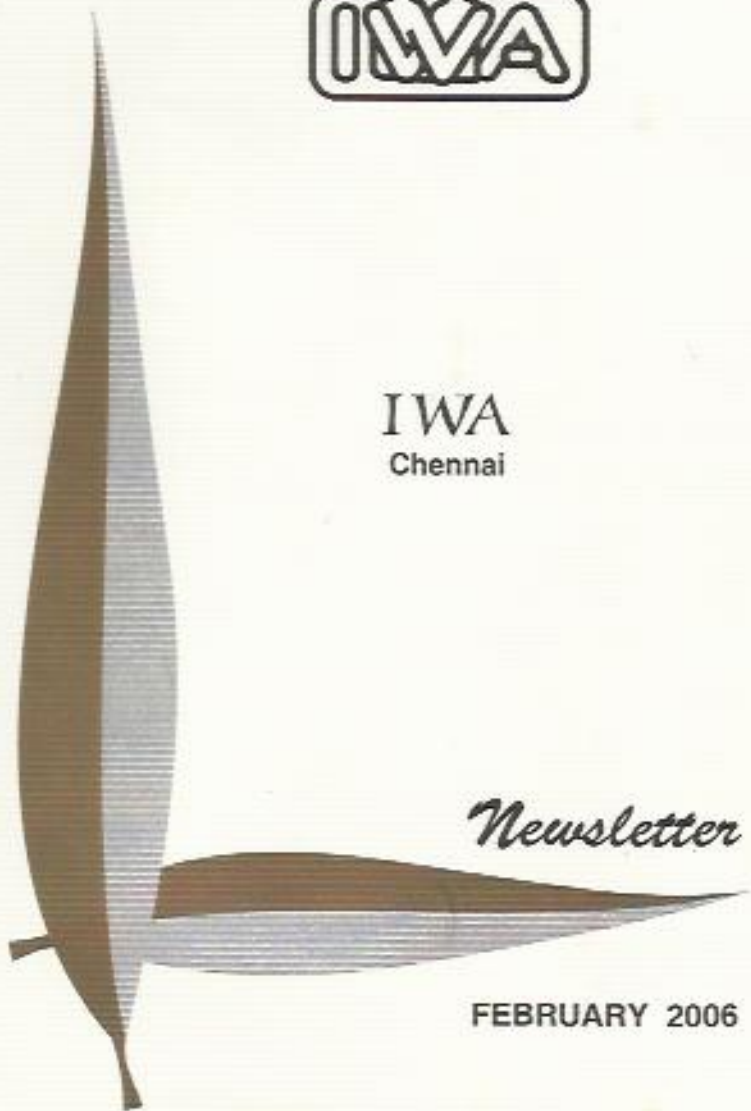




IWA
Chennai

Newsletter

FEBRUARY 2006



SUN	MON	TUE	WED	THU	FRI	SAT
			1 10.15 a.m. Music and Performing Arts	2 10.15 a.m. Book Discussion Current Events	3	4
5	6 5 a.m. Music and Performing Arts Current Events	7 9.45 a.m. Mtg. Comm. Mtg. 10.30 a.m. Exec. Comm. Mtg.	8	9	10	11
12	13	14 10.30 a.m. Philosophy and Religion	15	16 10.15 a.m. Arts and Handicrafts	17	18
19	20	21 10.15 a.m. Cooking Swapshop	22	23	24 10.15 a.m. Health and Ecology History, Culture and Tours - Departure	25
26	27	28				

IWA NEWSLETTER

Volume XX No. 9

Chennai

FEBRUARY 2006

Month At A Glance

Wed.	1 st Feb.	Music and Performing Arts <i>Hung By My Family Tree</i>	10.15 a.m.
Thur.	2 nd Feb.	Book Discussion Current Events <i>Kora By Tenzin Tsundue</i>	10.15 a.m.
Tue.	7 th Feb.	Music and Performing Arts Current Events <i>"No Minister"</i>	<u>5 p.m.</u>
Wed.	8 th Feb.	Managing Committee Mtg. Executive Committee Mtg.	9.45 a.m. 10.30 a.m.
Wed.	15 th Feb.	Philosophy and Religion <i>Zoroastrianism</i>	<u>10.30 a.m.</u>
Fri.	17 th Feb.	Arts and Handicrafts <i>Traditions in Sarees</i>	10.15 a.m.
Wed.	22 nd Feb.	Cooking Swapshop <i>IWA Cookery Competition</i>	10.15 a.m.
Fri.	24 th Feb.	Health and Ecology <i>Yoga</i>	10.15 a.m.
Fri.	24 th Feb.	History Culture and Tours <i>Departure for Khajuraho</i>	

From the Presidents

Dear Friends,

We are in the last quarter of our term and we are looking forward to an eventful period with interesting meetings every month.

The IWA Cookery Competition is fast approaching - there's going to be lots "cooking" on that day!

Our Special Finale has been fixed for 17th March and tickets will be available soon with the Chairpersons and Management Committee. The programme will certainly be something to look forward to.... so do be there.

Khajuraho beckons us in February--to all our members going on this trip--have a blast!!!

Till then...

PRINCESS NAIK

RATHI NILAKANTAN

MANAGING COMMITTEE

EXECUTIVE COMMITTEE

Wed. 8th February, 9.45 a.m

Wed. 8th February, 10.30 a.m

Both Meetings hosted by Uma Ganesan
15, 3rd Cross Street, Radhakrishnan Nagar,
Chennai 600 041.

From the Vice Presidents

Dear Friends,

A very happy new year to all of you.

We thank you all for your quick response in helping us update the addresses and phone numbers. The new IWA telephone directory is almost ready and will be out soon in February.

IWA newsletters and telephone directories are for the use of IWA Members only. Ladies please do keep them safely to avoid misuse, especially the directories.

Thank you and take care.

SEEMA BHARGAVA

AMULYA RAO

From the Membership Treasurer

Greetings to IWA members! Have a safe and happy 2006.

Just a note to remind all our members that the attendance chart will be available at all IWA meetings in February 2006. Please avail the opportunity to check your attendance status-if you need to. The November attendance chart worked very well and the hope is that this one will work even better!

The attendance for 2005 AGM and voting day will also be added in the February attendance chart. It will appear as +(no.) This will indicate that you have been given the attendance if you have attended those dates.

Thank You!

UMA GANESAN

Election Sub-Committee

The Managing Committee at their meeting held on 17th January, 2006, have appointed the following members to serve on the Election Sub-Committee for election of IWA Office Bearers for the year 2006 - 2007.

Debbie Thiagarajan - Chairperson
Umayal Chettyappan
Chandra Padmanabhan
Shyla K. Rau
Sheela Sarath

CHANGE OF ADDRESS / PHONE NUMBER

Anjana Sunil	5544 8341
Devyani Shah M-12, 3rd Floor New No.30 Old No.80 C.P.Ramaswamy Road Chennai 600 018	98401 86801
Vimal Shivdasani Flat No.2B, Chandika Towers 2 nd Floor, No.8, College Lane Chennai - 600 006	2836 3911 2822 0848
Asha Thayer C/o Thayer Overseas Finance New No.2, Old No.4 Jayaram Avenue Shastri Nagar Chennai - 600 020	2453 0205 98841 24191

IWA INCOME AND EXPENDITURE STATEMENT

1st April 2005 to 31st December 2005	Amount Rs.
INCOME	
Membership Subscription	346500.00
New Membership	7000.00
Membership Contribution	10500.00
Telephone Books, Byelaws & Photographs	4280.00
Guest Contribution	9780.00
Hostess Contribution	10500.00
Grand Finale	31100.00
Diwali Mela	194100.00
Bank Interest	16764.00
Total Income	630524.00
EXPENDITURE	
AGM Expenses 2004-2005	21450.00
Accounting Charges	5200.00
Bank Charges	17.00
Meetings	84293.00
Gifts	5455.00
Printing & Stationery	51735.50
Postage & Courier Charges	18828.00
Founders' Day Celebrations	39706.13
Music Day Celebrations	9290.00
Diwali Mela	150861.57
Total Expenditure	386836.20
Excess of Income over Expenditure	243687.80
Funds Position as on 31st December 2005	
Opening Balance - 1st April 2005	47747.18
Add : Excess of Income Over Expenditure	243687.80
Less : Advance paid to Chairpersons	27000.00
Closing Balance	
Bank 258614.39	
Cash 5820.59	264434.98
Fixed Deposits	
Special Fixed Deposit KD/01/4776	100000.00
Corpus & Entrance Fee FD/01/007158	424354.00
Entrance Fee-FD/01/007178	5419.00
Total Fixed Deposits	529773.00

Music & Performing Arts



Wednesday, 1st February, at 10.15 a.m.
At : Ambika Mammen's
17, Gilchrist Avenue
Off Harrington Road
Chennai 600 031

HUNG BY MY FAMILY TREE !

Readings from Ajit Saldanha's book about his "larger-than-usual-but-not-if-you're-mangy-family"!

An extensive collection of aunts, uncles, nieces and nephews appear, and each one of them, in true Mangalorean tradition, has a hilarious story attached! Written entirely in jest, at the very crux of his writing is this hope- that we all learn to laugh at ourselves.

The selected readings will be by a galaxy of actors! Leading the roster is Dhritiman Chatterjee, renowned film and stage artist, Suchitra (or Suchi of Radio Mirchi fame), an actress and writer of note, Venky Naik and Ajit Saldanha himself.

We thank Ambika Mammen for hosting this meeting and Usha Umpathi for sponsoring the audio equipment.

We also thank Devyani Shah for sponsoring the sound equipment for Prasanna's meeting in December.

GEETA VASUDEVAN

SANDRA LECOZ

IWA thanks Rani Ananth for hosting the Pongal meeting and Mridula Narasimhan, Vanitha Rajkumar, Radha Seshadri, Naina Shah, Sheela Shetty, Padmini Subramaniam, Leena Suryaprakash, Prema Veeraraghavan and Ranjani Venkataraghavan for co-sponsoring the dance, audio system and tableau.



Book Discussion Current Events



Thursday, 2nd February, at 10.15 a.m.
At : C.P.Arts Centre
Eldams Road
Chennai 600 018

BOOK : KORA.

WRITER / SPEAKER : TENZIN TSUNDUE

Kora is the circumambulation of monasteries, stupas, sacred mountains and lakes that Tibetan Buddhists do while chanting mantras, praying for an enlightened, spiritual freedom. Our speaker Tenzin Tsundue is a young Tibetan poet, writer and activist, whose book won the first Outlook-Picador Award for Non-Fiction in 2001. The book is a collection of poems and essays, forming a very personal insight into the pain and pathos of being a refugee.

Born in Manali, he writes "My permit to stay in India states that I am a foreigner residing in India and my citizenship is Tibetan. But Tibet as a nation does not feature anywhere on the world political map.....I have nowhere to call home and in the world at large all I will ever be is a political refugee".

Tsundue la will read from his book briefly and will then answer questions. Nanditha Krishna has agreed to be moderator for what promises to be an interesting and informative meeting.

We thank Nanditha Krishna for generously sponsoring this meeting.

SHALINI BISWAJIT

RADHA GOPALAKRISHNAN

RANI DAS GUPTA

RAZIYEH SHEERAZIE



Music & Performing Arts Current Events



Tuesday, 7th February, at 5 p.m.

At : The British Council
737, Anna Salai
Chennai 600 002

(opposite American Express Bank, behind the Public Library)

"NO MINISTER!"

True story of politicians, civil servants, judges and diaries.

Dr. Janet Morgan (Lady Balfour of Burleigh) is a person of many parts. Distinguished writer, biographer, Former member of the Cabinet Think-Tank in Margaret Thatcher's Premiership, she has held high positions as Director of Studies, and Lecturer at St. Hugh's College, Oxford, Member of the Board of the British Council, BBC, Chairman of the Nuclear Trust just to name a few.

A prolific writer, her books include the four-volume edition of the Crossman Diaries, which formed the inspiration for the famous television series, "Yes Minister!" A fascinating speaker with an inimitable sense of humour, Janet Morgan will share with us her experiences as a member of 'Inner Circle'.

Her other important books include the authorized biographies of Agatha Christie, Edwina Mountbatten, the Future of Broadcasting, Television Drama and Contemporary Society and The Secrets of Rue St Roch, her latest work on real life espionage in World War which is likely to be made into a film.

The parking facilities being limited at the British Council, members are requested to car-pool if possible.

**GEETA VASUDEVAN
SANDRA LECOZ**

**RANI DAS GUPTA
RAZIYEH SHEERAZIE**

Philosophy & Religion



Wednesday, 15th February, at 10.30 a.m.

At : Maya Reddy's
25, 1st Crescent Park Road
Gandhi Nagar
Adyar
Chennai 600 020

ZOROASTRIANISM AND THE PARSIS

ZOROASTRIANISM is a religion established by Zarathustra. The followers of this religion were exiled from Iran in the 7th century AD. Religious persecutions by the Muslims forced them to flee and they arrived in Gujarat. Unlike other foreigners who came to India to plunder, loot and rule, the Parsis assimilated with a quiet dignity into India's history and contributed their extraordinary genius in every walk of life, while retaining their own individuality.

Perviz Bhote, an eloquent speaker, M.Phil in English Literature with nearly 10 years of teaching English behind her, will give us a bird's eye view about 'Zoroastrianism-an ancient religion with a modern outlook and the Parsis - a mini community that made a mega impact on modern India'.

We thank Maya Reddy for giving us her home and sponsoring the meeting.

RANI ANANTH

BERNADETTE MCEWEN

We regret to announce the passing away of our member Dr. Sheila Rajaratnam. Our deepest sympathies and condolences to the bereaved family.

Arts and Handicrafts

Friday, 17th February, 10.15 a.m.

At : The Boat Club
Boat Club Road
Chennai - 600 028



TRADITIONS IN SAREES

Shakuntala Ramani- Chairperson, Crafts Education and Research Centre of the Kalakshetra Foundation, will be talking about how sarees will survive in the fashion world of the new millennium. She is also going to highlight the origin and revolution of the saree and "the traditions" that make it the unique form of dress, which defines the Indian Woman's Personality.

What will the Indian Women be wearing in the coming years? Will the saree still be around? What are the latest trends in fashion and how does the saree fit into the modern woman's life style? These are some of the questions Shakuntala Ramani will be answering.

We thank Rani Chandani and Asha Hemdev for hosting this meeting.

URMILLA AGARWAL

MERETE KOEFOED

HEARTFELT CONDOLENCES TO

Hemalatha Santhavadanan on the passing away of her father.

Sheela Sarath on the demise of her father-in-law.

Cooking Swapshop

Wednesday, 22nd February, at 10.15 a.m.

At : The Madras Club
Adyar Club Gate Road
Chennai 600 028



IWA COOKERY COMPETITION

At last the long awaited Cookery Competition for IWA members, their daughters and daughters-in-law !

We have 7 categories for the competition: Starters, Salads, Vegetarian and Non Vegetarian Main Dish, Rice, Cakes and Desserts.

COMPETITION RULES

1. A dish should serve 6-8 people.
2. No cooking allowed at the premises
3. Three typed copies of recipe sheets should be present - do not write your name on the same.
4. You should be present at the venue with your dish/dishes by 10.15 a.m
5. Participants are allowed to take part in more than one category

There are lots of exciting prizes to be won, so ladies please participate to make this event a success!

For further details please contact

Anita Koshy 98409 11747 Manisha Singhee 24991483

Princess 98406 77703 Rathi Nilakantan 98410 73060

ANITA KOSHY

MANISHA SINGHEE

Health and Ecology

Friday, 24th February, at 10.15 a.m.

At : Indira Dutt's

The KCP Limited

(Near Ethiraj College for Women)

Ramakrishna Buildings

2, Dr.P.V.Cherlan Crescent

Egmore, Chennai 600 008



YOGA – ASANAS, PRANAYAMA AND BEYOND...

In a world where NEW AGE YOGA is fast becoming a way of life with almost 60 different styles of this body mind exercise being practiced, one wonders whether the true purpose of Yoga is being forgotten, lost or sidelined.

What is the purpose of yoga? Alagu Muthu, a Yoga enthusiast, after having completed a study of the Yoga Sutras of Pathanjali, shares her learning experience and thoughts of this truly direct, intense and fascinating treatise.

For those interested, this presentation will be followed by a 40 minute workshop on Pranayama conducted by Radha Sridhar, Founder Director of Yogarakshnam. A Yoga teacher / therapist of 12 years experience, Radha will explain what Pranayama is and teach simple techniques which can be done by all leading to good health in the New Year!... Don't miss the opportunity!!!

Please wear comfortable clothes and bring a mat along. Chairs will be provided for those who find it difficult to use a mat.

We thank Indira Dutt for hosting this meeting.

We also thank Shilu Ranganathan for sponsoring the LCD equipment for the meeting on Avian Influenza in December.

MRIDULA SRINIVASAN

JYOTI SOMANI

EXECUTIVE COMMITTEE 2005 - 2006

MANAGING COMMITTEE

PRESIDENTS

Princess Naik ✓	2441 8448 / (O)5205 4989 98406 77703
Rathi Nilakantan ✓	(R) 2822 9932 / 2826 5250 (O) 2811 3691 / 98410 73060

VICE PRESIDENTS

Seema Bhargava ✓	2434 7062 / 2435 6707
Amulya Rao ✓	2499 5434 / 98409 25434

SECRETARIES

Rekha Rangaraj ✓	2499 4756 / 5211 0761
Nalini Panday ✓	2461 0944 / 98410 48629

TREASURERS

Nina Kothari ✓	2827 5859 / 2827 8888
Uma Ganesan ✓	2452 9276 / 98410 34449

ACTIVITY CHAIRPERSONS

ARTS & HANDICRAFTS

Urmilla Agarwal ✓	2820 5327
Merete Koefoed ✓	5215 4358

BOOK DISCUSSION

Shalini Biswajit ✓ 98401-	2433 8216 / 2434 0315
Radha Gopalakrishnan ✓ 90700	2491 8186

COOKING SWAPSHOP

Anita Koshy ✓	2656 2152
Manisha Singhee ✓	2499 1482 / 2499 1483

CURRENT EVENTS

Rani Das Gupta ✓	2499 1084 / 94440 71084
Raziyeh Sheerazie ✓	2836 3161

HEALTH & ECOLOGY

Mridula Srinivasan ✓	2432 1028
Jyoti Somani ✓	2432 0797

HISTORY, CULTURE & TOURS

Thayabae Kakar ✓	2826 8018 / 2823 4880
Bonnie King ✓	2461 7480

MUSIC & PERFORMING ARTS

Geeta Vasudevan ✓	2491 5910
Sandra Le Coz ✓	5210 2017

PHILOSOPHY & RELIGION

Rani Ananth ✓	2449 0854
Bernadette Mcewen ✓	5549 7307