



*Celebrating  
20 years*

IWA  
Chennai

*October 2006*

*Newsletter*

Month at a Glance		OCTOBER 2006				Vol. XXI No.5	CHENNAI
SUN	MON	TUE	WED	THU	FRI	SAT	
1	2	3	4	5	6	7	
	10.15 a.m. Book Discussion and Cooking Swapshop	10.15 a.m. Book Discussion and Cooking Swapshop	9.45 a.m. Mng. Comm. Mtg. 10.30 a.m. Exec. Comm. Mtg.	10.15 a.m. Arts and Handicrafts	11 a.m. History, Culture & Tours	10 a.m. to 4 p.m. Dussehra Deep Utsav	
8	9	10	11	12	13	14	
15	16	17	18	19	20	21	
10.15 a.m. Book Discussion	10.15 a.m. Current Events	10.15 a.m. Current Events					
22	23	24	25	26	27	28	
			10.15 a.m. Health and Ecology				
29	30	31					
	11.30 a.m. Philosophy & Religion						

# TWA Newsletter

Volume XXI No. 5

Chennai

OCTOBER 2006

## Month At A Glance

Tue. 3rd Oct	Book Discussion & Cooking Swapshop <i>Are you a "Quick Cook"?</i>	10.15 a.m.
Wed. 4th Oct	Managing Committee Meeting Executive Committee Meeting	09.45 a.m. 10.30 a.m.
Sat. 7th Oct	Deep Utsav	10.00 a.m. to 4.00 p.m.
Thur. 12th Oct	Arts and Handicrafts <i>Play of Light and Colour in Interiors</i>	10.15 a.m.
Fri. 13th Oct	History, Culture and Tours <i>A Flavour of Gujarati Culture</i>	11.00 a.m.
Mon. 16th Oct	Book Discussion <i>R.K. Narayan - A Tribute to a Legend</i>	10.15 a.m.
Tue. 17th Oct	Current Events <i>Real Estate</i>	10.15 a.m.
Thur. 26th Oct	Health and Ecology <i>Recycle My Waste? Okay, Tell Me How!</i>	10.15 a.m.
Tue. 31st Oct	Philosophy and Religion <i>Eid Milan</i>	11.30 a.m.

## From the Presidents



Dear Friends,

This month of October is busy with festivals - Navratri, Dussera, Diwali and Eid to name just a few. Our chairpersons are celebrating these and more in true IWA style!

We start the month with the Diwali mela - Deep Utsav. We look forward to seeing all of you with friends and family. At the end of the month will be the annual Ramzan Lunch hosted by our members of Muslim faith. In between these grand events is the dandiya dance programme and a play to celebrate the birth centenary of R.K. Narayan.

The adventurous spirit of our IWA ladies has not been dampened by the postponement of the trip to Greece & Turkey. We bid adieu to these determined globe trotters as the month draws to a close.

Meanwhile, let the celebrations begin!

**SEEMA BHARGAVA**

**AMULYA RAO**

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**MANAGING COMMITTEE**

Wednesday, 4th October 9.45 am

**EXECUTIVE COMMITTEE**

Wednesday, 4th October 10.30 am

Both Meetings hosted by

**Nina Kothari** at

Kothari Bagh, 18, M.G. Road, Nungambakkam,  
Chennai - 600 034.

## From the Membership Sub-Committee

### IWA REGISTERED OFFICE ADDRESS

C/o. Vanitha Mudaliar

'Avanti', 857, Poonamallee High Road

Kilpauk, Chennai 600 010.

Now that all the Renewal forms have been received, we find that we are in a position to invite applications for a few new Indian members. The procedure for sponsoring applicants is given below. Please read the instructions carefully and follow the same.

1. A new applicant will have to be sponsored and co-sponsored by two active members of IWA, who have been members for over two years.
2. The sponsor and co-sponsor may not have sponsored any candidate who has been accepted into IWA in the last three years.
3. Members of the Managing Committee and the Membership Sub-Committee may not sponsor or co-sponsor a candidate.
4. The Sponsor and / or co-sponsor must come in person to the IWA registered office (address given above) on **Saturday, October 14, 2006 between 10 a.m. and 2 p.m.** with the application of the new member. Applications for new members will be accepted only on this date and at the place and time given.
5. The sponsor must bring a letter from the candidate, giving her biodata including her name, address, interests, passport size photograph and other relevant details. In addition to this, the sponsor should write a covering letter introducing the candidate and giving reasons why she thinks her candidate would be suitable for IWA. This letter should be signed by both sponsor and co-sponsor. Both these letters are a **MUST** for an applicant to be considered for membership.
6. The Membership Subcommittee will review all the applications received and will inform the sponsors of the procedure to be followed thereafter.

Note : Clarification of the above can be obtained from the IWA Bye Laws - Pg. 7, item F.



*Book Discussion*

&

*Cooking Swapshop*



Tuesday, 3rd October at 10.15 a.m.

At : **The Madras Club**  
Adyar Club Gate Road,  
Chennai - 600 028.

ARE YOU A "QUICK COOK"?

**Sabita Radhakrishna** is a multi-faceted person who is a design consultant with the distinction of having started the first boutique in Chennai, serves on the Board of the National Institute of Fashion Technology; a media personality who is a playwright, has written scripts for television and books on varied topics from crafts to cooking.

Her new cookbook, "**The Quick Cook**" offers valuable hints and tips on how to cook full meals in the shortest time possible and, as the author says, "meals within the hour". It is unique because every step is written down so that you can cook 2-3 dishes simultaneously. The book is as much about organization and time management as it is about cooking and is a ready reckoner on dishes and menus when you are stumped for ideas. Ms. Radhakrishna will review the book and demonstrate a couple of the recipes.

We thank **Janet De Penning** for sponsoring the meeting.

**SHOBHA HEBBAR**  
**BILKIS MOOSA**

**SHANTHI THOMAS**  
**MALINI KRISHNA**



*Deep Utsav*



Saturday, 7th October at 10 a.m. - 4 p.m.

At : **Taj Coromandel**  
37, Mahatma Gandhi Road  
Chennai - 600 034

Diwali, the festival of lights, joy and cheer is here.

IWA's Deep Utsav brings you the

*Ever popular Khazana stall,*

*Choicest of shopping,*

*Fabulous jewellery show sponsored by Surendra and Co.,*

*Nrithya Utsav specially choreographed by Radhika Shurajit for IWA,*

and

*A scintillating fashion show by Collage, showcasing top designers.*

You can also win some *exciting door-prizes.*

A scrumptious *buffet lunch* awaits you.

*Tickets priced at Rs.350* are available with all Board and Activity Chairpersons at all IWA meetings. Please buy your tickets early to avoid disappointment.

We request our members to contribute *gifts (worth minimum Rs.100)* for the *Khazana* stall. *Cash too is welcome.* Gifts can be brought to IWA meetings.

*Looking forward to seeing all of you with friends and family at Deep Utsav.*

**SEEMA BHARGAVA**

**AMULYA RAO**

**THE BOARD**

# Arts & Handicrafts



Thursday, 12th October at 10.15 a.m.

At : **Sunita Shahaney's**  
"Oakland House"  
7 Adyar Club Gate Road  
Chennai 600 028

## PLAY OF LIGHT AND COLOUR IN INTERIORS

**Vikram Phadke** is an interior and landscape design consultant who has been designing interiors and landscapes for the past 21 years. He is the co-founder of "Evoluzione," a chain of high-end furniture and lighting stores in Madras, Bangalore and New Delhi. Vikram will share with us his ideas on the use of light and color in contemporary interiors. Exciting ideas to hear and see and also to try in our homes!

We thank **Sunita Shahaney** for graciously hosting this meeting.

**SANGEET CHOPRA**

**LISA FELDMANN**

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## *Congratulations to*

- ☞ **Nalini Acharya** on becoming the first woman President of South Kanara Dravida Brahmin Association in its history of 87 years.
- ☞ **C. Prema Kumar** on being awarded a citation in recognition of her "Outstanding Contribution towards Inclusive Education" by Global Tamil-Telegu People Foundation on Teachers Day, 5th September 2006.

# History, Culture & Tours



Friday, 13th October at 11 a.m.

At : **The VIP Hall**  
Mayor Ramanathan Chettiar Hall  
75/2, Santhome High Road  
Raja Annamalaipuram  
Chennai 600 028

## A FLAVOUR OF GUJARATI CULTURE

**Navratri** is the longest Hindu festival celebrated all over India for nine consecutive nights in praise of Lord Rama and Goddess Durga from end of September to early October.

**Dandiya Raas** and **Garba** are the favourite dances of Navratri evenings in North India originating from Gujarat. The Garbi, a dance performed by the men is a variation of the Garba which is more energetic and vigorous.

A troupe comprising of male dancers will perform the Dandiya Raas and Garbi. Our own Gujarati members will show us how to perform the Garba. All IWA members are invited to join in the festivities.

**To keep the festive spirit alive, we request our members to dress in traditional Bandhini / Gujarati style sarees.**

- ☞ **Surekha Kothari** will explain the significance of the Navratri festival and the folk dances as they are celebrated in Gujarat.

**Gujarati thali lunch will be served.**

**This meeting is limited to 55 members.**

Kindly warn in **before October 5** with:

**Anita Kapoor** at 98840 30566 (9 a.m. to 1p.m.)

## FOR MEMBERS ONLY

- ☞ Our special thanks to **Naina Shah** for her help in organizing this meeting.

**ANURADHA MAJITHIA UBEROI**

**ANITA KAPOOR**



## Book Discussion



Monday, 16th October at 10.15 a.m.

At : **The Maple Hall**  
Hotel Savera  
Radhakrishnan Salai  
Chennai 600 004

### R.K. NARAYAN : A TRIBUTE TO A LEGEND

R.K. Narayan is widely regarded by critics as India's greatest writer of English in the 20th century. The fictional town of Malgudi is a splendid creation of his imagination and his characters, humble men, women and children living out their daily lives, have become real people of flesh and blood to us.

We honour this great man of letters on his birth centenary with a special session, when two of his short stories, dramatized by **Vasanthi Sankarnarayanan** and **Sushi Natraj** will be enacted by some of our members.

We thank **Kusum Chadda, Usha Chandrakumar, Ramani Reddy** and **Leena Suryaprakash** for hosting the meeting.

**SHOBHA HEBBAR**

**BILKIS MOOSA**

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We thank **Sushi Natraj** for sponsoring the gift for the **Amitav Ghosh** meeting.

## Current Events



Tuesday, 17th October at 10.15 a.m.

At : **Madras Boat Club**  
Boat Club Road  
R.A. Puram  
Chennai 600 028

### REAL ESTATE

The real estate sector in India has assumed growing importance with the liberalization of the economy. It is a major employment driver, being the second largest employer next only to agriculture.

Real estate in Chennai has been booming for the last three years due to the increased IT, Auto/Auto ancillary sector activities in the city.

Local issues regarding limited land supply, bylaws etc. still govern transactions. Hence, both investors and buyers are required to probe and research extensively to discover the authenticity of transactions in this busy real estate market.

**N. Ananthanarayanan**, Regional Director, Trammell Crow Meghraj Property Consultants will give a presentation on the real estate scenario with special focus on Chennai, the growth corridors, investment opportunities and a general overview of the market.

We thank **Suma Eapen, Mohini Gill, Chandra Padmanabhan** and **Devyani Shah** for co-hosting this meeting and **Sushi Goklaney** for sponsoring the LCD projector.

**MRIDULA SRINIVASAN**

**JYOTI SOMANI**

## Health @ Ecology



Thursday, 26th October at 10.15 a.m.

At : **The Theatre**  
3rd Floor, The Park Hotel  
601 Anna Salai  
Chennai 600 006

### RECYCLE MY WASTE? OKAY, TELL ME HOW!

**Problem :** We are constantly being reminded at every turn - whether it's by magazine, newspaper, radio or television - recycle your waste! So just how do we do it? More importantly how do we do it here in Chennai?

**Solutions :** Ask someone who knows. **Mr. Sultan Ahmed Ismail**, Managing Director of the Ecoscience Research Foundation has agreed to come and tell us how we can make a difference.

The theatre can accommodate a maximum of 35 people, so please warn - in on 98409 75740 which is Lynne's mobile number.

**SHIRLEY VERGHESE**

**LYNNE CONNOR**

## International Music Day



Our thanks to **Chandra Seoni** for co-sponsoring the Music Day

**SEEMA BHARGAVA**

**AMULYA RAO**

## Philosophy @ Religion



Tuesday, 31st October at 11.30 a.m.

At : **Y.W.C.A.**  
International Guest House  
1086 Poonamalee High Road  
Chennai 600 086

### EID MILAN

October seems to be a month of festivals. Close on the heels of Diwali follows **Eid-UI-Fitr**. This festival marks the end of **Ramadaan**, the holy month of fasting for Muslims all over the world.

On the day of **Eid**, the head of every family not only makes arrangements for a festive meal for his own members, but is also obliged to give away a stipulated quantity of grain called "Fitr Zakath" to the needy; hence the name "**Eid-UI-Fitr**".

IWA members are invited to partake in a traditional Eid lunch hosted by our Muslim members and to join them in this time of joy and sharing.

We thank **Zubeida Asgar Ali, Fakhira Ayer, Nabila Avais, Bilquis Chida, Rehane Yavar Dhala, Mahmooda Haja Shareef, Sufia Hussain, Zainab Kachwalla, Thayabae Kakar, Sadya Khaleel, Bela Mistry Khaleeli, Mahin Rabi Khaleeli, Malek Begum Lalji, Farida Majid, Bilkis Moosa, Fazeela Nurdeen, Seema Sait, Sabine Erlich Salam, Razlyeh Sheerazie and Naaz Tyebbhoy** for hosting this meeting.

**No Guests Please.**

**ASHA HEMDEV**

**ANNETTE MOLLEBRO**



## Welcome our New Member

**Martha Koufos**

- Australian

Courtyard Marriot Hotel  
564 Anna Salai  
Teynampet  
Chennai 600 018

Tel : 98847 75631

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## Change of address

**Elaine Wood**

Flat No.201, Gitanjali Gardens  
Rungta Lane, Off Napean Sea Rod  
Mumbai 400 006

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## Heartfelt condolences to

- ◆ Kamala Muthiah on the loss of her husband.
- ◆ Vijayabharathi Rangarajan on the passing away of her mother-in-law.

## Executive Committee 2006 - 2007

### MANAGING COMMITTEE

#### PRESIDENTS

Seema Bhargava	2434 7062 / 98400 82518
Amulya Mandava Rao	2499 1272 / 2499 5434

#### VICE PRESIDENTS

Nina Kothari	2827 5859
Bernadette McEwen	5549 7307 / 98840 21048

#### SECRETARIES

Rani Ananth	2449 0854
Susan Hopper	2433 3565

#### TREASURERS

Urmilla Agarwal	2834 5327 / 98410 85533
Raziyeh Sheerazie	2836 3161 / 2836 3687

### ACTIVITY CHAIRPERSONS

#### ARTS AND HANDICRAFTS

Sangeet Chopra	2447 0759
Lisa Feldmann	98415 96056

#### BOOK DISCUSSION

Shoba Hebbar	2641 1248
Bilquis Moosa	2434 9934 / 2434 9932

#### COOKING SWAPSHOP

Shanthy Thomas	2815 0865 / 98410 76541
Malini Krishna	2447 4830 / 2447 1046

#### CURRENT EVENTS

Mridula Srinivasan	2432 1028
Jyoti Somani	2432 0797

#### HEALTH & ECOLOGY

Shirley Verghese	2449 1474
Lynne Connor	98409 75740

#### HISTORY, CULTURE & TOURS

Anuradha M. Uberoi	2432 9728
Anita Kapoor	2825 6484

#### MUSIC & PERFORMING ARTS

Shobha G. Mahtani	2835 3303 / 2835 2306
Joanne Burema	2447 4997

#### PHILOSOPHY & RELIGION

Asha Hemdev	2827 8165
Annette Mollebro	98409 42843