

1 Sat	10.15 ^{AM} International Music Day
4 Tue	10.15 ^{AM} Arts & Handicrafts
10 Mon	10.15 ^{AM} Current Events
11 Tue	10.15 ^{AM} Health & Ecology
13 Thu	10.15 ^{AM} History, Culture & Tours
18 Tue	05.45 ^{PM} Shubh Diwali
21 Fri	10.15 ^{AM} Music & Performing Arts

To learn more, visit the IWA blog site: www.iwachennai.blogspot.com

From the Presidents

Dear Friends,

We fondly remember our Founder President, Nirmal Seshadri as we celebrate the time – honoured International Music Day and her birthday on Saturday, 1st October. We thank the Music Committee for identifying the young awardee and are privileged to have the presence of Mr Seshadri to give away the award.

Shubh Diwali, the IWA Diwali celebration on Tuesday, 18th October is an evening of a fabulous dance drama – **'Krishna'** by dancer, actor and Padmashri awardee Shobana. The hour-long dance drama will be followed by dinner. We look forward to seeing you with family and friends for this event and wish you happiness and prosperity in the festive season.

NINA KOTHARI

CHERRY VENKATESAN

3 Mon	9.30 ^{AM} Managing Committee 10.30 ^{AM} Executive Committee Anita Nazareth-Wedick 179-181, St. Mary's Road, 1st Floor Alwarpet, Chennai 600 018
--------------	---

28 Fri	10.15 ^{AM} Book Discussion
---------------	--

31 Mon	03.45 ^{PM} Cooking Swapshop
---------------	--

1 Sat	<p>10.15^{AM} Chola Sheraton Cathedral Road Chennai 600 086</p>
--------------	--

International Music Day

1st October is a very special day for IWA, because, besides being the **International Music Day**, it is our founder **Nirmal Seshadri's** birthday.

The family of Nirmal has constituted a music award to be presented to a child vocalist/musician in her memory.

As IWA celebrates 25 years, we pay a special tribute to Nirmal today. The Music Committee has decided that the award this year be presented to a child with special needs. We have chosen 17 year old **Ashwin Prabhakar** from Saraswathi Kendra Learning Center. His excellence on the keyboard and creativity with fusion music is exemplary, and we are indeed very happy that he is the recipient of this special award.

Please do come and listen and encourage a musical genius in the making.

Music Committee:

Aruna Vijaykumar - Chairperson
Brahada Kameshwaran
Beena Ram Mohan
Padmini Subramaniam

NINA KOTHARI

CHERRY VENKATESAN

THE BOARD

4 Tue	<p>10.15^{AM} 'Arcot Hall' Sheraton Park Hotel 132, TTK Road, Chennai 600 018</p>
--------------	--

Sungudi, The Exquisite Tie And Dye Craft Of Madurai

The story of the famous Sungudi begins on the banks of the equally famous Vaigai river, where the ancient community of 'Pattunoolkarars' would dry their washed and bleached fabric all ready for tying their delicate knots.

In project Sungudi we follow the stories of the Saurashtrian women or the 'Pattunoolkarars' and their journey from Masulipattinam in Andhra Pradesh to the temple town of Madurai, where they were given the pride of place as the clothiers of royalty under the noble Thirumalai Nayak. The influx of mill-made, cheaper wax-dyed cottons gradually drove out the regal Sungudi.

The current effort of the World Craft Council and the Craft Council of India through project Sungudi is to focus on reviving and restoring it to its original pre-eminent status and to assist artisans like Mahalakshmi & Saroja to continue their dedication to the art.

This morning **Sudha Ravi** will address us on the efforts towards revival of Sungudi with a power point presentation. Some of our members will adorn the beautiful Sungudi sari.

We thank **Sudha Shivkumar** for graciously hosting this meeting.

We thank **Sangeet Chopra** for being our day facilitator.

DEEPALI GOYAL

ANITA NAZARETH WEDICK

10^{Mon}	<p>10.15 ^{AM} Presidency Club Ethiraj Salai, Egmore Chennai 600 008</p>
-------------------------	---

Mythological Stories and Values Indians Live By

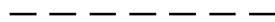
Have you had the younger generation ask ‘why light a lamp?’ or a visitor say “Indians never say No or Give so much importance to food and friendship?. Why is this?” Based on stories of Gods and Goddesses we have all imbibed values that strengthen our Indian identity. It is these values that form our beliefs and dictate our behaviour. Let’s explore why we Indians do things the way we do with Intercultural Expert **Ranjini Manian** who has helped expatriates from 76 nationalities understand India over the past 16 years through Global Adjustments. It is by knowing ourselves better that we take steps to know others. Let’s explore with this anecdotal, entertaining interactive session.

We thank **Marina Mathias** and **Vimal Shivdasani** for graciously sponsoring this meeting.

We thank **Vanitha Rajkumar** for being our day facilitator.

AMBIKA MAMMEN

ANGELIKA SCHWERING



Our deepest condolences to **Lalitha Naidu** on the demise of her mother

11^{Tue}	<p>10.15 ^{AM} Madras Boat Club Boat Club Road, R.A.Puram Chennai 600 028</p>
-------------------------	--

Improving Strength and Flexibility with Physiotherapy

Physiotherapy is a wellness oriented program that deals with conditions that limit movement and prevent people from performing functional daily activities. The limitation can be due to pain, degeneration, muscle weakness or motor imbalance caused by injury, ageing, disease, etc.

Sangeetha Ranganath has been practicing physiotherapy for the past 25 years. She has done both her graduation and her post-graduation in physiotherapy from Bombay University. She has also specialized in Neurology. In Chennai, she worked with Dr. B Ramamurthy and his team of neurosurgeons for about 5 years. Since then, she has been free-lancing and has been practicing on her own.

She believes in recovery that is Holistic, and so tries to include many facets of the patient and his or her condition in her rehabilitation routine.

We thank **Veena Swamy** for graciously sponsoring this meeting.

We thank **Sharmila Ramji** for being our day facilitator.

USHA MOORTHY

MALINI BALAKRISHNAN

13^{Thu}	<p>10.15 ^{AM} Madras Boat Club Boat Club Road, R.A.Puram Chennai 600 028</p>
-------------------------	--

‘Pepper, Pearl & Dravidian Islamic Mosques’ – The Story of the Tamil Muslim

For more than 2000 years the Tamil country was an integral part of the ancient maritime trade route, known as the Spice route, which linked west Asia to the Far East Asian archipelago and China to the east. Along with Pepper, considered to be the King of spices, pearls and a host of other items, formed a part of the exports which brought in not just West Asians but also wealth. It was through these trade links that Islam was introduced to the Tamil country, as early as the 7th century. The Arab traders were encouraged to build mosques with grants from the local rulers, such as the Pandyas and the Cheras. These mosques were built in the prevalent Dravidian architectural style, with Islamic sensibilities. Entire mosques which were built of stone came to be known as Kallu Palli (Kal + Palli = Stone Mosque). Over a millennium, thousands of such (Kallu Pallis) mosques were built all over Tamil Nadu.

Mr. S Anwar is a freelance journalist and filmmaker. With the help of a power-point presentation, this lecture takes you through references to Yavanas and foreign trade in Sangam Literature, the emergence of the Dravidian Islamic architectural style of mosques in Tamil Nadu and also the evolution of the Tamil Muslim community.

We thank **Seema Sait** for graciously hosting the meeting.

We thank **Mahmooda Haja Shareef** for being our day facilitator.

SOMNA SACHDEV

ELIZABETH ASTON

18^{Tue}	<p>05.45 ^{PM} Mayor Ramanathan Chettiar (MRC) Centre 75/2, Janaki Avenue, MRC Nagar Santhome High Road, Chennai 600 028</p>
-------------------------	---

Shubh Diwali: IWA Diwali 2011

On the festive occasion of Diwali, we are delighted to present a special-for-IWA excerpt from the highly acclaimed new dance drama, ‘**Krishna**’ by Padmasri awardee, dancer, actor, and choreographer, **Shobana**.

This is an hour-long modern production with music and dance both in the classical tradition of yore, and in the Bollywood genre of today. The sets are minimal, but the costumes are maximal – elaborate and fantastic. Krishna is both the man and the God.

Do come dressed in your festive splendor and enjoy this avant-garde, innovative take on the ever-popular Krishna!

Speaking of ever popular, the Khazana stall will be open to all from 5.45pm until 6.20pm. We would greatly appreciate it if everyone could be in their seats by 6.20pm. **The show will be followed by a sumptuous festive buffet.**

Tickets for members and guests are Rs. 300 and will be available for sale at all meetings. We look forward to seeing you with your friends and family for this festive occasion.

Our heartfelt thanks to **Visalakshi Ramaswamy** for graciously sponsoring the hall.

NINA KOTHARI

CHERRY VENKATESAN

THE BOARD

21 Fri	<p>10.15 ^{AM} The Amethyst, Next to Corporation Bank, Whites Road, Royapettah, Chennai 600 014</p>
---------------	--

“The Myriad Moods of Sita” Lecture by Lakshmi Viswanathan

Lakshmi is regarded as an evocative and elegant dancer, lauded for her “Abhinaya”. She has lectured and performed in over twenty countries, and presents her audience with researched vignettes which are memorable.

In this lecture she explores the personality and character of Sita in the Ramayana epic.

Says Lakshmi :” The epic is actually Sita’s story. Every situation she faces challenges her, and moves the story forward”.

We thank **Kiran Rao** for graciously hosting the meeting.

We thank **Indira Srinagesh** for being our day facilitator.

GEETA VASUDEVAN

KIRAN RAO



If you do not receive the newsletter by the 5th of each month, please contact **Priya Asokan** at **9840073691** between 9am and 5pm from Monday through Friday.

28 Fri	<p>10.15 ^{AM} Presidency Club Ethiraj Salai, Egmore Chennai 600 008</p>
---------------	---

Member-to-Member Share

It has been said that what we read, is what we are. Through books, music, movies and art, we permit ourselves to experience many thoughts and emotions that we could not face, if we had to own them for ourselves. So it is a very special privilege that a few of our members have volunteered to share with us their **Favourite Books**, what make them so special, so memorable and so dearly loved.

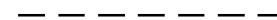
Do join us in this straight-from-the-heart session, learning more about some IWA members, some special books, and the mysterious hold the written world will always have over us.

This is an Ice Cream social.

We thank **Vidya Singh & Padma Ashok** for graciously hosting the meeting.

We thank **Prema Kumar** for being our day facilitator.

TEHNAZ BAHADURJI



Dorothy Saldanah has been reinstated into IWA as a senior member since she is not relocating to Bangalore.

31 Mon	03.45 ^{PM} Asha Harish Murthi 10, Krishnama Road Nungambakkam, Chennai 600 034
---------------	--

Cupcakes Take The Cake

Cupcakes or Fairy Cakes are small, bite-sized treats intended for individual consumption! The cupcake craze is sweeping Chennai. Baking and decorating a cupcake is very creative and depends largely on individual preferences. The ingredients for the toppings range from peanut butter, kahlua (butter icing), mint chocolate, colorful sprinkles, fruity preserves, Oreos, etc., Members are invited to try their skill in transforming the mini cake into something flamboyant!

Chef Pichaimani Boopesh is a trained 'Sweet Art' pastry chef from Munchen, Germany. Presently, the City Chef at the French Loaf and Le Chocolatier, he is a specialist in confectionery, who is constantly challenged to innovate and bake batches of these colourful mini delights with an unusual twist. Various batter options and creative topping ideas will be demonstrated by him.

Pretty party hats, dresses and gowns are welcome for the 'English Garden Tea Party'.

Please Note this is an **evening** meeting.

We thank **Asha Harish Murthi** for graciously hosting the meeting.

We thank **Buddy Mahadevan** for sponsoring the demonstration and the cupcakes.

We thank **Anjana Sunil** for being our day facilitator.

NABILA AVAIS

PHYLLIS STATHIS

Change of Address:

Susan Koshy
 Flat D1, Le Grange,
 29/30 AK Block,
 TAS Enclave
 Annanagar,
 Chennai -600 040

Angelika Schwering
 Shanti Samudra 10
 Injambakkam
 Springdale Avenue 4
 Chennai -600 041

New Member:

Savithri Carter Australia
 Apt No 3, Somalinga Residency
 New No 4, Old No 18,
 Crescent Street, ABM Avenue,
 Boat Club, Chennai-600 028
 Ph: +918754467558

Olga Suihkonen Serbia
 Arunachalam
 15/2, 4th Main Road Extension
 Kotturpuram
 Chennai-600085
 Ph - 8056023429

— — — — —
SHUBH DIWALI TUESDAY 18TH OCTOBER 5.45PM

We would like to remind members that the final date for your donation to the Khazana stall is Saturday 15th October.

A sincere thank you to all members who have already made a contribution.

The gifts will be collected at all meetings prior to Saturday 15th October or may be handed over to the following members.

Asha Rammohan	28332006	Nungambakkam
Priya Asokan	24937357	R.A. Puram
Nalini Acharya	26449731	Kilpauk
Beena Ram Mohan	26214278	Anna Nagar

— — — — —
 A reminder to all members going on the Delhi and Lucknow Trip that the final date for payment of the R20,000 deposit is **Monday 10th October**. Please see the September Newsletter for full details.