

**International
Women's
Association**

OCTOBER 1993

Come Fly with us to the Hallo'we'en Party



Priya Vijayaraghavan

IWA NEWS LETTER

Vol. VII No. : 5
Madras

OCTOBER 1993

MONTH AT A GLANCE

Friday, 1st October	MUSIC AND PERFORMING ARTS On International Music Day PRASANNA delights us by performing classical Indian Music on the Guitar	10-15 a.m.
Thursday, 7th October	EXECUTIVE COMMITTEE MEETING	10-15 a.m.
Tuesday, 12th October	HISTORY, CULTURE AND TOURS The IWA Quiz	10-15 a.m.
Thursday, 14th October	COOKING SWAPSHOP Mrs. Usha Bail shares with us her recipes of 'Udipi' cooking	10-15 a.m.
Thursday, 21st October	ARTS AND HANDICRAFTS A visual tour of Sri Lankan Arts & Crafts and Tea Tasting	3-00 p.m.
Monday, 25th October	HEALTH AND ECOLOGY Dr. Rajmohan Nambiar talks to us on Breast Cancer — how to cope with it	10-15 a.m.
Tuesday, 26th October	BOOK DISCUSSION This month's book is 'Siddhartha' by Hermann Hess	10-15 a.m.
Thursday, 28th October	HISTORY, CULTURE AND TOURS Debbie Thiagarajan introduces us to the interesting features of traditional South Indian residential architecture	10-15 a.m.
Saturday, 30th October	PHILOSOPHY AND RELIGION A fun-filled evening for the young in heart. Join the spirits at The Hallowe'en Party	4-00 p.m.

FROM THE PRESIDENTS

Dear Members,

The rains, we hope, will arrive in October and make life a little cooler and wetter for water-starved Madras. We have tried to liven up the month of October with a quiz organised by Padmini Natarajan and Susha Nataraj. I am sure you will enjoy it.

Marie Williams is organising an exotic 'do' for Hallowe'en with spook houses, witches and ghosts. We look forward to meeting all the skeletons and ghouls that IWA can produce.

The Diwali celebrations follow in the first week of November and will be celebrated with a cultural pageant from the north, south, east and west of India. We know the two celebrations are just a week apart, but they will be quite different. Hallowe'en is the witching hour for children, with fun and games, while Diwali will be a family evening, with music, dance and good food.

We have also put out an announcement for nominations for the 'Woman of the Year' award. We hope you will respond with a good selection of names and resumes.

NANDITHA KRISHNA
ARUNA VIJAYKUMAR

WOMAN OF THE YEAR

IWA's annual 'Woman of the Year' award comes around soon. Being a women's association, we have chosen "**Better Her Tomorrows**" as the theme for this year.

We invite members to send in the names of women who have worked to improve the lot of their less-privileged sisters. The names must be accompanied by a resume or bio-data to aid our selection.

The names will be scrutinised and the awardee selected by a Committee consisting of the Board of IWA, the Founder President, Nirmal Seshadri, and the Donor of the Award, Nirmal Mirza. The last day for the receipt of nominations is October 31st. Please send your suggestions to any member of IWA's Board.

THE BOARD

EXECUTIVE COMMITTEE MEETING

Thursday, 7th October, 1993 — 10-15 a.m.

At: Kamala Muthiah
Bedford House (near Dasaprakash Hotel)
5, Raja Annamalai Road
Madras-600 084



DOWN THE GARDEN PATH

October is a very magical month leading to Hallowe'en when all the spirits come out and this year the IWA members and their children join the elves and goblins in an evening of fun and frolic.

In the garden it is now time to manure your shrubs. O. T. Ravindran tells us "Shrubs are a-plenty like **Ixoras Hibiscus Acalyphas** and **Crotons**. The soil being clayey there is a tendency for plants like crotons and the fruit-giving papaya to die in the rainy season. They could be protected by planting them in manured sandy soil in a sunny place where water does not stagnate. Bourganvilleas do well here if planted in a sunny place on the ground or in pots. Give them less water, trim them in time and they will put on a colourful show when the summer comes.

We end with a spell by Ben Jonson

"The owl is abroad, the bat and the toad,
And so is the cat-a-mountain !
The ant and the mole both sit in a hole,
And frog peeps out o' the fountain,
The dogs they do bay, and the tumbrels play,
The spindle is now a-turning ;
The moon it is red, and the stars are fled,
But all the sky is a-burning
The ditch is made and our nails the spade
With pictures full, of wax and of wool,
Their livers I stick with needles quick ;
There lacks but the blood to make up the flood".

LILY and MARGARET

WE WELCOME OUR NEW MEMBERS

Susan Abraham

Jatinder Bahl

Pushpa Chari

Soma Mathew Cherian

Chandrika Chidambaram

Lwin Khin Thida (Dawn)

Purnima Dhawan

Leanne Hunter

Julie Jackson

Indu Kakkar

Era Kalra

Martha Keaveny

Sadiya Khaleel

Koshu Lalchand

Raji Manian

Ranjini Manian

Darley Mathew

Iszet Meijers

Shweta Mohopatra

Princess V. Naik

Fazeela Nurdeen

Anupama Pasari

Jayashree Prabhakar

Nita Reddy

Sandra Rowland

Kalpana Sonthalia

Prema Veeraraghavan

Kamalini Vincent

IWA ANNOUNCEMENTS

Change of Telephone Numbers & Address

BELA MISTRY KHALEELI
72, Victoria Crescent Road
Madras-600 008
Tel. : Res. 8277911

LEELAMANI JOHN
Tel. : Res. 4993169
Off. 4991236

PADMINI NATARAJAN
21, College Road
Madras-600 006

Congratulations to

Bina Ram Mohan on the birth of her grand-daughter

Condolences to

Neelu Sawhney on the demise of her Father-in-Law

Sayeeda Abdul Ali and Sabine Salam on the demise of the Prince of Arcot

MUSIC AND PERFORMING ARTS

Friday, 1st October, 1993 — 10-15 a.m.

At : The Connemara Hotel
Binny's Road
Madras-600 002



INTERNATIONAL MUSIC DAY

PRASANNA delights us by Performing Classical Indian Music
on the Guitar

To celebrate International Music Day, PRASANNA awarded "Best Artist" in the Spirit of Youth Festival of Music Academy, Madras in 1992 will speak on how he has adapted the Western Guitar to classical Indian Music and delight us by performing this new approach to Carnatic Music. Prasananna will be happy to answer any questions his musical adventure inspires.

**KAUSALYA JAGANMOHAN
BARBARA CORTEZ-GREIG**

HISTORY, CULTURE AND TOURS

Tuesday, 12th October, 1993 — 10-15 a.m.

At : The C. P. Ramaswami Aiyar Foundation
1 Eldams Road
Alwarpet
Madras-600 018



THE IWA QUIZ

CAN YOU . . .

- Awaken your dormant wits
- Dig out forgotten historical facts
- Flush out environmental issues
- Get your sports records right
- Listen to the musical maestros
- Watch masala movies all night
- Read up the literary masters
- Remember current news headlines
- And answer crazy questions ?

Come crack the IWA Quiz and prove

That you are the **Super Wiz**

Organizers
SUSHILA NATARAJ
and
PADMINI NATARAJAN

COOKING SWAPSHOP

Thursday, 14th October, 1993 — 10-15 a.m.

At : Kausalya Jaganmohan
16, Kasturi Ranga Road
Madras-600 018
Tel. : 4990201



UDIPI FARE

One of our very own members — Mrs. Usha Bail, will share with us the secret recipes of Udipi Cooking. The author of 2 Cookery Books, she will demonstrate a few mouth-watering vegetarian delicacies that are a trademark of Udipi Fare.

AMRITA BHALLA
RATHI NILAKANTAN

NAVARATRI AND DUSSERA

In mid-October, we move into the Tamil month of Aipisi, when we celebrate Navaratri, the festival of Nine Nights when Durga — the Mother Goddess, Lakshmi — the Goddess of Prosperity and Saraswati — the Goddess of Wisdom are honoured.

Dussera, on the tenth day, celebrates the victory of Durga over the evil demon Mahishasura, and of Rama over the demon Ravana, both these events celebrating the triumph of good over evil. Dussera is also known as Vijayadashami, the Day of Victory.

In south Indian homes, painted clay figures are displayed in a Doll's Festival (Kolu) as a form of thanksgiving.

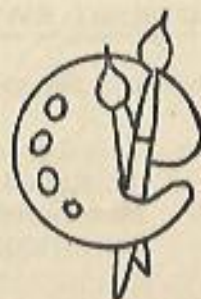
On the ninth day is Saraswati Pooja, when books, musical instruments, tools and even vehicles are worshipped. On the tenth day, Vijayadasami, they are taken out and used. Young children are initiated into learning on this day of victory of good over evil, of knowledge over ignorance.

SHAKUNTALA JAGANNATHAN

HISTORY, CULTURE AND TOURS,
HEALTH AND ECOLOGY &
ARTS AND HANDICRAFTS

Thursday, 21st October, 1993 — 3-00 p.m.

At : The Connemara Hotel
Binny's Road
Madras-600 002



A Visual Tour of Sri Lankan Arts & Crafts and Tea Tasting

Watch vignettes of exquisite Sri Lankan Scenery, Arts & Crafts, History and Excursions on Video over a cup that cheers.

AIR LANKA is specially co-ordinating this morning for IWA by flying down the best in Sri Lankan teas, short eats and videos from the land of serendipity. YASOTHA RASIAH from Air Lanka will give an introductory talk.

Limit — 50

R.S.V.P. :

MAUREEN THADANI — 411694

BELA KHALEELI — 8258272 / 8276712 (Between 10 a.m. and 5 p.m.)

BELA MISTRY KHALEELI
PADMINI NATARAJAN
MAUREEN THADANI

HEALTH AND ECOLOGY

Monday, 25th October, 1993 — 10-15 a.m.

At : Welcomgroup Chola Sheraton
10, Cathedral Road
Madras-600 086



BREAST CANCER — HOW TO COPE WITH IT

Progress in Medicine has resulted in cure for many established diseases and prevention of communicable diseases.

Cancer is yet to be conquered. Breast Cancer is one of them. A renowned Surgeon, Specialist in Breast Cancer from Singapore — Dr. Rajmohan Nambiar, Clinical Professor of Surgery, University of Singapore; Senior Surgeon, Singapore General Hospital — will talk exclusively to our IWA Members.

SHYLA K. RAU
MARGARET PACE

OCTOBER

The eighth month of the old Roman year.
By the Slavs this is called 'Yellow Month', from the fading of the leaf, to the Anglo-Saxons, it was known as Winter fylleth, because at this moon (fylleth) winter was supposed to begin.

OCTOBER MOTTO

'By the 1st of March the crows begin to search,
By the 1st of April they are sitting still,
By the 1st of May they are flown away.
Creeping greedy back again
With October wind and rain'.

OCTOBER

"Light thickens : and the crow
Makes wing to the rooky wood :
Good things of day begin to droop and drowse
While night's black agents to their prey do rouse".

— ANON

BOOK DISCUSSION

Tuesday, 26th October, 1993 — 10-15 a.m.

At : Max Mueller Bhavan
Khader Navaz Khan Road
Madras-600 006



"SIDDHARTHA" by Hermann Hesse

"The true profession of man is to find his way to himself".

"SIDDHARTHA is a shimmering, iridescent book of spiritual quest".

Although most of us have either read or seen the film of Hermann Hesse's well-known book "SIDDHARTHA", we plan to read and discuss this very well known book for the month of October, as we have Dr. Herbert Herring, former Director of Max Mueller Bhavan and a scholar of German literature, to review this book for us.

I am sure all our book lovers will enjoy going through the book again and the review by Dr. Herring.

**KAMALA MUTHIAH
ANGELIKA MANDAIKER**

HISTORY, CULTURE AND TOURS

Thursday, 28th October, 1993 — 10-15 a.m.

At : Kalpana Sonthalia
20, Harrington Road
Madras-600 031



INTERESTING FEATURES OF TRADITIONAL SOUTH INDIAN RESIDENTIAL ARCHITECTURE

Deborah Thiagarajan is a familiar speaker to IWA. She is an authority on South Indian Arts and Crafts and Architecture. She will give a talk with visual aids on traditional architectural features of South India. The talk is to be delivered in a traditional home with all the salient features of Tamil Nadu.

PADMINI NATARAJAN

PHILOSOPHY AND RELIGION

Saturday, 30th October, 1993 — 4-00 p.m.

Where ?

ask the three Witches



HALLOWE'EN PARTY

Calling all ghosts and goblins, fairytale characters, prince and princess and beastly creatures, cartoon idols and furry friends.

Today is your day to let your true self come to life : to enchant or scare, cast spells or charms, everything goes on Hallowe'en, but beware ! The ghost will be flying low tonight and she may take you up in flight. Let's hope some fairy will be standing by, to rescue you, if she dares

The spook house will be waiting for all to enter, but beware you are let out ! She gets very lonely and may desire some creepy company. HA ! HA ! HAAAA !

Come one and all for plenty of fun and games, Hallowe'en candy and scary stories.

Tickets will be sold in advance at Rs. 50/- each, and will be available with the C. P. Art Centre and Aruna Vijaykumar.

**MARIE WILLIAMS
LALITHA KRISHNAN**

EXECUTIVE COMMITTEE

THE BOARD

PRESIDENTS	:	Nanditha Krishna Aruna Vijaykumar	451850(R) 451249(O) 8272732 / 8271284
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TREASURERS	:	Zubeida Asgarali Janet De Penning	8271614 456529

ACTIVITY CHAIRPERSONS

ARTS & HANDICRAFTS	:	Bela Mistry Khaleeli Maureen Thadani	8276712 / 8258272 (O) 411694
BOOK DISCUSSION	:	Kamala Muthiah Angelika Mandaiker	6411141(R) 8268976(O) 611265
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COOKING SWAPSHOP	:	Amrita Bhalla Rathi Nilakantan	419230 / 417681 8265250
HEALTH & ECOLOGY	:	Shyla Rau Margaret Pace	8276676 / 8276893 452273
HISTORY, CULTURE & TOURS	:	Padmini Natarajan	417500
MUSIC & PERFORMING ARTS	:	Kausalya Jaganmohan Barbara Cortez-Greig	4990201 458316
PHILOSOPHY & RELIGION	:	Lalitha Krishnan Marie Williams	4991853 / 4992341 8271700