

# Executive Committee

2015 - 2016

## Managing Committee

Presidents	Achu Kurian Malini Krishna	28365083 / 9841144072 24474830 / 9840821460
Vice Presidents	Nabila Avais Jansi Kishore	28264325 / 9962525558 28226395 / 9841589896
Secretaries	Badrunnisa Mahadevan Nalini Panday	26262885 / 9884348463 24610944 / 9841048629
Treasurers	Anita Koshy Mahvash Sait	26562152 / 9840911747 28290329 / 9840624875

## Activity Chairpersons

Arts & Handicrafts	Usha B.Moorthy Sanyukta Gill	42150888/9840074196 9840415677
Book Discussion	Nidhi Kapoor Thadani Amulya Rao	42030842/8939076660 24991272/9840925434
Cooking Swapshop	Asha Harish Murthi ChungmeeKim	28279115/9841020710 8754211435
Current Events	Lakshmi Menon Anjali Sacheti	26216213/9840441623 42069726/9884056000
Health & Ecology	Banu Singh Sushi Goklaney	9841018886 24616552/9840104822
History, Culture & Tours	Usha Jawahar Vicki Tippet	9841025166 8939892138
Music & Performing Arts	Padmavathy Gunashekar Sylvie Wright	24951642/9840819274 9677138382
Philosophy & Religion	Malika Venkataramani Sharon Iles	26212042/9962501620 33661234/9962603832

# Founder Members

Nirmal Seshadri      Lakshmi Padmanabhan      Nancy Dean  
Saroja Ramamrutham      Anneliese Hazari      Sunita Shahaney  
Reva Singh

## Former Presidents

1986 - 1988	Nirmal Seshadri	Nancy Dean
1988 - 1990	Vanitha Mudaliar	Barbara Clarkson
1990 - 1991	Sunita Shahaney	Janet Picken
1991 - 1992	Nirmal Mirza	Stina Vasu
1992 - 1993	Malini Vijayaraghavan	Maureen Hudson Murari
1993 - 1994	Nanditha Krishna	Aruna Vijaykumar
1994 - 1995	Lily Madhok	Margaret Sekharan
1995 - 1996	Zubeida Asgarali	Khinthida Lwin
1996 - 1997	Alagu Muthu	Poonam Lalchand
1997 - 1998	Rupa Kadhiresan	Anneliese Hazari
1998 - 1999	Shyla K. Rau	Megan Utley
1999 - 2000	Gayatri Bewoor	Chandrika Chidambaram
2000 - 2001	Javanthi Singaram	Eira Doshi
2001 - 2002	Rani Chada	Seema Sait
2002 - 2003	Kusum Chadda	Meyyammai Murugappan
2003 - 2004	Sushila Nataraj	Elaine Wood
2004 - 2005	Vidya Singh	Padma Ashok
2005 - 2006	Princess Naik	Rathi Nilakantan
2006 - 2007	Seema Bhargava	Amulya Rao
2007 - 2008	Kamala Prasad	Raziyeh Sheerazie
2008 - 2009	Rani Ananth	Lynne Connor
2009 - 2010	Shobha Hebbar	Elizabeth Aston
2010 - 2011	Mridula Srinivasan	Uma Ganesan
2011 - 2012	Nina Kothari	Cherry Venkatesan
2012 - 2013	Ramani Reddy	Vijaya Rangarajan
2013 - 2014	Nita Reddy	Priya Asokan
2014 - 2015	Asha Rammohan	Jo Frogbrook

<b>3<sup>Wed</sup></b>	10.00 <sup>AM</sup> Managing Committee 11.00 <sup>AM</sup> Executive Committee
<b>17<sup>Wed</sup></b>	10.15 <sup>AM</sup> Fellowship Morning
<b>23<sup>Tue</sup></b>	10.15 <sup>AM</sup> Arts & Handicrafts
<b>25<sup>Thu</sup></b>	10.15 <sup>AM</sup> History, Culture & Tours
<b>30<sup>Tue</sup></b>	10.15 <sup>AM</sup> Cooking Swapshop

To learn more, visit the IWA web site: [www.iwachennai.com](http://www.iwachennai.com)

**From the Presidents**

To all our members, a warm welcome to the 2015 – 2016 IWA year. We thank you for your faith and support in us and we welcome you to another exciting and fun filled year.

IWA women are connected by strong bonds of friendship and support, to highlight which, our theme for the year is "Together in Friendship ". This theme is symbolized in our logo, by the representation of IWA ladies holding hands in a continuous and long lasting bond of friendship

Helen Keller had said "Alone we can do so little, Together we can do so much". A lovely message which captures the very essence of IWA. The success of IWA each year, depends upon the enthusiasm of and support from its members, who are the backbone of the IWA family. We look forward to the active involvement of, and participation from, each and every one of you, to make this year a memorable one.

Our enthusiastic and efficient chairpersons are planning many interesting meetings for the year. Check your newsletters early so that you do not miss out on some excellent meetings, which are going to be enjoyable, informative and a great opportunity to catch up with each other.

The IWA website is a treasure trove of information about IWA, neatly presented and easily accessible. All meeting dates and details are displayed in the website, so that you are in touch with all the information required, even if the newsletter has not been received or has been misplaced. We must thank Rani Ananth for the meticulous manner in which she maintained the blog in the past and for agreeing to continue to maintain the blog during the coming year.

Looking forward to catching up with all of you during the coming year.

ACHU KURIAN

MALINI KRISHNA

**From the Vice Presidents**

A bright new IWA year beckons. The excitement and enthusiasm of the new team are quite palpable. These will blossom as meaningful meetings, and we as Vice Presidents deem it a great honour to be able to compile and bring them to you in the form of this Newsletter ... a canvas full of beautiful possibilities.

Please share with the "IWA family" important events in your lives, refreshing snippets, mind bending quotes etc. Kindly send an email to **nabilaiwablurbs@gmail.com** so we may publish it in the Newsletter. We will be delighted by your enthusiastic contributions and look forward to your active interaction.

Meetings at members' houses have always been an added attraction as members are the backbone of IWA. If you would like to host a meeting, or are willing to assist in any other way, you are most welcome to contact us.

Your support and participation are our driving force...we look forward to lively banter and regular rendezvous with all our friends in IWA. To nurture and network in the true spirit of friendship.

NABILA AVAIS

JANSI KISHORE

<p><b>3 Wed</b></p>	<p>10.00 <sup>AM</sup> Managing Committee                  11.00 <sup>AM</sup> Executive Committee</p>
	<p>Platinum Room, <b>Presidency Club</b>                  Ethiraj Salai, Egmore                  Chennai 600 008</p>

Meetings are hosted by **Asha Harish Murthi** and **Chungmee Kim**

**From the Secretaries**

Engulfed with joy & zest we look forward to this new IWA year of 2015-2016. The baton being handed down to us as Secretaries we will endeavour to fulfil our responsibilities meticulously & diligently.

Foremost, please do not dither to contact us if you do not receive your newsletters as stipulated.

**We would have to highlight the following clauses from the 'IWA Memorandum of Association & Bye- Laws' page 12 as a word of caution!**

**Q- Termination of Membership**

**a (vi) A member does not attend three consecutive meetings of the General Body without leave of absence in advance in writing.**

**Q b. Termination of membership due to delayed payments will not be a bar to future re-admission into the Society. A member who has been debarred on more than one occasion shall be eligible for re-admission.**

We sincerely appreciate the faith you have vested in us & 'together in friendship' we will progress.

BADRUNNISA MAHADEVAN

NALINI PANDAY

**From the Treasurers**

It is with great pleasure that we extend a warm welcome to all of you.

Another new IWA year has begun and we are together again, in order to continue our joint efforts to give you yet another wonderful year.

We have received a total number of 210 renewal forms from members, in both cheques and cash for Rs. 2000/ in April. A gentle reminder to all the members who have not sent the renewal forms to do so on or before 30th June 2015. Indian members may pay with a cheque to IWA Chennai, while the non-Indian members can pay by cheque or cash.

**From the Treasurers**

**Please note:**

- No cheque/cash will be accepted without the renewal form and vice-versa.
- Members are requested to print their name and code number on the reverse of their cheque.
- All IWA members must attend a minimum of ten meetings per year except senior members who are exempt from this rule.
- When attending meetings, for clarity, members are asked to print their name and code number on the attendance sheets in addition to their signature.
- To keep track of their attendance record, members will find an attendance chart at all activity meetings in the months of December and February. Please try and keep a record of the meetings you attend.
- A member may bring guests to IWA activities, except when stipulated otherwise. However each guest may attend only four IWA meetings in a financial year, subject to payment of the stipulated guest charge paid by the member. The charges are as follows:
  1. Home meeting – Rs.100 per guest
  2. Club meeting – Rs.100 per guest
  3. Hotel meeting – As per actuals

Please inform Mahvash Sait (msait04@yahoo.com or 9840624875) in case of any change in address, telephone numbers, e-mail address, or if new badges or IWA Bye-Law books are required.

Looking forward to your active participation.

ANITA KOSHY

MAHVASH SAIT

**IWA Helpline**



**If you...**

Do not receive your newsletter by the 5<sup>th</sup> of each month

**E-mail/Call**

Nalini Panday on:-  
98410 48629  
nalini.panday@gmail.com

Need to change your membership category (Outstation, Senior) or need to inform us that you will be unable to attend meetings for a length of time

Badrunnisa Mahadevan on:-  
98843 48463  
buddymahadevan@gmail.com

Need a new badge or a copy of the IWA Bye-Laws book

Mahvash Sait on:-  
98406 24875  
msait04@yahoo.com

Have a change of address, telephone or email and need to inform us

Mahvash Sait on:-  
98406 24875  
msait04@yahoo.com

Would like to check on your attendance

Mahvash Sait on:-  
98406 24875  
msait04@yahoo.com

Would like to make an announcement in the newsletter. Please email, do not SMS

Nabila Avais on:-  
99625 25558  
nabilaiwablurbs@gmail.com


Have ideas for a meeting or would like to sponsor a meeting

Concerned Activity Chairpersons / Presidents

Would like to offer your home or help for meetings or be a Day Facilitator

Jansi Kishore on:-  
98415 89896  
jansi\_k@hotmail.com

**Please call between 10AM and 6PM from Monday through Saturday**

<h1>17<sup>Wed</sup></h1>	<p>10.15 <sup>AM</sup>                  Madras Club                  8, Adyar Club Gate Road                  Chennai 600 028</p>	
---------------------------	---	--

**“Great relationships are like vitamins to the soul.  
 They help us connect, laugh, dream and grow.  
 Make time for friendship and fellowship.”**

We welcome you to the beginning of a fun filled and exciting IWA year.

Join us for a morning filled with laughter and fun, meeting old friends and welcoming new members.

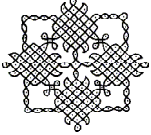
Do come dressed in the colour **Pink**, the first colour in our logo. The colour Pink is feminine, affectionate, thoughtful and caring.

This is a **members only** meeting.

ACHU KURIAN

MALINI KRISHNA

THE MANAGING AND EXECUTIVE COMMITTEES

<h1>23<sup>Tue</sup></h1>	<p>10.15 <sup>AM</sup>                  Amethyst,                  Whites Road,                  Next to Corporation Bank                  Royapettah, Chennai-600 014</p>	
---------------------------	--	---

## Art of the Biennale

India's first ever Biennale - The Kochi Muziris Biennale (KMB) - completed its second edition on the 31st March 2015. This once-every-two-years art event which showcases the best of Indian and International art was this time seen by 5,00,000 visitors and has already become a paradigm shifter within the contemporary art scene in India.

What is Biennale?

What does a Biennale do for the arts community?

How does an artist create a site specific work for the Biennale?


Chennai based visual artist **Parvathy Nayar** will talk to us about some of these issues. Parvathy Nayar was invited by KMB to present an Installation of Drawings and Sound at the KMB 2014-15.

Following the presentation, **Thejo Menon**, our own member and a reputed artist herself will be in conversation with Parvathy.

We thank **Brahada Kameswaran** for being our day facilitator.

USHA B. MOORTHY

SANYUKTA GILL

<b>25<sup>Thu</sup></b>	<p>10.15 <sup>A.M</sup>                  Amethyst,                  Whites Road,                  Next to Corporation Bank                  Royapettah, Chennai- 600 014</p>	
-------------------------	--	--

## Dramatic, Breath Taking South Africa


South Africa's panoramic terrain allows one to experience the beauty of the thundering Victoria Falls, the roaring of the lions at the Kruger National Park, the arrival of the Jackass penguins, the lazy seals of Haut Bay and the majestic view of cosmopolitan Capetown from the top of Table Mountain. For the more adventurous, a bungee jump from Broukrans Bridge or a swim with the great white sharks can be a thrilling experience.

A visit to this extreme land is a must for every traveller wanting to experience or explore this part of the world.

Lets hear more about this enchanting land from **Badri Vijayaraghavan**, a business executive in one of the leading automotive component companies in Chennai, who enjoys playing Rock and Roll music, climbing mountains, riding his 1000 cc Yamaha motorcycle on weekends and wildlife watching in Kabini.

USHA JAWAHAR

VICKI TIPPET

<b>30<sup>Tue</sup></b>	<p>10.15 <sup>A.M</sup>                  Amethyst,                  Whites Road,                  Next to Corporation Bank                  Royapettah, Chennai- 600 014</p>	
-------------------------	--	---

## The Magic of Fondants

**UshBakeISTAN**, a place always filled with aromas of some delicious baking, from chocolates to bakes. **Usha Seetharam's**, love for baking started with her mother's old electric oven, which used to be big round ones with a thermostat that never worked and a detachable cord that was quite dangerous and worked more on prayer than science.

Her Morphy Richards which was a gift from her husband five years ago has been her closest friend ever since! Her love for baking has carved a niche for herself and her clients revisit Ushbakeistan again and again!

Usha will be talking about the magic of fondant icing, how it can totally transform your cake into any theme on the planet. She will be sharing some simple techniques on decorating cakes with fondant accents like flowers and bows.

We thank **Kashmira Daruwala** for being our day facilitator.

ASHA MURTHI

CHUNG MEE KIM

---

### TIPS

- Weather will affect your fondant icing. Humidity will make the icing stick, very cold weather will make it hard as rock.
- When you are not using your icing (even for a minute) remember to put it in a plastic bag.

# Membership Sub Committee 2015 – 2016

We thank **Shobha Hebbar** for her valuable contribution to the Membership Committee.

We welcome **Vidya Singh** as the new General Body member.

The committee is as follows:

**Presidents**

Achu Kurian Malini Krishna

**Immediate Past Presidents**

Asha Rammohan Jo Frogbrook

**Vice Presidents**

Nabila Avais Jansi Kishore

**Secretaries**

Buddy Mahadevan Nalini Panday

**Immediate Past Membership Secretary**

Usha Jawahar

**General Membership**

Padma Ashok Vidya Singh



Achu Kurian



Nabila Avais



Buddy Mahadevan



Anita Koshy

**Presidents**



Malini Krishna

**Vice-Presidents**



Jansi Kishore

**Secretaries**



Nalini Panday

**Treasurers**



Mahvesh Sait

**Activity Chairpersons**

**Arts & Handicrafts**



Usha B. Moorthy



Sanyukta Gill

**Cooking Swapshop**



Asha Murthi

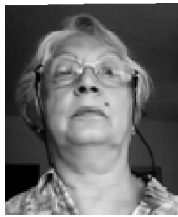


Chungmee Kim

**Health & Ecology**



Banu Singh



Sushu Goklaney

**Music & Performing Arts**



Padmavathy Gunashekar



Sylvie Wright

**Book Discussion**



Nidhi Kapoor Thadani



Amulya Rao

**Current Events**



Lakshmi Menon



Anjali Sacheti

**History, Culture & Tours**



Usha Jawahar

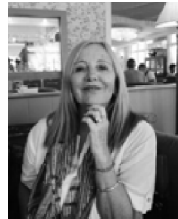


Vicki Tippet

**Philosophy & Religion**



Malika Venkataramani



Sharon Lles

**We are happy to welcome our new members!**

New Indian Members

**Jasmine Kabrajee**

Shanti 3B  
15, 2nd Avenue,  
Harrington Road,  
Chetpet,  
Chennai 600031  
Mobile - +919840741900  
Landline - +914428361055/6  
Email - jaskab8@gmail.com

**Jaya N Mahbubani**

3C, Sri Aditya Apartment,  
4th Seaward Road,  
Valmiki Nagar,  
Tiruvanmayur,  
Chennai 600041  
Mobile - +919884687986  
Landline - +91442451909  
Email - jnmahbubani@gmail.com

**Urmila Devi Prakash**

5/11 Rutland Gate,  
4th Street,  
Chennai 600006  
Mobile - +919884497654  
Email -  
urmila.devi.prakash@gmail.com

**Tulsi Reddy**

10, Subba Rao Avenue,  
3rd Street,  
Chennai 600006  
Mobile - +919840170863  
Landline - +914428274169  
Email - tulsireddy21@gmail.com

**Sweta Saharia**

5, Crescent Street,  
Off ABM Avenue,  
Boat Club,  
Chennai 600028  
Mobile - +919840081000  
Landline - +914442036694  
Email - swetasaharia@gmail.com

**Ritu Sahi**

49, Halls Road,  
Egmore,  
Chennai 600008  
Mobile - +919382881478  
Landline - +914428190799  
Email - ritusahi@hotmail.com



**Change of Address****Leila Diraviam** - D 17

Room 116

Mother Josephine Vanini Senior Citizens Retirement Home,  
Vaithialingam Road,  
Neelankarai,  
Chennai 600115

**Nidhi Thadani** - T 4

3rd Floor,  
12/14 Ceebros Krishna Raj,  
Crescent Street,  
Off ABM Avenue,  
Boat Club,  
Chennai 600028

**Stunning South Africa**

South Africa is one of the most exciting tourist destinations in the world. It's exotic combination of landscapes, people, history and culture, offer the traveller a unique and inspiring experience.

A fascinating tour awaits IWA members covering **Cape town, Johannesburg**, the famous **Kruger National Park** and a visit to Zimbabwe to view the **Victoria Falls**.

Experience Cape town, driving through the Cape of Good Hope Nature Reserve, one of South Africa's most scenic routes, passing Hout Bay, a cruise to Seal Island to view seals, Penguin Colony at Boulders Beach, the new light house, the most powerful in the world, Stellenbosch, the heart of South Africa's wine industry and lunch at a wine estate.

At Johannesburg, travelling via Kowyns pass to the Panorama route, view Blyde River Canyon, a gigantic gorge, one of the natural wonders of South Africa, Bourkes Luck Potholes, which are cylindrical cavities formed by river erosions.

Kruger National Park, offers a wildlife experience that ranks with the best in Africa. View Victoria Falls, a spectacular sight of awe-inspiring beauty and grandeur on the Zambezi River and go on a sundowner cruise on the Zambezi River.

Date : **17th to 27th Sept. 2015.**

Approximate cost : **Around Rs 2,65,000.**

For details of the Itinerary and for warning in please call:

**USHA JAWAHAR : 9841025166**

**ACHU KURIAN : 9841144072**

We want to limit the group size to 30. Please warn in before June 28th with an advance of Rs 60,000.

USHAJAWAHAR

VIKKI TIPPET