

**November at a Glance**

<b>1<sup>Tue</sup></b>	09.30 <sup>AM</sup> Managing Committee 10.30 <sup>AM</sup> Executive Committee
<b>3<sup>Thu</sup></b>	10.15 <sup>AM</sup> Current Events
<b>8<sup>Tue</sup></b>	10.15 <sup>AM</sup> Health & Ecology
<b>10<sup>Thu</sup></b>	10.15 <sup>AM</sup> History, Culture & Tours
<b>14<sup>Mon</sup></b>	10.15 <sup>AM</sup> Cooking Swapshop
<b>16<sup>Wed</sup></b>	<b>04.30<sup>PM</sup></b> Music & Performing Arts
<b>18<sup>Fri</sup></b>	10.15 <sup>AM</sup> Current Events

<b>22<sup>Tue</sup></b>	10.15 <sup>AM</sup> Philosophy & Religion
<b>24<sup>Thu</sup></b>	10.15 <sup>AM</sup> Book Discussion
<b>29<sup>Mon</sup></b>	10.15 <sup>AM</sup> Arts & Handicrafts

<b>1<sup>Tue</sup></b>	9.30 <sup>AM</sup> Managing Committee 10.30 <sup>AM</sup> Executive Committee Deepali Goyal's residence New No.3 (Old No.2) ABM Avenue R.A. Puram, Chennai - 600 028
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Meetings are hosted by **Deepali Goyal**

To learn more, visit the IWA blog site: [www.iwachennai.blogspot.com](http://www.iwachennai.blogspot.com)

**From the Presidents**

Dear Friends,

It was wonderful to see so many of you with your family and friends at the dance drama -'Krishna' for the Diwali celebrations. The delicious cuisine from different parts of North India was truly a festive buffet which added to the spirit of celebration and festivity. Your positive feedback keeps us motivated, thank you!

As we come closer to the end of the year, may we remind you to check your attendance. We request you to attend as many meetings as possible this month. Once again our activity chairs have worked very hard and excelled in planning interesting meetings for you. Fellowship and camaraderie enjoyed at the meetings is special and make sure to say hello to a new face and enjoy the IWA warmth of friendship.

NINA KOTHARI

CHERRY VENKATESAN



Christmas...

a time of reflection and sharing, a time for good cheer

a time for friends and family and everyone dear

it's a special time of the year

Do put on your aprons and chef's hats and rustle up your favorite culinary delight for IWA's Annual Christmas Brunch on December 15, 2011.

Let's make the occasion truly memorable by having our very own multicultural assortment of cuisines!

Please contact Nina, Cherry, Ramani, Asha, Nita or Priya and let us know what you would like to contribute.

**From the Treasurer**

**INCOME AND EXPENDITURE STATEMENT  
1st April'2011 TO 30th September'2011**

<b>INCOME</b>	<b>Amount</b>
Membership Subscription	580000.00
New Membership(Capital Fund)	70000.00
Membership Contribution	46900.00
Fixed Deposit/SB Interest	39457.00
Hostess Contribution	62090.58
Sale of TeleDirectory ,books and Bylaws	2925.00
Guest Charges	30550.00
<b>Total Income</b>	<b>831922.58</b>
<b>EXPENDITURE</b>	
AGM Expenses 2010-2011	57034.00
Meetings	62411.08
Fellowship Morning	24541.00
Silver Jubilee Celebration -Founder's Day	68000.00
Silver Jubilee Celebration -Fashion Show	38000.00
Silver Jubilee Celebration - Magical Melodies	2300.00
Printing and Stationery	16879.00
Accounting Charges	12000.00
Postage and Courier	8256.00
Bank Charges	166.00
<b>Total Expenditure</b>	<b>289587.08</b>
Excess of Income over Expenditure	542335.50
Less : New Membership Amt Trans- Capital Fund	70000.00
<b>Net Income</b>	<b>472335.50</b>
Funds Position as on 30th September'2011	
Opening Balance - 1'st April' 2011	
Bank - 5,55,330.31	
Cash - 253.24	555583.55
Add:Excess of Income Over Expenditure	542335.50
Less:Advance paid to Chairperson	24000.00
Closing Balance - 30th September '2011	
Bank - 10,47,715.81	
Cash - 26,203.24	1073919.05
Fixed Deposits	
1287306000014/2 (Mat Date28.06.2013)	100000.00
1287303000572/2 (Mat.Date14.07.2013)	424354.00
1287303300637/2 (Mat.Date26.08.2013)	5515.00
<b>Total Fixed Deposits with Canara Bank</b>	<b>529869.00</b>

<b>3</b> Thu	<p>10.15<sup>AM</sup>                  Madras Boat Club                  Boat Club Road, R.A.Puram                  Chennai 600 028</p>
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## “My Experience in Burma”

**Mr. Nikolay A. Lisropadov**, our speaker, is the Consul General of the Russian Federation in Southern India. He will share with us experiences of his time spent in Burma.

He speaks English and Burmese and has a PhD in History.

A diplomat since 1983, he has held different positions in the Second and the Third Asian Departments, Ministry of Foreign Affairs of the Russian Federation.

From 1983-86 and 1990-1994 he was assigned at the Embassy of the Russian Federation in Yangon, Myanmar.

His talk will cover Aung San Suu Kyi - a woman of strength and how her peaceful protests inspired the democratic movement in Burma.

We thank **Angelika Schwering, Shweta Mohapatra, Rupa Kadhiresan** and **Gowri Viswanathan**. for graciously hosting the meeting.

We thank **Shweta Mohapatra** for being our day facilitator.

AMBIKA MAMMEN

ANGELIKA SCHWERING

<b>8</b> Tue	<p>10.15<sup>AM</sup>                  Madras Boat Club                  Boat Club Road, R.A.Puram                  Chennai 600 028</p>
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## The Ecological Health of Chennai

As Chennai has expanded to the South, the urban wetlands and marshes have been degraded by poor handling of wastes and unregulated construction activity. How do we protect and conserve our environment in the midst of this growth? Care Earth Trust was founded in 2000 as an association of scientists with a mission of conserving biodiversity for human wellbeing. Their aims are to assess the human impacts on the environment and recommend strategies for action and improvement, especially to mitigate the impacts of climate change.

**Dr. Jayashree Vencatesan** is a managing trustee of the organization. She has a PhD in Biodiversity and Biotechnology from the University of Madras. She is an experienced social scientist having worked on issues of conservation and sustainable use of biodiversity and ecological restoration, with a special interest in urban wetlands.

We thank **Jayanti Rajaram** for graciously sponsoring this event.

We thank **Fazeela Nurdeen** for being our day facilitator.

USHA MOORTHY

MALINI BALAKRISHNAN

<b>10<sup>Thu</sup></b>	<p>10.15 <sup>AM</sup>                  Tuscana on Chamiers by Willi                  89, Chamiers Road, Nandanam                  Chennai 600 035 (Valet parking is available)</p>
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## Telling tales of Madras that is Chennai

Historians have always been as interested in the wars and wagers that shape the larger picture of the growth of a place, as they have been in the little nuggets of information that lend a special flavour to their studies.

Today, **Sushi Natraj**, a member of Chennai Heritage brings us some of those nuggets - the lighter side of the history of Madras.

Sushi has brought together a group of ladies to whom she provided training to guide heritage walks along some routes in Chennai. The walks were popular during the Madras Week this year, and they hope to make it a year-round programme.

We thank **Mridula Srinivasan** for graciously hosting the meeting.

We thank **Archana Meiyappan** for being our day facilitator.

SOMNA SACHDEV

ELIZABETH ASTON

### Notes:

Unfortunately we have had to cancel the proposed visit to Delhi & Lucknow (28th January - 2nd February 2012).

We apologize to those members who were planning to go on the trip.

An alternative trip will be planned at a later date.

<b>14<sup>Mon</sup></b>	<p>10.15 <sup>AM</sup>                  "Pergola"                  The Accord Metropolitan                  T.Nagar, Chennai 600 017</p>
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## Ching Chang Choo! - 'Cheeky Chinese Cuisine'

Although it started off in China, the trend of this oriental cuisine has become widespread in the Western world, bringing in a unique flavor to the table for everyone. From Sweet and Sour, Spicy Szechwan Steamed or Stir fried, a Chinese dish is not only tasty but rich in vitamins, nutrition, requires minimum cooking and retains maximum health value. A typical meal in the Chinese culture consists of rice, noodles, and an accompanying dish with vegetables, bean sprouts, bamboo shoots, water chestnuts, fish, crab, chicken, lamb etc

There are many different styles of cooking food in China - Beijing Style, Shanghai Style, Szechwan Style, Honk Kong Style, Peking Style and the most popular of them all is the Cantonese Style. Use of knives and forks at the table is considered 'barbaric' because of these implements are regarded as weapons! Chopsticks are used instead.

**Master Chef Kelvin Lim** of the Chinese restaurant "Pergola" at the Accord Metropolitan Hotel will take this opportunity to showcase some exotic lip smacking variations of Chinese dishes which will combine superb taste, easy method of preparation and usage of basic easily available ingredients.

We are thankful to the CEO of the Accord Metropolitan Hotel **Mr.FooSeeThim** for graciously hosting the meeting for IWA.

We thank **Jayasree Ravi** for being the day facilitator.

NABILA AVAIS

PHYLLIS STATHIS

<b>16</b> Wed	<b>04.30 PM</b> Hotel Savera : Samavesh Hall Dr. Radhakrishnan Salai Chennai 600 004
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## Ode To The 'Mother'

The great poet-singer and freedom fighter, **Subramanya Bharati's** compositions are sung to this day in Tamil homes due to their simple words and melodious music. His songs are popular with concert singers and dancers too. He has composed several poems praising the 'Tamil' language as his mother and others eulogising 'the mother'.

His ode to motherhood immortalised in his '**Kannan en Thai**' will be brought alive on stage by renowned dancer, **Priyadarshini Govind**. Priyadarshini is one of the most popular artists in the field of Bharatanatyam, performing to rave reviews at home and abroad. A foremost disciple of Guru Rajaratnam Pillai and Padma Bhushan Smt. Kalanidhi Narayanan, Priyadarshini maintains the purity of the dance form while experimenting with interesting repertoires.

We thank **Rathi Neelakantan** for graciously hosting the meeting.

We thank **Sharmilee Nielsen, Vidya Srinivasan, Neena Sanghavi** and **Sabita Shetty** for sponsoring the musical support.

We thank **Padmini Subramaniam** for being our day facilitator.

GEETA VASUDEVAN

KIRAN RAO

<b>18</b> Fri	<b>10.15 AM</b> Presidency Club Ethiraj Salai, Egmore Chennai 600 008
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## "The Icon - Steve Jobs "

The brilliant architect behind the success of the company that he built from scratch - APPLE. Steve Jobs, widely described as a visionary, pioneer and genius in the techie world has single handedly changed the face of new age technology.

Digital appliances. like the iPod iPhone, Ipad, and Mac Book Pro became house hold names and were user friendly.

Jobs was both admired and criticized for his consummate skill at persuasion and salesmanship, which has been dubbed the "reality distortion field" and was particularly evident during his keynote speeches (colloquially known as "Stevenotes")

In 2006, Apple's recycling programs extended to any U.S. customer who buys a new Mac. This program includes shipping and "environmentally friendly disposal" of their old systems. This was a marketing 'revolution'.

He fiercely guarded his personal battle with pancreatic cancer

**Ms.Rajani Seshadri** Vice President - TCS, Chennai will address us through an interesting power point presentation with video clippings about the life and times of Steve Jobs .

We thank **Kanika Parekh** for graciously hosting the meeting.

We thank **Rani Dasgupta** for being our day facilitator.

AMBIKA MAMMEN

ANGELIKA SCHWERING

<b>22</b> Tue	10.15 <sup>AM</sup> Shrikanta Jhaver's Residence 21, Santhome High Road Chennai 600 028
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## India's Centuries Old Green Movement - Jainism

Long before "The Green Movement" became a global phenomenon, it was a way of life for many living in India. Deeply rooted in heritage and philosophy, environmental awareness and harmony was the norm not because of any perceived ecological disaster, but simply because there was a sense of moral responsibility.

Ahimsa, or nonviolence, the central tenet in Jainism, is a way of life that seems to have even greater relevance in today's world.

**Dr. Priyadarshana Jain**, distinguished professor of Jainology at the University of Madras, will help us understand the Ecological Philosophy of Jainism, which has always been central to its ethics.

We thank **Shrikanta Jhaver** for graciously hosting the meeting.

We thank **Naina Shah** for being our day facilitator.

JAYASHREE MANRADIAR

ANJALI SACHETI

<b>24</b> Thu	10.15 <sup>AM</sup> Madras Cricket Club 1, Bells Road, Chepauk Chennai 600 005
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## The Shiva Trilogy - Amish Tripathi

The **Meluha** and **Naga** novels have become so popular among Indian readers, that even non-readers recognize their distinctive covers on sight, having seen them everywhere in other people's hands. They are on bestseller lists, newspaper and magazine review lists, and on waiting lists for readers. To review these novels, we have **Mr. Ramkumar Ganesan**, the distinguished and well-known Tamil movie producer. The books are a mixture of mythology, fiction, fast paced action, romance, battle scenes and drama; so who better than a movie man of such renown to gather all these different threads and draw them together in his capable hands?

We thank **Lalitha Krishnan** for graciously sponsoring this meeting.

We thank **Rita Saldanha** for being our day facilitator.

TEHNAZ BAHADURJI

<h1 style="margin: 0;">29</h1> <p style="margin: 0;">Tue</p>	<p>10.15 <sup>AM</sup></p> <p>70 MRC Nagar Main Road MRC Nagar, R A Puram Chennai 600 028</p>
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## The Chettinad Kottan

**Visalakshi Ramaswamy's** talk will focus on the particular craft of Chettinad Kottan, the palm leaf basket which is exclusive to the Chettinad region. The nature of the region provides the craft with its design inspiration, raw material, finish and purpose. The slender palm tree grows well in the dry region; the leaves are dyed in brilliant colours as a contrast to the white of the plastered walls of the homes. The baskets were used around the house as storage containers, at festivals and wedding rituals, exchanged as a symbol for the sealing of a contract, and given as gifts from a mother to a daughter as she left for her new home. As with all traditional arts and handicrafts, the Kottan is slowly disappearing. The M.Rm.Rm. Cultural Foundation has taken the initiative to revive this special handicraft as a means of sustainable income for the local womenfolk.

We thank **Visalakshi** for graciously hosting this meeting.

We thank **Usha Jawahar** for being our day facilitator.

DEEPALI GOYAL

ANITA NAZARETH WEDICK

## The Baltic Cruise

It has been a wonderful, constantly evolving endeavour, forever aspiring to reach greater heights of interesting destinations in travels for IWA. This being The Silver Jubilee Year: to repeat a cliché, it had to be a different mode of travel! So, 'Cruise' it was and to the Baltic Countries!

For most of us among the 32 members, it was the very first time that we were going to be "All at SEA" (no pun intended) for 12 days. A little bit of trepidation among those who do not swim and those who did not know if they were prone to sea-sickness or otherwise!

Seven couples: always wonderful to have chivalrous, ever obliging gents on board! They were all perfect gentlemen; always willing to snap pictures of our ladies against various backdrops (we had to have irrefutable evidence that each of us has been there, done that!). Dr Mathan helped retrieve my jacket from the Peterhof Museum. Vipin Sachdev was the force behind ensuring that Fazeela got her temporary passport & visa (when her bag was stolen on arrival), so that she could join us on the Rotterdam. Gopinath was our expert photographer; and of course Palu, Paul, Giridhar and Kumar contributed their share too!

The Ship Rotterdam: It is absolutely true that one is thoroughly spoiled on a Cruise. The cabins are cleaned without prompting; we were constantly amazed how the bathroom mats were replaced every time they got soggy! Every evening, the beds are turned down and a cute 'towel animal' is placed at the foot of the bed. We had a dog, bird, elephant, frog, giraffe, fish etc...and there were also workshops on how to make them! The Rotterdam was a learning experience in several ways! We attended workshops on Photography, Travel, Wine tasting, Cooking, Dancing and Taichi. The ship had such a vast variety of activities to indulge! We could use the GYM and watch the ship churning the sea while one tread-milled! There was a Spa, Library, Casino, evening live entertainment, regular movies, besides shops selling tempting merchandise! Some of our members ventured into the Crow's Nest to shake a leg. Others walked on the 3rd level promenade deck for their daily exercise. The FOOD - so much of it at every mealtime and beyond! Every one of us was heavier at the end of the trip. Our ladies outdid themselves when it came to asking for Indian Food at the restaurant, all because one of the chef's was a Malayali.

It was a once in a lifetime experience to watch & sail the beautiful island's of The Archipelago at Sunset. The travel guide informed us that there were 26000 of them.

We visited Rostock Warne-munde, Berlin where we saw the Allied Museum, the famous Berlin Wall, now covered with interesting graffiti!, Check point Charlie where our ladies posed for pictures with men in uniform. Copenhagen, was just a panoramic bus tour. St-Petersburg, a second visit for those of us who have been on the Russia trip. We gawked at the vastness of the Hermitage, the sheer visual splendour of Peterhof and the Church of the spilled blood with exquisite onion shaped domes, besides Catherine's Palace where the Amber room held us spellbound! A ride on the hydrofoil from Peterhof to St.Petersburg was memorable.

Of course how can we not mention the food fetish? Some of our ladies had to have the crepes!

Shopping! Amber..... Amber..... Amber .....

The guide Valerie, surprised us with his perfect English and knowledge laced with large dollops of humor. Other guides on the tour were all very competent.

The damper was that we had to skip docking at Finland due to bad weather!

Sweden in Stockholm: We visited the Nobel center where the Nobel prizes are given away each year. We enjoyed a ferry ride through picturesque country side and we finally visited a museum where a 17th century boat that sank on its maiden voyage, is displayed in an intact state!

Tallinn, Estonia was the crowing jewel! Perfect weather, beautiful town carved out of our fairytales. Cobbled streets, lovely people and a complete experience that gladdened our hearts! Not to forget the shopping for winter clothes!

Yes, it was a little difficult to return to reality at the conclusion of the trip. Like the guy on the stage said. The biggest 'thud' would be when we see the bed remaining unmade when we return to it at home!!

Thank you Somna, Sadhana and Liz !

Ramani Reddy

New Members:

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|----|--|-----|----------|
| 1. | Tiara Sze Hughes<br>c/o VSL India Pvt Ltd,<br>602B, 6th Floor, Campus 4B,<br>RMZ Millenia Business park,<br>#143, Dr MGR Road,<br>Kandanchavady, Perungudi,<br>Chennai 600 096 | H6  | Malaysia |
| 2. | Kimberly Owens<br>Flat No 4, Serendip,<br>25, Sathyanarayana Avenue,<br>RA Puram,<br>Chennai 600 028   | O2  | USA      |
| 3. | Dominique Rastoin<br>#3 Goyal Flats,<br>ABM Avenue, Boat Club,<br>RA Puram,<br>Chennai 600 028   | R39 | France   |
| 4. | Nathalie Brantsma<br>c/o Mr Roger Brantsma<br>124/1, J.N. Salai,<br>Ekkaduthangal,<br>Chennai 600 032  | B2  | Dutch    |
| 5. | Sharon Dean<br>Apt. No. 3B, 15 Crescent Street<br>ABM Avenue, Boat Club,<br>Chennai 600 028  | D7  | Canada   |