



International
Women's
Association

JUNE 1991

I W A NEWS LETTER

Vol. VI No. : 1
Madras

JUNE 1991

MONTH AT A GLANCE

- | | | |
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| Thursday June 13th | PHILOSOPHY AND RELIGION
Fasting — Its Role in Islam,
Jainism and Christianity | 10-00 a.m. . |
| Tuesday June 18th | HEALTH & ECOLOGY :
"Wholistic Health" A talk
by MALA ANAND | 10-00 a.m. |
| Thursday June 20th | CURRENT EVENTS :
Mr. CHO RAMASWAMY, political
commentator and editor speaks on the
AFTERMATH OF THE NATIONAL
ELECTIONS | 6-00 p.m. |
| Tuesday June 25th | BOOK DISCUSSION :
Rose Vincent's "Empire of Dust" will be
reviewed by GITA KRISHNAN KUTTY, a
French Scholar, and UMA NARAYANAN,
IWA's Woman of the Year (1990), one
of the book's translators. | 10-00 a.m. |
| Friday June 28th | MUSIC & PERFORMING ARTS
The artists of Kalakshetra present a
lecture - demonstration of the rudiments
of group choreography | 6-00 p.m. |

FROM THE PRESIDENTS

Dear Members,

Welcome back from the holidays! To help beat the heat we look forward to another year of interesting IWA activities. The Activity Chairpersons are all geared up and raring to go with an outstanding Activity Calendar full of events of national and international interest.

We look forward to your active participation. Our Founder's Day in July promises to be a great get together. A morning of fun and getting to know each other.

We are delighted to announce that the IWA Cook Book is now available for sale. This is a beautiful book and we would like to congratulate the Cook Book Committee for all their hard work in bringing it out. Special thanks also to the sponsors and donors and all those who contributed to the presentation of this book. Sale details are on page 11 and we urge you all to buy one not only for yourself but one for your friends.

See you all soon.

**NIRMAL MIRZA
STINA VASU**

EXECUTIVE COMMITTEE MEETING :

Tuesday, 11th June, 1991 — 10-00 a.m.

At: Lee Lawrence
'Lincoln House'
13, Bishop's Garden
Madras-600 028
Tel.: 837684



MEMBERSHIP COMMITTEE REPORT

On behalf of the Board and the Executive Committee, may we take this opportunity to welcome the new IWA members. The Committee looks forward to your active participation and support which will give IWA strength. For the benefit of all members, we set out hereunder the guidelines established by IWA since its inception.

- * An active IWA member should attend at least ten meetings in an IWA year (1 June - 1 April).
- * Do let us know if you plan to be away from Madras for an unusually long period. It will be recorded. It will also be wise if you can make up your attendance when you come back.
- * At every activity meeting, while signing the attendance register, please ensure that your name is printed in block letters.
- * Members are requested to be present before the actual commencement of the meeting in order to facilitate fellowship and remain throughout the meeting. This would be a polite gesture to the guest speaker who has spared his/her valuable time.
- * Display your name badge.
- * The newsletter gives you advance warning of the meetings scheduled for the following month, so that you can plan your programme to attend at least two meetings a month.
- * The committee requests your passport photo for membership identification and record. It would be of great help to us.

The IWA newsletter should reach you by the end of the month, but should you not receive it, please contact the secretaries Malini Vijayaraghavan or Vijaya Rangarajan for a fresh copy, or Nanditha Krishna's office at C. P. Art Centre.

VANITHA MUDALIAR
Membership Treasurer

CHANGE IN TELEPHONE NUMBERS

Kindly inform change of telephone numbers to Mr. Suresh at 455834/454970 or you may send a post card to Mr. Suresh at Wooltop Weaves, 44, Sir C. P. Ramaswami Road, Abhiramapuram, Madras-600 018.

We welcome our New Members :

ANGELA AGGELER 3, Rutland Gate 6th Street Madras-600 034 Telephone : 476727	AMERICAN
ALAGAMMAI ALAGAPPAN 17, Chittarangan Road Teynampet Madras-600 018 Telephone : 453240 (R) 454753 (O)	INDIAN
MANSHA BHATIA Kothi, 46, College Road Madras-600 006 Telephone : 473251 (R) 587912 (O)	INDIAN
VINITHA CHOPRA 15, Kothari Road Nungambakkam Madras-600 034 Telephone : 472026 (R) 867755 (O)	INDIAN
ARCHANA DHEER 16, Bishops Garden Madras-600 028 Telephone : 837632	INDIAN
SHOBA HEBBAR 92, Alagappa Road Madras-600 084 Telephone : 6411248	INDIAN
MANJULIKA JHAVER 2/2, Kothari Road Madras-600 034 Telephone : 474759 (R) 861378 (O)	INDIAN
FARIDA MAJID 1, Cathedral Gardens Nungambakkam Madras-600 034 Telephone : 868616	INDIAN

BILKIS MOOSA 1, Cathedral Road Nungambakkam Madras-600 034 Telephone : 868616 (R) 475342	SRILANKAN
M. V. VALLI MURUGAPPAN 15, Boat Club Road Madras-600 028 Telephone : 450392	INDIAN
LALITHA NAIDU Blessington 4, 4th Cross Street Sylvan Lodge Colony Kilpauk Madras-600 010 Telephone : 665555	INDIAN
RATHI NILAKANTAN 35, Thirumurthy Street T. Nagar Madras-600 017 Telephone : 865250	MALAYSIAN
BHANU RAMASWAMY 1-16th Harrington Road Madras-600 031 Telephone : 863182 (R) 455162 (O)	INDIAN
NANDINI SRIKANTH 4-A, 189-A, St. Marys Road Madras-600 018 Telephone : 72115	INDIAN

Please note the change in the following telephone numbers :

Rukmani Alagappan	6411523
Eira Doshi	411126
Kanta Gupta	4911711
Molly Jacob	861575
Premila Jacob	861342 (R) 865857 (O)
Srikantha Jhaver	551617

Kathleen Mason	2351502
Asha Mohan	6412657
Vanitha Mudaliar	6412626 / 6412604
Kamala Muthiah	6411141
Menaka Prabhakar	451357
Meena Rawlley	410574

... and change of address for :

Margaret Sekharan
A1, 658, Main Road
Fifth Street
Anna Nagar
Madras-600 040
Telephone : 6213692

... and correction for :

Helen Carr
3A, Gee Gee Minar
23, College Road
Madras-600 006
Telephone : 473910

IWA member Pat Johnson is back in the U.S.A. and
invites you to write to her at :

PAT JOHNSON
1112, N. Stafford Street
Apt, B-1
Arlington, VA 22201
U S A
Tel. : (703) 528 - 3702

PHILOSOPHY AND RELIGION

Thursday, 13th June, 1991 — 10-00 a.m.

At: Lee Lawrence
'Lincoln House'
13, Bishop's Garden
Adyar
Madras-600 028
Tel.: 837684



FASTING - ITS ROLE IN ISLAM, JAINISM AND CHRISTIANITY

For millennia, people have used fasting as a means to purify themselves both physically and spiritually. Over the centuries, every religion has developed its own customs, rituals and beliefs regarding fasting. Representatives from Islam, Jainism and Christianity will discuss the unique role each faith ascribes to fasting.

**MENEKA PRABHAKAR
LEE LAWRENCE**

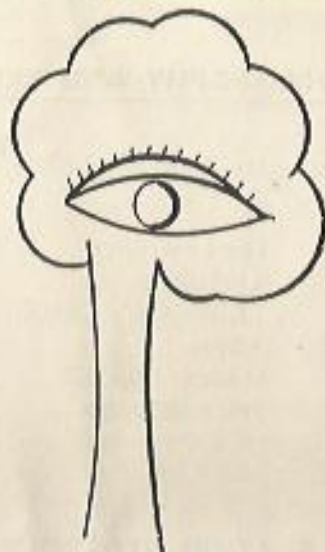
Sincere condolences to Margaret Sekharan on the death of her father who passed away recently in England.

Condolences also to Janet de Penning on the death of her grandmother in New Zealand.

HEALTH & ECOLOGY

Tuesday, 18th June, 1991 — 10-00 a.m.

At: Poonam Lalchand
No. 3, College Lane
Madras-600 006
Tel.: 471624



WHOLISTIC HEALTH

A talk by Mrs. Mala Anand. She says :

Disease is not natural, health is. Already, in essence we are well. There is an essence in us that not only heals us individually but extends to all we meet. Our body is where wholeness must begin. Only when we truly inhabit our body, can we begin the healing journey.

LILY MADHOK
POONAM LALCHAND

CURRENT EVENTS

Thursday, 20th June, 1991 — 6-00 p.m.

At: TTK Library Hall
(Inside TTK Compound)
6, Cathedral Road
Madras-600 006



AFTERMATH OF THE NATIONAL ELECTIONS

Mr. Cho Ramaswamy, Political Commentator and Editor of the magazine, TUGHLAK, will discuss the outcome of the National Elections and their possible effects on local and national politics.

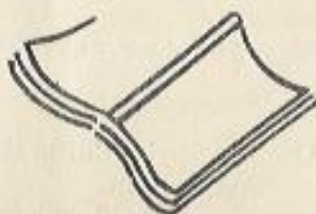
Spouses and Guests are welcome.

ALAGU MUTHU
ANGELA AGGELER

BOOK DISCUSSION

Tuesday, 25th June, 1991 — 10-00 a.m.

At: Selena Costa - Pinto
Morrison's Gardens
1, Haddows Road
Madras-600 006
Tel. : 472379 or 476799



EMPIRE OF DUST by Rose Vincent, translated from French by Uma Narayanan and Preetha Seetharam.

Read this love story of the Portuguese-Indian Begum Marquise Dupleix set against a backdrop of a declining Moghul Empire threatened by a handful of French soldiers and daring adventurers in Southern India.

Collect a copy through the three circulation lists : in Adyar (Anna Abraham incharge), in Kilpauk (Maureen Hudson Murari) and in Nungambakkam (Malini Vijayaraghavan).

Discuss it with Gita Krishnan Kutty, well-know French scholar in the city, and Uma Narayanan, IWA's Woman of the Year (1990), who is one of the book's translators, at the meeting.

**SELENA COSTA-PINTO
MARGARET SEKHARAN**

CONGRATULATIONS . . .

Padma Ashok has had a baby girl.

Zubeida Asgarali's son has just got engaged.

MUSIC AND PERFORMING ARTS

Friday, 28th June, 1991 — 6-00 p.m.

At : The Soviet Cultural Centre
Auditorium
27, Kasturi Ranga Road
Madras-600 018
Tel. : 454050



Choreography in dance tests the skill of any dance teacher, and when it comes to choreographing a dance ballet, where the movements, timing and synchronisation of over 10 to 50 artists are concerned, it is an arduous task. Dance ballets and Kalakshetra are synonymous. Every ballet has the individual stamp of the late Rukmani Devi. There is a judicious mixture of folk dance, Bharata Natyam, Kathakali etc., all woven beautifully to tell a story, never once transcending the line of classicism. The songs-Divine. The make-up and dress-'appealing'. The choice of characters 'apt' and the Mood-'Divine'. We take great pleasure in presenting the artists of Kalakshetra who will give a lecture-demonstration of the rudiments of group choreography.

All are welcome.

**RANI ANANTH
MARINA ARTOUNIAN**

Helpful hints :

When washing mixed colours, use cold water and add a quantity of vinegar (or salt).

Does anyone have a cure for mango stains? Please inform Suresh at Wooltop Weaves 455834 / 454970.

SALES OF IWA COOK BOOK

Copies of the IWA Cook Book are available at Rs. 100/- per copy. (One copy per member only at Rs. 100/-). Additional copies are priced at Rs. 125/- per copy.

Member's copies only are available from :

VANITHA MUDALIAR
'Avanti'
858, Poonamallee High Road
Kilpauk, Madras-600 010
Tel. : 6412626 / 6412604

LAKSHMI PADMANABHAN
6, Sripuram, 1st Street
Ground Floor
Royapettah, Madras-600 014
Tel. : 864334

Please telephone Vanitha or Lakshmi before 10-00 a.m. Monday to Friday to arrange collection of your Member's copy. Lakshmi has kindly agreed to bring your copy to any one of the Activity meetings. Please pay cash on delivery.

Additional copies at Rs. 125/- each are available from :

STINA VASU
TTK Compound
6, Cathedral Road
Madras-600 086
Tel. : 475792

NIRMAL MIRZA
Wooltop Weaves
44, Sir C. P. Ramaswamy Road
Abhiramapuram, Madras-600 018
Tel. : 455834 / 454970

SUNITA SHAHANEY (Please ask for Lila)
'Ashley House'
2nd Avenue, Boat Club Road
Madras-600 028
Tel. : 450759

EXECUTIVE COMMITTEE

THE BOARD

PRESIDENT	:	Nirmal Mirza Stina Vasu	415672/455834 478900/475792
VICE-PRESIDENTS	:	Nanditha Krishna Maureen Hudson-Murari	451850/451249 662627
SECRETARIES	:	Malini Vijayaraghavan Vijaya Rangarajan	865798 444334/446126
TREASURERS	:	Vanitha Mudaliar Christina Engvall	6412626/6412604 454419

ACTIVITY CHAIRPERSONS

ARTS & HANDICRAFTS	:	Sujaya Menon Padma Ashok	417464/860123 867801/476591
BOOK-DISCUSSION	:	Selena Costa-Pinto Margaret Sekharan	472379/476799 6211095 / 6211557
CURRENT EVENTS & CAREERS	:	Alagu Muthu Angela Aggeler	838683/450800 476727
COOKING SWAPSHOP	:	Shobhana Thomas Helen Carr	477088 (pp) 473910
HEALTH & ECOLOGY	:	Lily Madhok Poonam Lalchand	454661/452528 471624/510496
HISTORY, CULTURE & TOURS	:	Surekha Kothari Nor Mothahatti	472690/471262 458496
MUSIC & PERFORMING ARTS	:	Rani Ananth Marina Artounian	453037 454050
PHILOSOPHY & RELIGION	:	Menaka Prabhakar Lee Lawrence	417942/418649 837684