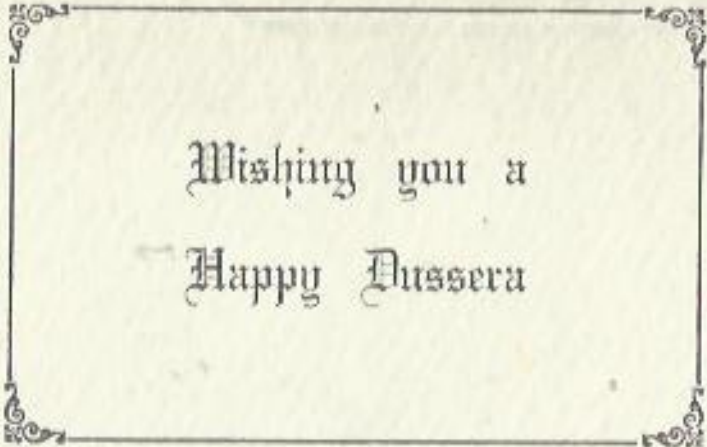




International
Women's
Association

OCTOBER 1994



Wishing you a
Happy Dussera

This News Letter is printed on tree-free paper. The cover is made of rag and the printed matter is on paper made of bagasse, an agro waste.



**International
Women's Association**

Presents

**"An International evening of
folk dances and songs - A celebration of Diwali!"**

Tuesday 25th October 1994

The Trident Hotel

Madras

Sponsored by I. T. C.

PROGRAMME

- 1) **Invocation** : A benediction from the Upanishad, jointly choreographed and performed by **Barbara Cortez-Greig & Anita Ratnam**
- Vedic chant : Nirmal Seshadri & Brahada Kameshwaran
- Ujjwala** : A symphony of faith to the eternal light
- Dancers : Anita Ratnam & Prita Ratnam with the orchestra of Shri Bharathanjali
- 2) **Scottish Country Dance** : Performed by the **Madras Scottish Country Dance Group**
- Chieftain : Arthur Sanderson
- Dancers : Margaret Pace & Arthur Sanderson
Rani & Harish Chada
Eira & Vinod Doshi
Maureen Fernando & Vijayakumar
- 3) **Kaikkottikali** : **Kerala folk dance**
- Choreography & direction : **Malini Marar**
- Vocal support : Lakshmi Gopakumar
- Co-ordinators : Aruna Vijaykumar & Gayathri Bewoor
- Dancers : Rani Ananth
Padma Ashok
Gayathri Bewoor
Usha Chandra Kumar
Ranjini Manian
Fazeela Nurdeen
Javanthi Prabhakaran
Nandini Srikanth
Shobhana Thomas
Aruna Vijaykumar

Artistes : Arti & Kusum Chadda
Rani Chada, Aruna Goyal
Monica Goyal, Richa Goyal
Eira & Shagun Kalra
Rohina Lulla, Lily Madhok
Aseel Mathur, Naina Shah
Sunita Shahaney, Rupa Sood

7) **Traditional
American Square
Dances**

Choreographed by : **Joanne Grady Huskey &
Barbara Cortez-Greig**

Red River Valley

Texas Rattle Snake
Stomp

Dancers : Barbara & Andrew Cortez-Greig
Joanne & Jim Huskey
Martha & Michael Keaveny
Roz & Doug Kelly

8) **Garba Raas Folk
Medley**

Choreographed and
Presented by : **Surekha Kothari**

Co-ordinators : Neena Sanghavi, Sheetal Shafr

Dancers : Neha Aggarwal, Rose Balaji
Ujala Bhatia, Keerthana &
Pavithra Chandrashekar, Shika Chowdhary
Mahila Christopher, Ayesha Fazal
Shweta Gupta, Sapna Harichand
Shrividya Kameshwaran, Mitali &
Piyali Kothari, Shivani Menon
Nandini Pasari, Arti &
Avanti Paul, Shweta Saraf
Neena Sanghavi, Sheetal Shah
Mohini Sridharan, Neha Sonthalia

Co-Producers : **Nirmal Seshadri, Issy Sanderson
Ranjini Manian &
Joanne Grady Huskey**

Comperes : **Joanne Grady Huskey &
Nirmal Seshadri**

**Light, Stage &
Mikes** : **Gopi**

We thank Lily Madhok, Margaret Sekhran, the IWA Board — and above all, the numerous members behind the scenes who made this evening possible.

Nirmal, Issy, Ranjini & Joanne



IWA NEWS LETTER

Vol. IX No. : 5
Madras

OCTOBER 1994

MONTH AT A GLANCE

Saturday, 1st October	MUSIC AND PERFORMING ARTS International Music Day — Lecture demonstration by Anayampatti S. Ganesan on Jalatharangam	10-15 a.m.
Thursday, 6th October	EXECUTIVE COMMITTEE MEETING	10-15 a.m.
Saturday, 8th October	ARTS AND HANDICRAFTS Meet Mario Miranda — Cartoonist and Artist	10-15 a.m.
Monday, 10th October	MUSIC AND PERFORMING ARTS A dramatised play - reading in costume of Oscar Wilde's 'The Importance of Being Earnest'	7-00 p.m.
Tuesday, 11th October	COOKING SWAPSHOP Greek-style fish, chilled party salad and lemon curd pudding Demonstration by Usha Chandrakumar and Reena Verghese	10-15 a.m.
Thursday, 20th October	CURRENT EVENTS Are children over-burdened in school ? Panel discussion—Mrs. Y.G. Parthasarathy, Mrs. Malini Seshadri, Dr. Nanditha Krishna, Mrs. Prema Raghunathan participate	10-15 a.m.
Friday, 21st October	HEALTH AND ECOLOGY Coping with health problems in second half of life — Dr. Arjun Rajagopalan will explain how to deal with them	10-15 a.m.
Tuesday, 25th October	BOOK DISCUSSION Like Water for Chocolate by Laura Esquivel	10-15 a.m.
Tuesday, 25th October	MUSIC AND PERFORMING ARTS PHILOSOPHY AND RELIGION International Evening of Folk dances and songs	7-00 p.m.
Friday, 28th October	HISTORY, CULTURE AND TOURS The City Louvre — The Museum in itself (Film)	10-15 a.m.

FROM THE PRESIDENTS

Dear Members,

Once again we are having a plethora of exciting programmes in October, and with the cooler weather we hope you will be able to attend all these programmes.

We have the chance to meet Mario Miranda, the famous Cartoonist, at the CPAC, and Mario promises to talk through his drawings.

Issy Sanderson is presenting a dramatised reading, in costume, with the help of some of our IWA members, members' husbands and relatives, at the MADRAS CLUB to celebrate one hundred years of the writing of "The Importance of being Earnest". This evening performance is to be held on the 10th of October.

Our Divali celebrations are to be in the form of an International Dance Evening with dances from the USA, Scotland, Malaysia, Japan and India. This year we shall have a new venue for our pre-Divali Pageant, and we would like to see all our members present.

We wish to remind you that nominations for 'Woman of the Year' are due by 31st October.

Lastly, you will be happy to know that Lily has moved into her new home; her telephone numbers remain the same.

LILY MADHOK
MARGARET SEKHRAN

EXECUTIVE COMMITTEE MEETING

Thursday, 6th October, 1994 — 10-15 a.m.

At : Ranjini Manian's
2, Venus Colony, 2nd Street
Alwarpet
Madras-600 018



Activity Chairpersons, please hand over your blurbs at this meeting.

MUSIC AND PERFORMING ARTS

Saturday, 1st October, 1994 — 10-15 a.m.

At : The Park Sheraton Hotel
132, T. T. K. Road
Madras-600 018



INTERNATIONAL MUSIC DAY : JALATHARANGAM

Throughout the World, the first of October is always celebrated as the International Music Day. Commemorating this event, we present a special programme of an unusual instrument — the JALATHARANGAM — rarely heard these days. Jalatharangam literally means 'Waterwaves'. This consists of a set of 18 porcelain cups of varying sizes. The cups are arranged in a semi-circle before the artist, in decreasing order of size starting with the largest cup to the performer's left and ending with the smallest cup to his right. Water is poured into the cups and the pitch is changed by adjusting the volume of water in the cups. The bigger cups produce a deep bass sound and the smaller cups produce high pitched tones. The cups are arranged in an increasing order of pitch from the left to right. The cups are struck with two thin bamboo sticks. Any music of medium and fast tempo can be played effectively on this melodic instrument.

VIDWAN ANAYAMPATTI S. GANESAN will present a lecture demonstration on the Jalatharangam. Musicologist B. M. SUNDARAM will explain the basic details of this old instrument — which is referred to in ancient literature.

All are welcome. (Please remember the programme is on a **Saturday**).

NIRMAL SESHADRI
ISSY SANDERSON

Our Special thanks to the two sponsors, ARUNA PRASAD & SHANTHA PRASAD.

ARTS AND HANDICRAFTS

Saturday, 8th October, 1994 — 10-15 a.m.

At : The C. P. Art Centre
1, Eldams Road
Madras-600 018



MARIO, CARTOONIST AND ARTIST

(Presented by IWA in collaboration with the C. P. Art Centre.)

Mario de Miranda is so well-known for his delightful cartoons that his illustrations in books like 'Goa with Love', 'Germany in Wintertime', 'Impressions of Paris' and 'Laugh it Off', are often forgotten. Equally important have been his exhibitions in India, the U.S.A. and Germany.

We present an interview of Mario by P. C. Ramakrishna, followed by Mario sketching some of his popular cartoon characters at members' requests.

After this demonstration, members are invited to visit Mario's exhibition of drawings, "O Jerusalem", at the C. P. Art Centre, being brought to Madras for the first time, after creating waves in Bombay and Delhi.

Husbands and Guests are welcome.

Please note that the meeting is on a Saturday — it will start at 10-15 a.m. sharp.

**SHAKUNTHALA JAGANNATHAN
SANDRA ROWLAND**

PHILOSOPHY AND RELIGION

This month several IWA members will open their homes to the Overseas Women's Club members for a Navaratri House Tour. IWA members who wish to go on the Kolu Festival Tour are welcome to join them at the parking lot at the Madras Club at 6-00 p.m. on Sunday, October 9th.

MUSIC AND PERFORMING ARTS

Monday, 10th October, 1994 — 7-00 p.m.

At : The Madras Club
Chamiers Road
Madras-600 028



"THE IMPORTANCE OF BEING EARNEST"

ISSY SANDERSON will direct a dramatised reading in costume of OSCAR WILDE'S most famous comedy, "THE IMPORTANCE OF BEING EARNEST". This is the 100th anniversary of the writing of the play. First performed in 1895 — it remains one of the most delightfully witty and best loved plays in the English language. Issy Sanderson will present this perennially popular play with an impressive star cast of our own IWA thespians and husbands, headed by ISSY and ARTHUR SANDERSON, JOANNE GRADY HUSKEY, JULIE JACKSON, MIKE POTTERTON, and our own IWA president MARGARET SEKHRAN. Three guest artistes who feature in this play are renowned artistes P. C. RAMAKRISHNA, MICHAEL GEORGE and DEESH MARIWALA.

Buffet Dinner will be laid out in the Verandah. Cash coupons for drinks will be available. Donation Cards of Rs. 75/- for members and their guests (above the age of 16 only) can be collected from members of the Executive Committee.

Please be in your seats by 6-45 p.m.

Please comply with the Madras Club dress regulations which stipulate collared shirts, long pants, shoes and socks for men.

**NIRMAL SESHADRI
ISSY SANDERSON**

Our grateful thanks to Spencer and Company & Mr. P. K. Mohapatra for sponsoring the Lights, Mikes and Costumes.

We also owe a special thanks to Mr. K. S. Padmanabhan for sponsoring the printing of Programmes and Donor Cards.

Last but not least — we thank Shweta Mohapatra and Chandra Padmanabhan.

COOKING SWAPSHOP

Tuesday, 11th October, 1994 — 10-15 a.m.

At : Usha Chandrakumar's
62, Sterling Road
Nungambakkam
Madras-600 034



Our member, Usha Chandrakumar, who runs a successful catering business, is very popular for her delicious eats and superb desserts.

She, along with Reena Verghese, another I.W.A. member, will demonstrate Greek-style Fish, Chilled Party Salad and a luscious lemon curd pudding. All the recipes are rich and expensive but easy to make.

All are welcome

USHA BAIL
IRENE PRULLER DASS

WOMAN OF THE YEAR

IWA'S annual 'Woman of the Year' award comes around soon. We are continuing our theme of "Woman of To-day" as the theme for this year's award.

We invite members to send in the names of women who 'create opportunities for women to prove themselves in the mainstream of life'. Their names must be accompanied by a resume or bio-data to aid our selection.

The names will be scrutinised and the awardee selected by a Committee consisting of the Board of IWA, the Founder President Nirmal Seshadri, and the Donor of the Award, Nirmal Mirza.

Your suggestions may be sent to any member of the IWA Board, and should be with the Board by 31st October 1994.

THE BOARD

CURRENT EVENTS

Thursday, 20th October, 1994 — 10-15 a.m.

At : The C. P. Ramaswamy Aiyar Foundation
1, Eldams Road
Madras-600 018



“ARE OUR CHILDREN OVER-BURDENED IN SCHOOL ?”

A critical analysis of the above subject will be undertaken by people involved in the field of education. What is the current situation, particularly in our High Schools ? Are the children overworked — If so, to what extent ? How does this help them in their future plans — vis a vis college, options in the future such as jobs etc. etc. The speakers are :

1. Mrs. Y. G. Parthasarathy — Principal, Padma Seshadri Higher Secondary School — a leading educationist and well known social personality.
2. Mrs. Malini Seshadri — a leading journalist who contributes to *Aside* and other journals.
3. Dr. Nanditha Krishna, Director, C.P.R. Foundation, who is committed to the arts and education herself, and a parent.
4. Mrs. Prema Raghunathan — a teacher from Vidya Mandir School, Madras.

This will be a panel discussion and parents can contribute their views during the question/answer session.

SUJAYA MENON

Change in address and Telephone Numbers :

LILY MADHOK 14, Raghav Veera Street Poes Garden Madras-600 086	—		499 0661
Jatinder Bahl	—	Additional Number	826 1539
Sangeet Chopra	—		491 0759
Franka George	—		491 2952
Gita Jain	—		825 2769
Indu Kakkar	—		434 3378
Shweta Mohapatra	—		434 1413
Radha Vasudevan	—		499 5609

HEALTH AND ECOLOGY

Friday, 21st October, 1994 — 10-15 a.m.

At: Sundaram Medical Foundation
Shanthi Colony, IV Avenue
Anna Nagar
Madras-600 040



LIFE BEGINS AT FORTY — AND SO DO HEALTHCARE PRIORITIES

Coping with health problems in the second half of life.

At the turn of this century, life expectancy at birth was a mere 28 years. Today, in most advanced countries and in relatively affluent segments of developing ones, the figure is in excess of seventy years. This increase comes with a price. Aging population is prone to several disorders, many of which are chronic in nature. Quite often, those afflicted with some of these disorders are forced to make unpalatable changes in life style.

This presentation outlines the nature of several health disorders that affect the older segments of society. Strategies for coping with them will be highlighted by Dr. Arjun Rajagopalan, FRCS (Canada), FACS, Diplomate of the American Board of Surgery, Surgeon & Chief of Medical Staff, Sundaram Medical Foundation.

**RUPA KADHIRESAN
VIJAYA RANGARAJAN**

Shanthi Colony is on the first left turn as you enter Anna Nagar through the main Arch. There will be sign boards leading to Sundaram Medical Foundation. For further information, please contact Mrs. Varalakshmi, Telephone No. 6268844.

BOOK DISCUSSION

Tuesday, 25th October, 1994 — 10-15 a.m.

At: Susan Abraham's
8-A, 15th Avenue
Harrington Road
Chetpet
Madras-600 031



LIKE WATER FOR CHOCOLATE by LAURA ESQUIVEL

A poignant, funny story of love, life and food which proves that all three are entwined and interdependent.

Elizabeth Roy who is a well known freelance writer and theatre critic is going to discuss this unusual book with us.

**SULOCHANA ALEXANDER
ROSA MARIA SRIDHARAN**

HISTORIC CELEBRATION

On Sunday 23rd October there will be a very special double celebration at St. Mary's Church in the old Fort St. George, Madras — a service for United Nations Day and the 315th anniversary of the church!

A beautiful fabric applique-work banner made by an international group of women (many of whom are IWA members) will be presented to the church to commemorate United Nations Day. A specially devised programme of music and dance will have participants from many different countries, including children dancing in their national costumes.

Do come and join in this historic event — Sunday morning 23rd October at 9-00 a.m.