

6 Tue	10.00 ^{AM} Managing Committee 11.00 ^{AM} Executive Committee
20 Tue	10.15 ^{AM} Arts & Handicrafts
22 Thu	10.15 ^{AM} Book Discussion & Cooking Swapshop
27 Tue	11.00 ^{AM} Endowment Lecture
28 Wed	03.45 ^{PM} Music & Performing Arts
29 Thu	03.45 ^{PM} Philosophy & Religion
30 Fri	09.30 ^{AM} Workshop

To learn more, visit the IWA web site: www.iwachennai.com

From the Presidents

Welcome back and a Happy New Year to all our members!

We're looking forward to an exciting few months in 2015 as we continue to bring you engaging and inspiring meetings.

We'd like to say a big thank you to **Rajini Reddy, Sushi Natraj, Kausalya Devi, Buddy Mahadevan, Achu Kurian, Malini Krishna, Anita Koshy** and everyone on the Board who helped to make our Christmas Celebration meeting a fun filled success. The choir certainly got us all in the festive mood and it was great to see everyone in their seasonal colours!

Looking back to November we'd like to say what fun we had at the "Be your own makeup artist' workshop. We watched in awe as Akriti wielded her makeup brushes with consummate skill and shared with us her tips on how we can all look like models. We had a maximum turnout and would like to thank everyone for supporting these events.

We are now excited to bring you our third workshop, An Introduction to Public Speaking on **January 30th**. We advise you to warn in early to avoid disappointment!

This month we also look forward to the **Endowment Lecture** on the 27th. We hope to see you all there.

January is also the month (just!) when a group of ladies will be setting off on the Kutch Rann Utsav trip. We wish them a safe journey and look forward to reading all about their adventures in the March newsletter.

ASHA RAMMOHAN

JO FROGBROOK

From the Presidents

Advisory Committee

Sushi Natraj has completed her three year term on the Advisory Committee. We'd like to take this opportunity to sincerely thank Sushi for her invaluable guidance and advice during her time on the committee.

We welcome **Rupa Kadhiresan** on to the Advisory Committee. Rupa brings with her many years of valuable IWA experience, and coupled with her quiet efficiency we are extremely confident Rupa will provide immense value to the committee.

The Advisory Committee members are:
Rupa Kadhiresan, Maureen Hudson Murari and Javanthi Singaram.

ASHA RAMMOHAN

JO FROGBROOK

6 Tue	10.00 ^{AM} Managing Committee 11.00 ^{AM} Executive Committee Hotel Park Sheraton T.T.K. Road, Alwarpet Chennai 600 018
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Meetings are hosted by **Banu Singh**

From the Membership Secretary

From among the applications received by the Membership Committee, the following have been selected as Special Guests:

- Jasmine Kabrajee
- Jaya N Mahbubani
- Urmila Devi Prakash
- Tulsi Reddy
- Sweta Saharia
- Ritu Sahi

I'd like to thank every member of the Membership Committee for their dedication, effort and meticulousness in the selection process.

USHA JAWAHAR



A warm welcome to our new member:

Didem Atahan Fabig USA/Turkish
 No 20/43, Poes Garden
 Chennai 600 086
 Mobile: +91 87540 95470
 E-mail: didemnya@yahoo.com

20^{Tue}	10.15 ^{AM} Hanu Reddy Residences 39/18, Binny Road Poes Garden Chennai 600 086
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The Ancient Art of Tattooing

Art has always been known as a means of self-expression. It would seem then that tattoos represent the ultimate in self-expression, as it is an indelible mark chosen with a specific message behind it.

Tattoos were not always used simply for aesthetic purposes. Historically, they were also used as a means of differentiating people from various tribes, recognizing convicted criminals or even identifying people medically.

Today, **Sujatha Srihari**, will walk us through the history of tattooing and how it has transformed over the ages.

Sujatha is an advertising professional, with a deep interest in art for self-expression, especially in forms of body art. She is currently involved in using tattoo as a medium for social change with her "I am Fearless" campaign.

We would like to thank **Lalitha Krishnan** for hosting the meeting.

We would like to thank **Geetha Iyengar** for being our day facilitator.

JEYASREE RAVI

ANJALI SACHETI

22^{Thu}	10.15 ^{AM} The Laurels 9 (Old No.4), Chittaranjan Road Teynampet Chennai 600 002
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Aromas of Chettinad

The Chettinad cookbook is a compilation of secret age old recipes, tested and tried by our very own **Visalakashi Ramaswamy** and **Meyyammai Murugappan**.

They share with us a simple insight into these traditional recipes, their inspirations and their journey through gathering these timeless treasures and documenting them so elegantly for posterity.

We thank **Meyyammai Murugappan** for graciously hosting this meeting.

We thank **Princess Naik** for being our day facilitator.

ANITA KOSHY
ANJANA SUNIL

MASAKO MARUYAMA
MAHVESH SAIT

27 ^{Tue}	<p>11.00 A.M Madras Museum Theatre Pantheon Road Egmore Chennai 600 008</p>
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Endowment Lecture

Mrs Moortheeswari will speak to us on the different types of archaeological museums in India and abroad.

The meeting starts at 11:30 a.m.

We request everyone to be in their seats by 11:15 a.m.

We thank **Sharadha Rajamani** for sponsoring this meeting.

SHEETAL SHAH

CHRISTINE BOMSTAD

28 ^{Wed}	<p>03.45 PM E Hotel Express Avenue Mall, Gate 1 Patullos Road Chennai 600 002</p>
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“My Time With Gandhi”

Mr. V. Kalyanam was personal secretary to Mahatma Gandhi and at 90 years of age he still has plenty of fire in him. In this talk he reminisces of bygone days under the British Raj and traces his close association with Mahatma Gandhi, from meeting him at his Ashram to becoming one of his closest aides in the freedom struggle and being beside him as he passed away. This promises to be an interesting and lively talk with anecdotes from history and is set to be an enthralling meeting.

There will be a display of **memorabilia** related to Gandhiji, including photographs and newspapers. Some favourite songs of Gandhiji will also be played.

We thank **Deepali Goyal** and **Catherine Reddy** for sponsoring this meeting.

We thank **Sharmilee Nielson** for being our day facilitator.

Please note this is an evening meeting.

DEEPALI GOYAL

CATHERINE REDDY

29^{Thu}	<p>03.45 PM Amethyst Whites Road, Next to Corporation Bank Royapettah Chennai 600 014</p>
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Music: The Age Old Spiritual Connect

Viji Krishnan, an eminent violinist of international fame, represents the seventh generation in a family of distinguished musicians who have contributed enormously to Indian Music.

She will talk to us about the divine and spiritual connect of music; with special reference to the 'Carnatic Music Trinity'.

Viji will also mesmerise us with a beautiful piece of composition on her violin.

We thank **Kiran Rao** for graciously hosting this meeting.

We thank **Usha Jawahar** for being our day facilitator.

Please note this is an evening meeting.

BANU SINGH

SYLVIE WRIGHT

30^{Fri}	<p>09.30 AM - 01.00 PM Mena Hall (Next to AVM Rajeswari Kalyana Mandapam) 101, Dr. Radhakrishnan Road Mylapore, Chennai 600 004</p>
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An Introduction to: Public Speaking

M Rajan, the founder of ZEAL, Speak Easy and IITD is a sought after motivational speaker and trainer. Known for his extraordinary ability to blend humour, story-telling, insights, and practicality, M Rajan combines powerful lessons, unique stories, tons of energy and enthusiasm to make every training session a memorable one. He/ has touched the lives of thousands people from various spectrums, helping people to realize their potential. He is the recipient of the esteemed Acharya Award for Training and Inspirational Communicator Award and the author of 'I Love Living'.

Mr. Rajan will conduct an interactive session for IWA members on the skills of Public Speaking and will share with us some pointers on how to be a good public speaker.

We would like to thank **Usha Saravanan** for kindly sponsoring the venue and **Badrunnisa Mahadevan** for sponsoring the food.

We thank **Amita Bhatia** for being our day facilitator.

Please note this is a member's only meeting.

Members are kindly asked to warn in. Numbers are restricted to 60. Please ring **Farah Bangera** on **80562 79520** from **15th to 25th January** between **10 am** and **6 pm, Monday to Friday.**

Christmas Celebrations

