

1 Mon	10.15 ^{AM} International Music Day Managing Committee Executive Committee
3 Wed	10.15 ^{AM} Current Events
4 Thu	10.15 ^{AM} Cooking Swapshop
9 Tue	04.30 PM Music & Performing Arts
11 Thu	10.15 ^{AM} History Culture & Tours
16 Tue	10.15 ^{AM} Philosophy & Religion
25 Thu	03.45 PM Health & Ecology
30 Tue	10.15 ^{AM} Arts & Handicrafts Book Discussion

From the Presidents

Dear Friends,

The Slow Marathon has been steadily gaining ground and garnering nods of approval and words of encouragement and praise.

Shukriya and Subhanallah to our Jash ne Eid Rockstars! The beautifully simple Iranian Wedding event followed by a delicious lunch reiterates our faith in and gratitude to Zubeida and her team of wonderful ladies.

Alarmel Valli's film kept us fascinated with the world of Classical Dance and the effort and sacrifice that it demands.

Of course, everyone was moved by the Dare to Care experience.

The Taliban Cricket Club with Tim Murari, kept our ladies enthralled.

Once more, we celebrate our beloved Nirmal's Birthday on the 1st of October, by acknowledging an upcoming, young and talented artist Supraja V.

Before we realize, the season of festivities commences. Diwali is round the corner! Please do help us, like you always do, with your enthusiastic participation and presence along with your near and dear ones.

We regret that we have to keep reminding and repeating that it disturbs the Guest Speaker when our ladies walk in late into meetings and noisily seat themselves. This is impolite. Also, please refrain from walking out before the meeting comes to a close. Please, please do not carry food and drinks into the meeting area while the speaker is addressing.

Thank you for reading and obliging,

Yours in IWA

RAMANI REDDY

VIJAYA RANGARAJAN

To learn more, visit the IWA web site: www.iwachennai.com

From the Membership Secretary

Guidelines for IWA Membership

Indian Members

1. An applicant must have 2 sponsors (who are well acquainted with her) and submit a brief resume of her background, interests and hobbies. The applicant should attach one passport sized photograph to her resume and should have no objection to this photo being published in the IWA Newsletter. Any written and duly signed objections regarding the applicants should be intimated by 10th November 2012, to the Membership Secretary:

Asha Rammohan
27, Rutland Gate
4th Street
Chennai 600 006
Tel: (9840039958)
2. In addition, the applicant, in her letter, should specify whether she has a relative who is an IWA member. If so, the name and her relationship to the member/s should be provided.
3. Applications cannot be carried over to the following year and must be re-submitted each year.
4. The membership sub-committee makes decisions regarding membership by majority vote. The Managing Committee will ratify the new members.
5. Applicants should be made aware that a member must attend at least 10 meetings in an IWA year. A new member is expected to be a Day Facilitator at an IWA Activity meeting, and contribute her time, energy and expertise. The applicant is expected to serve on the Executive Committee once she is eligible to do so.

Non-Indian Members

1. Non-Indians interested in joining IWA should contact the Membership Secretary. Applicants will be invited to attend an IWA meeting to meet with a Board representative. The Membership Secretary will provide the applicant with an application form once this formality is completed. Sponsors are not required for this category of membership.
2. Non-Indian Applicants will be admitted throughout the year depending on vacancies available. Preference will be given to those in the Consular community and to those who are in Chennai on short-term basis.
3. Applicants should be made aware that a member must attend at least 10 meetings in an IWA year. A new member is expected to be a Day Facilitator at an IWA Activity meeting, contribute her time, energy and expertise and serve on the Executive Committee as well as the Board.

ASHA RAMMOHAN

From the Membership Sub-Committee

IWA REGISTERED OFFICE ADDRESS 857 Poonamallee High Road Kilpauk, Chennai 600010

We invite applications for new Indian members who reside within the postal zones of Chennai, including Kanchipuram and Thiruvallur districts. The procedure for sponsoring applicants is given below. Please read the instructions carefully and follow the same. Incomplete applications will not be entertained.

- a. A new applicant will have to be sponsored and co-sponsored by two active members of IWA who have been members for at least 7 years.
- b. The sponsor and co-sponsor should not have sponsored any candidate who has been accepted into IWA in the last three years.

- c. The applicant should include the following details in her bio-data:
 - Name
 - Date of birth
 - Profession
 - Designation
 - Address (residence and office)
 - Telephone Number (residence, office and mobile)
 - Email ID
 - Husband's name, profession and designation.

In addition, her letter should specify whether she has a relative who is an IWA member. If so, the name and relationship to the member/s should be provided.
- d. The sponsor and co-sponsor should write a covering letter introducing the candidate and giving adequate reasons why they think their candidate would be suitable for IWA. This letter should be signed by both the sponsor and co-sponsor. This letter and the bio-data of the applicant are a MUST for an applicant to be considered for membership.
- e. Both the sponsor and co-sponsor should personally be well acquainted with the candidate.
- f. Members of the Managing Committee, Membership Committee and Advisory Committee may not sponsor or co-sponsor a candidate.
- g. The sponsor and/or co-sponsor must come in person to the IWA Registered Office (address given above) on Wednesday, 10th October 2012, between 10 am and 12noon. Applications for new members will be accepted only on this date and at the place and time specified.
- h. The Membership Sub-Committee will scrutinize all the applications received and will inform the sponsor of the procedure to be followed thereafter.

ASHA RAMMOHAN

1 Mon	10.15 ^{AM} Hotel Savera 146, Dr. Radhakrishnan Road Chennai 600 004
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International Music Day

International Music Day is a very special day for IWA because it is also our dear Founder member **Nirmal Seshadri's** birthday. Her family has instituted an award to be given to a young talented musician in her memory.

Our Music Committee this year comprising of **Uma Ganesan** (Chairperson), **Vijaya Balu, Pushpa Lakshman** and **Marina Mathias** received applications from students of bhajans, light music, Carnatic music and Western Classical Music. They have unanimously chosen sixteen year old Carnatic vocalist **Supraja V.** as this year's winner.

The young artist will be honoured by IWA and she will give a brief performance for the pleasure of our members.

Ladies, we invite you to join in the celebration and encourage the young talented awardee.

This meeting is for members only .

RAMANI REDDY

VIJAYA RANGARAJAN

THE BOARD

1 Mon	08.30 ^{AM} Managing Committee 12.30 ^{PM} Executive Committee Hotel Savera 146, Dr. Radhakrishnan Road Chennai 600 004
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3 Wed	<p>10:15^{AM} Hotel Savera 146, Dr.Radhakrishnan Road Chennai 600 004</p>
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Campaigners for Change

Amnesty International - they are there to protect people wherever justice, freedom and truth are denied. They were awarded the Nobel Prize for Peace for their campaign against torture. Leaders like Nelson Mandela and Ang Suu Kyi have become Amnesty's "Ambassadors of Conscience", and the newly built Amnesty India plans to build a vibrant self sustaining movement.

G. Ananthapadmanabhan (Ananth) is CEO of Amnesty International in India. As the organization's chief campaigner, political advisor, strategist and spokesperson, he leads efforts to end grave abuses of human rights in India.

We thank **Zachary Coffin** for enabling this event for IWA.

We thank **Nalini Ramakrishna** for graciously hosting the meeting.

We thank **Jessica Elias** for being our day facilitator.

SUDHA SHIVKUMAR

KIMBERLEY OWENS

Our heartfelt condolences to **Ranjani Venkataraman** on the loss of her mother.

Our heartfelt condolences to **Jennifer Meddick** on the loss of her father.

Our heartfelt condolences to **Archana Meiyappan** on the loss of her father-in-law.

4 Thu	<p>10:15^{AM} Sandy's 16 Wallace Garden, 2nd Street Nungambakkam, Chennai 600 034</p>
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A Christmas Cake Mixing from the Heart!

Into the basin
 put the plums,
 next the good
 white flour comes.
 Sugar and peel
 and eggs and spice,
 rum and brandy
 and all that's nice.
 Let **Sandy and JK**
 give us the lead
 and we IWA ladies
 take heed and proceed.
 With instructions and clues let us awake
 to what marvels in a Christmas Cake!

Let us enjoy the wonderful richness of this seasonal food and pass on the joy that Christmas brings. Also since it is 'Joy of Giving' week, the cake mix may be bought for a good cause.

We thank **Javanthi Singaram** for graciously hosting this meeting.

We thank **Raziyeh Sheerazie** for being our day facilitator.

BADRUNNISA MAHADEVAN

CHRISTINE BOMSTAD

9 Tue	4:30^{PM} Shrikanta Jhaver 'Jhaver Niwas', 21, Santhome High Road Mylapore, Chennai 600 004
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Shruti Samvaad: An Interactive Lec-Dem on Hindustani Music

How did the paths of Hindustani Music and Carnatic Music diverge when the origin is the same?
 What exactly is a khayal and how did it evolve over time?
 How did we end up with so many different "gharanas" and how do we recognize one from the other?

Come dispel all your queries about Hindustani Music at this interactive discussion with Madras University professor, **Shruti Jauhari**, where she will not only explain the elements but will also demonstrate the different aspects of this style.

Shruti Jauhari, a highly trained Hindustani Classical and Light Music Vocalist, whose voice spans across 3.5 octaves is a graded All India Radio Artist. She has written a book titled '**ELEMENTS OF HINDUSTANI CLASSICAL MUSIC**', which clearly explains the fundamentals of the style and is thus a rare and fine blend of "teacher" and "performer".

We thank **Shrikanta Jhaver** for graciously hosting this meeting.

We thank **Geeta Vasudevan** for being our day facilitator

Please note this is an evening meeting.

CHANDRA SEONI

ANJALI SACHETI

11 Thu	10.15^{AM} Hanu Reddy Residences (From Kasturi Rangan Road go past Ente Keralam and turn left) 39/18, Binny Road Poes Garden, Chennai 600 086
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History of Music in the Travancore Royal Family

Prince Rama Varma is a member of the Royal Family of Travancore and the direct descendant of Maharaja Swathi Thirunal and Raja Ravi Varma. He is a world renowned Indian classical musician, musicologist, linguist, orator and writer.

He will share with us some rare insights into the history of the Travancore Royal Family with focus on the contributions of Maharaja Swathi Thirunal and Maharani Parvathy Bai to Indian music and history respectively. He will also discuss his own voyage into music and his 22 year struggle to allow women into the Navarathri Mandapam of the Padmanabha Swamy temple where women have never been allowed before.

We thank **Preeya Reddy** for graciously hosting this meeting.

We thank **Archana Meiyappan** for being our day facilitator.

ACHU KURIAN

RATHI NILAKANTAN

We thank **Shanta Narayanan** for sponsoring the audio-visual equipment and **Rathi Nilakantan** for sponsoring the Khow Swey for the History, Culture & Tours meeting in August.

16^{Tue}	<p>10.15 ^{AM} Hanu Reddy Residences (From Kasturi Rangan Road go past Ente Keralam and turn left) 39/18, Binny Road Poes Garden, Chennai 600 086</p>
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“Sharia Law: How does it impact the modern Muslim woman?”

For Muslims who are devout, living life according to the Divine Will is the basis for existence. **Sharia law** is the anchor for society for devout Muslims and it is based on several factors in a complex web of history, religious texts, interpretation, modern influence, scholars, community, customs, public interest, regionalism and the conduct of the Prophet Mohammed.

Sharia law is flexible and like many systems based on analyzing ancient texts, subject to various interpretations. Jurists are the people who study Sharia law and come up with the specifics on how to conduct life in modern society.

Mr. Abdul Jabbar Suhail, a qualified lawyer and executive director of Maschmeijer Aromatics Pvt. Ltd. will give us a pragmatic understanding of Sharia law and its impact on Muslim women as it relates to religious practice, lifestyle, career, food, family and society.

We thank **Cecy Kuruvilla** for graciously sponsoring this meeting.

We thank **Lata Baratan** for being our day facilitator.

SHARMILA RAMJI

CECY KURUVILLA

Congratulations to **Minnie Mathan** on being conferred the “Lifetime Achievement Award” by the Electron Microscopy Society of India for her outstanding contributions to Medical Science in the field of Electron Microscopy.

25^{Thu}	<p>03.45 ^{PM} Hanu Reddy Residences (From Kasturi Rangan Road go past Ente Keralam and turn left) 39/18, Binny Road Poes Garden, Chennai 600 086</p>
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How NOT to go to the Doctor

Dr.G.S. Kailash MD DTCD MACP FCIP, is a senior pulmonologist of Chennai. He teaches at the Madras Medical College and is the Medical Director of Venkateshwara Hospitals. He is the president of the Medical association of Chennai Metro.

Dr. Kailash lives by the tenet 'laughter is the best medicine'. He walks his talk and preaches that indeed prevention is better than cure. So ladies, come and laugh as you learn to take care of yourselves.

We thank **Archana Meiyappan, Praveen Mehra, Padmini Natarajan** and **Sheela Sharath** for graciously hosting this meeting.

We thank **Era Kalra** for being our day facilitator.

Please note this is an evening meeting.

ASHA HEMDEV

JENNIFER MEDDICK

Arts & Handicrafts: We thank **Liz Aston** for being one of the hostesses for the August meeting

Congratulations to **Reena Verghese** on the marriage of her son Jacob with Stefanie.

30^{Tue}	<p>10:15^{PM} Pearl Room President Hotel Radhakrishnan Salai, Chennai 600 004</p>
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Sarees... and Splendour...

'Saris: Splendour in Threads' celebrates the splendour of the magical six yards – the timeless sari, and showcases the unstitched cloth in its former and present glory. The handsomely mounted book deals with fabrics from the various parts of India, the women, past and present who have made the sari their trademark and popularised it.

The book is a labour of love put together by Mumbai and Ahmedabad-based businesswoman and sari enthusiast **Soha Parikh**, in collaboration with the Asian Heritage Foundation, designer Payal Juthani and photographer Himanshu Seth. The result is a coffee table book with stunning, vibrant visuals that give a "contemporary emphasis" to the garment.

Sabita Radhakrishna, who will lead us in a discussion on the book, has been involved with textiles for 30 years, and is a pioneer in the boutique concept in Chennai. Few can forget her Amrapali Boutique! It is her passion for textiles and the grave situation that exists today in the handloom industry that drove her to pen a play 'Song of the Loom', which will be out soon.

What awaits you is a visual treat, where you can feast your eyes as we display a stunning collection of heirloom saris very graciously lent by our members.

We thank **Seema Bhargava** for generously sponsoring the photography and the slide presentation. We thank **Anuradha Bhasker, Kusum Chadda, Dhun Dalal, Ritika Dhingra, Eira Doshi** and **Suma Eapen** for hosting the meeting.

We thank **Kala Bhashyam** for being the day facilitator.

NALINI ACHARYA

DEBORAH THIAGARAJAN

LEENA SURYAPRAKASH

JANSI KISHORE

Trip to Tranquebar

December 8th & 9th, 2012

Lying on the Coromandal coast in Nagapattinam district of Tamilnadu, the small town of **Tranquebar** is a vestige of Danish heritage in India. The Danes landed on the beautiful beaches of the Coromandel coast in 1620 where they established a colony at "Trankebar" as the Danes called it, a name derived from the Tamil name for the place, Tarangambadi, meaning "**place of the singing waves**".

The architectural journey of Tranquebar can be traced back to the 14th century Masilamaninathar temple built during the Pandya regime, the 17th century colonial fort, 18th century churches and the subsequent restoration of some of these crumbling heritage structures in the 21st century. The Danes built Fort Dansborg, an architectural gem.

The entry into this town is through an impressive 200 year old town gate.

India's thickest ozone layer floats over Tranquebar and helps all those who visit prolong their life!!!!

Come, taste "eternity" in a stopover!

Do hurry up and call **Rathi** at **98410 73060** or **Achu** at **98411 44072** to reserve your place.

The cost of the trip is **Rs. 8400** which includes:

- Accommodation on a twin sharing basis at Neemrana hotels
- Transportation in an A/C luxury coach
- All meals
- Sightseeing

ACHU KURIAN

RATHI NILAKANTAN

Ananda Deepam

The Lights of Friendship
 The Lights of Beauty
 The Lights of Graciousness
 The Lights of Universal Bonding
 The Lights of Smiles
 The Lights of Advice
 The Lights of Encouragement
 The Lights of Emotions
 The Lights of Happiness

So many Lights strengthen and sustain IWA and establish lasting festivity - Come enjoy a scintillating evening with all these Lights!

Please save the **3rd of November** and mark it for an evening of festivity and celebrations. We have **Narendra's Avigna Dance Ensemble** celebrating the brilliance of Deepavali with IWA.

We have planned a mouth-watering High Tea to satiate your taste buds.

Please grace the occasion dressed in your gorgeous silks and brilliant smiles and help us make this a memorable evening.

Tickets for members, their families, friends and guests are Rs 300/- and will be available at all IWA meetings and also with members of the board as well as the chairpersons.

The ever popular Khazana stall will be there for each one of you to try your luck! Please handover gifts and contributions for the Khazana stall, to committee members closest to you, or at any IWA meeting during the month of October.

Looking forward to Ananda Deepam,

RAMANI REDDY

VIJAYA RANGARAJAN

THE BOARD

We welcome our New Members:

Rachanida Charanvatnakit Thailand
 3, First Main Road
 Vidhyodhaya Colony
 T. Nagar, Chennai, 600 017
 Tel: 42300730

Kumie Tabei Japan
 4th Floor, Sarita's
 No. 60, Poes Garden
 Alwarpet, Chennai 600 018
 Tel: +91 9176808873

Tineke Sysmans Belgium
 Ceebros Pooja Apts
 2nd Floor, 47/50 Beach Road
 Beasant Nagar, Chennai 600090
 Tel # 9840788072

Change of Address:

Amulya Rao
 25, Kasturi Rangan Road
 Alwarpet, Chennai 600 018

Marina Mathias
 2B, Maple Manor, 8, Spurtank Road
 Chetpet, Chennai 600 031
 Tel: 28360371

Change of e-mail:

Geeta Vasudevan -
 geetvasu67@gmail.com