



International  
Women's  
Association

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MARCH 1990

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**I W A NEWS LETTER**Vol. IV. No:10  
Madras.**MARCH 1990****MONTH AT A GLANCE**

Thursday	March 1st	ART & HANDICRAFTS: Talk aided by slides on "Art: Beyond conformity" by AMITABH SENGUPTA.	10 a.m
Friday	March 2nd	HEALTH & ECOLOGY: British thespian ELSPET GRAY talks to us about mental handicap.	10 a.m
Saturday	March 3rd	<u>IWA GALA CIRCA 1990: Theatre,</u> dinner dance night at the Taj.	7.30 p.m
Monday	March 5th	EXECUTIVE COMMITTEE MEETING.	11 a.m
Wednesday	March 7th	PHILOSOPHY & RELIGION: SWAMI SHANKARANANDA presents a yoga demonstration.	<u>6 p.m</u>
Friday	March 16th	HISTORY, CULTURE & TOURS: Talk cum slide presentation on the Jersey Wildlife Presentation Trust by PRESTON AHIMAZ.	10 a.m
Thursday	March 22nd	<u>ANNUAL GENERAL MEETING.</u>	<u>10 a.m</u>
Monday	March 26th	MUSIC & PERFORMING ARTS: Special music concert by SUREKHA KOTHARI.	<u>6 p.m</u>

FROM THE DESK OF THE PRESIDENTS:

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Two of our very popular meetings in January were one, the Current Events meeting where the West German Consul Mr Rittmuller spoke so excellently about the breaking of the Berlin Wall, an epoch making event in world history. The film that followed his speech highlighted the events before and after the crash of the dividing wall in the city of Berlin. The other outstanding meeting was the International evening of music and dance held at the Soviet Cultural Centre. The evening's entertainment programme truly symbolised the spirit of mutual co-operation and togetherness in the fusion of many cultures, so willingly contributed by our members with a spirit of devotion and dedication. The haunting music of the young children of the Russian consulate; the elfin charm and musical prowess of the children of the Japanese community who were groomed by Tomoko Fuchita in presenting a delightful musical interlude; the graceful traditional dance by the Malaysian ladies led by Asimah Zakariah; the ever popular Scottish dancing presented by Dagmar and Heinrich Thomsen with a group of dancers from IWA families which kept the audience tapping their feet and clapping their hands to the rhythm; the scintillating finale which was a Tillana so exquisitely performed by the accomplished sisters, Anita Ratnam Raj and Prita Ratnam Muthana; all this and a superb percussion ensemble by the professionals of the Vinayakram school made the evening a memorable one. We are also deeply indebted to Natalia Cherepova Mr. Artounian, the Director of the USSR cultural centre, Fumi Tanaka, the Japanese consul general's wife and Dasiah Mahallil, the Malaysian consul's wife, for all their willing help.

Now, the event to look forward to is our annual event - the IWA GALA CIRCA - 1990 on Saturday 3rd March 1990 at the Taj Coromandel at 7.30 p.m. There are some really super lucky prizes. So if you have not booked yet - we urge you to hurry and book, provided there are any tickets left (which we doubt).

The A.G.M is scheduled for Thursday 22nd March '90 at the USIS auditorium. We look forward to seeing you all at the A.G.M.

Lately, a disturbing feature at our meetings has been the very late entry of a few of our members. They not only turn up after 11.30 a.m. and in a few cases even at 12 noon but quite a few of them leave after 10 minutes. Quite apart from the fact that it is the height of discourtesy to our speaker, it is disquieting to see such happenings. For those of you who need to be reminded about the code of courtsey IWA follows - let us enumerate them.

- 1) Please try to be punctual at meetings. If you have to be late due to circumstances beyond your control, please be there at least by 10.30 a.m. when the meeting commences.
- 2) If you cannot be there by 10.30 or 10.45 a.m, please do not attempt to come, as obviously you have other preoccupations.
- 3) If you have to leave early at meetings, please take a seat near the exit door, so that when you do leave you make an unobtrusive exit. Please do not sit in front or anywhere where it will upset the speaker's concentration, when you make your departure.

It is hardly befitting for an IWA member to come for 10 minutes, sign the attendance sheet and then make a quick exit.

Friends, we need to be involved and committed to keep IWA alive and truly vibrant.

VANITHA MUDALIAR

BARBARA CLARKSON

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Congratulations to Mahine Khaleeli on the birth of a fifth grandchild and the wedding of her youngest son.

## NOTICE OF THE AMAJA GENERAL MEETING

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Notice is hereby given of the Annual General Meeting of the International Women's Association on Thursday the 22nd March 1990 from 10 a.m to 12 noon at the American Centre Auditorium, American Centre, Gemini Circle, Madras - 600 006. Coffee and fellowship get-together till 10.30 a.m. The business side of the A.G.M. will commence at 10.30 a.m. sharp.

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### AGENDA

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- 1) Minutes of last year's A.G.M. report.
- 2) Secretary's annual report.
- 3) Treasurer's annual report.
- 4) Membership treasurer's annual report.
- 5) Appointment of an auditor.
- 6) Remarks by the outgoing Presidents.
- 7) Introduction of Nominating Committee by Nirmal Seshadri.
- 8) Chairman of the Nominating Committee presents the slate of officers for 1990 - 91.
- 9) Introduction of newly elected Executive Committee.
- 10) Address by the Co-Presidents for 1990-91.
- 11) Introduction of any other business.
- 12) Vote of thanks.

The Nominating Committee has presented the following slate of officers for 1990-91.

PRESIDENTS : Sunita Shahaney  
: Janet Picken

VICE-PRESIDENTS : Nirmal Mirza  
: Janet de Penning

SECRETARIES : Lakshmi Padmanebhan  
: Aruna Vijayakumar

TREASURERS : Vijaya Balu  
: Marianne Kelly

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Change of address:

- 1) Leila Diraviam  
`Sornani`  
221, 4th Avenue,  
Indira Nagar  
Madras - 600 020  
Phone - 419161/417977
- 2) Anna Abraham  
14B Ganapathy Colony  
(Off. Cenotaph Lane 2)  
Madras - 600 018  
Phone - 458486
- 3) Janaki Neresimhan  
60, First Avenue,  
Indira Nagar,  
Adyar, Madras - 600 020  
Phone - 412092

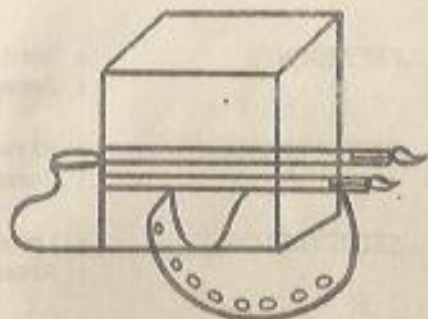
## ART & HANDICRAFTS

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Thursday 1st March '90, 10.a.m

At: Mani Rangaraj, "Amardeep",  
76, Poes Garden,  
Madras - 600 086.  
Tel: 454364

AMITABH SEN GUPTA, a renowned contemporary artist from Bengal, with several exhibitions here and abroad to his credit, is most knowledgeable on the art scene in India today. He will give us a talk cum slide presentation on "Art: Beyond conformity". All are welcome.



SHERNA DANANI  
SIGRUN NEUMANN

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## HEALTH & ECOLOGY

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Friday, 2nd March '90, 10.00 a.m

At: British Council,  
737 Anna Salai, Madras 2.

British Actress Elspet Gray has kindly agreed to talk to us about mental handicap. She is visiting India with her husband Sir Brian Rix CBE, DL, who is here in his capacity as chairman of MENCAP (the Royal Society for Mentally Handicapped Children and Adults). This will be a joint meeting with the Overseas Women's club of Madras. All are welcome.



VIJAYA BALU  
EIRA DOSHI

## CHINA TOUR

Mrs. Stina Vasu and Uma Narayanan are organising an exclusive China Tour from among close friends in the early part of May 1990. A visit to China is a once in a lifetime chance. It is the biggest country in the world, with a recorded history of 4,000 years, breath taking scenic beauty, people of varied cultures, a place to shop for exquisite handicrafts, an opportunity to taste genuine Chinese cuisine and get a glimpse of its varied culture. They have constructed a itinerary such that you will get an experience of its several facets. The tour will take you to Beijing, Xian, Guilin and Shanghai. The tour which is ex Bombay via Hongkong will cost approximately Rs.27,000/- - US\$ 300 (from FIS). It includes all hotels, sight seeing, transfers and English speaking guides. They would like to have your response by the end of February 1990 in order to be able to accommodate you. Please call Stina Vasu in her office for details. (475792)

UMA NARAYANAN

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IWA GALA CIRCA 1990

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Saturday, 3rd March '90, 7.30 p.m.

At: Taj Coromandel Hotel,  
Nungambakkam High Road,  
Madras : 600 034.

Our GALA - CIRCA 1990 Theatre, Dinner and Dance is being celebrated on March 3rd, and we hope by now you have all purchased your tickets for the evening. It promises to be a wonderful night of celebration and we look forward to seeing you all there. We wish to give special thanks to our sponsors of the doors prizes as well as our donors who have contributed generous cash amounts to help defray the cost of our expenses and ensure that the evening is a gala night to remember.



Acknowledgement and thanks to :

Mr. P.U.K. Menon of Air Lanka for two free tickets to the Maldives ,

Taj Coromandel Hotels for three nights accommodation in the Maldives.

Mr. Vivek Mathur of Steflex Automation & Robotics Co. for the Sumeet Washing Machine ,

Mr. R.J. Shahaney of Ashok Leyland for sponsorship of our program .

Mr. X. Desai of Titan Watches for sponsorship of the show.

Mr. Jayakar of Shaw Wallace for complimentary wine .

Mr. T.T. Vasu for the donation of a BAB-B-QUE.

Dr. V.K. Vijayaraghavan of Rallis India Ltd. for the Fan and Iron.

Mrs. Shobana Reddy and Mr. J.M. Baxi for generous cash donation towards our theatre entertainment.

SUNITA SHAHANEY

MAUREEN HUDSON MURARI

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EXECUTIVE COMMITTEE MEETING

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Monday 5th March '90, 11a.m.

At: Nirmal Mirza  
15A, Casuarina Drive  
Neelangarai  
Madras - 600 041  
Tel: 415672



PHILOSOPHY & RELIGION

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Wednesday 7th March '90, 6 p.m

At: Sivanda Yoga Centre  
2 Ranjit Road  
Kotturpuram  
Madras - 600 085  
Phone - 418431



A very important figure in the recent development of yoga is Swami Sivanda. This great master trained and worked as a doctor before renouncing the world for the spiritual path. A man of prodigious energy and strength, he established an Ashram and Yoga Academy - also founded the Divine Life Society dedicated to the ideals of truth, purity, non-violence and self realization. One of his disciples Swami Vishnu Devananda was sent to spread Yoga in the West. The Director from the New York Centre Swami Sankarananda will hold a Yoga demonstration to express the message of Swami Vishnu Devananda.

"Health is Wealth  
Peace of Mind is Happiness  
Yoga shows the way through  
Proper Exercise (Asana)  
Proper Breathing (Pranayama)  
Proper Diet  
Proper Relaxation  
Positive thinking & Meditation"

Open to all children, husbands and guests.

SANGEET CHOPRA

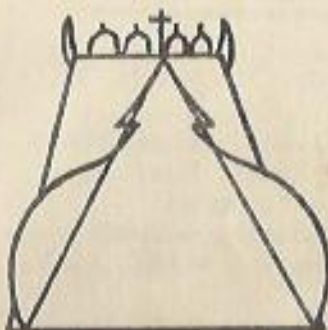
POONAM LALCHAND

## HISTORY, CULTURE AND TOURS

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Friday, 16th March '90, 10.00 a.m.

At : Shamim Padamsee  
5 North Leith Castle Road  
Santhome  
Madras - 28  
Tel : 77473/831429



Situated in the Channel Islands of Jersey, in the English Channel, the Jersey wildlife Preservation Trust (JWPT) is the brain child of the well-known animal lover and conservationist, Gerald Durrell. Durrell began his affair with animals at an early age, when he made life frightful for his family who found his various 'pets' in the most unlikely places! Durrell started the JWPT in Jersey on about 28 acres of gently rolling land.

Today the JWPT is one of the foremost centres in the world for the captive breeding of endangered species, with a high degree of breeding success.

Preston Ahimaz, the Tamilnadu State Organiser of the World Wide Fund for Nature - India (formerly World Wildlife Fund-India), lived and trained at JWPT. He will show us slides and talk about this fascinating place and how it functions.

NANDITHA KRISHNA

JANET DEPENNING

**ANNUAL GENERAL MEETING**  
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Thursday, 22nd March '90, 10 a.m

At: American Centre Auditorium,  
Gemini Circle,  
Madras - 600 006

Coffee : 10 to 10.30 a.m  
Meeting will commence at 10.30 a.m. sharp

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**MUSIC & PERFORMING ARTS**  
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Monday, 25th March '90, 6.p.m.

At: I.T.K. Memorial Hall  
6, Cathedral Road  
Madras - 600 086



(This hall is in the compound  
of Stina Vasu's bungalow)

One of our accomplished artistes in the Indian music world is I.W.A.'s popular Activity Chairperson SUREKHA KOTHARI. Hailing from a family of musicians Surekha, a versatile singer has had the good fortune of having trained under great musicians. Gifted with a mellifluous voice and enriched with an excellent repertoire Surekha can sing with ease in several languages. She has performed both in India and abroad 'at prestigious music festivals to a discerning audience. Today Surekha will regale us with a few choice Thumris, Ghazals and Bhajans.

All are welcome.

**NIRMAL SESHADRI**

(Please note that this is an evening concert. 6 to 6.30 p.m.  
Coffee. Concert will commence at 6.30 p.m. and will be for an  
hour)

### EXECUTIVE COMMITTEE

PRESIDENTS	: Vanitha Mudaliar	662626
	Barbara Clarkson	666604 456355
VICE PRESIDENTS	: Nirmal Seshadri	413820
	Aruna Vijayakumar	472732
SECRETARIES	: Nirmal Mirza	415672(Res)
	Seema Sait	455834(Off) 612800
TREASURERS	: Lakshmi Padmanabhan	864334
	Anneliese Marwah	417549

### ACTIVITY CHAIRPERSONS

ARTS & HANDICRAFTS	: Sherna Danani	837536
	Sigrun Neumann	413294
BOOK DISCUSSION	: Sarah Chanda	454265
	Maureen Hudson Murari	662627
COOKING SWAPSHOP	: Rupa Sood	450034
	Roma Alberts	451419 453128
CURRENT EVENTS	: Sujaya Menon	417464
	Kathleen Mason	410717 418902
HEALTH & ECOLOGY	: Vijaya Balu	72589
	Eira Doshi	419347
HISTORY, CULTURE & TOURS	: Nanditha Krishna	451850
	Janet de Penning	456529
MUSIC & PERFORMING ARTS	: Surekha Kothari	472690
	Dagmar Thomsen	452656
PHILOSOPHY & RELIGION	: Sangeet Chopra	410759
	Poonam Lalchand	472947 471624

In order to ascertain the special talents of our members, their children/grandchildren in any participation programme it is important for us to have a ready list of interests of the above people. Members are therefore requested to fill in the form below and return it to The Secretary, International Women's Association, P.O.Box No. 6950, Madras - 600 018

Special talents

Member's name : -----

Spouse's name : -----

Name & Age of family members	(1)	(2)	(3)	4)
Activity which they desire to participate				
Vocal Music (Ind or Western)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Instrumental Music (Ind or Western)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Drama	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please tick where your options are.

Our fellow member Mrs. Vimal Shivdasani invites all members and their families to her gallery

Vimonsha  
1½ Khader Nawaz Khan Road,  
Madras - 600 006.

2nd & 3rd Mar '90 -- Exhibition cum sale by 'Nalini' of Delhi for sarees and salwar khameez sets.

5th to 10th Mar '90 -- Exhibition of oil paintings by artist Padma Krishnamurthy. Inauguration by Stina Vasu on 5th, at 6.30 p.m.