

December at a glance

1 Mon	10.00 ^{AM} Managing Committee 11.00 ^{AM} Executive Committee
2 Tue	10.15 ^{AM} Book Discussion
3 Wed	10.15 ^{AM} Cooking Swapshop
9 Tue	10.15 ^{AM} Arts & Handicrafts
10 Wed	10.30 ^{AM} Christmas Celebration
18 Thu	10.15 ^{AM} Current Events

To learn more, visit the IWA web site: www.iwachennai.com

From the Presidents

It's that much anticipated time of the year when the temperature starts to cool and our thoughts turn towards the festive season.

This is a time for friends and family to come together and share the Christmas spirit, so come join us on the 10th December as we celebrate this magical time of the year.

We have an exciting **India trip to The Kutch Rann Utsav in Gujarat** planned for you at the end of January. Please make sure you warn in by **5th December** so you don't miss out on this culturally enriching experience.

The attendance records will be tabled and available for you to check at all our meetings in December.

The entire Board wishes you a Merry Christmas and a healthy and happy New Year!

ASHA RAMMOHAN

JO FROGBROOK

1 Mon	10.00 ^{AM} Managing Committee 11.00 ^{AM} Executive Committee Hotel Park Sheraton T.T.K. Road, Alwarpet Chennai 600 018
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Meetings are hosted by **Deepali Goyal**

From the Membership Secretary

The record of attendance will be tabled at all the meetings during the month of December 2014 and once again in February 2015. Please take note of your individual tally and make up any shortfall during the following months.

Please remember that attendance of 10 meetings during the IWA year **must be completed before 31st March 2015**. Meetings in April count towards attendance for the 2015-2016 IWA year.

Members are also reminded that guests may attend **only four meetings** during the IWA year irrespective of which members signs them in. Daughters and daughters-in-law are exempt from this rule. Letters regarding leave of absence should be addressed to the Membership Secretary and sent to the registered office address or to the address below.

Thank you for your co-operation.

USHA JAWAHAR
2/75, 2nd Cross Street
Off Blue Beach Road
Neelankarai
Chennai - 600 041

We would like to pass on our condolences to the family of **Shashi Malhotra**, a fondly remembered IWA member.

2Tue

10.15 ^{AM}
E Hotel
Express Avenue Mall, Gate 1
Patullos Road
Chennai 600 002

The Red Kite

Apsara Reddy, a transgender, began life with a simple goal – to be true to herself. Fighting against the odds of workplace discrimination and societal pressure, Apsara has carved a successful niche for herself. Having completed her Bachelors in Investigative Journalism and her Masters in Developmental Economics, she has worked as a news and current affairs journalist at BBC Radio London before handling the features operations of two leading dailies in India - The New Indian Express and The Deccan Chronicle.

Her recently launched “The Red Kite” is a newspaper that firmly believes that the sky is never the limit – much like a kite, it soars through the wind to colour the skies.

So, mark this date in your calendar, and catch Apsara Reddy in conversation with **Sushi Natraj**.

We thank **Sabina Narayan** for graciously hosting this meeting .

We thank **Anuradha Sachdev** for being our day facilitator.

ANITA KOSHY

MASAKO MARUYAMA

3 Wed	10.15 ^{AM} Park Hyatt Chennai 39, Velachery Road (Near Raj Bhavan) Chennai 600 032
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Grzegorz Odolak’s – Favourite Holiday Recipes – Mushroom Asparagus Risotto and Churros

Grzegorz Odolak is the Executive Chef at Park Hyatt, Chennai. He has developed his own unique signature style that is easy, fluid and embraces various cultures with an emphasis on European cuisine. Greg’s philosophy is dish out food from the heart, served with a touch of pizzazz.

We thank the **Park Hyatt Chennai** and **Priya Wurm** for sponsoring the meeting.

We thank **Shweta Mohapatra** for being our day facilitator.

ANJANA SUNIL

MAHVESH SAIT

Food tip for the month: While cooking rice add a few drops of lemon juice; the colour of the grains will become bright white. Neha Malhotra

Congratulations to **Prema Kumar** for winning 6 medals in the Masters Swimming Championship conducted by the Tamil Nadu State Aquatic Association.

9 Tue	10.15 ^{AM} E Hotel Express Avenue Mall, Gate 1 Patullos Road Chennai 600 002
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STR – Chennai’s Speed Artist

Sathiya Thillai Raja, whose facebook moniker is STR the artist, is a young artist with a passion for his craft. From Realism to Impressionism to the current craze of photorealism and speed portraiture, his style is constantly evolving and yet he has still not discovered his ultimate masterpiece.

He started his career as an artist at the age of 4, when he painted his bedroom walls. Now his art covers many different walls including a wall in Seattle (USA), belonging to Amazon CEO Jeff Besos!

Today, Sathiya Thillai Raja will share with us his many speed portraits and will also give us a live demonstration, a portrait that he will complete in less than 12 minutes!

We would like to thank **Anjali Sacheti** for hosting the meeting.

We would like to thank **Phyllis Stathis** for being our day facilitator.

ANJALI SACHETI

JEYASREE RAVI

10 Wed	<p>10.30 A.M The Raintree St Mary's Road 120 St Mary's Road Alwarpet Chennai 600 018</p>
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Christmas Celebration

We are delighted to bring you a morning of Christmas cheer, when we come together in fellowship to celebrate this special time of year.

Come in your Christmas colours and join in the IWA tradition of carol singing followed by a delicious Christmas feast generously provided by The Raintree St Mary's Road.

We are looking forward to a fun and interactive morning full of festive splendour.

We would like to thank **Rajini Reddy** for graciously sponsoring this event.

Please note this is a **Members Only** meeting

ASHA RAMMOHAN

JO FROGBROOK

THE BOARD

18 Tue	<p>10.15 A.M Madras Club 8, Adyar Club Gate Road R.A.Puram Chennai 600 028</p>
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Chennai Girls Make History

Chennai based teenagers **Varsha Gautham** and **Aishwarya Nedunchezhiyan** made our city, and the country, proud by claiming a bronze medal at the recent Asian games.

They endured disqualification in one of the 12 races before winning a medal in the women's 29-er two person dinghy sailing event. Varsha, as skipper and Aishwarya, as crew, finished with net 25 points. The girls made history by winning the first ever medal for sailing at the Asian games in Incheon.

Varsha at 16 has just completed her class 10 while Aishwarya at 18 is a M.O.P student and both are products of TNSA (Tamil Nadu Sailing Association). They chased their dreams by manoeuvring the wind and the unpredictable waters and have already set goals for themselves for the 2016 Olympic Games. Their courage compliments their skill and camaraderie.

Given their age and belief we can be certain they are poised for greater glory!

IWA member **Cherry Venkatesan**, whose mantra, 'Fitness is a must', will be in conversation with the girls who have marked a giant leap for India in this sport.

Our heartfelt thanks to **Jyothi Ganesh** for graciously sponsoring this meeting.

We thank **Sheela Shetty** for being our day facilitator.

ASHA MURTHI

DAWN WILLIAMSON