

<b>1 Mon</b>	10.00 <sup>AM</sup> Managing Committee 11.00 <sup>AM</sup> Executive Committee
<b>2 Tue</b>	10.15 <sup>AM</sup> Arts & Handicrafts
<b>4 Thu</b>	10.15 <sup>AM</sup> Cooking Swapshop
<b>5 Fri</b>	10.15 <sup>AM</sup> Book Discussion
<b>9 Tue</b>	10.15 <sup>AM</sup> Music & Performing Arts
<b>16 Tue</b>	10.15 <sup>AM</sup> Health & Ecology
<b>18 Thu</b>	<b>04.00 <sup>PM</sup></b> Current Events

To learn more, visit the IWA web site: [www.iwachennai.com](http://www.iwachennai.com)

<b>23 Tue</b>	10.15 <sup>AM</sup> Philosophy & Religion
<b>25 Thu</b>	10.15 <sup>AM</sup> Book Discussion

**Election Sub- Committee**

The Managing Committee has appointed the following members to the Election Sub- Committee for the election of the IWA Office bearers for 2016 – 2017.

- Chairperson : **Alagu Muthu** (Indian)  
 Members : **Jyothi Ganesh** (Indian)  
**Radha Gopalakrishnan** (Non Indian)  
**Archana Meiyappan** (Indian)  
**Cherry Venkatesan** (Non Indian)



<b>1 Mon</b>	10.00 <sup>AM</sup> Managing Committee 11.00 <sup>AM</sup> Executive Committee  Platinum Room, <b>Presidency Club</b> Ethiraj Salai, Egmore Chennai 600 008
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Meetings are hosted by **Anita Koshy** and **Mahvash Sait**

**From the Presidents**

It has been such a wonderful experience being at the helm of IWA, that the days and months of the present IWA year have flown by and we are now in the home stretch - the last quarter of our term. We had six meetings in January, which would have helped all of you to make up your attendance and complete your required meetings.

Our Fellowship Meeting was a lovely way to start the calendar year, enabling us to re-connect with all our members. Our heartfelt thanks to **Rajini Reddy** for graciously hosting the Fellowship Meeting. We would like to thank the Managing Committee and Activity Chairpersons who organized some really interesting games and each of you who attended and took part in the activities and made the event a most enjoyable one.

Our Chairpersons have some interesting meetings lined up for you in February, so check the meetings in advance, block the dates so that you do not miss out on the meetings you wish to attend.

As the present IWA year is coming to a close, it is now time to choose a new team to lead IWA in the year to come. The IWA Election Sub-Committee has been constituted and they have been entrusted with the task of identifying candidates for the 2016-17 IWA year.

An exciting trip has been planned in February to **Assam and Meghalaya** and those travelling are looking forward with great enthusiasm to seeing some of the most scenic and beautiful parts of India.

Kindly check your attendance tally and make up any shortfall by March 31st. We trust that those of you who have been notified by the Membership Secretary, will take immediate steps to complete your ten meetings at the earliest.

ACHU KURIAN


MALINI KRISHNA

**From the Treasurer**

RECEIPTS & PAYMENTS ACCOUNT FOR THE PERIOD  
1st April 2015 To 31st December 2015

<b>RECEIPTS</b>	Amount	Amount
To Opening Balance -Cash	5712.00	
To Opening Balance-Canara Bank SB	387992.61	
To Opening Balance-Fixed Deposits	1229869.00	
<b>Sub Total</b>		<b>1623573.61</b>
To Membership Subscription		612000.00
To New Membership Fees		60000.00
To Guest charges		25100.00
To Deepavali Celebrations		21650.00
To Telephone Directory,Books, Bye-laws and Badges		3120.00
To Interest on Fixed Deposits		84614.00
To Interest on Savings Bank		12236.00
To Bank Charges		505.00
<b>TOTAL</b>		<b>2442798.61</b>
<b>PAYMENTS</b>		AMOUNT
By AGM Expenses 2014-2015		108000.00
By Fellowship Morning		41062.50
By Gift and Mementoes		23250.00
By Meetings		85610.00
By Founder's Day Celebration		16500.00
By International Music Day		19550.00
By Badges		1100.00
By Bank Charges		576.00
By Salary to Accountant		54000.00
By Printing and Stationery		16159.00
By Postage and Courier		19153.00
By Closing Balance-Cash	14952.00	
By Closing Balance-Canara Bank SB	764554.11	
By Closing Balance-Fixed Deposits	100000.00	
By Closing Balance-Fixed Deposits	424354.00	
By Closing Balance-Fixed Deposits	200000.00	
By Closing Balance-Fixed Deposits	500000.00	
By Closing Balance-Fixed Deposits	5515.00	
By Advance paid to Chairpersons	40000.00	
By Tax Deducted at Source	8463.00	
<b>Sub Total</b>		<b>2057838.11</b>
<b>TOTAL</b>		<b>2442798.61</b>

ANITA KOSHY

<h1>2</h1> Tue	<p>10.15 <sup>AM</sup>  <b>Forum Art Gallery</b>            57, 5th Street, Padmanabha Nagar            Adyar, Chennai 600 020 (Turn at the Adyar            Post Office and it is the 6th left)</p> 
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## Life and Art of MF Husain

2015 marked the birth centenary of the iconic artist MF Husain - popularly known as the Picasso of India. He influenced a whole generation of artists, defining the development of Indian Art for almost a century and was largely responsible for putting Indian contemporary art on the world map. His colourful and controversial life has been the subject of many debates. However in spite of being in the eye of a storm, Husain created his own world of colour where he believed nothing is sacred except his brush strokes.

**Hansa Piparsania** is a writer-photographer deeply interested in Asian history, art, culture and heritage. She will talk to us on the life and art of the prolific artist MF Husain. The visually rich presentation will attempt to deconstruct the colourful and controversial life and art of MF Husain.


We thank **Shalini Biswajit** for sponsoring this meeting in her gallery.

USHA MOORTHY \_\_\_\_\_ SANYUKTA GILL

Our deepest condolences to **Anuradha Sachdev** on the demise of her father.

Our deepest condolences to **Premila Jacob** on the demise of her mother.

Our deepest condolences to **Asha Rammohan** on the demise of her father.

<h1>4</h1> Thu	<p>10.15 <sup>AM</sup>  <b>The Folly, Amethyst</b>            Whites Road            Next to Corporation Bank            Royapettah, Chennai-600 014</p> 
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## The Sandesh Artist

Where cooking is an art form and the cook an artist... **Indu Bokarias** cookbook **"Recipes from a Diary"** is a treat for food lovers, with clear steps, tips and creative alternatives. This book has been compiled by Prathiba Jain, author of the award winning 'Cooking with Pedatha'. By her tempering and innovating Indu elevates simple family recipes. Her passion for cooking is seen in her artistic creation of Sandesh, the famous Indian sweet made from paneer and has deftly earned her the title of Sandesh Artist.

However the foundation of the book is the imaginative and innovative sweets section - perfect for the cook in all of us!

A delightful February morning is assured as Indu takes us on this culinary treat with her knock out dishes, which will leave us asking for more!

Do join us for the culinary art of making sandesh and tasting it!


We thank **Seema Bhargava** for graciously sponsoring the meeting.

ASHA MURTHI \_\_\_\_\_ CHUNG MEE

### Change of Address

**Amita Bhatia**  
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 Mobile: +9198402 93657

**Vijay Goyal**  
 Old 2, New 3 ABM Avenue  
 R. A. Puram  
 Chennai 600 028

<h1>5 Fri</h1>	<p>10.15 AM  <b>The Folly, Amethyst</b>                  Whites Road                  Next to Corporation Bank                  Royapettah, Chennai- 600 014</p>	
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## The Inside Story of the Publishing Industry

- Is a book a 'product' or 'piece of creativity' and hence does it need to be marketed like a brand?
- Often well-known authors recommend a debut author; How well do they know the book or author?
- What malpractices do authors commit to increase the sales of their book?
- Do authors manipulate sales figures by buying their own books across Nelson accredited stores?


Join master storyteller **Ravi Subramaniam** as he delves into the dark side of the publishing industry through his latest book - **"The Bestseller She Wrote"**. The book is a combustible cocktail of love, betrayal and redemption focussing on a risky dalliance between a bestselling author and his protege.

We are grateful to **Mridula Srinivasan** and **Nidhi Thadani** for sponsoring this meeting.

Thanks to **Anjali Sacheti** for being our day facilitator.

NIDHI THADANI

AMULYA RAO

<h1>9 Tue</h1>	<p>10.15 AM  <b>E-Hotel</b>                  Express Avenue Mall Gate 1                  Patullos Road, Chennai 600 002</p>	
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## Magic of Love ..... Moods of Krishna .....

Mohiniyattam and Kathak, the two dance styles, celebrate "Krishna" with a passion that is both so intense and festive. This February, the Valentine month, we have **Sreelakshmi** and **Archana**, capturing the many moods of "Krishna".

Commencing with the namaskaarams in both styles, Sree and Archana, will follow it up with a short introduction on both forms of dance in a narrative. A typical Mohiniyattam piece where the Bhakti rasa of love is shown through a Padam will be followed by a Meera Bhajan in the Kathak style.

The event concludes with a Jugal Bandhi wherein the Swathi Thirunaal Thillana is performed in the Mohiniyattam style and the Kathak to Pandit Ravi Shankar's Sitar music.


Sreelakshmi fine tuned her Bharata Natyam and Mohiniyattam under Trichur Shri. Sahadevan and Smt. Sheela Sahadevan, who are disciples of the Dhananjayans. Now Sree is learning Kathak under the tutelage of Smt. Jigyasa Giri. She currently heads Marketing in one of the leading multi nationals, based in Chennai.

Archana is a trained Bharata Natyam and Mohiniyattam dancer. She learnt Bharata Natyam under the tutelage of Padma Bhushan Alarmel Valli and Mohiniyattam under Padma Shri Gopika Varma. Archana Mohan is an architect. She is currently working as Associate Manager in the Interio Division of Godrej & Boyce Mfg. Co. Ltd.

We are grateful to **Gayatri Krishnaswami, Susan Koshy, Prema Kumar, Archana Meiyappan, Shobha Mujumdar, Latha Rajan** and **Geeta Vasudevan** for sponsoring the event.

PADMAVATHY GUNASHEKAR

SYLVIE WRIGHT

<b>16</b> Tue	<p>10.15 <sup>A.M</sup>  <b>The Folly, Amethyst</b>                  Whites Road,                  Next to Corporation Bank                  Royapettah, Chennai- 600 014</p>	
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## ‘Kodaikanal Won’t’

**Sofia Ashraf** is a Rapper and a writer who began rapping at the age of 18. She has written Rap for A.R. Rahman, for musicals and commercials. Sofia makes Rap more meaningful by rapping about pressing issues. Her Rap, **‘Kodaikanal Won’t’** recently went viral on the internet.


In the early 1980s, a toxic thermometer factory was shut down in New York and moved to the pristine hillside of Kodaikanal. The factory blatantly flouted industrial safety laws leading to the poisoning of over a 1000 workers and the eventual death of 45 humans. Mercury was indiscriminately dumped into the sensitive ecosystem leading to toxic levels of environmental contamination. On discovering this, local environmental groups forced the closure of the factory in 2001. It has been over 14 years since the factory shut down but no reparations, in the form of worker compensation or environmental clean up have been made. In 2015 Sofia’s ‘Kodaikanal Won’t’, brought this forgotten issue back into national focus.

Sofia will talk to us about this disastrous ecological damage and will also present the Rap.

We thank **Sherna Irani, Renuka Iswariah, Aruna Prasad, Sharmila Ramji** and **Beena Ram Mohan** for sponsoring the meeting.

BANU SINGH

SUSHI GOKLANEY

<b>18</b> Thu	<p><b>04.00 PM</b>  <b>Nabila Avais' Residence</b>                  “Qasr-e-Naz”                  19 Kothari Road, Nungambakkam                  Chennai 600 034</p>	
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## Our Pandora’s Box: Chennai Floods 2015

In the aftermath of the floods, we find ourselves questioning, what went wrong? What could we have done differently? What can we do now?

After so much devastation, Chennai has managed to crawl back to a state of normalcy. However the Pandora’s box has been opened and we need to address the issues arising.

**Kavitha Selvaraj**, an architect and urban design professional, will walk us through how our choices as citizens contributed to the intensity of the floods and how we as individuals can make smarter choices to help prevent another ticking time bomb like the Deluge of 2015.


Kavitha has a Masters degree from Harvard University in Real Estate and Urban Development. Her main focus, these past few years has been to improve pedestrian infrastructure in the city through direct design such as ‘Heritage Walk in Mylapore’. She also conducts a ‘Public Space Design Course’ in association with School of Architecture and other NGOs to sensitize public officials on the importance of street design.

We thank **Nabila Avais** for graciously hosting this meeting in her home.

Please note this is an **evening meeting**.

LAKSHMI MENON

ANJALI SACHETI

<b>23</b> Tue	10.15 <sup>AM</sup> <b>The Folly, Amethyst</b> Whites Road, Next to Corporation Bank Royapettah, Chennai- 600 014	
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## Love Yourself

For the longest time, it was believed that loving yourself was a form of selfish self-indulgence that stopped you from being sensitive or available to people. Only in the last 20 years or so are we realising the vital importance of self-love or self-esteem. To love yourself means to see yourself as worthy of every good thing and to have faith in your own capability. Only this will permit us to overcome the challenges of life and to cultivate a healthy relationship with oneself and others. Self-esteem is as crucial as air or water if we want to thrive in life. Using her own example of having overcome her crippling low self-esteem, **Suma Varughese** will explore the subject, with the help of interactive tools such as exercises, and meditations.


Suma, a pioneer in spiritual journalism in India, is the Editor-in-Chief of the magazine Life Positive and the former Editor of the magazine Society. She is a popular author, and holds popular writing courses called the Zen of Good Writing.

We thank **Nalini Panday, Sharadha Rajamani** and **Sweta Saharia** for sponsoring the meeting.

We thank **Lita Srinivasan** for being our day facilitator.

MALLIKA VENKATARAMANI

SHARON ILES

<b>25</b> Thu	10.15 <sup>AM</sup> <b>The Folly, Amethyst</b> Whites Road, Next to Corporation Bank Royapettah, Chennai- 600 014	
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## Belief, Spirit, Inspiration

**Neerja Malik** - a born believer, with the help of Megha Bajaj, penned down the journey of her life – how she grew up, what all she held dear as a child, how she met and married the man of her dreams, how she braved cancer and finally how she became a source of guidance and inspiration for patients suffering from cancer.

Neerja has been counselling cancer patients and their family members for the last 17 years. She started the Apollo Cancer Support Group in 2004. She is available 24x7 and is a pillar of strength to countless traumatised and distraught people needing emotional, mental and spiritual succour.

Meet this inspiring lady as she discusses her book - '**I Inspire**'.

We thank **Anjali Sacheti** for generously sponsoring this meeting.

Thanks to **Sweta Saharia** for being the day facilitator.

NIDHI THADANI

AMULYA RAO

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### Change of Address

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