



International
Women's
Association

MARCH 2000

IWA NEWSLETTER

Vol. XIV No. 10
CHENNAI

MARCH 2000

MONTH AT A GLANCE

| | | | |
|-----------|------------|---|-------------------------|
| Friday | 3rd March | Board Meeting Executive Meeting | 9.30 a.m. 11.00 a.m. |
| Tuesday | 7th March | Arts & Handicrafts Glassy Creations | 10.15 a.m. |
| Wednesday | 8th March | International Women's Day Music concert by Sudha Raghunathan | 5.30 p.m. |
| Friday | 10th March | Current Events The Influence of Computers and Information Technology on our Lives Today | 10.15 a.m. |
| Monday | 13th March | Presentation of Awards | 10.15 a.m. |
| Thursday | 16th March | Music and Performing Arts Musical Medley | 10.15 a.m. |
| Friday | 17th March | Cooking Swapshop Dips and Spreads | 10.15 a.m. |
| Monday | 20th March | Book Discussion The Seven Habits of Highly Effective People | 10.15 a.m. |
| Tuesday | 21st March | Health and Ecology Water Conservation - The Need of the Hour | 5.00 p.m. |
| Monday | 27th March | Philosophy and Religion A Vedic Millennium : Heaven on Earth | 10.15 a.m. |
| Thursday | 30th March | History, Culture and Tours Tour of Dakshinachitra | 10.30 a.m. |

FROM THE PRESIDENTS

Just a reminder about the most important event in March, namely, Woman of the Year and Girl Child of the Year Award Ceremony. Your presence is essential, as always, to make the event a grand success.

8th of March has a special significance for us all, being the International Women's Day and we are happy to tell you that we are having the renowned Sudha Raghunathan sing for us that evening.

Enjoy your March programmes!

GAYATRI BEWOOR
CHANDRIKA CHIDAMBARAM

BOARD MEETING

Friday, 3rd March, 9.30 a.m.

EXECUTIVE MEETING

Friday, 3rd March, 11.00 a.m.

Both Meetings at:
Shalini Virmani's
3B, Bougainvillac
3, Adyar Club Gate Road
Chennai 28

*Be good to the little people on your way up as you will
encounter the same people on your way down.*

ARTS & HANDICRAFTS

Tuesday, 7th March, 10.15 a.m.

At : Elizabeth Herridge's
Cottingly
24, Anderson Road
Chennai 6



GLASSY CREATIONS

Have you heard a glass bell tinkle? It is an unusual sound, but then Mr.Srinivas Raghavan creates many unusual things out of glass. Though the art of glass designing is traced to Persia, some families in Hyderabad have been involved in the trade for generations. Mr.Raghavan learned the art in Hyderabad.

Do come and experience the thrill of turning glass into works of art.

**KUSUM CHADDA
ELIZABETH HERRIDGE**

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- Our thanks to Usha Bail, Shobha Hebbar, Aruna Prasad, Sucharita Prasad, Lakshmi Subramaniam and Sue Williams for hosting the meeting on Vegetable Carving at the YWCA in February.

- We thank the following members for hosting the Virundhu on 21st January

Vijaya Balu, Lata Baratan, Geeta Chandrashekar, Prithika Chary, Sharanya Jayakumar, Shyla K.Rau, Brahada Kameshwaran, Sundari Mani, Sujaya Menon, Meenakshi Meyyappan, Vanitha Mudaliar, Kshama Narasimhan, Mridula Narasimhan, Sushila Natraj, Padmini Natarajan, Chandra Padmanabhan, Lakshmi Padmanabhan, Javanthi Prabhakaran, Rama Rajagopal, Sharada Rajamani, Malathi Ramachandran, Nalini Ramakrishna, Saroja Ramamrutham, Visalakshi Ramaswami, Sharmila Ramji, Rekha Rangarajan, Hemalatha Santhavadanan, Rukku Seshasayee, Vidya Srinivasan, Lily Swami, Lakshmi Vardarajan, Radha Vasudevan, Lakshmi Viswanathan.

INTERNATIONAL WOMEN'S DAY

Wednesday, 8th March, 5.30 p.m.

At : Connemera Hotel
Binny Road
Chennai

MUSIC CONCERT BY SUDHA RAGHUNATHAN

The International Women's Day calls for a celebration and we are honoured to have a personage so well known, yet familiar to the music loving audience of Madras, perform for us.

From the days when Sudha Raghunathan took part in the college competitions, her musical genius and appeal have taken the Madras audience by storm. Trained in Carnatic music by none other than the expert, M.L. Vasanthakumari, Sudha has accompanied her in several concerts both in India and abroad. Today, Sudha is a household name, whose charisma and command of music draws a large audience to her concerts.

She is a Post Graduate in Economics and has the distinction of having been judged the Most Outstanding Student of the Ethiraj College, Madras for three years in succession. She has won more than 200 prizes in musical competitions and several titles have been conferred on her. Well known amongst which are Sangeetha Choodamani, Kalaimamani, For the Sake of Honour Award and Isai Peroli. She has been selected as one of the 10 Outstanding Young Indians and has been nominated for the Outstanding Persons of the World Award. Sudha has had the unique privilege of having performed at the Theatre de la Ville, Paris and the Lincoln Centre, New York and also in Europe, South Africa, U.S.A., U.K., Canada, Far East, Australia and New Zealand.

Closer home, the audience loved Sudha as the compere of the Millennium Concert at Madras. Recently she has launched a Trust, Samudhaaya Foundation, for Social Welfare Activities under whose banner Sudha's benefit performance for the Kargil Relief Fund raised Rs. 5 lakhs.

**GAYATRI BEWOOR
CHANDRIKA CHIDAMBARAM**

~~~~~  
*I ought to reflect again and again, and yet again that the beings whom I have to steer are just as inevitable in the scheme of evaluation as I am myself, have just as much right to be themselves as I am entitled to and they all deserve from me as much sympathy as I give to myself.*  
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CURRENT EVENTS

Friday, 10th March, 10.15 a.m.

At: Mahmooda Haja Shareef,
"Nihal"
17, Haddows Road
1st Street, Nungambakkam
Chennai 34



THE INFLUENCE OF COMPUTERS AND INFORMATION TECHNOLOGY ON OUR LIVES TODAY

On the occasion of International Women's Day, 8th March, we will have for you a panel of ladies who will discuss the effects of the computer, its uses and influence on many a household and the implications of using information technology.

We are fortunate to have with us **Dr.Kalyani Nityanand**, Consultant Cardiologist, **Geetha Sivakumar**, Entrepreneur and Housewife, **Madhubala Nahar**, Chartered Accountant and one more personality from the field of Education to discuss these aspects from their own perspective.

RANI CHADA



CONGRATULATIONS TO

- Gayatri Bewoor's daughter Amrita and Prashanto
 - Mansha Bhatia's daughter Ujjala and Pradeep
 - Kamala Muthiah's daughter Arti and Tarun
- for whom the wedding bells rang in February 2000
- Sheela Rajaratnam, who was honoured with the Priyadarshini Award, 1999 by the 7th Global Conference of Women Entrepreneurs.

PRESENTATION OF AWARDS, 1999 - 2000

Monday, 13th March, 10.15 a.m.

At : Taj Coromandel
Nungambakkam High Road
Chennai 34

WOMAN OF THE YEAR AND GIRL CHILD OF THE YEAR AWARDS

The presentation of these two awards is a major event in IWA. Each year the category or area of work for the awards varies.

The Woman of the Year Award, instituted by Past President Nirmal Mirza has been presented to committed and outstanding women who have been selected from the varying fields of the arts and crafts, medicine, social work, education and biotechnology. This year the award is being presented to one who has created awareness and change through the might of her pen. The Woman of the Year Award, 1999-2000, is being awarded to Ms. Sivasankari, whose writings in Tamil have addressed the social evils of the day and spread awareness and understanding of the same. Sivasankari's works have been widely translated into other languages and also been adapted for the television.

The criteria for the selection of the Girl Child of the Year, instituted by Dr. Prithika Chary in 1997, has been for one who has in spite of severe health disorders proved to be an achiever. Children with Downs Syndrome and renal failure have been selected for the award earlier and this year's awardee has been chosen for cardiac disorder. The Girl Child of the Year Award, 1999 - 2000, is being awarded to Miss Suthasini, who has battled with both a congenital heart problem and deafness and is now preparing for her Std X examination.

Some of the earlier recipients of the Awards will also be present at the function.

ONLY FOR IWA MEMBERS.

**GAYATRI BEWOOR
CHANDRIKA CHIDAMBARAM**

MUSIC AND PERFORMING ARTS

Thursday, 16th March - 10.15 a.m.

At: Elizabeth Herridge's
Cottingly
24, Anderson Road
Chennai 6



MUSICAL MEDLEY

We are going to have a very interesting and enjoyable morning. Our International Members have very sweetly agreed to render popular songs in their own languages. Like friendship, music is universal and let's make it a memorable morning. There may be one or two surprises too!

All members wishing to participate are welcome to do so.

**SAROJA RAMAMRUTHAM
ELEANOR DARUWALA-NITZCHE**

COOKING SWAPSHOP

Friday, 17th March, 10.15 a.m.

At: Shobana Reddy's
Sreelatha
4, Fourth Street
Rutland Gate
Chennai 6



DIPS AND SPREADS

Talented Krishnambika Nambiar will demonstrate punch, dips and sandwich fillings and more. No other combination of food or food products can compete as regards freedom to innovate and choose from a wide variety of ingredients and flavours.

If you are an imaginative cook you can use the recipes to turn out at least twice the number using your own ideas and variations.

**NAINA SHAH
FRANCOISE DROWN**

BOOK DISCUSSION

Monday, 20th March, 10.15 a.m.

At : Asha Hemdev's
No.2, 1st Street
Haddows Road
Chennai 6



THE SEVEN HABITS OF HIGHLY EFFECTIVE PEOPLE BY STEPHEN COVEY

This stimulating and thought provoking book, which is also inspirational, could be called the handbook of psychology.

Knowledge is the quickest and safest path to success in any area of life. In the book, Stephen Covey has encapsulated the strategies used by all those who are highly effective. Success can be learned and this book is a way to learn it. The principles discussed are universal and can be applied to every aspect of life. Filled with practical wisdom for the people who want to take control of their lives, careers and business, Covey offers us an opportunity - not a how-to-guide - to explore ourselves and our impact on others and to do so by taking advantage of his profound insight.

Mr. Naresh Purushottam, a senior HRD consultant in the service industry, has graciously agreed to lead the discussion.

**SHALINI VIRMANI
NALINI PANDAY**

HEALTH AND ECOLOGY

Tuesday, 21st March, 5.00 p.m.

At : Lily Malhan's
36, Mount Road
Campa Campus
Guindy, Chennai 32



WATER CONSERVATION - THE NEED OF THE HOUR

With summer round the corner and Chennai city already facing a water shortage due to abnormal monsoons, alarm bells are ringing all over. Advocate T.K.Ramkumar, closely involved with Exnora International, Co-ordinator, Citizens Waterways Monitoring Programme, will give us a talk on water conservation.

THE TALK WILL COMMENCE AT 5.30 P.M.

**FAZEELA NURDEEN
SUSHI GOKLANEY**

PHILOSOPHY AND RELIGION

Monday, 27th March, 10.15 a.m.

At: YWCA
International Guest House
Poonamallee High Road
Chennai



A VEDIC MILLENNIUM : HEAVEN ON EARTH

In the wake of the enormity of global problems and worldwide turbulence, recent studies have documented the failure of Western education and training to improve fundamental competencies required for solutions, such as creative intelligence.

MAHARISHI'S (Mahesh Yogi) Vedic Technology teaches the effective use of techniques in promoting peace, prosperity and happiness. Their success is based on India's eternal knowledge that the ATMA (soul) in everyone contains an inexhaustible reservoir of creativity and intelligence. India is being revived to lead the family of nations into an era described by Maharishi as "Heaven on Earth".

Dr. Ian Brown, a visiting professor at the Maharishi Institute of Management, Chennai, will speak about India's competitive advantage over other nations and the techniques to be used in creating the New Order.

**SUREKHA KOTHARI
MEYYAMMAI MURUGAPPAN**



OUR CONDOLENCES TO

- Bitina Frazier on the sad demise of her son

VISIT TO ILLEDO VILLAGE

Thirteen IWA members participated in the trip to Illedo village on 24th January. It was a day of multiple pleasures, including near perfect weather and a ride through lush rural scenery. Our charming host, Mr.C.Ramakrishna, walked us through his palm groves, mango orchards and shade tree arboretum, showed us two beautiful temples and a village school, and served us a delicious lunch. Thanks to Lalini and Radha for organizing this very memorable day.

PAT ALTER

HISTORY, CULTURE & TOURS

Thursday, 30th March, 10.30 a.m.

TOUR OF DAKSHINACHITRA

Join us for a tour of the rapidly changing face of DAKSHINACHITRA, whose existence is centred around the preservation, presentation and promotion of the rich and diverse heritage of the people of South India.

Our visit, coincides with the Festival of Ugadi that marks the beginning of a new year for the Telugus, Kannadikas, Sindhis and Maharastrians. The program will begin with a 17-minute 'Orientation Film' on South India, followed by a guided tour incorporating the recent addition of the beautiful Ilkal stone house in the Karnataka section, and a preview of the new additions and events that are helping to shape the future of Dakshinachitra.

COST INCLUDING LUNCH Rs.100/- PER HEAD.

RSVP Radha at 4913820 or Lalini at 6412868 by Monday, 27th March, 2000.

We hope that those of you who intend using your own cars, will be kind enough to offer a ride to others who may need it.

Cars to leave from Madras Club at 9.30 a.m.

**RADHA SESHADRI
LALINI GAUTAMADASA**

We sadly, could not go ahead with the INTACH MARATHA TOUR to Tanjavur scheduled for February, due to lack of the required number of participants. There is still a chance to revive this long-awaited tour in March or April if, between IWA and INTACH, we succeed in mustering a group of 15 or more members.

To those of you who had looked forward to this tour in February, our sincere apologies.



CHANGE OF ADDRESS

Jatinder Bahl
15, Bawa Road
Second Floor
Abiramapuram
Chennai 600 018

Sumiko Ishii
287, T.T.K. Road
Alwarpet
Chennai 600 018

Maria Glaser
Flat No.1, Riverview Apartments
Boat Club Road 9/A
Chennai 600 028

Iset Meijers
5, Casuarina Drive
Neelangerai
Chennai 600 041



WELCOME TO

Susan Critz **American**
 Anu Sai Villa, No.6,
 8A Crescent Street, Off ABM Avenue,
 Chennai 600 028.
 Tel: 4311254

Corrie Haak **Dutch**
 'Ayshika' 4, Still Water Court,
 Off Sunrise Avenue,
 Neelangarai,
 Chennai.
 Tel: 4498811 / 4492068

Swetlana Krikounova **Russian**
 14, Santhome High Road,
 Chennai 600 004.
 Tel: 4982320 / 4982330

Neeti Mallick **British**
 GC, South Gate Apts,
 17, Kasturi Rangan Road,
 Alwarpet,
 Chennai 600 018.
 Tel: 4980055 / 4670298

Prabha Nair **Singaporean**
 15, Harrington Road, 6th Avenue,
 Orchid Villa, Apt 3G,
 Chetpet
 Chennai 600 031
 Tel: 8252603

Connie Wood **American**
 C2, Mill Bank Apts
 4, Boat Club Road, 3rd Avenue
 Chennai 600 028
 Tel: 4355607



CHANGE OF TELEPHONE NUMBER

| | |
|---------------|---------|
| Jatinder Bahl | 4996411 |
| Sarah Chanda | 6610882 |
| Maria Glaser | 4346203 |
| Sumiko Ishii | 4986024 |
| Iset Meijers | 4490444 |

EXECUTIVE COMMITTEE

THE BOARD

1999-2000

| | | |
|-------------------|-------------------------|---------------------|
| PRESIDENTS | : Gayatri Bewoor | (R) 8264035 |
| | : Chandrika Chidambaram | (R) 4611253 |
| VICE - PRESIDENTS | : Javanthi Prabhakaran | (R) 6411579 |
| SECRETARIES | : Kamala Muthiah | (R) 6411141/6411142 |
| | : Sue Williams | (R) 4341595 |
| TREASURERS | : Kamala Prasad | (R) 6262035 |
| | : Rathi Nilakantan | (R) 8260744/8265250 |

ACTIVITY CHAIRPERSONS

| | | |
|-------------------------------|-----------------------------|---------------------|
| ARTS AND HANDICRAFTS | : Kusum Chadda | (R) 8254217/8233751 |
| | : Elizabeth Herridge | (O) 8261124 |
| BOOK DISCUSSION | : Shalini Virmani | (R) 4341047 |
| | : Nalini Panday | (R) 4933773/4935338 |
| COOKING SWAPSHOP | : Naina Shah | (R) 4320706/4320564 |
| | : Francoise Drown | (R) 8230412 |
| CURRENT EVENTS | : Rani Chada | (R) 2344233 |
| HEALTH AND ECOLOGY | : Fazeela Nurdeen | (R) 6260674/6216561 |
| | : Sushi Goklaney | (R) 4353714 |
| HISTORY, CULTURE AND TOURS | : Radha Seshadri | (R) 4913820 |
| | : Lalini Gautamadasa | (R) 6412868/6411654 |
| MUSIC AND PERFORMING ARTS | : Saroja Ramamrutham | (R) 4915549 |
| | : Eleanor Daruwalla-Nitzche | (R) 4970127 |
| PHILOSOPHY AND RELIGION | : Surekha Kothari | (R) 8257145/8257198 |
| | : Meyyammai Murugappan | (R) 4348207 |