



*Celebrating
20 years*

IWA
Chennai

September 2006

Newsletter

Month at a Glance		SEPTEMBER 2006				Vol. XXI No.4 CHENNAI	
SUN	MON	TUE	WED	THU	FRI	SAT	
				31st August 9.45 a.m. Mng. Comm. Mtg. 10.30 a.m. Exec. Comm. Mtg.	History, Culture & Tours Tour departs for Greece & Turkey	2	
3	4	5	6	10.15 a.m. Philosophy & Religion	8	9	
10	11	12	13	10.15 a.m. Current Events	14	15	
17	18	19	20	10.15 a.m. Current Events	21	22	
24	25	26	27	4 p.m. Cooking Swapshop	28	29	
				10.15 a.m. Health and Ecology	10.15 a.m. International Music Day	30	
						10.15 a.m. Arts and Handicrafts	

TWA Newsletter

Volume XXI No. 4

Chennai

SEPTEMBER 2006

Month At A Glance

- Thur. 31st Aug Managing Committee Meeting 09.45 a.m.
 Executive Committee Meeting 10.30 a.m.
- Fri. 1st Sept History, Culture and Tours
 Tour departs for Greece and Turkey
- Thur. 7th Sept Philosophy and Religion 10.15 a.m.
 Understanding Hinduism
- Tue. 12th Sept Current Events 10.15 a.m.
 Madras Day - A Celebration
- Sat. 16th Sept Arts and Handicrafts 10.15 a.m.
 Art in Cinema
- Tue. 19th Sept Current Events 10.15 a.m.
 Entrepreneurship
- Fri. 22nd Sept History, Culture and Tours 9 a.m.
 Visit to Grundfos-A Green Building
- Tue. 26th Sept Cooking Swapshop 4 p.m.
 English High Tea
- Thur. 28th Sept Health & Ecology 10.15 a.m.
 Palliative Care
- Fri. 29th Sept International Music Day 10.15 a.m.

From the Presidents



Dear Friends,

The first quarter of this year is almost over. We hope you enjoyed it as much as we did. Founders' Day celebration was well attended. Thank you participants for the enjoyable programme and members for being there. International Music Day is round the corner. It is being celebrated on 29th September as 1st October is a Sunday. Do mark the date on your calendar.

October is a busy month with the Diwali Mela scheduled on 7th. Details are available in the newsletter. We hope to see all our members at the Diwali Mela. As it is a ticketed event, please make sure you buy your ticket early!

We salute our enthusiastic chairpersons for planning such diverse meetings every month!

Bon Voyage to our friends travelling to Greece and Turkey on the IWA trip.

SEEMA BHARGAVA

AMULYA RAO

MANAGING COMMITTEE
Thursday, 31st August 9.45 am

EXECUTIVE COMMITTEE
Thursday, 31st August 10.30 am

Both Meetings hosted by
Shobha Mahtani at
The Park Hotel, 601, Anna Salai, Chennai - 600 006.

Philosophy & Religion



Thursday, 7th September at 10.15 a.m.

At : **THE MADRAS CRICKET CLUB**
1, Babu Jagjivanram Salai
Chennai 600 005

UNDERSTANDING HINDUISM

Govind K. Baratan, a senior lawyer of the Kerala High Court is the Director of the Chitravathi Foundation, an institution teaching yoga, meditation and Indian spirituality. He has travelled extensively delivering lectures on the new face of Hinduism. Govind K. Baratan is an author and a Sunday painter. He is currently working on a book about his visits to the sacred spots of India.

Our speaker will touch upon the following subjects:

1. Vedas, Upanishads and the Bhagwad Geetha
2. Hindu Temples - their meaning and significance
3. Modern interpretation of ancient Hindu symbols.

We thank **Latha Baratan** for hosting this meeting.

ASHA HEMDEV

ANNETTE MOLLEBRO

Change of Phone Number

Shirley Verghese 2449 1474
2449 1546

Current Events



Tuesday, 12th September at 10.15 a.m.

At : **YWCA**
International Guest House
1086 Poonamallee High Road
Chennai 600 086

MADRAS DAY - A CELEBRATION

On August 22nd 2004, an enthusiastic group of people came together to celebrate the city of Madras, the Chennai of today.

This day has since been dedicated as Madras Day - to focus on the history and heritage, people and institutions and all the best things the city has to offer.

Vincent D'souza is the editor and publisher of Adyar Times, Mylapore Times and Arcot Road Times. His website Kutcheribuzz.com is devoted to classical music and dance.

He will explain to us the significance of the celebration of Madras Day.

We thank **Minnie Mathan** for hosting the meeting.

MRIDULA SRINIVASAN

JYOTI SOMANI

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We thank **Jayanti Rajaram** for sponsoring the LCD equipment for the July meeting of Current Events.

Arts @ Handicrafts



Saturday, 16th September at 10.15 a.m.

At : **LV Prasad Film & TV Academy**
26, Arunachalam Road
Saligramam
Chennai 600 093

ART IN LIVING - ART IN CINEMA

Since the beginning of motion picture, the role of Art in Cinema has increased exponentially. **K. Hariharan**, director of LV Prasad Film & TV Academy will enlighten us on the use of art in cinema.

Mr. Hariharan, a student of Film Direction from the Film & TV Institute of India, Pune, has many films to his credit, which include 'Ghashiram Kotwal' (1978), a film in Marathi which was screened at the Berlin, Edinburgh and Valladolid film festivals. "Ezhavathu Manithan" (The 7th Man), a film in Tamil got the National Award for the best Tamil film in 1982 and the Afro-Asian Solidarity Award at the Moscow International Film Festival in 1983. In 1992 his Hindi film titled 'Current' starring Om Puri and Deepti Naval got the best Critics' Award that year.

Teaching film production and cinema studies is his passion. Mr. Hariharan is a visiting faculty since 1995 at the University of Pennsylvania, South Asia Regional Studies Department, teaching two courses on "Indian Cinema and Society"

Please warn-in with Sangeet by 12th September at 2447 0759.

SANGEET CHOPRA

LISA FELDMANN

Current Events



Tuesday, 19th September at 10.15 a.m.

At : **MADRAS BOAT CLUB**
Boat Club Road
R.A. Puram
Chennai 600 028

ENTREPRENEURSHIP

How many people yearn to start their own business? How many hold back for the fear of risk and possible loss of capital? What factors contribute to success?

C.K. Ranganathan, Chairman and MD of Cavin Care and winner of the Entrepreneur of the Year Award from the Economic Times is the current President of the Madras Management Association.

He will talk on entrepreneurship, drawing from his personal phenomenal success and will share with us his insights and experiences.

We thank **Rani Chandani** and **Ranjani Venkataraghavan** for hosting this meeting.

MRIDULA SRINIVASAN

JYOTI SOMANI

Change of address

Lakshmi Viswanathan
2-A, Harsha Apt
7 Beach Road
Kalakshetra Colony
Chennai 600 090

© 2491 6219

History, Culture & Tours



Friday, 22nd September at 9 a.m.

Tours departs from : **Anuradha M. Uberoi's**
32 ABM Avenue
R.A. Puram
Chennai 600 028

VISIT TO GRUNDFOS - A GREEN BUILDING

Buildings are the third largest consumer of resources especially water and energy. They have a long term impact on the surrounding ecology.

A **green building** concept is an initiative to make the environment a better place to live in.

A green building

- Consumes 30% to 40% less water than a conventional building
- Consumes 40% less energy
- Is instrumental in reducing operating costs
- Leads to enhanced health, safety and comfort of occupants

Ladies, we will visit **GRUNDFOS PUMPS INDIA PVT. LTD.** which will be among the first three certified green buildings in India and take a conducted tour of the premises.

Lunch is planned at **THANJAVUR** restaurant located opposite Prarthana theatre on ECR, before returning to Chennai around 2 p.m.

Kindly warn in before September 15 with:

Anita Kapoor at 98840 30566 (9 a.m. to 1 p.m.)

This trip is limited to 32 members.

Rs.120/- per person will be collected towards transportation charges.

ANURADHA MAJITHIA UBEROI

ANITA KAPOOR

Cooking Swapshop



Tuesday, 26th September at 4.00 p.m.

At : **TAJ COROMANDEL**
Nungumbakkam High Road
Chennai 600 034

ENGLISH HIGH TEA

The Piano Lounge serves the finest and probably Chennai's largest collection of tea and coffee from around the world.

Tea lovers, come and experience a delightful afternoon as you sample a specially laid out 'English Tea' and get educated on the different types of tea and their beneficial properties.

The lounge can accommodate a maximum of 35 people, so be sure to warn-in at the earliest.

FOR MEMBERS ONLY.

SHANTHI THOMAS
98410 76541

MALINI KRISHNA
98408 21460

Congratulations to

- ☞ **Darley Mathew**, the proud winner of the competition held at the Cooking demonstration at the Taj. She wins a lunch for two at the Taj.
- ☞ **Deepali Goyal** on the birth of her daughter Amaira.
- ☞ **Jayanti Rajaram** on the birth of her grand daughter.

Health @ Ecology



Thursday, 28th September at 10.15 a.m.

At : **LYNNE CONNOR'S**
Cottingley
20, Anderson Road
Nungumbakkam
Chennai 600 006

EVERY HUMAN BEING ON THE PLANET HAS THE RIGHT TO LIVE AND DIE WITH DIGNITY

Every September world wide the "World's Biggest Coffee Morning" takes place. This is an event that highlights the range of services given by Macmillan nurses to help people living with Cancer. Macmillan Nurses are specialists in Cancer and palliative care and support both patients and families facing terminal illnesses.

Although we do not have Macmillan nurses here in Chennai, we do have a very special team of committed individuals who collectively provide free palliative care to Cancer patients at the Jeevodaya Hospice in Mathur village 12 kms outside of Chennai. This hospice is very special as it is the only one in Southern India.

The work of both these organisations will be presented today. We are fortunate that the Sister-in-Charge, **Sister Lalitha Teresa FCC**, one of the founder members of the Jeevodaya Hospice, has agreed to talk of her work at Jeevodaya. She is an inspirational figure, so do come and listen to her exceptional story.

Kindly warn-in with Lynne at 5219 2201 for attending this meeting. Security requires that members park outside and walk in; only the physically challenged may drive in.

SHIRLEY VERGHESE

LYNNE CONNOR

International Music Day



Friday, 29th September at 10.15 a.m.

At : **HOTEL PARK SHERATON**
132, T.T.K. Road
Chennai 600 018

Every year we celebrate our Founder Member **Nirmal Seshadri's** birthday as **International Music Day**. A young and talented musician is selected by the Music Committee and honored by IWA in the presence of Nirmal's family.

This year our Music Committee has selected 12 years old **S. Anantharaman**. Vocalist Anantharaman is a student of class VIII at Bhartiya Vidya Bhawan, Erode. He has won many prizes at the school, district and state level music competitions and has also represented the country at the Tianjin International Children's Art Festival in China. He learns from Geetha Ramasubramaniam in Chennai and Meena Venkatramanan in Erode. This talented child will give a brief recital for us.

We thank **Vijay Goyal, Vandana Ghadiali** and **Shashi Malhotra** for sponsoring this meeting.

No Guests Please.

THE BOARD

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Many thanks to the following ladies who very kindly sponsored the August Health and Ecology meeting at The Boat Club : **Sherna Irani, Molly Jacob, Rupa Kadhiresan, Zainab Kachwala, Koshu Lalchand, Lily Madhok** and **Padmini Subramanian**.

Deep Utsav



The IWA Diwali event will be held on **Saturday, 7th October** at Hotel Taj Coromandel from 10.30 a.m. to 3.30 p.m. Tickets priced at **Rs.350/-** will be available from 1st September at IWA meetings with Board Members and Chairpersons. We request you to buy your tickets at an early date.

As always, we will be having **stalls**. For bookings please contact

Thayabae Kakar at 2826 8018 / 2823 4880
Shweta Mohapatra at 2434 1413

Stalls will be booked on a "first come first served" basis and each stall will be charged **Rs.1750/- + 1 ticket (Rs.350/-)**.

Members are requested to contribute **gifts** worth minimum **Rs.100/-** for the popular **Khazana** (cash also welcome). Gifts will be collected at all meetings in September and early October, or can be handed over to the following :

Urmilla Agarwal	2834 5327 / 98410 85533	T.Nagar
Rani Ananth	2449 0854	Neelangarai
Asha Hemdev	2827 8165	Nungambakkam
Fazeela Nurdeen	2621 6561 / 2626 0674	Anna Nagar
Amulya Rao	2499 1272 / 2499 5434	Alwarpet
Mridula Srinivasan	2432 1028	R.A. Puram

A brief **entertainment programme** will be followed by **Lunch**. We look forward to seeing you with family at this celebration of lights
Deep - Utsav!

SEEMA BHARGAVA

AMULYA RAO

THE BOARD

Founders' Day

A very special thank you to our Founder Members and Past Presidents for their gracious presence and for taking part in the programme. Many, many thanks to all who came for IWA's 20th birthday celebrations. Your presence and participation lent colour and grace to the occasion. Your enjoyment of the programme has re-energised us.

This year more than 50 members participated in the programme. We thank you for giving IWA your time, talent and energy.

Invocation Jyothi Ganesh

Dance

Choreographers and

Main Dancers

Accompanied by

Aseel Mathur and Manisha Singhee
Princess Naik, Anuradha Sachdev,
Neena Sanghvi, Naina Shah and Jyoti Somani.

Celebrate IWA

Urmilla Agarwal, Rani Ananth, Sangeet Chopra,
Lynne Connor, Shoba Hebbar, Asha Hemdev,
Susan Hopper, Nina Kothari, Malini Krishna,
Bernadette McEwen, Raziyyeh Sheerazie,
Jyoti Somani, Mridula Srinivasan,
Shanthy Thomas and Shirley Verghese.

Skit

Actors

Nalini Acharya, Seema Bhargava,
Mansha Bhatia, Susan Hopper, Cibi Mammen,
Maya Mathew, Shweta Mohapatra,
Padmini Natarajan, Raji Ramesh,
Usha Umapathi and Geeta Vasudevan

Written and directed by Padmini Natarajan.

Practices hosted by Urmilla Agarwal and Amulya Rao

Retrospective

Singers

Zubelda Asgarali, Gayathri Bewoor, Rani Chada,
Kusum Chadda, Chandrika Chidambaram,
Eira Doshi, Anneliese Hazari, Rupa Kadhiresan,
Nanditha Krishna, Lily Madhok, Nirmal Mirza,
Vanitha Mudaliar, Meyyammai Murugappan,
Alugu Muthu, Princess Naik, Rathi Nilakantan,
Sushi Natraj, Lakshmi Padmanabhan,
Saroja Ramamrutham, Shyla K. Rau,
Margaret Sekharan, Sunita Shahaney,
Vidya Singh and Aruna Vijaykumar.

Lyrics and visuals

Sushi Natraj

Music

Maya Mathew

Coordination

Princess Naik and Rathi Nilakantan

Practices hosted by

Gayathri Bewoor

Grateful thanks to

Sulu Alexander for arrangements with the hotel.
Archana Meiyappan for sponsoring the notepads
Sushi Natraj for the visuals.

A big thank you to the Board and Executive Committee for their ideas and help and for being with us always.

SEEMA BHARGAVA

AMULYA RAO

IWA's Retrospective

(Tune : Mary's Boy Child)

Long time ago in good of Madras,
A new beginning dawned
Nirmal and Nancy hatched a plan
And our dear IWA was born.

Trumpets sound and we all sing
Of a kinship born today
And ladies of IWA all rejoice
On the twentieth Founders' Day.

Lakshmi, Saroj, Rewa, Sunita
And Anneliese did come
With their creative ideas
Said bye to things humdrum.

Twenty years of joy and fun
In twenty different ways
All in all a great innings
Of class and style and grace.

Along came Vanitha with Barbara
They worked for two great terms
Followed by Sunita and Janet
And the Cookbook of the years.

Nirmal & Stina set the pace
For fitness and good fun
Malini & Maureen worked so hard
And roped in everyone.

Nanditha & Aruna have always given
For IWA their time and care
Lily and Margaret brought to us
The Woman of Today.

With Zuby and Dawn at the helm
The flag flew high and then
Aragu & Poonam took the guard
As our dear IWA turned 10.

Ten years young and so much life
Vibrant with dance and song
But Nirmal sadly went away (slowly)
Yet IWA's pledged to go on.

Rupa and Anneliese won our hearts
With sensible simplicity
Shyla and Megan brought to us
Sunshine in great quantity.

Gayathri & Chandrika's year was pink
With silver for health and cheer
Javanthi & Eira cared for trees
And rivers and the earth.

Rani & Seema's energy
Brought joy and harmony
Kusum and Meyyammai did their best
To keep IWA trouble free.

Sushi & Elaine reached out to all
And made members feel as one
Vidya & Padma put together
A year of thought and fun.

Princess and Rathi's Midas touch
Brought programmes of good cheer
Now Seema & Amulya have begun
To celebrate a score of years.

Presidents come and Presidents go
Leaving such fond memories
Closer ties and firmer friends
As the years go by in a breeze.

Trumpets sound and we all sing
Of a kinship born today
And IWA will live forever more
As friendship will prevail.

SUSHILA NATRAJ

Founders' Day Celebrations



Cutting the Cake



Celebrating the arrival of monsoon



Celebrating IWA



Skit Yesterday, Today, Tomorrow



Retrospective by Founder Members & Past Presidents



The Ladies behind the scenes that day
Managing & Executive Committee 2006 - 2007

From the Membership Sub Committee

It has been brought to our notice that members are arriving well beyond 10.45 a.m. for IWA meetings and ladies are leaving the meetings even as the speakers are talking. May we remind you that our Chairpersons work very hard to get speakers who are authorities in their area of expertise and to organise the meetings.

We request all members to arrive in time for meetings, to switch-off their cell phones during the meetings and not to leave whilst the talk is on. Most speakers conclude by 11.45 a.m.

IWA has come a long way in 20 years because of its discipline. Let us keep our faith in its traditions and make it stronger.

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Executive Committee 2006 - 2007

MANAGING COMMITTEE

PRESIDENTS

Seema Bhargava	2434 7062 / 98400 82518
Amulya Mandava Rao	2499 1272 / 2499 5434

VICE PRESIDENTS

Nina Kothari	2827 5859
Bernadette Mcewen	5549 7307 / 98840 21048

SECRETARIES

Rani Ananth	2449 0854
Susan Hopper	2433 3565

TREASURERS

Urmilla Agarwal	2834 5327 / 98410 85533
Raziyeh Sheerazie	2836 3161 / 2836 3687

ACTIVITY CHAIRPERSONS

ARTS AND HANDICRAFTS

Sangeet Chopra	2447 0759
Lisa Feldmann	98415 98056

BOOK DISCUSSION

Shoba Hebbar	2641 1248
Bilquis Moosa	2434 9934 / 2434 9932

COOKING SWAPSHOP

Shanthi Thomas	2815 0865 / 98410 76541
Malini Krishna	2447 4830 / 2447 1046

CURRENT EVENTS

Mridula Srinivasan	2432 1028
Jyoti Somani	2432 0797

HEALTH & ECOLOGY

Shirley Verghese	2449 1474
Lynne Connor	5219 2201 / 98409 75740

HISTORY, CULTURE & TOURS

Anuradha M. Uberoi	2432 9728
Anita Kapoor	2825 6484

MUSIC & PERFORMING ARTS

Shobha G. Mahtani	2835 3303 / 2835 2306
Joanne Burema	2447 4997

PHILOSOPHY & RELIGION

Asha Hemdev	2827 8165
Annette Mollenbro	98409 42843