

**September at a Glance**

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| <b>2<sup>Fri</sup></b>  | 9.30 <sup>AM</sup> Managing Committee<br>11.00 <sup>AM</sup> Executive Committee |
| <b>2<sup>Fri</sup></b>  | 3.45 <sup>PM</sup><br>Current Events   |
| <b>6<sup>Tue</sup></b>  | 10.15 <sup>AM</sup><br>Arts & Handicrafts  |
| <b>8<sup>Thu</sup></b>  | <b>11.00 <sup>AM</sup></b><br>Cooking Swapshop                                   |
| <b>9<sup>Fri</sup></b>  | 10.15 <sup>AM</sup><br>Book Discussion   |
| <b>13<sup>Tue</sup></b> | <b>11.00 <sup>AM</sup></b><br>Music & Performing Arts                            |
| <b>15<sup>Thu</sup></b> | <b>11.00 <sup>AM</sup></b><br>Current Events                                     |

**September at a Glance**

|                                |   |
|--------------------------------|---|
| <b>19<sup>Mon</sup></b>        | 10.15 <sup>AM</sup><br>Health & Ecology   |
| <b>27<sup>Tue</sup></b>        | 10.15 <sup>AM</sup><br>Philosophy & Religion  |
| <b>Oct<br/>1<sup>Sat</sup></b> | October 1 <sup>st</sup> is <b>Music Day</b> and our beloved Founder Nirmal Seshadri's birthday. IWA is celebrating this event at the Chola Sheraton at 10.15 a.m. Please mark your calendars and join us. |

To learn more, visit the IWA blog site: [www.iwachennai.blogspot.com](http://www.iwachennai.blogspot.com)

**From the Presidents**

Dear Friends,

We would like to share 2 IWA treasures that we have discovered over the last few months:

1. The power of IWA: It's all encompassing, never failing and always positive. For instance, every time we needed advice or a helping hand and asked a past president or member for something, we were rewarded with a, "yes of course" response and a very warm smile. This is the power of IWA! It has infused our talented activity chairs to plan outstanding meetings.
2. "I do it for IWA": If the power of IWA elicits a warm smile and a "can do" attitude in our members, a little introspection is all that is required to conclude that this "can do" attitude comes naturally from the heart. And so, the phrase and indeed, the belief of, "I do it for IWA" is the 2<sup>nd</sup> treasure. These simple words hold the very essence of what binds us together. We see IWA as a lifeline, a magnet that attracts its members to go that extra mile.... all because "it's only for IWA."

NINA KOTHARI

CHERRY VENKATESAN

|  |   |
|--|---|
| <b>2 Fri</b>   | 9.30 <sup>AM</sup> Managing Committee   |
|  | 10.30 <sup>AM</sup> Executive Committee |
| Madras Club<br>Adyar Club Gate Road<br>R.A. Puram, Chennai 600 028 |   |

Meetings are hosted by **Tehnaz Bahadurji**

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|--------------|---|
| <b>2 Fri</b> | 3.45 <sup>PM</sup><br>Nina Kothari's Residence<br>Kothari Bagh 18 M.G. Road<br>Nungambakkam Chennai 600 034 |
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**Anna Hazare and the fight against corruption**

**N. Sathiya Moorthy**, our speaker is a Political & Foreign Policy Analyst. He has been Director of the Chennai Chapter of the multi-disciplinary Indian public policy think-tank 'Observer Research Foundation' (ORF), headquartered in New Delhi.

After a series of false starts by others before him, Anna Hazare seems to have captured the imagination of contemporary India. He is aided by the power of the electronic media, particularly the social media, which has lent certain flexibility and unsubstantiated credibility to what used to be dismissed as rumours. The national mood is also just right, as the higher judiciary has taken a strong and sustained view of corruption. Yet, the question remains: Has Anna Hazare, and others like him, including Baba Ramdev, over-stepped the constitutional 'Lakshman rekha' as conferring greater legitimacy on their demand for Parliament passing the 'Jan Lok Pal Bill' has all the makings of the 'People's Courts' of Naxalite militants. Unlike the 'JP movement' and others before him, we hope 'Team Anna' is able to deliver on the hopes that it has stirred.

**N. Sathiya Moorthy** will try to address all these concerns.

**Members only.**

Coffee, Tea and Cookies meeting.

A warm thank you to **Nina Kothari** for graciously hosting the meeting.

We thank **Vimal Shivdasani** for sponsoring the technical support.

We thank **Jessica Elias** for being our day facilitator.

AMBIKA MAMMEN

ANGELIKA SCHWERING

|                        |   |
|------------------------|---|
| <b>6<sup>Tue</sup></b> | 10.15 <sup>AM</sup><br>Madras Boat Club<br>Boat Club Road<br>Chennai – 600 028. |
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## Facing Life's Challenges Through Art & Humour

Affable artist **Manohar Devadoss** takes you through his artistic phases from the time he was a bachelor through his courtship and marriage to his lovely wife Mahema who was an inspiration and motivating factor to him as his sight gradually diminished. He will speak to us about how art and humour helped him maintain a positive attitude to life while losing his vision and facing the challenges that came along when his wife met with an accident which rendered her wheelchair bound. We will be treated to a slide show of some of his intricate ink sketches and water colour drawings that are indeed remarkable.

We thank **Mansha Bhatia** and **Nalini Acharya** for graciously hosting the meeting.

We thank **Bimla Bhatla** for sponsoring the electronic equipment.

We thank **Neena Sanghavi** for being our day facilitator.

DEEPALI GOYAL

ANITA NAZARETH WEDICK

|                        |   |
|------------------------|---|
| <b>8<sup>Thu</sup></b> | 11.00 <sup>AM</sup><br>The Spring Hotel<br>No 11, Kodambakkam High Road<br>Landmark: next to Palmgrove Hotel<br>Chennai - 600 034 |
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## Samayal - Classic Tamil Brahmin Cuisine

South Indian cuisine is mainly vegetarian, healthy and wholesome based on the concept that food shapes the personality, soothes the mind and mood, and is essential for spiritual progress! In a Tamil Brahmin household food is always prepared with a great deal of attention to cleanliness, balancing of nutrition, flavours, texture and variety.

**Viji Varadarajan** is a new wave expert in Tamil Brahmin cooking. She has passionately recorded her recipes for posterity in her international award winning cookbooks! The identity of this unique community is inextricably linked with food habits, inspiring the younger generations to want to revisit and relearn the tastes and flavours of their long forgotten roots!

We thank **Shobhana Reddy** for graciously hosting the meeting.

We thank **Anita Bhatia** for being our day facilitator.

NABILA AVAIS

PHYLLIS STATHIS

|                          |  |
|--------------------------|--|
| <h1>9<sup>Fri</sup></h1> | <p>10.15 <sup>A.M</sup><br/>                 Madras Boat Club<br/>                 Boat Club Road<br/>                 Chennai - 600 028</p> |
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## No Learned Questions, please!

Indu Balachandran is a familiar name to many newspaper readers. To people who read her columns, it will be no surprise that her new book *Don't go away. We'll be right back. The Oops and Downs of Advertising* is flying off the shelves even in its 2<sup>nd</sup> reprint. Her irrepressible, and irreverent, humour floods every page. Indu says this is all yesteryear stuff – of the pre-digital era – and elicits wide-eyed looks from the young turks in Advertising Agencies today. But they were evidently very joyful yesteryears for her, as the book is clearly a celebration of her Ad Agency innings.

We thank **Uma Ganesan, Shobha Hebbar & Leena Suryaprakash** for graciously hosting the meeting.

We thank **Rajni Sabherwal** for being our day facilitator.

TEHNAZ BAHADURJI

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| <p>Member-to-Member Share</p> <p>For October 28, we invite IWA members to speak on the subject <b>My Favourite Book</b>. The book can be a childhood or current favourite and in any language. Take 2 minutes (timed on a stop watch) to share with us why it is so special to you. Time permits only 15 speakers. Please warn in with Vidya at 98410 30737, or at <a href="mailto:singh.vidya@gmail.com">singh.vidya@gmail.com</a>, or Tehnaz at 98400 24726, or at <a href="mailto:bahadurji@gmail.com">bahadurji@gmail.com</a> with your name, IWA number and title of book.</p> |
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| <h1>13<sup>Tue</sup></h1> | <p>11.00 <sup>A.M</sup><br/>                 The Amethyst,<br/>                 Next to Corporation Bank<br/>                 Whites Road, Royapettah<br/>                 Chennai- 6000 14</p> |
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## All That Jazz

**Madhav Chari**, the well-known jazz musician and pianist will conduct a special jazz session for IWA members. The workshop will introduce us to the nuances of jazz music; music and culture; jazz music and American culture and the nature of creativity. Mr.Chari will then lead us through group exercises in music.

The workshop has multiple goals: to introduce jazz music to the audience of Chennai and to encourage the audience to think about music and culture.

The program will conclude with a 15 minutes jazz performance by Madhav Chari.

We thank **Kiran Rao** for graciously hosting the meeting.

We thank **Aruna Vijaykumar** for being our day facilitator.

GEETA VASUDEVAN

KIRAN RAO



Our Congratulations to V.L.Indira Dutt for receiving Dr.Bezawada Gopala Reddi's award for " Best Industrialist" & "Community Service"

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|-------------------------|---|
| <b>15<sup>Thu</sup></b> | <p>11.00 <sup>AM</sup><br/>                 The Madras Club<br/>                 Adyar Club Gate Road<br/>                 Chennai 600 028.</p> |
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## Traditions and Onam

**K R N Menon**, our speaker is an Honours graduate in Philosophy, Politics and Economics from Oxford University. He is an erudite speaker and is closely connected to the Travancore Royal Family. He will speak to us on the traditions, temples and the Travancore Culture.

The pomp and splendour that marks the homecoming of legendary King Mahabali in the state of Kerala is celebrated as Onam. This ten day festival showcases beautiful flower Kolams which are called 'Onapookkalam'. Malabar women are stunningly beautiful in their sarees of Cream and Gold with jasmine garlands adorning their hair. Who can visualize a festival without sumptuously delicious food? We serve you the '**Kerala Cuisine**'.

**Members only.** We would love to see you dressed in cream and gold. Please **warn in** by September 9, 2011, (10am - 5pm - Mon-Fri) at 28292777 - Extn 24 or **Nita Reddy** at 42030717/9962530717. Come celebrate **Onam** in IWA style.

We thank our gracious Sponsors:

Susan Abraham, Latha Baratan, Usha Chandrakumar, Suma Eapen, Radha Gopalakrishnan, Molly Jacob, Meera Jayakar, Jansi Kishore, Anita Koshy, Susan Koshy, Badrunissa Mahadevan, Cibi Mammen, Ann Mathew, Bina Mathew, Darley Mathew, Maya Mathew, Minnie Mathan, Lakshmi Menon, Sujaya Menon, Asha Mohan, Rathi Nilakantan, Beena Ram Mohan, Shanta Ramesh, Shanthi Verghese. We thank Ambika Mammen for hosting the meeting.

We thank our day facilitator's  
 Sarah Chanda, Jaya Menon, Premila Jacob and Shirley Verghese.

AMBIKA MAMMEN

ANGELIKA SCHWERING

|                         |   |
|-------------------------|---|
| <b>19<sup>Mon</sup></b> | <p>10.15 <sup>AM</sup><br/>                 Semmozhi Poongha Botanical Garden<br/>                 Cathedral Road – Anna Salai junction<br/>                 (opposite to the American Consulate)</p> |
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## Tree Walk

Please join us for a tree walk with Nizhal (Shade), a trust formed in 2005 to promote concern for trees in the city. Nizhal has been actively involved with several greening activities around the city and brings about awareness on the role of trees in our lives and the need to plant, propagate and care for trees for the benefit of all.

Semmozhi Poongha (Classical Language Park) is a 20 acre botanical garden in the center of Chennai, which opened in November 2010. The garden houses over 500 species of plants and more than 80 trees, some more than 100 years old.

Accompanying us on our walk is our Resource person, **Ambika Chandrasekhar**, who is a senior market research consultant and is an avid naturalist.

We have to limit to 25 members. Please **warn in** with **Malini Balakrishnan** (9176687337) September 5<sup>th</sup> to 7<sup>th</sup>, from 10am to 5pm only please.

We thank **Badrunissa Mahadevan** for being our day facilitator.

USHA MOORTHY

MALINI BALAKRISHNAN

|  |   |
|--|---|
| <h1 style="margin: 0;">27</h1> <p style="margin: 0;">Tue</p> | <p>10.15 <sup>AM</sup></p> <p>1086, Poonamallee High Road</p> <p>EVR Periyar Salai</p> <p>Chennai 600 084</p> |
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## Jashn-e-Eid

Eid is a day of Thanksgiving: A day to express gratitude for a joyful atmosphere

Eid is a day of Remembrance: Remembering all our graces and bounties

Eid is a day of Victory: Celebrating the victorious spirit of humankind

Eid is a day of Peace: A day to bless others with love &

Eid is a day of Celebrations: Friends coming together to dedicate this day to the spirit of Love, Sharing, Peace, Fellowship & Joy.

A perfect precursor to the mouth-watering Eid feast will be the qawwali program presented by the famous **Sufi Singer Munna Shaokath Ali** of bollywood fame.

Join us in celebrating and enjoy a traditional biryani lunch.

We thank our gracious Hostess's:

Zubeida Asgarali, Nabila Avais, Fakhira Ayer, Bilquis Chida, Rehane Yavar Dhala, Mahmooda Haja Shareef, Zainab Kachwalla, Thayabae Kakar, Sadiya Khaleel, Bela Mistry Khaleeli, Mahin Rabi Khaleeli, Raheela Kareem, Badrunissa Mahadevan, Farida Majid, Bilkis Moosa, Fazeela Nurdeen, Seema Sait, Sabine Erlich Salam, Raziye Sheerazie, Fharzana Siraj, Naaz Tyebbhoy.

We thank **Zainab Kachwalla** for being our day facilitator.

**Members only.**

JAYASHREE MANRADIAR

ANJALI SACHETI

## A Baltic Adventure -

September 6<sup>th</sup> – 20<sup>th</sup> 2011

Something different, something special, something memorable was the remit for the IWA Trip to celebrate 25 years.

A tall order when one considers the numerous and varied trips that have taken place over the years.

Hence, a Baltic Cruise. Twelve days cruising, from the Netherlands and visiting Copenhagen, Denmark; Warnemunde (Berlin) Germany; Tallinn, Estonia; St. Petersburg, Russia; Helsinki, Finland and Stockholm, Sweden.

The ship, MS Rotterdam, offers a luxurious cruising experience with state of the art amenities, five star dining, a \$2 million art and antique collection, extensive activities and enrichment programmes.

The shore excursions include tours of the major sites of the places visited and designed to maximize the time spent in each.

We are sure this will be a truly memorable experience and suggest you should have: a camera, a healthy appetite and stamina. Mobile phone (optional)!!

**BON VOYAGE to our travel enthusiasts!**

SOMNA SACHDEV

ELIZABETH ASTON

Our deepest condolences to Mansha Bhatia on the demise of her father-in-law.

Our deepest condolences to Bharati Nair Gopinath on the demise of her mother.

Our deepest condolences to Saroja Ramamrutham, Sujaya Menon & Lakshmi Viswanathan on the demise of their brother and to Vijaya Balasubramaniam for the loss of her brother-in-law.

Our deepest condolences to Anita Reddi on the demise of her mother.

Our deepest condolences to Sheela Shetty on the demise of her husband.

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**Change in Telephone/Mobile Numbers:**

- Raheela Kareem : 9543979207
- Ambika Mammen : 24312733 / 9840064773

— — — — —

**Change of Address:**

Alexandra Thompson  
 No: 4, 9th Avenue  
 Harrington Road, Chetpet  
 Chennai - 600 031

Anjali Sacheti  
 D2, Mallika  
 34, Pycrofts Garden Road  
 Chennai - 600 006

**Visit to Delhi and Lucknow**

SATURDAY 28<sup>TH</sup> JANUARY – THURSDAY 02<sup>ND</sup> FEBRUARY 2012

DELHI CELEBRATES 100 YEARS AS INDIA'S CAPITAL  
 Delhi has been the preferred capital to several dynasties for the past 5000 years! From the legendary capital of Indraprastha, built by the Mahabharata heroes, the Pandavas, to Purana Qila and Tughlaqabad the capital of the Delhi Sultans, to Shahjahanabad the capital of the Mughals to Lutyen's Delhi the city built by the British for the Jewel in the Crown.

The five day trip to Delhi and Lucknow for sightseeing and shopping will include most of the famous sights and monuments. On the 29<sup>th</sup> evening we will see the Republic Day Beating Retreat.

A detailed itinerary for the proposed trip is available on the IWA blog site: [www.iwachennai.blogspot.com](http://www.iwachennai.blogspot.com)

The total cost of the above tour is Rs 36,500 per person

The tour cost includes:

- Accommodation on Twin sharing basis with all meals
- Transfers and sightseeing by A/C deluxe coach
- English speaking Guide during sightseeing
- Entrance fees
- Air ticket from Chennai/Delhi/Lucknow/Chennai
- Tips
- One water bottle a day.

To book your place you will need to:

- (a) Confirm your name, as per your passport.
- (b) Pay a non-refundable deposit of Rs 20,000 by cheque or cash by Monday 10<sup>th</sup> October 2011.

Please contact Elizabeth Aston on 24328590 or email [astonk90@gmail.com](mailto:astonk90@gmail.com) to confirm your booking.

The minimum group size is 25 and the maximum is 30.

SOMNA SACHDEV

ELIZABETH ASTON

**UPDATE FOR THE NEW TELEPHONE DIRECTORY  
2011-2012**

Please complete the 'tear off' page and return it to any IWA meeting or post to Ramani Reddy, 'Seshalaya', 98, Peter's Road, Chennai 600 086 by Monday, 26<sup>th</sup> September.

NAME \_\_\_\_\_  
\_\_\_\_\_

ADDRESS \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

MEMBERSHIP NUMBER \_\_\_\_\_

NATIONALITY \_\_\_\_\_

MOBILE NUMBER (S) \_\_\_\_\_

LANDLINE NUMBER (S) \_\_\_\_\_

EMAIL ID \_\_\_\_\_

We thank you for your co-operation in preparing the Telephone Directory 2011-2012

