



International
Women's
Association

FEBRUARY 1993

IWA NEWS LETTER

Vol. VII No. : 8
Madras

FEBRUARY 1993

MONTH AT A GLANCE

Monday, 1st February	EXECUTIVE COMMITTEE MEETING	10-30 a.m.
Thursday, 4th February	ARTS AND HANDICRAFTS The art of Terracotta pots and pictures	10-15 a.m.
Thursday, 11th February	COOKING SWAPSHOP Ice Cream specialities from Naina Shah's kitchen	10-15 a.m.
Friday, 19th February	BOOK DISCUSSION AND CURRENT EVENTS The IWA Debate	10-15 a.m.
Sunday, 21st February	BIRD WATCHING AT VEDANTANGAL Day trip	8-00 a.m. to 7-00 p.m.
Tuesday, 23rd February	PHILOSOPHY AND RELIGION Shri J. Krishnamurti's vision of Education	10-15 a.m.
Thursday, 25th February	HEALTH AND ECOLOGY Understanding Dyslexia	10-15 a.m.
Saturday, 27th February	MUSIC AND PERFORMING ARTS Our MAIN EVENT : For family and friends — a BEACH BAR-BE-CUE — at FISHERMAN'S COVE	7-00 p.m.
Index of IWA Authors :	See Pages 9, 10, 11 for details of books published by IWA members	
MARCH UPDATE :		
Monday, 1st March	WOMAN OF THE YEAR AWARD Presentation by our Ex-President, Shri R. Venkataraman at The Welcomgroup Park Sheraton	10-00 a.m.

FROM THE PRESIDENTS

All too soon our IWA year is fast drawing to a close with our financial audit due March 31st, and membership renewals once again to be assessed. We are pleased, meanwhile, to alert you to two of our annual events with our MAIN EVENT at FISHERMAN'S COVE on SATURDAY, 27th FEBRUARY, 1993. For further information see page 8.

A March update for your calendars is THE WOMAN OF THE YEAR AWARD scheduled for MONDAY, 1st MARCH, 1993, with our special guest, the ex-President, Shri R. Venkatraman, who has graciously agreed to speak to us and make the presentation of the award to our Woman of the Year.

We hope to see many more of you at our meetings over the next couple of months and especially at our MAIN EVENT.

**MAUREEN HUDSON-MURARI
MALINI VIJAYARAGHAVAN**

EXECUTIVE COMMITTEE MEETING

Monday, 1st February, 1993 — 10-30 a.m.

At : Rathi Nilakantan's
14, Chinmiah Road
T. Nagar, Madras-600 017
Tel. : 860744/865250



Thought for the Month

Goodwill is earned by many acts ; it is lost by one.

ARTS AND HANDICRAFTS

Thursday, 4th February, 1993 — 10-15 a.m.

At : Kausalya Jaganmohan's
16, Kasturi Ranga Road
Madras-600 018
Tel. : 454201



TERRACOTTA POTS AND PICTURES

Meena Bedi and Amita Bhatia are pioneers in the art of making Terracotta pictures where, hitherto only pots and figurines have been made.

They will be giving a very interesting LECTURE-DEMONSTRATION on the art and techniques of Terracotta picture and pot making.

Their works are on display at the Madras Gymkhana Club, and other places in Madras.

**ANNIE RAFFIER
KAUSALYA JAGANMOHAN**

ANNOUNCEMENTS

Congratulations to :

- * Zainab Kachwala on the marriage of her son, Alisagar.
- * Mano Bakthavatsalam on the marriage of her son, Gautham.

Condolences :

- * To Zubeida Asgarali on the sad and sudden demise of her brother, Mustaq.
- * To Rekha Rangaraj on the premature demise of her father-in-law.
- * To Ernestine Heck on the demise of her husband.

Change of Address :

- * Anneliese Hazar (Marwah), 34/2, Beach Home Avenue, (Dev Apartments), Besant Nagar, Madras-600 090.
- * Molly Jacob, 402 A, Falcon Castle, Old Tulsi Pipe Road, Lower Parel, Bombay-400 013.

Change of Telephone No. :

- * Kamala Prasad — 6262035

COOKING SWAPSHOP

Thursday, 11th February, 1993 — 10-15 a.m.

At : Naina H. Shah's
25, College Road
Madras-600 006
Tel. : 471500



DEMONSTRATION OF HOME-MADE ICE CREAMS AND SHORT AND SNAPPY RASAGULLA-BASED SWEETS

With summer around the corner, our IWA member, Naina Shah, will share with us her very own special recipes of home-made Ice Creams incorporating various fruit pulps, using the hand-churning or electric ice cream makers. We also bring to you the art of making that evergreen favourite — Rasagulla — and how to use it as a base to make various other sweets like Rasamalai float, etc.

**KYOKO ISHIZAKI
LILY MADHOK**

BOOK DISCUSSION AND
CURRENT EVENTS AND CAREERS

Friday, 19th February, 1993 — 10-15 a.m.

At : Vanitha Mudaliar's
'Avanti'
858, Poonamallee High Road
Kilpauk
Madras-600 010
Phone : 6412604



THE IWA DEBATE

Are working women responsible for family problems ?

More and more women are entering the work force everyday. How do their families and children react or adjust to the situation ? What, if any, are the problems of a household where both husband and wife are working ? Are working women responsible for more marriages breaking-up ?

Mr. Chith Sabesan, a familiar figure to viewers of TV debates will act as moderator for our debate.

MARIE WILLIAMS
JAVANTHI PRABHAKARAN

POONAM LALCHAND
ZUBEIDA ASGARALI



BIRD WATCHING AT VEDANTANGAL

Sunday, 21st February, 1993—8-00 a.m. to 7-00 p.m.



This is the day trip for bird watching as promised at our Health and Ecology meeting back in December '92.

Mr. Howard Youth and Mr. Jaganathan Rao will lead the trip. We will stop along the way to visit the Rama Temple and water tank at Madurantakam and the Temple of Vishnu near the bird sanctuary. At the waterbird nesting area, we will be looking of such birds as storks, herons, ibises and, possibly pelicans. This promises to be a delightful day. Don't miss it. Call Urmilla or Pauline for further information; transportation details and costs will depend on the response.

PAULINE HAHN 8353102
URMILA REDDY 476421

Last date for check in : 15th February '93

PHILOSOPHY AND RELIGION

Tuesday, 23rd February, 1993 — 10-15 a.m.

At : Krishnamurti Foundation India
64, Greenways Road
Madras-600 028



Shri J. KRISHNAMURTI'S VISION OF YOUTH EDUCATION

Today's Education has become primarily concerned with exams and marks. It has lost its direction for it has given greater importance to knowledge rather than understanding the child and unfolding the total potential of his personality. Shri J. Krishnamurti's vision of education is concerned with the awakening of an integral intelligence which is concerned with the individual, society, and nature.

RATHI NILAKANTAN
DEVAKI MUTHIAH

MUSIC AND PERFORMING ARTS

Saturday, 27th February, 1993 — 7-00 p.m.

At : Fisherman's Cove
Covelong



OUR MAIN EVENT

BEACH BAR-BE-CUE FOR FAMILY AND FRIENDS

An informal and relaxing night of fun, frolic and excellent food. Transportation will be provided. Tickets available from the undermentioned members. Our sub-committee, headed by Gayatri Bewoor and Aruna Vijaykumar, will notify you of further details in a Special Mailing.

**SABINE SALAAM
GAYATRI BEWOOR**

Tickets : Rs. 150/- (11 years & above) Rs. 75/- (10 years & below)

From :

**Gayatri Bewoor
Christina Engvall
Maureen Hudson-Murari
Sujaya Menon
Alagu Muthu
Stina Vasu
Malini Vijayaraghavan
Aruna Vijaykumar**

A List of Books by IWA Members

The wealth of talent in IWA is truly remarkable. Having given well deserved publicity to the IWA entrepreneurs we now turn to the IWA authors. We give you a list of books recently published by our members :

SIMPLY DELICIOUS by Usha Bail

Published by the author. Price Rs. 50/- For IWA members Rs. 40/-

A large variety of recipes from North and South India and other parts of the world are featured in this book. The recipes are presented in a clear and simple way using easily available ingredients. The kitchen know-hows and the glossary of ingredients are a useful addition.

GANESHA

The Auspicious . . . The Beginning

by **Shakunthala Jagannathan & Nanditha Krishna**

(Listed price Rs. 210/- For IWA members Rs. 180/-)

(Vakils, Fieffer & Simons)

This book covers archaeology and history, legends and parables, imagery, symbolism and forms of worship of Ganesha, the most popular and beloved of the gods of the Hindu pantheon.

THE ARTS & CRAFTS OF TAMILNADU

by **Nanditha Krishna**

Photography by **V. K. Rajamani** (Mapin Publishing Pvt. Ltd.)

(Listed price Rs. 950/- For IWA members Rs. 665/-)

Presents the craft heritage of the State, covering its textiles, bronzes, metalware, jewellery, woodcraft, musical instruments, stone carvings, terracottas, Thanjavur paintings, basketry & fibre craft, festival crafts and folk toys.

ABIRAMI ANDADI ARAICHI (Tamil)

by **Devaki Muthiah**

Published by Gnanasambandam Publications — a division of the renowned Shaivite Mutt at Dharmapuram. Second edition Rs. 18/-

“Abirami Andadi” — a book of devotional verse, was written by Abirami Bhattar 250 years ago. It was dedicated to Goddess Abirami (Parvathi), the deity at the temple at Thirukadavoor. Devaki Muthiah has done extensive research on this tome, highlighting its historic, religious and literary merits. Presented as a thesis for her M.Phil. in Tamil literature, this book has an aesthetically pleasing cover design and is printed with clarity. The author's devotion to the Goddess and her love of the language are evident in the book, a must for every Tamil library.

DAKSHIN — Vegetarian delicacies from South India

by **Chandra Padmanabhan** (Harper Collins India), Rs. 95/-

This book was written with the purpose of teaching the rudiments of South Indian Vegetarian Cooking to the young people and non-South Indians.

The author has put together the various dishes ordinarily used in South Indian cooking: sambars, rasam, poriyals, salads, rice dishes and powders, snacks, chutneys and pickles and sweet dishes. All the recipes are authentic but have been considerably simplified so that they are quick and easy to prepare.

NARTHAKI — For the first time in India a Directory of Classical Indian Dance, published and edited by **Anita Ratnam**.

Price Rs. 125/-. A special 10% discount is available to all IWA members. Contact Anita Ratnam on 452123 or 458989.

This pioneering publication contains over 2500 names and addresses of classical dancers and dance institutions in India and abroad. NARTHAKI also contains a valuable chapter on accompanist artistes, sabhas, dance tailors, ornament makers and critics.

EXECUTIVE COMMITTEE

THE BOARD

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		Malini Vijayaraghavan	865798
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		Vijaya Balasubramaniam	72589
TREASURERS	:	Christina Engvall	454419
		Alagu Muthu	838683/837050

ACTIVITY CHAIRPERSONS

ARTS & HANDICRAFTS	:	Annie Raffier	614912
		Kausalya Jaganmohan	454201
BOOK DISCUSSION	:	Marie Williams	471700
		Javanthi Prabhakaran	6411659
CURRENT EVENTS & CAREERS	:	Poonam Lalchand	472947/8257157
		Zubeida Asgarali	471614
COOKING SWAPSHOP	:	Kyoko Ishizaki	453855
		Lily Madhok	454661/452525
HEALTH & ECOLOGY	:	Pauline Hahn	8253102/8250738
		Urmila Reddy	476421
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		Shakunthala Jagannathan	459199
MUSIC & PERFORMING ARTS	:	Sabine Salem	830126/832670
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