



IWA  
CHENNAI

NEWSLETTER  
JANUARY 2004

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| SUN | MON   | TUE                                      | WED                                      | THU                                      | FRI                            | SAT |
|-----|---|--|--|--|--------------------------------|-----|
|     |   |  |  | 1  | 2                              | 3   |
| 4   | 5   | 6  | 7  | 8  | 9                              | 10  |
|     | 5:45 a.m.<br>Mang. Comm. Mtg.<br>10:45 a.m.<br>Exec. Comm. Mtg. |  |  |  |                                |     |
| 11  | 12  | 13                                       | 14                                       | 15                                       | 16                             | 17  |
|     | 3:15 p.m.<br>Philosophy and<br>Religion                         |  |  |  |                                |     |
| 18  | 19  | 20                                       | 21                                       | 22                                       | 23                             | 24  |
|     | 10:15 a.m.<br>History, Culture &<br>Tours                       |  | 10:15 a.m.<br>Music &<br>Performing Arts | 10:15 a.m.<br>Music &<br>Performing Arts | 10:15 a.m.<br>Health & Ecology |     |
| 25  | 26  | 27                                       | 28                                       | 29                                       | 30                             | 31  |
|     |   | 10:15 a.m.<br>Music &<br>Performing Arts | 10:15 a.m.<br>Music &<br>Performing Arts | 10:15 a.m.<br>Arts & Handicrafts         | 10:15 a.m.<br>Current Events   |     |

*"Here's  
 wishing Our  
 IWA  
 Members and  
 their Families  
 a  
 Happy 2004"*

# IWA NEWSLETTER

Volume XVIII No. 8

Chennai

## JANUARY 2004 MONTH AT A GLANCE

|           |                      |  |            |
|-----------|----------------------|--|------------|
| Tuesday   | 6 <sup>th</sup> Jan  | <i>Managing Comm. Meeting</i>              | 9.45 a.m.  |
|           |                      | <i>Executive Comm. Meeting</i>             | 10.45 a.m. |
| Monday    | 12 <sup>th</sup> Jan | <i>Philosophy &amp; Religion</i>           | 5.15 p.m.  |
|           |                      | <i>Celebrating Lohri</i>                   |            |
| Monday    | 19 <sup>th</sup> Jan | <i>History, Culture &amp; Tours</i>        | 10.15 a.m. |
|           |                      | <i>A steppe in Time</i>                    |            |
| Thursday  | 22 <sup>nd</sup> Jan | <i>Music &amp; Performing Arts</i>         | 10.15 a.m. |
|           |                      | <i>Jazz in the 21<sup>st</sup> Century</i> |            |
| Friday    | 23 <sup>rd</sup> Jan | <i>Health &amp; Ecology</i>                | 10.15 a.m. |
|           |                      | <i>On Women's Health Imaging</i>           |            |
| Wednesday | 28 <sup>th</sup> Jan | <i>Music &amp; Performing Arts</i>         | 10.15 a.m. |
|           |                      | <i>The IWA "Baithabi"</i>                  |            |
| Thursday  | 29 <sup>th</sup> Jan | <i>Arts and Handicrafts</i>                | 10.15 a.m. |
|           |                      | <i>Aesthetic Jewellery</i>                 |            |
| Friday    | 30 <sup>th</sup> Jan | <i>Current Events</i>                      | 10.15 a.m. |
|           |                      | <i>Current Indian Scene:</i>               |            |
|           |                      | <i>Can we be optimistic?</i>               |            |

## FROM THE PRESIDENTS

A VERY HAPPY, HEALTHY AND PROSPEROUS NEW YEAR - to all our members and their families and friends.

Time to make your new year resolutions - do put "keeping the spirit of friendship and camaraderie in IWA, and getting involved with the programmes" on your list!

The Christmas morning was a beautiful occasion. We sincerely thank all those who helped to put the whole programme together. We particularly thank Sue Innes, who so spontaneously opened up her home and took great care of all the details.

The 'cool' months are here, and our January fare opens with a typical Punjabi festival - Lohri. We hope you will all enjoy this and the other meetings scheduled for the month.

*Sushi Natraj*

*Elaine Wood*

MANAGING COMMITTEE  
MEETING

EXECUTIVE COMMITTEE  
MEETING

Tuesday, 6th Jan., 9.45 a.m.      Tuesday, 6th Jan, 10.45 a.m.

Both Meetings at:

**Libby Meyer's**

ICL Riverview, 9A, 3rd Avenue,

Boat Club Road, Chennai 600 028

Ph: 24339112

## PHILOSOPHY & RELIGION

Monday, 12th January, 5.15 p.m.

At : Lily Malhan  
36 Mount Road  
Southern Bottlers  
Guindy  
Chennai 600 032



### *Celebrating Lohri*

The festival of Lohri brings a lot of joy and gaiety. Lohri heralds the onset of spring, it is traditionally celebrated on the 13th of January and commemorates the last sowing of the Rabi crops.

Lohri is primarily celebrated in the northern parts of the country. The winter chill outdoor contrasts well with the warmth of the fireplace which people light in their courtyards. There is traditional dancing and singing around the bonfire.

We will re-create some of the magic of Lohri. This will be an evening of Punjabi folksongs, dance and will be followed by a traditional meal from Punjab.

We thank Radha Seshadri, Dina Sawlani, Sheriea Ryan and Urmilla Reddy for hosting this meeting.

*Anuradha Uberoi*

*Anita Kapoor*

## HISTORY, CULTURE & TOURS

Monday, 19th January, 10.15 a.m.

At : Amethyst,  
Sundar Mahal,  
14/30 Padmavathi Road  
Jeypore Colony  
Chennai - 600 086



### *A Steppe In Time - Everyday Life Of Nomads On The Mongolian Steppe*

Christina Sauer, accompanying her husband on his diplomatic mission to the German Embassy, lived in Ulaan Baatar, Mongolia for four years between 1990 and 1994. During that time, she travelled extensively in the country with Mongolian friends, staying in *Gers* and observing and sharing in the daily life of the hospitable nomadic people. She returned to Mongolia to complete her fieldwork research in 1996 and gained a Masters degree in Anthropology from Manchester University, UK, at the age of 53. Her thesis focused on society in Mongolia and explored the resurgence and significance of Buddhism in the country after 1990.

The talk will focus particularly on the Mongolian home (*Ger*), its structure, symbolism and centrality in the lives of the Mongolian people. There will be a short slide presentation showing many of the people, their homes and animals with whom Christina spent many long, happy hours.

We thank Kiran Rao for hosting the meeting and Preeya Reddy for sponsoring the audiovisual equipment.

*Shobha Hebbar*

*Libby Meyer*

## MUSIC & PERFORMING ARTS

Thursday, 22nd January, 10.15 a.m.

At : **Madras Club**  
Adyar Club Gate Road  
Chennai 600 028



### *Jazz In The 21<sup>st</sup> Century*

**Madhav Chari** is a Jazz Pianist who also plays classical music. Based in New York, Madhav is currently in India to create greater awareness about Jazz and its connection to Tango, Cuban and Brazilian music.

Study of Development of Music is Madhav's forte. He will share his knowledge and experiences with us. Madhav will talk about the importance and relevance of Jazz in the 21st Century and play for us too.

This meeting is of an hour duration

*Seema Bhargava*

*Uma Ganesan*

### Heartiest Congratulations To

- **Rani Ananth** on the birth of her grandson **Ashwath**.
- **Shoba G. Mahtani** on the birth of her granddaughter.

## HEALTH & ECOLOGY

Friday, 23rd January, 10.15 a.m.

At : **Madras Cricket Club**  
Bells Road  
Chepauk  
Chennai 600 005



### *On Women's Health Imaging*

A mirror need not always reflect good health. Good health is rather reflected by the optimal functioning of the internal machinery of the body. This is best assessed by a variety of tests, which include blood tests, X-rays and scans, which form part of a routine "health check up". While blood tests provide a general assessment, X-rays and scans, the imaging arm of these check-ups, are investigations that assess individual organs and it is important for us to understand the pluses and minuses.

**Dr. Bagyam Raghavan** is a practising radiologist with over 15 years' experience. She is currently a Senior Consultant Radiologist with Apollo Speciality Hospital, Madras. Over the past few years she has worked extensively in the area of women's health imaging like mammography, ultrasound, and bone densitometry (for osteoporosis).

We are grateful to **Kanika Parikh** for sponsoring the meeting as well as the audio-visual equipment.

*Rekha R Rangaraj*      *Isabelle Badrinath*

## MUSIC & PERFORMING ARTS

Wednesday, 28th January, 10.15 am

At : **Kausalya Jaganmohan**  
"Shri Vishwa Vandita"  
10/1 Poes Garden  
Chennai 600 086



### *The IWA "Baithak!"*

IWA members extertaining IWA members, that is what this "baithak" is about.

Let us come together for a musical journey which IWA members will take us on. There is such a wealth of talent amongst our members. They have been persuaded to share it with us. Music of the regions of India and elsewhere, classical, folk, patriotic, whatever their inclination might be. This is an opportunity to have our own chamber music session when fellowship and participation will come together for the enjoyment of all. We shall be up close and personal with the music and the musicians. We shall be able to applaud them, we might be able to join in familiar choruses - a very special IWA morning indeed!

We thank **Kausalya Jaganmohan** for hosting the meeting.

*Seema Bhargava*

*Uma Ganesan*

## ARTS & HANDICRAFTS

Thursday, 29th January, 10.15 a.m.

At : **Lillian Kabish**  
5/1 Valliammai Aachi Road  
Kotturpuram  
Chennai 600 085



### *Aesthetic Jewellery and Gemstones*

**Nalini Panday** trained as a goldsmith in London has been designing and selling unusual jewellery since 1985 in the UK, USA and Hong Kong. Today, Nalini, a true Chennaite is based here and is highly regarded as a design consultant by both Indian and foreign clients for creating very wearable and remarkably elegant pieces. Nalini's preferred stones are tourmalines and sapphires, in stunning shades, ranging from blue, pink, green and orange, because of their versatility. She is not only known for giving a face lift to clients' old jewellery by using their gold and stones, but also educating people on the vast variety of coloured natural stones totally unknown to them.

She will speak about the various types of settings in jewellery and show you photographs of some very unusually coloured stones from South India. We will see the different stages of the jewellery -making process. A qualified Gemologist will also be on hand to answer any queries regarding precious and semi precious stones.

This will in part be an interactive session so please come prepared with questions.

*Mansha Bhatia*

*Jorie Newman*

## CURRENT EVENTS

Friday, 30th January, 10.15 a.m.

At : **The Cricketer**  
Madras Cricket Club  
Babu Jagjivandas Marg  
Chennai 600 035.



### *Current Indian Scene: Can We Be Optimistic?*

N.Vittal IAS (Retd) Former Central Vigilance Commissioner will speak on the current trend in both the political and economic fields and give us an interesting overview on the election scene.

Has **Brand India** come of age? Come, ask questions and get answers from the 'one who knows.'

*Nina Kothari*

*Amulya Mandava Rao*

### Felicitations To

- **Jaya Naidu** on her daughter **Vaya Naidu** being awarded the prestigious **Fellow of the Royal Society of Arts.**



*THANK  
YOU  
for the*

Charming generosity of our hostess  
Heavenly singing by the choir  
Ready hospitality offered during rehearsals  
Inspired menu from the team  
Sweet charity of all who left gifts  
Tireless work of our Directors and helpers.  
Marvellous support of our sponsors  
Artfully assembled game  
Superb enthusiasm of the actors

**Hostess:** Sue Innes

**Choir:** Jennifer Ann, Premila Jacob, Rupa Kadhiresan, Anita Koshy, Angelika Mandaiker, Willemina Mansell, Darley Matthew, Princess Naik, Sushi Natraj, Linda Raymond, Shobana Thomas, Rita Saldanha, Reena Verghese, Elaine Wood.

**Menu team:** Sue Innes, Premila Jacob, Libby Meyer, Princess Naik, Shobana Thomas, Elaine Wood.

**Director and Helpers:** Rita Saldanha, Shanti Karunakaran, Naina Shah, Seema Bhargava and the accompanist, Sharmila Moses.

**Sponsors:** Anna Abraham, Leila Diraviam, Anneliese Hazari, Shanthi Karunakaran, Bela Mistry Khaleeli, Gayatri Krishnaswami, Libby Meyer, Princess Naik, Padmini Natrajan, Josie Newman, Kamala Muthiah, Nalini Panday, Nalini Ramakrishna, Rita Saldanha, Lita Srinivasan, Geetha Vasudevan, Shanti Verghese, Elaine Wood.

**Game:** Sushi Natraj.

**Actors:** Padma Ashok, Prithika Chary, Lata Chohan, Rani Das Gupta, Isobel Flint, Angela Ford, Anita Kapoor, Shanti Karunakaran, Libby Meyer, Sushi Natraj, Josie Newman, Rathi Nilakantan, Bina Ram Mohan, Rita Saldanha, Sheela K.Sharath, Christina Sauer, Lita Srinivasan, Elaine Wood.

In accordance with Rule 10 G of the bylaws, the following are recommended as "Special Guests" until the end of this IWA year:

Sharan Appa Rao

Anuradha Bhaskar

Tehnaz Darius

Jyoti Ganesh

Achu Kurian

Ambika Mammen

Archana Meiyappan

Geetha Rajagopal

Vanitha Rajkumar

Chandra Goyal Seoni

To be considered for Temporary Membership : -

Sushma Kanwar

Poonam Kapoor

## EXECUTIVE COMMITTEE 2003 - 2004

### MANAGING COMMITTEE

#### PRESIDENTS

Sushila Natraj 2498 2435 / 2467 1796  
Elaine Wood 2447 1356

#### VICE PRESIDENTS

Vidya Singh 2433 8782 / 2435 9035  
Sheela K Sharath 2493 8524

#### SECRETARIES

Princess Naik 2441 8448  
Suk Hee Lee 2435 9144

#### TREASURERS

Gita Chandrasekaran 2442 1035 / 2442 0235  
Malini Krishna 2447 4830 / 2447 1046

### ACTIVITY CHAIRPERSONS

#### ARTS & HANDICRAFTS

Mansha Bhatia 2827 3251 / 2827 3189  
Josie Newman 2433 4758

#### BOOK DISCUSSION

Saranya Jayakumar 2826 1942  
Christina Sauer 2447 2531

#### COOKING SWAPSHOP

Urmilla Agarwal 2820 5327 / 2821 4586  
Bilqis Moosa 2434 9934 / 2434 9932

#### CURRENT EVENTS

Nina Kothari 2827 5859 / 2827 8888  
Amulya Mandava Rao 2499 5434

#### HEALTH & ECOLOGY

Rekha R Rangaraj 2499 4756 / 5211 0761  
Isabelle Badrinath 2447 1677

#### HISTORY, CULTURE & TOURS

Shobha Hebbar 2641 1248  
Libby Meyer 2433 9112

#### MUSIC & PERFORMING ARTS

Seema Bhargava 2435 6707  
Uma Ganesan 2491 9276

#### PHILOSOPHY & RELIGION

Anuradha Uberoi 2820 2467 / 08623-242170  
Anita Kapoor 2825 6484 / 2825 6474