion
<b>19<sup>Wed</sup></b>	10.15 <sup>AM</sup> Music & Performing Arts
<b>24<sup>Mon</sup></b>	<b>10.00 <sup>AM</sup></b> <b>Annual General Meeting</b>

To learn more, visit the IWA web site: [www.iwachennai.com](http://www.iwachennai.com)

**From the Presidents**

Have you ever wondered why the icing and cherry on the top complete a cake? A finishing touch is that which adds extra enhancement, denoting that the job is complete and well done.

For every time this year is remembered, the tingling sweet memories of all the joyous moments, each slice of the delicious cake savoured and relished, must ring a familiar melodious tune of cherished everlasting memories. We have tapped our peak potentials and inner strengths, partnered together to forward march this glorious organization to the best of our abilities.

Our **Grand Finale, Musical Masquerade Ball** at ITC Grand Chola, a resounding success, was for sure the juicy cherry atop this most enjoyable iced cake, IWA's 30th year Celebration. IWA husbands and friends too got a taste of our mingling and unfiltered fun!

Woman's day picnic, lavish lunch and fun at Cavin Solai bird paradise, face to face with the iconic CKR was an amazing experience thoroughly enjoyed by all who attended.

Early morning High Court Heritage Walk, curated especially for IWA, made us indeed proud and appreciative of our heritage and timeless architectural delights.

Dr Mohan Agashe's movie Astu, addressed the bitter reality of Alzheimer's and left us wrapped in deep thoughts as to the stark reality of life.

Come April, "meet and greet" at just a few more "not-to-miss curtain closure meetings" coming your way.

A mid morning peek into the **Radio Room, Thirst Quenchers** and **Appetizers** for the advent of summer.

**"Never Mind"** an evening of mind boggling fun at Nina Kothari's, our special 30th year celebration, curtain closure event, Mind Matters for sure. Introspection of Bahubali, the epic-movie, high energy western group dance **High Kicks** at Sivagami Pethachi Auditorium are all bound to enthrall and keep your tail end spirits soaring.

Dear members, each and every one of you has carved a very special niche in our hearts this year as we had the pleasant opportunity of getting to know

all of you at close quarters on various occasions, nurturing the ideology of IWA, those of long standing friendship, fellowship and learning with fun.

We have ensured that each of you felt loved, involved, important and wanted - for truly our Happiness this year, did Start with YOU...the bright pearly smiles on your faces gave us reason enough to strive harder and excel in our pursuit of putting our best foot forward always.

As we now sign off with our last newsletter, we can't but help say **"Thank-You"** to all those who contributed in so many ways to make this year even more special.

### **Our Managing Committee Members**

**Badrunnisa Mahadevan** for dealing with the printer, ensuring our monthly newsletter was well presented and brought out on time.

**Anita Koshy** for handling all membership related matters, updating membership records perfectly and writing meticulous minutes of most of our meetings.

**Manisha Singhee**, yes, minutes when in town, but more for her efficiency in coordinating the dispatch of the newsletter, keeping a strict tab on the POD's with the couriers and following up late deliveries from the other end of the globe!

**Asha Murthi** for managing the accounts efficiently, keeping a strict watch over finances, budgeting board events and ensuring payments/receipts were delivered promptly.

**Vicky Tippet** a pleasure to have around, sitting at the registration desk and recording members attendance regularly after every meeting, pleasantly answering attendance queries always, with a sweet smile.

They have all worked efficiently and productively in the background, contributing their valuable services ensuring all our paperwork was orderly. We are ever so blessed to have had a dependable MC, sincerely thankful to each one of them.

A committed and extremely efficient **Executive Committee** was truly a blessing. Their collective efforts, cooperation and unstinted support helped in making this celebration year, even more special. Our **Activity Chairpersons** strived very hard to sieve only the very best resources,

programs, venues for your enjoyment this year, capturing the essence of IWA and ensuring we had fabulous weeks.

Truly appreciate and applaud their hard work, effort and toil.

### **Arts & Handicrafts**

With their elan and creativity **Thejomaye Menon** and **Farah Bangera** have woven a grand tapestry highlighting among several others, guilt-free fabrics of Neesha Amrish, the ethereal creations of Seema Kohli and the inimitable Ritu Kumar.

### **Book Discussion**

The erudite team of **Hemu Ramaiah** and **Evelyn Mueller** scripted the perfect calendar for us by bringing us variety in the form of movies like the Reluctant Fundamentalist and thrilling novels like Mahabharata Quest, dripping with historical facts.

### **Cooking Swapshop**

The efficient Culinary Queens **Usha Moorthy** and **Rigmor Ekstrand** dished up such hot and sweet fare of international flavours for us this whole year. Tex Mex, Mangaluru Masala, Parsi cuisine right down to when we literally had a hand in cooking making the exotic gnocchi in marinara sauce!

### **Current Events**

The effervescent and robust team of **Tehnaz Bahadurji** and **Shobha Jesudasen** brought forth very-much-in-the-news topics such as Women's Safety, Driverless Cars, US Elections, Brexit and the much debatable Demonetization as analyzed by Mr. Gurumurthy.

### **Health & Ecology**

Poised and confident, the duo **Geeta Rajagopalan** and **Marie Therese Trent** have prescribed the perfect panacea for a healthy and caring planet. Dr Salahudeen's magic of the Stem Cells, Dr Shantha's Cancer Research and understanding Alzheimers through the movie Astu by Dr Mohan Agashe have been outstanding.

**History, Culture & Tours**

The exuberant, energetic twosome, **Nidhi Thadani** and **Anjali Sacheti** have executed 3 unforgettable trips this year to South America, Coorg and Madhya Pradesh. The Global Tea Party, Sriram’s Origin of Street Names, and the early morning High Court walk will all be etched in our memory.

**Music & Performing Arts**

The gentle yet vibrant team of **Jeyasree Ravi** and **Jennifer Eldred** have orchestrated an enchanting symphony encompassing Nikitha Gandhi’s Sufi music, Swetha Suresh’s incredible whistling, Diksha Kishore’s intricate footwork to Bhavayami Raghuramam and the gargantuan Cello of P S Ramachandran.

**Philosophy & Religion**

**Bharathi Suresh** and **Amulya Rao**, ebullient and unwavering, sanctified their meetings with celebrations and talks like Eid Milan, Janmashtami, The Buddha Image, Better Version of Yourself by the Venerable Tenzin Priyadarshi.

Our efficient **“Support Team”** members were always around and ever willing to help our activity chairs whenever their assistance and presence was required...indeed grateful to all of them.

**Personalising Fellowship Morning gifts- quicklets and pearls, personalised telephone directories, centerspread** in the monthly news letter carrying all your names accompanied with the year of joining IWA, were our small ways of displaying - we care about you; you matter to us; **“You are Special”**.

The most invaluable pearls this year, all our respected **Past Presidents** have been our invisible guiding force. We were indeed blessed to have them by our side at every step...nurturing and encouraging, ever ready to lend a helping hand. Their expertise and wisdom in all administrative matters were truly applaudable.

**Advisory Committee Members Rupa Kadhiresan, Seema Bhargava, Maureen Murari & Aruna Vijaykumar**, were always

around when advice was needed, gently guiding us with the wisdom of their experience. We especially appreciate their assistance in putting the EGM resolutions together.

**Members of the Music Committee, Election Committee and Membership Committee** were extremely well versed, efficiency personified. Most grateful for their collective support and conscientious decision making.

A special thank you to **Vanitha Mudaliar for graciously opening her generous heart and home, offering to host IWA registered office**, and to **Rani Ananth** for continuing to update the IWA blog periodically.

Once again we wish to thank all of you, for it is only with your participation and encouraging appreciation we are able to sign off with a deep sense of gratitude and satisfaction.

We will always cherish the memories of having steered the IWA 30th year celebration wheel.

We look forward to seeing you all at the **AGM on April 24th at the Park Hyatt, Velachery at 10.00 am.**

Hearty Congratulations and Good Wishes to our successors and their team of incoming office bearers. We wish them all the very best for a fabulous tenure. Be assured of our support whenever required.

NABILA AVAIS

JANSI KISHORE

<b>3 Mon</b>	<p>10.00 <sup>AM</sup> Managing Committee                  11.00 <sup>AM</sup> Executive Committee</p> <p><b>Residence of Manisha Singhee</b>                  10, “Paxina”                  Bishop Waller’s Avenue                  CIT Colony, Chennai 600 004</p>
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Meetings are hosted by **Anita Koshy** and **Manisha Singhee**

### From the Vice President

It's that time of the year to bid adieu to a marvelous 30th year at IWA. The task of putting together this unique manifesto, 'the IWA Newsletter' was most stimulating for me. The Activity Chair Persons who heeded to every requisite month after month with their exciting blurbs - A big thank you!

To the Presidents Nabila & Jansi, I will always be indebted for their guidance and support in carrying out my responsibility with ease. I am overwhelmed with warmth and gratitude.

'A grateful heart & a thankful smile' is all I want to convey to the Managing Committee, the Executive Committee & every member in IWA for a year of camaraderie and bonhomie in keeping with the true spirit of IWA.

BADRUNNISA MAHADEVAN

### From the Secretaries

This year has been one long celebration with IWA turning 30. Being secretaries has been an exhilarating experience. It has given us an insight into the working of the Organization.

We would also like to thank each person from the Managing Committee- Presidents Nabila and Jansi, Vice President Badrunissa, Treasurers Asha and Vicki- for all your support and guidance.

ANITA KOSHY

MANISHA SINGHEE

### From the Membership Secretary

Please return your renewal forms together with your cheque for the annual membership fee of **Rs. 5750/-** inclusive of tax, made out to **IWA Chennai**. Non Indians can pay cash. This can be done at the AGM, by post or hand delivered to the Secretaries. The closing date for returning completed renewal forms is **30<sup>th</sup> June 2017**.

To ensure our records are up to date, please complete all sections of the renewal form accurately.

Please tick the appropriate box for sponsorship in the renewal form and do oblige when approached by the chairpersons, with the same amount.

In the case of Non Indians who are leaving Chennai, please send a letter or email informing us that you will not be renewing your membership. This will enable us to fill your slot with another interested applicant.

All members are reminded that they should inform us in writing or by email if :

- a) They will be absent for the AGM, prior to the AGM.
- b) If they are likely to be absent for a month or more from IWA. This should be done prior to or at the beginning of each long absence.

ANITA KOSHY

### From the Treasurers

Celebrating the 30th year, set the stage for an eventful and exciting year. Happy to have got this opportunity to serve as Treasurers. The time has come to say Thank You to all who have contributed as home sponsors or as sponsors this year.

Thanks to the activity chairs for meticulously planning their budgets and presenting on time every time!

Thank you Presidents Nabila & Jansi and the Managing committee for your tireless effort and dedication throughout the year.

In keeping with our theme 'Happiness starts with you' many beautiful bonds have been formed between us members.

We wish the incoming committee the very best!

ASHA HARISH MURTHI

VICKI TIPPET

## Elections

The Election Committee has submitted its report for election of IWA's office bearers for the year 2017 – 2018. The voting will be at the following address:

**Talking Technology Pvt. Ltd.**  
857, Poonamallee High Road  
Kilpauk, Chennai – 600010.

NABILA AVAIS

JANSI KISHORE

## From the Election Committee

Based on the nominations received, we are happy to announce that the following members have been elected unopposed to the posts mentioned against each:

	<b>Indian</b>	<b>Non-Indian</b>
President	<b>Badrunnisa Mahadevan</b>	<b>Farah Bangera</b>
Vice President		<b>Mahvash Sait</b>
Secretary		<b>Anjali Sacheti</b>
Treasurer	<b>Jeyasree Ravi</b>	<b>Manisha Singhee</b>

Our congratulations and very best wishes to them for a successful term.

**From the Election Committee**

**Elections will be held for the following posts:**

<b>Post</b>	<b>Candidates</b> (Names in alphabetical order)
<b>Vice-President – Indian</b>	Kausalya Jaganmohan Usha Jawahar
<b>Secretary - Indian</b>	Usha Moorthy Nidhi Kapoor Thadani

Voting shall take place on Saturday, **April 8<sup>th</sup>, 2017 between 10 am and 2 pm** at:

**Talking Technology Pvt. Ltd.**  
857, Poonamallee High Road  
Kilpauk, Chennai – 600010.

On completion of counting of votes, successful candidates for the above two posts shall be announced.

- Chairperson : Shobha Hebbar**
- Members : Fazeela Nurdeen**  
**Sucharitha Prasad**  
**Sheela K Sarath**  
**Gowri Visvanathan**

**\*Please note Election day attendance is given for the up-coming year**

<b>6</b> Thu	10.15 <sup>A.M</sup> <b>Radio Room</b> 94, Satyadev Avenue MRC Nagar Chennai 600 028	
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## Thirst Quenchers & Appetizers

As we come to the end of the IWA year and summer is very much upon us, this meeting appears timely!

Summer's hot days and warm nights can make even the most dedicated water drinker reach for a thirst quenching juice or a mocktail. We have for you today professional mixologists in Radio Room showcasing 12 different mocktails with very interesting ingredients!

Started by young entrepreneur **Muthu Venkatachalam** and Chef cum food entrepreneur **Sandesh Reddy** with three other young partners just seven months ago, the **Radio Room** is well known for the excellent drinks, unique finger foods and snacks. We will watch the magic they whip up and taste some of their goodies this morning and take back some lessons for us to create similar magic at home.

**RenuJalan, Meenakshi Meyyappan, Rathi Nilakantan, Sucharita Prasad** and **Nirupa Sundaravadanan** are our gracious sponsors and we thank them for their generosity.

USHA MOORTHY

RIGMOREKSTRAND

**P.S.: Somerset Greenways Side entrance, take the road opp. the Apollo Spectra and the entrance is Opp. Jains Sagarika Apartments**

**Geeta Rajagopalan** and **Marie Therese Trent** thank **Suma Eapen** and **Dolly Prasad** for also sponsoring their meeting in March "Developing Awareness Through Entertainment".

<b>12</b> Wed	04.00 <sup>P.M</sup> <b>Nina Kothari's Residence</b> "Kothari Bagh" 18, Mahatma Gandhi Road Chennai 600 034	
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## NEVER MIND-It's all in the MIND

**Mentalism** is a performing art in which its practitioners, known as mentalists, appear to demonstrate highly developed mental or intuitive abilities ...

**Arun** is a fun mentalist and a winner of the prestigious International Merlin Medal. His endearing passion for magic & mentalism and his determination to achieve excellence in this intriguing field made him take it up as a profession, despite having been attacked by polio at the tender age of one. He considers his disability as a motivational factor, pushing him to soar higher to hone his skills in the world of magic, mind reading and mystery. Arun will perform an interactive mind reading act **specialty crafted for IWA**.

It is a fun-filled show imbued with wit and humor . Arun will amaze us with his mind reading skills and entertain with his intuitive abilities.

**Never Mind is a show which will never leave your MIND!!**

**A Special 30th Year Celebration, Curtain Closure Event over high tea.**

We are immensely thankful to **Nina Kothari** for her effort in putting this event together and most graciously hosting it at her lovely home.

**This is a members only meeting.**

NABILA AVAIS

JANSI KISHORE

THE BOARD

<b>17</b> Mon	<p>10.15 <sup>A.M</sup>  <b>The Folly, Amethyst</b>                  Whites Road                  Next to Corporation Bank                  Royapettah, Chennai 600 014</p>	
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## The story behind the epic movie – Bahubali.....What happened even before the beginning?

When five-year-old Sivagami witnesses her father being branded a traitor and executed by the Maharaja of Mahishmathi, she vows to one day destroy the kingdom. At seventeen, she recovers a manuscript from her crumbling ancestral mansion. Written in a strange language called Paisachi, the manuscript contains a secret that may redeem her father or condemn him further.

As Sivagami tries to unravel the secret of the manuscript, she finds that the empire of Mahishmathi is teeming with conspirators, palace intrigues, corrupt officials and revolutionaries. A secret group of warriors under the leadership of a seventy-year-old woman is determined to stop the slave trade. A forest tribe, deeply resentful of having been driven away from their holy mountain three hundred years ago, is preparing to wage war against the king.

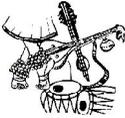
A riveting tale of intrigue and power, revenge and betrayal, The Rise of Sivagami is a befitting prequel to **S. S. Rajamouli's** blockbuster film **Bâhubali**.

**Anand Neelakantan** is the bestselling author of Asura: Tale of the Vanquished, which told the story of the Ramayana from Ravana's unique perspective. He followed it up with the hugely successful Ajaya series. Ajaya Book I: Roll of the Dice and Ajaya Book II: Rise of Kali narrated the Mahabharata from Duryodhana's point of view. Anand has also written the screenplays for various popular TV shows. He has also written for major newspapers. Besides English, he also writes in Malayalam and has published stories as well as cartoons in various Malayalam magazines.

We thank **Shobana Reddy** for sponsoring this event.

HEMU RAMAIAH

EVELYN MUELLER

<b>19</b> Wed	<p>10.15 <sup>A.M</sup>  <b>Sivagami Pethachi Auditorium</b>                  Luz Church Road                  Mylapore                  Chennai 600 004</p>	
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## Put your foot down, it's time to dance!

There is something about dancing. The burst of energy, the happy smiles and a sense of rejuvenation after shaking your legs till time is tired of ticking. But dancing is more than fun, it is an emotion, an expression and a therapeutic experience.

**Aparna Nagesh**, choreographer, a modern-age feminist and an inspiration speaker, brought together her dance school in 2011 right after graduating from Broadway Dance Theatre in New York. She says "I wished to mentor and raise a group of young and strong women who cannot be pinned down by society". She has also launched a series of dance videos that reverberate her motto to the growing teens - Be fierce, be fearless, be true, be tough!

6 rebellious years later, tattered jeans and dancing shoes transformed into a young squad of head held high women. **High Kicks**, still is the only all-girls dance ensemble in Chennai, who went all the way! Aparnaa has also been recognized by Ted X, Brew magazine and many more organizations for her contribution to contemporary dance!

High Kicks has performed in more than 100 events, represented India at the Commonwealth Youth Dance Festival in Scotland and performed in International Dance Festivals in Auroville, Udaipur and Belgium.

Watch Aparna Nagesh and her team perform and enunciate the role of dance as a daily routine and it's influence in your thought process, skills, creativity and your personality as a whole.

We thank **Chandrika Chidambaram** for sponsoring the venue.

JEYASREE RAVI

JENNIFER ELDRED

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Our heartfelt condolences to **Shweta Mohapatra** on the loss of her husband.

**Annual General Meeting**

Notice is hereby given that the IWA Annual General Meeting will be held on **Monday, April 24th, 2017** at the following address:

**Hotel Park Hyatt  
39 Velachery Road  
Near Raj Bhavan  
Chennai 600 032**

REGISTRATION AND REFRESHMENTS:	<b>10.00 a.m.</b>
<b>AGM commences:</b>	<b>10.45 a.m.</b>
<b>The Agenda for the meeting is as follows:</b>	
Welcome Address	<b>Jansi Kishore</b>
Passing of 2016 AGM Minutes (sent out by mail)	<b>Manisha Singhee</b>
Passing of EGM minutes- 28.2.2017	<b>Anita Koshy</b>
Secretary's Report	<b>Manisha Singhee</b>
Membership Secretary's Report	<b>Anita Koshy</b>
Treasurer's Report	<b>Asha Murthi</b>
Adoption of the Audited Accounts for the year 2016-2017	
Appointment of Auditors for 2017- 2018	
Remarks by the outgoing President	<b>Nabila Avais</b>
Any Other Business	
Introduction of the Election Committee	<b>Shobha Hebbar</b>
Presentation of the New Managing Committee 2017-2018	
Address by the incoming Presidents	<b>Badrunnisa Mahadevan &amp; Farah Bangera</b>
Introduction of the New Executive Committee	
Vote of Thanks	<b>Princess Naik</b>

Note: Copies of the accounts and reports of the various activities will be available for members.

Our sincere thanks and appreciation to **Shanthi Thomas** for graciously contributing towards the **Grand Finale - IWA Musical Masquerade Ball**. We also thank **Maureen Hudson Murari, Geeta Vasudevan** and **Gowri Visvanathan**.

**Be happy, not because everything is good, but you can see the good in everything**  
**A Happy life is the result of assuming nothing, doing more, needing less, smiling often, dreaming big, laughing a lot and realising how blessed you are, for everything you possess.**  
**Your Happiness is hidden within yourself, just remove the worries.**  
**Blessed is the person who understands that the reason for praying is not to possess all that he wants but to Thank God Almighty for the Inner Peace and Happiness He has Blessed him with.**  
**Your Happiness Starts ONLY WITH YOU.**

**Philosophy & Religion** would like to thank **Pushpa Lakshman & Kalpana Sonthalia** for their sponsorship of the March 'Holi Hungama' meeting. The gifts at the same meeting were made possible through the generosity of **Urmilla Agarwal, Aasha Reddy, Nita Reddy, Veena Swamy & Mallika Venkataramani**.

**Change of Address**

**Sharmilee Nielsen**  
 Trinity House  
 1st Floor, 179/181 St. Mary's Road  
 Alwarpet  
 Chennai 600 018

**Foodology - Our Sous Chef Members at Work**



**Ritu Kumar - Celebrity Ace Designer Visits IWA**



**Cavin Solai-Woman's Day picnic lunch with the birds and ponies**

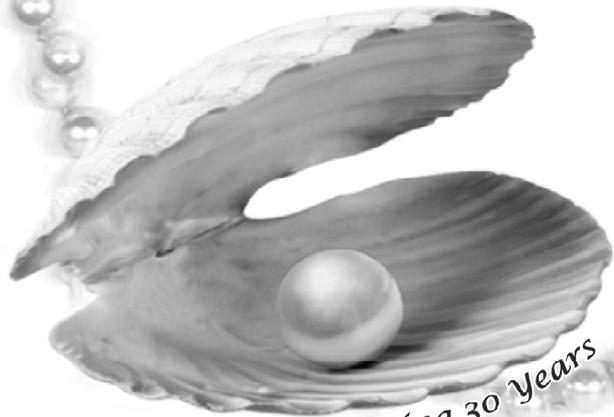


**Historical High Court Heritage Walk**



*Our String of  
2011-2017*

<i>Lakshmi Menon 2011</i>	<i>Sharmilee Nielsen 2014</i>
<i>Thejomaye Menon 2014</i>	<i>Urmila Devi Prakash 2015</i>
<i>Suzanne Miller 2017</i>	<i>Dominique Rastoin 2011</i>
<i>Sabina Narayan 2014</i>	<i>Rajini Reddy 2014</i>



*Celebrating 30 Years*

*Precious Pearls  
APRIL - 2017*

<i>Sweta Saharia 2015</i>	<i>Nirupa Sundaravadanan 2016</i>
<i>Ritu Saha 2015</i>	<i>Nidhi Thadani 2011</i>
<i>Mahvash Sait 2013</i>	<i>Vicki Tippet 2014</i>
<i>Kausalya Santhanam 2011</i>	<i>Marie Therese Trent 2015</i>
<i>Nandi Shah 2016</i>	<i>Mallika Venkataramani 2013</i>
<i>Caroline Smith 2016</i>	<i>Caroline Vang Kristensen 2016</i>
<i>Phyllis Stathis 2011</i>	<i>Radhika Wakharkar 2013</i>