



IWA

ഈവ

ഐവ

ഈവ

あいわ

آي وَا

ऐवा

NEW HORIZON

IWA

Chennai

January 2008

Newsletter

SUN	MON	TUE	WED	THU	FRI	SAT
		1	09.30 a.m. 2 Mng. Comm. Mtg. 10.30 a.m. Exec. Confrm. Mtg.	3	4	5
6	7	8	10.15 a.m. 9 Current Events	10	10.15 a.m. 11 Book Discussion	12
13	14	15	16	10.15 a.m. 17 Cooking Swapshop	10.15 a.m. 18 Health & Ecology	19
20	21	10.15 a.m. 22 Philosophy & Religion	23	10.15 a.m. 24 Book Discussion	25	26
27	28	29	11.00 a.m. 30 Endowment Lecture	31	3.00 p.m. Music & Performing Arts	

IWA NEWS LETTER

Volume XXII No. 8

Chennai

JANUARY 2008

MONTH AT A GLANCE

Wed. 2nd Jan.	Managing Committee Meeting Executive Committee Meeting	09.30 a.m. 10.30 a.m.
Wed. 9th Jan.	Current Events <i>Information Literacy & Empowerment</i>	10.15 a.m.
Fri. 11th Jan.	Book Discursion <i>"The Music Room" - Meeting the Author</i>	10.15 a.m.
Thur. 17th Jan.	Cooking Swapshop <i>Speciality Breads & Accompaniments</i>	10.15 a.m.
Fri. 18th Jan.	Health and Ecology <i>Obesity and its Treatment</i>	10.15 a.m.
Tue. 22nd Jan	Philosophy & Religion <i>The Mahatma spoke ... what did they hear</i>	10.15 a.m.
Thur. 24th Jan	Book Discussion <i>Knit India through Literature</i>	10.15 a.m.
Fri. 25th Jan.	Music & performing Arts <i>"Under the Mangosteen Tree"</i>	3.00 p.m.
Wed. 30th Jan.	History Culture & Tours IWA Endowment Lecture	11.00 a.m.

FROM THE PRESIDENTS

Dear Members,

We wish you all a very eventful and a happy New Year. As we bid farewell to a very successful year gone by, we feel highly satisfied and rewarded due to our well planned programmes presented by our Chair Persons and the Managing Committee.

Our Christmas Programme was a very beautiful celebration, enjoyed by all present. The lunch that followed was also appreciated by all. We thank the coordinators Anita Koshy and Darley Mathew who were fully supported by Rita Saldanha and Pramila Jacob. We thank them and all the others who worked hard to make the celebration a success.

Our heart felt condolences to the bereaved families of Jaya Naidu and Molly Tharyan who passed away recently. May their souls rest in peace.

We usher in the New Year looking forward to very meaningful and interesting programmes. Please do attend in large numbers. Looking forward to a great 2008 !!
Wish you all a Happy Pongal

KAMALA PRASAD

RAZIYEH SHEERAZIE

MANAGING COMMITTEE

Wed. 2nd January 9.30a.m

EXECUTIVE COMMITTEE

Wed. 2nd January 10.30 a.m.

Both Meetings hosted by
Lynne Connor
At : Cottingley, B.D.H.C.
20, Anderson Road
Chennai 600 006.

FROM THE MEMBERSHIP TREASURER

The Membership Sub-Committee received applications for new Indian members on October 13, 2007. The applications were reviewed to ensure procedures were followed. The Sub-Committee subsequently held meetings in November to review the applications and vote. Each application was thoroughly discussed by all members of the Sub-Committee prior to making selections.

Due to the limited number of vacancies in the Indian category, the Membership Sub-Committee could select only five new applicants. The following five candidates selected for membership in IWA for the year 2008-2009:

1. **Jessica Elias**
2. **Raheela Kareem**
3. **Gayathri Ramamurthy**
4. **Banu Singh**
5. **Sapna Sood (Temporary)**

The sponsors of the successful applicants have been informed of the selection of their candidates. We have also asked the sponsors to notify their candidates that they should attend as many IWA meetings as possible during the period January-April 2008, except the AGM and those meetings that are for members only, as special guests and pay guest fees. After April, each candidate will be sent her formal acceptance letter.

I wish to personally thank each member of the Sub-Committee for the time spent and care taken in the selection process.

SUSAN HOPPER

MEMBERS ARE REMINDED THAT A GUEST IS ALLOWED TO ATTEND A TOTAL OF FOUR MEETINGS DURING THE IWA CALENDAR YEAR, EXCLUDING THE AGM AND THOSE MEETINGS THAT ARE FOR MEMBERS ONLY. THE CALENDAR YEAR RUNS FROM JUNE TO APRIL. YOUR COOPERATION IS APPRECIATED.

SUSAN HOPPER

CURRENT EVENTS



Wednesday, 9th January 08, at 10.15 a.m.

At: **Madras Cricket Club (M.C.C)**
Bells Road
Chennai – 600 005

Information Literacy & Empowerment

Information literacy is the means by which individuals "recognize when information is needed and have the ability to locate, evaluate and use effectively the needed information". It forms the basis for lifelong learning and is common to all disciplines, environments, and levels of education. It enables learners to master content and investigations, become more self-directed and have greater control over their own learning process.

To discuss this topic we have **Prof.A.Amudavalli** Head, Dept.of Information Science, University of Madras and Chair person of the School of Information and Communication Studies. She is a widely travelled woman with a lot of publications to her credit and is an Academic Member of several Board of Studies & Working Committees.. Currently she is the Chairperson, Sexual harassment for Girl Students, University of Madras. Her talk will be followed by a Q & A session.

We would like to thank **Lalitha Krishnan** for being our gracious hostess for the morning.

ANURADHA SACHDEV

BALVEER SINGH

"Knowledge is power. Information is liberating. Education is the premise of progress, in every society, in every family." - Kofi Annan

BOOK DISCUSSION



Friday, January 11th at 10.15 a.m.

At: **Sunita Shahaney's**
'Oakland House'
7,Adyar Club Gate Road,
Chennai 600028

"The Music Room": Meeting the Author

'**The Music Room**' is the story of Namita and her teacher, Dhondutai who was the last living icon of the finest singers of the Jaipur gharana, the founder- the legendary Alladiya Khan and the great singer Kesarbai Kerkar.

Their life and music is told through the voice of Dhondutai Kulkarni. Namita began to learn singing from Dhondutai, at first reluctantly and then, as the years passed, with growing passion.

Namita Devidayal will read out a couple of passages from her book, 'The Music Room'. This will be interspersed with relevant recordings by the late Kesarbai and Dhondutai, both of whom are key evocative characters in the book.

'The Music Room' is about three great Hindustani classical musicians. Two became India's most legendary singers. One remained unknown.

Kindly warn in before 8th January, with Archana Meiyappan at 98409 98800 since only 70 persons can be accommodated.

We thank **Sunita Shahaney** for arranging and graciously hosting this meeting.

ARCHANA MEIYAPPAN

RUTH LAUGE

"The Music Room is not just about a room or a physical space where you learn singing; it is about a mental space or a kind of metaphor for a space where I would enter, when I entered Dhondutai's life"-Namita.Devidayal

COOKING SWAPSHOP

Thursday, 17th January at 10:15 am

At: **MAPLE**

SAVERA Hotels
146, Dr. Radhakrishnan Road,
Chennai - 600 004



Speciality Breads & Accompaniments

Bread has served as a mainstay of the human diet for nearly 8000 years. The first breads made by Stone Age men were from wheat or barley. These breads were made by mixing crushed grains with water, shaping the dough into flat cakes and cooking them on open fire. Two important discoveries, the oven and yeast contributed to the evolution of bread.

Though the bread has the same basic ingredients even today, the use of different flavors, milling methods, addition of other ingredients like salt, sugar, fat, milk, eggs, fruits and nuts in varying combinations and proportions can produce breads of varying tastes, flavors and textures.

In recent years, the trend in most bakeries, especially in India is to include dough improvers and other chemical additives to drastically reduce the time of making bread and to increase its shelf life. This has resulted in change of flavor and texture of breads. To develop a good flavor, the rising of bread must be allowed enough time and the bread should be baked at the right temperature.

Mrs. Chandri Bhat, a well known cookery expert and consultant will demonstrate to us the making of healthy designer breads.

RAJI RAMESH

MEENA NARU

"We just asked God to give us our daily bread. And God knew and we knew what we were talking about. Bread! Amen. Today's woman must choose baked, fast-baked, baked-while-you-sleep; nonfattening, unfattening, or defattening; enriched, nonenriched, or re-enriched; thin-sliced, thick-sliced, round-sliced or unsliced; with or without seeds; with or without raisins; with or without vitamin B added; Jewish, Italian, or French daily breads! Amen -Sam Levenson's

HEALTH & ECOLOGY

Friday, 18th. January at 10:15 a.m

At: **Madras Club**

7, Adyar Club Gate Road
Chennai 600 028



Obesity and its Treatment

Clinically, obesity is described as excessive accumulation of fat that exceeds the body's skeletal and physical standards. The National Institute of Health (NIH) states, that excessive weight becomes a health hazard when it is 20% or more above the ideal body weight. In such cases the patient is susceptible to serious diseases like heart disease, respiratory, diabetes and even infertility. These chronic ailments tend to worsen with increasing degrees of obesity.

Dr. J.S. Raj Kumar, Chairman, Rigid Lifeline Hospitals, will talk on problems related to stress, obesity, Bariatric Surgery and other important issues.

We thank **Latha Baratan** for arranging this meeting.

We also thank our gracious hostess **Asha Ram Mohan**.

ASHA HEMDEV

BILKIS MOOSA

"To say that obesity is caused by merely consuming too many calories is like saying that the only cause of the American Revolution was the Boston Tea Party." - Adelle Davis

PHILOSOPHY & RELIGION



Tuesday, January 22nd at 10.15 am

At : Leela Ratnam's

"Sri Raj" 10 (new) Cenotaph 2nd Lane
Chennai 600018

Reflections of Glory !

The Mahatma spoke...what did they hear?

Mohanchand Karamdas Gandhi.... universally known as Mahatma Gandhi – is arguably the most famous person in the history of India and perhaps even in the world. He created the most glorious period of Indian history with the softest of voices!

The overwhelming majority of IWA members were not present, either to reflect on the glory of the period ,or have that glory be reflected on them. Fortunately, some were. What would it have been like to listen to Mahatma Gandhi, the father of free India, Jawaharlal Nehru, Sardar Patel or Rajaji? Were the protest marches exciting and enthralling, or frightening? How did parents and teachers discuss the events of the day? What did youngsters discuss among themselves? What did they resolve to do? What was it like to be alive then?

This is an unique opportunity for all IWA members to interact with our most vibrant senior members, Leela Draviam, Leela Ratnam, Saroja Ramamrutam, Mano Bhakthavatsalam, and Lakshmi Padmanabhan who were a part of those exciting times. and will share with us their experiences about what the Gandhian philosophy meant to them, The younger generation and all our international members for whom this idea is a distant few pages in the history books, will get a first hand feel of the life and times of a momentous era. We have requested Sunita Shahaney to be the moderator for this very special morning to hear from those members.....who are the reflections of that glory.

Do wear Khadi, if you can !

SADIYA KHALEEL

UMA GANESAN

"Every worthwhile accomplishment, big or little, has its stages of drudgery and triumph; a beginning, a struggle and a victory."- Mahatma Gandhi

PHILOSOPHY & RELIGION, HISTORY, CULTURE & TOURS AND ARTS & HANDICRAFTS



A trip to Vellore fort and the Jalakanteswara temple is planned for February 5th & 6th. The group will depart on 5th afternoon and return 6th afternoon. Art historian Chitra Madhavan will accompany the group. On 5th evening, at the hotel in Vellore, Chitra will give us a talk on the fort and temple. Those of us who had the privilege of listening to her last year, found her articulate, knowledgeable and passionate about art and architecture- a great communicator.

We are looking to travel in a 30 seater bus. So obviously, the limit is 30 persons. The hotel rooms are on a twin sharing basis. The rate includes breakfast. We would like to have IWA members interested in this trip, calling in to confirm their participation. We are looking at costing it out but we first need to know how many we will be. Please call and let us know.

SADIYA KHALEEL

UMA GANESAN

Geetha Rajagopal
Gowri Viswanathan

Prithika Chari
Sanjita Shah

COORG MEETING

We would like to place on record our sincere thanks to Meyammai Murugappan for not only opening her house for the meeting but also going way out to make all the wonderful arrangements and the excellent food.

BOOK DISCUSSION

Thursday, January 24th at 10.15 a.m.

At: **Sangeet Chopra's**
43 (Old 25/1) Ranjit Road,
Kotturpuram
Chennai 600085



Knit India through Literature

An awareness on social issues; a special sensitivity to social problems; a commitment to set people thinking - these are the unique characteristics of the writer **Sivasankari** -

She is working on her ambitious **Knit India Through Literature** project whose goal according to her is "learn more about the culture, history and literature of the people of each State and introduce them to their fellow Indians through the works of a few writers selected from each of these languages".

She will be talking about her project as well as two of her books, "**Portable Roots**" and "**Bridges**". These have been translated from Tamil. The books will be available with **Archana Melyappan** (98409-98800).

We thank **Sangeet Chopra** for graciously hosting this meeting

ARCHANA MEIYAPPAN

RUTH LAUGE

"The purpose of literature should be to create a oneness among human beings and allow them to live in unity amidst their various differences." Tamil writer Jayakanthan

MUSIC AND PERFORMING ARTS

Friday, 25th January at 3 p.m.

At: **THE MUSEUM THEATRE**
Pantheon Road,
Egmore, Chennai-600008.



"UNDER THE MANGOSTEEN TREE" 100 years of Vaikom Basheer

Vaikom Basheer was a universally loved and admired novelist and short story writer in Malayalam. A gifted raconteur, he drew people from all walks of life with his superlative wit and originality to the Mangosteen Tree in his house in Beypore near Calicut.

Basheer's writings are characterized by a variety of themes and tone and are peopled with characters drawn from his own Moplah Muslim milieu and other backgrounds, whom he depicts in a manner that creates a strange combination of laughter and tears with the reader. "UNDER THE MANGOSTEEN TREE-(100 Years of Basheer)" is a tribute to this literary icon in his centenary year.

"SANGATHI ARINHYA?" (Have You Heard?) is the dramatized version (in English) of eight stories by Basheer, all different, but with a common vein of love, humour and pathos running through them and reveals the extraordinary range of Basheer's writings.

Please warn in for the programme by 23rd January as there are limited reserved seats with :

- Geeta Vasudevan - 98843 63550;
- Pia Olander - 98404 50686;
- Kamala Prasad - 99401 41177;
- Raziyeh Sheerazie - 99400 85532

Please note: Guests will have to pay for their tickets.
Play commences at 3.30 pm

GEETAVASUDEVAN

PIA OLANDER

"When Basheer writes out a character I may be able to find a replica on the streets of Alleppey"

History, Culture & Tours

Wednesday, 30th January, 2008 at 11.00 a.m.

At: **The Madras Museum Theatre,**
Pantheon Road,
Egmore,
Chennai – 600008.



IWA Endowment Lecture Finger-printing of Bronzes : From Cosmic Alchemy to Cosmic Dance .

Dr. Sharada Srinivasan who will deliver this year's IWA Endowment Lecture, has a doctorate in archaeo-metallurgy from the University of London. Her work on South Indian bronzes is the first and most comprehensive one to date, on technical finger-printing for the purposes of dating and stylistic authentication of South Indian bronzes

Dr Sharada Srinivasan, archaeo-metallurgist, scientist, art historian and Bharata Natyam dancer will talk about how scientific and archaeometallurgical studies can play a role in the art historical study of bronzes by providing diagnostic tools for their classification. The talk will also touch upon her own research on Chola and South Indian bronzes, and the 'dating' of the Nataraja bronzes as well as the probable significance of combining archaeo-metallurgical and archaeo-astronomical studies as attempted in a collaborative study with the late astrophysicist Dr Nirupama Raghavan..

GEETA RAJAGOPAL

GOWRI VISVANATHAN

"For modern physicists, Siva's dance is the dance of subatomic particles"- Capra

Tis X'Mas

The IWA Christmas celebrations was a thoroughly enjoyable morning. The IWA Choir, tableau and skit were very well appreciated. We thank all who participated in the programme and helped to make the morning a success.

Choir Mistress : Rita Saldanha
Piano : Marina Mathias.
Participants : Darley Mathews, Premila Jacob, Anita Koshy, Minnie Mathan, Prema Kumar, Angelika Mandelker, Ruth Lauge, Rupa Kadiresan, Sushi Natraj, Maya Mathew, Shobhana Thomas, Asha Murthy, Eira Doshi, Alex Thomson, Gayatri Krishnaswamy, Rani Dasgupta, Princess Naik, Padma Ashok ,Usha Umapathi, Pia Olander, Lata Chohan, Susan Hopper, Raziyeh Sheerazie.

Bimla Bhatla for the short talk on the birth of baby Jesus.

We thank Mridula Srinivasan for all the arrangements at the Madras Club. We thank all those who kept up the tradition of baking cakes and goodies , those who brought gifts ,those who gave donations and those who contributed towards the meeting expenses. And last if not the least to all you members who came out in large numbers to share in this joyous celebration. A VERY BIG THANK YOU TO ALL.

WELCOME ABOARD

Angelika Schwering German Heike Duden German
Shanti Samudra 10 51 Rukmani Road
Chinnandi Kuppam Road Kalakshetra Colony
Injambakkam Besant Nagar
Chennai 600 041 Chennai 600 090
Tel: 2449 0382 Tel: 2490 0860



SUNNY SIDE UP

Some Definitions:

- **ADULT:**
A person who has stopped growing at both ends and is now growing in the middle.
- **BEAUTY PARLOR:**
A place where women curl up and dye.
- **COMMITTEE:**
A body that keeps minutes and wastes hours.
- **YAWN:**
An honest opinion openly expressed.

Some Honest Truths:

- A terrified and inexperienced speaker stood up at a meeting and confessed, "My friends, when I came here tonight only God and myself knew what I was going to talk about...now God only knows."
- Speak when you are angry and you'll make the best speech you'll ever regret.

OUR HEARTFELT CONDOLENCES

With a heavy heart we announce the sad demise of two of our beloved members.



Jaya Naidu



Molly Tharayan

Our heartfelt condolences to their families



EXECUTIVE COMMITTEE 2007- 2008
MANAGING COMMITTEE

PRESIDENTS		
Kamala Prasad	26283809	99401 41177
Raziyeh Sheerazie	28363687	99400 85532

VICE PRESIDENTS		
Rani Ananth	24490854	98407 61624
Radha Gopalakrishnan	24918186	

SECRETARIES		
Shobha Hebbar	26411248	98403 38258
Lynne Connor		98409 75740

TREASURERS		
Mridula Srinivasan	24321028	98409 31812
Susan Hopper	24333565	98412 21201

ACTIVITY CHAIRPERSONS

ARTS & HANDICRAFTS		
Prithika Chary	24997878	98400 38752
Sanjita Shah	42105503	98406 57869

BOOK DISCUSSION		
Archana Meliyappan	28473932	98409 98800
Ruth Lauge		98402 35222

COOKING SWAPSHOP		
Raji Ramesh	24939640	98410 49390
Meena Naru	28362499	98400 81678

CURRENT EVENTS		
Anuradha Sachdev	28341349	99401 03458
Balveer Singh	24984989	99401 83839

HEALTH & ECOLOGY		
Asha Hemdev	28278165	98403 43528
Bilkis Moosa	24349934	98840 50450

HISTORY, CULTURE & TOURS		
Geetha Rajagopal	24984168	98400 52899
Gowri Visvanathan	24332627	98840 68888

PHILOSOPHY & RELIGION		
Sadiya Khaleel	62591015	98840 50686
Uma Ganesan	24529276	99406 52588

MUSIC & PERFORMING ARTS		
Geeta Vasudevan	24915913	98843 63550
Pia Olander		98404 58630