

**2<sup>Thu</sup>**10:00 <sup>AM</sup> Managing Committee Meeting11:00 <sup>AM</sup> Executive Committee Meeting**13<sup>Mon</sup>**10:15 <sup>AM</sup>

Fellowship Morning

**16<sup>Thu</sup>**10:15 <sup>AM</sup>

Music &amp; Performing Arts

**21<sup>Tue</sup>**10:15 <sup>AM</sup>

Health &amp; Ecology

**22<sup>Wed</sup>**10:15 <sup>AM</sup>

Cooking Swapshop

**30<sup>Thu</sup>**10:15 <sup>AM</sup>

Arts &amp; Handicrafts

To learn more, visit the IWA blog site: [www.iwachennai.blogspot.com](http://www.iwachennai.blogspot.com)

## From the Presidents

### Dear Friends,

IWA started with humble beginnings, with objectives of friendship and learning. This guiding philosophy is relevant even today, and, as we embark on our silver jubilee year, we have integrated these values in our theme for the year—'Forever connected. Forever learning. Forever Inspired.'

The color of the year is the natural greens as it symbolizes growth, harmony and learning. Green contains the powerful energies of nature and signifies progress with balance, appropriately fitting the ideals of IWA.

The newsletter has the commemorative postal stamp, which marks the milestone 25 years of IWA and serves as a reminder of IWA's heritage and honors the commitment and dedication of the founders and the past presidents. The tree as the central image stands for organic growth, strength and endurance. It stands for the abundant energy of the members.

The success of IWA rests on the infectious spirit and enthusiasm of all of us. We are happy to introduce the concept of **day facilitators** by which members can assist the activity chairs for a particular meeting. We hope this will enthuse members to come forward and volunteer their valuable time.

As the silver jubilee year unfolds, the board along with the activity chairs are planning 25 outstanding meetings for you to enjoy.

Stay involved. Stay engaged.

NINA KOTHARI

CHERRY VENKATESAN

2<sup>Thu</sup>

10:00 <sup>AM</sup> **Managing Committee**

11:00 <sup>AM</sup> **Executive Committee**

Madras Boat Club, Boat Club Road  
Chennai 600 028

Meetings are hosted by **Ramani Reddy**.

### From the Vice-Presidents

The symbolism so aptly denotes the emphasis on the Environment... **Green**... the colour of our newsletter for the Silver Jubilee year... is an off-shoot of the old English verb 'growan' which means 'to grow'. We hope to grow into an organisation that is even more Member friendly and dynamic!

Please co-operate with us by sending in any change[s] in addresses, telephone and mobile numbers, to enable the committees to carry out their collective responsibilities to the General Body to the best of their individual abilities. Please send in any personal announcements and your willingness to host meetings in any way convenient, to help update our records.

This year, we hope to bring out the IWA telephone directory with updates.

RAMANI REDDY

BHARATI NAIR GOPINATH

### From the Secretaries

A very warm welcome to the 25th year of IWA and a special welcome to our new members for a year of great camaraderie. Please write in or email the membership Secretary ([nitareddy13@gmail.com](mailto:nitareddy13@gmail.com)) regarding any change in your membership category (outstation, senior, temporary).

The success of an IWA year depends on membership participation and the secretaries will ensure that the newsletter reaches every member on time.

If you do not receive the newsletter by the 5th of each month, please contact **Priya Asokan** at 9840073691 between 9am and 5pm from Monday through Friday.

We look forward to a great year of friendship.

NITA REDDY

PRIYA ASOKAN

## From the Treasurers

A very warm welcome to this our 25th year!

225 members have submitted their Renewal Forms and Cheques for Rs 2000 in the month of April. All those who haven't yet sent in their renewal forms, please do so with a cheque for Rs 2000 made payable to "IWA Chennai"—in case of Non-Indian members without an Indian bank account, the cash equivalent. The closing date for renewal is 30th June, 2011.

### Please note:

- No Cheques/Cash will be accepted without the form and vice-versa.
- Members are requested to print their name and code number on the reverse of their cheque.
- All IWA members must attend a minimum of ten meetings except senior members who are exempted from the rule.
- When attending meetings, for clarity, members are asked to **print** their name and code number on the attendance sheets.
- To keep track of their attendance record, members will find an attendance chart at all activity meetings in the months of September and January. Please try and keep a record of the meetings you attend.
- A member may bring guests to IWA activities, except when stipulated otherwise. However each guest may attend only four IWA meetings in a financial year, subject to payment of the stipulated guest charge paid by the member. The charges are as follows:
  1. Home meeting – Rs 50 per guest
  2. Club meeting – Rs 100 per guest
  3. Hotel meeting – As per Actuals

Please inform the Treasurers in writing in case of any change in Address, Telephone numbers and if new Badges are required.

We look forward to a great year with you.

**14** <sup>Tue</sup>

10:15 <sup>AM</sup>  
The Madras Club,  
Adyar Club Gate Road, R.A. Puram,  
Chennai 600 028

# Fellowship Morning

Forever Connected. Forever Learning. Forever Inspired.

'Fellowship' conjures togetherness, friendship and an everlasting bond. We look forward to spending this time together to celebrate all that is unique to IWA.

Join us for a morning filled with laughter and fun, a time to catch up with old friends and welcome our new members! We would love to see you all dressed in shades of green to celebrate growth and prosperity!

**This meeting is for members only.**

NINA KOTHARI

CHERRY VENKATESAN

THE MANAGING AND EXECUTIVE COMMITTEES

## Resolution passed at Annual General Meeting

At the Annual General Meeting of IWA held on Wednesday 27th of April 2011 at GRT Convention Centre, 120 Sir Thyagaraya Road, T.Nagar, Chennai 600 017 the following Special Resolution was passed by requisite majority:

**"Resolved that the Membership Committee meetings be chaired by the Presidents assisted by the Membership Secretary"**

16<sup>Thu</sup>

10:15 AM

Madras Boat Club, Boat Club Road  
Chennai 600 028

# Elizabeth Taylor

## Star of Hollywood

The '50s and '60s were decades of great Hollywood stars. Actresses who had that elusive quality to captivate audiences—be it with their acting—Ingrid Bergman; or with their sex appeal—Marilyn Monroe; or with their grace—Grace Kelly; or with their innocence—Audrey Hepburn. These actresses of the black and white era and Eastman color era were stuff that stars are made of.

But the 'ultimate star' was undoubtedly **Elizabeth Taylor**! Audiences did not seem to have enough of Liz Taylor and she adorned the covers of glossy magazines of the time. Just about every direction you turn in Hollywood, there's a beautiful face. So why was Elizabeth Taylor regarded at the best of them all? Was it the acting? The face? The movies? The marriages? The jewels and the glamour? It was, really, a bit of all of the above.

**Bharadwaj Rangan**, National Award-winning Film Critic and an authority on films and film making unravels the mystique of this legendary actress in an engrossing and entertaining talk with clippings from Liz Taylor's films. Come—let us be starry-eyed!

We thank **Radhika Krishnamohan** for graciously hosting the meeting and sponsoring the audio-visual equipment. We thank **Jayanthi Rajaram** for being our day facilitator.

GEETA VASUDEVAN

KIRAN RAO

••••

Our warm congratulations to **Rani Ananth** on the birth of her grandson.

**21** Tue

10:15 AM

Madras Boat Club, Boat Club Road  
Chennai 600 028

# Autism

Autism is a new disorder, a discovery of the modern age. The first documented case of autism was in 1798. Autism sets in before the age of 3 and is more prevalent in boys than in girls. Autism is a disorder of neural development characterized by impaired social interaction and communication, and by restricted and repetitive behavior. Autism is so complex that even a mother or grandparents may find it difficult to understand the child. It is important to learn to identify the symptoms of autism as early intervention in a well-run program is the key to helping autistic children reach their potential. This presentation will give an insight into autism – the symptoms and broad treatment programs being implemented in India.

Our speaker is **Sulata Ajit**. She is the Founder and Director of Sankalp, a school for children with Autism and Learning Disabilities since 1999. She has been working in the area of Special Education since 1990. She has undertaken many special projects such as house workshops for staff members, curriculum planning for the school, organizing teacher training on Autism and conducting workshops for parents and teachers on Autism. She received the title Padma Vidhyasagar from Padma Sarangapani Cultural Academy.

We thank **Cherry Venkatesan** for graciously sponsoring this meeting for us. We thank **Usha Jawahar** for being our day facilitator.

USHA MOORTHY

MALINI BALAKRISHNAN



We thank **Rani Ananth** for her pioneering efforts to maintain the IWA blog and make available the meeting details to so many, so conveniently on the net.

**22** Wed10:15 <sup>AM</sup>Hyatt Regency Chennai  
No. 365, Anna Salai, Teynampet,  
Chennai 600 018

## Hip-hop around Breakfast

'Breakfast' literally means 'breaking the fast'. Nutritional experts refer to breakfast, as the most important meal of the day, citing studies that people who skip breakfast, are likely to have problems with regard to concentration, metabolism and weight!

Spice Market, Hyatt Regency Chennai's all-day-dining restaurant specializes in Indian comfort food, cooked in open 'live' kitchens—prepared ala minute. With spectacular views of the city and landscaped beauty, catering to the most demanding gastronome.

While every station will have a live cooking demonstration of breakfast dishes in progress, Spice Market invites IWA ladies to experience its extensive culinary repertoire for breakfast and encourages members to interact with the chefs who are the stars of these open live kitchens!

This will be followed by a discussion with Executive Chef **Thomas Angerer**, highlighting the thinking behind conceptualizing menus for live cooking.

We thank **Cibi Mammen** for being our day facilitator.

NABILA AVAIS



Our deepest condolences to the family of **Sundari Mani**, on her demise. We will miss her.



**30<sup>Thu</sup>**10:15 <sup>AM</sup>

'Riverhouse' (Next to Madras Club Main Exit)  
12, Turnbolls Road Extension, Nandanam  
Chennai 600 035

## Quilting Hopes

**Community Development** is a complex issue, especially in remote villages far removed from the conveniences associated with urban life. However there are leaders amongst us who have made it their mission to provide dignity to the poverty-stricken by supporting them in ventures. Our speaker **Jayashree Kumar** is one of them. Born and educated in Chennai, Kodaikanal has been her home since 1986. Jayashree taught for 13 years at the Kodaikanal International School, where she got involved in voluntary work. She quit work in 1999 and since then has been able to devote more of her time to such work. She has been a working trustee of the Potters Shed Trust since its inception about 20 years ago, and has been running a women's **Quilting Initiative**.

Her talk will cover the history behind quilting as well as the various techniques related to it. She will share her experiences and talk about her venture that gives self sufficiency to various single women whom she trained at appliqué quilting. The quilts made by her craftswomen will be displayed at the event. We also hope to get a chance to see her craftswomen at work.

We thank **Bess Simkin** for so graciously hosting this event at her home.

**Note:** Members must carry their original ID card and IWA Newsletter. Photocopies of valid identification are not acceptable. We request that the Madras Club parking be used. Those who need to park inside 'Riverhouse' have to warn in with their full name, driver's name, car make and number.

We thank **Rani Chandani** for being our day facilitator.



Nina Kothari

**Presidents**



Cherry Venkatesan



Ramani Reddy

**Vice-Presidents**



Bharati Nair Gopinath



Nita Reddy

**Secretaries**



Priya Asokan



Asha Rammohan

**Treasurers**



Jennifer Arun

**Arts & Handicrafts**



Deepali Goyal



Anita N Wedick

**Book Discussion**



Tehnaz Bahadurji

**Cooking Swapshop**



Nabila Avais



Phyllis Stathis



Ambika Mammen



Angelika Schwering

**Current Events**

**Health & Ecology**



Usha B Moorthy



Malini Balakrishnan

**History, Culture & Tours**



Somna Sachdev



Elizabeth Aston

**Music & Performing Arts**



Geeta Vasudevan



Kiran Rao

**Philosophy & Religion**



Jayashree Manradiar

Anjali Sacheti

## A warm welcome to you all!

- Nidhi Thadani** T-4 9840964344  
2-E, Nityasree, 51, Chamiers Road,  
R.A. Puram, Chennai 600 028  
nidhi@absoluteindia.net
- Lakshmi Menon** M-7 9840441623  
T 8/2, 4th Main Road, Anna Nagar, Chennai 600 040  
lakshmimenon@yahoo.com
- Kausalya Santhanam** S-10 9841365936  
New no. 16, Old no. 13, 8th Cross Street, Shastri Nagar,  
Adyar, Chennai 600 020  
kausalyas@hotmail.com
- Shantha Narayanan** N-11 9382696520  
1202 A, Laurels, 81 & 83, C.P. Ramaswamy Road,  
Alwarpet, Chennai 600 018
- Helena Lau (Singapore)** L-6 8754484437  
Unit 5, 1st Floor, River View Apts, Boat Club Road,  
RA Puram, Chennai 600028  
rthl@hotmail.com
- Phyllis Stathis (Greece)** S-11 9952012061  
Topas Trading Pvt Ltd, 5/2 A, 6th Street,  
Nandanam Extension, Chennai 600035
- Athena Moratis (Greece)** M-38 8939922280  
2nd Floor, 179 – 181, St Mary's Road,  
Alwarpet, Chennai 600018
- Moniek De Zwaan (Netherlands)** D-3 8056005365  
3rd Floor, 179 – 181, St Mary's Road,  
Alwarpet, Chennai 600018  
moniekdezwann@me.com
- Monica Holly** H-4 9789927771  
Old No 28, New No 30, ABM Avenue,  
Boat Club, Chennai

# A Baltic Adventure

Cruising really is the perfect way to travel the world. No other vacation experience offers you the all-inclusive convenience and pleasure of multiple destinations, beautiful scenic cruising, wonderful shore excursions, and a wide array of onboard activities.

This year being the 25th year of IWA, we have planned a 12 day cruise to the Baltic cities in the 1st week of September. Our cruise line is **The Holland America Line** and the ship is **MS Rotterdam**. You may visit their website to know more about the ship and the cruise:

<http://www.hollandamerica.com/cruise-vacation-onboard/Rotterdam>

The ship serves as your luxurious hotel, featuring spacious public spaces and multi-million dollar collections of art and antiques, award-winning restaurants and elegant staterooms. Throughout your cruise vacation, you may enjoy delicious and innovative menus across a broad range of dining venues. On the Holland America Line cruise you're free to dine *As You Wish*® from a casual bite poolside to a formal five-course affair in our classic main Dining Room, where you can choose traditional pre-set seating or a flexible open schedule. Take advantage of 24-hour room service on your verandah, or enjoy a sophisticated meal in the elegant Pinnacle Grill. The choice is always yours.

The cruise features extensive on-board enrichment programs and activities every day. Take a self-guided art tour, lounge by the pool, practice yoga or work out in the fitness center, or pamper yourself with a spa treatment and indulge in world-class luxury shopping. You can also choose from a variety of group activities such as cooking and computer classes, basketball, volleyball, bridge and board games to name a few. Or you can do nothing at all. It's entirely up to you.

## The 12-day cruise :

**Embark Port:** Rotterdam, The Netherlands

**Disembark Port:** Rotterdam, The Netherlands

**Date:** Sep 07, 2011

Day	Date	Port	Arrive	Depart
0	07 Sep 2011	Rotterdam, The Netherlands	—	05:00 pm
1	08 Sep 2011	At Sea	—	—
2	09 Sep 2011	Copenhagen, Denmark	07:00 am	05:00 pm
3	10 Sep 2011	Warnemunde (Berlin) Germany	06:00 am	11:00 pm
4	11 Sep 2011	At Sea	—	—
5	12 Sep 2011	Tallinn, Estonia	08:00 am	05:00 pm
6	13 Sep 2011	St. Petersburg, Russia	07:00 am	—
7	14 Sep 2011	St. Petersburg, Russia	—	06:00 pm
8	15 Sep 2011	Helsinki, Finland	06:00 am	06:00 pm
9	16 Sep 2011	Stockholm, Sweden	09:05 am	04:40 pm
9	16 Sep 2011	Cruising Stockholm Archipelago	—	—
10	17 Sep 2011	At Sea	—	—
11	18 Sep 2011	At Sea	—	—
12	19 Sep 2011	Rotterdam, The Netherlands	07:00 am	—

The approximate cost for the cruise (all inclusive of return air fare to Amsterdam, transfers to Rotterdam, visas, shore excursions, meals etc) is Rs 1,98,500/- on a twin-sharing basis for the 'inside' staterooms.

A non-refundable deposit of Rs 50,000/- must be made to block your place by the 24th of June. We want to limit the group size to 30.

You may warn in with **Somna Sachdev** on 9841022922 or **Liz Aston** on 24328590.

## In commemoration of the silver jubilee year

We are sure you are aware that IWA completes 25 years of friendship this July.

To mark 25 glorious years of IWA, we plan to distribute a book with interesting facts and anecdotes about our very own IWA. We invite the membership to send a message (max 200 words) to share your memories to be printed. Please send this to us latest by 14th June 2011 by email ([iwachennai2011@gmail.com](mailto:iwachennai2011@gmail.com)) or hand it over to us at the Fellowship Day meeting.

NINA KOTHARI

CHERRY VENKATESAN

### Change of Address:

**Achu Kurian K-23**

New no. 21 (Old no.11), 2nd Avenue,  
Harrington Road, Chetpet, Chennai 600031  
Mobile.: 9841144072

### Farewell to those who've left / resigned

Kate Boneham

Lynne Connor

Noelene Goonan

Sufia Hussain

Isabel Mattheeuws

Marie Ange Neyrinck

Amita Patel

Julie Rothwell

Sapna Sood

Sejal Wasani

Sarah Clark

Suzanne De Haes

Ninna Hogedal

Henriette Kercza

Juliet Meikle

Lynn Nicholson

Lena Pelletier

Lila Shahaney

Tineke Sysmans

## Membership Sub Committee 2011 – 2012

We thank **Rupa Kadhiresan** for her invaluable assistance in making the Membership Committee an unqualified success.

We welcome **Seema Bhargava** as the new General Body member.

The committee is as follows:

### Presidents

Nina Kothari

Cherry Venkatesan

### Immediate Past Presidents

Mridula Srinivasan

Uma Ganesan

### Vice-Presidents

Ramani Reddy

Bharati Nair Gopinath

### Secretaries

Nita Reddy

Priya Asokan

### Immediate Past Membership Secretary

Zainab Kachwalla

### General Membership

Amulya Rao

Seema Bhargava



Our sincere thanks to **Usha Jawahar, Kiran Rao, Bharathi Suresh** and **Badrunissa Mahadevan** for sponsoring the lights, the sound system and the stage for "Under the Stars" held at the Park Pod on 19th March, 2011.

MRIDULA SRINIVASAN

UMA GANESAN