



**IWA**  
CHENNAI

**NEWSLETTER**  
**JANUARY 2003**

Month at a Glance		JANUARY 2003				Vol. XVIII No.8 CHENNAI	
SUN	MON	TUE	WED	THU	FRI	SAT	
5	6 Managing Committee Meeting 9.30 a.m. Executive Meeting 11 a.m.	7	1	2	3	4	
12	13	14	15	16	17 10.15 a.m. Philosophy & Religion	18 3p.m. - 6 p.m. 18 Health & Ecology	
19	20 5 p.m. Music & Performing Arts	21 10.15 a.m. Book Discussion	22	23 11 a.m. Philosophy & Religion	24 12 noon - 3 p.m. History Culture & Tours	25	
26	27 7.30 a.m. - 8 p.m. Arts & Handicrafts	28 10.15 a.m. Cooking Swapshop	29	30	31		

# IWA NEWSLETTER

Volume XVII No. 8

Chennai

JANUARY 2002

## MONTH AT A GLANCE

- Tuesday 7<sup>th</sup> Jan Managing Committee Meeting 9.30 a.m.  
Executive Meeting 11 a.m.
- Friday 17<sup>th</sup> Jan Philosophy & Religion 10.15 a.m.
- Saturday 18<sup>th</sup> Jan Health & Ecology 3 p.m. - 6 p.m.
- Monday 20<sup>th</sup> Jan Music & Performing Arts 5.00 p.m.
- Tuesday 21<sup>st</sup> Jan Book Discussion 10.15 a.m.
- Thursday 23<sup>rd</sup> Jan Philosophy & Religion 11 a.m.
- Friday 24<sup>th</sup> Jan History Culture & Tours 12 noon  
Trip to Dakshinachitra to 3 p.m.
- Tuesday 28<sup>th</sup> Jan Arts & Handicrafts 7.30 a.m.- 6 p.m.  
Trip to Pondicherry
- Wednesday 29<sup>th</sup> Jan Cooking Swapshop 10.15 a.m.

## FROM THE PRESIDENTS

We hope every one is happy with their Christmas presents, because we were delighted with ours, which was a wonderful Christmas gathering and beautiful carol singing. Thanks to Rita Saldanha. The house lightened our spirits further, Thank you Sushi.

We take this opportunity to thank our membership for their contribution of gifts for the Orphanage and our Committee Members for all their support and help, without which it would not have been so enjoyable.

We are sure every one enjoyed themselves as much as we did and we wish every one happy holidays and the best this season has to offer.

We now look forward to 2003 and Good luck to all our members for a great year ahead.

**KUSUM CHADDA      MEYYAMMAI MURUGAPPAN**

## FROM THE TREASURERS

Members who would like to contribute towards any IWA activity, please remember that cheques have to be in the name of "IWA".

## MANAGING COMMITTEE MEETING

Tuesday, 7th January 2003  
at 9.30 a.m.

## EXECUTIVE MEETING

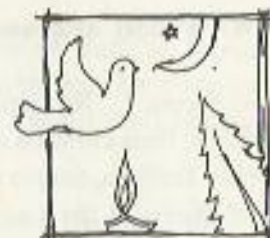
Tuesday 7th January 2003  
at 11 a.m.

**Both Meetings at:**  
Malini Krishna  
34 (Old No.27F), Ranjith Road,  
Kottur Puram, Chennai 600 085.

## PHILOSOPHY & RELIGION

Friday, 17th January 2003, 10.15 a.m.

At :    Indra Dutt  
      KCP Limited  
      Ramakrishna Buildings  
      2, Dr.P.V.Cherien Crescent  
      Chennai 600 008



Sadhguru Jaggi Vasudev, a realized master, mystic and yogi will address us to enable us to gain a deeper understanding of life and its metaphysical essence, to know methods of transforming oneself into a joyous, loving and blissful being.

He is the founder of the Isha Yoga Center situated on 50 acres at the foothills of the Velliangiri Mountains, 30 kms from Coimbatore. ISHA means formless divine and Isha Yoga means Yoga of the Divine.

In the words of Sadhguru Jaggi Center Vasudev defining his life and work, "This life for me is an endeavor to help people experience and express their divinity"

**PRITHIKA CHARY**

**ANITA KAPOOR**



## HEALTH & ECOLOGY

Saturday, 18th January 2003, 3 p.m. - 6 p.m.

At : The Lady Andal School  
No.20, Senston Park  
Harrington Road  
Chetpet  
Chennai 600 031



### **IWA Family afternoon**

No Stress ! No Straea ! Just an afternoon of fun for IWA Ladies, their children and grand children. So RELAX! come and enjoy Tambola, simple fun and frolic and excellent tea for members and guests at the Lady Andal Canteen.

Exciting prizes for little children and Team events.

**BEENA RAM MOHAN**

**CHERRY VENKATESAN**

Congratulations to Julie Johnson on the birth of her baby.

## MUSIC & PERFORMING ARTS

Monday, 20th January 2003, 5 p.m.

At : Srikanta Jhaver  
21, Santhome High Road  
Chennai 600 004  
Tel : 24981844



Astad Deboo - Pioneer of Modern Dance in India

Astad belongs to the honourable company of Ruth St. Denise, Lester Horton, Michio Tio and Uday Shankar who have combed through world cultures for material they could fruitfully combine with their traditions.

His range is phenomenal. His choreography has been seen in main stream cinema and at mega corporate evens. Astad was awarded the Sangeet Natak Academy award. He works with the deaf and the Action players, a successful theatre company from Calcutta..

Astad's style celebrates in one breath the exuberance of narrative - based forms and the cerebral intensity of contemporary abstraction.

Ladies, please do not miss this very rare honour to be able to see Astad Deboo perform and speak to us.

**RAMANI REDDY**

**SUSHI GOKLANEY**

## BOOK DISCUSSION

Tuesday, 21st January 2003, 10.15 a.m.

At : The Taj Coromandel  
Nungambakkam High Road  
Chennai 600 006



**The Book : THE HOUSE OF BLUE MANGOES**

**The Author in Person : DAVID DAVIDAR**

"At 43, David Davidar has become the most famous name in Indian publishing. As CEO and Publisher of Penguin Books India, he has notched up many firsts to his credit. He was the youngest publisher in the world when he took charge at the age of 26. He became a celebrity author with the release of his novel, The House of Blue Mangoes. This is a generation saga spread over more than a hundred years....." Sunday Express.

This famous son of our soil is going to be here with us to release the paper back edition of his novel that has created vast interest across the seas and has brought to the world the knowledge of the South Indian traditions and culture.

David Davidar is going to be introduced by none other than the top ranking writer / editor, Ms. Nirmala Lakshman herself.

Miss Anita Ratnam will Read excerpts from the book.

**Members to note : Please be on time and we request that you do not leave the meeting before the program is over.**

**PRINCESS NAIK**

**SHEILA K SHARATH**

## PHILOSOPHY & RELIGION

Thursday, 23rd January 2003, 11 a.m.

At : YWCA International Guest House  
Poonamallee High Road  
Chennai 600 010



The holy month of Ramzaan is very auspicious to Muslims the world over. They are ordained to observe fast for 30 days starting with the sighting of the new moon and end it after seeing the new moon the next month.

The fast is mandatory for all adult Muslim men and women, except the insane, sick or travelling and pregnant or feeding mothers.

Those who cannot fast, should arrange to feed at least one needy person in lieu of the days one missed out on fasting.

Ramzaan is considered holy because the Quran was revealed to Prophet Muhammed during this month.

Ramzaan is a month of brotherhood, renewal of relationships and festivity and the rigor of fasting ends with the celebration of Idd.

In keeping with IWA tradition our own members invite us for the Idd Milan lunch AND WE THANK THEM FOR THE SAME.

**NO GUESTS PLEASE**

**PRITHIKA CHARY**

**ANITA KAPOOR**



## HISTORY CULTURE & TOURS

Friday, 24th January 2003, 12 - 3.00 p.m.  
Dakshinachitra

### **Tribal & Folk Arts Festival at Dakshinachitra**



Sites of Recurrence a collaborative program between the Boras Museum of Modern Art, Sweden and the Madras Craft Foundation is being held in the fourth week of January, 2003 at Dakshinachitra, the Heritage Museum at Muttukadu. This special program has been envisioned to facilitate the interaction and work of the tribal artists with themselves and with local and international artists.

IWA members will get the chance to meet and observe the artists at work. The visit will include a guided tour of the museum and lunch.

Free bus transport (for 30 persons only) is being arranged. The bus will depart from YWCA, Poonamallee High Road at 10:30 am. and from Vidya Singh's residence # 10 Satya Narayana Ave. at 11.00 a.m.

Cost per person Rs.120/- which includes entrance and lunch at Kanali Restaurant. Members who are 'Friends of Dakshinachitra' need pay lunch cost of Rs.80/- only.

Members who are travelling by own mode of transport can meet the tour at Dakshinachitra at 12 noon sharp.

**Warn In :** Those coming by both bus and own transport must warn in by January 19th with full payment.

**GEETA VASUDEVAN**

**PHYLLIS BERGEN**

## ARTS & HANDICRAFTS

Tuesday, 28th January 2003, 7.30 p.m. - 6 p.m.



### **Day trip to Auroville / Angad Vohra Studio**

Departure from Madras Club car park 7.30 a.m. visit to a heritage home in Pondicherry followed by lunch at Auroville. After lunch visit Angad's Studio, shopping at Auroville visitors centre and head back by 6 p.m. to Madras Club.

**First come first serve basis. Last date of warn in by 20th of January, Cost per person approximately Rs.350/- inclusive of transport/lunch/tea.**

\* Members who can bring cars do let us know

Call Shanthi Thomas / Malini Krishna.

**SHANTHI THOMAS**

**MALINI KRISHNA**

## COOKING SWAPSHOP

Wednesday, 29th January 2003, 10.15 a.m.

At : Gotham Manor Hotel  
72, Nungambakkam High Road  
Chennai 34



## SALAD COMPETITION

IWA members will demonstrate their best salad. As a rule, the members will be asked to bring the ingredients and mix them on the spot. So, ladies please come to cheer the contestants and vote for your favourite preparation.

We are looking forward to your active participation. Please call either Bina or Isabelle to make an entry in the competition.

Bina 24936788 / 24941874

Isabelle 24471677

**BINA MATHEW      ISABELLE BADRINATH**

Congratulations to Sucharita Prasad on the birth of her grandson.

## OFF THE BEATEN TRACK IN MADHYA PRADESH!

The Heart of India with its Timeless Treasures!

*We have planned an interesting itinerary for 7 days packing in history, religion, crafts, architecture, wild life and nature!*

The magnificent stupa of Asoka at **Sanchi!**

The gracious city of **Bhopal!**

The love story of Baz Bahadur and Rani Roopmati frozen in stone at **Mandu!**

Kalida's immortal **Ujjain!**

The 'Om' shaped island of **Omkareshwar!**

The weavers of exquisite sarrees at **Maheshwar!**

Prowling after tigers at **Pench!**

And much more! All in 7 days!

Tentative dates will be from **Feb.23rd 2003 to March 2nd 2003.**

Limited to 20 members only.

So do make up your minds fast!

Registration and payment of non-refundable deposit of Rs.3500/- will be from Jan. 3rd 2003.

Approximate cost of trip inclusive of train/plane tickets, accommodation, coach travel, guide etc. will be intimated at the time of registration.

**For more information contact :**

Geeta Vasudevan 24915913

Phyllis Bergen 24471761  
98402-90177 (Pager)





BIRTHDAYS GREETINGS FOR JANUARY

Susan Abraham, Sulochana Alexander, Padma Ashok, Vijaya Balasubramaniam, Pronoti Bannerjea, Bimla Bhatla, Rani Chandani, Eleanor Daruwalla-Nitzeche, Rehane Yavar Dhala, Meenakshi Dhamija, Eira Doshi, Mohini Gill, Sushi Goklaney, Barbara Hanel, Kausalya Jaganmohan, Mahin Rabi Khaleeli, Bina Mathur, Shanta Narayan, Dolly Prasad, Saroja Ramamrutham, Reena Verghese, Shanthi Verghese, Aruna Vijayakumar, Lakshmi Viswanathan.

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We thank our 'Active participating Members' for the months of November and December 2002.

Hostess : Nina Kothari, Kiran Rao, Sharmila Ramji

Group Hostess : Rani Ananth, Mano Bakthavatsalam, Prem Batra, Amrita Bhalla, Sherna Irani, Sharanya Jayakumar, Bela Khaleeli, Lalitha Krishnan, Gayatri Krishnaswami, Angelika Mandaiker, Iset Meijers, Nirmal Mirza, Meena Naru, Javanthy Prabhakaran, Kanokwan Sandhu.

Christmas Meeting

Group Hostess : Anna Abraham, Susan Abraham, Phyllis Bergen, Prithika Chary, Sangeet Chopra, Umayal Chettyappan, Leila Diraviam, Rani Das Gupta, Joyce Gopalan, Sufia Hussain, Shanti Karunakaran, Anita Koshy, Sundari Mani, Marina Mathias, Jaya Naidu, Princess Naik, Kanika Pareh, Aruna Prasad, Bala Rao, Shyla Rau, Ramani Reddy, Dorothy Saldanha, Neena Sangavi, Hemalatha Santhavadanam, Dolly Simon, Vidya Srinivasan, Shanthi Thomas, Geetha Vasudevan, Prema Veeraraghavan, Cherry Venkatesan, Shirley Verghese, Elaine Wood, Lalitha Zachariah, .

Christmas Meeting

Participants : Jennifer Ann, Sarah Chanda, Rupa Kadiresan, Shanti Karunakaran, Bela Khaleeli, Anita Koshy, Prema Kumar, Linda Raymond, Rita Saldanha, Sushi Natraj.



## EXECUTIVE COMMITTEE 2002 - 2003

### MANAGING COMMITTEE

#### **PRESIDENTS**

Kusum Chadda 2825 4217, 2823 3751  
Meyyammai Murugappan 24348207

#### **VICE PRESIDENTS**

Vijaya Bala 24943588  
Padma Asbok 28224235 / 28267801

#### **SECRETARIES**

Vidya Singh 24359035 / 24338782  
Kanokwan Sandhu 24965556 / 24961061

#### **TREASURERS**

Naina Shah 24320564 / 24320706  
Françoise Drown 2823 0412

### ACTIVITY CHAIRPERSONS

#### **ARTS & HANDICRAFTS**

Shanthi Thomas 28150865 (O) 28153631  
Malini Krishna 24474830 / 24471046

#### **BOOK DISCUSSION**

Princess Naik 24453830 / 24418445  
Sheela Sharath 24938524 (O) 24347096

#### **COOKING SWAPSHOP**

Bina Mathew 24941874 / 24936788  
Isabelle Badrinath 24471677

#### **CURRENT EVENTS**

Secma Bhargava 24343129 / 24356707  
Elaine Wood 24471356

#### **HEALTH & ECOLOGY**

Beena Ram Mohan 26219923 / 26214278  
Cherry Venkatesan 28293436

#### **HISTORY, CULTURE & TOURS**

Geeta Vandevan 24915913  
Phyllis Bergen 24471767

#### **PHILOSOPHY & RELIGION**

Prithika Chary 24997878 (O) 24363551 ext.1510  
Anita Kapoor 28256484

#### **MUSIC & PERFORMING ARTS**

Ramani Reddy 28233608 / 28273348  
Sushi Goklaney 24616552 / 24616554