




International
Women's
Association

APRIL 2001



Wishing the New Board,

Executive Committee

and the members

a successful 2001 - 2002

IWA NEWSLETTER

Vol. XV No. 11
CHENNAI

APRIL 2001

MONTH AT A GLANCE

Tuesday	3rd April	Board Meeting Executive Meeting	9.45 a.m. 11.00 a.m.
Thursday	5th April	Music & Performing Arts International Dance Day	10.15 a.m.
Monday	9th April	Philosophy and Religion Anger, fear, worry, sadness, guilt: motivators of all negativity. How can we overcome them?	10.15 a.m.
Tuesday	10th April	Health & Ecology Stress and the modern woman	10.15 a.m.
Wednesday	11th April	Presentation of the Woman of the Year Award, 2001	10.00 a.m.
Tuesday	17th April	Book Discussion "Who moved my cheese" by Dr. Spencer Johnson	10.15 a.m.
Friday	20th April	Annual General Meeting	10.15 a.m.

FROM THE PRESIDENTS

Dear friends,

We are in the last month of the IWA calendar and you must be looking forward to the summer break. This month we look forward to two major events: Presentation of the Woman of the Year Award and the Annual General Meeting. But first a word of thanks to all of you for attending the Extraordinary General Meeting held on 27th February, 2001 and supporting the resolutions. It was heartening to hear the members urging us to raise the subscription to more than the Rs.800/- agreed on, for this means you are all aware of what it costs to conduct our meetings and run the organisation as well. We feel encouraged that the same members will come forward to host meetings either individually in their homes or in a group - but with a difference - of their own accord. On the request of the members present at the EGM we agreed to creating a category in honour of our Founder Members and we have included it in the Agenda of the Annual general Meeting.

UTSAV

We also thank the members who provided the delicious food for "UTSAV", Pat Alter for so generously throwing open her house and garden for the event and all the Board members and Activity Chairpersons for their hard work in making the evening a success.

AWARDS PRESENTATION

We have broken from tradition this year to hold our Award Presentation Ceremony in the natural surroundings of the C.P.Art Centre. It will be a different kind of ceremony, simple and short, in accordance with the wishes of the awardee, Menaka Gandhi. The ambience will complement the chosen category, conservation of the environment, and also the IWA theme of Natural Living this year.

TELEPHONE DIRECTORY

We would like to remind our members that the Telephone Directory is meant for their personal use only and the contents are confidential. Members have complained of receiving unsolicited mail with both their nationality and telephone numbers printed on the envelope. We request you not to share this information with outsiders.

Before we sign off this year we have to thank all our members for all the support, appreciation and encouragement that they have given us right through the year. At the beginning of the year we committed ourselves to do something about the membership waiting list and the cost of meetings. We have strived to address both the issues and we feel certain that the results will show in the coming year. We have enjoyed our year and look forward to joining the members next year. We had a wonderful team both on the Board and on the Executive Committee. They were always a step ahead in planning and conducting their meetings and more important they co-operated so well in getting their hostesses for each meeting.

We wish to say our special thanks to

- The Founders and Past Presidents for encouraging and supporting us.
- Stina, Vanitha and Rupa on the Advisory Committee for helping us to draft and conduct the EGM
- Zubeida and Vijaya on the Membership Committee for helping us in the all important task of selecting new members
- Gayatri and Chandrika for their timely advise and functioning as a constant source of comfort
- Kamala and Angelika for the punctual printing of the Newsletter and for being there for us always
- Rani and Rathi for the minutes and mailing of the Newsletters and for all the help and co-ordination of the big events
- Kamala and Maureen for keeping a firm control on the purse strings, keeping count of attendance and members
- Sharmila and Kyoko for the several crafts we have been exposed to and the very enjoyable workshops
- Vidya and Margaret for the enjoyable reading and reviewing of a wide variety of books
- Fazeela and Sushi for the demonstration of palate tickling recipes and managing the food counters at our major events
- Kusum and Pat for the stimulating and interesting issues that they focussed on
- Naina and Susanne for making us aware of health and ecological problems and means to treat them
- Visalakshi and Aruna for a cultural exposition and the well organised and enjoyable tours
- Gita and Ann for a year of scintillating music and dance performances
- Lalitha and Seema for providing us thought for our spiritual and psychological enhancement

Congratulations and welcome to the new Board and Committee. We wish them every success and look forward to a year of fresh talent and ideas.

We also bid farewell to Sumiko Ishii and her husband who are returning to Japan. We would like to thank her and the Japanese community for their generous help in organising several events for IWA.

JAVANTHI PRABHAKARAN
EIRA DOSHI

We wish to thank

- Galina Zakharova for providing the Auditorium of the Russian Cultural Centre for the EGM
- Usha Chandrakumar for providing the delicious cake for the EGM

THE IWA BOARD (2001 - 2002)

The NOMINATING COMMITTEE is pleased to present the following slate of Office-Bearers of the Board of the International Women's Association for the year June 2001 - April 2002.

	INDIAN	NON-INDIAN
Presidents	RANI CHADA	SEEMA SAIT
Vice-Presidents	SUSHILA NATRAJ	RATHI NILAKANTAN
Secretaries	GITA CHANDRASEKARAN	FRANCOISE DROWN
Treasurers	KUSUM CHADDA	PADMA ASHOK

We wish them the very best for yet another successful IWA year.

ALAGU MUTHU - CHAIRPERSON
ANNELIESE HAZARI
SHANTHI KARUNAKARAN
SUREKHA KOTHARI
MEYAMMAI MURUGAPPAN

BOARD MEETING

Tuesday, 3rd April, 2001, 9.45 a.m.

EXECUTIVE MEETING

Tuesday, 3rd April, 2001, 11 a.m.

Both meetings at:
Gita Chandrasekaran's
No.39, First Main Road
Indira Nagar
Chennai 600 020



CONDOLENCES TO

- 1) Sheela Sharat on the demise of her father.
- 2) Sharada Khemka on the demise of her father.

The money collected by IWA for the Gujarat Earthquake Relief Fund has been given to "The Hindu" for forwarding the same to the quake victims.

The following resolutions were passed at the Extraordinary General Meeting held on Tuesday, February 27, 2001.

- 1) **"RESOLVED to increase the membership of IWA from 275 to 300".**

Page 4 of the Constitution - Article III - Rules and Regulations - Clause No.8

At present states

The membership of IWA shall not exceed 275. As far as possible, the membership of IWA will include three Indian members for every Non-Indian member. However, the Board may on the recommendation of the Membership Committee, establish any other necessary composition, taking into consideration the aims and objectives of IWA. The said limit on membership shall cover Active, Outstation and Senior members. At no time shall the number of Outstation members exceed 5 percent of the total membership.

Amended as

The membership of IWA shall not exceed 300. As far as possible, the membership of IWA will include three Indian members for every Non-Indian member. However, the Board may on the recommendation of the Membership Committee, establish any other necessary composition, taking into consideration the aims and objectives of IWA. The said limit on membership shall cover only Active and Temporary members and not include Outstation and Senior Members.

- 2) **"RESOLVED to exclude Outstation and senior members from the total count of members".**

Page 6 of the Constitution - Article III - Rules and Regulations - Clause No.14

At present states

An active member of IWA who has been an active member for atleast five years and who, thereafter, lives outside Chennai, may be classified as an Outstation member, at her request to the Membership Sub-Committee, who will take the decision to forward the application to the Board. She may retain her outstation category for not more than three years, after which her membership will automatically cease.

If she returns to Chennai at any time after three years and reapplies for membership, she may be given preference. If she does not return to Chennai but wishes to continue to receive the IWA newsletter, she may do so on payment of a special subscription amount to be determined by the Board. Outstation members may attend any IWA activity.

Amended as

An active member of IWA who has been an active member for atleast five years and who, thereafter lives outside Chennai, may be classified as an Outstation member, at her request to the Membership Sub-Committee, who will take the decision to forward the application to the Board.

If she returns to Chennai at any time and reapplies for membership, she may be given preference. Outstation members may attend any IWA activity.

Page 6 of the Constitution - Article III - Rules and Regulations - Clause No.16

At present states

An outstation member cannot vote or stand for office.

Amended as

An outstation member cannot vote or stand for office or attend an EGM or AGM.

3) **"RESOLVED to create a category of Temporary members"**.

Page 6 of the Constitution - Article III - Rules and Regulations - Clause No.17

At present states

An outstation member can become an active member within three years by informing the Board.

To be deleted and instead read as

Temporary Members : Creation of a special category of Temporary members for Indians who are in transferable jobs or whose husbands are in transferable jobs. The duration of the membership will be for a period of 3 years only and cannot be renewed. The number of Temporary members shall not exceed 2 percent of the membership as given in Article III, Clause 8. At the end of 3 years, a Temporary member may apply for regular membership and wait her turn.

Temporary members cannot vote, hold office, or attend an EGM or AGM.

4) **"RESOLVED to increase the annual subscription from Rs.500/- to Rs.800/-"**.

The annual subscription for membership has been increased from Rs.500/- to Rs.800/- per annum from April 1st, 2001.

MUSIC AND PERFORMING ARTS

Thursday, April 5, 2001 at 10.15 a.m.

At : Russian Cultural Centre
27, Kasturi Ranga Road
Chennai 600 018



INTERNATIONAL DANCE DAY

April 29th is International Dance Day, and we invite you to join us in celebrating the essence of dance, movement and self-expression. World renowned dancer Anita Ratnam's Arangham Dance Group will perform three pieces for us, epitomizing the lyrical, dramatic and celebratory aspects of dance. Guests are welcome.

**GITA CHANDRASEKARAN
ANN MORADIAN**

We would like to thank Galina Zakharova and the Russian Cultural Centre for, once again, generously supporting our programs. We would also like to thank the following members for sponsoring our April program: Rekha Bhatia, Meenakshi Arunachalam, Francoise Drown, Padmini Natarajan, Radha Vasudevan, Irene Pruller Dass, Shashi Ravichandran, Gita Chandrasekaran and Shilu Ranganathan.

Please note change of address and telephone number of the following members:

- | | |
|--|---|
| 1) Urmilla Agarwal
New No.7, Old No.3A
Giri Road, II Floor
T. Nagar, Chennai 600 017
Ph: 820 5327 / 821 4586 | 2) Nirmal Mirza
Off: 432 1901 (Board)
4354039 Direct
Res: 4490 159 & 4490372 |
|--|---|

UTSAV

Special thanks to the Public Affairs Office at the United States Consulate for providing sound and lighting and also to Uma Ganesan, the Cleveland Cultural Alliance and the dancers for a beautiful performance of "The Living Tree".

-
- Our sincere thanks to Shobana Thomas, Lata Barathan, Rani Ananth, Urmilla Agarwal and Mano Bakthavatsalam for co-sponsoring the food stalls at UTSAV.

**VISALAKSHI RAMASWAMI
ARUNA VIJAYKUMAR**

PHILOSOPHY AND RELIGION

Monday, April 9, 2001 - 10.15 a.m.

At: Y.W.C.A.
Poonamallee High Road
Chennai



ANGER, FEAR, WORRY, SADNESS, GUILT : MOTIVATORS OF ALL NEGATIVITY. HOW CAN WE OVERCOME THEM?

The IWA member has been inundated with talks on various subjects over the years which have contributed to her learning and growth. Philosophy and Religion, also adds a further dimension, that of introspection about oneself in relation to the self and others.

This year, a keen interest has been evinced by several members in participating in discussions on such topics. As the GRAND FINALE for this year, we would like to invite ALL the members to think about the subject given above, and to attend and contribute towards it at the meeting. Surekha Kothari will be the facilitator and each member who desires to speak will be given ONE MINUTE so as to accommodate as many members as possible. We request members either to prepare a to-the-point viewpoint before hand or speak impromptu as and when they have a point to make.

Please bring a pen with you. All other required material will be given at the meeting.

**LALITHA KRISHNAN
SEEMA SAIT**

Thanks to Darley Mathew for hosting this meeting.

ARTS AND HANDICRAFTS

Our sincere thanks to Menaka Prabhakar, Jayashree Prabhakar, Sucharita Prasad, Rama Rajagopalan, Malathi Ramachandran and Kamala Prasad for the meeting on Folk Art at Russian Cultural Centre in January 2001.

Also our thanks to Jayanthi Rajaram, Anupama Pasari, Nalini Panday, Chandra Padmanabhan and Nalini Ramakrishna for hosting the March meeting on Ikebana.

**SHARMILA RAMJI
KYOKO KASHIMA**

HEALTH AND ECOLOGY

Tuesday, April 10, 2001 - 10.15 a.m.

At: Kamala Muthiah's
"Bedford House"
5, Raja Annamalai Road
Purasawalkam
Chennai 600 084



STRESS AND THE MODERN WOMAN

Dr.Prithika Chary, an IWA member and neurophysician cum neurosurgeon will talk to us about stress management this morning. Women encounter a great deal of stress in today's world. Many women work during the day and then leave work, return home and start a different type of work. They make money, keep up with household duties, cook meals and basically run the world. Career women suffer as much as women who are housewives; it's just that the type of stress is different.

Today's women have enough stress to put them over the edge. They are spread thin with responsibilities and stretched to the limit with the demands of family, career and home.

**NAINA SHAH
SUZANNE PLANTENER**

- ◆ No guests please.
- ◆ Please warn-in by 6th April to Suzanne Plantener at 98410 - 61113 or 490 1613, Naina Shah at 432 0706 / 432 0564, as the number of members will be limited to 50.

Thank you to Sabita Shetty and Parvathi Reddy for sponsoring the slide projector for the February meeting.

COOKING SWAPSHOP

We thank Kanta Gupta, Meera Jayakar and Renu Jalan for co-hosting the January meeting.



**FAZEELA NURDEEN
SUSHI GOKLANEY**

PRESENTATION OF THE WOMAN OF THE YEAR AWARD, 2001

Wednesday, April 11, 2001 at 10.00 a.m.

At : The C.P. Art Centre
Eldams Road
Alwarpet
Chennai 600 018

The Woman of the Year Award instituted by Nirmal Mirza, member and Past President, has been awarded in the past to various illustrious personalities for their outstanding contribution in a chosen area. The list of recipients includes Shanthi Ranganathan, M.S. Subbulakshmi, Dr. Sharada Menon, Uma Narayanan, Sheela Rani Chunkath and Qudsiya Gandhi, Sarojini Varadappan, Gita Ram, Tara Satyanarayanan, Dr. Vomstein, Rekha Ramachandran, Kiran Majumdar Shaw and Sivasankari.

WOMAN OF THE YEAR, 2001

Category : Conservation and Protection of the Environment

Smt. Menaka Gandhi has been selected as the Woman of the Year, 2001. She had served as the Minister of State (with independent charge) of the Ministry of Environment and Forests in two successive Governments. During her tenure she initiated and piloted legislation on The Wildlife Protection Act and The Public Liability Act for Hazardous Chemicals; negotiated the Montreal Protocol on behalf of the Government of India; set standards for Environmental Protection; designed the Environmental Tribunals of India and the Comparative Testing Scheme for Eco-Friendly products called Eco Mark; notified old buildings as Heritage Sites all over the country and coastal areas as Protected Zones with no buildings within 500 meters of the shoreline; created the National Zoo Authority to oversee and regulate the hundreds of zoos in the country and the Vivisection Regulation Committee to control the use of animals in medical experiments and to stop duplicative testing. She also set up the National and State Animal Welfare Boards in the Environment Ministry which is now the apex governing body for animal welfare.

Smt. Menaka Gandhi has set up and runs People for Animals, India's largest animal welfare organisation. It has a membership of over 2,00,000 and 140 recognised chapters that run programs, shelters, ambulances and other services. Her work and achievements span over two decades - from reforming Delhi's slaughterhouse, banning animal symbols in electoral politics, stopping cruelty to animals in Indian films, banning mini-zoos and bull fighting in Goa, to stopping camels on the beaches.

She has also authored several books two of which are *Animal Laws of India*, invaluable to lawyers, and *First Aid for Animals*, the first of its kind.

Today as the Minister of State for Social Justice and Empowerment, Government of India her initiatives include rehabilitation schemes for the old, disabled, mentally handicapped and the drug-addicted.

At Smt. Gandhi's request Nirmal Mirza is presenting her with a cheque for Rs. 10,000/- in the name of People for Animals, and IWA will be presenting a cheque for Rs. 10,000/- for the same cause.

Our sincere thanks to

- ◆ NANDITHA KRISHNA for the use of the C.P. Art Centre and its facilities
- ◆ KANNAMMA RANGA RAU (RANI OF BOBBILI) for sponsoring the meeting

PLEASE NOTE THAT THE MEETING WILL BEGIN EXACTLY AT 10.30 A.M.

JAVANTHI PRABHAKARAN
EIRA DOSHI

CURRENT EVENTS

We thank Sushila Natraj, Asha Mohan and Kshama Narasimhan for co-hosting our meeting in February 2001.

We also thank Vidya Singh and Lalitha Ramakrishnan for hosting the meeting 'FACE TO FACE WITH RAVI SHASTRI' on 21st March 2001.

KUSUM CHADDA
PAT ALTER



Congratulations to

- 1) Mano Bakthavatsalam on being nominated by the Headquarters of the Global Organisation, Bharatiya Vidya Bhavan, Mumbai, as the Associate Secretary of the Bhavan, Chennai Kendra.
- 2) IWA members Lita Srinivasan, Premila Jacob, Reena Verghese and Darley Mathew who took part in the All Ladies Kingfisher Car Rally and bagged the second prize in the experts category.

BOOK DISCUSSION

Tuesday, April 17, 2001 - 10:15 a.m.

At: Saroja Ramamrutham's
Beach Court Penthouse
47, Arundale Beach Road
Kalakshetra Colony
Chennai 600 090

"WHO MOVED MY CHEESE" BY DR. SPENCER JOHNSON

We all live in a world of change - both in our personal lives as well as the work environment - and being able to deal with change is important to one's health and wellbeing. In his book "Who Moved My Cheese", Dr. Johnson uses cheese as a metaphor for what we want in life and a maze for life itself, with its many turns, surprises and changes. Through four amusing characters, he shows us how people respond differently when they finally reach the goal they've been pursuing ("cheese") and how we react when it's lost or taken away. A best seller for months, this insightful book is being used by corporations and individuals alike to help them deal more effectively with change.

We are very fortunate to have Dr. Sandra Haymon a licensed psychologist from the United States to lead this month's discussion. Dr. Haymon has written numerous papers and given seminars on care for the aging as well as work addiction. Currently living in Chennai where she and her husband are serving as humanitarian volunteers, she continues to give talks on these and other very relevant subjects.

**VIDYA SINGH
MARGARET THORPE**

We would like to thank Saroja Ramamrutham for hosting this month's meeting. We would also like to thank Vidya Srinivasan for hosting our February meeting. In addition, a special thanks goes to the following individuals for sponsoring this month's and other recent meetings: Padmini Subramaniam, Prema Veeraraghavan, Shanthi Verghese, Kalpana Sonthalia and Lakshmi Subramaniam.

Our sincere thanks to

- Prithika Chary for donating Rs.10, 000/- meant for the Girl Child of the Year to the Gujarat Relief Fund. We would also like to thank her for organising the discussion on seizure disorders on March 15th at the Madras Club.
- Dolly Prasad, Kanokwan Sandhu, Shiela Rajaratnam, Connie Wood Radha Parthasarathy and Malek Begum Lalji for co-hosting the meeting on seizure disorder

ANNUAL GENERAL MEETING

Friday, April 20th, 2001

Notice is hereby given that the FIFTEENTH ANNUAL GENERAL MEETING of the International Women's Association will be held at Hotel Savera, Radhakrishnan Salai, Chennai 4, on Friday, April 20th, 2001 at 10.15 a.m.

AGENDA

- Tea
- Welcome address - EIRA DOSHI
- To approve the minutes of
- ❖ The Fourteenth Annual General Meeting held on Wednesday, April 19th, 2000
- ❖ The Extraordinary General Meeting held on Tuesday, February 27th, 2001
- Secretary's Report - Rani Chada
- Treasurer's Report - Kamala Prasad
- Membership Treasurer's Report - Maureen Thadani
- Appointment of Auditors for the year 2000 - 2001
- Any other business

The Board recommends that a category for Emeritus Members be created to recognise Members who have contributed to the success and growth of IWA.

The category will include

1) Founder Members

- ◆ *Members who satisfy all of the following criteria and are recommended by the Board and Emeritus Members*
- *Have been a member of IWA for more than three fourth of its lifetime*
- *Are above 60 years of age*
- *Have served for not less than 6 years on the Executive Committee*

It is further recommended that the subscription for members in this category be fixed at Rs.500/- irrespective of any increase in the subscription at any time.

The Emeritus Members shall not seek office and the rules of attendance are not binding on them.

- Remarks by outgoing Presidents
- Introduction of the Nominating Committee - Alagu Muthu
- Presentation of the Board of 2001 - 2002
- Introduction of the Executive Committee of 2001 - 2002 - SEEMA SAIT
- Address by the new President - Rani Chada
- Vote of thanks

Note: Copies of the Accounts and Reports of the various Activities will be tabled for the perusal of members

**JAVANTHI PRABHAKARAN
EIRA DOSHI**

Temples and Places - A Dream come true

"Take the time, make the time to do those things you have always wanted to do. After all you deserve it".

I thought this quotation most appropriate for our group of 20 IWA members, who decided to do the Pondicherry, Chidambaram, Thanjavur and Chettinad Trip on February 19.

We assembled bright and early at the Madras Club for the four-day adventure. The bus "Parveen" became a sort of second home to us as we drove along in air-conditioned comfort.

Arriving at Pondicherry, very much on time, we viewed some old colonial houses and had an excellent guide in Mr. Ajit Kojaljee from Intach. The most memorable experience was a tour of the Hotel de L'Orient which after its restoration, managed to capture the magnificence of a bygone era with its colonial furniture and Ravi Varma oleographs. A relaxed lunch at the Rendez Vous and we were off heading South.

Our next halt was the Nataraja Temple at Chidambaram. At the entrance of the temple sits a Nandi facing towards the Chit Sabha, the hall of the inner sanctum which houses Nataraja, the Lord of the Cosmic Dance and the formless lingam - the element of ether or air - "The Akasha Kshetra". From there on to the Vaitheeswarankoil, dedicated to Shiva and Parvati. It is believed that the worship of Shiva in the temple heals all illnesses.

We spent the night at Swamimalai - The Sterling Resorts Village. It was an ethnic setting with dinner and breakfast cooked and served in mud pots - Kumbakonam has always been famous for its bronze icons and pottery. Some of the most enthusiastic among us got up in the early hours of the morning and had a quick darshan of Lord Muruga on the hill. We also watched the manufacture of bronze icons nearby and even managed some saree shopping in the weavers' colony! Next was a visit to Dharasuram to visit the famous Airatesvara Temple and on to Gangaikonda-cholapuram.

After lunch we left for Thanjavur to the Brihadiswara Temple, and for many of us it was very auspicious as it was Maha Shivarathri. The Brihadiswara Temple built around 1010, dedicated to Lord Shiva, is one of the few temples in India to have a World Heritage listing. One of the largest Nandis in India, created from a single rock, looks towards the main sanctum sanctorum.

Chettinad was next on our map. We enjoyed a sumptuous lunch at Visalakshi's huge mansion and later visited the Palace, the Murugappa family house in Pallathur and Mr.Subbiah Chettiar's family house. Words cannot express the grandeur of these beautiful homes and the way they have been maintained. We also stopped at the Puliarpatti Temple near Karaikudi and finally halted at the "Bangla" a heritage home fully renovated and restored. It was truly an experience to be at the "Bangla" with all its old world charm.

Next morning saw us shopping for antiques and sarees after visiting the Koviloor Madam, where a Chettiar Swami resides even now. After a great lunch, we proceeded on the last lap of our journey, stopping for a short time to view the family home of Meenakshi Meyappan and Umayal Chettyappan in Karaikudi.

I can only say that the fulfillment of the aims and objectives on which IWA was founded was so evident in this tour. We made new friends and contacts, both Indian and non-Indians, and got to help, know and understand each other better.

Our thanks are due to the organizers of the trip - Visalakshi Ramaswami and Aruna Vijaykumar for the meticulous detail with which they planned and conducted this perfect tour.

We also thank members of the MSMM family, Meenakshi Meyappan, Visalakshi Ramaswamy, Meyammai Murugappan, Umayal Chettyappan, Alagammai Alagappan, Alagu Muthu and Chandrika Chidambaram for their gracious hospitality.

MALATHI RAMACHANDRAN

FOR YOUR INFORMATION

L.B. Publishers & Distributors (Madras) Pvt. Ltd. are conducting a **WORKSHOP ON THE IMPORTANCE OF EARLY LEARNING** for parents on Monday, April 16, 2001, at 10.15 a.m. at VI-C, Eldorado, 112 Nungambakkam High Road, Chennai 600 034. They have extended an invitation to all IWA members and their husbands to the workshop. Coming on the eve of the summer vacation it will be very useful to parents on how to keep their children occupied during the holidays.

EXECUTIVE COMMITTEE

THE BOARD

2000 - 2001

PRESIDENTS	: Javanthi Prabhakaran	(R) 6411579
	: Eira Doshi	(R) 4911126
VICE-PRESIDENTS	: Kamala Muthiah	(R) 6411141/6411142
	: Angelika Mandaiker	(R) 6461265
SECRETARIES	: Rani Chada	(R) 2344233/2324972
	: Rathi Nilakantan	(R) 8265250/0744/ (O) 8213691
TREASURERS	: Kamala Prasad	(R) 6262035/6283809
	: Maureen Thadani	(R) 4913194

ACTIVITY CHAIRPERSONS

ARTS & HANDICRAFTS	: Sharmila Ramji	(R) 4471200
	: Kyoko Kashima	(R) 8279020
BOOK DISCUSSION	: Vidya Singh	(R) 4338782/4359035
	: Margaret Thorpe	(R) 4997021
COOKING SWAPSHOP	: Fazeela Nurdeen	(R) 6260674/6216561
	: Sushi Goklaney	(R) 4353714
CURRENT EVENTS	: Kusum Chadda	(R) 8254217/8233751
	: Pat Alter	(R) 8273040
HEALTH & ECOLOGY	: Naina Shah	(R) 4320706/4320564
	: Suzanne Plantener	(R) 4901613
HISTORY, CULTURE & TOURS	: Visalakshi Ramaswamy	(R) 4939829
	: Aruna Vijaykumar	(R) 8271284/8272732
MUSIC & PERFORMING ARTS	: Gita Chandrasekaran	(R) 4420235/4421035
	: Ann Moradian	(R) 4331582/4356243
PHILOSOPHY & RELIGION	: Lalitha Krishnan	(R) 4991853/4992341
	: Seema Sait	(R) 8242244/8261018