



**International
Women's
Association**

FEBRUARY 1996

NEWS

24.2.1996

TODAY

Vidya Mandir correspondent declared 'Woman of the Year'

By Our Staff Reporter

Madras, Feb. 24

It was a special occasion for the students and staff of Vidya Mandir School as their Correspondent Tara Satyanarayana received the International Women's Association's 'Woman of the Year' Award Friday.

An eminent educationist, Tara Satyanarayana has emphasised the fact that all-round education is more important than marks and ranks.

At a gala function, organised at Chola Sheraton here, Tara Satyanarayana said that she was flattered and honoured to receive the award.

She had an important message to convey to parents. She said: "Let your children be what they are. Do not rush them. Have faith that they will do their best."

A sense of excitement ran among the IWA members and they conveyed to the awardee that her speech was inspiring and thought provoking.

Earlier, Khintha Lwin, president, IWA said that, "there would not have been a more inspiring and more motivating Woman of the Year". She wanted the members of IWA to realise that they would become wonderful role models of various fields and different walks of life.

Introducing the award, Zubeida Asgarali, co-president, IWA said that in the past years, IWA has honoured many remarkable women with very special achievements. "Dr. Sharada Menon, SCARF, M.S. Subbulakshmi, Qudsia Gandhi, Sheela Rani Chankath and Sarojini Varadappan have been some of recipients of the awards.

Nirmal Seshadri, Founder president read out the citation.

Nirmal Mirza, whose branch had been the institution of the award, also spoke. Shyla K. Rau vice president, IWA proposed a vote of thanks.

Shakunthala Jagannathan presented an attractively decorated lamp with flowers to Tara Satyanarayana.

IWA NEWSLETTER

Vol X No 9
Madras

FEBRUARY 1996

MONTH AT A GLANCE

| | | | |
|-----------|-------------|---|----------|
| Tuesday | 6 February | EXECUTIVE COMMITTEE MEETING | 10-15 am |
| Friday | 9 February | HEALTH AND ECOLOGY THE NATIONAL FAMILY HEALTH SURVEY - A TALK BY SANDRA ROWLAND | 10-15 am |
| Monday | 12 February | HISTORY CULTURE AND TOURS TOUR OF CAMBODIA - VIETNAM | |
| Friday | 16 February | PHILOSOPHY AND RELIGION REDUCE STRESS THROUGH SELF MANAGEMENT - THE VEDANTIC APPROACH | 10-15 am |
| Thursday | 22 February | ARTS AND HANDICRAFTS "THE WORLD OF MANOHAR DEVADOSS" | 10-15 am |
| Friday | 23 February | WOMAN OF THE YEAR AWARD PRESENTATION AT CHOLA SHERATON | 10-15 am |
| Monday | 26 February | MUSIC AND PERFORMING ARTS KATHAK - A RHYTHM ORIENTED DANCE FORM | 10-15 am |
| Wednesday | 28 February | BOOK DISCUSSION MY SAINTED AUNTS - BULBUL SHARMA | 10-15 am |
| Thursday | 29 February | COOKING SWAPSHOP "BURMESE CUISINE" | 10-15 am |

FROM THE DESK OF THE PRESIDENTS

Dear Members,

We hope 1996 has begun well for you as it has for IWA. We started off right on New Year's Day with an unscheduled meeting to meet and listen to a most inspiring talk by Ms. Kiran Bedi. The response to the telephone tree was heartening, many returning a second time when it had to be postponed. Thank you ladies.

This seems a good time to assess IWA's credits and debits — other than financial which is well handled by our capable Treasurers. Self-knowledge will enable us to make any necessary adjustments and / or improvements during the last quarter of the 1995-96 organisation year.

Over the past months the Executive Committee, in particular, the Vice Presidents, have been requesting your suggestions and comments. A few members, some of long standing and some comparatively new, have come forward with valuable comments: positive and negative. On the positive side, they have expressed appreciation of the high quality of the monthly meetings, that the Activity Chairpersons are continually striving to present, popular historical and current programmes, foremost artistes and speakers, movies, etc. However, there is also criticism of the lack of consideration shown at a few meetings to guest artistes and speakers, that the audience has been either inattentive and chatty or aggressively questioning. The suggestion is that IWA should endeavour to improve the quality of membership participation and that each of us should work on self-improvement.

May we also remind you that tickets for a programme once purchased should not be returned at the last moment at the door. Very few IWA activities require the sale of tickets just to cover expenses and returning tickets late simply makes accounting difficult.

Thank you for your understanding

**ZUBEIDA ASGARALI
KHINTHIDA LWIN**

EXECUTIVE COMMITTEE MEETING

Tuesday, 6 February 1996 - 10-15 am

At : Khinthida Lwin's (Dawn)
10-A, Boat Club Road
Madras - 600 028



FROM THE VICE PRESIDENTS

We thank you all for answering to our requests to host or co-host programmes. Its heartening to note that very new members have offered their homes. We wish more members would come forward. The standard requirement for these meetings are just coffee / Tea & Biscuits. We would like to emphasise more on fellowship.

This is an important Newsletter where in your Nomination Form for the Office Bearers for 1996-1997 have been enclosed. We would like to repeat, once again, that in case you don't receive your copy of the Newsletter by the first week of the month, please do call Sujaya Menon.

**SHYLA K RAU
TERESA KING**

**CONGRATULATIONS TO
RANI ANANTH'S DAUGHTER ARUNA WHO HAS JUST GOT ENGAGED TO THE
WORLD RENOUNED CHESS CELEBRATY VISWANATH ANAND**

**AT THE RECENTLY HELD MISS INDIA CONTEST CONDUCTED BY FEMINA, OUR
MEMBER REHANE YAVAR DHALA WON THE BEST DESIGNER AWARD.**

FAITH HAS TWO PARTS.
ONE IS PATIENCE AND THE OTHER IS GRATITUDE.

THE FRIENDSHIP OF THOSE
WE SERVE IS THE FOUNDATION OF OUR PROGRESS

FROM THE TREASURERS

The Audited accounts will be ready in April - in time for the Annual General Meeting. Meantime, here is our last report for this year.

As on December, 31, 1995

INCOME

| | | |
|--|---|---------|
| Subscriptions received after October 31, 1995 (from 2 new non-Indian members) | : | 1100.00 |
| Guest charges collected | : | 90.00 |
| Sale of 25 Telephone directories @ Rs 40/- each | : | 1000.00 |

EXPENDITURE

| | | |
|---|---|----------|
| Christmas celebration | : | 5814.70 |
| Bill received from Printers (for the period June 1995 - December 1995) | : | 21825.00 |
| Money advanced to Music & Performing Arts | : | 1000.00 |

CHRISTMAS CELEBRATION - DETAILS

INCOME

| | | |
|---------------------------------|---|---------|
| Collection from Sale of Tickets | : | 9500.00 |
|---------------------------------|---|---------|

EXPENDITURE

| | | |
|---|---|-----------------|
| Sindoori Bill | : | 10250.00 |
| Expenses incurred towards gifts / decorations / hiring of chairs, mikes etc. / tips to staff | : | 5064.70 |
| | | <u>15314.70</u> |

| | | |
|---|---|---------|
| Excess of Expenditure over Income (Rs 15314.70 - Rs 9500.00) | : | 5814.70 |
|---|---|---------|

RUPA KADHIRESAN
In-charge of FINANCE

It is regreted that many members are lacking in the number of required attendance at meetings for the year 1995-96 as of December 31, 1995. So dear members, please put on your running shoes to make up your attendance in the few remaining months.

Looking forward to seeing you at ALMOST every future meeting.

ANGELIKA MANDAIKAR
In-charge of MEMBERSHIP



**International
Women's
Association**

Dear Members,

This is to inform you that the Executive Committee has appointed the Nominating Committee for this year. The members of the Committee are :

| | | |
|----------------------|---|-------------|
| LILY MADHOK | - | Chairperson |
| MALATHI RAMACHANDRAN | - | Indian |
| KUSUM CHADA | - | Indian |
| JANET DE PENNING | - | Non-Indian |
| SANDRA ROWLAND | - | Non-Indian |

This Committee's task of going through the nominations sent in by the members and preparing a suitable slate of office-bearers to form the new Executive Board is especially demanding as 1996-97 happens to be the TENTH YEAR since IWA was founded. As such IWA needs a super-dynamic Board wholly committed to the continuing success and development of our organisation: in bringing the first decade to a glorious close and in making an excellent start to the second.

To achieve this, the nominating process begins with the membership. While it is our proud privilege to belong to IWA, it is also our bounden duty to help the Nominating Committee in getting the right people at the helm for this crucial year. It is imperative that the 1996-97 Board Members, in particular the Indian counterparts, should be in residence in Madras throughout the year to ensure a smooth-running programme of activities.

In this spirit, all members are strongly requested to fill in the form attached at the end of the February Newsletter and send it to Lily Madhok (Chairperson, Nominating Committee) before **1st March 1996**. Forms received after that date will not be considered. Your prompt response in submitting your nominees will show the measure of your interest in IWA.

Some guidelines are suggested :

- a) **Please obtain prior consent from whomsoever you wish to nominate.**
- b) **Those who have served on earlier committees as Activity Chairpersons will be preferred merely because of their experience.**
- c) **The nominees for the Co-Presidents should previously have served on the Executive Board.**
(b) and (c) are relaxable in the case of Non-Indians.

Your full cooperation and support as responsible IWA members will be duly noted and appreciated.

**ZUBEIDA ASGARALI
KHINTHIDA LWIN**

NOMINATING COMMITTEE

This is to inform you that the Executive Committee has appointed the Nominating Committee for this year. The members of the Committee are :

| | | |
|----------------------|---|-------------|
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| MALATHI RAMACHANDRAN | - | Indian |
| KUSUM CHADA | - | Indian |
| JANET DE PENNING | - | Non-Indian |
| SANDRA ROWLAND | - | Non-Indian |

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**ZUBEIDA ASGARALI
KHINTHIDA LWIN**

PLEASE READ THE NEWSLETTER CAREFULLY AND GET STARTED RIGHTAWAY TO FILL IN THE NOMINATION FORMS AND SEND THEM BEFORE 1ST MARCH 1996.

HEALTH AND ECOLOGY

Friday, 9 February 1996 - 10-15 am

At : The US Consulate
Seminar Room
Cathedral Road



THE NATIONAL FAMILY HEALTH SURVEY OF EVER-MARRIED WOMEN AGE 13-49 IN INDIA :

The NFHS covered the population of 24 states in India and the National Capital territory of Delhi to provide a source of demographic and health data for Inter-State comparisons. The primary objectives of the NFHS was to provide National level and State level data on fertility, nuptiality, the potential demand for contraception, child nutrition and health.

Sandra Rowland who has edited all of the reports from the survey, will describe some of the key findings with emphasis on Tamil Nadu.

**BELA KHALEELI
PADMA ASHOK**

The OVERSEAS WOMEN'S CLUB cordially invites the members of the INTERNATIONAL WOMEN'S ASSOCIATION to the Annual Garden Tea to be held at the Madras Club on Wednesday, February 14 at 3-30 pm Valentine's Day will be celebrated with the "Red and White" theme. Tickets at Rs 100 per person will be available from the following Committee Members :

| | |
|-----------------------|-------------|
| Aruna Vijayakumar | Tel 8271284 |
| Chandrika Chidambaram | Tel 4917609 |
| Helga Hombach | Tel 4938874 |
| Ann Potterton | Tel 453224 |

The recently published third edition of the OWC Handbook - AT HOME IN MADRAS will be on sale at the Tea. It can also be obtained from Committee Members at Rs 200 per copy.

PHILOSOPHY AND RELIGION

ATTENTION: CHANGE OF PROGRAMME

Dear Member,

Due to unforeseen circumstances, Swami A.Parthasarthy to be unable to be with us in Madras on Friday the 16th February, 1996. Hence our programme on STRESS MANAGEMENT stands cancelled.

However, we are fortunate to have another very interesting speaker that same morning. Dr.David M.Centa, visiting Professor of Psychology from Columbus College GEORGIA U.S.A. Professor Centa has done a deep study on Behaviorism and Behavior Modifications, and he will be happy to share his views with us on "WHY MENTAL ILLNESS IS NOT A DISEASE OF THE MIND". He believes that "MIND" is hypothetical and "BEHAVIOR" is caused by the environment.

A subject very much a concern of todays world Professor Centa is very keen on a group discussion following his talk - We do look forward to your involvement & participation.

The_VENUE, Date and time will remain the same : i.e.

FRIDAY 16th FEBRUARY , 1996 - 10.15 A.M.

At : INDIRA DUTTS'
No.2 P.V.CHERIAN CRESCENT
(Take lane next to ETHIRAJ COLLEGE ENTRANCE)
Madras 600 105.

ALAGU MUTHU
IRENE PRULLER DASS.

PHILOSOPHY AND RELIGION

Friday, 16 February 1996 - 10-15 am

At : Indira Dutt's
2 P V Cherian Crescent
(Take Lane next to Ethiraj College entrance)
Madras - 600 105



"REDUCE STRESS THROUGH SELF MANAGEMENT" - THE VEDANTIC APPROACH

'STRESS' is perhaps one of the most major concerns of people in today's world. Almost all diseases, health, mental and emotional problems are stress related. Hence the removal of stress is vital for one's well being.

Swami A Parthasarathy - Founder of the VEDANTA LIFE INSTITUTE will share with us his very clear, systematic and logical approach to eliminating this very acute and all prevalent problem.

Spiritual Guide to thousands of people - he is a teacher "Par Excellence" and a pioneer of "PRACTICAL VEDANTA". An eloquent, motivating and thought provoking speaker, he has captivated audience around the globe. A prolific writer, his books are powerful exponents of Vedanta - As a way of Life.

A promising morning, we invite you, your husbands and your friends to avail of this wonderful opportunity.

**ALAGU MUTHU
IRENE PRULLER DASS**

CONDOLENCE

We wish to place on record the sad demise of Rosa Maria Sridharan. She served on the Executive Committee as the Activity Chairperson of Book Discussion in the year 1994-95.

Fear no more the heat of the sun
Nor the furious winters rages
Thou Thy worldly task has done
Home art gone and taken Thy wages.

- SHAKESPEARE

ARTS AND HANDICRAFTS

Thursday, 22 February 1996 - 10-15 am

At : Mahema Devadoss and Manohar Devadoss
1 Kangyarpuram
Papanasam Sivan Salai
Santhome, Madras - 600 004



THE WORLD OF MANOHAR DEVADOSS

Mr. Manohar Devadoss may be a familiar name to IWA members as are his pen and ink drawings of the historic buildings of Madras. Mr. Devadoss has been drawing and painting since he can remember and continues to do so despite his rapidly failing eyesight. We have scheduled a rare meeting at the artist home for a private view of his art and an opportunity to learn about the artist's inspirations and his brave personal struggle with his gradual loss of eyesight.

**NANDITA CHAUDHURI
SANGEETA THAPA**

HISTORY, CULTURE AND TOURS

12 to 18 February 1996

Tour of Cambodia and Vietnam visiting Pnom Penh, Angkor Wat, Angkor Thom and Ho Chi Minh (Saigon).

**SHAKUNTHALA JAGANNATHAN
POONAM LALCHAND**

MUSIC AND PERFORMING ARTS

Monday, 26 February 1996 - 10-15 am

At : The Mini Hall
Music Academy
155-E TTK Road
Madras - 600 018



KATHAK - A Rhythm oriented dance form

PRASHANT SHAH, an accomplished Kathak artiste is a disciple of Kumudini Lakhia renowned Kathak guru of Kadamb, Ahmedabad. Prashant has travelled and performed extensively abroad and in India. His style comprises of virtuosity and aesthetic sense.

Prevalent as the classical dance form of North India, Kathak has a long history which has been traced back over 2,000 years. Its development into the form known today has been a gradual process, cultivated through a rich mixture of Hindu and Islamic influences. Nurtured in the holy precincts of the Hindu temple Kathak has attained refinement and enriched itself with various hues and embellishments.

Kathak means story teller, and it developed as a dance form in which a solo dancer tells and interprets stories from mythology. In *nritya*, one type of expressional item is called *gats*, danced by delicate glances of the eye and by using the art of mime. Themes from life are taken. Also, in items which have accompanying lyrics, expressions are shown evoking the *rasa* or emotion which is inspired in the audience.

The themes of Krishna, Radha, Shiva, Parvati and mythological characters find prominent place in the Kathak dancer's repertoire. Nowadays, experiments are being carried out with group choreography exploring the dance form. Both men and women perform Kathak which is also used to present dance dramas of historical tales and contemporary events.

All are welcome for this scintillating performance.

NIRMAL SESHADRI
LALINI GAUTAMADASA

BOOK DISCUSSION

Wednesday, 28 February 1996 - 10-15 am

At : Vijaya Balasubramaniam's
13 Sullivan Street
Santhome
Madras - 600 004



MY SAINTED AUNTS - BULBUL SHARMA

Anyone who has had even a passing brush with the Bengali family set-up will recognise, amongst Ms. Sharma's canonized gallery, a familiar personality! There are eight faces in this album, each with a different focus, all very funny and very sad in a way. A lovely little book - a must for Calcutta lovers.

Nandita Chaudhuri will lead the discussion.

P.S. One of our books is still missing - one copy of 'A Silver Pilgrimage'. If you have a copy of 'Out of Africa', please make sure that it is returned as early as possible. Ladies, the year is more than half-way through. Before we know it, the moment for reconciliation and closing of accounts will be upon us. Please help us do it without going grey!

**SUSHILA NATARAJ
SEEMA SAIT**

THANK YOU FOR THE CHRISTMAS TOYS - FROM

1. CHESHIRE HOMES INDIA, MADRAS
2. AVVAI HOME, MADRAS
3. KALAISELVI KARUNALAYA SOCIAL WELFARE SOCIETY, MADRAS

THANK YOU FROM -

THE OVERSEAS WOMEN'S CLUB OF MADRAS FOR THE SPLENDID CHRISTMAS PARTY

COOKING SWAPSHOP

Thursday, 29 February 1996 - 10-15 am

At : Shamim Padamsee's
5 North Leith Castle Road
Santhome, Madras



BURMESE CUISINE

The popular dish ONNOS-KSHAUKSWE - coconut noodle will be demonstrated in its original non-vegetarian version with chicken as well as vegetarian version by our President Khinthida Lwin and our member Malek Begum Lalji, former resident of Burma.

These luncheon specials will be accompanied by 2 typically Burmese desserts.

No guests please.

**LALITHA KRISHNAN
HELGA HOMBACH**

THIS MEETING IS JOINTLY HOSTED BY - MALEK BEGUM LALJI, SHAMEEM PADAMSEE, JATINDER BAHL, RANI CHADA, KHINTHIDA LWIN

Thank You

Padmini Natarajan and Chandrika Chidambaram thank the following members for being a gracious group of hostesses for the Kiran Bedi Meeting.

Beena Ram Mohan
Dolly Simon
Shakunthala Jagannathan
Malathi Ramachandran
Koshu Lalchand
Kantha Gupta
Anupama Pasari

Leela Diraviam
Usha Chandrakumar
Bhimla Bhatla
Susan Abraham
Leelamani John
Seema Bhargav
Nalini Acharya

We would also like to thank Sujaya Menon for co-ordinating the meeting.

EXECUTIVE COMMITTEE

THE BOARD

| | | | |
|-----------------|---|---------------------------------------|----------------------------|
| Presidents | : | Zubeida Asgarali Khinthida Lwin | 8271614 4347961 |
| Vice Presidents | : | Shyla K Rau Teresa Mary King | 8276893 4341066 |
| Secretaries | : | Sujaya Menon Ellen Sorensen | 4917464/4910044 4919291 |
| Treasurers | : | Rupa Kadhiresan Angelika Mandaikar | 4992847 611265 |

ACTIVITY CHAIRPERSONS

| | | | |
|--------------------------|---|--|----------------------------|
| Arts & Handicrafts | : | Nandita Chaudhuri Sangeetha Thapa | 452720/4347871 4913078 |
| Book Discussion | : | Sushila Nataraj Seema Sait | 4911015 8261018 |
| Current Events & Careers | : | Padmini Natarajan Chandrika Chidambaram | 8282305 4917609 |
| Cooking Swapshop | : | Lalitha Krishnan Helga Hombach | 4991853/4992341 4938874 |
| Health & Ecology | : | Bela Khaleeli Padma Ashok | 418653 8276591 |
| History, Culture & Tours | : | Shakunthala Jagannathan Poonam Lalchand | 459199 8272947 |
| Music & Performing Arts | : | Nirmal Seshadri Lalini Gautamadasa | 4913820 6412868 |
| Philosophy & Religion | : | Alagu Muthu Irene Pruller Dass | 4937050 4990865 |



**International
Women's
Association**

WOMAN OF THE YEAR AWARD

TARA SATHYANARAYANA, well known for her deep commitment and involvement in the field of Education has been chosen as the **"WOMAN OF THE YEAR"**. She will receive the award instituted by Nirmal Mirza at Hotel Chola Sheraton, No. 10, Cathedral Road, Madras-600 086 on Friday, 23rd February, 1996 at 10-15 a.m.

No guests please.



**International
Women's
Association**

WOMAN OF THE YEAR AWARD 1995

PROGRAMME

- 10.15 a.m. Registration and Fellowship
- 10.30 a.m. Receiving the Chief Guest Mrs. Tara Sathyanarayana at the Lobby and escorting her to the Hall
- 10.40 a.m. Lighting of the Lamp by the Chief Guest
- 10.45 a.m. Invocation by Shubhashri Ramachandran
- 10.50 a.m. Welcome Address by the President - Khinlhida Lwin
- 11.00 a.m. Introduction of the Award
by the President - Zubeida Asgarali
- 11.05 a.m. Presentation of the Lamp with flowers to Mrs. Tara Sathyanarayana by Shakunthala Jagannathan
- 11.10 a.m. Reading of Citation by Founder President - Nirmal Seshadri
- 11.15 a.m. Presentation of Award and Citation by Past President Nirmal Mirza to Mrs. Tara Sathyanarayana and Remarks by Nirmal Mirza
- 11.20 a.m. Address by the Awardee - Mrs. Tara Sathyanarayana to IWA Members
- 11.40 a.m. Vote of Thanks by the Vice-President - Shyla K. Rau



**International
Women's
Association**

THE AWARD

I WOULD LIKE TO TELL YOU SOMETHING ABOUT THE 'WOMAN OF THE YEAR' AWARD. IN MARCH 1988, WHEN IWA WAS IN ITS SECOND YEAR, THE TWO FOUNDER PRESIDENTS NIRMAL SESHADRI AND NANCY DEAN AND THEIR BOARD PRESENTED IWA'S FIRST ANNUAL EVENT - A COSTUME SHOW BASED ON THE JEWELS AND TEXTILES OF INDIA. EVERY PARTICIPANT, BOTH ON THE STAGE AND BEHIND THE SCENE, WAS AN IWA MEMBER AND THE SHOW WAS AN OUTSTANDING SUCCESS. IT WAS THEN THAT ONE OF THE PAST PRESIDENTS, NIRMAL MIRZA, CONCEIVED THIS MOST BRILLIANT IDEA THAT AT EVERY ANNUAL EVENT IWA SHOULD GIVE A 'WOMAN OF THE YEAR' AWARD TO AN OUTSTANDING WOMAN IN TAMIL NADU - CHOSEN FROM VARIED FIELDS. NIRMAL MIRZA ALSO SAID THAT HER COMPANY, WOOLTOP WEAVES, WOULD SPONSOR THE AWARD.

ALTHOUGH IN THE EARLY YEARS IWA HELD THIS EVENT ONLY ON ALTERNATE YEARS, WITH EACH SUCCESSIVE YEAR, IWA GREW IN STRENGTH. TODAY NIRMAL MIRZA'S BRAINCHILD HAS BECOME AN ANNUAL EVENT HELD SEPARATELY. THE CHIEF SPONSOR IS NIRMAL MIRZA AND HER COMPANY, WOOLTOP WEAVES, BUT IWA HAS HAD THE PRIVILEGE TO PRESENT IT EVERY YEAR.

IN THE PAST YEARS, IWA HAS HONOURED MANY REMARKABLE WOMEN WITH VERY SPECIAL ACHIEVEMENTS. THE FIRST WOMAN OF THE YEAR AWARD IN 1988 WAS GIVEN TO SHANTHI RANGANATHAN FOR HER SPLENDID REHABILITATION WORK FOR ALCOHOLICS AND DRUG ADDICTS.

IN 1990, UMA KARTHIK NARAYAN WAS AWARDED FOR HER MERITORIOUS WORK IN S.O.S. VILLAGE AND IN THE FIELD OF ADOPTION OF FOUNDLINGS. IN 1991, DR. SHARADA MENON WAS THE RECIPIENT FOR HER DEEP INVOLVEMENT WITH SCARF AND THE MENTALLY RETARDED. IN 1992, M.S. SUBBULAKSHMI WAS GIVEN THIS AWARD FOR HER SERVICE TO HUMANITY THROUGH HER VOICE. IN 1993, TWO YOUNG I.A.S. OFFICERS - QUDDIA GANDHI AND SHEELA RANI CHUNKATH SHARED THE AWARD FOR THEIR 100% ADULT LITERACY PROGRAMMES WHICH THEY ACCOMPLISHED IN THEIR RESPECTIVE DISTRICTS. IN 1994, SAROJINI VARADAPPAN WAS HONOURED FOR BETTERING THE LOT OF THE LESSER PRIVILEGED WOMEN. IN 1995, IT WAS AWARDED TO GITA RAM FOR HER SERVICE TO THE WORLD OF ARTS & CRAFTS.

WITH HER SPLENDID GIFTS OF HEAD AND HEART, TARA SATHYANARAYANA IS A WONDERFUL TEACHER IN MANY WAYS. THE NUMEROUS STUDENTS WHO HAVE PASSED THROUGH HER HANDS SPEAK OF HER WITH AFFECTION & ESTEEM. SHE KNEW HOW TO HELP AND INSPIRE ALL THOSE WHO CAME IN TOUCH WITH HER. TO KNOW HER AND UNDERSTAND HER DEDICATION IS TO SHARE ONE OF LIFE'S JOYS.

WE IN IWA HAVE GREAT PLEASURE IN PRESENTING THE 1996 WOMAN OF THE YEAR AWARD TO TARA SATHYANARAYANA.



**International
Women's
Association**

The International Women's Association is a cultural organization for women of all nationalities residing in Madras. The aim of IWA is to promote greater understanding among people of multicultural backgrounds. The association provides its members with opportunities to exchange ideas and work together on cultural projects which benefit society. To broaden their outlook and expand their awareness, IWA holds lectures, demonstrations, seminars and workshops every month in several activities such as Current Events, Performing Arts, Philosophy and Religion, History, Culture and Tours, etc.

Currently IWA has 250 Members from 21 countries and 8 different Activity Groups.

WOMAN OF THE YEAR AWARD

The International Women's Association through the Woman of the Year Award honours women who are outstanding in their special field of service to humanity. Mrs. Shanthi Ranganathan, Mrs. Uma Kartik Narayanan, Dr. Sharada Menon, Mrs. M.S. Subbulakshmi, Mrs. Qudsiya Gandhi, Mrs. Sheela Rani Chunkath, Mrs. Sarojini Varadappan and Mrs. Gita Ram have been the recipients of this Award in the past.

IWA's Past-President, Nirmal Mirza, instituted the Award and will sponsor it this year also through her handloom export firm Wooltop Weaves.

This year, the Category chosen is the field of Education in India. Our members voted for Mrs. Tara Sathyanarayana, well known for her deep commitment and involvement in this field.

Tara Sathyanarayana has been an eminent educationist of Madras for the past several years. She joined Vidya Mandir as a teacher in 1956, became its Principal in 1964 and retired in 1988, when she became the Correspondent of Vidya Mandir, Mylapore and Vidya Mandir, Adyar, which she started. Today, she is the Correspondent of Vidya Mandir, Adyar. Her life has been dedicated to education.

Apart from her own career as an academician and Principal, what distinguishes and makes her a great educationist is the fact that she has emphasised the importance of an all-round education as being more important than marks and ranks.

She believes in training the child to cope with the outside world and has encouraged children to take up responsibilities so that they may become confident members of society. Her guiding motto is that the child is the most important person and the school programme must encourage him/her.

She has worked to make the school a social institution where children can be happy, so that they can grow up with happy memories of their childhood and become confident adults.

Children who have had problems in learning, in their psychological make-up and in other areas were cared for by Mrs. Tara Sathyanarayana who has made it possible for those children to complete school, graduate and do well in life.

She has emphasised the fact that education is more than just three "R"s or degrees. Over the last 30 years she has brought up a generation of HEALTHY MINDS AND BODIES.