

**March at a Glance**

<b>1 Fri</b>	10.00 <sup>AM</sup> Managing Committee 11.00 <sup>AM</sup> Executive Committee	
<b>5 Tue</b>	<b>03.45 PM</b> Cooking Swapshop	
<b>8 Fri</b>	10.15 <sup>AM</sup> Music & Performing Arts	
<b>12 Tue</b>	10.15 <sup>AM</sup> Arts & Handicrafts	
<b>14 Thu</b>	10.15 <sup>AM</sup> History Culture & Tours	
<b>19 Tue</b>	10.15 <sup>AM</sup> Health & Ecology	
<b>25 Mon</b>	<b>07.00 PM</b> <b>Grand Finale</b>	

To learn more, visit the IWA web site: [www.iwachennai.com](http://www.iwachennai.com)

<b>26 Tue</b>	10.15 <sup>AM</sup> Philosophy & Religion	
<b>28 Thu</b>	10.15 <sup>AM</sup> Book Discussion	

<b>1 Fri</b>	10.00 <sup>AM</sup> Managing Committee 11.00 <sup>AM</sup> Executive Committee  Pumpkin Tales 37/20, Bheemana Garden Street Alwarpet Chennai 600 018
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Meetings hosted by **Jaya Mahbubani, Ritu Sahi** and **Gowri Visvanathan**

**From the Presidents**

Dear Friends,

The month of March has arrived and with that our exciting and fun-filled IWA year comes closer to completion.

We wish bon voyage to our group of IWA ladies going to Varanasi and Lucknow in the first week of March. It promises to be an exciting trip filled with cultural and culinary adventures.

The Endowment Lecture was very well received and our eminent guest speaker was truly inspiring.

The **Grand Finale** is on **Monday 25th of March** at **Hotel Crowne Plaza**. We look forward to your presence.

The Nomination form for nominating office-bearers for Election to the Managing Committee 2019-2020, is attached in this newsletter.

Getting a proactive team with enough knowledge of IWA to constitute the Election Committee, especially after the Byelaws have been in effect for sometime, is a very responsible and onerous experience! We have an excellent team, under the guidance of Princess Naik, who are shouldering this responsibility in a thorough manner!

As per the Byelaws 11m (viii):

“The Election Committee shall present to the members, the names of Indian and non-Indian Candidates, who are eligible and willing to stand for election to the Managing Committee along with a photograph and posts held in IWA...”

Please send your completed **nomination forms** to **Princess** no later than **Friday, March 8th**.

The **AGM** will be held on **Friday, April 26th**. The venue will be notified in the April Newsletter. Please be aware of Byelaw 10 Q (vi) on termination of membership being applicable to “A member who does not attend three consecutive meetings of the General Body without leave of absence in advance in writing”. Reminder letter has been sent to members who have not attended the previous 2 AGM.

We once again take this opportunity to thank every one of you for the support and endorsement of activities and events planned during the year.

We look forward to seeing you at our March meetings.

USHA JAWAHAR

MAHVASH SAIT

**5<sup>Tue</sup>**

**03.45 PM**

**Flower Bazaar Police Station**  
(Assembly Point)  
C1, Flower Bazaar, NSC Bose Road  
Chennai 600 001



**The food walk**

Join us to discover some interesting eating places in the buzzing area of George Town.

We are on a Food trail to discover some quaint some iconic eating spots – a walk that will surely tickle your taste buds along with introducing you to the history of these place.

**Dhruva**- Lawyer by profession, Radio Broadcaster to entertain and a Guide with a passion, will be accompanying us on this food walk.

Please note this will involve walking in busy streets for about an hour with stops to taste the food. Please bring your hat and sun glasses and walking shoes. Make sure you are comfortable.

**This is a warn-in meeting.** So sign up fast at the below mentioned numbers between March 1 - 3rd.

**Whatsapp - Nandi Shah 9884070014**

Assembley at flower bazar police station- at the **statue of King George V**. - **by 3.45p.m.** Kindly be on time as we will leave sharp at **3:50p.m.**

The meeting will last longer than our usual meeting times so please plan accordingly for your cars to pick you up.

Meeting sponsored by **Nandi Shah**.

NANDI SHAH

NALINI PANDEY

We would like to thank **Preeya Reddy** for part sponsoring our meeting, Chutney Chatter on January 29th.

<h1>8 Fri</h1>	<p>10.15 <sup>AM</sup>  <b>Madras Club</b>                  8 Adyar Club Gate Road,                  Chennai 600028</p>	
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## Sreemati

### Exploring Women through Puppetry and Dance

On this women's day we will be celebrating the woman with all the riches of the world in her persona - Sreemati. We welcome you to this joyous celebration through the medium of puppetry.

The day begins with Abharana, an interactive between the queen, who is a puppet and her Sakhi, the dancer. It continues remembering the extraordinary women of ancient India, Chudala, Maithreyi, Savithri, the Grihini and Sulabha. This will be followed by a glimpse to the world of classical puppetry.

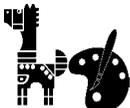
Presenting this world of puppets are two women from Bangalore, **Anupama Hoskere** and **Divya Hoskere**. Anupama is a Master puppeteer (an engineer who has a masters degree from the University of California) and the founder of Dhaatu Puppet Theater which believes in the traditional wisdom and values offered by Indian culture and uses puppetry to spread this knowledge to children in the hope that it will be a valuable space in their consciousness they can return to a later stage in their life.

**Divya Hoskere**, her daughter, is a trained Bharatanatyam artist, puppeteer and student of Bachelor's of Design.

We thank **Kalpna Sonthalia** and **Vidya Singh** for sponsoring this event.

DEEPALI GOYAL

SWATI REDDY

<h1>12 Tue</h1>	<p>10.15 <sup>AM</sup>                  Seetha Muthiah's Residence                  Coromandel House                  14 Boat Club Road                  R.A. Puram, Chennai 600028</p>	
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## The Mystical Kolam

**Shanthi Sridharan** is an artist from Chennai with a particular focus on the great Indian art of **Kolam** and **Rangoli**.

Kolam is a design philosophy based on connecting the dots with lines and curves to create infinite design patterns. The Kolam patterns are a rich source of figure language which serves as a stimulus for creation of new types of languages to communicate. These drawings cannot be preserved. They get walked on, washed out or blown by the wind; one has to let go and new ones are made. This infinity and detachment creates an unmatched mystic only paralleled to the aura associated with the existence of the universe.

Shanthi will speak about this unique form of philosophy and art.

We are grateful to **Seetha Muthiah** for graciously hosting the meeting in her beautiful home.

We thank **Sheetal Shah** for being our day facilitator.

BANU SINGH

RIGMOREKSTRAND

<b>14<sup>Thu</sup></b>	<p>10.15 <sup>AM</sup>  <b>E-Hotel</b>                  Gate No.1, Express Avenue Mall                  Patullos Road                  Chennai 600 002</p>	
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## History, Tradition and Evolution of Bharatanatyam

India's priceless artistic heritage is today the toast of the world. To help preserve this legacy for generation-next albeit, remains a challenge. Working towards this preservation is **Jayanthi Varma, dancer par excellence**, who hails from the **Royal Family of Cochin**. Early exposure to Indian culture inculcated in **Jayanthi** an immense love and respect for the spiritual and cultural heritage of India. From the age of six, she was trained in Bharatanatyam by **Padma Bhushan Smt.Kamala Lakshman and K.P.Kittappa Pillai doyen of the Tanjore Quartet family**. Today, she is the Founder Director of **Tapasya Kala Sampradaya** since 1977, an organization that works to preserve original cultural heritage.

Jayanthi will outline what has been done to preserve this art form with the help of **"Marainduvarum Marabugal"**, Tapasya's research **documentary film** that captures eminent masters and artistes from hereditary families from the field of Bharatanatyam and its music, sharing nuances of their art and artistic heritage.

Filmed in the tradition centers of art like **Thanjavur, Tiruvarur, Kanchipuram** this film gives us an added insight into traditional teaching techniques of the renowned families that nurtured and preserved the ancient art of Bharatanatyam.

We thank **Leena Suryaprakash** for being our day facilitator.

SOMNA SACHDEV

SHEELA K SARATH

<b>19<sup>Tue</sup></b>	<p>10.15 <sup>AM</sup>  <b>The Folly, Amethyst</b>                  Whites Road                  Next to Corporation Bank                  Royapettah, Chennai 600 014</p>	
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## Vultures In Vain

Growing up reading books by Kenneth Anderson and Jim Corbett, **18 year old Akshay Bharadwaj**, currently doing his 1st year in the Indian Institute of Science, is a **wildlife enthusiast**. On behalf of Karnataka's forest department, Akshay has shot a documentary on the **last remaining Vultures** in the scenic hills of Ramnagar, which tells us the story about the fast declining vultures, of his home state. In his documentary he has created an awareness on the dramatic effect their extinction would have on our ecological environment.

Having had the good fortune of visiting several forests and plethora of habitats across our country, from traversing the vast expanses of nothingness in the Thar desert to being stranded in thundering rain along the Western Ghats, Akshay's was a childhood that few could imagine and even fewer could experience.

Come listen to one of our youngest speakers **Akshay**, as he shares the tales of the mystic and intriguing forests, about his struggles and experiences and most of all his sustained motivation at this early age.

We thank **Mrs.Mridula Narasimhan** for being our day facilitator.

DEEPAM RAVINDRAN

VIRGINIE BOMPOIL

<h1>25</h1> <p>Mon</p>	<p><b>07.00 P.M</b>  <b>Crowne Plaza</b>  <b>Chennai Adyar Park</b>                  132, TTK Road, Alwarpet                  Chennai 600 018</p>	
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## Grand Finale!

**“If you can make a woman laugh, you can make her do anything”**  
 - Marilyn Monroe

It's the culmination of a wonderful year, full of friendship, activity, fun and laughter.

The **IWA Board** is delighted to invite you to the final event of the year, **The Grand Finale**.

Join us for a night of merriment and laughter. We bring you an exciting evening of comedy and live music followed by a scrumptious dinner. This **event is open to spouses and friends of members for Rs. 1800**. There is a limit of **75 passes** and it will be available at forthcoming IWA meetings.

Dress Code- **Black with a metallic touch**

**This is an evening meeting.**

USHA JAWAHAR

MAHVASH SAIT

THE BOARD

<h1>26</h1> <p>Tue</p>	<p>10.15 AM  <b>Alagammai Alagappan's Residence</b>                  10 Chittaranjan Road,                  Teynampet                  Chennai-600 018</p>	
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## Building, enhancing and restoring relationships

Our speaker **T.T.Srinath** is a sensitivity trainer, a member of the Indian Society for Applied Behavioural Science, (ISABS). A Post-Graduate in Human Resource Management from XLRI, Jamshedpur he is a Ph.D. in Organisational Behaviour from Anna University, Chennai. He is a Certificate holder in Sociodrama & Action Methods, issued by MPV/SAM Sociodrama & Action Methods Training and accredited by the British Psychodrama Association.

He has spent over 37 years as an entrepreneur including 20 years as a human interaction facilitator. He has worked with more than 130 organisations across the world interacting with thousands of participants through his workshops..

He is a stage actor, a member of The Madras Players, and an author.

We thank **Alagammai Alagappan** for graciously hosting this meeting at her residence.

We thank **Anita Reddi** for being our day facilitator.

KAUSALYA SANTHANAM

MANGAI KAMAL

<h1 style="margin: 0;">28<sup>Thu</sup></h1>	<p>10.15 <sup>AM</sup>  <b>Hanu Reddy Residences</b>                  39/18 Binny Road, Poes Garden                  Chennai 600 086</p>	
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## Memory & Memories

Perhaps you remember every word spoken by someone years ago but are struggling to remember the name of the person sitting next to you? Is this important?

Holder of several records, author, Ted-speaker, entrepreneur **Mr Krishan Chahal** shares the opinion that a good memory can be a great asset and a bad memory can cost you in more ways than one. Fortunately, everyone (yes, you too) has the capacity for developing a good memory with the art which we will learn from the Memory King and mnemonics expert.

The Indian Air Force, Indian Navy, Indian Railways, Tatas and Birlas and many many on a longlist have benefitted under the Industry Outreach Initiative of Mirchi Networks Pvt Ltd.

IWA will gain from their Memory Improvement Educational Program. Bring your guests, bring your children, but do **warn in** by sending a message to **Gowri** or **Jaya**.

Can you afford to miss our Meeting this March? Make a note of it, lest you forget!

We thank **Kaety Dalal** for being our day facilitator.

JAYA NARAIN MAHBUBANI

GOWRI VISVANATHAN

## From the Election Committee

We invite you to nominate eligible members for positions of office in the IWA Managing Committee 2019-2020

### Guidelines:

1. **Nominees for President, Indian, should have served on the Managing Committee for at least 2 years.** They should have been members of IWA for at least 7 years. This may be relaxed in the case of non-Indians
2. **Nominees for the other 3 office bearers of the Managing Committee (i.e. Vice President, Secretary or Treasurer) should have served as Activity Chairpersons for at least 2 years.** This may be relaxed in the case of non-Indians who have been members of IWA for 3 years or less.
3. As per Section M (vi) of the IWA Bye-laws,  
 “The Election Committee shall scrutinize the nominations received..... **If there are insufficient names for any office, to make up such shortfall, the Election Committee shall call for nominations from the floor of the house at the Annual General Meeting, and conduct the election by secret ballot.....”**
4. The members of the Election Committee will therefore NOT be making calls to members who have not been nominated for any post. We therefore urge all eligible members who would like to serve on the Managing Committee to please send in their nominations on time. **A candidate is permitted to nominate herself.**
5. If no nominations are received for a post/posts, the nomination and election for the post/posts will be conducted at the AGM, as mentioned above. The nominee/s **MUST** be present at the AGM at the time of the elections.
6. The Election Committee shall present to the members the names of Indian and non-Indian nominees who are eligible and willing to stand for election on the Managing Committee. They shall inform the members of the date, time and venue of the election.

**This newsletter carries the Nomination Form. You may enter nominations for some or all of the positions mentioned. Please fill the form and send it to the Chairperson of the Election Committee:**

**Princess Naik**  
 12 (Old 83), 4th Main Road  
 Gandhi Nagar, Adyar  
 Chennai 600 020

**Please ensure that your Nomination Form reaches Princess Naik before 3pm on Friday, 8th March, 2019**

- Chairperson : Princess Naik**
- Members : Maureen Hudson Murari  
 Poonam Lalchand  
 Nita Reddy  
 Thayabae Kakar**
- Ex-Officio : Usha Jawahar  
 Mahvash Sait**

**From the Election Committee**

The Election Committee has contacted all members who are eligible to be nominated for Managing Committee of 2019-2020.

**The following Candidate is eligible and willing to be nominated as President 2019-2020.**

**INDIANS**



**Nidhi Kapoor Thadani**

EC Book Discussion	2015-2016
EC History, Culture & Tours	2016-2017
MC Secretary	2017-2018
Vice President	2018-2019

**The following Candidates are eligible and willing to be nominated for Managing Committee (Vice President, Secretary, Treasurer) 2019-2020.**



**Tehnaz Bahadurji**

EC Book Discussion	2011-2012
EC Current Events	2016-2017
MC Treasurer	2018-2019



**Sadiya Khaleel**

EC Philosophy & Religion	2007-2008
EC Music & Performing Arts	2017-2018



**Usha Moorthy**

EC Health and Ecology	2011-2012
EC Arts & Handicrafts	2015-2016
EC Cooking Swapshop	2016-2017



**Jeyasree Ravi**

EC Music & Performing Arts	2013-2014
EC Arts & Handicrafts	2014-2015
EC Music & Performing Arts	2016-2017
MC Treasurer	2017-2018
MC Secretary	2018-2019

**NON-INDIANS**

**The following Candidates are eligible and willing to be nominated for Managing Committee (President, Vice President, Secretary, Treasurer) 2019-2020.**



**Sanyukta Gill**

EC Arts & Handicrafts	2015-2016
EC Current Events	2017-2018
MC Secretary	2018-2019



**Shobha Jesudasan**

EC Current Events	2016-2017
EC Health & Ecology	2017-2018



**Anjali Sacheti**

EC Philosophy & Religion	2011-2012
EC Music & Performing Arts	2012-2013
EC Book Discussion	2013-2014
EC Arts & Handicrafts	2014-2015
EC Current Events	2015-2016
EC History, Culture & Tours	2016-2017
MC Secretary	2017-2018
MC Vice President	2018-2019



**Manisha Singhee**

EC Cooking Swapshop	2005-2006
MC Secretary	2009-2010
MC Treasurer	2010-2011
MC Secretary	2016-2017
MC Treasurer	2017-2018
MC Treasurer	2018-2019