

<b>1</b> Mon	<b>10.15 AM International Music Day</b> 12.00 PM Executive Committee 01.00 PM Managing Committee	
<b>5</b> Fri	10.15 AM Arts & Handicrafts	
<b>8</b> Mon	<b>04.00 PM</b> Music & Performing Arts	
<b>10</b> Wed	10.15 AM History, Culture & Tours / Health & Ecology	
<b>16</b> Tue	10.15 AM Health & Ecology	
<b>23</b> Tue	10.15 AM Philosophy & Religion	
<b>26</b> Fri	<b>04.00 PM</b> <b>The Deepavali Bazaar</b>	

To learn more, visit the IWA web site: [www.iwachennai.com](http://www.iwachennai.com)

<b>29</b> Mon	10.15 AM Cooking Swapshop	
<b>31</b> Wed	10.15 AM Book Discussion	
<b>1</b> Mon	12.00 PM Executive Committee 01.00 PM Managing Committee  <b>The Malayalee Club</b> 28, Club Road, Srinivasa Nagar Chetpet, Chennai 600 031	

**From the Presidents**

October is a fun filled month for IWA and we look forward to creating special memories with exciting events planned.

We fondly remember our Founder President, **Nirmal Seshadri**, as we celebrate **International Music Day** and her birthday on **Monday October 1<sup>st</sup>**, by honouring a promising young artist.

The **IWA Deepavali Bazaar** celebrations are **on Friday October 26<sup>th</sup>** from **4pm to 7 pm** at **Mayor Ramanathan Chettiar Centre**. We look forward to seeing you for an evening of fun and festivities. The **Khazana Stall** is ever popular due to your generous contributions. Those who would like to contribute in cash or kind are requested to hand over the same to any Board Member or Activity Chairpersons.

Our South Indian trip to **Rameshwaram** from **November 19th-21st**. has been confirmed. Please do warn in early to help us plan the optimal trip.

USHA JAWAHAR

MAHVASH SAIT

**From the Membership Secretary**

**Reminder:** Applications are being invited for new Indian members who reside within the postal zones of Chennai including Kanchipuram and Thiruvallur districts.

The date for accepting applications is **Monday, October 8, 2018 between 10 am and 12 noon at Amelie's, 6, Seshadri Street, Venus Colony, Alwarpet, Chennai 600 018.**

The sponsor and/or co-sponsor of the applicant must come in person to hand in the application.

JEYASREE RAVI

**Membership Sub-Committee**

**Presidents**

Usha Jawahar

Mahvash Sait

**Immediate Past Presidents**

Badrunissa Mahadevan

Farah Bangera

**Vice Presidents**

Nidhi Thadani

Anjali Sacheti

**Secretaries**

Jeyasree Ravi

Sanyukta Gill

**Immediate Past Membership Secretary**

Nidhi Thadani

**General Membership**

Ramani Reddy

Amulya Rao

### From the Membership Sub-Committee

We invite applications for new Indian members who reside within the postal zones of Chennai, including Kanchipuram and Thiruvallur districts. The procedure for sponsoring applicants is given below. Please read the instructions carefully and follow the same. **Incomplete applications will not be entertained.**

- a. A new applicant will have to be sponsored and co-sponsored by **two active members** of IWA who have been members for **at least 7 years**.
- b. The sponsor and co-sponsor may not have sponsored any candidate who has been accepted into IWA in the **last three years**.
- c. The applicant should include the following details in her bio-data:
  - Name
  - Passport Size Photos - 2
  - Date of birth
  - Profession
  - Designation
  - Address (residence and office)
  - Telephone Number (residence, office and mobile)
  - Email ID
  - Husband's name, profession and designation
  - In addition, her letter should specify whether she has a relative who is an IWA member. If so, the name and relationship of the member/ members
- d. The sponsor and co-sponsor should write a covering letter introducing the candidate and giving adequate reasons why they think their candidate would be suitable for IWA. This letter should be signed by both the sponsor and co-sponsor. This letter and the bio-data of the applicant are a **MUST** for an applicant to be considered for membership.
- e. Both the sponsor and co-sponsor should personally be well acquainted with the candidate.

- f. Members of the Managing Committee, Membership Committee and Advisory Committee may not sponsor or co-sponsor a candidate.
- g. The sponsor and/or co-sponsor must come in person to

**Ameliles, on Monday, October 8, 2018 between 10 am and 12 noon.**

Applications for new members will be accepted **only on this date** and at the place and time specified.


**Candidates are NOT required to be present.**

- h. The Membership Sub-Committee will scrutinize all the applications received and will inform the sponsor of the procedure to be followed thereafter.
- i. Any written and duly signed objections regarding applicants should be intimated to the Membership Secretary by **14 November 2018**.

**Jeyasree Ravi**

7/5, Nana Street, T.Nagar, Chennai 600 017  
Mobile No: 92821 05070

JEYASREE RAVI

<p><b>1</b> Mon</p>	<p>10.15 <sup>AM</sup>  <b>The Malayalee Club</b>                  28, Club Road, Srinivasa Nagar                  Chetpet, Chennai 600 031</p>	
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## International Music Day

October is a special month at IWA as we fondly remember our Founder Member **Nirmal Seshadri** as we celebrate International Music Day on her birthday on 1st October. Remembering her passion for music and performing arts, her family instituted an award to be given to a young and talented musician every year.

Our sincere thanks to the Music Committee comprising of **Asha Hemdev (Chairperson), Padmavathy Gunashekar, Jayanti Rajaram** and **Ann Mathew**.

This year IWA is proud to honor **Amirtha Varshini**.

Amirtha Varshini is a versatile musician and singer. She is a flautist in the orchestra of the Madras Musical Association. She is also an accomplished vocalist, singing a variety of songs from classical opera to Tamil film songs and folk songs.

Amirtha Varshini has passed the Grade 5 examination of the Associated Board of the Royal School of Music (ABRSM) in both vocal and flute with distinction and has performed in the high scorer concerts for distinguished candidates. She was awarded scholarships to the International Music Sessions, Long Island, New York (a summer music camp for talented child musicians from all over the world) in 2017 and 2018.

As a special treat we will also hear **Lydian Nadhaswaram** (IWA music award recipient) perform along with his sister Amirtha Varshini.

We look forward to you joining us at **The Malayalee Club** to acknowledge and hear their performance followed by a **lunch of scrumptious Kerala cuisine**.

**This is a members only meeting.**

USHA JAWAHAR

THE BOARD

MAHVASH SAIT

<p><b>5</b> Fri</p>	<p>10.15 <sup>AM</sup>  <b>E. Hotel</b>                  Gate No.1, Express Avenue Mall                  Patullos Road                  Chennai 600 002</p>	
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## Photography for Everyone, Everyone for Photography

**Gayatri Nair** is an engineer-turned-photographer who is passionate about making pictures of things as she sees them. She has a keen interest in family, culture and society and this makes her an ardent wedding photographer.

Gayatri is also a trustee of the CPB Foundation, a registered non-profit trust that promotes photography as an art form and a skill; through year long events and through the Chennai Photo Biennale. Chennai Photo Biennale is a four week long festival of photography exhibitions, walks, talks, workshops and films.

Gayatri will speak to us about her artistic journey and her current dream project, The Chennai Photo Biennale. She will also give us tips on getting better pictures on our smartphones!

We thank **Jaya Tambay-Patwardhan** for being our day facilitator.

Looking forward to seeing you.

BANU SINGH

RIGMOR EKSTRAND

<h1>8 Mon</h1>	<p><b>04.00 PM</b>  <b>The Folly, Amethyst</b>                  Whites Road                  Next to Corporation Bank                  Royapettah, Chennai 600 014</p> 
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## The challenge Indian writing poses to English theatre

Over the last couple of decades Indian playwrights and writers have engaged the attention of English Theatre, either in original, translation or adaptation. How has traditional English theatre, nourished on Western plays, from Shakespeare and Shaw to Pinter and Neil Simon, coped with this new focus? What difficulties and challenges has this thrown up? What effect has it had on audiences, used to “English English”? Renowned theatre personality and voice-over artist **PC Ramakrishna** looks at this progress, with the pitfalls encountered and opportunities given.


P.C. Ramakrishna is a theatre actor and a communications professional, long associated with The Madras Players as an actor and administrator. He served as its president for two decades and has acted in scores of its theatrical productions since 1969.

We thank **Sherry D. Batliwala** for being our day facilitator.

**Please note this is an evening meeting.**

DEEPALI GOYAL

SWATI REDDY

<h1>10 Wed</h1>	<p>10.15 AM  <b>The Folly, Amethyst</b>                  Whites Road                  Next to Corporation Bank                  Royapettah, Chennai 600 014</p> 
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## “Be the change you wish to see”

The pressing need of the hour is the rapidly deteriorating environment in and around Chennai that sorely needs our attention..... Here to sound the warning bell and urging us to stand up and be counted is **Arun Krishnamurthy**, Founder of the NGO, the Environmentalist Foundation of India (EFI). He will talk to us on Chennai’s pristine ecology and the need for people to participate in its conservation.


He is the world’s youngest awardee of the Rolex Award of Enterprise, the award one of several, recognized his contribution to the restoration of Chennai’s Kilkattalai lake, one of the main feeders to the Pallikarnai marsh. This “Lake Warrior” has spear headed the restoration of 39 lakes and 54 ponds in the country. His talk will be accompanied by one of the 6 environmental documentary films that EFI has made for creating public awareness. So, if you have ever felt distressed by the litter and pollution.....let’s learn how to turn our concern into something meaningful and community – altering by actively participating.

Together let’s make mountains move!

We thank **Shanthi Thomas** for being our day facilitator.

SOMNA SACHDEV  
 DEEPAM RAVINDRAN

SHEELA K SARATH  
 VIRGINIE BOMPOIL

<h1>16<sup>Tue</sup></h1>	<p>10.15 <sup>AM</sup>  <b>The Folly, Amethyst</b>                  Whites Road                  Next to Corporation Bank                  Royapettah, Chennai 600 014</p> 
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## A Donor’s Story!

The Journey of a Kidney Donor, **Anil Srivatsa**, who went through emotional upheavals and subsequent making of a champion for the cause of Organ Donation. He encourages people to accept the concept of organ donation and willingly become donors just like him.

Anil has driven across 40 countries over 70,000 kilometers in his own car and taken the message to schools, colleges and organizations.


From being the Chief Executive Officer of Kings XI Punjab, an editor and publisher of Blossom City, COO of Radio Today, broadcasting India’s first FM Network for Women only, Executive vice-president of Imagine Asian TV, director of Worldwide marketing and public relations for RTV, UK, to being the Director of Cricket and South Asian at Kelly Broadcasting Systems - his career is a mosaic of the eclectic and the creative.

Please join us as Anil Srivatsa presents his true story of gifting a life.

We thank **Shobha Jesudasen** for being our day facilitator.

DEEPAM RAVINDRAN

VIRGINIE BOMPOIL

<h1>23<sup>Tue</sup></h1>	<p>10.15 <sup>AM</sup>  <b>The Folly, Amethyst</b>                  Whites Road                  Next to Corporation Bank                  Royapettah, Chennai 600 014</p> 
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## The Idea of Happiness

What does the search for happiness amount to? Why is it that people tend to find existential meaning in unhappiness when happiness is valued so much? This talk will explore some philosophical themes around the idea of happiness.

**Sundar Sarukkai** is Professor of Philosophy at the National Institute of Advanced Studies, Bangalore. His work is primarily in the philosophy of natural and social sciences. He is the author of many books including Philosophy of Symmetry, Indian Philosophy and Philosophy of Science. He is the Co-Chief Editor of the Springer Handbook of Logical Thought in India. He has also been very active in outreach programmes to take philosophy to different communities and places as well as bringing philosophy to the public through his writing in The Hindu. He is heading a project of philosophy in the public domain, funded by the Tata Trusts.

Happiness is a state we all aspire to.

Aren't you eager to find out what happiness truly means?

We thank **Kaety Dalal** for being our day facilitator.

KAUSALYA SANTHANAM

MANGAI KAMAL

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Our Heartfelt condolences to **Shanti Karunakaran** on the loss of her husband.

<h1>26<sup>Fri</sup></h1>	<p><b>04.00 PM</b>  <b>Mayor Ramanathan Chettiar Centre</b>                  75/2, Santhome High Road                  M.R.C. Nagar, R.A. Puram                  Chennai 600 028</p>
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## Deepavali Bazaar

“Deepavali” -The festival of lights symbolizes the spiritual “victory of light over darkness, good over evil and knowledge over ignorance”.

Do join us for IWA’s Deepavali celebration with an evening filled with surprise entertainment and shopping followed by a mouth watering High Tea.

The ever popular Khazaana stall will be present.

We are pleased to invite IWA members for the Deepavali celebrations and **no ticket purchase is required for our members**, however there will be **guest charges of Rs.600**.

We look forward to welcoming you there with friends and family.


Our heartfelt thanks to **Visalakshi Ramaswamy** for graciously sponsoring the hall.

**Please note this is an evening meeting.**

USHA JAWAHAR

THE BOARD

MAHVASH SAIT

<h1>29<sup>Mon</sup></h1>	<p>10.15<sup>AM</sup>  <b>The Folly, Amethyst</b>                  Whites Road                  Next to Corporation Bank                  Royapettah, Chennai 600 014</p>	
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## Learn About Lavender

Growing up in Coimbatore, **Siddharth Murthy's** passion is Food and visual arts. His mother and grandmother were his foremost teachers, followed by hotel management and the-hospitality industry. This took him around the world and ultimately to Australia and landed him into - Lavandula Farms owned by Carol White In Daylesford, a small rural town. Here Sid prepares a menu for the cafe, that is authentic and uses local/seasonal herbs from their own kitchen garden which of course features lavender.


Come join us for this interesting and fragrant talk on lavender and how it is used for culinary purposes.

NANDI SHAH

NALINI PANDAY

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We are deeply saddened by the sudden demise of **Meera Jayakar** who passed away on September 17th 2018. May her soul rest in peace. We will miss her cheerful presence.

<p><b>31</b> Wed</p>	<p>10.15<sup>AM</sup>  <b>Madras Literary Society</b>                  DPI Campus,                  College Road, Nungambakkam                  Chennai 600 006</p>	
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**Come Kreeda With Us! Triple  
 Treat laid out for you.....  
 Games in books, games in  
 Chennai, games in MLS!**

Do you know which game Shankar and Parvathi played on Mount Kailasa? And the one Ramanujan played with his mother?

It's all in the books and what's more, you get to play them! Following a short reading of extracts, we invite you to take a step back into your childhood and crossing all ages and boundaries, perhaps follow in the footsteps of Rama, Sita and Lakshman, or...Perry Mason or...Edgar Allan Poe?

To enjoy this morning, we have the perfect setting for you in the Madras Literary Society, a 200-hundred-year-old library housed in a century old heritage building, right in the heart of the city!

First time visitors please set out in good time and make your way to College Road. Sharing the wall with WCC, is the entrance to the DPI compound and MLS is the first Indo Saracenic building on your left, if you enter through this gate.

**Vinita Sidharta**, the founder of Kreeda will share with us the journey of the organisation that has been researching and reviving traditional games that were inspired by the shells and seeds and fruit-laden trees of Chennai.

We thank **Kashmira Daruwala** for being our day facilitator.

JAYA NARAIN MAHBUBANI

GOWRI VISVANATHAN

**AGELESS...SPIRITUAL...WONDROUS RAMESWARAM**

Take a trip to **Rameswaram**, a coastal Tamil Nadu town considered the "Varanasi of the South" and come back feeling blessed!

Fly to Madurai and drive 3 1/2 hours down to Rameswaram in a luxury bus, with a well-informed guide who will bring alive the stories of the Indian epic-The Ramayana and stay at the four-star **Hyatt Place** for 2 nights.

There is so much to see, take in the spectacular **Ramanathaswamy temple**, with its huge sculpted pillars, that houses the longest ornate corridor in the world. Bathe in the waters of the **Agni Theertham**, tantamount to doing penance and wash away your sins. Visit **Devipattinam**, a delightful coastal village and see the partly submerged navagrahas. Drive on the 2 kms long cantilever **Pamban bridge** touted as an engineering marvel and catch a beautiful sunrise.

Drive to **Dhanushkodi** and hear the folklore unfold. Take a boat ride to uninhabited **Kurusudai Island** with coral reefs and fishes; get lucky and catch a glimpse of a dolphin or a sea-cow.

Be transported to the 17th century...visit the palatial **Ramanad Palace**, the house of the Sethupathy kings and be charmed by the colourful murals adorning the walls.

And of course...pay silent homage at the home of the 'Missile Man' revered as the 'People's President'... Dr. Abdul Kalam. All this and more charming sights will be yours to experience as you travel with us thru this picturesque coastal town,

**Dates of Travel: 19th-21st November**

**Approx. Cost: Rs. 19,500 (inclusive of travel) + 5% GST**

**Group No. 16 pax**

**Contact : Somna Sachdev 98410 22922**

**Sheela K Sarath 98840 33336**

**Last date for full payment: October 5th**

SOMNA SACHDEV

SHEELA K SARATH