



**International
Women's
Association**

AUGUST 1998

IWA NEWSLETTER

Vol. XIII No. 3
CHENNAI

AUGUST 1998

MONTH AT A GLANCE

Monday	3rd August	ARTS & HANDICRAFTS Metal Scooping	10.15am
Thursday	6th August	PHILOSOPHY & RELIGION Art of Living	10.15am
Friday	7th August	BOARD & EXECUTIVE Committee Meetings	10.00am 10.45am
Tuesday	11th August	HEALTH & ECOLOGY Talk - 'Viagra'	10.15am
Friday	14th August	CURRENT EVENTS Talk - 'Nuclear Dilemma'	10.15am
Friday	21st August	COOKING SWAPSHOP Demonstration - Pizza toppings	10.00am
Monday	24th August	MUSIC & PERFORMING ARTS An Encounter with Shashi Kapoor	5.00pm
Tuesday	25th August	BOOK DISCUSSION 'Hullabaloo in the Gauva Orchard' by Kiran Desai	10.15am
	End of August	HISTORY, CULTURE & TOURS Tour of Sri Lanka & Maldives	

PRESIDENTS' PAGE

Dear Friends,

Thank you for making Founders' Day a memorable one. It is one of our most important IWA Functions. Thank you to our dear Founder Members Lakshmi Padmanabhan, Saroja Ramamrutham, Anneliese Hazari and Sunita Shahaney for sharing your experiences with us. It is on such days that our fond memories go to Nirmal Seshadri who made it possible for us to grow from strength to strength.

Our heartfelt thanks to the pillars of strength of IWA - the Past Presidents - who came forward unanimously to put up a most lovable skit. Thank you dear Past Presidents, especially Aruna Vijayakumar and her team. Thank you too, Sujaya and her team for organising the National Dress Parade by members of the different nationalities represented in IWA. A deep, heartfelt thanks to all our Founder Members, Past Presidents, the Board and Executive and to our dear members for making this a lovely morning.

We have been receiving very positive telephone calls from members saying they are enjoying all our programmes. This has given the Activity Chairpersons a lot of encouragement to bring out excellent programmes each month. Please come and enjoy them. Please sign in for meetings with your code number and your name legibly written, so that your attendance would be correctly recorded in our Registers.

SHYLA K. RAO
MEGAN UTLEY

FROM THE VICE-PRESIDENTS

In spite of the long and oppressive summer with many of our members still on vacation, IWA meetings have been well-attended. The cooling spring showers that followed, gave us all a welcome breather - and now, as we enter the busy month of August, we move from the period of Adi to that of Avani when we celebrate Lord Krishna's birthday. Raksha Bhandan is also celebrated in August as also is Ganesh Chaturthi.

May we once again stress upon members the importance of using their code numbers as well as signing their names legibly whenever they attend an IWA meeting. This would be of immense help to the Membership Treasurer whose task of maintaining Attendance is by no means an easy one. Please contact Chandrika Chidambaram if in doubt regarding your code number.

**GAYATRI BEWOOR
LALINI GAUTAMADASA**

BOARD MEETING

Friday August 7th - 10.00 am

EXECUTIVE MEETING

Friday August 7th - 10.45 am

Both Meetings at
Sharmila Ramji's
9, Valliammai Achi Street,
Kotturpuram
Chennai - 85.

FESTIVALS AROUND THE WORLD

Singapore and Malaysia celebrate their National Days on the 9th and 31st of August respectively. The festivities associated with these all-important days mirror the multi-racial and multi-cultural characteristics of the two countries.

Representatives from the main ethnic groups-Chinese, Indian, Malay and Eurasian - take part in colourful displays depicting their varying cultures and identities. Traditional dances and fashion parades play a major role in the celebrations, drawing people in vast numbers to witness and enjoy them.

Sure crowd-pleasers are the ceremonial parades, fly-pasts and ground as well as aerial stunts performed by the armed forces.

All in all, the National Days of Singapore and Malaysia highlight the spirit of their peoples.

Thank you Gale Madsen and Kamala Muthiah for hosting the Book-Discussion meeting in June.

TIME

Where's the use of sighing?
Sorrow as you may,
Time is always flying -
Flying ! - and defying
Men to say him nay.

W.E. HENLEY

ARTS & HANDICRAFTS

Monday, 3rd August - 10.15 am

AT: Saroja Ramamrutham's
Beach Court Penthouse
47 Arundale Beach Road,
Kalakshetra Colony
Chennai - 90



METAL SCOOPING

Metal sheets of aluminium, brass, copper or even silver and gold lend themselves well to metal scooping without the aid of machines or dyes. Scooping and creating three-dimensional patterns has a striking effect. One can allow one's creativity to run wild, using one's own patterns and adapting this craft in various ways. Also different finishes will result in some very interesting compositions. With a mind to transform routine work, Saroja Ramamrutham has infused her ideas into embroidery, painting and metal work. Come, see and learn how to transform a plain sheet of metal into a thing of visual delight.

Since seating is limited to 40 members, please warm-in early to Visalakshi at 493 829 and Eira Doshi at 4911126.

Many thanks to the following three hostesses for hosting our June meeting:

Maureen Hudson Murari
Vijaya Balu
Bela Khaleeli

**VISALAKSHI RAMASWAMY
EIRA DOSHI**

IWA'S HEARTFELT CONDOLENCES TO:

SUNITA SHAHANEY on the sad demise of her father in Pune.

RANI ANANTH on the sad loss of her mother in Mumbai.

PHILOSOPHY & RELIGION

Thursday, 6th August - 10.15 am

At: Renu Jalan's
34, Kothari Road
Chennai - 31



ART OF LIVING

Taking the example of a banana, it is easy to understand that Religion is only the outer skin, Spirituality is the fruit. What is happening today is that we hang on to the skin (sometimes skid on it too) and throw out the fruit!

Arun Madhavan, Chairman, The Art of Living Foundation, India will talk to us about the urgent need to appreciate the spiritual dimension not as a concept but as a conscious reality. Before switching to full time voluntary work, he had a successful innings as a banker with a large multinational bank spanning a career of 27 years.

**MRIDULA NARASIMHAN
HENNY DE GROOTE PAAUIVE**

Happy the man and happy he alone,
He who can call today his own;
He who, secure within can say,
Tomorrow do thy worst, for
I have lived today.

HORACE
(Contributed by Lily Swami)

HEARTY CONGRATULATIONS TO:

RANI ANANTH on the happy occasion of the marriage of her son in Chennai

LALITHA ZAKARIAH who was blessed with a baby grand-daughter, Anushka.

HEALTH AND ECOLOGY

Tuesday, 11th August - 10.15 am

At: Sharmila Ramji's
9, Vallammai Achi Street
Kotturpuram
Chennai - 85



VIAGRA ! THE WONDER DRUG

Is the pill really the alternative? The much hyped impotence pill has taken the world by storm. It hit the market hardly a couple of months ago, but has already created ripples in the global pharmaceutical industry. City-based sexologist Dr. Narayana Reddy will give us his views on this so-called "panacea" for all sex related problems, which would help in dispelling some common myths concerning sexual medicines.

**SHARMILA RAMJI
BODIL FREDERIKSEN**

Our thanks to the following hostesses of the Health and Ecology Meeting held in July:

ANUPAMA PASARI

MEENA NARU

NALINI ACHARYA

REKHA RANGARAJ

SHEELA SARATH

URMILA AGARWAL

CHANDRIKA CHIDAMBARAM

CURRENT EVENTS

Friday 14th August - 10.15 a.m.

At: Lalini Gautamadasa's
'SRI LANKA HOUSE'
4/2 Dr. Alagappa Road
Off Poonamallee High Road
Chennai - 84.



The talk 'Nuclear Dilemma' originally scheduled for July will be held on this date.

**KANTA GUPTA
ANJANA DAS-HASPER**

Small kindnesses, small courtesies, small considerations, habitually practised in our social intercourse, give a greater charm to the character than the display of great talents and accomplishments.

M.A. KELLY

CHANGE OF ADDRESS

Mohini Lalchand
9, Sriramnagar South Street
Alwarpet
Chennai 600 018

Kannamma Ranga Rao
Ipshita-Parijatha-Indradanush
14, Sathyanarayana Avenue
Boat Club Road
Chennai 600 028

Sarina Nagra
8/2, Napier Lines
Palm Grove Enclave
Chennai 600 009

Meyammai Murugappan
27/E, Ranjit Road,
Kotturpuram
Chennai - 600 085

COOKING SWAPSHOP

Friday, 21st August - 10.00 a.m.

At: PIZZA CORNER
Pioneer Sudharsan Plaza
9A, Nungambakkam High Road,
Chennai - 34.



“AUTHENTIC PIZZA”

Pizza is a universal favourite. Pizza that we have come to relish is based on the version made popular by Pizza outlets in the US. It is quite different in taste from what is originally referred to as Pizza in its country of origin - ITALY.

PIZZA CORNER - A fast growing chain of Pizza restaurants in Chennai has graciously offered to give us a cooking demonstration of its delicious pizza with its range of different toppings as well as some handy tips on how to get it crunchy and just so right!

PLEASE NOTE

1. As seating is limited to 60 persons PLEASE WARN-IN. Call Rani at 2344233 and Sheela at 4938524 between 8.00 to 9.15 a.m.
2. Change in timing : The meeting will begin at 10.00 a.m. sharp and will finish by 11.30 a.m.
3. No Guests Please,

**RANI CHADA
SHEELA K. SARATH**

CONGRATULATIONS TO

MANO BAKTHAVATSALAM on her re-election as Vice-President of the Music Academy, Chennai.

LAKSHMI VISWANATHAN on her election as Vice-President of the Music Academy, Chennai

MUSIC & PERFORMING ARTS

Monday, 24th August - 5.00 P.M.

At: Welcomgroup Park Sheraton
T.T.K. Road,
Chennai - 18.



AN ENCOUNTER WITH THE CHARISMATIC KAPOOR

SHASHI KAPOOR - the heart-throb of millions - an actor par excellence as also a capable, discerning film-maker and producer of movies like "Junoon" and "Kalyug". Mr. Kapoor will speak to us about film-making and its technicalities and aesthetics, the current trends in the movie world vis-a-vis yesteryears and on his personal experience as an actor, both in Indian cinema and cinema abroad.

COFFEE WILL BE SERVED AT 5.00 p.m.

PLEASE BE SEATED BY 5.30 p.m. (SHARP).

GUESTS: DUE TO LIMITED SEATING, ONLY ONE GUEST PER MEMBER WILL BE ADMITTED AT AN EXTRA CHARGE OF Rs.50/- per head.

**SUREKHA KOTHARI
REGINA SCHROEDER**

R.S.V.P.: **COMPULSORY** between 17th & 20th of August, 8.30 a.m. to 1.00 p.m.
on 8257198 / 8257145 (Mr. Swaminathan)

CHANGE OF TELEPHONE NUMBER

Mohini Lalchand	4661847
Sarina Nagra	5312212
Shamila Ramji	4422414
Vidya Singh	4338782

BOOK DISCUSSION

Tuesday: 25th August - 10.15 am

at : Mansha Bhatia
'Kothi', 4th Floor, 46 College Road,
Chennai - 6



"HULLABALOO IN THE GUAVA ORCHARD" by Kiran Desai

The very much-talked-about new book by well-known author Anita Desai's daughter will be reviewed and discussed by our member, Sabita Shetty who is well known to all of us by her articles in the newspaper.

The book for September is '**NEWS OF A KIDNAPPING**' by Gabriel Garcia Marquez.

2 copies are available with me - Telephone Nos.8553821 / 8553861, The Madras Gymkhana Club and the Madras Club have the book in their libraries as well.

**KAMALA MUTHIAH
GALE MADSEN**

HISTORY, CULTURE & TOURS

End of August 1998

A SHORT BREAK IN SRI LANKA AND MALDIVES



We are planning a quick trip to Colombo and Maldives. Colombo is a charming city with colonial buildings, Buddhist viharas, lovely beaches and interesting shopping. Maldives is a bunch of islands in the Indian Ocean, ideal for relaxation, sports and swimming. We can go Madras - Male - Colombo - Madras (depending on the weather in Male); or just do Colombo, Kandy and a nice beach resort in 5-7 days. Details regarding airfares and accommodation on a bed and breakfast basis will be given to those interested.

Please call me before 10.30 am or after 4 pm so that we can have an idea of numbers.

Thanks!

SUJAYA MENON 491 7464
 491 0044

**SUJAYA MENON
RITA NORDENGREN**

EXECUTIVE COMMITTEE

THE BOARD

1998-99

PRESIDENTS	: Shyla K. Rau	(R) 8594578
	: Megan Utley	(R) 4343348
VICE - PRESIDENTS	: Gayatri Bewoor	(R) 8264035
	: Lalini Gautamadasa	(R) 6412868
SECRETARIES	: Javanthi Prabhakaran	(R) 6411579
	: Meyyammai Murugappan	(R) 4420520
TREASURERS	: Lalitha Krishnan	(R) 4991853
	: Chandrika Chidambaram	(R) 4917609

ACTIVITY CHAIRPERSONS

ARTS AND HANDICRAFTS	: Visalakshi Ramaswamy	(R) 4939829
	: Eira Doshi	(R) 4911126
BOOK DISCUSSION	: Kamala Muthiah	(R) 6411142
	: Gale Madsen	(R) 4901613
COOKING SWAPSHOP	: Rani Chada	(R) 2344233
	: Sheela K. Sarath	(R) 4938524
CURRENT EVENTS	: Kanta Gupta	(R) 4926273
	: Anjana Das-Hasper	(R) 4320737
HEALTH AND ECOLOGY	: Sharmila Ramji	(R) 4422414/4918135
	: Bodil Frederiksen	(R) 4425434
HISTORY, CULTURE AND TOURS	: Sujaya Menon	(R) 4917464/4910044
	: Rita Nordengren	(R) 4929408
MUSIC AND PERFORMING ARTS	: Surekha Kothari	(R) 8257145/8257198
	: Regina Schroeder	(R) 4346599
PHILOSOPHY AND RELIGION	: Mridula Narasimhan	(R) 8269630
	: Henny de Groot Paauwe	(R) 4331640