



**IWA**  
CHENNAI

**NEWSLETTER**  
**FEBRUARY 2003**

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3 Managing Committee Meeting 9.30 a.m. Executive Meeting 10.30 a.m.	4 Managing Committee Meeting 9.30 a.m. Executive Meeting 10.30 a.m.	5 4.15 p.m. Current Events	6	7	8
9	10 10.15 a.m. Cooking Swapshop	11 Cooking Swapshop	12 6.15 p.m. - 7.30 p.m. Arts & Handicrafts	13 Arts & Handicrafts	14	15
16	17 10.15 a.m. Philosophy & Religion	18 Philosophy & Religion	19	20 10.15 a.m. Health & Ecology	21 10.15 a.m. Arts & Handicrafts	22
23 History Culture & Tours Trip	24	25	26 10.15 a.m. Book Discussion	27 Book Discussion	28	

## IWA NEWSLETTER

Volume XVII No. 9

Chennai

FEBRUARY 2003

## MONTH AT A GLANCE

Tuesday	4 <sup>th</sup> Feb	Managing Committee Meeting	9.30 a.m.
		Executive Meeting	10.30 a.m.
Thursday	6 <sup>th</sup> Feb	Current Events	4.15 p.m.
		Greenpeace in India	
Tuesday	11 <sup>th</sup> Feb	Cooking Swapshop	10.15 a.m.
		Pasta dishes	
Thursday	13 <sup>th</sup> Feb	Arts & Handicrafts	6.15 p.m.-
		Raza's Painting Exhibition	7.30 p.m.
Tuesday	18 <sup>th</sup> Feb	Philosophy & Religion	10.15 a.m.
		Science & Spiritualism	
Thursday	20 <sup>th</sup> Feb	Health & Ecology	10.15 a.m.
		First Aid. (demo)	
Friday	21 <sup>st</sup> Feb	Arts & Handicrafts	10.15 a.m.
		Embroideries of India	
Sunday	23 <sup>rd</sup> Feb	History Culture & Tours	
		Trip to Madhya Pradesh	
Thursday	27 <sup>th</sup> Feb	Book Discussion	10.15 a.m.
		The life of Pi by Yann Martel	

## FROM THE PRESIDENTS

We have all had a bountiful Pongal. Like the ever flowing pot, our activities have been plenty and interesting, and the month of February has even more activities in store for us.

Whether it be enlightening philosophy crowned by the Idd lunch or nimble and astounding Astad Deboo, our Activity Chairpersons have been slaving over it and continue to do so.

We request all members who have not yet sponsored a meeting to get in touch with any member of the Managing Committee or the Chairpersons and offer their home or make their contribution towards hosting a meeting.

The gifts contributed by our members at the Christmas lunch have been handed over to The Little Flower Convent for the Blind and Deaf.

**KUSUM CHADDA      MEYYAMMAI MURUGAPPAN**

## NOMINATING COMMITTEE

The Managing Committee at their meeting held on 5th December 2002, have appointed the following members to serve on the The Nominating Committee for the year 2002-2003.

Vanitha Mudaliar                      Chairperson  
Aruna Vijaykumar  
Malathi Ramachandaran  
Meera Jayakar  
Barbara Hanel

**KUSUM CHADDA      MEYYAMMAI MURUGAPPAN**

## MANAGING COMMITTEE MEETING

Tuesday, 4th February 2003  
at 9.30 a.m.

## EXECUTIVE MEETING

Tuesday 4th February 2003  
at 10.30 a.m.

**Both Meetings at:  
Boat Club**

## CURRENT EVENTS

Thursday, 6th February, 2003, 4.15 p.m.

At : Amethyst  
Sundar Mahal  
14 (Old No.30) Padmavathy Road  
Jeypore Nagar  
Chennai 600 086



## **Greenpeace in India**

The Bhopal disaster! The mercury contamination of Kodaikanal!  
How can similar environmental travesties be prevented?  
What kind of world are we leaving behind for our children?  
How can we preserve the land, which sustains us?

What is Greenpeace? Why is Greenpeace in India? What is it doing here?  
Come and hear about the action and solutions proposed by this dynamic group.

**SEEMA BHARGAVA**

**ELAINE WOOD**

## COOKING SWAPSHOP

Tuesday, 11th February 2003, 10.15 a.m.

At : Radisson GRT  
355-C, GST Road  
St. Thomas Mount  
Chennai 600 001



Mr. Rajesh Gopalakrishnan, the Executive Chef at the Radisson Hotel will demonstrate his most popular pastas and the different sauces to go along with them.

**BINA MATHEW**

**ISABELLE BADRINATH**

Congratulations to Dorothy Saldanha on becoming a great grandmother to a Baby girl and Marina Mathias on becoming a grandmother.

## ARTS & HANDICRAFTS

Thursday, 13th February 2003, 6.15 p.m. to  
7.30 p.m.

At : Senate House, Room No. 15  
University of Madras  
Main Building  
Chepauk  
Chennai 600 005  
Tel : 25368778 Extn. 267



### **Raza**

Raza is one of India's most renowned artists. He was born in Madhya Pradesh and moved to Paris where he has lived since the early 50's.

He has received many awards both in India and France.

His works have been shown in all important exhibitions of Indian art. He is one of the most celebrated living artists today.

This is Raza's first visit to Madras.

Call Shanthi Thomas / Malini Krishna.

**SHANTHI THOMAS**

**MALINI KRISHNA**

## PHILOSOPHY & RELIGION

Tuesday, 18th February 2003, 10.15 a.m.

At : Visalakshi Ramaswamy  
"Shantushti"  
20, 3rd Floor, Ganapathy Colony  
Alwarpet  
Chennai 600 018



### **Scientific Studies of Thought Power - Psychokinesis and ESP Phenomena**

Various Ancient texts and Scriptures both in India and abroad have documented the amazing mental powers displayed by yogis, mystics and saints. These include the ability of the mind to influence people and objects from a distance (called Psychokinesis) and see clearly events and places at a far away location referred to in Indian traditions as "Divya Drishti" and in the west as "Clairvoyance" or "Extra Sensory Perception". Western medicine and Psychology have so far not fully accepted and integrated these into their paradigms. However, since the last few decades fascinating research is under way in many western universities and research institutes to try and understand the role of Consciousness in Physical Reality.

Dr. M.R. Srinivasan, former Associate Director and head of the neutron Physics Division at the BHABHA ATOMIC RESEARCH CENTER, MUMBAI, is a specialist in experimental nuclear and neutron physics research. He will give a brief overview of some of these research programmes and the implications of their findings.

Dr. Srinivasan's present interests encompass various unexplained phenomena in nature. He has been following recent research in topics such as Extra-Sensory Perception (ESP), Remote Viewing, Mind-Matter Interaction Phenomena etc. He is participating in the Global Consciousness Project set up by Dr. Roger Nelson of Princeton University.

Guests are welcome.

**PRITHIKA CHARY**

**ANITA KAPOOR**

## HEALTH AND ECOLOGY

Thursday, 20th February 2003, 10.15 a.m. to  
12.30 p.m.

At : The Auditorium, (main building)  
Apollo Hospitals (Basement)  
21,22, Greams Lane  
Greams Road  
Chennai - 600 006.



### **BE A HEART STARTER !**

FIRST AID remains one of the most important of all life's skills.

The simple yet essential skill to save life in an emergency, to protect a casualty, and to hasten the healing of wounds, are skills which we as responsible parents, partners, friends, motorist, or even a work mate must know.

Acute illness, an accident or sudden injury have no respect for age, status, place or time.

Today, with our fast and highly active lifestyle it is imperative to do the right thing at the right time for those around us.

So please do come and learn the various first aid skills, demonstrated by 'The Life Savers' - marketing department of Apollo Hospitals.

**Note : We request you to stay till the end.**

**Limit 50 persons ... Warn in between 8.30 and 10.00am**

**BEENA RAM MOHAN**  
(26214278)

**CHERRY VENKATESAN**  
(28293436)

## ARTS & HANDICRAFTS

Friday, 21st February 2003, 10.15 a.m.

At : Oakland House  
7, Adyar Club Gate Road  
Chennai 600 028



### **The Magic of the Embroideries of India Mini Exhibition/Slide Show/Talk by Sunita Shahaney**

Mrs. Sunita Shahaney needs no introduction. She is the Honorary Consul for Chile in Chennai and a life member of the Crafts Council of India. She has been researching, travelling extensively and studying Textiles particularly, 'Embroideries' for the last 15 years - She is currently working towards a publication on "Kasuti" the Embroidery of Karnataka.

Today she will talk to us on the varied kaleidoscope of Embroidery that is used as embellishment on the rich Textiles of India.

**Limit 60 people. No guests please**

Please warn in

Shanthi Thomas 2828 0865

Malini Krishna 2447 4730

**SHANTHI THOMAS**

**MALINI KRISHNA**

## HISTORY CULTURE & TOURS

Sunday, 23rd February to  
Sunday 2nd March 2003



### **CENTRAL INDIA'S HIDDEN HERITAGE TRAIL**

#### **IWA'S Trip to Madhya Pradesh**

We have planned an interesting itinerary for 7 days packing in history, wild life, religion, crafts, nature, romance etc., etc.,

Beginning with a day at the unspoilt tiger reserve of Pench

Then on to Bhimbetka and Bhojpur

We pause at Bhopal

Then on to Asokan and Gupta monuments at Sanchi and Vidisha

On to Ujjain to see the Jyotirlinga at Mahakalesvar

We travel to the Om-shaped island of Omkareswar

On to the ancient city of Maheshwar and the weavers of delicate maheshwaris

Finally Mandu-the historic setting of the romance of Baz Bahadur and Rani Roopmati

Tentative dates are February 23 to March 2

We will accommodate upto 24

Approximate cost of plane/train tickets, accommodation, coach travel, guide will be intimated at time of registration.

For more information contact

**GEETA VASUDEVAN**

**PHYLLIS BERGEN**

## BOOK DISCUSSION

Tuesday, 27th February 2003, 10.15 a.m.

At : Bilkis Moosa  
16, Cenotaph 2nd Lane  
Alwarpet  
Chennai 600 018



**The Book : The Life of Pi by Yann Martel**

**Discussed by : SASHIKUMAR**

This is the story of an adventurous high seas drama of survival and faith. Dubbed a typical work of magic realism, Life of Pi in the words of the Statesman critic, is 'a wonderful terrifying tale of what it means to be a human'.

Was it the arresting details, or the gripping manner in which Martel tackles the physical and logistical details, or his brand of realism which lends the book its true magic and fetched the author the Booker Prize?

Well, Sashikumar, Chairman, Media Development Foundation, is here to enlighten us on this by discussing the book and weighing its merits.

Members please return the books circulated by IWA.

**PRINCESS NAIK**

**SHEELA K SHARATH**

Condolence to Sharada Rajamani on the loss of her father.

## IWA NEWS



### BIRTHDAY GREETINGS FOR FEBRUARY

Nalini S Acharya, Joyce Gopalan, Vijay Goyal, Leelamani John, Lalitha Krishnan, Katy Madan, Farida Majid, Shashi Malhotra, Neeti Mallick, Diana Murtagh, Menaka Prabhakar, Shoba Seshasayce, Lily Swami, Maureen Thadani, Lalitha Zachariah.

We thank our 'Active Participating Members' for the month of December 2002.

Speaker : Anuradha Uberoi

Group Hostess : Usha Bail, Latha Baratan

Christmas Meeting

Group Hostess : Sulochana Alexander, Darley Mathew

OWC invites IWA members to the Annual St. Valentine's Garden Tea at Cottingley, Wednesday, February 12th at 3.30 p.m. Tickets are Rs.250/- each.

Contact : Meena Naru at Harrington Road.

Tel : 28252499/28240467

**EXECUTIVE COMMITTEE 2002-2003****MANAGING COMMITTEE****PRESIDENTS**

Kusum Chadda	2825 4217, 2823 3751
Meyyanmai Murugappan	24348207

**VICE PRESIDENTS**

Vijaya Bala	24943588
Padma Ashok	28224235 / 28267801

**SECRETARIES**

Vidya Singh	24359035 / 24338782
Kanokwan Sandhu	24965556 / 24961061

**TREASURERS**

Naina Shah	24320564 / 24320706
Françoise Drown	2823 0412

**ACTIVITY CHAIRPERSONS****ARTS & HANDICRAFTS**

Shanthi Thomas	28150865 (O) 28153631
Malini Krishna	24474830 / 24471046

**BOOK DISCUSSION**

Princess Naik	24453830 / 24418448
Sheela Sharath	24938524 (O) 24347096

**COOKING SWAPSHOP**

Bina Mathew	24941874 / 24936788
Isabelle Badrinath	24471677

**CURRENT EVENTS**

Seema Bhargava	24343129 / 24356707
Elaine Wood	24471356

**HEALTH & ECOLOGY**

Beena Ram Mohan	26213923 / 26214278
Cherry Venkatesan	28293436

**HISTORY, CULTURE & TOURS**

Geeta Vasudevan	24915913
Phyllis Bergen	24471767

**PHILOSOPHY & RELIGION**

Prithika Chary	24997878 (O) 24363551 ext.1510
Anita Kapoor	28256484

**MUSIC & PERFORMING ARTS**

Ramani Reddy	28233608 / 28273348
Sushu Goklaney	24616552 / 24616554