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NEW HORIZON

IWA

Chennai

July 2007

Newsletter



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SUN	MON	TUE	WED	THU	FRI	SAT
1	2 9.30 a.m. Mng Comm.Mtg. 10.30 a.m. Exec Comm.Mtg.	3	4	5 10.15 a.m. Cooking Swapshop	6 10.15 a.m. Philosophy & Religion	7
8	9 10.15 a.m. History, Culture & Tours	10	11	12 10.15 a.m. Health & Ecology	13 10.15 a.m. Music & Performing Arts	14
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IWA NEWS LETTER

Volume XXII No. 2

Chennai

JULY 2007

MONTH AT A GLANCE

Mon. 2nd July	Managing Committee Meeting Executive Committee Meeting	09.30 am 10.30 am
Thu. 5th July	Cooking Swapshop "Sanga Kaala Unavu"	10.15 am
Fri. 6th July	Philosophy & Religion <i>Doubt And Faith</i>	10.15 am
Tue. 10th July	History Culture & Tours <i>Narrative Sculptures on Buddha's Life</i>	10.15 am
Thu. 12th July	Health and Ecology <i>Water Harnessing Across India Through The Ages"</i>	10.15 am
Fri. 13th July	Music & Performing Arts <i>Gregorian Chants And Sama Veda</i>	10.15 am
Tue. 17th July	Arts & Handicrafts <i>Art Therapy</i>	10.15 am
Thu. 19th July	Current Events <i>Bollywoodization Of Our Culture</i>	10.15 am
Wed. 25th July	FOUNDER'S DAY	10.15 am
Thu. 26th July	Book Discussion <i>Writing For Children</i>	10.15 am

FROM THE PRESIDENTS

Dear Friends,

Your presence at the fellowship morning is a great inspiration to us who organised it with lot of enthusiasm and zeal. We hope it is a good start for more good and meaningful meetings in the coming months. We thank the Management Committee Members and all the Activity Chair Persons for their support and untiring efforts to making the morning, an enjoyable and interactive meeting.

As we bid farewell to Vasanthi Sankaranarayanan for completing her term successfully, we welcome Lalitha Krishnan on to the Membership subcommittee. We thank her for her acceptance and wish her all the best.

Founders Day is on 25th July, when we honour our Founder members and Past Presidents. We are looking forward to your participation in the celebrations.

Come September, some of us will be off to Europe - to Prague in the Czech Republic and Budapest - Hungary. Please look for more details elsewhere in the news letter and warm - in with the History Culture and Tours Chair Persons.

The Music Committee with Mano Bakthavatsalam as Chair person is set, to receive your suggestions and recommendations to select a suitable awardee. We thank Mano Bakthavatsalam, Jyothi Ganesh, Vijaya Balu and Angelika Mandaikar, for accepting to be on the committee and wish them all the best.

We hope to see you at all meetings.

KAMALA PRASAD

MANAGING COMMITTEE

Monday, July 2nd 9.30a.m.

RAZIYEH SHEERAZIE

EXECUTIVE COMMITTEE

Monday, July 2nd 10.30a.m.

Both meetings hosted by

RAZIYEH SHEERAZIE

At: The Madras Gymkhana Club,
Anna Salai, Chennai 600 002.

COOKING SWAPSHOP

Thursday, 5th July at 10.15 a.m.

At: **GRT CONVENTION CENTRE**

'Mari Gold'

120, Sir Thyagaraja Road

T.Nagar

Chennai 17



"Sanga Kaala Unavu"

(Ancient Dynasty Food)

The food of the ancient kingdoms pondered upon many varieties of snacks, main course & sweets. Their non-vegetarian delicacies were mutton and fish & in vegetarian - cluster beans, brinjal, yam, sweet potatoes and drumstick.

N.Sheetharam Prasad, Executive Chef of GRT Grand will be demonstrating to us a few dishes from the cuisine of the by-gone era.

RAJIRAMESH

We welcome **Meena Naru** as Co-Activity Chairperson

"A good cook is the peculiar gift of the gods. He must be a perfect creature from the brain to the palate, from the palate to the finger's end."

Walter Savage Landor

PHILOSOPHY & RELIGION

Friday, 6th July at 10.15 a.m.

At : **UMA GANESAN'S**
15, 3rd Cross Street,
Dr. Radhakrishnan Nagar,
Thiruvanmiyur, Chennai 600041



Doubt and Faith

The Bhakthi movement began around the 7th century AD and spread all over India, manifesting itself through extraordinary Saint Poets such as Chaitanya Mahaprabhu, Jayadeva, Meera, Kabirdas, and in modern times to Rabindranath Tagore and Subramania Bharathi

Gowri Ramnarayan, the articulate and erudite grand daughter of the famous Tamil writer Kalki Krishnamurthi and herself a well known writer, journalist, film critic and author/ playwright (Dark Horse, Rural Phantasy, Flame of the Forest), will trace the development of faith and focus on the philosophy of the Bhakthi movement in India. A lyrical singer, having trained under her most renowned grand aunt, M.S. Subbulakshmi, and accompanied her at her recitals for several years, she will intersperse her talk with appropriate songs of the poets. Gowri is a great communicator and we encourage all our members, Indian and International to come and enjoy an informative and musical morning.

Note: The home can accommodate not more than 60 people, so please warn-in by July 5th with Uma Ganesan: 99406.52588, Sadiya Khaleel : 98840. 50686 or Kamala Prasad: 2628.3809

Members will be given preference.

UMA GANESAN

SADIYA KHALEEL

Please note- the meeting will extend to 1 hour

Directions to the home of Uma Ganesan

South toward Adayar across Thiru Vi Ka Bridge.

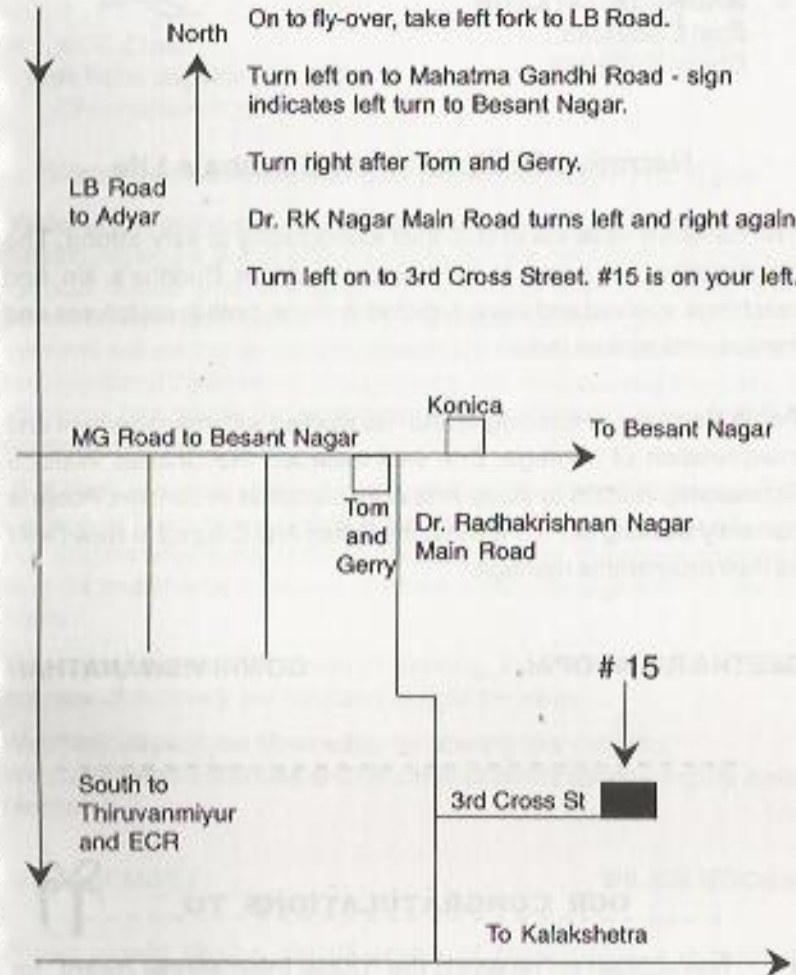
On to fly-over, take left fork to LB Road.

Turn left on to Mahatma Gandhi Road - sign indicates left turn to Besant Nagar.

Turn right after Tom and Gerry.

Dr. RK Nagar Main Road turns left and right again.

Turn left on to 3rd Cross Street. #15 is on your left.



HISTORY, CULTURE & TOURS

Tuesday, July 10th at 10.15 a.m.

At : **MADRASBOATCLUB**
Boat Club Road,
Chennai 600 028.



Narrative Sculptures on Buddha's Life

The narrative essence in Buddhist iconography is very strong. The presentation will bring to light ways in which Buddha's life and teachings evolved and were depicted in stone, both in sculptures and monuments across India.

Pooja Varma is a Heritologist and has worked with management and interpretation of heritage. She was awarded the Charles Wallace Scholarship in 2005 to study Arts Administration in London. Pooja is currently working at Pro Helvetia the Swiss Arts Council in New Delhi as their programme manager.

GEETHA RAJAGOPAL

GOWRI VISWANATHAN

OUR CONGRATULATIONS TO



- Naina Shah on receiving the "Dubai International Award" for "Best Practices To Improve the Living Environment" for 2006.

HEALTH AND ECOLOGY

Thursday ,12th July at 10.15 a.m.

At : **MCC.Club**
1, Babu Jagjivanram Salai
Chennai 600 005.



"Water Harnessing Across India Through The Ages"

Water is one of the most essential resources. India has been a water surplus nation for the past 5000 years. Yes we have had our share of cyclical floods and droughts. Indians with their ingenuity and perseverance had built a series of rain water harvesting and irrigation systems across the length and breadth of this nation but, have failed to understand these wonderful systems and have abused them which obviously has resulted in water shortages in spite of the good rainfall we receive every year.

D.K.Hari is a post graduate in Business Management from P.S.G College of Technology, Coimbatore. 'Bharath Gyan' is an initiative of Hari and his wife Hema. In the last couple of years, they have prepared over 64 multimedia capsules of which water management is one of them.

This capsule ends with a note of warning, *if we do not pay heed and act now collectively we will have to fight for water.*

We thank **Jayashree Manradia**r for hosting this meeting.
We thank **Marina Mathias** and Minnie Mathan for sponsoring the June Meeting.

ASHA HEMDEV

BILKIS MOOSA

Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed it is the only thing that ever has.

Margaret Mead

MUSIC & PERFORMING ARTS

Friday, 13th July at 10.15 am

At : MRIDULA SRINIVASAN'S

2-B, Bougainvillae,
5, Adyar Club Gate Road,
Chennai 600 028



Gregorian chants and Sama veda

Sama Veda and Gregorian chants are holy and divine musical recitation cum songs. They give a feeling of peace and touch the soul.

The Samaveda the third of the four Vedas, is really a book of hymns and the hymns called Samagana were intended to be sung in specifically indicated melodies using the seven svaras or notes.

Gregorian chant the central tradition of the Roman Catholic Church during the 9th and 10th centuries, was traditionally sung by choirs in churches and chapels. Although Gregorian chant is no longer obligatory, the Roman Catholic Church still officially considers it the music most suitable for worship. During the 20th century, Gregorian chant underwent a musicological and popular resurgence.

In this Lecture-demonstration, the commonalities in their characteristics and divinity in their music would be highlighted.

Dr S A K Durga, Professor Emeritus, Music Department, University of Madras and Founder Director of the Institutes- Center for Ethnomusicology and Center for Voxology, Madras- is a musician, musicologist and ethnomusicologist. Dr Durga holds two Ph.Ds from India and USA and her post Doctoral Study is on Chants Vedic and Gregorian chants at Yale University, USA.

We thank **Mridula Srinivasan** for consenting to host the meeting.

We thank **Jayashree Prabhakar** for sponsoring the June meeting of Music & Performing Arts on Bollywood jazz.

GEETA VASUDEVAN

PIA OLANDER

*PANGE, LINGUA gloriosi, Corporis mysterium, Sanguinisque pretiosi,
quem in mundi pretium, fructus ventris generosi. Rex effudit Gentium.*

Gregorian Chant

*SING, my tongue, the Savior's glory, of His flesh the mystery sung; of the
Blood, all price exceeding, shed by our immortal King, destined, for the
world's redemption, from a noble womb to spring.*

ARTS & HANDICRAFTS

Tuesday 17th July at 10.15 a.m.

At : FORUMART GALLERY

57, 5th Street,
Padmanabha Nagar,
Adyar, Chennai 600020



ART THERAPY

At some point in their lives, people may find themselves overwhelmed by the intensity of their emotions which are difficult to face either by themselves or with others.

The Art Therapist offers guidance, support and the opportunity to explore issues of concern using a variety of art materials, for example paints, clay and batik, to create a visual representation of thought and feelings. It can be an individual activity but is often used very successfully, in group situations.

This is the first time this subject is being discussed in Chennai and our expert panel of **Dr. Judith Rubin** art therapist from the US, **Sangeeta Prasad**, ATR-BC US, **Divya Ramanathan** currently working on her Phd. from Australia, well known Chennai artist **Ilango** and our own member **Shalini Biswajit**, Director - Forum Art Gallery will share their use of art therapy in terminally ill children, for self healing and their own development.

PRITHIKA CHARY

SANJITA SHAH

*"Every portrait that is painted with feeling is a portrait of
the artist, not of the sitter."*

Oscar Wilde

CURRENT EVENTS



Thursday 19th July at 10.15 a.m.

At : **ANURADHA SACHDEV'S**

New No.10, Old No.19, Chinniah Street
T.Nagar, Chennai - 17

Bollywoodization of our Culture

Bollywood brings stars, dreams, glamour, power to our eyes. It drives everyone into a state of consumerism and no longer is it seen as light entertainment. Well, has it invaded our culture, behaviour... ???

To discuss this phenomena we have **Bharadwaj Rangan** an Engineer whose career path led him to advertising and is currently a film critic whose articles on art, entertainment, travel and humor have been published in The New Sunday Express, ET, Mans World...

Also **Latha Menon** an accomplished media personality, and ad film maker who has worked as assistant director to Mr.Mani Ratnam will share her forthright views on this topic.

We thank **Thayabae Kakar** for sponsoring the tea.

ANURADHA SACHDEV

BALVEER SINGH

"Live every day like it's your last because someday you'll be right!"

FOUNDERS' DAY

Wednesday, 25th July at 10.15 a.m.

At : **GRT CONVENTION HALL**

Thiagaraja Road (Pondy Bazaar)
T.Nagar,
Chennai 600 017.

A DAY TO REMEMBER

25th July- the day when International Women's Association was born.

A day when we honour our Founders Nirmal Seshadri, Nancy Dean, Lakshmi Padmanabhan, Saroja Ramamrutham, Anneliese Hazari, Sunitha Shahaney and Rewa Singh - women who formed this wonderful organization. We honour all our Past Presidents for taking it from strength to strength year after year.

Let us get together on this day extending the hands of friendship and look forward to many more such glorious years of IWA.

Join in the celebrations.

MEMBERS ONLY

KAMALA PRASAD

RAZIYEH SHEERAZIE

THE BOARD

Book Discussion



Thursday July 26th at 10.15 a.m.

At: MADRAS BOAT CLUB

Boat Club Road
R.A.Puram
Chennai 600028

Writing For Children

Today's children have many options to amuse themselves and reading as a hobby is losing its appeal. Writers of children's books are facing the challenging task of holding their attention and writing stories that are interesting for them.

Sandhya Rao, an award winning writer of children's books will throw light on the above. She will also talk about her book 'My Friend The Sea'. This is the fictional story of a boy caught in the aftermath of the tsunami that hit several countries on December 26, 2004. This book relates the feelings of the child as he tries to comprehend the horror of the experience and the bewilderment that follows.

We thank **Seema Bhargava** for sponsoring the meeting.

ARCHANA MEIYAPPAN

RUTH LAUGE

"The disaster (Tsunami) happened to a "dear one," someone's "dear one," many dear ones. I open my heart and feel it. The place it touches in me, touches God"

Rodger Kamenetz

Membership Sub-Committee 2007-08

Susan Hopper	Membership Treasurer
Mridula Srinivasan	Treasurer
Seema Bhargava	Immediate Past President
Amulya Mandava Rao	Immediate Past President
Raziyeh Sheerazie	Immediate Past Mem. Treasurer
Lalitha Krishnan	Member from the General body
Maureen Thadani	Member from the General body
Kamala Prasad	President
Raziyeh Sheerazie	President
Rani Ananth	Vice President
Radha Gopalakrishnan	Vice President

International Music day

An endowment has been set up in memory of our Founder President Nirmal Seshadri, by her family. This fund is used each year to honour a young and promising musician - chosen by a committee set up for this purpose.

The members are:

Mano Bakthavatsalam	Chairperson
Jyothi Ganesh	Member
Vijaya Balasubramaniam	Member
Angelika Mandalkar	Member

IWA members are invited to send in suggestions for recipients for this award. The candidates should be preferably under 18 years of age. They should have certificates, awards etc. to prove their standard.

Please send in your suggestions by post with appropriate copies of certificates and a brief write-up, to Mano Bakthavatsalam to reach before 30th July 07.

Please note: This year Music Day will be celebrated on Monday 1st October 2007.

HISTORY, CULTURE & TOURS OF COBBLED STREETS AND CASTLES

Ladies!

Get your walking shoes on, and be prepared to walk down cobbled streets in Prague and Budapest....

We leave Chennai 2nd week of September. We hope to spend 4 days in the Czech republic and 4 days in Hungary

We are planning to visit castles, old town squares, sulphur springs, crystal factories, cruise down the rivers Danube and Vltava.

Come and soak in the culture and atmosphere and do some (or lots) of shopping.....

For further details please contact

Gowri Visvanathan : 98840 68888

or

Geeta Rajagopal : 98400 52899

To make this a good trip we will need a minimum of 20 people....

Look out for more details!

GEETHA RAJAGOPAL

GOWRI VISWANATHAN



SUNNY SIDE UP

- Does pushing the elevator button more than once make it arrive faster?
- If it's true that we are here to help others, what are the others doing here?
- Why did John Travolta break his leg?
Because he slipped on GREASE!!!

"Johnny, I've had a letter from your Principal. It seems you are very careless with your appearance".

Am, I Dad?

Yes You have'nt appeared in school since last semester.

A man went to apply for a job. After filling out all of his applications, he waited anxiously for the outcome. The employer read all his applications and said, "We have an opening for people like you." "Oh, great," he said, "What is it?" "It's called the door".

EXECUTIVE COMMITTEE 2007- 2008

MANAGING COMMITTEE

PRESIDENTS

Kamala Prasad	26283609	99401 41177
Raziyeh Sheerazie	28363687	99400 85532

VICE PRESIDENTS

Rani Ananth	24490854	98407 61624
Radha Gopalakrishnan	24918186	

SECRETARIES

Shobha Hebbar	26411248	98403 38258
Lynne Connor		98409 75740

TREASURERS

Mridula Srinivasan	24321028	98409 31812
Susan Hopper	24333565	98412 21201

ACTIVITY CHAIRPERSONS

ARTS & HANDICRAFTS

Prithika Chary	24997878	
Sanjita Shah	42105503	

BOOK DISCUSSION

Archana Melyappan	28473932	
Ruth Lauge	24495100	

COOKING SWAPSHOP

Raji Ramesh	24939640	98410 49390
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CURRENT EVENTS

Anuradha Sachdev	28341349	99401 03458
Balveer Singh	24984989	

HEALTH & ECOLOGY

Asha Hemdev	2878165	
Bilkis Moosa	24349934	

HISTORY, CULTURE & TOURS

Geetha Rajagopal	24987138	
Gowri Visvanathan	24332627	

PHILOSOPHY & RELIGION

Sadiya Kahloul	55291015	
Uma Ganesan	24529276	90406 53588

MUSIC & PERFORMING ARTS

Geeta Vasudevan	24915913	
Pia Olander		98404 58630