

<b>1 Fri</b>	10.00 <sup>AM</sup> Managing Committee 11.30 <sup>AM</sup> Executive Committee
<b>5 Tue</b>	10.15 <sup>AM</sup> Current Events
<b>8 Fri</b>	10.15 <sup>AM</sup> Arts & Handicrafts
<b>12 Tue</b>	10.15 <sup>AM</sup> Music & Performing Arts
<b>19 Tue</b>	10.15 <sup>AM</sup> Health & Ecology Philosophy & Religion
<b>26 Tue</b>	10.15 <sup>AM</sup> Cooking Swapshop
<b>28 Thu</b>	10.15 <sup>AM</sup> Book Discussion

To learn more, visit the IWA web site: [www.iwachennai.com](http://www.iwachennai.com)

**From the Presidents**

Dear Friends,

You would all agree that **John Pettigrew**, our young awardee, enthralled us with his brilliant performance on the piano. We wish him a bright and happy future.

It was wonderful to see so many of you with family and friends at '**Ujwala**', our Deepavali celebration. Revathy Sankarran made us laugh heartily and we went home with words of wisdom ringing in our ears. A big thank you to everyone for making it such a happy occasion and 'Happy Deepavali'!

We have an exciting trip to **Vietnam** with an optional add on to Cambodia planned for you in January. We look forward to having you on board.

Our telephone directory is in the final stages of its making and we hope to have it out shortly. Ladies, please pick up your copies.

As we are getting closer to the end of the calendar year, we request you to check on your attendance. The record of attendance will be tabled at all meetings in December.

NITA REDDY

PRIYA ASOKAN

<b>1 Fri</b>	10.00 <sup>AM</sup> Managing Committee 11.00 <sup>AM</sup> Tea & Snacks 11.30 <sup>AM</sup> Executive Committee <b>Presidency Club</b> Platinum Point Room Ethiraj Salai, Egmore Chennai 600 008
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Meetings are hosted by **Fharzana Siraj** and **Julie Madre**

**From the Secretary**

The Membership Committee met on October 9<sup>th</sup>, 2013 to receive the applications of new Indian members from their sponsors or co-sponsors. The photographs and names of these applicants are being published in this newsletter.

IWA Byelaw No. 8-10 G under the heading MEMBERSHIP on page 7, states "Any written and duly signed objections regarding these applicants shall be intimated to the Membership Committee."

Members are requested to forward their objections, if any, in writing to the Secretary, Chris Bomstad. Please ensure these letters reach her before **November 8<sup>th</sup>, 2013** at the address given below:

**Chris Bomstad**

B-10-1 Navin's Dayton Heights  
76 Nelson Manickam Road  
Chennai 600 029  
Landline: 2374 3738 Mobile: 98400 84158

Interviews for all candidates (other than those for whom we received letters of objections) will be held on Saturday **November 16<sup>th</sup>**.



We would like to pass on our most sincere condolences to Sanyukta Gill and her family on the recent passing of her mother-in-law **Mohini Gill**, a fondly remembered IWA member.

Our condolences go out to the family of **Prabha Nair**, our past IWA member. Prabha was also Aruna Vijaykumar's sister in law.

Our heartfelt condolences go out to the family of the late Mrs. Malini Vijayaraghavan on the demise of **Mr. Vijayaraghavan**, her husband.

**From the Secretary**



Rajini Reddy



Radhika Singh



Veena Malhotra



Hemalatha Subramaniam



Sharmilee Nielsen



Thejo Menon



Sweta Saharia



Sabina Narayan



Nalini Radhakrishnan



Sheetal Parakh



Sherry Dhanju Batliwala



Sara B. Cherian

<p><b>5</b> Tue</p>	<p>10.15 <sup>A.M</sup>                  Hanu Reddy Residences                  39/18, Binny Road                  Poes Garden                  Chennai 600 086</p>	
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**“RaGa” vs. “NaMo”**

- Who is the better leader for India?

On the one hand, does Rahul Gandhi have more than just his lineage to project himself as a Prime Ministerial candidate? While on the other, does his much hyped Gujarat success story make Narendra Modi the right man to lead India? And if neither one is capable, then who?

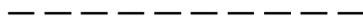
To discuss this very topical, contentious and polarizing issue, we have with us today, **Mukund Padmanabhan**, the Editor of The Hindu Business Line, the business daily brought out by The Hindu group of publications. He also curates two festivals of theatre and music on behalf of the newspaper - the MetroPlus Theatre Fest and the Friday Review November Fest. An M-Phil in Philosophy, he worked briefly as a lecturer in Delhi University before switching to journalism.

We thank **Anjali Sacheti** for graciously sponsoring this meeting.

We thank **Usha Moorthy** for being our day facilitator.

USHAJAWAHAR

DOMINIQUE RASTOIN



Our thanks to **Usha Jawahar** and **Shanthi Thomas** for sponsoring the October Current Events meeting held at the Park Hyatt.

<p><b>8</b> Fri</p>	<p>10.15 <sup>A.M</sup>                  Amethyst                  Whites Road                  Royapettah                  Chennai 600 014</p>	
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**Tana Bana:** ‘The Warp and Weft – The Weave’ textile traditions of the subcontinent.

THE CLOTH - Woven, patterned, dyed; embellished with silk and metallic threads, shells and mirrors; myriad, brilliant colours entangled dramatically, then separated, each thread and colour chosen with care. Within a framework, a profusion of patterns emerge with total freedom and abandonment.

The textile traditions of the subcontinent have evolved over thousands of years, since the birth of the Indus Valley Civilisation. Trained through generations, our textile weavers, dyers and craftsmen create magical dreams through cloth. And who better to talk to us about this than **Noorjehan Bilgrami**, an artist, textile designer and researcher from Pakistan. Her interest in traditional crafts led to the establishment of KOEL, a workshop that pioneered the revival of hand block-printed fabrics in Pakistan. Years of research into Ajrak, a traditional Sindhi textile, led to the book ‘Sindh jo Ajrak’ and a documentary video on Ajrak. Handloom weaving and natural dyes are her major interest, and in 2001 she was awarded the Japan Foundation fellowship to research natural Indigo in Japan.

Noorjehan will be passing through Chennai in November, and we are delighted to have her speak to us at IWA.

We thank **Kiran Rao** for graciously sponsoring this meeting and **Maureen Thadani** for sponsoring the audio-visual equipment.

We thank **Jayanti Rajaram** for being our day facilitator.

AMITA BHATIA

FARAH BANGERA

<b>12</b> Tue	10.15 AM E Hotel Express Avenue Mall, Gate No.1 Pattulos Road Chennai 600 002	
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### It's only words

Words are a vehicle of one's emotions and one of the most commonly used means of expression. Be it colleagues at a business meeting, a mother permitting her son to go out and play or a man and woman on the day they become husband and wife – the value of our word is rarely realized.

The first impression you make when you encounter new people often decides if the relationship goes on to be a favourable one, or a not-so-favourable one. Confidence is by far the most alluring trait of any human being. What you say matters. How you say it, sometimes, matters even more!

Come join **Ms. Suhasini Manirathnam**, dialogue coach and leading light of Tamil cinema as she talks to IWA members on the importance of dialogue delivery and making the right first impression.

We would like to thank **Ambika Mammen** for being our gracious sponsor.

We would also like to thank **Nalini Acharya** for being our day facilitator.

JEYASREE RAVI

RIGMOR EKSTRAND

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*People may hear your words, but they feel your attitude.*

John C. Maxwell

<b>19</b> Tue	10.15 AM <b>Presidency CLUB</b> Ethiraj Salai Egmore Chennai 600 008	
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### Mind It!

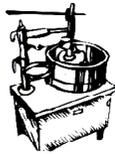
The mind has been termed a monkey; one when controlled, serves us, and if not, can destroy us. To give us an in depth understanding of the innate functions of the mind and the power it wields over the rest of the body, thereby affecting our health, for better or for worse, we bring to you **Pankhuri Agarwal**.

Ms. Agarwal is an alternative therapist from Chennai who has been dealing with healing services like Crystal healing, Reiki, Tarot, Runes etc. Presently, she conducts workshops and gives lectures, aiming to make people aware of themselves - both body and mind.

We thank our gracious sponsors **Zubeida Asgarali** and **Era Kalra** for hosting this meeting.

FHARZANA SIRAJ  
 SHEETAL SHAH

JULIE MADRE  
 CECILE EZVAN-DUFEU

<b>26<sup>Tue</sup></b>	<p>10.15<sup>AM</sup>                  E Hotel                  Express Avenue Mall,                  Gate No.1, Pattulos Road                  Chennai 600 002</p>	
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**Earthfood**

Food made of ingredients that are unrefined, unpolished, unprocessed, unbleached, un-bromated, un-sulphered ... in other words, as it is from the Earth, is what they call "Earthfood" at Terra. **Meera Maran**, co-founder of Terra will be sharing her ideas on how one can go about making our daily food into "Earth Food" by the right selection of ingredients that stock our pantry as well as mindful practices that contribute to overall wellness.

We are fortunate to have Meera share her knowledge on the purest of foods and how we can incorporate them into our diets with little change to tastes and to the process of cooking. Her passion is infectious and her insight on this topic is truly refreshing.

We thank **Anita Kapoor** for generously sponsoring this meeting.

We thank **Chris Bomstad** for being our day facilitator.

URMILLA AGARWAL

GAY WEIR

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 Please note the following change of addresses:

**Anupama Pasari**  
 Old 4, New 9  
 Kasthuri Estate 1st Street  
 1st Floor, Alwarpet  
 Chennai 600 018  
 Landline: 2498 6801

**Shoba Mahtani**  
 Rani Meyyammai Tower VI  
 5C, Regal Splendour  
 Sathya Dev Avenue  
 MRC Nagar, R.A. Puram  
 Chennai 600 028

<b>28<sup>Thu</sup></b>	<p>10.15<sup>AM</sup>                  Madras Boat Club                  No 2, 3<sup>rd</sup> Avenue                  Boat Club Road, R A Puram                  Chennai 600 028</p>	
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**How It Happened**

by Shazaf Fatima Haider

A light hearted book, written in an informal style by a young Pakistani author, seems strangely familiar. The story could be set anywhere in the sub continent and the characters could fit into any family there.

The author presents the conflict of "tradition" versus "heart" with panache and humor that makes the book an enjoyable read.

The older members of the family want to continue with the system of choosing a suitable spouse while young people want to choose partners who suit them rather than society!

**Vinita Nayar** will be leading the discussion about the book. A journalist, editor and writer, Vinita has worked in the fields of advertising and media since 1989. Joining her in the discussion will be **Princess Naik** and **Mahvesh Sait**, our own members.

We thank **Javanthi Singaram** for so graciously hosting this meeting.

We thank **Suma Eapen** for being our day facilitator.

LAKSHMI MENON

ANJALI SACHETI

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 We would like to acknowledge and thank our sponsors for the French Connection Meeting held at E Hotel: **Usha Jawahar, Thayabae Kakar** and **Lakshmi Menon**.

**The IWA Essential Vietnam International Tour  
January 18<sup>th</sup> - 26<sup>th</sup> 2014**

**Hanoi**

Vietnam's 1000 year old charming capital, also called the city of lakes. Soak in the eclectic mix of French and Vietnam architectural sights. Visit Dong Xuan - the largest covered market, enjoy the local street food and see Hoan Kiem Lake - look out for its special breed of tortoise. The water puppet show during dinner is an added attraction.

**Halong Bay**

Relax on a two day, one night cruise along Halong Bay. Enjoy sumptuous meals and take in the splendid sights as we cruise along. Disembark along the way to view close up, the famous attractions. Greet the morning sunrise with a Tai Chi experience.

**Hue**

Feel and live like royalty in Hue, the former imperial capital. Embark on a dragon boat ride on the Perfume River and dine while viewing the sunset.

**Ho Chi Minh City**

Ho Chi Minh City, formerly known as Saigon, is our final destination. See the Bin Tay Market, Thein Han Pagoda, Notre Dame Cathedral and many more tourist attractions. Meander down the Mekong Delta passing through My Tho, the quiet village. Do a special trip to the Cu Chi tunnels; the tunnel systems were of importance to the Viet Cong in their resistance to American forces. Enjoy a farewell dinner with a special show on board a replica of the Emperors boat.

**The package costs USD 1400/- + Rs. 37,500/- (airfare)**

**This includes:**

- Airfare (international and two domestic transfers)
- Room on a twin sharing basis
- All meals (all breakfasts, lunches and dinners)
- Surface transport in AC coaches
- All entrances wherever applicable
- Tips
- Visa Fees

Call **Thayabae Kakar at 98407 66135** or **Michele Segala at 98405 43997** to book your space as seats are limited. Do warn in and be sure to give in your first instalment of Rs. 30,000/- by **November 15<sup>th</sup>**. Please note that Rs. 10,000/- of this will be non refundable.

THAYABAE KAKAR

MICHELE SEGALA

Welcome to our new members!

**New Temporary Indian Members:**

**Kangan Bhalla**

D4, Mill Bank  
II Avenue, No.4, Boat Club Road  
Chennai 600 028  
Email: kanganbhalla@gmail.com  
Landline: 2434 9989  
Mobile: 95000 07223

**Jennifer Datta**

Flat A2, 161/109, Ceebros Raasmi  
St. Mary's Road, Alwarpet  
Chennai 600 018  
Email: jennifer.datta@artizenglobal.com  
Landline: 4232 3737  
Mobile: 89390 31000

**Radhika Wakharkar**

5A Yamini  
153, Velachery Main Road  
(Near Guru Nanak College)  
Velachery, Chennai 600 042  
Email: wakharkars@gmail.com  
Landline: 4263 8184  
Mobile: 91766 71134

**New Non Indian Member:**

**Dawn Williamson**

**UK**

2 Shreeram Apartments  
34 ABM Avenue, R.A.Puram  
Chennai 600 028  
Email: dawnwilliamson@gmail.com  
Mobile: 87545 49587