



International  
Women's  
Association

NEWSLETTER  
SEPTEMBER 2001

SEPTEMBER, 2001

## MONTH AT A GLANCE

Friday	31 <sup>st</sup> Aug.	Board Meeting Executive Meeting	9.45am 11am
Monday	3 <sup>rd</sup> Sep.	Philosophy & Religion	10.15am
Thursday	6 <sup>th</sup> Sep.	Cooking Swapshop	10.15am
Tuesday	11 <sup>th</sup> Sep.	Health & Ecology	10.15am
Friday	14 <sup>th</sup> Sep.	Current Events & Music & Performing Arts	5 pm
Friday	21 <sup>st</sup> Sep.	Cooking Swapshop	10 am
Saturday	22 <sup>nd</sup> Sep.	Music & Performing Arts	6 pm
Tuesday	25 <sup>th</sup> Sep.	Arts & Handicrafts	10.15am
Wednesday	26 <sup>th</sup> Sep.	History, Culture & Tours – Tour Departure	Night
Friday	28 <sup>th</sup> Sep.	Book Discussion	10.15am

SEPTEMBER 2001

Month at a Glance

Vol. XVI No.4 CHENNAI

SUN	MON	TUE	WED	THU	FRI	SAT
30	31					1
2	3 10.15am Philosophy & Religion	4	5 10.15am Cooking Swapshop	6	7	8
9	10 10.15am Health & Ecology	11	12	13	14 5.30pm Current Events & Music & Performing Arts	15
16	17	18	19	20	21 6.00am Cooking Swapshop Music & Performing Arts	22
23	24 10.15am Arts & Handicrafts	25	26 Night History Culture & Tours Tour Departure	27	28 10.15am Book Discussion	29

## FROM THE PRESIDENTS

Into our third month as Presidents, and still going strong!!! Our grateful thanks to our Committee for making this possible.

The trip to Malaysia is definitely on at the end of this month, and we understand that the response is more than adequate. We are sure this will be a fun trip, and we look forward to it.

Ladies, please, please try to form a car pool, as far as possible when coming to IWA meetings. You would no doubt have realised that there is a shortage of parking space at all venues and sometimes our hostesses have a problem explaining the situation to their neighbours.

### DIWALI MELA - SATURDAY, 27<sup>th</sup> OCTOBER, 2001

Once again, members and their families can look forward to the Diwali Mela which will be held at Hotel Park Sheraton. As in the previous years, tickets will be sold before hand, and these will include lunch.

Members and their friends may book their stalls for the sale of various items. Stalls will be priced at Rs. 500/- Please contact Susha Natraj (497 1581 / 467 1796) for details and bookings.

Members are requested to donate gifts for the Khazana Stall. Gifts may be handed over to Kusum Chadda (Nungambakkam area), Gita Chandrasekaran (Adyar area) or Rathi Nilakantan (T. Nagar / Alwarpet area). Each gift must be worth more than Rs. 50/-.

RANI CHADA

SEEMA SAIT

## PHILOSOPHY & RELIGION

Monday, 3<sup>rd</sup> September, 2001 - 10.15 am

At: **Russian Cultural Centre**  
74, Kasturi Ranga Road  
Chennai 600 018



### THE 'SHAKTI' FACTOR

In today's world, where tension and stress are a part of our daily lives, Mrs. Suman Bhatia (Founder and Centre Head of Yogashakti Educational & Charitable Trust) will tell us how to overcome these and enhance our 'Inner Potential'. Find out about your stress level and the Creative Energy 'SHAKTI' within you and around you. Mrs. Bhatia will guide us on how to connect and draw on our own Shakti, to be at peace with ourselves.

SEEMA BHARGAVA

EILEEN THOMSON

We thank Lalitha Krishnan for sponsoring our August meeting, and Sarah Chanda for moderating the discussion.

### BOARD MEETING

### EXECUTIVE MEETING

Friday, 31<sup>st</sup> August, 2001  
9.45 am

Friday, 31<sup>st</sup> August, 2001  
11 am

Both meetings at:  
Kusum Chadda's  
Tank Bund Road,  
Chennai



## COOKING SWAPSHOP

Thursday, 6<sup>th</sup> September, 2001 - 10.15am

At: **Beena Ram Mohan's**  
'Ragam', Y 216, Second Avenue  
Anna Nagar (Opp. Central Bank)  
Chennai 600 040



### **BREAD - Omnipresent, Utilitarian, Tantalising!**

Shonali Kurien will conduct a demonstration of bread making with emphasis on croissants. Shonali has just graduated with honours (even making it to the President's list!) from the Californian Culinary Academy. So 'dust off' your bread pans and start baking bread that would rival that of any of Chennai's best bakeries!

**BEENA RAM MOHAN**

**CHERRY VENKATESAN**

There will be a **WORKSHOP on ICING & CAKE DECORATIONS** on **Friday, 21<sup>st</sup> September** from 10am to 3pm at **Kakani Towers, Conference Hall, 15, Khader Nawaz Khan Road, Chennai 6**. Charges - Rs. 150/- per head.

Those interested, please call **Cherry Venkatesan (829 3436)** or **Beena Ram Mohan (621 4278)**.

A big 'THANK YOU' to our members **Aruna Goyal, Vijay Goyal, Shashi Malhotra** and **Shalini Virmani** for hosting the meeting on 2<sup>nd</sup> August - Sanjeev Kapoor's 'Khana Khazana'.

## HEALTH & ECOLOGY

Tuesday, 11<sup>th</sup> September, 2001 - 10.15am

At: **Alagu Muthu's**  
'Beau Rivage'  
97, Santhome High Road  
Chennai 600 028



### **DRUGS, SEX OR SOMETHING ELSE?**

Is it better to be addicted to drugs, sex or something else? When one thinks of addiction, drugs and alcohol immediately come to mind. But have you ever thought that one could be addicted to other 'good stuff'?

Come and find the surprising answers. Dr. Sandra Haymon, a dynamic speaker and a licensed psychologist from the United States, helps us recognize behaviour patterns and how they affect us.

**PRITHIKA CHARY**

**MEENA NARU**

A big thank you to **SOLKAR** for sponsoring our August meeting, and also for giving us two very useful placards that can be used at many of our meetings.

### WE WELCOME OUR NEW MEMBERS

**B. Sharada Reddy**

37/10, McNichols Road  
Chetpet, Chennai 600 031

826 3684, 826 6307

**Sandra Le Coz**

Flat D 2, Ceebros Sumana  
81/37, Bishop's Garden  
Chennai 600 028

Brazilian

461 6955

## CURRENT EVENTS & MUSIC & PERFORMING ARTS

Friday, 14<sup>th</sup> September, 2001 – 5pm

At: **Meenakshi Meyyappan's**  
**'Sabrina'**  
118, Santhome High Road  
Chennai 600 028



## **CARNATIC MUSIC FOR A UNIVERSAL AUDIENCE – An Inspiration for our youngsters**

S. Soumya and Sashikiran – two young artistes who have made it to the top in the music world – will spend an evening with our younger generation, singing and talking to them.

Parents and grandparents, take this opportunity to bring children to spend an evening with these two singing stars.

They will also be talking to us about how they have taken Carnatic music to a much larger audience through the internet.

**This is an evening weekend meeting – so we hope to see a large number of children there! (No guest charge for children under 16)**

**PRINCESS NAIK  
NAINA SHAH**

**BILQIS MOOSA  
KANOKWAN SANDHU**



### CONGRATULATIONS TO:

- **Rani Chada** for being a member of the winning team at the Club Mahindra ProAm Golf Tournament at Cosmo
- **Sulochana Alexander** for being elected President of the YWCA

## MUSIC & PERFORMING ARTS

Saturday, 22<sup>nd</sup> September, 2001 – 6 pm

At: **Museum Theatre**  
**Pantheon Road**  
**Egmore**  
**Chennai**



## **HER VOICE – A dance and puppet collaborative performance by Geeta Chandran and Anurupa Roy**

We are fortunate to have this talented troupe from Delhi who will project their ideas through this unique collaboration of dance and puppetry.

In this one hour performance, Geeta and Anurupa project the horrors of war, resulting in the death of soldiers, and the pain and agony inflicted on women and children.

In their quest to project the evils of war and their effect on mankind, the dancers trace the war of Kurukshetra, metaphorically labeled 'The Dharma War'.

Guests are welcome. Charge – Rs. 50/- per head

**NAINA SHAH**

**KANOKWAN SANDHU**



### HEARTFELT CONDOLENCES TO:

- Past President, **Margaret Sekharan**, on the loss of her husband.
- **Ponchie Kanwar** on the loss of her husband.



## ARTS & HANDICRAFTS

Tuesday, 25<sup>th</sup> September, 2001 - 10.15am

At: **Anjana Sunil's**  
New No. 15, Taylors Road  
Kilpauk, Chennai 600 010



### **POTTER ABOUT - Creative Arts Studio**

Whether you are a far cry from an artist or a talented painter, here's a chance to express your creativity at 'Potter About' Creative Arts Studio. IWA members will select a tile or a cup, and paint their own masterpiece that will be fired and glazed, and returned in six days.

Members will be charged Rs. 150/- for the workshop. This is inclusive of materials. Members are advised to come with an idea of what they would like to paint; assistance will be available at the workshop.

Limit: 50 people. Warn-in essential. Call Anjana Sunil between 8am and 9am.

**SHALINI BISWAJIT**

**SUSHI GOKLANEY**



### CONGRATULATIONS TO:

Mridula Narasimhan who celebrated the wedding of her son, Sanjay, to Soumya.

*"Those who bring sunshine into the lives of others cannot keep it from themselves."*

*Sir James M. Barrie*

(Contributed by Prithika Chary)

## HISTORY, CULTURE & TOURS

Wednesday, 26<sup>th</sup> September Night -  
Wednesday, 3<sup>rd</sup> October, 2001



### **IWA EXCURSION TO MALAYSIA**

We depart Chennai Wednesday, 26<sup>th</sup> September night, for 7 full days in Malaysia, visiting Kuala Lumpur, Melaka, Kota Baru and Kuala Terengganu. Are you still trying to decide whether to join us? We may just have a space or two left. But don't delay! Call Vidya Singh (433 8782) for further information.

**VIDYA SINGH**

**PAT ALTER**

### **OVERSEAS WOMEN'S CLUB OF MADRAS**

Saturday, 13<sup>th</sup> October, 2001 - 7.30pm

#### **PEARL BALL DINNER at Le Royal Meridien**

OWC's main fundraising event - we are looking for lovers of fine cuisine and people who like dancing and dreaming on the right tune!!

Order your cards (Rs. 800/-) from:

Lisette - 449 2424 (email: vanael@md4.vsnl.net.in)

Ali - 435 5286, Sue - 435 5290, or Alberta - 435 8530

*"Thank God every morning when you get up, that you have something to do that day which must be done, whether you like it or not."*

*- Charles Kingsley*

(Contributed by Prithika Chary)

## BOOK DISCUSSION

Friday, 28<sup>th</sup> September, 2001 – 10.15am

At: **The British Council**  
737, Anna Salai  
Chennai 600 002



## **LADIES COUPE BY ANITA NAIR**

This is the story of a woman's search for strength and independence. Akila, forty-five and single, an income-tax clerk, and a woman who has never been allowed to live her own life - always the daughter, the sister, the aunt, the provider, until the day she gets herself a one-way ticket to Kanyakumari, gloriously alone for the first time in her life. In the intimate atmosphere of the ladies coupe which she shares with five other women, she listens to their stories and seeks in them an answer to the question that has been with her all her life: can a woman stay single and be happy, or does she need a man to feel complete?

The discussion will be led by Vasanthi Sankaranarayanan, well known writer and critic and IWA member.

Members who would like to read the book, please contact Gayatri or Amulya

We thank Shanti Thomas for sponsoring our August meeting at the Madras Club.

**GAYATRI KRISHNASWAMI**

**AMULYA RAO**

## EXECUTIVE COMMITTEE 2001 - 2002

### THE BOARD

#### **PRESIDENTS**

Rani Chada 234 4233, 232 4972  
Seema Sait 820 6065, 824 2244

#### **VICE PRESIDENTS**

Sushi Natraj 497 1581, 467 1796  
Rathi Nilakantan 826 5250 (O) 811 3691

#### **SECRETARIES**

Gita Chandrasekaran 442 1035, 442 0235  
Françoise Drown 823 0412

#### **TREASURERS**

Kusum Chadda 825 4217, 823 3751  
Padma Ashok 826 7801, 827 6591

### ACTIVITY CHAIRPERSONS

#### **ARTS & HANDICRAFTS**

Shalini Biswaji 433 8216, 434 0315  
Sushi Goklaney 435 3714

#### **BOOK DISCUSSION**

Gayatri Krishnaswami 827 1789 (O) 826 4428  
Amulya Mandava Rao 499 5434, 499 1272

#### **COOKING SWAPSHOP**

Beena Ram Mohan 6214278, 621 3923  
Cherry Venkatesan 829 3436

#### **CURRENT EVENTS**

Princess Naik 441 8448, 445 3830  
Bilqis Moosa 434 9934, 434 9932

#### **HEALTH & ECOLOGY**

Prithika Chary 499 7878 (O) 436 355 text 1510  
Meena Naru 825 2499

#### **HISTORY, CULTURE & TOURS**

Vidya Singh 433 8782, 435 9035  
Pat Alter 811 2000

#### **PHILOSOPHY & RELIGION**

Seema Bhargava 434 3129, 435 6707  
Eileen Thomson 98400-30114

#### **MUSIC & PERFORMING ARTS**

Naina Shah 432 0706  
Kanokwan Sandhu 496 5556, 496 1061