

Executive Committee

2011 - 2012

Managing Committee

Presidents	Nina Kothari Cherry Venkatesan	28334501 / 28278888 28293436 / 9841023740
Vice Presidents	Ramani Reddy Bharathi Nair Gopinath	28353608 / 9840086858 42120726 / 9884495778
Secretaries	Nita Reddy Priya Asokan	42030717 / 9962530717 24937357 / 9840073691
Treasurers	Asha Rammohan Jennifer Arun	28332006 / 9840039958 28275032 / 9880399490

Activity Chairpersons

Arts & Handicrafts	Deepali Goyal Anita Nazareth Wedick	24313144 / 9840442260 42815014 / 9500040299
Book Discussion	Tehnaz Bahadurji	26202917 / 9840024726
Cooking Swapshop	Nabila Avals Phyllis Stathis	28264325 / 9840026665 9952012061
Current Events	Ambika Mammen Angelika Schwering	28362733 / 28292777 24490382 / 9840379471
Health & Ecology	Usha B Moorthy Malini Balakrishnan	42150888 / 9840074196 24112690 / 9176687337
History, Culture & Tours	Somna Sachdev Elizabeth Aston	28330232 / 9841022922 24328590 / 9094558566
Music & Performing Arts	Geeta Vasudevan Kiran Rao	24915913 / 9884363550 24991330 / 9841045856
Philosophy & Religion	Jayashree Manradiar Anjali Sacheti	24321882 / 9841041361 42069726 / 9884056000

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March at a Glance

1 Thu	09.00 ^{AM} Managing Committee 10.00 ^{AM} Executive Committee
6 Tue	10.15 ^{AM} Arts & Handicrafts
8 Thu	10.15 ^{AM} Cooking Swapshop
13 Tue	10.15 ^{AM} Music & Performing Arts
19 Mon	10.15 ^{AM} Current Events
20 Tue	10.15 ^{AM} Health & Ecology
22 Thu	10.15 ^{AM} Book Discussion

27^{Tue}	10.15 ^{AM} Philosophy & Religion
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29^{Thu}	11.00 ^{AM} History, Culture & Tours
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From the Presidents

Dear Friends,

The month of March at IWA is dedicated to the multi talented IWA woman.

IWA's Got Talent – is a month to enjoy, participate, discover, appreciate, accomplish, and laugh.

Each of the activity chairs brings for you well-conceptualized meetings where you are the real star, by attending and participating. All meetings are interactive where members have spent hours on rehearsals to put forward a stellar performance. Encourage them by being there to cheer for them. So, involve yourself to experience the infectious spirit of IWA and recognize the value it brings to our lives.

The Election Sub Committee has compiled the list of candidates' for election to the Managing Committee for 2012 – 2013. The nomination form is attached in the newsletter. We request all members to complete and send the form to **Princess Naik, Chairperson, Election Committee.**

We thank **Padmini Natarajan** for willingly coming forward to send important information via email to all members.

Come to celebrate the penultimate month of our team's efforts!
Forever Connected. Forever Learning. Forever Inspired.

NINA KOTHARI

CHERRY VENKATESAN

1^{Thu}	9.00^{AM} Managing Committee
	10.00^{AM} Executive Committee
Usha B Moorthy's Residence 'SPL Srinidhi', 25 (Old 6) Beach Road, Kalakshetra Colony, Besant Nagar, Chennai 600 090	

Meetings are hosted by **Usha B Moorthy**

To learn more, visit the IWA blog site: www.iwachennai.blogspot.com

6 Tue

10.15 AM
 B Bar at Burgundy
 No 94, Sathyadev Avenue,
 MRC Nagar, Chennai 600 028

IWA's Got Talent "Trashion Show- Don't Throw it Away"

Please don't throw it away!! IWA's got use for it!!

Ever wondered what to do with old magazines, artificial flowers, that old T-shirt or that too short dress or salwar kameez with the worn-out bottom? Here's an opportunity to showcase IWA's talents in reviving, rejuvenating, dazzling up, sparkling up and basically recycling every conceivable man-made material into ready-to-use clothing and accessories to wow the audience.

Our ladies will take to the catwalk for a **Trashion show** and make a spectacular statement with innovative creations of their own making.

For those who would like to share their "GREEN" contribution, you are most welcome to wear or bring along an item that you have which is made from recycled material, whether bought or homemade.

We're planning to have a Trash Bash!!

Our thanks to **Cibi Mammen** for graciously sponsoring this event.

We thank **Jaya Tambay-Patwardhan** for being our day facilitator.

DEEPALI GOYAL

ANITA NAZARETH-WEDICK

8 Thu

10.15 AM
 ITC Rajendra Grand Chola
 No 63 Mount Road,
 Guindy, Chennai 600 032

IWA's Got Talent MasterChef IWA

The magnum opus of ITC Hotels, the ITC Grand Chola rises above the Chennai skyline in tribute to one of the world's greatest empires – the Cholas. ITC Grand Chola, the host of the MasterChef IWA event, transcends the definition of a hotel, and stands proud as an Indian institution.

The MasterChef IWA event will bring together 30 talented IWA ladies, offering them an opportunity to showcase their culinary skills. The IWA Chefs will be provided with live counters, each equipped with exclusive ITC recipes and the finest ingredients. In teams of 6, they will participate in a culinary competition which will be judged by an eminent panel from ITC.

We warmly invite all IWA members to come to this unique event, to encourage, cheer, and watch your friends redefine flavours and spices, whilst creating a winning culinary delight.

Members will be offered a guided tour of the hotel, after the event, to witness how the richness of the past meets the luxuries of the present.

Brunch, prepared by the ITC Grand Chola's expert Chefs awaits us.

We are extremely thankful to the Vice President and General Manager of the ITC Grand Chola - **Mr Philippe Charraudeau**, and his entire team of executives for hosting this IWA event.

We thank **Cibi Mammen** and **Rashmi Mohindra** for being our day facilitators.

NABILA AVAIS

PHYLLIS STATHIS

13^{Tue}

10.15^{AM}
 Arcot Hall,
 Sheraton Park Hotel,
 132 TTK Road, Chennai 600 018

IWA's Got Talent Filmy Hungama

Indians are avid filmgoers, and they love their films with songs and dance. There have been films with as many as 16 to 20 songs and have been huge hits. Film music is one of the primary reasons for repeat value of films. From **K.L.Saigal** to **AR Rehman**, we hum them all! So it is but natural that we chose film songs as the medium to showcase the talents of IWA members. Our 'stars' will sing, dance, enact popular songs in several languages.

So from 'bathroom-singers' to 'divas on stage' - lets cheer the 'IWA's GOT TALENT girls!

Come dressed in true 'Phillummy' style!

We thank **Pushpa Lakshman, Naina Shah, Sheetal Shah, Sheela Shetty, Kalpana Sonthalia, Nisha Sood**, for sponsoring the meeting.

We thank **Urmilla Agarwal** for being our day facilitator.

We thank **Princess Naik** for agreeing to coordinate the event and helping at every stage.

We thank **Sheela Sharath** for emceeing the program

GEETA VASUDEVAN

KIRAN RAO

19^{Mon}

10.15^{AM}
 Greenway's Hall
 Sheraton Park Hotel
 132, TTK Road, Chennai 600 018

IWA's Got Talent The Bottomless Pit

The talented ladies of IWA present '*The Bottomless Pit*' - A spoof on politics in India.

Corruption being the order of the day, we are presenting an UN-reality show... a kaleidoscope of schemes, scams and scandals! A chat show with high profile politicians enlightening us whether we still have hope or are we doomed to sink deeper into the bottomless pit of corruption.

This is a hilarious, witty and enjoyable skit written by our member **Ira Kalra**. Be there for a fun filled morning.

We thank **Rekha Bhatia** for graciously sponsoring the meeting.

We thank **Angelika Schwering** for sponsoring the technical support.

We thank our day facilitator **Anuradha Bhasker**.

AMBIKA MAMMEN

ANGELIKA SCHWERING

20^{Tue}10.15^{AM}Eco Café at Chamiers, (Anokhi),
106 Chamiers Road, RA Puram,
Chennai 600 028

IWA's Got Talent What is Wellness?

While everyone agrees that the absence of illness is one part of being healthy, it doesn't indicate whether you are in a state of well-being.

Wellness, as a state of health, is closely associated with your mind and body! It is your lifestyle. Each person has a responsibility to provide for health essentials such as good nutrition, proper weight control, exercise, controlling of risk factors such as smoking and alcohol and a balanced state of mind.

Ladies arm yourselves with the bounty of information on wellness, for this will be an interactive session during which a panel of 6 of our IWA ladies will discuss several issues relating to wellness along with a participating audience.

Our member **Rekha Rangaraj** will be the moderator.

We thank **Asha Reddy** for graciously sponsoring this meeting.

We thank **Veena Swamy** for being our day facilitator.

USHA MOORTHY

MALINI BALAKRISHNAN

22^{Thu}10.15^{AM}At Forum Art Gallery
57, 5th Street, Padmanabha Nagar Adyar,
Chennai 600 020

IWA's Got Talent IWA Ladies can be Very Catty!

Many of us know and love the Broadway Musical **Cats** which is based on T. S. Eliot's poem series Old Possum's Book of Practical Cats. We're doing extracts from the Eliot poems as a **Dramatic Poetry Reading** this March. **Kaveri Lalchand** is our accomplished and talented Director. The poems are such fun that we have had plenty of enthusiastic volunteers. There is drama, mystery, sweetness, menace, laughter, bounding and prowling. Rehearsals have been on for weeks, and everyone's being so completely catty, it's an absolute treat! Do come, and bring your friends, because this is going to be a lot of feline fun.

Our thanks to hostess **Shalini Biswajit** who is creating a very 'cattiness-conducive' environment at her Gallery, and to **Priya Asokan** who is our dynamic day facilitator

We thank our enthusiastic participants, **Priya Asokan, Tehnaz Bahadurji, Heather Charraudeau, Jessica Elias, Deepali Goyal, Raheela Kareem, Nina Kothari, Gayatri Krishnaswamy, Usha Moorthy, Padmini Natarajan, Anjali Sacheti, Fharzana Siraj, Cherry Venkatesan, Shirley Verghese.**

TEHNAZ BAHADURJI

27^{Tue}

10.15 ^{AM}
 Sheraton Park Hotel
 132 TTK Road
 Chennai 600 018

IWA's Got Talent The Confluence: Spirituality in IWA

Come and join us as IWA ladies share their spiritual journeys.

We start the morning with a mesmerizing rendition of the "Hanuman Chalisa," one that promises to transport you to the foothills of the Himalayas! Ferrying us with their chanting are **Urmilla Agarwal, Seema Bhargava, Anu Bhaskar, Renujalar, Shrikanthajhaver, Brahada Kameshwaran, Padmini Natarajan, Sucharita Prasad, Leena Rao, Asha Reddy, Ramani Reddy, Rajini Sabherwal, Rukku Seshasayee, Sheela Sharath, Nisha Sood, and Ranjani Venkataraghavan.**

Once we have awakened the senses, **Vidya Singh** will discuss the evolution of spirituality and how our environment has moulded the way religion is seen today.

Alagu Muthu. will share how the practice of the Ashtanga Path of Yoga has helps live a life of peace and harmony.

Phyllis Stathis will discuss Intellectual Spirituality as was debated by the Greek Philosophers Socrates, Plato and Aristotle..

Padmini Natarajan will discuss Spirituality with respect to others in her explanation of "The PanchaMahaYajna," the five sacred duties for living in harmony with the world.

Jayashree Manradiar will conclude with a talk and video on how spirituality helps us to lead a life of Dharma.

We thank our gracious hostesses, **Usha Saravanan** and **Shanthi Thomas**, and our day facilitator, **Rani Chada.**

The morning promises to be a stimulating one and we look forward to seeing you there!!

JAYASHREE MANRADIAR

ANJALI SACHETI

Please note the following changes in the New IWA Directory:

Uma Ganesan - Postal Code: **Chennai 600 085**
 Jaya Tambay-Patwardhan Mobile No. **98402 33975**
 Gayatri Krishnaswami. **Email:kitcha@airtelmail.in**
 Ramani Reddy – **Tel. No. LL. 42127464**

We thank **Cherry Venkatesan** and **Priya Asokan** for their contribution to the Endowment Lecture.

New Member

C16 Heather Charraudeau UK
 ITC Grand Chola Hotel
 No 63, Mount Road
 Guindy, Chennai 600032
 Mobile: 9566177663

29^{Thu}11.00^{AM}

Mahmooda Haja Shareef's Residence
'Nihal' 6, 1st Street, Haddows Road
Nungambakkam, Chennai 600 006

IWA's Got Talent Knowledge Matters

We invite all members to join us for an exciting game show "*Where In The World Are You*"?

The quiz has a different format : Come travel around the world with IWA through this visual journey !
A morning of entertainment and a challenge for the quiz lovers among us.

We thank **Mahmooda Haja Shareef** for graciously hosting the meeting.

We thank **Raheela Kareem** for being our day facilitator.

We thank **Amita Bhatia** for conducting the quiz.

We thank **Elizabeth Aston** for sponsoring the technical equipment.

The meeting will start at **11.00 am** and lunch follows.

SOMNA SACHDEV

ELIZABETH ASTON

From the Election Committee

We invite you to nominate persons for each office of the Managing Committee:

GUIDELINES:

1. Nominees for President, Indian shall have served on the Managing Committee for at least 2 years. They should have been members of IWA for at least 7 years. This may be relaxed in the case of Non-Indians.
2. Nominees for office bearers of the Managing Committee (i.e. Vice President, Secretary or Treasurer) should have served as Activity Chairpersons for at least 2 years. This may be relaxed in the case of Non-Indians who have been members of IWA for three years or less.
3. The Election Committee shall present to the members the names of Indian and Non-Indian nominees who are eligible and willing to stand for election on the Managing Committee, keeping in mind their proven ability to fulfill their responsibilities and work as a team. They shall inform the members of the time, place and venue of the election.

This newsletter carries the nomination form. Please fill the form and forward it to **Princess Naik, Chairperson of the Election Committee** at the following address.

New No 12 Old No 83
4th Main Road, Gandhi Nagar,
Adyar, Chennai 600020

Please ensure that your nomination form reaches Princess Naik's residence before 3 p.m. on Monday the 12th March 2012.

Chairperson : Princess Naik

Members : Sangeet Chopra
Leena Suryaprakash
Sheela Sharath
Shanta Narayan

From the Election Committee

Following in alphabetical order is the list of eligible members who have agreed to be nominated for the various posts on the Managing Committee for 2012-13 –Presidents, Vice Presidents, Secretaries and Treasurers.

INDIANS

URMILLA AGARWAL	03-04	Cooking Swapshop
	04-05	Music and Performing Arts
	05-06	Arts & Handicrafts
	06-07	Treasurer
NABILA AVAIS	08-09	Arts & Handicrafts
	09-10	Health & Ecology
	11-12	Cooking Swapshop
ZAINAB KACHWALLA	08-09	Health & Ecology
	09-10	Current events
	10-11	Membership Secretary
ASHA RAMMOHAN	09-10	Cooking Swapshop
	10-11	Music & Performing Arts
	11-12	Treasurer
NITA REDDY	09-10	Music & Performing Arts
	10-11	Arts & handicrafts
	11-12	Secretary
RAMANI REDDY	02-03	Music & Performing Arts
	08-09	Music & Performing Arts
	09-10	Secretary
	11-12	Vice President

NON- INDIANS

Priya Asokan 11-12 Secretary

Sharon Dean

Heather Philips Charraudeau

Vijaya Rangarajan	90-91	Arts & Handicrafts
	91-92	Secretary
	94-95	Health & Ecology
	08-09	Vice President

Olga Suihkonen

Founder Members

Nirmal Seshadri Lakshmi Padmanabhan Nancy Dean
Saroja Ramamrutham Anneliese Hazari Sunita Shahaney
Reva Singh

Former Presidents

1986 - 1988	Nirmal Seshadri	Nancy Dean
1988 - 1990	Vanitha Mudaliar	Barbara Clarkson
1990 - 1991	Sunita Shahaney	Janet Picken
1991 - 1992	Nirmal Mirza	Stina Vasu
1992 - 1993	Malini Vijayaraghavan	Maureen Hudson Murari
1993 - 1994	Nanditha Krishna	Aruna Vijaykumar
1994 - 1995	Lily Madhok	Margaret Sekharan
1995 - 1996	Zubeida Asgarali	Khinthida Lwin
1996 - 1997	Alagu Muthu	Poonam Lalchand
1997 - 1998	Rupa Kadhiresan	Anneliese Hazari
1998 - 1999	Shyla K. Rau	Megan Utley
1999 - 2000	Gayatri Bewoor	Chandrika Chidambaram
2000 - 2001	Javanthi Singaram	Eira Doshi
2001 - 2002	Rani Chada	Seema Sait
2002 - 2003	Kusum Chadda	Meyyammai Murugappan
2003 - 2004	Sushila Nataraj	Elaine Wood
2004 - 2005	Vidya Singh	Padma Ashok
2005 - 2006	Princess Naik	Rathi Nilakantan
2006 - 2007	Seema Bhargava	Amulya Rao
2007 - 2008	Kamala Prasad	Raziyeh Sheerazie
2008 - 2009	Rani Ananth	Lynne Connor
2009 - 2010	Shobha Hebbar	Elizabeth Aston
2010 - 2011	Mridula Srinivasan	Uma Ganesan