

**June 2009**  
**Newsletter**

**IWA**  
**Chennai**



**EXECUTIVE COMMITTEE 2009- 2010  
MANAGING COMMITTEE**

**PRESIDENTS**

Shobha Hebbar	26411248	9840338258
Elizabeth Aston	24328590	9094558566

**VICE PRESIDENTS**

Mridula Srinivasan	24321028	9840931812
Sejal Wasani	24355290	9884052575

**SECRETARIES**

Ramani Reddy	28353608	9840086858
Manisha Singhee	24991482	9841035003

**TREASURERS**

Archana Meiyappan	28473932	9840998800
Jansi Kishore	28226395	9841589896

**ACTIVITY CHAIRPERSONS**

**ARTS & HANDICRAFTS**

Deepali Goyal	24357752	9841086752
Suzanne de Haes	24352346	

**BOOK DISCUSSION**

Geeta Rajagopal	24453239	9840052899
Noelene Goonan	43042974	9003283294

**COOKING SWAPSHOP**

Asha Rammohan	28332006	9840039958
Jennifer Arun	28275032	9880399490

**CURRENT EVENTS**

Zainab Kachwalla	28292274	9840853652
Jennifer Moore	9940065292	9840892782

**HEALTH & ECOLOGY**

Nabila Avais	28264325	9840026665
Bess Simkin	24333565	9791172021

**HISTORY, CULTURE & TOURS**

Maya Mathew	28281228	9841010080
Nalini Panday	24610944	9841048629

**MUSIC & PERFORMING ARTS**

Nita Reddy	42030717	9962530717
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**PHILOSOPHY & RELIGION**

Anuradha Uberoi	24329728	9841042520
Tineke Sysmans	45066148	9940135888

**IWA NEWSLETTER**

Volume XXIV No.1

Chennai

JUNE 2009

**MONTH AT A GLANCE**

Thu. 4th June	Managing Committee Meeting Executive Committee Meeting	09.30 a.m. 10.30 a.m.
Mon. 15th June	Fellowship Morning	10.15 a.m.
Thu. 18th June	Current Events <i>Behavioural Finance - why do rational beings make irrational decisions?</i>	10.15 a.m.
Tue. 23rd June	Health & Ecology <i>Master of Cleft Lip and Palate surgery</i>	10.15 a.m.
Thu. 25th June	Cooking Swapshop <i>6 Countries in 60 minutes</i>	10.15 a.m.
Tue. 30th June	History, Culture & Tours <i>Seven Wonders of India</i>	10.15 a.m.

IWA Blog Site : [www.iwachennai.blogspot.com](http://www.iwachennai.blogspot.com)

## FROM THE PRESIDENTS

Dear Friends,

Charles R. Swindoll wrote, "I cannot even imagine where I would be today were it not for that handful of friends who have given me a heart full of joy. Let's face it; friends make life a lot more fun." That's what makes IWA so much fun – the great friendships we have formed over the years. It's great to be back after the break, to greet old friends and form new friendships.

Welcome to the IWA year 2009-2010.

We will continue with our eco-friendly theme in support of the environment. Our logo, the Tree of Life depicts the inter-dependence of all living things on our planet. We will use "tree free" paper made from bagasse for the newsletter pages. Our colours for the year are red and gold, considered auspicious in India. The white background signifies peace, purity and joy.

Should you fail to receive the newsletter, for details of monthly meetings visit our blog site [www.iwachennai.blogspot.com](http://www.iwachennai.blogspot.com). The site will be updated every month by Rani Ananth. Thank you Rani.

Our Activity Chairpersons are working hard to give you great programmes throughout the year and as usual, our enthusiastic members have already contacted us with some wonderful ideas.

We look forward to sharing the year with you at all our meetings.



SHOBHA HEBBAR

ELIZABETH ASTON

MANAGING COMMITTEE

Thu. 4th June at 9.30 a.m.

EXECUTIVE COMMITTEE

Thu. 4th June at 10.30 a.m.

Meetings hosted by

Asha Rammohan

At her residence

27, Rutland Gate, 4th Street, Nungambakkam  
Chennai - 600034

## FROM THE VICE PRESIDENTS

We are starting a new IWA year, a new beginning and a hope that the spirit of friendship of IWA continues unabated.

Meeting again after a break of a little less than two months in the middle of the Chennai, summer we look forward to making new friends and strengthening the bonds with old ones.

We continue to be eco-friendly using "tree free" paper for the newsletter. We have a beautiful and symbolic logo on the newsletter cover—the Tree of Life with flowers and birds representing life, growth, energy, renewal and change.

Do write or email us regarding any personal announcements you would like published in the newsletter.

We look forward to a great year with you.

MRIDULA SRINIVASAN

SEJAL WASANI

## FROM THE SECRETARIES

A very warm welcome to all members to yet another interesting year with IWA, and a special welcome to all those who have joined this year. The secretaries will endeavour to ensure that members enjoy the new IWA year and try to keep you updated about the meetings every calendar month by reaching the newsletter to every single member on time.

If you do not receive the newsletter by the 5th of each month, please contact Manisha Singhee on 9841035003 or Ramani Reddy on 9840086856 between 10 a.m. and 6 p.m. on all weekdays except Sundays.

Also, please inform any change in your existing address or telephone number in order to facilitate prompt communication. This information may be forwarded to either of us or the Membership Treasurer.

Looking forward to working with you.

RAMANI REDDY

MANISHA SINGHEE

## FROM THE TREASURERS

The new IWA year has begun. Welcome back!

More than 200 members have submitted their Renewal forms and cheques for Rs. 2,000 during the AGM in April. Thank you very much! For those who haven't, now is the time to do it. Please return your duly filled in renewal forms together with the cheque for Rs. 2,000 made payable to "IWA Chennai" or in the case of Non-Indian members without an Indian bank account, the cash equivalent.

The closing date for renewals is 30th June 2009.

Please note that:

- a) No cheques/cash will be accepted without the form, and vice versa.
- b) Those who do not wish to renew their membership, or wish to change it to senior or outstation member should inform the Membership Treasurer in writing as soon as possible. Kindly keep in mind that "outstation" means within India.

The following points may appear oft repeated, but are included again for the benefit of our new members and for those seeking clarification:

- This IWA year commenced on April 2009 and culminates on March 31st 2010.
- All IWA members must attend a minimum of 10 meetings except senior members who are exempted from the rule.
- All activity meetings will commence at 10.15 a.m. Members are requested to sign the attendance registers to record their presence. The attendance will close at 10.45 a.m. and anyone signing in after this time will not be credited with an attendance.
- For clarity, members are asked to PRINT their name and code number. The membership code can be found on their monthly newsletter address label.

To keep track of their attendance record, members will find an attendance chart will be provided at all activity meetings in the months of September and January. Do try and keep a record of the meetings you attend!

Members are encouraged to bring guests along but please note that guest attendance is restricted to four meetings per year for each specific guest attending the same. Please sign in guests on the guest register sheet. The charges are as follows:

- \* Home meeting - Rs 50/guest
- \* Club meeting - Rs 100/guest
- \* Hotel meeting - As per actuals

Looking forward to a year of great camaraderie. Thank you.

ARCHANA MEIYAPPAN

JANSI KISHORE

## CHANGE OF ADDRESS

Geeta Rajagopalan  
3 Srikripa  
21, 3rd Seaward Road,  
Thiruvanmiyur,  
Valmiki Nagar  
Chennai 600 041  
Phone: 24453239

Raziyeh Sheerazie  
Apt PH3, 5th Floor  
Alsa Manor, Alsa Gardens  
72, Harrington Road, Chetpet,  
Chennai 600 031.

Sujaya Menon  
13/7, 6th Cross Street  
Shastri Nagar  
Adyar  
Chennai 600 020  
Phone: 24917464

## FELLOWSHIP MORNING

Monday, 15th June at 10.15 a.m.

At: Madras Club  
Adyar Club Gate Road  
Chennai - 600 028



We need worship for our spirit, fellowship for our soul  
and committed subservience for our body - Larry Norman

It is that time of year again: a time when we renew old friendships and forge new ones. It is also the time to meet and welcome the new members joining the IWA family. We, the Managing and Executive Committees welcome you to a morning of fun and fellowship as we start the new IWA year with the Fellowship Morning.

As we mentioned in our letter earlier, our colours this year are red and gold on a white background. We ask as many of you as possible to wear something in one or more of these colours. We also request you to wear your name badges so that the new members can get to know you. Thank you.

**This meeting is for members only.**

SHOBHA HEBBAR

ELIZABETH ASTON

THE MANAGEMENT & EXECUTIVE COMMITTEES

## CURRENT EVENTS

Thursday, 18th June at 10.15 a. m.

At: Madras Boat Club  
Boat Club Road  
Chennai - 600 028



**"Behavioural Finance- Why do rational beings make irrational decisions?"**

Most of us believe that investors make investment decisions in the most rational manner. However the truth could be different. We are all influenced by our past experiences or cognitive biases that make the whole decision making exercise one that may be highly irrational, leading to outcomes that are undesirable.

The volume of research in the field of Behavioural Finance has grown over the last one and half decades. The field merges the concepts of finance/economics and psychology to understand the human behaviour in the financial markets, to form winning investment strategies and help overcome mistakes/errors in financial decisions.

To present this topic we have invited Babu Krishnamoorthy, a Chartered cum Cost Accountant with over a decade of experience in financial and investment consultancy services. He is co-founder of Pelican Wealth Managers Private Ltd, which specialises in providing Financial Planning based investment solutions. He is a visiting faculty at some MBA institutes on financial and investment subjects.

ZAINAB KACHWALLA

JENNIFER MOORE

## MANAGING COMMITTEE

### PRESIDENTS



Shobha Hebbar



Elizabeth Aston

### VICE PRESIDENTS



Mridula  
Srinivasan



Sejal Wasani

### SECRETARIES



Ramani Reddy



Manisha Singhee

### TREASURERS



Archana  
Melyappan



Jansi Kishore

## ACTIVITY CHAIRPERSONS

### ARTS & HANDICRAFTS



Deepali Goyal



Suzanne de Haes

### BOOK DISCUSSION



Geeta Rajagopal



Noelene Goonan

### Cooking Swapshop



Asha Ramnohan



Jennifer Arun

### Current Events



Zainab Kachwalla



Jennifer Moore

### Health & Ecology



Nabila Avals



Bess Simkin

### History, Culture & Tours



Maya Mathew



Nalini Panday

### Music & Performing Arts



Nita Reddy



### Philosophy & Religion



Anuradha



Tineke Sysmans

## HEALTH & ECOLOGY

Tuesday, 23rd June at 10.15 a.m.

At: Hotel Savera  
146, Dr. R.K. Salai  
Chennai- 600 004



### Master of Cleft Lip and Palate surgery

Dr. Hirji Sorab Adenwalla is a Plastic Surgeon with immense experience in Pediatric and Corrective Plastic Surgery. He became the first surgeon in India interested in children born with a unilateral cleft lip and palate deformities.

For over four decades, he has been working at the Jubilee Mission Medical College & Research Institute, Thrissur, devoting himself entirely to cleft surgery. He has established the Charles Pinto Centre for Cleft Lip and Palate, having operated over 13,000 cleft cases, mostly reaching out to the abject poor who otherwise would not have been able to afford this type of surgery. His department caters to all aspects of cleft work and attracts a number of young students and consultants from all over the world in the field to undergo further training in cleft surgery.

Dr. Adenwalla will be coming down from Thrissur to make a presentation on his clinical and operative experiences on cleft lip and palate deformities.

We are very thankful to Cherry Venkatesan for hosting Dr. and Mrs. Adenwala at her home and Tehnaz Bahadurji for generously hosting this meeting for us.

NABILA AVAIS

BESS SIMKIN

## COOKING SWAPSHOP

Thursday, 25th June at 10.15 a. m.

At: Southern Crown Room  
GRT Grand Hotel  
120 Sir Thyagaraya Road  
T Nagar, Chennai 600 017



### 6 Countries in 60 Minutes

Azulia is coined from the Spanish word *Azure* that means blue and it instantly conjures up the intoxicating blue of the Mediterranean Sea. The restaurant Azulia is located in the GRT Grand Hotel. The cuisine spans culinary destinations bordering the Mediterranean Sea - Lebanon, Turkey, Spain, Italy, Greece and Morocco.

Chef Joseph Chahine, the man behind restaurant Azulia, will take us on a culinary journey through 6 countries in 60 minutes. Chef Joseph has worked extensively over the past 25 years in London, Dubai, U.S.A. and also as Chef for the Prince of Kuwait at the Bayan Palace, Kuwait.

A tasting of the recipes will follow the demonstration. Join us in sampling the cuisine of 3 continents on a single platter.

We would like to thank the GRT Grand Hotel for hosting this meeting and Naina Shah for her help in organizing the event.

ASHA RAMMOHAN

JENNIFER ARUN

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Our sincere condolences to Uma Ganesan on the demise of her husband.

## HISTORY, CULTURE & TOURS

Tuesday, 30th June at 10.15 am

At: Madras Boat Club  
Boat Club Road  
R.A.Puram, Chennai-600028.



### Seven Wonders of India

The recently held "Seven Wonders of India" campaign celebrated India's rich heritage by acknowledging many forgotten manmade marvels of India. The campaign brought to light India's enormous wealth in art and architecture. Indians voted for their favourite places from more than 200 nominees and the final seven shows what a treasure trove of heritage India is - from a majestic monolith to places of worship, from a fort to an ancient university.

Our speaker, **Dr. Chithra Madhavan M.A., M.Phil., Ph.D** has researched extensively into the history, culture and architecture of India. She was awarded the junior fellowship by the Government of India for her post-doctoral research. Chithra has also authored many books and contributed many articles on various aspects of history, heritage, culture and architecture of South India.

We thank **Beena Ram Mohan** and **Sheetal Shah** for hosting this meeting.

MAYA MATHEW

NALINI PANDAY

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Heartly Congratulations to **Dr. Mano Bakthavatsalam** on being conferred with the "Lifetime Achievement Award" by the Rotary Club of Madras Mount.

## WELCOME TO RUSSIA

August 16th to August 24th



A land of enormous diversity and vitality, Russia is a storehouse of historic monuments and cultural treasures. Spanning two continents and eleven time zones, the Russian Federation is the largest country on earth, maintaining its own identity as it straddles the cultures of Europe and the Far East.

It is a country with a turbulent history, from Ivan the Terrible to Peter the Great, from the fall of the Tsars to the Communist ideology of the Soviet Government. Today, the new Russia, rich in history and cultural heritage is waiting to be discovered and is attracting tourists from all over the world.

We will be visiting the two imperial cities of Russia - **Moscow** and **St. Petersburg**. Our visit to Moscow will include a city tour and a tour of the **Kremlin**; the **Metro** with its ornate stations; **Red Square** and the most famous landmark of Moscow, **St. Basil's Cathedral** built in the 16th century by Ivan the Terrible. We will also go to the town of **Sergei Posad**, 75 kms. north east of Moscow, famous for its 14th century spectacular fortress monastery. The drive through birch forests and rolling hills is truly breath taking.

**St. Petersburg** is a beautiful city of canals, often referred to as the Venice of the North. We start with a panoramic city tour including **Palace Square**, **St. Isaac's Square**, the main Admiralty building, the **Bronze Horseman Monument**, **Field of Mars**, **Nevsky Avenue**, etc. We visit the **State Hermitage Museum** which occupies six magnificent buildings situated along the the River **Neva**. The leading role in this unique architectural ensemble is played by the **Winter Palace**, the residence of the Russian tsars. Next on our itinerary is **Peterhof Palace**, the world-famous palace with its fountains and parks is an outstanding landmark of Russian artistic culture. We will also visit **St. Isaac's** and **Our Saviour of the Blood** cathedrals. A canal cruise will be an added attraction.

We will have fun filled evenings with dinner at famous restaurants like the **Vodka Bar**, the **Vanilla Sky**, the **Da Vinci** and the **Alishaan** and even Indian dinners at restaurants like the **Darbar**. We will be



seeing the famous Russian Circus, an evening of folklore performance at the Nicolavaesky Palace with cocktails and a performance of the world renowned Russian ballet.

No trip can be complete without shopping! We can shop till we drop at the Arbat and the Izmailovo Flea Market in Moscow.

Do not miss this great opportunity to take home unforgettable memories of Russia. Please check in with Maya Mathew at 98410 10080 or Nalini Panday at 98410 48629 by Saturday, June 20th.

#### Cost of Trip

- 1) The approximate price of the program is Rs.1, 06, 500/- (Euro 850+49,000/-) per person on the basis of a group of 20 pax minimum.
- 2) The approximate price of the program is Rs. 1, 03, 000/- (Euro 800+ 49000/-) for a group of 30 pax minimum.

#### Above price includes:

- Airfare from Chennai – Moscow – Chennai
- Visa
- Accommodation at Holiday Inn Suchevisky Hotel (4\* super) for 2 nights + 1 night in business class rooms in Moscow
- Accommodation at Park Inn Pribaltiskaya Hotel (4\*) for 2 nights in business class rooms in St. Petersburg
- Transport services as per whole program by tourist bus with a/c
- English speaking guide services as per whole program
- All excursions as per program (all entrance fees are included)
- All meals as per program including 2 dinners at Indian restaurants
- Moscow Circus
- The ballet
- Folklore at Nickolaevsky Palace with cocktail
- Train ticket Moscow - St. Petersburg - Moscow by Luxe train (first class / 2 pax in the compartment)
- Domestic flight from St. Petersburg to Moscow

MAYA MATHEW

NALINI PANDAY

#### MEMBERSHIP SUB-COMMITTEE

2009 – 2010

The following members will form the Membership Sub-Committee for the year 2009 – 2010.

Jansi Kishore	Membership Treasurer
Archana Meiyappan	Treasurer
Jo Frogbrook	Immediate Past Membership Treasurer
Shobha Hebbar	President
Elizabeth Aston	President
Mridula Srinivasan	Vice President
Sejal Wasani	Vice President
Rani Ananth	Immediate Past President
Lynne Connor	Immediate Past President
Radha Gopalakrishnan	General Body
Rupa Kadhiresan	General Body

We thank Lalitha Krishnan, who steps down from the Membership Committee this year, for her contribution. We welcome Rupa Kadhiresan who takes her place on the Committee..

SHOBHA HEBBAR

ELIZABETH ASTON

We request Members to observe these common courtesies:

- To wear name badges to all meetings
- To greet each other and interact with a variety of members, especially new ones.
- To switch mobiles phones OFF for the duration of the meeting.
- Not to SMS during the meeting.
- To remain seated until the speaker has finished. If a member has to leave before the end of the meeting, please sit near the exit.
- To respond to RSVPs whenever requested. After checking in for a meeting, if you are unable to make it, please inform the chairperson. This gives a chance to one of the wait-listed members to attend.
- To contribute to IWA whenever possible, i.e., coming forward with ideas, hosting speakers, participating in events.

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**WELCOME NEW MEMBERS**

**N. Meera**  
 Raghavendra Rao  
 'Chandrika'  
 No 43 (Old 17) Eldams Road  
 Chennai 600 018  
 Tel: 2435 2312

**Amita Bhatia**  
 2a Vaikunth  
 19 Rutland Gate IV St  
 Nungambakkam  
 Chennai 600 006  
 Tel: 2833 0441  
 Mobile: 9840293657

**Sudha Shivkumar**  
 27, 4th Seaward Road  
 Valmiki Nagar  
 Thiruvanmiyur  
 Chennai 600 041

**Usha Moorthy**  
 SPL Srinidhi  
 25, Old No 6 Beach Road  
 Kalakshetra Colony  
 Besant Nagar  
 Chennai 600 090  
 Tel: 4215 0888  
 Mobile: 9840074196

**Jeyasree Ravi**  
 7/5 Nana Street  
 T Nagar  
 Chennai 600 017

**Anita Bhatia**  
 10 Judge Jambulingam Road  
 2B TCR Regency  
 Mylapore Chennai 600 004  
 Mobile: 9840975510

**KEEP TABS ON YOUR ATTENDANCE**

Every month jot down the meetings you have attended in the column below. This will help you keep track of whether you have completed your ten meetings.

MEETING	DATE
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	