

<b>7<sup>Mon</sup></b>	10.00 <sup>AM</sup> Managing Committee 11.00 <sup>AM</sup> Executive Committee	
<b>21<sup>Mon</sup></b>	10.15 <sup>AM</sup> Welcome back Fellowship Meeting	
<b>23<sup>Wed</sup></b>	10.15 <sup>AM</sup> Arts & Handicrafts	
<b>29<sup>Tue</sup></b>	10.15 <sup>AM</sup> Cooking Swapshop	
<b>31<sup>Thu</sup></b>	10.15 <sup>AM</sup> Current Events	

To learn more, visit the IWA web site: [www.iwachennai.com](http://www.iwachennai.com)

**From the Presidents**

On behalf of the committee, we wish you a joyful, healthy and peaceful 2019.

We ended last year with a fun Christmas fellowship. Amidst good friends and yummy food, it was a morning to remember. A special thanks to **Sharmilee Nielson, Sushi Nataraj** and our melodious choir singers **Jennifer Ann, Usha Chandrakumar, Anitta Clausen, Premila Jacob, Anita Koshi, Achu Kurian, Buddy Mahadevan, Maya Mathew, Reena Verghese, Princess Naik** and **Leena Suryaprakash**. Our heartfelt thanks to **Rajini Reddy** for graciously sponsoring the Christmas lunch

We look forward to welcoming you to join us for the India trip in March. We plan to explore Lucknow and Varanasi through the exciting weavers and food trails. Please warn in as early as possible for this blissful cultural experience.

Our sincere thanks to the Membership Committee for the smooth and most efficient processing of the new member selection. A very warm welcome to our new members.

Please check the attendance tally, which will be available at all meetings in January.

Thank you for encouraging us through 2018, we look forward to your continued support in the New Year. Our activity chairpersons have some exciting and stimulating meetings planned in the upcoming months.

USHA JAWAHAR

MAHVASH SAIT

**From the Membership Secretary**

From among the applications received by the Membership Committee **Shefalii Dadabhoy** has been selected as Special Guest and will continue in the same status until April 2020. In our Bye-Laws Rule 10 Clause L regarding special guests, the amended No:8 of the guidelines to Membership Committee under Annexure 1 shall apply.

I thank every member of the Membership Committee for their dedication, effort and meticulousness in their selection process.

JEYASREE RAVI

**We are happy to welcome our new Non-Indian member**


**Renuka Sabanayagam (USA)**

16, Bishop garden  
 Off greenways road  
 Chennai 600028  
 Mobile:+91 9380848301  
 Landline:044-24938807  
 Email:renusabanayagam@gmail.com

<b>7 Mon</b>	10.00 <sup>AM</sup> Managing Committee 11.00 <sup>AM</sup> Executive Committee  Writers Cafe 98, Peters Lane, Royapettah Chennai 600 086
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Meetings hosted by **Banu Singh** and **Rigmor Ekstrand**

**Welcome Back Fellowship Meeting**

<b>21 Mon</b>	10.15 <sup>AM</sup> <b>Madras Club</b> 8, Adyar Gate Club Road R.A. Puram Chennai 600 028	
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**Welcome Back Fellowship**

Please join us for a morning of fun and laughter as we come together for the first IWA meeting of 2019.

Lets start this year by strengthening our bonds of friendship and goodwill.

**Come dressed in shades of Blue** - associated with intelligence, tranquility and courteousness - qualities of the quintessential IWA woman!

Please note this is a **members** only meeting.

USHA JAWAHAR

MAHVASH SAIT

THE BOARD

<b>23</b> Wed	10.15 <sup>AM</sup> <b>The Folly, Amethyst</b> Whites Road Next to Corporation Bank Royapettah, Chennai 600 014	
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## Varnam: Colours; an ode to colourful India

Varnam is a multi-award winning social enterprise that has been working with artisans in Channapatna for over six years.


Our speaker **Karthik Vaidyanathan**, the founder of Varnam, hails from the Chettinad region of South India. Born and brought up in Mumbai he currently resides in Bangalore. An Engineer-MBA by qualification, Karthik has no formal training in design. Varnam was born in late 2011 during Karthik's trip to Mysore enroute Channapatna. The colourful toys of Channapatna left him fascinated and created in him, an urge to learn more about the craft.

Karthik's endeavor is to merge his aesthetic sensibilities and design philosophy into traditional crafts. His thought is to reorient our crafts to the modern context by ensuring that each design has a utilitarian value in the present times. The result is a series of designs interpreting this two hundred old toy-making craft in the home and lifestyle space that includes lighting; kitchen, dining and bar accessories; children's room décor and toys.

We thank **Sheetal Parakh** for being our day facilitator.

BANU SINGH

RIGMOR EKSTRAND

<b>29</b> Tue	10.15 <sup>AM</sup> <b>The Folly, Amethyst</b> Whites Road Next to Corporation Bank Royapettah, Chennai 600 014	
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## Chutney Chatter

As we all know, there are so many types of chutneys prepared in India which are traditional not just to our own homes but even the community we come from. With great pleasure, we invited a few of our very own members to share a chutney recipe which is unusual in their kitchen.

In the festive spirit and one for sharing joy, join us in learning some new chutney recipes which the ladies will proudly share, so we can try them out in our own homes.

We thank **Naina Shah** for being our day facilitator

Looking forward to sharing chutney recipes and chatter with you.

Hope you will join us for this wonderful morning.

NANDI SHAH

NALINI PANDAY

<h1 style="margin: 0;">31</h1> <p style="margin: 0;">Thu</p>	<p>10.15 <sup>A.M</sup></p> <p><b>The Folly, Amethyst</b> Whites Road Next to Corporation Bank Royapettah, Chennai 600 014</p>	
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## “What I am Asking is Fairness to the Athlete.” - Varsha Gautham

**Varsha Gautham** is the youngest Indian to win an Asian Games medal, at the age of 16, in 2014.

A bitter court battle almost forced Varsha Gautham to quit the Asiad this year, but perseverance helped her to tide over the crisis and clinch a silver medal in sailing at the Asian Games.

It was a tough time for her. On numerous occasions the thought occurred to her as to whether she would make it. She always had the belief that she could win a medal, but the hardest part was to actually get to be a part of the Indian squad to the Asiad.

Trials and tribulations of an athlete is little known to us.

Varsha is in conversation with **Gita Chandrasekaran**, sharing her experiences with IWA.

We thank **Anita Kapoor** and **Shobana Reddy** for graciously sponsoring the meeting.

We thank **Naaz Tyebbhoy** for being our day facilitator.

RITU SAHI

CATHERINE REDDY

## QUINTESSENTIAL VARANASI & LUCKNOW Food'n Weavers Trail (with stop overs @ Sarnath and Allahabad)

### MARCH 1<sup>ST</sup> – 6<sup>TH</sup>, 2019 : 6 DAYS & 5 NIGHTS

Begin your journey in the gracious city of Nawabs and Kebabs – **Lucknow** and experience the Lucknowi tehzeeb (etiquette) at every turn. Be charmed by the magnificent art and architecture of its old buildings – **Asafi Imambara**; housing the world’s biggest hall devoid of pillar support; **Rumi Darwaza, the Residency, the Chatar Manzil**. Visit the clock tower that competes with the Big ben. Now enter the **Babylon of the East – the Husainabad Imambara** – known for its beauty and decor. Take a curated walk through **Qaisar Bagh** leading to the **Kotwara house** – the heritage home of the legendary **Muzzafar** and **Meera Ali** and partake of lunch. Shop for famed **Chikan, Zari** and **Mukaesh** garments and textiles. Discover **Awadhi** cuisine (veg and non-veg). Take a guided food walk, savour authentic **Galouti, Tunday** and **Boti Kebabs... Tokrichaat** and the list is endless.

Head out to Allahabad (4 hours Bus journey to Varanasi) see the famed **Allahabad Fort** and **the Triveni Sangam** – the confluence of **Rivers Ganga, Yamuna** and **Saraswathi** with visits to the temples by the river.

Your onward journey takes you to the fabled vibrant city of yesteryear **Varanasi**, still throbbing with life. Witness the solemnity of the **Ganga Arati**. Visit the **holiest of temples**, take a **boat ride** down the **Ganges**, bargain with weavers, savour mouth-watering street food... **chaats... Kachouri... Lassis... benarasi paans**..... and search for antiquities down the cobbled alleys.

Visit the main attractions on a half day trip to **Sarnath** where **Buddha** delivered his sermon after attaining enlightenment. Stop by the Buddha Temple – the **Dhamekha** and **Chaukhandi stupas**...

Stay at posh 4 star hotels, Novotel in Lucknow and Gateway Ganges in Varanasi.

Come, the charming old world cities beckon!

**Cost Rs.72,000/-**

(Cost includes to and fro airfare, 5 nights accommodation on a twin sharing basis. All meals included and much more).

**Number of Pax: 16**

Warn in to: Sheela Sarath – 98840 33336  
Somna Sachdev – 98410 22922

Last day to receive full payment **January 5th, 2019**