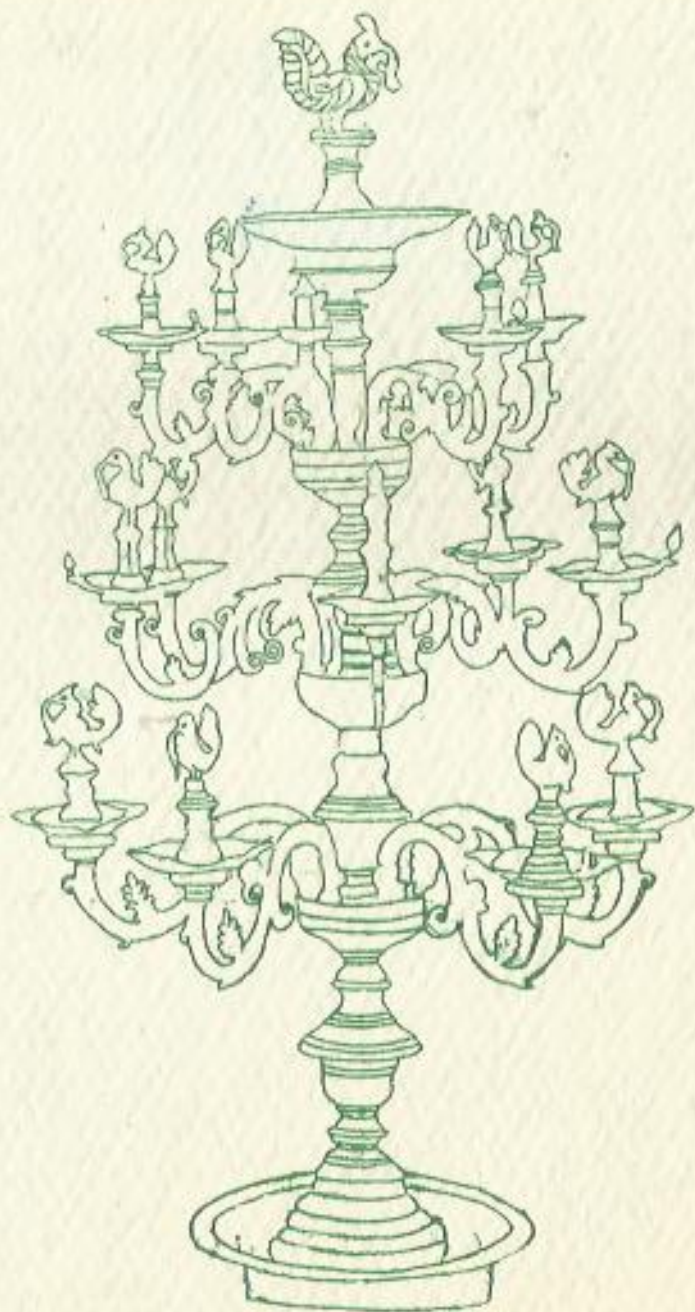




International
Women's
Association

NOVEMBER 1994



May the Festival of Deepavali
fill your homes with joy

IWA NEWS LETTER

Vol. IX No. : 6
Madras

NOVEMBER 1994

MONTH AT A GLANCE

Monday, 7th November	CURRENT EVENTS Mr. R. K. Raghavan, IPS, Director General of Police (Vigilance and Corruption), shares his thoughts on how to handle crimes against women	10-15 a.m.
Tuesday, 8th November	COOKING SWAPSHOP Italian Cooking – Chef Nabhojit Ghosh of Hotel Trident demonstrates	10-00 a.m.
Thursday, 10th November	EXECUTIVE COMMITTEE MEETING	10-15 a.m.
Monday, 14th November	MUSIC AND PERFORMING ARTS Film, The 'The Story of the Symphony' Andre Previn on Haydn and Mozart	10-15 a.m.
Thursday, 17th November	ARTS AND HANDICRAFTS How to Paint ? Mr. Rajkumar will tell you how to begin painting	10-15 a.m.
Tuesday, 22nd November	HEALTH AND ECOLOGY Mr. O. T. Ravindran's talk on the 'Herbs Around Us'	10-15 a.m.
Wednesday, 23rd November	COOKING SWAPSHOP Renowned Thangam E. Philip enlightens us on 'The Fads and Fallacies of Nutrition'	10-15 a.m.
Saturday, 26th November	MUSIC AND PERFORMING ARTS 'The Inner Space' – a thought provoking play presented by The Madras Players	10-15 a.m.
Tuesday, 29th November	BOOK DISCUSSION Fascinating Facets of Rabindranath Tagore – Poetry Reading, Dance, Drama and a Video Presentation	10-00 a.m.

FROM THE PRESIDENTS

Dear Members,

In November in Madras we look forward to the Festival of Lights and our American friends also look forward to Thanksgiving.

As for the weather in Madras we can perhaps hope for some rain, and then some cooler weather.

In IWA our Chairpersons are sweating it out to give us more exciting programmes.

"The Inner Space" will once again be enacted, this time for IWA members, and you will have the chance to see Barbara Cortez-Greig in her acclaimed role as Gabriela, a political refugee.

The Book Discussion Group is having the pleasure of exploring the thoughts of Rabindranath Tagore, brought to us through verse, prose, and song.

To those of our members, who, for some unknown reasons, have not yet found time to attend our meetings: Now is the time to think about your Membership, and perhaps release it, so that the Organization can accommodate others who are 'clamouring' in the wings.

To all our members who helped with our October programmes a big 'thank-you'. We hope that the International Dance programme will give a good start to your Diwali and New Year.

LILY MADHOK
MARGARET SEKHRAN

EXECUTIVE COMMITTEE MEETING


Thursday, 10th November, 1994 — 10-15 a.m.

At : Vijaya Rangarajan's
2, Bazulla Road
T. Nagar
Madras-600 017



Activity Chairpersons must hand in their blurbs at this meeting to ensure early issue of December news letter.

CHANGES IN ADDRESS AND TELEPHONE NUMBERS



CHRISTINA ENGVALL
Chalmersgatan 5
41135 Gothenburg
Sweden

PURNIMA DHAWAN
C/o. Mr. Sarabjit Dhawan
Area Manager, Hotel Rajputana Palace Sheraton
Atalbagh Station Road
Jaipur-302 006
Phone : 36001

SHOBANA THOMAS
Apt. 2B, 'Krsnika'
1, Avenue Road
Nungambakkam
Madras-600 034

Nanditha Krishna	—	(O) 4341778 (O) 4346526
Jayashree Prabhakar	—	4342147
Meena Rawley	—	4910574

Ranjini Manian and Joanne Grady Huskey thank Mrs. Kalpagam Srinivasamurthy, (Lalitha Krishnan's sambandi) for opening up her house to IWA and OWC members to enjoy her grand Kolu display of dolls.

This year's pantomime by Issy Sanderson is a bright and zany production of 'Cinderella'. There will be three shows on 14th, 15th and 16th December at 6-30 p.m. at the Museum Theatre. Block bookings for IWA and OWC members will be available for **Wednesday, 14th December** at reduced rates of Rs. 50/- (adults) and Rs. 20/- (children). Special seats for donors are Rs. 100/-. Call Zubeida 8271614 for tickets.

CURRENT EVENTS

Monday, 7th November, 1994 — 10-15 a.m.

At : Meenakshi Meyyappan's
'Sabrina'
106, Santhome High Road
Madras-600 028



'HEINOUS CRIMES AGAINST WOMEN : HOW DO WE TACKLE THIS GRIM SITUATION' ?

✓ Mr. R. K. Raghavan, IPS, Director General of Police (Vigilance and Corruption), who handles this subject for us, has been in the Police Service for 30 years. He has dealt with various aspects of crime. He shares his thoughts with us on the increasing number of dastardly criminal acts against women and the ways to control them.

He has a Masters from Temple University, Philadelphia, USA and is currently doing his Ph.D. in Comparative Police Strategy in the United States and India.

SUJAYA MENON

The Overseas Women's Club of Madras is holding a Jumble/Garage Sale at the Guild of Service Hall, Egmore on Saturday, 26th November 1994 from 1-00 p.m. to 6-00 p.m.

Charitable Organizations are welcome to take a Stall at this Sale.

The OWC is looking for clean and usable clothing, especially old saris, toys and artifacts. These items can be left with Mrs. Sonia Carter, at 4, Turnbolls Road, Madras, or at 'Alison Exports', 46, College Road, Madras.

Further information can be obtained from Aruna Vijaykumar (8272732) or Chandrika Chidambaram (417609).

COOKING SWAPSHOP

Tuesday, 8th November, 1994 — 10-00 a.m.

At : The Trident Hotel
1/24, G. S. T. Road
Madras-600 027



ITALIAN FOOD

Its popularity speaks for itself. Italian dishes such as minestrone soup, macaroni cheese, cannelloni, ravioli, risotto, spaghetti, the ubiquitous pizza, and to crown it all, Neapolitan ice, have all found their way into menus the world over. With the liberal use of tomatoes, capsicum and spices such as oregano, Italian recipes have gained aficionados even among hard-to-please palates.

Mr. Nabhojit Ghosh, chef at the Trident Hotel, is famous for his expertise in Italian cuisine. He will show some vegetarian and non-vegetarian dishes which are going to be a surprise! So whet your appetite and be there to savour the experience. Oh! La Dolce Vita!

USHA BAIL
IRENE PRULLER DASS

Our thanks to the following hostesses for this meeting.

Jatinder Bahl	Rita Lal
Janik Bakshi	Koshu Lalchand
Kashmira Daruwala	Poonam Lalchand
Irene Dass	Aseel Mathur
Gita Jain	Beena Rammohan

Congratulations to :

Anneliese Hazari on the birth of her grandson, and
Valerie Faheem, on the birth of her grand-daughter.

MUSIC AND PERFORMING ARTS

Monday, 14th November, 1994 — 10-15 a.m.

At : Russian Cultural Centre
27, Kasturi Ranga Road
Madras-600 018



THE STORY OF THE SYMPHONY : ANDRE PREVIN ON HAYDN AND MOZART

The symphonies of Haydn and Mozart represent a landmark in the history of Western music. Living at a time when the composer was fast making the transition from being a servant in a grand household to being an individual with a personal and committed voice, Haydn and Mozart laid firm foundations for a rich form of musical expression in that strange phenomenon called the 'Symphony'. They wrote over one hundred and fifty symphonies between them and their influence has had a lasting effect on later symphonic forms and styles and on the development of the symphony orchestra.

In this film — ANDRE PREVIN conducts the Royal Philharmonic Orchestra in some of the most popular works from the concert repertoire of Haydn and Mozart. Andre Previn will introduce the programme and discuss the piece to be performed and the lives of Haydn and Mozart, who created these masterpieces, by giving illustrations of aspects of their music with a variety of Orchestral excerpts.

Viewing time — 90 minutes. Film will start at 10-30 a.m. sharp.

As refreshments are strictly prohibited inside the hall, coffee will not be served.

**NIRMAL SESHADRI
ISSY SANDERSON**

Nirmal Seshadri and Issy Sanderson thank Mr. Rafiq Sait of Raymonds, Nungambakkam High Road, for the tailoring of the old-world blazers worn by the artistes in the performance of 'The Importance of Being Earnest' held at the Madras Club in October.

ARTS AND HANDICRAFTS

Thursday, 17th November, 1994 — 10-15 a.m.

At : C. P. Art Centre
1 Eldams Road
Madras-600 018



LET'S PAINT

Have you ever wanted to put a brush to paper, canvas or cloth and express yourself through painting? Here's your chance to get started!

Rajkumar D. an art teacher and artist who was Chairman of the Art Department at Kodaikanal International School (1976-93) will give us a short lecture on how to begin painting. He will discuss the basic supplies needed to get started, the elements of colour and composition, and demonstrate how to create without fear.

Mr. Rajkumar has travelled widely and exhibited his works in India, Australia, and the United States. Exhibits of his work have been sponsored by the Max Mueller Bhavan, Alliance Francaise, Russian Cultural Centre, and the United States Information Service. An exhibit of some of his work on canvas and batik will be displayed for your enjoyment.

**SHAKUNTHALA JAGANNATHAN
SANDRA ROWLAND**

TELEPHONE NUMBER CHANGES

Recently, several telephone numbers have changed. Yet, barring a few exceptions, many have not given us their new numbers. Consequently, many are incommunicado to us and the telephone tree is also obsolete. Please do call Lakshmi (8264334) any day between 8 and 9 a.m. to give your new number. Your co-operation will be appreciated.

HEALTH AND ECOLOGY

Tuesday, 22nd November, 1994 — 10-15 a.m.

At : The Arcot Greenways Hall
Park Sheraton Hotel
132, T. T. K. Road
Madras-600 018



HERBS AROUND US

Use of herbs has its roots in some forgotten past. Herbs to cure ills ranging from a simple sore throat to jaundice ; herbs as beauty aids — we have found countless uses for them. It is only now the rest of the world has woken up to this age old practice of ours. To-day, especially in medicine and cosmetics, herbal products are the most talked about. Experiments are on to preserve and capsule herbs like Vallarai (for memory), Keelanalli (for jaundice).

We do not have to go into forests or deep and dangerous jungles to find these herbs. They are all around us. Even the weeds in our gardens have their uses. Mr. O. T. RAVINDRAN, internationally well-known horticulturist who, in his own words, prefers to live among plants rather than human beings, will talk to us about the herbs around us which are of medicinal value.

**RUPA KADHIRESAN
VIJAYA RANGARAJAN**

Our thanks to :

Pattu Bhargava	Brahada Kameshwaran	Anitha Reddy
Bilquis Chida	Sundari Mani	Vasanthi Sankaranarayanan
Dhun Dalal	Asha Mohan	Naina Shah
Zainab Kachwalla	Malathi Ramachandran	Dolly Simon

for hosting this meeting.

COOKING SWAPSHOP

Wednesday, 23rd November, 1994 — 10-15 a.m.

At : The Taj Coromandel Hotel
(The Duplex Room)
17, Nungambakkam High Road
Madras-600 034



FADS AND FALLACIES IN THE FIELD OF NUTRITION

There are many fads and fallacies about Nutrition which have no roots in scientific truth. Yet they have become part of our daily living.

Our speaker who will enlighten us on common fads and fallacies is the renowned Thangam E. Philip, a pioneer in the field of Hotel and Catering Education in India. She was awarded the Padma Shri in 1975 and is one of the three women in the world portrayed on the UN (FAO) Ceres medal for her work in the freedom from Hunger campaign.

Guests are welcome.

USHA BAIL
IRENE PRULLER DASS

Our grateful thanks to those who have hosted this meeting :

THE TAJ COROMANDEL HOTEL

Urmila Agarwal	Shobha Mujumdar
Usha Bail	Padmini Natarajan
Rani Das Gupta	Fazeela Nurdeen
Shakunthala Jagannathan	Lily Swami
Bina Mathur	Prema Veeraraghavan

MUSIC AND PERFORMING ARTS

Saturday, 26th November, 1994 — 10-15 a.m.

At : Sadiya Khaleel's
Amir Mahal Palace
Pycrofts Road
Royapettah
Madras-600 014



"THE INNER SPACE" — a thought provoking play !

The Madras Players will present "The Inner space (அகமும் புறமும்)" based on a Tamil short story by Ambai (C. S. Lakshmi). Directed by PRASANNA RAMASWAMY, it features our own Vice-President, BARBARA CORTEZ-GREIG as Gabriela, BHAGIRATHY NARAYANAN as Bhagirathy and TEHZEEB KATARI as Lajwanti.

The whole exercise was triggered off by an admiration for Ambai's eloquent capacity in unravelling the female space in a very special language, hence the script and design come as a presentation of the reader who is conceived of as a narrator. The basic thread is the plight of being an exile. A Chilean woman Gabriela, a victim of State brutality living in exile in U.K. recounts her experiences to two Indian Women, one from India and another an Indian resident in England. As the chosen text does not fall into a plot structure and the emphasis seems to be on a state of mind rather than a linear narrative—a mode of presentation which draws its elements from the two major concepts of traditional Indian theatre, namely, narration and transformation, is being explored.

A multi lingual format is adopted so as to examine the multi cultural complexity of our time. The focus is on a "state of being" rather than re-enactment.

Limit : 40 (Duration of Play 30 minutes)

R.S.V.P. :

Please call Nirmal if you plan to come.

**NIRMAL SESHADRI
ISSY SANDERSON**

• This play is being sponsored by KANNAMA RANGA RAO.
Our special thanks to her.

BOOK DISCUSSION

Tuesday, 29th November, 1994 — 10-00 a.m.

At : Kamala Muthiah's
Bedford House
5, Raja Annamalai Road
Madras-600 084



FASCINATING FACETS OF RABINDRANATH TAGORE

Tagore was a leading litterateur of his times. Apart from being our first and only Nobel Laureate in literature, he was also a painter, poet, educationist (founder of Shantiniketan), musician (Rabindrasangeet) and patriot.

We present a programme which will consist of POETRY READING, DANCE, DRAMA and a VIDEO PRESENTATION. This will enable us to gain an insight into the personality of this versatile, prolific and gifted genius.

All are welcome.

**SULOCHANA ALEXANDER
ROSA MARIA SRIDHARAN**

Rosa Maria Sridharan is recovering from surgery and hopes to return in December. Our very best wishes to you Rosa Maria, for a speedy return to normal health.

Congratulations to :

Shakunthala Jagannathan for the revised and updated publication in a handy size of her book — "India — plan your own holiday".

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