



International
Women's
Association

NOVEMBER 1998

IWA NEWSLETTER

Vol. XIII No. 6
CHENNAI

NOVEMBER 1998

MONTH AT A GLANCE

Monday	2nd November	BOARD MEETING EXECUTIVE MEETING	9.30 am 3.30 pm
Tuesday	3rd November	MUSIC & PERFORMING ARTS Manipuri Dance	10.15 am
Thursday	5th November	PHILOSOPHY & RELIGION Talk - Life after Death	10.15 am
Monday	9th November	HEALTH & ECOLOGY Talk - Strengthening Self - Esteem	10.15 am
Friday	13th November	CURRENT EVENTS Talk - The Art of Advertising	10.15 am
Tuesday	17th November	COOKING SWAPSHOP Cookery Demonstration	10.15 am
Friday	20th November	COOKING SWAPSHOP Thanksgiving Supper	10.15am
Tuesday	24th November	BOOK DISCUSSION Review - "The Horse Whisperers"	10.15 am
Monday	30th November	ARTS & HANDICRAFTS Demonstration - Glass Bead Craft	10.15 am

FROM THE PRESIDENTS

Dear Friends,

The monsoons and the nights are drawing in. Christmas is on the horizon and our thoughts are turning to home and hearth. Last year, our President Rupa had a good idea. She suggested that IWA members should all contribute a decoration for the new Christmas tree we purchased. I would now like to appeal to you all to hand in your contributions. It will be a friendship tree. Those of you who wish to make a decoration for the tree will be able to do so at the IWA Arts and Crafts workshop in early December.

This month is particularly special for one of your Presidents. Megan's daughter is to marry on November 14th in Milan, Italy. As a result, Lalini Gautamadasa will be Acting President in her absence. Megan will return to Chennai on 21st November.

Finally, we would like to thank most sincerely, the Trident Hotel, the Board, the Executive Committee and members for making IWA's Diwali celebration such a warm and enjoyable occasion. Everyone worked very hard. Thank you.

Enjoy your November programme, it promises to be good.

**SHYLA K. RAU
MEGAN UTLEY**

BOARD MEETING

Monday, 2nd November 9.30 am

At: Shyla K. Rau's
5, Chandra Bagh Avenue,
Second Street,
Mylapore, Chennai - 4.

EXECUTIVE MEETING

Monday 2nd November 10.45 am

At: Meyyammai Murugappan
27E, Ranjith Road,
Kotturpuram,
Chennai - 85.

FROM THE VICE PRESIDENTS

The excitement and joy of Diwali is over and we need to thank all of you who helped in so many ways to make the evening at the Trident such a success. A special "Thank You" to all the Activity Chairpersons and members who worked quite tirelessly; to the little artistes from Sishya who provided glorious entertainment; to the craftsmen who so willingly displayed for us, their exquisite works of art - and finally, a very grateful and sincere thanks to Gita Jetley and all the staff of the Trident Hotel without whose unstinted enthusiasm and support, none of this would have been possible.

May we take this opportunity to inform Activity Chairpersons and IWA members that you could get in touch with:

1. **LAKSHMI PADMANABHAN** at 8264334 if you need to order photos of this year's Founders' Day Celebrations:
2. **MEGAN UTLEY** at 4343348, from whom you could collect IWA crockery and the microphone in case you need them for IWA meetings - but please remember, we would like you to return them to Megan as early as possible after the event;
and
3. The **YWCA** at 5324945; 5324234 or 5324251, if you are looking for a spacious, comfortable venue for IWA meetings.

Thank you.

**GAYATRI BEWOOR
LALINI GAUTAMADASA**

TELEPHONE TREE

Thank you to **RAJNI SABHERWAL, MRIDULA SRINIVASAN, SEEMA BHARGAVA, SHALINI VIRMANI, NALINI ACHARYA, SUSHI GOKLANEY,** and **DARLEY MATHEW** for responding to our call for volunteers. We do sincerely appreciate your gesture and will get in touch with you soon.

FROM THE MEMBERSHIP TREASURER

Dear Members,

It is indeed heartening that all of you are adhering so well to the guidelines on 'Registering Attendance at meetings', which were set out in October's Newsletter. Thank you so much. This has made the maintenance of IWA Attendance Registers that much simpler. Keep it up!

CHANDRIKA CHIDAMBARAM

A warm welcome to IWA-

The list of new members is as follows:-

- | | |
|--|--|
| 1. Merete Kristensen, (Danish)
27, Archbishop Mathias Avenue,
3rd Floor, R.A.Puram,
Chennai 600 028
Tel: 4335723 | 3. Eleonor Daruwalla - Nietzsche,
(Dutch)
2D, South Gate,
17, Kasturi Rangan Road,
Chennai 600 018
Tel: 4970127 |
| 2. Catherine Brunet (French)
33/1, Poes Garden,
Chennai 600 031
Tel: 4992273 | 4. Mitsuko Yamazaki (Japanese)
A-3, Alsa Balmoral,
73, Harrington Road,
Chetput, Chennai 600 031
Tel: 9840 052009 |
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CHANGE OF TELEPHONE NUMBER

SUSHI GOKLANEY	4353714
SEEMA BHARGAVA	4356707 / 4343129

MUSIC & PERFORMING ARTS

Tuesday, 3rd November, 10.15 am

At: Music Academy,
Mini Hall,
306, T.T.K. Road,
Chennai - 14



MANIPURI: the lyrical and graceful Classical Dance of MANIPUR

The graceful swaying of trees in the gentle breeze, the delicate flow of a river - Manipuri is one of the most beautiful styles of classical dance within the rich, cultural heritage of India. The lyrical and the dramatic compositions of this dance range under two major divisions; **LASYA** and **TANDEVA**.

Darshana Jhaveri, the most renowned exponent of this style of dance, with two other members of her group, will give a lecture demonstration explaining the origin, distinguishing traits, rhythmic patterns, musical content, etc. of **MANIPURI**, concluding with short dance sequences revealing the dramatic content and finally, the Festival Dance.

GUESTS ARE WELCOME AT AN ADDITIONAL CHARGE OF Rs.30/-

SUREKHA KOTHARI
REGINA SCHROEDER

Our thanks to **Aruna Vijayakumar** and **Usha Chandrakumar** for hosting the Music & Performing Arts meeting held at the British Council on 29th October.

ACKNOWLEDGMENT

IWA would like to thank the German Consulate in Chennai for their kind invitation to its members to the Classical Piano recital by Mario Kay Ocker on 13th October. It was a delightful evening of music.

PHILOSOPHY & RELIGION

Thursday 5th November - 10.15 am

At: Lalitha Krishnan's,
38-A, Oliver Road,
Mylapore,
Chennai - 4



LIFE AFTER DEATH

Death is one of the most common events and yet the most mysterious and inevitable phenomenon in our lives.

What is death? What happens after death? These intriguing questions are answered for us by sage **T.G. Narayanaswamy** - a practical and practising philosopher and descendant of the Tamil poet Bharathi.

**MRIDULA NARASIMHAN
HENNY DE GROOTE PAAUWE**

HEALTH AND ECOLOGY

Monday 9th November, 10.15 am

At: Alagammai Alagappan's,
7, Chittaranjan Road,
Teynampet,
Chennai 18



STRENGTHENING SELF - ESTEEM

Our speaker, **Shanthi Ranganathan**, Director, T.T. Ranganathan Clinical Research Foundation, as part of the Alcoholics Anonymous Programme, will give us a talk and conduct a brief workshop on "Strengthening Self-Esteem" which is one of the crucial factors in preventing Alcohol and Drug Abuse.

**SHARMILA RAMJI
BODIL FREDERIKSEN**

CURRENT EVENTS

Friday, 13th November - 10.15 am

At: Irene Pruller Dass's,
26, Poes Garden,
Chennai - 86



THE ART OF ADVERTISING

Advertising has increasingly become part of everyone's life. The moment one opens a newspaper, switches the television on or steps out on the street, one is surrounded by advertisements.

Who are these people who have so great an influence on our daily lives?
How are these advertisements produced?

Our speaker, **Amrita Chugh**, an Advertising professional, currently based in Chennai, will enlighten us on this important topic.

KANTA GUPTA
ANJANA DAS-HASPER

Our thanks to **Bilquis Chida**, **Jatinder Bahi**, **Darley Mathew**, **Rekha Rangaraj**, **Pronothi Banerjee**, **Fazeela Nurdeen** for hosting the Health and Ecology meeting held at Zubeida Asgerali's on 15th September.

Dates to remember:

1. Those of you with children might like to take them to a traditional **Bonfire Night** to be held at Cottingley on 6th November, weather permitting. Tickets are available from Megan Utley. The proceeds to go to charity.
2. **Bharata Natyam** - Well known dancer, **Lakshmi Viswanathan**, will present her latest production at the Mini Hall of the Music Academy on Wednesday, 4th December at 6.30 pm. Lakshmi invites all IWA members to her performance.

CONGRATULATIONS

To **Beena Ram Mohan** on the birth of her grand - daughter last month.

COOKING SWAPSHOP

Tuesday, 17th November, 11 am

At : Trident Hotel,
1/24, G.S.T. Road,
Chennai - 27



MASTER CHEF COOKING DEMONSTRATION FOLLOWED BY LUNCH

Our special demonstration for the year promises to be more than the usual "Come Whet Your Appetite," when **Master Chefs** demonstrate and whip up a **super surprise** right before your eyes - followed by lunch, courtesy **GEETA JETLEY & THE TRIDENT**.

Bon APPETITE folks !!!

NOTE: Limit 175 only. Please warn in by 14th November to Rani 2344233 or Sheela 4938524 between 7.30 and 9.00 am.

**RANI CHADA
SHEELA K. SARATH**

More dates for your diary

Sunday, 29th November - The Spastic Society of Tamilnadu's Annual Dinner Dance - "A Christmas Dinner", will be held at 8.00 pm at the Trident Hotel.

Donation cards at Rs.400/- each are available with **Poonam Lalchand** 8272947; **Madeleine Leone** 4340824 and **Meenakshi Meyyappan** 4942985.

An Appeal

The "HOSPITAL HELPERS" are holding their annual sale for the staff of the Volunteer Services Hospital in Adayar, early in December. The proceeds go towards maintaining the hospital linen.

We request you to **please send in old clothes** in reasonably good condition, and other **household items**, preferably washed and ironed. **Please donate generously to this worthy cause to Alagu Muthu** between 1st and 25th November, Tel: 4937050 or 4938683.

Thank you.

ACKNOWLEDGMENT

NALINI RAMAKRISHNA wishes to thank all IWA members who condoled with her and sent messages of sympathy on the recent loss of her dear husband.

COOKING SWAPSHOP

Friday, 20th November, 10.15 am

At: Beena Ram Mohan's,
"Ragam"
Y-216, Second Avenue,
Annanagar,
Chennai - 40



"THANKSGIVING SUPPER" - A taste of tradition.

The fourth Thursday of November is observed as Thanksgiving Day in the U.S. A day set aside for giving thanks to God for blessings received during the year. A family day, celebrated with big dinners and joyous family reunions.

The first Thanksgiving Day was celebrated in 1621 at Plymouth, Massachusetts, when the settlers gave thanks for a bountiful harvest after the ravages of a dreadful winter. Native Indians joined in the festivities that lasted for three days. The menu included turkey, duck, geese, wild plums, cranberries, corn bread, pumpkin pie and watercress. Then as now, the very mention of Thanksgiving conjures up visions of tables overflowing with food.

Join **Gale Madsen, Therese Lybery, Madeline Leone** and **Sue Herzog** as they capture the spirit of Thanksgiving in the U.S. and partake from a table spread with all the traditional Thanksgiving favourites.

RANI CHADA
SHEELA K. SARATH

Our thanks to **Kusum Chadda, Radha Parthasarathy, Nita Reddy, Sadiya Khaleel, Rupa Sood, Nona Seth** and **Sulochana Alexander** for hosting the Cooking Swapshop meeting held at Jayashree Prabhakar's on 18th September.

BOOK DISCUSSION

Tuesday, 24th November 10.15 am

At: Mrs Nalini Acharya's,
'Gayathri'
6, Mandapam Road,
Kilpauk,
Chennai - 10



"The Horse Whisperer" by Nicholas Evans.

This best seller will be enjoyed by all our members.

We will have a group discussion about the book, which should be interesting.

Two copies are available with us - Please contact Mrs. Rita at Telephone Nos.8553821 / 8553861.

**KAMALA MUTHIAH
GALE MADSEN**

ARTS & HANDICRAFTS

Monday, 30th November - 10.15 am

At: Shamim Padamsee's,
5 North Leith Castle Road,
Santhome,
Chennai - 28



THE REVIVAL OF GLASS BEAD CRAFT

In an area of Gujarat that had been hit by severe drought, Shamim Padamsee, quite by accident, discovered that the women sustained themselves by doing beadwork using cheap materials. She decided that she would like to do more for these women. She found a creative spirit in a freelance designer and started work in a small way introducing new designs, creating them and marketing them.

Shamim will show samples and give a talk on this ancient craft and the journey it has taken to the modern day.

**VISALAKSHI RAMASWAMY
EIRA DOSHI**

WOMAN OF THE YEAR AWARD 1998-99

IWA's presentation of its "Woman of the Year" award each February has become a highlight of the IWA calendar. We have always been proud to honour exceptional women in their chosen fields such as social work, arts, performing arts, and many others, but this year's category is a little different. This year Nimal Mirza, who has sponsored this award for many years, has chosen to honour a woman who sets an example for Indian women of the future. She has suggested selecting a woman who has followed a career in science or technology in order to highlight how women, too, can work at the cutting edge of development. In their careers, such women blaze a trail for other young women to follow. They illustrate alternatives to the traditional role of wife and mother.

This year IWA aims to demonstrate how women are more than capable of taking their place in the new technology and also how it is not necessary for them to lose their femininity in the process.

Please send your nominations with the complete bio-data of your candidate to reach us by December 10th, 1998. As in previous years, a committee consisting of Nimal Mirza and the members of the Board, will select the recipient of the Award.

GIRL CHILD OF THE YEAR AWARD 1998-99

This is the second year that this Award, instituted by Dr Prithika Chary, will be presented. Last year's award went to a young girl who had overcome significant physical disability to achieve a rich and fulfilling life. This year, Dr Chary has chosen to honour a girl between the ages of 12 and 18 who has made dramatic achievements in spite of renal problems. Please send us your nominations for this award, together with the complete bio data of the nominee, by December 10th. A committee consisting of Dr Prithika Chary and the Board will select a recipient for the award from among the nominations.

**SHYLA K. RAU
MEGAN UTLEY**

EXECUTIVE COMMITTEE

THE BOARD

1998-99

PRESIDENTS	: Shyla K. Rau	(R) 8594578
	: Megan Utley	(R) 4343348
VICE - PRESIDENTS	: Gayatri Bewoor	(R) 8264035
	: Lalini Gautamadasa	(R) 6412868
SECRETARIES	: Javanthi Prabhakaran	(R) 6411579
	: Meyyammai Murugappan	(R) 4420520
TREASURERS	: Lalitha Krishnan	(R) 4991853
	: Chandrika Chidambaram	(R) 4917609

ACTIVITY CHAIRPERSONS

ARTS AND HANDICRAFTS	: Visalakshi Ramaswamy	(R) 4939829
	: Eira Doshi	(R) 4911126
BOOK DISCUSSION	: Kamala Muthiah	(R) 6411142
	: Gale Madsen	(R) 4901613
COOKING SWAPSHOP	: Rani Chada	(R) 2344233
	: Sheela K. Sarath	(R) 4938524
CURRENT EVENTS	: Kanta Gupta	(R) 4926273
	: Anjana Das-Hasper	(R) 4320737
HEALTH AND ECOLOGY	: Sharmila Ramji	(R) 4422414/4918135
	: Bodil Frederiksen	(R) 4425434
HISTORY, CULTURE AND TOURS	: Sujaya Menon	(R) 4917464/4910044
	: Rita Nordengren	(R) 4929408
MUSIC AND PERFORMING ARTS	: Surekha Kothari	(R) 8257145/8257198
	: Regina Schroeder	(R) 4346599
PHILOSOPHY AND RELIGION	: Mridula Narasimhan	(R) 8269630
	: Henny de Groote Paauwe	(R) 4331640