



IWA  
Chennai

*Newsletter*

JULY 2005

Month at a Glance		JULY 2005					Vol. XX No.2 CHENNAI	
SUN	MON	TUE	WED	THU	FRI	SAT		
31					1	2		
3	4 10.15 a.m. Arts and Handicrafts	5 9.45 a.m. Mang. Comm. 10.30 a.m. Exec. Comm. Mtgs	6 5.00 P.m. Music & Performing Arts	7	8	9		
10	11 10.15 a.m. Cooking Swapshop	12	13 10.15 a.m. Philosophy & Religion	14 10.15 a.m. Health and Ecology	15	16		
17	18	19	20 10.15 a.m. Book Discussion	21 10.15 a.m. Current Events	22	23		
24	25 10.15 a.m. Founders Day	26	27 10.15 a.m. Book Discussion	28 10.00 a.m. History Culture & Tours	29	30		

# IWA NEWSLETTER

Volume XX No. 2

Chennai

JULY 2005

## Month At A Glance

Tue.	5 <sup>th</sup> Jul	Arts & Handicrafts <i>Mysore Traditional Painting</i>	10:15 a.m.
Wed.	6 <sup>th</sup> Jul	Managing Committee Mtg. Executive Committee Mtg.	9.45 a.m. 10.30 a.m.
Thur.	7 <sup>th</sup> Jul	Music & Performing Arts <i>Dance of the Enchantress</i>	5.00 p.m.
Tue.	12 <sup>th</sup> Jul	Cooking Swapshop <i>Morning of Mixed Spirits</i>	10.15 a.m.
Thur.	14 <sup>th</sup> Jul	Health and Ecology <i>Contemporary Dentistry</i>	10.15 a.m.
Wed.	20 <sup>th</sup> Jul	Philosophy & Religion <i>and</i> <i>The Pope Remembered</i> <i>Green salmon</i>	10.15 a.m.
Fri.	22 <sup>nd</sup> Jul	Current Events <i>Indians free new</i> Credit Cards - "Smart Money"	10:15 a.m.
Mon.	25 <sup>th</sup> Jul	Founders Day - <i>White sand pearls</i>	10:15 a.m.
Wed.	27 <sup>th</sup> Jul	Book Discussion <i>new brown top</i> <i>Harry Potter</i>	10:15 a.m.
Fri.	29 <sup>th</sup> Jul	History Culture & Tours <i>Anglo Indians - Yesterday, lime green + Today and Tomorrow...</i> <i>skirt</i>	10:00 a.m.

Aug - pink  
Sep - white  
Oct - rose

## FROM THE PRESIDENTS

Dear Friends,

Well, we are on our way - hope you enjoyed our Fellowship get-together - a perfect morning to start the year and to reach out to all!

Many thanks to our committee members for helping us with the games and décor.

July is brimming with exciting meetings. Please be there and get involved in the programs and give your suggestions too.

Hope many of you will join us on our China trip - it does sound very exciting!

Founders' Day will be celebrated on Monday 25<sup>th</sup> July. Together we will honour our Founders and Past Presidents and celebrate the growth of our unique organization, as she marches on to her twenties.

Please do join us on this festive occasion.

PRINCESS NAIK

RATHI NILAKANTAN

MANAGING COMMITTEE

EXECUTIVE COMMITTEE

Wed., 6<sup>th</sup> July, 9.45 a.m.

Wed., 6<sup>th</sup> July, 10.30 a.m.

Both Meetings hosted by Seema Bhargava

at : Mowbrays Room  
Madras Club, Adyar Club Boat Road,  
Chennai 600 028.

## Arts and Handicrafts

Tuesday, 5<sup>th</sup> July, 10.15 a.m.

At : The Apparao Gallery  
No.7, Wallace Garden, 3rd Street  
Chennai 600 006



### MYSORE TRADITIONAL PAINTING:

National Award winner Prabha Mallesh is deeply committed to this art form. She passionately believes that her exhibitions serve to both revive this ancient art as well as introduce it to a wider audience. There will be a lecture/demonstration by this renowned artist whose exhibition will also be on view for our members.

We thank Sharon Apparao for hosting this meeting.

URMILLA AGARWAL

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### A VERY WARM WELCOME TO OUR NEW MEMBER

Molly Jacob  
2 A, Palm Estates  
38, Kothari Road,  
Nungambakkam  
Chennai - 600 034.

Phone - 2826 1575

## Music & Performing Arts

Thursday, 7<sup>th</sup> July, at 5.00 p.m.  
At : Sivagami Petachi Auditorium  
M.CT.MCC.MAT.HR.SEC. School  
179, Luz Church Road  
Chennai 600 004



### "DANCE OF THE ENCHANTRESS" MOHINIYATTAM BY GOPIKA VARMA

Mohiniyattam is one of Kerala's unique classical art forms. True to its name, Mohiniyattam exudes seductive enchantment and grace. The swaying, graceful movements of the dancer have been compared to the soft moving palms and the undulating waves of God's Own Country.

The ancient Travancore royal family has been famed for its patronage of the fine arts. Gopika Varma, married into the royal family, has been performing Mohiniyattam since the age of 10. A highly acclaimed artiste, Gopika has performed all over the world to critical acclaim and rave reviews.

Gopika and her disciples will give a lecture demonstration followed by a performance of "The Dance Of The Enchantress".

We thank Chandrika Chidambaram for sponsoring the auditorium.

Guest charges- Rs.50/-

GEETA VASUDEVAN

SANDRA LE COZ

## Cooking Swapshop

Tuesday, 12<sup>th</sup> July, at 10.15 a.m.  
At : Bike and Barrel - Upper Level  
Residency Towers  
T. Nagar  
Chennai 600 017



### A MORNING OF MIXED SPIRITS Mixed Spirits the Bike & Barrel way ...

One of the city's choicest Bars opens its doors to IWA for a Cocktail and Mocktail mixing demonstration. Raveendra Kumar, Bar Manager will enlighten us on the nuances of mixing a few cocktails and mocktails. Of course we get to try them out too...

Our spirits are bound to soar, thanks to the generosity of Roop Chadda, General Manager - Residency Towers.

No Guests Please.

ANITA KOSHY

MANISHA SINGHEE

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### CHANGE OF ADDRESS

Naina Shah  
Shreyas Yogam No.2  
No.4, Sriram Nagar North Street  
Alwarpet  
Chennai 600 018.  
Phone : 52030304

Shalini Virmani  
108A, Laburnam  
Sushant Lok-1  
Gurgaon 122001  
Phone : (0124) 5041829  
98180 95250

## Health and Ecology

Thursday, 14<sup>th</sup> July, at 10.15 a.m.

At : Madras Cricket Club  
1 Bells Road  
Chepauk  
Chennai 600 005



### CONTEMPORARY DENTISTRY

Dentistry over the years has become a more precise science than ever before. Newer innovations in material technology have changed the face of dentistry. Cosmetic dentistry, dental implants and newer materials have improved the predictability of dental treatment.

Increasing evidence is also available regarding the relationship between dental health and the general health of an individual, particularly in relation to cardiovascular disease, stroke and adverse pregnancy outcomes.

Dr. R. Gunaseelan, Consultant Dental Surgeon and a specialist Oral and Maxillofacial surgeon - Rajan Dental Institute, will give us a presentation which will cover aspects of daily dentistry and also touch upon contemporary trends in dental practice.

We thank Vanitha Mudaliar for hosting this meeting.

**MRIDULA SRINIVASAN**

**JYOTI SOMANI**

## Philosophy & Religion

Wednesday, 20<sup>th</sup> July, at 10.15 a.m.

At : Stroke Side  
The Madras Boat Club  
Boat Club Road  
Chennai 600 028.



### THE POPE REMEMBERED

Pope John Paul II, who died recently, had many firsts to his credit. He was the first head of the global Roman Catholic order to forge close links with India and was emotionally attached to all Indian religious festivals. He was the first head of the Vatican who visited India twice, earning the respect of many who had nothing to do with the Catholic order.

We have no less a person than the Auxiliary Bishop Rev. Lawrence Pius Dorairaj to talk to us of his experiences with the late Pope, who when in Chennai visited the Madras-Mylapore Archdiocese. The old diocese of Mylapore was erected by Pope Paul V on 9th January 1606. The San Thome Basilica has a lot of Christian history what with Saint Thomas, one of the ten apostles of Christ who came to India and introduced Christianity, lying buried there.

Our grateful thanks to Jayashree Prabhakar for sponsoring this meeting.

**RANI ANANTH**

**BERNADETTE MCEWEN**

## Current Events

Friday, 22<sup>nd</sup> July, at 10.15 a.m.  
At : Shanta Narayan's  
29(Old 12A) 4th Main Road  
Gandhi Nagar, Adyar  
Chennai 600 020



### *CREDIT CARDS - "SMART MONEY"*

Ladies! No need to carry heavy wallets while traveling or shopping, or for that unexpected item that is irresistible!

Swami Nathan, Area Director for South India Credit Cards, from Citibank, is going to tell us all about credit cards.

Types of Credit cards, availability, advantages and disadvantage; is it more of an asset or a liability? What are the conveniences of using one? How it can be abused, and how the defaulters-simple and complex cases, can be brought to their notice; all these and much more on the subject is going to be discussed.

Also, all your queries will be answered after the presentation.

Many thanks to Shanta Narayan for hosting this meeting.

*RANI DAS GUPTA*

*ISOBEL FLINT*

### *HEARTFELT CONDOLENCES TO*

- Shalini Biswajit on the passing away of her father.
- Deepika Goyal on her father's demise.

## Founders' Day

Monday, 25<sup>th</sup> July, at 10.15 a.m.  
At : Taj Coramandal Hotel  
37, Nungambakkam High Road  
Chennai 600 034

### *FOUNDERS' DAY - A VERY SPECIAL DAY INDEED!*

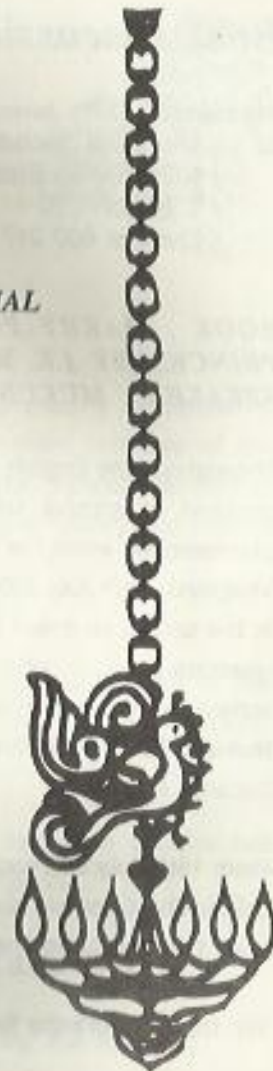
It will not be an exaggeration to call July 25<sup>th</sup>, as the most significant day in the yearly calendar of IWA.

This is the time we honor and felicitate our Founders, Nirmal Seshadri, Lakshmi Padmanabhan, Saroja Ramamrutham, Anneliese Hazari, Sunita Shahaney, Nancy Dean and Rewa Singh and the Past Presidents and remember the great deeds that have made this organization so special and unique.

As IWA is 19, reaching on to her twenties, let us come together on this happy occasion, celebrating with true warmth of friendship, reaching out to one and all!

Members Only.

*PRINCESS NAIK*



*RATHI NILAKANTAN*

## Book Discussion

Wednesday, 27<sup>th</sup> June, at 10.15 a.m.  
At : Anuradha Sachdev's  
10, Chinniah Street  
T. Nagar  
Chennai 600 017



**BOOK : HARRY POTTER AND THE HALF-BLOOD PRINCE... BY J.K. ROWLAND.**  
**SPEAKER : MUKUND PADMANABHAN**

Throughout the English speaking world the name Harry Potter has created a faithful following of child and adult readers, a phenomenon even the most optimistic author could never have imagined. 16<sup>th</sup> July 2005 will see the world-release of the 6<sup>th</sup> title in the series, an event already causing much excitement. The big question is ..... who dies? Even if you are not a fan, no doubt, someone you know is..so come and join us to learn from Mukund Padmanabhan what all the fuss is about. You just might become a convert!

From 16th July two copies of the book will be circulated; you may call Radha Gopalakrishnan on 24918186. You will have 4 days to read the book and then pass it on to the next on the list.

We thank Anuradha Sachdev for hosting this meeting.

**SHALINI BISWAJIT**

**RADHA GOPALAKRISHNAN**

## History Culture & Tours

Friday, 29<sup>th</sup> July, at 10.00 a.m  
At : Hotel Ambassador Pallava  
Montieth Road, Egmore,  
Chennai - 600 008.



**ANGLO INDIANS - YESTERDAY,  
TODAY AND TOMORROW.....**

Once upon a time the Anglo Indian Community occupied an important place in British India. A prominent member of the community in Chennai Dr.Beatrix D'Souza, former Member of Legislative Assembly, will address us on the history and culture of the Anglo Indian community.  
Come, experience and be enriched...

In keeping with Anglo tradition, their magazine "Anglos In The Wind" will lend us a three piece band for a short musical sojourn. Listen and enjoy...

Delectable traditional snacks - kalkals and rose cookies will enhance the morning. Partake and Relish....

Please note; Meeting will start at 10:30 a.m. sharp.

IWA thanks Thayabae Kakar for sponsoring the meeting.

**THAYABAE KAKAR**

**BONNIE KING**

## History Culture & Tours

### China Beckons



**China** Sep. 21<sup>st</sup> – 30<sup>th</sup> 2005  
**Kuala Lumpur** Sep. 30<sup>th</sup> – Oct. 2<sup>nd</sup> 2005 (optional)

China has been influenced by two schools of thought, Buddhism and Confucianism. While Buddhism enriched the spiritual outlook of life, Confucianism enriched the educational and structural philosophy of living. Confucius said, "I hear and I forget. I see and I remember. I do and I understand."  
So ladies... we are off to China, to 'do' China.

#### **'MADE IN CHINA'**

No one can escape this attractive tag on every article one buys. China rules commercially...

#### **'Open Sesame' – China itinerary:**

##### **Beijing:**

Confucius Temple, built 1302

'The Forbidden City' home to the Ming Dynasty and the Qing Dynasty (1368 to 1644 and 1644 to 1911).

Many more historical sites and shopping on Silk Street.

##### **Xian:**

Life size terra-cotta horses and warriors all lined up in battle formation, unearthed and waiting to be viewed.

##### **Guilin:**

The day cruise on serene River Li and a visit to rural Yangshou.

##### **Shanghai:**

Jade Buddha Monastery, the Bund, Shopping, a night cruise, the Museum and lots more shopping.

The price tag on this trip would be within Rs.68000/-. That includes airfare from Chennai - Kuala Lumpur - Beijing - Xian - Guilin - Shanghai - Kuala Lumpur - Chennai with stay in China, internal China travel and entrance charges where applicable, visa expenses and breakfast, lunch and dinner.

For those who would like to stay on in Kuala Lumpur on the return - that's possible for an additional Rs.5000/- only. That would include visa expenses, 3 days 2 nights stay including breakfast and a half day city tour.

**Payment - Registration Amount (cash/cheque) Rs.10,000, (non - refundable) to be paid**

**on Saturday 30<sup>th</sup> July 2005**

**At : Presidency Club,  
Commander-in-Chief Road,  
Egmore, Chennai - 600 008  
between 10.00 a.m. - 12.00 noon.**

**Sign up now with Thayabae Kakar at 98407 66135 / 28268018.**

**THAYABAE KAKAR**

**BONNIE KING**

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**We thank Indira Dutt for hosting the  
IWA Quiz in April**



### MEMBERSHIP SUB-COMMITTEE 2005-2006

Uma Ganesan	- Membership Treasurer
Nina Kothari	- Treasurer
Vidya Singh	- Immediate Past President
Padma Ashok	- Immediate Past President
Princess Naik	- President
Rathi Nilakantan	- President
Chandrika Chidambaram	
Vasanthi Sankaranarayanan	

### INTERNATIONAL MUSIC DAY WILL BE CELEBRATED ON 1<sup>ST</sup> OCTOBER.

An endowment has been set up in memory of our Founder President Nirmal Seshadri, by her family. This fund is used each year to honour a young and promising musician - chosen by a committee set up for this purpose.

The members are :

Shrikanta Jhaver  
Rani Ananth  
Uma Ganesan  
Rita Saldanha

IWA members are invited to send in suggestions for recipients of this honour. The candidates should be preferably under 18 years of age. They should have documents like certificates, awards etc. to prove their standard.

Please send in your suggestions by post with appropriate copies of certificates and a brief write - up, to Shrikanta Jhaver, to reach before 10<sup>th</sup> August 2005.

*must sell 400/-*

### EXECUTIVE COMMITTEE 2005 - 2006

*Dwarka Tickets*

### MANAGING COMMITTEE

<b>PRESIDENTS</b>		
Princess Naik	50	2441 8448 / (O)5205 4989 98406 77703
Rathi Nilakantan	50	(R) 2822 9932 / 2826 5250 (O) 2811 3691 / 98410 73060
<b>VICE PRESIDENTS</b>		
Seema Bhargava	400	2434 7062 / 2435 6707
Amulya Mandava Rao		2499 5434 / 98410 25434
<b>SECRETARIES</b>		
Rekha Rangaraj	220	2499 4756 / 5211 0761
Nalini Panday	1000	2461 0944 / 98410 48629
<b>TREASURERS</b>		
Nina Kothari	320	2827 5859 / 2827 8888
Uma Ganesan		2491 9276

### ACTIVITY CHAIRPERSONS

<b>ARTS &amp; HANDICRAFTS</b>		
Urmilla Agarwal		2820 5327
<b>BOOK DISCUSSION</b>		
Shalini Biswajit		2433 8216 / 2434 0315
Radha Gopalakrishnan		2491 8186
<b>COOKING SWAPSHOP</b>		
Anita Koshy	<i>Occupation</i>	2656 2152
Manisha Singhee		2499 1482 / 2499 1483
<b>CURRENT EVENTS</b>		
Rani Das Gupta	<i>manik</i>	2499 1084 / 94440 71084
Isobel Flint		2449 3448
<b>HEALTH &amp; ECOLOGY</b>		
Mridula Srinivasan		2432 1028
Jyoti Somani		2432 0797
<b>HISTORY, CULTURE &amp; TOURS</b>		
Thayabae Kakar	<i>Tour</i>	2826 8018 / 2823 4880
Bonnie King		2461 7482
<b>MUSIC &amp; PERFORMING ARTS</b>		
Geeta Vasudevan		2491 5913
Sandra Le Coz		5210 2017
<b>PHILOSOPHY &amp; RELIGION</b>		
Rani Ananth		2449 0854
Bernadette Mcewen		5549 7307