

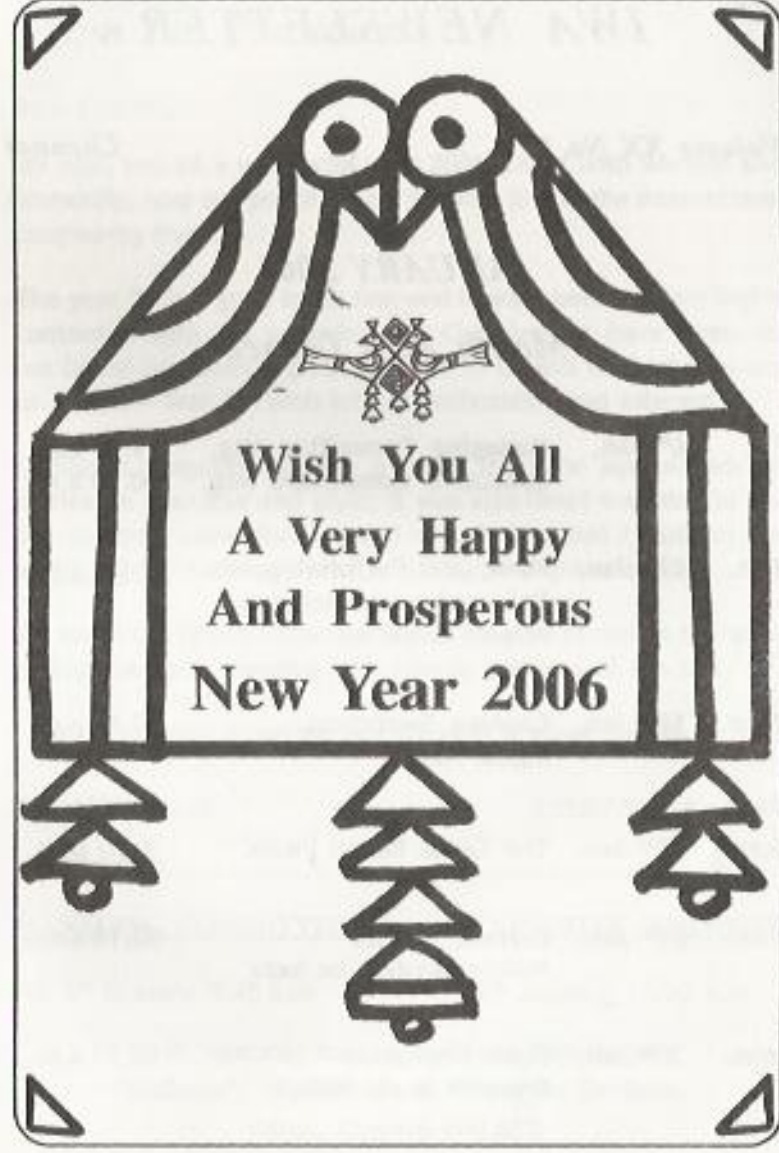


IWA  
Chennai

*Newsletter*

JANUARY 2006

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6 9.45 a.m. Mtg. Comm. Mtg. 10.30 a.m. Exec. Comm. Mtg.	7
8	9	10	11	12	13	14
15	16 11.00 a.m. Music and Performing Arts Philosophy and Religion	17	18 10.15 a.m. Cooking Swapshop	19	20	21
22 4.00 p.m. IWA Beach Picnic	23 10.15 a.m. Current Events	24	25	26	27	28
29	30 10.15 a.m. Book Discussion	31				



# IWA NEWSLETTER

Volume XX No. 8

Chennai

JANUARY 2006

## Month At A Glance

Fri.	6 <sup>th</sup> Jan.	Managing Committee Mtg. Executive Committee Mtg.	9.45 a.m. 10.30 a.m.
Tue.	17 <sup>th</sup> Jan.	Music and Performing Arts Philosophy and Religion <i>Pongalo Pongal !!!</i>	<u>11.00 a.m.</u>
Thur.	19 <sup>th</sup> Jan.	Cooking Swapshop <i>Iranian Food</i>	10.15 a.m.
Sun.	22 <sup>nd</sup> Jan.	The Great Beach Picnic	<u>4.00 p.m.</u>
Tue.	24 <sup>th</sup> Jan.	Current Events <i>Political Analysis on India</i>	10.15 a.m.
Mon.	30 <sup>th</sup> Jan.	Book Discussion <i>Crocodile in My Kitchen</i>	10.15 a.m.

## From the Presidents

Dear Friends,

We wish you all a wonderful year 2006, filled with warmth and friendship, love and peace, to our families and to the International community itself.

The year 05' has gone by so fast and looking back we feel highly contented with the programs our Chairpersons have given us; our board has been a great support to us and we look forward to the New Year 06' with lots of enthusiasm and interest.

Christmas program was like a scene from the age old advent stories, in grandeur and style; it was also heart warming to see our members come forward and contribute cakes / cash for the good cause. Thank you all for making it a grand success.

We await the Beach Picnic party and it's sure to create the bond of togetherness, meeting new friends and lots of fun too..

Looking forward to seeing you all after a great holiday...

*PRINCESS NAIK*

*RATHI NILAKANTAN*

MANAGING COMMITTEE

EXECUTIVE COMMITTEE

Fri. 6<sup>th</sup> January, 9.45 a.m

Fri. 6<sup>th</sup> January, 10.30 a.m

Both Meetings hosted by Geeta Vasudevan  
"Akshaya", 12, 7th Cross, Karpagam Gardens,  
Adyar, Chennai 600 020.

## *From the Membership Treasurer*

The Membership Sub Committee has deliberated over all the applications received from Indian candidates for membership in IWA Chennai for the year 2006-2007 and has approved 5 candidates for membership in IWA. The sponsors have been informed accordingly and have also been notified that their candidates have to attend as many IWA meetings as possible from January-April 2006, and pay guest charges. It will only be then that the candidates will be sent their formal acceptance.

The following candidates' sponsors have been informed of the above.

1. Ms. Minnie Mathan
2. Ms. Maya Mathew
3. Ms. Cibbi Mammen
4. Ms. E.Rajeswari
5. Ms. Veena B.Swamy

All the applicants were looked at very closely and as there was only space for 5 new members, the committee had to deliberate over several meetings and use various "tools" to come to the appropriate and fair conclusions. All members spent several hours over a period of 3 weeks and I thank them for their diligence and cooperation.

*UMA GANESAN*

### *CONGRATULATIONS TO*

Lakshmi Viswanathan on being re-elected Vice-President of Madras Music Academy.



*Music & Performing Arts  
Philosophy & Religion*



Tuesday, 17<sup>th</sup> January, at 11.00 a.m.

At : Rani Ananth's  
"Sai Villa", Plot 500  
4th South Main Road  
Kapaleeswarar Nagar  
Neelankarai  
Chennai 600 041

### *PONGALO PONGAL !!!!*

Pongal, celebrated every year on 14th January, especially in Tamil Nadu - marks the harvest of crops and a special thanksgiving to God, the Sun, the Earth and cattle. It is a four day festival, each day having its own name and distinct fashion of celebration- Bhogi, Surya, Mattu and Kannum Pongal.

Come and enjoy the flavours of the festival as we combine the philosophy behind the festival with the music & dance so typical. Take part in worship of the cow, the Sun and the Earth, enjoy the folk dances of kummi and kolattam and savour the specially prepared *pongal sappadu (lunch)*. Come dressed in traditional *pattu* (silk) sarees or *pavadais* and watch as the milk in the *ponga paanai* or mud pot spills over signifying the advent of prosperity.

As the saying goes: *Thai piranthal vazhi pirakkum!*

*GEETA VASUDEVAN  
SANDRALECOZ*

*RANI ANANTH  
BERNADETTE MCEWEN*

## *Cooking Swapshop*

Thursday, 19<sup>th</sup> January, at 10.15 a.m.

At : Raziye Sheerazie's  
No.16, Harrington Road  
Chetput  
Chennai 600 031



### *IRANIAN COOKING WITH RAZIYEH*

Iranian cuisine is very simple and easy to cook. The dishes are mainly non vegetarian, and are served with rice, accompanied by salad or yogurt, seasoned either with mint or other herbs. Very few spices like pepper, turmeric and garlic are used. Of course the most expensive of them all - saffron is used extensively in Iranian cuisine. Light black tea is usually served along with fruit and desserts after dinner to wrap up the meal.

This morning Raziye will be demonstrating  
*Kookoo Sabzi (Starter)*  
*Sholeh Zard (sweet dish)*  
*Looblya Polow (Maincourse)*  
*Maast-o-Khiar (Side dish)*

We thank Raziye Sheerazie for hosting this special morning.

*ANITA KOSHY*

*MANISHA SINGHEE*

### *CONGRATULATIONS TO*

- Sushi Natraj on the marriage of her daughter Apurva with Sundar.
- Jayanti Rajaram on the marriage of her son Sriraj with Varsha.

## *IWA Picnic*

Sunday, 22<sup>nd</sup> January, 4.00 p.m. onwards

At : Seema Sait's Beach House  
Spring Field  
Uthandi - ECR

(Directions - go past Poonga Resorts, enter Uthandi and take a left at Spring Field. The house is to the right)

### *THE GREAT BEACH PICNIC*

Its time for fun and frolic; for families to come together. An opportunity to literally let your hair down and enjoy the sea breeze.

We invite all IWA members, their husbands and children to the Great Beach Picnic.

Kids and those 'inclined adults' can jump into the clear waters of the swimming pool.

Put on your beach wear and get ready for some games.

Or just relax and enjoy the guitar music. Yummy barbecue menu awaits all who are hungry at the party.

Make sure to warn - in, so that we can go ahead and make the arrangements.

Car- pools would be welcome; so lets get-to-gether and party.

We thank Seema Sait for organizing and hosting the entire beach picnic - venue, barbecue food, beverages - everything. A very big thank you, Seema!

Don't forget to give us a call between 15<sup>th</sup> to 20<sup>th</sup> January.

Warn in with Princess at 98406 77703 / Rathi at 98410 73060

*PRINCESS NAIK*

*RATHI NILAKANTAN*

*THE BOARD*

## Current Events

Tuesday, 24<sup>th</sup> January, at 10.15 a.m.  
At : Mowbrays Room  
Madras Club  
Adyar Club Gate Road  
Chennai 600 028



### *POLITICAL ANALYSIS ON INDIA TODAY*

Well known Editor, Political-Economic Commentator of long standing Kamendra Kanwar, is widely respected for his dispassionate analysis, will talk to us and give us an understanding on the political changes of India in the recent past. He was the Editor of Times of India, Ahmedabad edition for 4 years, later the Resident Editor of the Indian Express, in Hyderabad, Mumbai and Delhi. Since January 2001, Kamendra is the Editor of The New Indian Express for 4 editions in Tamil Nadu, ie Chennai, Madurai, Coimbatore and Trichy. He is also Editor, News Service Southern Region.

Kamendra is widely travelled. He has authored two books, "Indo Japanese Relations" and "Icons of Gujarat Industry".

He is our IWA member Sushma Kanwar's other half.

IWA thanks Mansha Bhatia, Molly Jacob, Sushma Kanwar, Lily Madhok, Mina Malhotra, and Bina Mathur for co-hosting this program.

*RANI DAS GUPTA*

*RAZIYEH SHEERAZIE*

### *HEARTFELT CONDOLENCES TO*

Geeta Vasudevan on the passing away of her mother and Jayanti Rajaram on the loss of her mother-in-law.

## Book Discussion

Monday, 30<sup>th</sup> January, at 10.15 a.m.  
At : Mowbrays Room  
Madras Club  
Adyar Club Gate Road  
Chennai 600 028



### *BOOK : COBRA IN MY KITCHEN*

*AUTHOR : ZAI WHITAKER*

We all know the shuddery feeling of horror when we see a lizard or cockroach..or worse still , a rat, in our kitchen. In this month's book we read about bigger and more lethal creatures..snakes, crocodiles and other such beasties! With humour and compassion, Zai Whitaker chronicles the early years of her marriage, when she learned to appreciate and in some cases, love, the reptiles and animals in her life . She writes of their habits and demolishes myths.....her latest book, a collection of essays, stories and poems, is a wonderful book for adults and children alike.

Sister to the lovely fiction writer, Shama Futehally, who tragically died of cancer a year ago; daughter of Laiq Futehally, who writes lyrically about plants and gardens; grand-niece to the illustrious Salim Ali, world renowned ornithologist, Zai is former principal of Abacus Montessori School here in Chennai and is presently Principal of the Outreach School in Bangalore We are honoured to have Zai talk to us about her book.

We thank Jyothi Ganesh for her generous sponsorship of this meeting.

*SHALINI BISWAJIT*

*RADHA GOPALAKRISHNAN*

We thank Rani Dasgupta for sponsoring the Book Discussion meeting in December and Dr. Shanti Karunakaran for her help with the refreshments and her absolutely invaluable assistance in facilitating the meeting in the beautiful Loyola Chapel.

## *Christmas Celebrations*

"Christmas spirit" of sharing and giving was truly witnessed by our members coming forward and helping us.

A big thank you to our main contributors

Tehnaz Bahadurji

Ann Mathew

Many thanks to our co-sponsors

Sulochana Alexander	Seema Bharagava
Leila Diraviam	Amala Emmanuel
Anneliese Hazari	Shanti Karunakaran
Prema Kumar	Gayathri Krishnaswami
Bina Mathew	Marina Mathias
Sucharita Prasad	Lalitha Zachariah

Those who offered Cakes, a warm thank you.

Eira Doshi	Suma Eapen
Radha Gopalakrishnan	Leelamani John
Molly Jacob	Premila Jacob
Anita Koshy	Achu Kurien
Nina Kothari	Tina Malhotra
Darley Mathew	Anjana Sunil
Raziyeh Sheerazie	Sheela Sarath
Rita Saldanha	Manisha Singhee
Maureen Thadani	Shobhana Thomas
Gowri Visvanathan	Sejal Wasani

A kind gesture from Fazeela Nurdeen and Nirmal Mirza for the raffle prizes. Thank you, once again.

Heartfelt thanks to Rita Saldanha for directing the Nativity Tableau and Sheela Sarath for writing the script, Darley Mathew and Mansha Bhatia for co-ordinating the play.

### Participants - Choir and Tableau

Nalini Acharya	Jennifer Ann
Lata Chohan	Suma Eapen
Maria Elena	Premila Jacob
Nina Kothari	Merete Koefoed
Anita Koshy	Monica Kusmirak
Tina Malhotra	Angelika Mandaiker
Darley Mathew	Linda Raymond
Vasanthi Sankaranarayanan	Sheela Sarath
Lita Srinivasan	Anjana Sunil
Shobana Thomas	Reena Verghese
Alison Wards	

### Participants - Christmas Letters

Anneliese Hazari	Susan Hopper
Molly Jacob	Shanti Karunakaran
Prema Kumar	Achu Kurien
Prabha Nair	Padmini Natarajan
Dorothy Saldanha	

A big thank you to all of you and to Sharmila Moses - our guest at the Keyboard.

*PRINCESS NAIK*

*RATHI NILAKANTAN*

## *Christmas Celebrations*



The Tableau



The Choir

## *Christmas Celebrations*



The Perfect Christmas Table

## *Halloween Celebrations*





## Cooking Swapshop

### IWA COOKING COMPETITION

Ladies, we have a Cookery Competition coming up on Wednesday 22<sup>nd</sup> February at the Madras Club. Our competition is open to daughters and daughters-in-law of IWA members also. Categories for the competition include Starters, Salads, Vegetarian and Non Vegetarian Main Dish, Rice, Cakes and Desserts.



#### COMPETITION RULES

1. A dish should serve 6-8 people.
2. No cooking allowed at the premises
3. Three typed copies of recipe sheets should be present - do not write your name on the same.
4. You should be present at the venue with your dish/dishes by 10.15 a.m
5. Participants can take part in more than one category

For further details please contact

Anita Koshy 98409 11747 / Manisha Singhee 24991483  
Princess Naik 98406 77703 / Rathi Nilakantan 98410 73060

**ANITA KOSHY**

**MANISHA SINGHEE**

## Arts and Handicrafts

Many thanks to all the 21 participants in the "Gift Wrapping Competition" in December.

Congratulations to the winners Prema Kumar, Umayal Chettyappan and Rama Rajagopalan.

**URMILLA AGARWAL**

**MERETE KOEFOED**

## EXECUTIVE COMMITTEE 2005 - 2006

### MANAGING COMMITTEE

#### PRESIDENTS

Princess Naik 2441 8448 / (O)5205 4989  
98406 77703

Rathi Nilakantan

(R) 2822 9932 / 2826 5250  
(O) 2811 3691 / 98410 73060

#### VICE PRESIDENTS

Seema Bhargava 2434 7062 / 2435 6707  
Amulya Rao 2499 5434 / 98409 25434

#### SECRETARIES

Rekha Rangaraj 2499 4756 / 5211 0761  
Nalini Panday 2461 0944 / 98410 48629

#### TREASURERS

Nina Kothari 2827 5859 / 2827 8888  
Uma Ganesan 2452 9276 / 98410 34449

### ACTIVITY CHAIRPERSONS

#### ARTS & HANDICRAFTS

Urmilla Agarwal 2820 5327  
Merete Koefoed 5215 4358

#### BOOK DISCUSSION

Shalini Biswajit 2433 8216 / 2434 0315  
Radha Gopalakrishnan 2491 8186

#### COOKING SWAPSHOP

Anita Koshy 2656 2152  
Manisha Singhee 2499 1482 / 2499 1483

#### CURRENT EVENTS

Rani Das Gupta 2499 1084 / 94440 71084  
Raziyeh Sheerazie 2836 3161

#### HEALTH & ECOLOGY

Mridula Srinivasan 2432 1028  
Jyoti Somani 2432 0797

#### HISTORY, CULTURE & TOURS

Thayabae Kakar 2826 8018 / 2823 4880  
Bonnie King 2461 7482

#### MUSIC & PERFORMING ARTS

Geeta Vasudevan 2491 5913  
Sandra Le Coz 5210 2017

#### PHILOSOPHY & RELIGION

Rani Ananth 2449 0854  
Bernadette Mcewen 5549 7307