

1 ^{Fri}	9:30 ^{AM} Managing Committee Meeting 11:00 ^{AM} Executive Committee Meeting
8 ^{Fri}	10:15 ^{AM} Book Discussion
12 ^{Tue}	3:45 ^{PM} Philosophy & Religion and Music & Performing Arts
14 ^{Thu}	3:45 ^{PM} Cooking Swapshop
18 ^{Mon}	3:45 ^{PM} History, Culture & Tours
19 ^{Tue}	10:15 ^{AM} Health & Ecology
25 ^{Mon}	10:15 ^{AM} Founder's Day – To celebrate 25 years of IWA

26 Tue	3:45 ^{PM} The Bride's Homecoming Ceremony
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27 Wed	10:15 ^{AM} Morning of Magical Melodies
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28 Thu	5:30 ^{PM} Rejoice in Rhythm
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29 Fri	3:45 ^{PM} Threads of Tradition
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To learn more, visit the IWA blog site: www.iwachennai.blogspot.com

From the Presidents

Dear Friends,

It was wonderful to see so many of you for the fellowship morning – an energetic start to an inspiring year ahead.

With 25 glorious years as a legacy, we look back with gratitude to our founders and salute their spirit of enterprise and to our past presidents who have nurtured IWA.

Our silver jubilee celebration week will give us various opportunities to reflect and rejoice, to exchange thoughts and fond memories, and to strengthen the bonds of friendship between us.

We look forward to welcoming you all for hours of nostalgia, camaraderie and happiness.

Proud Past, Promising Future.

NINA KOTHARI

CHERRY VENKATESAN



1 Fri

9:30 ^{AM} **Managing Committee**

11:00 ^{AM} **Executive Committee**

'Kryptos'

24, Khader Nawaz Khan Road

Chennai 600 006

Meetings are hosted by **Somna Sachdev**.

8^{Fri}

10:15 AM
The Presidency Club,
Ethiraj Salai, Egmore
Chennai 600 008

Pigeons to Post

Steve Borgia

Steve Borgia is a man of so many varied interests, that it is difficult to define him. However the label he probably treasures the most is that of Indologist. He is a man of today who shows great appreciation for yesterday's traditions and a belief that they will continue to be relevant for many tomorrows.

His delightful coffee table book **Pigeons to Post** was inaugurated by Smt. Pratibha Patil, President of India, earlier this year. It is a tribute to the vital role of the Post-man and Post-woman in Indian History. Beautiful photographs and fascinating stories fill its pages. The author, a local Chennai man, in spite of his exotic-sounding name, will guide us through and behind the colourful pages of this deeply researched book.

Thanks to **Anuradha Uberoi** for hosting this meeting, and to **Saranya Jayakumar** for sponsoring the audio visual equipment.

We thank **Raheela Kareem** for being our day facilitator.

TEHNAZ BAHADURJI

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Our deepest condolences to **Chandrika Chidambaram** on the demise of her older brother.

12^{Tue}3:45^{PM}

The Madras Club
Adyar Club Gate Road, R.A. Puram
Chennai 600 028

Bhakti

Elevated Emotion

Bhakti or 'devotion as an elevated emotion' is an intrinsic component of Indian dance and music. Our saints have sung the glory of the Lord and these songs are sung even today with intense devotion. From ancient times, dance has been an important part of worship in our temples. In order to communicate the emotion of Bhakti, dancers employ facial expressions (abhinaya) and hand gestures (mudras).

Bhakti through dance will be demonstrated by eminent dancer and Guru, **Meenakshi Chittaranjan**. Meenakshi, a recipient of the Padma Shri and innumerable accolades in dance is a product of the Pandanallur style of Bharatanatyam. She will be demonstrating different kinds of Bhakti in her lec-dem presentation.

We thank **Vanitha Raj Kumar** for sponsoring the meeting.

We thank **Mano Bhaktavatsalam, Meera Raghavendra Rao, Rama Rajagopalan, Parvathy Reddy and Indira Srinagesh**, for sponsoring the music and technical support.

We thank **Anu Bhasker** for being the day facilitator.

Please note this is an **evening program**.

JAYASHREE MANRADIAR
GEETA VASUDEVAN

ANJALI SACHETI
KIRAN RAO

14^{Thu}3:45 ^{PM}

Rehane Yaver Dhala
4/6, Casuarina Drive, Neelankarai
Chennai 600 041

Jashn-e-Shireen

Festival of Sweets

“**Sheerai**”, traditional Mughlai sweet meats prepared to commemorate auspicious occasions will be demonstrated live by traditional master chefs.

Ancient traditional recipes originating from the imperial kitchens of the Mughal Empire, are passed on from one generation of master chefs to the next.

Mughlai sweets merged with the culturally diverse and rich cuisine of India, resulted in the creation of matchless, exotic sweet delicacies.

Jashn-e-Shireen or the festival of sweets presents the revival of such forgotten imperial desserts.

Come, interact with the culinary masters and relive the splendour of a bygone era. If possible, dress in your Mughal attire.

Heartfelt thanks to our gracious hostess **Rehane Yaver Dhala** for hosting this meeting, and to **Deepika Goyal** for being our day facilitator.

Please note this is an **evening program**.

18 Mon

3:45 PM

Japanese Consul General's Residence
12/1, Cenotaph Road, 1st St, Teynampet
Chennai 600 018

The Great East Japan Earthquake and Tsunami

Following the earthquake and tsunami in March this year, world media attention focused on Japan. The unimaginable series of events and aftermath are part of the history of Japan.

This meeting welcomes **Masanori Nakano**, the Consul General of Japan at Chennai, who will share with us the effects of the calamity on the people of Japan and the ingenuity of their indomitable spirit.

The Ohara school teachers will display a beautiful Ikebana arrangement of white flowers as a tribute to the Japanese, in memory of their loved ones who perished during the recent calamities.

Please note this is a 'warn in' meeting. It is limited to 40 ladies. Warn in with **Liz Aston** (9094558566) and **Somna Sachdev** (9841022922), on the 14th & 15th of July, between 10am to 5pm only, please.

Refreshments will be provided following the meeting.

We thank the **Japanese Consul General** for graciously hosting the meeting. We thank **Kusum Chadda** for being our day facilitator.

Please bring your ID for entry to the meeting (Passport/Driving license).

Please note this is an **evening program**.

19^{Tue}

10:15 ^{AM}
The Presidency Club
Ethiraj Salai, Egmore
Chennai 600 008

Caring for your Voice

The art of speaking and singing is unique to the human race. A person's voice reflects aspects of the individual like gender, age, personality, intention, mood, and general health, etc. Voice health is becoming important as many people rely on their voices for their work. Professionals like singers, teachers, radio jockeys, theatre artistes, etc. are more prone to voice-related disorders.

Dr. Prakash Boominathan Ph.D. will talk about the voice production apparatus, the nature of vocal problems, tips to identify voice problems early, prevention and management. Dr. Boominathan is currently a Professor of Speech, Language and Hearing Sciences at Sri Ramachandra University.

We thank **Premila Jacob** for graciously sponsoring this meeting, and also thank **Aruna Prasad** and **Dolly Prasad** for sponsoring the audio visual equipment.

Sincere thanks to **Nalini Acharya** for being our day facilitator.

USHA MOORTHY

MALINI BALAKRISHNAN



Our congratulations to **C.Prema Kumar** for receiving an Award for "Vocational Excellence In Education", from Rotary Club of Chennai Towers in March 2011.



Silver Jubilee Celebration Week

JULY 25 - 29

25^{Mon}

10:15 ^{AM}
The Sheraton Park Hotel
132, TTK Road
Chennai 600 018

Founder's Day

To celebrate 25 years of IWA

As IWA enters its silver jubilee and celebrates the indelible mark it has made on the Chennai landscape, we reminisce about the good old times and look forward to the enriching events in store for the years to come.

On this landmark 25th year, we fondly remember our Founder members for their foresight, initiative and enterprise as we re-dedicate ourselves to rejoice our unique organization, IWA.

From modest beginnings, these amazing women along with the past presidents pursued a clear purpose to form an organization that is committed to cultural diversity, learning and friendship.

To mark the silver jubilee and highlight our journey, we will enjoy a film – the story of 25 eventful years of IWA.

In addition, we proudly release our very own book dedicated to the indomitable spirit of the IWA women.

A warm thank you to **Vijay Goyal, Deepali Goyal, Shashi Malhotra and Chandra Seoni** for hosting the **lunch**.

Members only.

NINA KOTHARI

CHERRY VENKATESAN

THE BOARD

26^{Tue}

3:45^{PM}

Mayor Ramanathan Chettiar (MRC) Centre
75/2, Janaki Avenue
MRC Nagar, Santhome High Road
Chennai 600 028

Penn Azhaippu

To celebrate 25 years of IWA

The Aachis of IWA have great pleasure in inviting you to the **Penn Azhaippu – Bride's Homecoming Ceremony** – to celebrate 25 years of IWA.

Join the celebratory traditional procession at 4 pm, dressed in your Chettinad best to witness and participate in the many traditions that take place as a bride enters her new home. Experience the traditional pomp and splendour of the Chettiar community at their weddings.

An authentic Penn Azhaippu feast specially prepared for you by master chefs from Chettinad follows the ceremony.

We look forward to the pleasure of welcoming you and having you with us.

ALAGU ALAGAPPAN

MEYYAMMAI MURUGAPPAN

MEENAKSHI ARUNACHALAM

VALLI MURUGAPPAN

UMAYAL CHETTYAPPAN

KAMALA MUTHIAH

CHANDRIKA CHIDAMBARAM

KUMARARANI MEENA MUTHIAH

RUPA KADHIRESAN

SEETHA MUTHIAH

MEENAKSHI MEYYAPPAN

ALAGU MUTHU

VISALAKSHI RAMASWAMY

Please note this is an **evening meeting**.

Members only.

27 Wed

10:15 ^{AM}
Burgundy's
Somerset Greenways
Block No: 94, Satyadev Avenue
MRC Nagar
Chennai 600 028

Morning of Magical Melodies

To celebrate 25 years of IWA

Tara Kumaravelu is blessed with a truly enchanting voice. Perhaps it is all that clear air and garden vegetables up in the hills, perhaps a divine gift, perhaps the result of training and effort, or perhaps a combination of all of these and more. This singing sensation from the Nilgiris will brighten an IWA morning, singing a selection of familiar songs from popular music and pop opera.

Our thanks to **Vipin Sachdev** and **Chef Willie** for hosting this morning and to **Yamaha** for providing the music support.

This meeting will be followed by brunch.

For guests (charge Rs 200), please warn in with **Somna Sachdev** (9841022922) between July 20th and July 22nd from 10am to 5pm only, please.

NINA KOTHARI

CHERRY VENKATESAN

THE BOARD

28^{Thu}5:30 ^{PM}

Nina Kothari

"Kothari Bagh"

18, Nungambakkam High Road

Chennai 600 034

Rejoice in Rhythm – T.M. Krishna

To celebrate 25 years of IWA

Vidvan T.M. Krishna, a multifaceted personality, at the forefront of classical vocalists in India will enthral us with his awe inspiring voice. His tremendous stage presence and his ability to transcend cultural borders, makes him one of the greatest ambassadors of Carnatic classical music.

His resonant and mellifluous voice will emphasize our nostalgic mood. Truly a "classical" tribute to the traditional and timeless IWA Woman.

Please note this is an **evening meeting**.

NINA KOTHARI

CHERRY VENKATESAN

THE BOARD

29 Fri

3:45 PM

The Raintree

636, Anna Salai, Teynampet

Chennai 600 018

Threads of Tradition

To celebrate 25 years of IWA

A morning of style and substance; where tradition meets modernity.

Come see our very own IWA ladies resplendent in fabulous revival sarees and traditional Indian ensembles adorned in their own exquisite heirloom jewellery.

Reflecting a gloriously rich Indian heritage in a contemporary vocabulary, the show will epitomize the beauty of tradition with the soul of today.

This morning is dedicated to celebrate the distinctive style of the IWA woman – a woman of substance.

Members please warn in with **Deepali Goyal** (9840442260) between July 20th and July 22nd, from 10am to 5pm only, please.

Warn in for Guests (charge Rs 300) is between 23rd and 24th July, 10am to 5pm only, please.

Please note this is an **evening meeting**.

NINA KOTHARI

CHERRY VENKATESAN

THE BOARD

International Music Day

International Music Day, which falls on 1st October, is also the day when we remember and honour our founder **Nirmal Seshadri** and her love for music. Towards this, her family has set up an endowment fund. The Music committee set up for this purpose, chooses a young and promising musician.

Our Music Committee 2011/2012 is as follows:

Chairperson

Aruna Vijaykumar

Members

Brahada Kameshwaran
Beena Ram Mohan
Padmini Subramaniam

The selected candidate should preferably be under 18 years of age and should have certifications, awards and citations to his or her credit.

Members can send in their suggestions and recommend prospective candidates in writing or by email or call **Aruna Vijaykumar** (24531556/9884120150), by 31st July 2011, supported with appropriate write-ups.

NINA KOTHARI

CHERRY VENKATESAN

Change of Telephone / Mobile Numbers:

Javanthi Singaram	9500071425
Lakshmi Padmanabhan	28110340
Gita Chandrasekaran	24521045

Change of Address:

Amala Emmanuel
14/43, Millers Road
Ganesh Homes
Flat 1A
Kilpauk
Chennai 600 010

Gita Chandrasekaran
New no. 37, Dr Radhakrishnan Nagar Main Road
Thiruvanmiyur
Chennai 600 041



Our congratulations to **Shobha Hebbar** on the birth of her grandson Dev.