

December 2008

Newsletter



Chennai



REACHING OUT IN FRIENDSHIP



## EXECUTIVE COMMITTEE 2008- 2009

### MANAGING COMMITTEE

#### PRESIDENTS

Rani Ananth	24490854	98407 61624
Lynne Connor		98409 75740

#### VICE PRESIDENTS

Shobha Hebbar	26411248	98403 38258
Vijaya Rangarajan	28156588	98410 99363
	(O)28288844	

#### SECRETARIES

Mridula Srinivasan	24321028	98409 31812
Ruth Lauge	24495199	98402 35222

#### TREASURERS

Asha Hemdev	28278165	98403 43528
Jo Frogbrook	42110112	98408 91824

### ACTIVITY CHAIRPERSONS

#### ARTS & HANDICRAFTS

Nabila Avals		9840026665
Ninna Hogedal	65714286	9952965170

#### BOOK DISCUSSION

Nalini Acharya	26449731	9381174164
Bharathi Nair Gopinath	42120726	9884495778

#### COOKING SWAPSHOP

Achu Kurian	28365083	9841144072
Balveer Singh	24984989	9940183839

#### CURRENT EVENTS

Anuradha M. Uberoi	24329728	9841042520
Tineke Sysmans	45066148	9940135888

#### HEALTH & ECOLOGY

Zainab Kachwalla	28292274	9840853652
Helen De Clercq	24510180	9940688738

#### HISTORY, CULTURE & TOURS

Leena Suryaprakash	28213067	9840937366
Cherry Venkatesan	28293436	9841023740

#### MUSIC & PERFORMING ARTS

Ramani Reddy	28353348	9840086858
Angelika Schwering	24490382	9840379471

#### PHILOSOPHY & RELIGION

Archana K Meiyappan	28473932	9840998800
Lena Heyman	24493222	9444076800

## IWA NEWSLETTER

Volume XXIII No.7

Chennai

DECEMBER 2008

### MONTH AT A GLANCE

Tue. 2nd Dec.	Managing Committee Meeting	09.30 a.m.
	Executive Committee Meeting	10.30 a.m.
Wed. 3rd Dec.	History, Culture & Tours <i>IWA Endowment Lecture</i>	10.45 a.m.
Thu. 4th Dec.	Arts & Handicrafts <i>Incenses &amp; Perfumes</i>	10.15 a.m.
Mon. 8th Dec.	Joint Meeting <i>Tibet - Roof of the World</i>	04.30 p.m.
Wed. 10th Dec.	Christmas Celebrations	10.15 a.m.
Fri. 12th Dec.	Current Events <i>Face to Face with Viswanathan Anand</i>	04.00 p.m.
Mon. 15th Dec.	Book Discussion <i>Sea of Poppies</i>	10.15 a.m.

IWA Blog Site : [www.iwachennai.blogspot.com](http://www.iwachennai.blogspot.com)



## FROM THE PRESIDENTS

Dear Friends,

There is a nip in the air. It is the month of December when Chennai weather is at its coolest, a time when we wake up to the season of music and dance.

We begin the month with the IWA Endowment Lecture. From there we take you on an aromatic experience of the lingering fragrance of attars. From the tantalizing olfactory experience we go on a Tibetan culture trip.

December brings in the yuletide spirit. The Christmas trees are bespangled with stars, festoons and wreaths. Cards are sent, parcels wrapped, stockings hung and carols sung! We know that it is Christmas, when we taste that plum pudding, mince pies, yuletide log and much, much, more as we celebrate the true spirit of Christmas in the beautiful ambience of Cottingley.

To cap it all we are very happy to have with us the World Champion, Vishwanathan Anand and his wife for an informal face to face.

After all this we take a break to meet you in a brand new year with more exciting meetings.

We wish you all a MERRY CHRISTMAS and A HAPPY NEW YEAR.

RANI ANANTH

LYNNE CONNOR

MANAGING COMMITTEE

EXECUTIVE COMMITTEE

Tue. 2nd Dec. at 9.30 a.m.

Tue. 2nd. Dec. at 10.30 a.m.

Meetings hosted by  
Shobha Hebbar & Vijaya Rangarajan  
At: Mowbrays Hall  
Madras Club  
Adyar Club Gate Road  
Chennai - 600028

## FROM THE TREASURER

Income & Expenditure Statement  
1st April 2008 to 30th September 2008

Income	Amount Rs.
Membership Subscription	332200.00
New Membership	3250.00
Hostess Contribution	69700.00
Telephone Books	12400.00
Guest Contribution	24250.00
Photographs & Badges	540.00
Savings Bank Interest/Fixed Deposit Interest	25605.00
<b>Total</b>	<b>467945.00</b>

Expenditure Expenses	Amount
AGM Expenses 2007-2008	47410.00
Accounting Charges	5000.00
Meetings	93222.60
Printing & Stationary	11524.00
Postage & Courier Charges	10203.00
Founders' Day Celebration	71512.00
<b>Total Expenses</b>	<b>238871.60</b>
<b>Excess of Income over Expenditure</b>	<b>229073.40</b>

Funds position as on 30th September, 2008

Opening Balance - 1st April, 2008	
Bank	224417.35
Cash	5604.70
<b>Total</b>	<b>230022.05</b>
Add: Excess of Income over Expenditure	229073.40
Less: Advance to Chairpersons	24000.00

Closing Balance - 30th September, 2008

Bank	425558.75
Cash	9536.70
<b>Total</b>	<b>435095.45</b>

Fixed Deposits	
Special Fixed Deposit -1287306000014	100000.00
Corpus & Entrance Fee - 128730100057	424354.00
Entrance Fee - 128730300568/1	5419.00
<b>Total Fixed Deposits</b>	<b>529773.00</b>

ASHA HEMDEV

## SUMMARY OF DEEPAM – 2008

Income	Amount	
	Rs.	P.
Sale of Tickets – 418		
Tickets @ Rs. 200	83600.00	
Stalls – 41 stalls @ Rs. 2000/- each	83000.00	
Khazana	15690.00	
Tambola	8400.00	
<b>Net Receipts</b>	<b>190690.00</b>	
<b>Expenses</b>		
Lunch Expenses	80075.00	
Entertainment	5000.00	
Decoration	9750.00	
Tips	7000.00	
Outreach (Kill Joshyam)	1500.00	
LCD, Video & Photography	2300.00	
Mehendi	100.00	
<b>Net Payments</b>	<b>105725.00</b>	
<b>Excess Income over Expenditure</b>	<b>84965.00</b>	

ASHA HEMDEV

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FROM THE VICE PRESIDENTS

Members are requested to give in the corrections/change in addresses/cell numbers/phone numbers to Jo Frogbook or Lynne Connor before 10th December to enable us to bring out the new telephone book.

SHOBHA HEBBAR

VIJAYA RANGARAJAN

## HISTORY, CULTURE & TOURS

On Wednesday 3rd December at 10.45 a.m.

At: The Madras Govt. Museum  
Pantheon Road,  
Egmore, Chennai – 600010



### IWA Endowment Lecture

Hinduism is one of the world's oldest living religions, having evolved over a period of over four thousand years. Varaha is the third avatara of Vishnu. He appeared in the form of a boar in order to defeat Hiranyaksha, a demon who had taken the Earth and carried it to the bottom of the cosmic ocean. Varaha won the battle and carried the Earth out of the ocean between his tusks and restored it to its place in the universe.

Varaha worship was very popular in ancient and medieval India though it declined thereafter. But there are many Varaha temples still under worship in Tamil Nadu and representations of Varaha in various forms in art and literature.

Dr. S. Vasanthi, Field Archaeologist, Department of Archaeology, Government of Tamil Nadu will deliver this year's IWA Endowment Lecture. She will talk on "Varaha Avatara of Vishnu in the Art and Literature of Tamil Nadu". In her own words, "this presentation is an outcome of an inspiration to further explore and study the Varaha avatara of Vishnu in the art and literature of Tamil Nadu. Historical research of this kind attempts to create links to the past when religion was a way of life".

We thank Nanditha Krishna and Sejal Wasani for sponsoring the snacks.

LEENA SURYAPRAKASH

CHERRY VENKATESAN

### OUR CONGRATULATIONS TO

Rani Ananth on the fantastic achievement of her son-in-law Viswanathan Anand on becoming World Chess Champion.

Anuradha Uberoi on becoming the Charter President of Soroptimist International of Chennai Magna.



## ARTS & HANDICRAFTS

On Thursday, 4th December at 10:15 A.M

At: "Chamiers"

New # 85, Old # 47, Chamiers road,  
R A Puram, Chennai 600028



### Perfumes – a Combination of Science and Art!

Perfumes are a mixture of fragrant essential oils and aroma compounds, fixatives and solvents mixed in various proportions to give a pleasing and unique effect. Perfumery is a combination of science and art! Creating a new fragrance is creating a completely new sensation.

Fragrances are used in domestic products and, more recently, in reconstituted essential oils and aromatherapy. Different fragrances like lavender, rose, musk, etc. are used to create desired therapeutic effects and promote well being.

All this needs skilful and intelligent supervision and constant monitoring. **Abdul Jabbar Suhail** is the senior executive director of Maschmeijer Aromatics (India) Pvt. Ltd, the largest suppliers and manufacturers of aromatic chemicals, fragrances and flavours in the country. He will be taking us on a journey right from the sourcing of raw materials, production and making of essential oils used in fragrances to the marketing of the finished products.

**Latha Mohan** and her sister **Madhu Mohan** are experts and specialists from the Oryza Rejuvenation Day Spa. They use holistic therapies and massages which combine the very best of Oriental and Western practices. They will take us through the use of aroma therapy products for an unforgettable experience of pure pampering and relaxation through a demonstration of aroma therapy facial, foot and nail spa. There will also be an attractive display of aroma therapy products and fragrances highlighting the effects and uses in spas. IWA Members are welcome to stay back after the meeting and avail complimentary mini spa services from Oryza.

We are extremely thankful to **Matangi, Kiran Rao** and the Management of Chamiers for generously providing the venue and hosting this meeting for us.

NABILA AVAIS

NINNA HOGEDAL

## COOKING SWAPSHOP, CURRENT EVENTS, HISTORY, CULTURE & TOURS, MUSIC & PERFORMING ARTS & PHILOSOPHY & RELIGION



On Monday, 8th December at 4.30 p.m.

Warn in Meeting

At: Hotel Savera,

146, Radhakrishnan Salai

Mylapore, Chennai - 600004

### Tibet – The Roof of the World

Should there be a homeland for all beliefs of the mind, Tibet is such a place. The open country far from any worldly noises, the clear skies, the snow-covered mountains and lofty and awesome peaks.....here the mind feels sublime! It is a land rich in legends and myth, a land of profound faith and piety. We present Tibet's rich religious traditions, its history and culture, its music and dance, its cuisine and the present day political scenario.

Tibetan Buddhism is very profound and its origins lie in the confluence of Buddhism, yoga and tantric practices which started to arrive in Tibet from India briefly around the late eighth century. We get a brief glimpse into their world as four monks, dressed in traditional garb, chant Buddhist prayers.

**Lhadon**, a university student will present a power point presentation on the life of his holiness, the Dalai Lama and will talk about the history of Tibet. She will also talk about the current political situation in Tibet.

Nearly every Tibetan can sing and dance. They do so at festivals, weddings, gatherings and even during their spare time. A few Tibetan students will perform one of the traditional dances for us.

Tibetan food shows the major influences of Indian and Chinese cuisines but the ingredients that are used are mainly of the mountain areas. The food that one gets here is deliciously different and known for its exotic flavours – foods like *tsampa*, *momos* and yak butter tea. We get to taste a sample of their cuisine.



Do join us as we transport you for a short time to the beautiful land of Tibet.

Our sincere thanks to **Asha Reddy** for coordinating the programme and for looking after the conveyance and hotel stay of the participants. We thank **Bala Rao, Julie Rothwell, Raziye Sheerazie** and **Gowri Visvanathan** for sponsoring the costumes. We thank **Rehane Yavar Dhala, Jayashree Manradiar, Archana Meiyappan, Shanthi Thomas** and **Veena Swamy** for sponsoring the tea.

Please note the change in timing and that it is an evening warn in meeting. The actual meeting will start promptly at 5 p.m. Preference for the 21st January meeting with the Dalai Lama will be given to those members who attend this meeting. We can accommodate only 100 members. So please warn in to **Achu Kurian** at 9841144072 or **Archana Meiyappan** at 9840998800 or **Balveer Singh** at 9940183839.

**ACHU KURIAN**  
**ANURADHA UBEROI**  
**LEENA SURYAPRAKASH**  
**RAMANI REDDY**  
**ARCHANA MEIYAPPAN**

**BALVEER SINGH**  
**TINEKE SYSMANS**  
**CHERRY VENKATESAN**  
**ANGELIKA SCHWERING**  
**LENA HEYMAN**

#### OUR HEARTFELT CONDOLENCES



With a heavy heart we announce the sad demise of our member **Leelamani John**. Our heartfelt condolences to the family.

#### IWA CELEBRATES CHRISTMAS

On Wednesday 10th December 2008 at 10.15 a.m.  
**Warn in Meeting**

**At: Cottingley**  
20, Anderson Road  
Nungambakkam  
Chennai 600 - 006

#### A Christmas Story by the Yuletide Tree

- Festive Songs & Stories unite with Christmas Lessons & Carols as we come together once again to celebrate the Festive Season. You are invited to come along wearing the festive colours of red, green and gold or any permutation of the three!
- The morning begins with fun and fellowship masquerading as the ever popular Khazana Stall and glasses of fruit punch. This will be followed by the official programme presented by our own IWA members. Song sheets will be provided so come in good voice!
- Finally celebrate with some Festive Food. Christmas foods from many of the countries our expatriate IWA members hail from will be there for you to taste.
- Please note this is a warn-in meeting for both numerical and security reasons. You can either call or text your IWA code number to **Lynne Connor** at 9840975740. We look forward to seeing you there.
- Members only.
- RANI ANANTH** **LYNNE CONNOR**

THE BOARD



## CURRENT EVENTS

On Friday, 12th December at 4 p.m.

Please note this is an evening meeting

At: Strokeside,  
Madras Boat Club,  
Boat Club Road,  
Chennai -600 028



### Face To Face with Viswanathan Anand

Chaturanga is an ancient royal game, the game of kings, which is presumed to be the ancestor of the game of chess. Chaturanga was adopted as Shatranj in Persia, which in turn came to be known as chess when it reached late medieval Europe.

The sports world waited with bated breath as two of the world's best players battled it out for supremacy in the game. On 29th October, 2008 after a nail biting finish, Vishwanathan Anand of India beat Vladimir Kramnik of Russia to become the only World Champion in chess history to have taken the **World Championship title in three formats and the number one spot on the world ranking lists.** This is a first for an Indian and an Asian.

Padma Vibhushan Viswanathan Anand, acclaimed as the **Fastest Brain in the world**, is the absolute **World Champion**. It is his success in the world scene that has made this ancient Indian game a mass sport in India. The critics rate him as one of the biggest natural talents ever in the history of chess, his hallmarks being lightning speed and intuitive play.

We are very proud and happy to have this rare opportunity of having this Gentleman Champion and his charming wife Aruna amongst us for an informal chat.

We thank Janet De Penning for sponsoring this meeting.

ANURADHA M. UBEROI

TINEKE SYSMAN

## BOOK DISCUSSION

On Monday, 15th December at 10.15 a.m.

At: Madras Boat Club  
Boat Club Road  
Chennai - 600028



### Sea of Poppies – A Rich Saga of Colonial History

The first in Amitav Ghosh's new trilogy of novels, **Sea of Poppies** is a vibrant and intensely human work that confirms his reputation as a master storyteller. The sweep of this historical adventure spans the lush poppy fields by the Ganga, the rolling high seas and the exotic backstreets of China. But it is the panorama of characters which makes this book so breathtakingly alive – a masterpiece from one of the world's finest novelists. Perhaps the most celebrated and cerebral among Indian writers in English, his body of work continues to inspire, inform and entertain.

Our speaker, Vijay Dhar did his B.A. (Hons.) in English from the University of Delhi and a post graduate diploma in Management from the Indian Institute of Management, Calcutta. He now lives a retired life in Coonoor. He will specially come down to Chennai to review **Sea of Poppies** for us. His talk will be centred round Amitav Ghosh's writings with special reference to this great novel.

We thank Asha Hemdev for organizing the speaker and hosting the meeting along with Prema Kumar and Maureen Thadani.

NALINI ACHARYA

BHARATHI NAIR GOPINATH

### HEALTH & ECOLOGY

Our thanks to Shrikanta Jhaver who generously sponsored the expenses pertaining to IWA's contribution of the October 14th meeting "Going nuts with amazing almonds"

We thank Sherna Irani for sponsoring the LCD projector for the November 13th meeting on Waste Management.

ZAINAB KACHWALA

HELEN DE CLERCQ



*I WA WISHES*

*MEMBERS & THEIR FAMILIES*

*MERRY CHRISTMAS*

*&*

*A VERY HAPPY NEW YEAR*

